

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1 Kobiet, 400m zmienny 14 lat i starsi
2022.11.12 - 9:00 Wyniki

Rekord Polski 4:31.89 BARANOWSKA Katarzyna POL Debrecen (HUN) 2007.12.16

Min. indywidualne na M (25m) Melbourne 2022 Open: 4:32.68

Punkty: FINA 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|------------------------|---------------------|---------------|---------|--------------------------|-------|---------------|-------|----------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | FAMULOK Zuzanna | | 03 | AZS AWF Katowice | | | | 4:43.11 | 765 |
| | 50m: | 30.01 30.01 | 150m: | 1:41.86 37.36 | 250m: | 2:57.44 39.69 | 350m: | 4:11.07 33.60 | |
| | 100m: | 1:04.50 34.49 | 200m: | 2:17.75 35.89 | 300m: | 3:37.47 40.03 | 400m: | 4:43.11 32.04 | |
| 2. | KNOP Aleksandra | | 03 | UKS 190 Łódź | | | | 4:47.68 | 729 |
| | 50m: | 30.62 30.62 | 150m: | 1:42.15 36.91 | 250m: | 2:59.47 41.93 | 350m: | 4:15.55 32.64 | |
| | 100m: | 1:05.24 34.62 | 200m: | 2:17.54 35.39 | 300m: | 3:42.91 43.44 | 400m: | 4:47.68 32.13 | |
| 3. | GU Wiktoria | | 04 | MKP Szczecin | | | | 4:47.79 | 728 |
| | 50m: | 31.59 31.59 | 150m: | 1:45.24 37.74 | 250m: | 3:03.41 41.11 | 350m: | 4:16.98 32.32 | |
| | 100m: | 1:07.50 35.91 | 200m: | 2:22.30 37.06 | 300m: | 3:44.66 41.25 | 400m: | 4:47.79 30.81 | |
| 4. | PIEKARSKA Natalia | | 06 | UKS 190 Łódź | | | | 4:51.87 | 698 |
| | 50m: | 31.79 31.79 | 150m: | 1:44.86 37.74 | 250m: | 3:03.75 42.47 | 350m: | 4:18.98 33.56 | |
| | 100m: | 1:07.12 35.33 | 200m: | 2:21.28 36.42 | 300m: | 3:45.42 41.67 | 400m: | 4:51.87 32.89 | |
| 5. | KRÓL Gabriela | | 06 | KS „Wisła” Puławy | | | | 4:52.14 | 696 |
| | 50m: | 30.56 30.56 | 150m: | 1:42.81 36.81 | 250m: | 3:00.86 42.00 | 350m: | 4:18.12 34.94 | |
| | 100m: | 1:06.00 35.44 | 200m: | 2:18.86 36.05 | 300m: | 3:43.18 42.32 | 400m: | 4:52.14 34.02 | |
| 6. | PRZYBYLSKA Oliwia | | 07 | KU AZS UMCS Lublin | | | | 4:55.99 | 669 |
| | 50m: | | 150m: | 1:47.12 38.41 | 250m: | 3:05.10 41.03 | 350m: | 4:21.68 35.04 | |
| | 100m: | 1:08.71 | 200m: | 2:24.07 36.95 | 300m: | 3:46.64 41.54 | 400m: | 4:55.99 34.31 | |
| 7. | JAROSZ Helena | | 06 | UKP Unia O wi cim | | | | 4:57.29 | 660 |
| | 50m: | 31.56 31.56 | 150m: | 1:46.43 38.72 | 250m: | 3:04.58 40.23 | 350m: | 4:22.13 35.98 | |
| | 100m: | 1:07.71 36.15 | 200m: | 2:24.35 37.92 | 300m: | 3:46.15 41.57 | 400m: | 4:57.29 35.16 | |
| 8. | LECHOWSKA Magdalena | | 06 | WKS I sk | | | | 4:57.52 | 659 |
| | 50m: | 32.35 32.35 | 150m: | 1:47.44 38.07 | 250m: | 3:06.66 42.02 | 350m: | 4:24.39 35.00 | |
| | 100m: | 1:09.37 37.02 | 200m: | 2:24.64 37.20 | 300m: | 3:49.39 42.73 | 400m: | 4:57.52 33.13 | |
| 9. | SŁABOSZ Emilia | | 05 | SMS O wi cim | | | | 4:59.15 | 648 |
| | 50m: | 32.23 32.23 | 150m: | 1:47.91 38.75 | 250m: | 3:08.88 43.14 | 350m: | 4:26.87 34.14 | |
| | 100m: | 1:09.16 36.93 | 200m: | 2:25.74 37.83 | 300m: | 3:52.73 43.85 | 400m: | 4:59.15 32.28 | |
| 10. | GLI SKA Oliwia | | 07 | TP Zielona Góra | | | | 4:59.27 | 647 |
| | 50m: | 32.67 32.67 | 150m: | 1:47.10 36.94 | 250m: | 3:06.01 42.56 | 350m: | 4:24.88 35.06 | |
| | 100m: | 1:10.16 37.49 | 200m: | 2:23.45 36.35 | 300m: | 3:49.82 43.81 | 400m: | 4:59.27 34.39 | |
| 11. | TARASIEWICZ Klaudia | | 04 | MKP Szczecin | | | | 5:00.48 | 639 |
| | 50m: | 32.04 32.04 | 150m: | 1:45.56 37.93 | 250m: | 3:08.10 44.87 | 350m: | 4:27.67 34.31 | |
| | 100m: | 1:07.63 35.59 | 200m: | 2:23.23 37.67 | 300m: | 3:53.36 45.26 | 400m: | 5:00.48 32.81 | |
| 12. | VOJTALOVÁ Andrea | | 03 | KPS Ostrava | | | | 5:01.70 | 632 |
| | 50m: | 32.49 32.49 | 150m: | 1:47.56 38.31 | 250m: | 3:08.35 43.63 | 350m: | 4:27.97 35.06 | |
| | 100m: | 1:09.25 36.76 | 200m: | 2:24.72 37.16 | 300m: | 3:52.91 44.56 | 400m: | 5:01.70 33.73 | |
| 13. | MACIAK Julia | | 06 | IUKS „Muszelka” Warszawa | | | | 5:02.93 | 624 |
| | 50m: | 31.77 31.77 | 150m: | 1:46.70 37.67 | 250m: | 3:11.64 48.40 | 350m: | 4:30.93 33.15 | |
| | 100m: | 1:09.03 37.26 | 200m: | 2:23.24 36.54 | 300m: | 3:57.78 46.14 | 400m: | 5:02.93 32.00 | |
| 14. | JUDA Aleksandra | | 06 | UKP Unia O wi cim | | | | 5:03.41 | 621 |
| | 50m: | 32.11 32.11 | 150m: | 1:47.94 39.34 | 250m: | 3:09.69 43.35 | 350m: | 4:28.68 35.42 | |
| | 100m: | 1:08.60 36.49 | 200m: | 2:26.34 38.40 | 300m: | 3:53.26 43.57 | 400m: | 5:03.41 34.73 | |
| 15. | RAKOWSKA Marta | | 06 | DOKiS SP Vega Dobrodzie | | | | 5:03.49 | 621 |
| | 50m: | 32.63 32.63 | 150m: | 1:49.59 39.46 | 250m: | 3:10.86 43.47 | 350m: | 4:29.79 35.62 | |
| | 100m: | 1:10.13 37.50 | 200m: | 2:27.39 37.80 | 300m: | 3:54.17 43.31 | 400m: | 5:03.49 33.70 | |
| 16. | S DŁAK Alicja | | 05 | MKS Jedyńka Łódź | | | | 5:03.65 | 620 |
| | 50m: | 32.23 32.23 | 150m: | 1:48.43 38.44 | 250m: | 3:08.80 41.60 | 350m: | 4:28.73 36.43 | |
| | 100m: | 1:09.99 37.76 | 200m: | 2:27.20 38.77 | 300m: | 3:52.30 43.50 | 400m: | 5:03.65 34.92 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1, Kobiety, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|---------------------|-------------|---------|------------------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 17. | POPPE Marta | | 07 | KU AZS UMCS Lublin | | | | 5:05.13 | 611 | | | |
| | 50m: | 32.92 32.92 | 150m: | 1:50.08 | 39.85 | 250m: | 3:12.44 | 43.46 | 350m: | 4:32.15 | 34.47 | |
| | 100m: | 1:10.23 | 37.31 | 200m: | 2:28.98 | 38.90 | 300m: | 3:57.68 | 45.24 | 400m: | 5:05.13 | 32.98 |
| 18. | ZI BA Anastazja | | 05 | MUKS "Pi tnastrka" | | | | 5:06.51 | 602 | | | |
| | 50m: | 32.27 32.27 | 150m: | 1:48.66 | 39.80 | 250m: | 3:10.99 | 42.73 | 350m: | 4:31.86 | 37.04 | |
| | 100m: | 1:08.86 | 36.59 | 200m: | 2:28.26 | 39.60 | 300m: | 3:54.82 | 43.83 | 400m: | 5:06.51 | 34.65 |
| 19. | WO NICA Milena | | 04 | UKS abianka Gda sk | | | | 5:08.34 | 592 | | | |
| | 50m: | 35.06 35.06 | 150m: | 1:55.87 | 40.34 | 250m: | 3:16.49 | 41.59 | 350m: | 4:34.03 | 34.90 | |
| | 100m: | 1:15.53 | 40.47 | 200m: | 2:34.90 | 39.03 | 300m: | 3:59.13 | 42.64 | 400m: | 5:08.34 | 34.31 |
| 20. | PLAGA Olga | | 07 | TP Skalar Słupsk | | | | 5:09.42 | 586 | | | |
| | 50m: | 32.94 32.94 | 150m: | 1:50.33 | 39.51 | 250m: | 3:11.82 | 42.91 | 350m: | 4:33.20 | 37.42 | |
| | 100m: | 1:10.82 | 37.88 | 200m: | 2:28.91 | 38.58 | 300m: | 3:55.78 | 43.96 | 400m: | 5:09.42 | 36.22 |
| 21. | ADAMCZYK Karolina | | 06 | Mokotowski UKP Warszawianka- Wodny | | | | 5:13.50 | 563 | | | |
| | 50m: | 31.48 31.48 | 150m: | 1:48.93 | 39.17 | 250m: | 3:13.27 | 45.38 | 350m: | 4:37.05 | 37.24 | |
| | 100m: | 1:09.76 | 38.28 | 200m: | 2:27.89 | 38.96 | 300m: | 3:59.81 | 46.54 | 400m: | 5:13.50 | 36.45 |
| 22. | PITY SKA Klara | | 06 | WKS l sk | | | | 5:15.56 | 552 | | | |
| | 50m: | 32.87 32.87 | 150m: | 1:51.12 | 39.70 | 250m: | 3:15.86 | 45.08 | 350m: | 4:38.69 | 36.94 | |
| | 100m: | 1:11.42 | 38.55 | 200m: | 2:30.78 | 39.66 | 300m: | 4:01.75 | 45.89 | 400m: | 5:15.56 | 36.87 |
| 23. | BRANDYSKA Aneta | | 07 | Sport Club Pardubice | | | | 5:16.13 | 549 | | | |
| | 50m: | 32.42 32.42 | 150m: | 1:52.46 | 39.45 | 250m: | 3:15.75 | 42.85 | 350m: | 4:38.87 | 38.53 | |
| | 100m: | 1:13.01 | 40.59 | 200m: | 2:32.90 | 40.44 | 300m: | 4:00.34 | 44.59 | 400m: | 5:16.13 | 37.26 |
| 24. | WIDERSKA Joanna | | 05 | UKS Nawa Skierniewice | | | | 5:18.40 | 537 | | | |
| | 50m: | 32.76 32.76 | 150m: | 1:52.32 | 41.53 | 250m: | 3:18.34 | 45.54 | 350m: | 4:42.01 | 36.96 | |
| | 100m: | 1:10.79 | 38.03 | 200m: | 2:32.80 | 40.48 | 300m: | 4:05.05 | 46.71 | 400m: | 5:18.40 | 36.39 |
| 25. | KARLI SKA Paula | | 05 | MKP Szczecin | | | | 5:18.51 | 537 | | | |
| | 50m: | 31.78 31.78 | 150m: | 1:48.16 | 38.38 | 250m: | 3:13.24 | 48.04 | 350m: | 4:41.57 | 38.73 | |
| | 100m: | 1:09.78 | 38.00 | 200m: | 2:25.20 | 37.04 | 300m: | 4:02.84 | 49.60 | 400m: | 5:18.51 | 36.94 |
| 26. | BUKOWSKA Olga | | 05 | MKP Szczecin | | | | 5:18.59 | 536 | | | |
| | 50m: | 33.20 33.20 | 150m: | 1:56.62 | 42.52 | 250m: | 3:22.89 | 45.31 | 350m: | 4:44.25 | 35.85 | |
| | 100m: | 1:14.10 | 40.90 | 200m: | 2:37.58 | 40.96 | 300m: | 4:08.40 | 45.51 | 400m: | 5:18.59 | 34.34 |
| 27. | MIKUŁA Natalia | | 06 | UKS 190 Łódź | | | | 5:19.49 | 532 | | | |
| | 50m: | 34.43 34.43 | 150m: | 1:55.53 | 41.15 | 250m: | 3:18.23 | 43.26 | 350m: | 4:42.59 | 38.92 | |
| | 100m: | 1:14.38 | 39.95 | 200m: | 2:34.97 | 39.44 | 300m: | 4:03.67 | 45.44 | 400m: | 5:19.49 | 36.90 |
| 28. | TARASZKIEWICZ Zofia | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 5:21.17 | 524 | | | |
| | 50m: | 33.13 33.13 | 150m: | 1:54.57 | 42.36 | 250m: | 3:20.41 | 44.96 | 350m: | 4:44.38 | 38.16 | |
| | 100m: | 1:12.21 | 39.08 | 200m: | 2:35.45 | 40.88 | 300m: | 4:06.22 | 45.81 | 400m: | 5:21.17 | 36.79 |
| 29. | SOBIECKA Małgorzata | | 06 | UKP „Polonia Warszawa" | | | | 5:22.40 | 518 | | | |
| | 50m: | 33.21 33.21 | 150m: | 1:57.28 | 44.32 | 250m: | 3:24.66 | 46.72 | 350m: | 4:46.59 | 36.95 | |
| | 100m: | 1:12.96 | 39.75 | 200m: | 2:37.94 | 40.66 | 300m: | 4:09.64 | 44.98 | 400m: | 5:22.40 | 35.81 |
| 30. | KLIMIUK Zuzanna | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:23.47 | 512 | | | |
| | 50m: | 36.55 36.55 | 150m: | 2:00.37 | 41.60 | 250m: | 3:26.11 | 45.00 | 350m: | 4:48.95 | 37.44 | |
| | 100m: | 1:18.77 | 42.22 | 200m: | 2:41.11 | 40.74 | 300m: | 4:11.51 | 45.40 | 400m: | 5:23.47 | 34.52 |
| 31. | ŁOBODA Maria | | 08 | Uks Cityzen | | | | 5:25.22 | 504 | | | |
| | 50m: | 32.61 32.61 | 150m: | 1:52.88 | 41.06 | 250m: | 3:20.94 | 47.71 | 350m: | 4:47.57 | 39.22 | |
| | 100m: | 1:11.82 | 39.21 | 200m: | 2:33.23 | 40.35 | 300m: | 4:08.35 | 47.41 | 400m: | 5:25.22 | 37.65 |
| 32. | BERNACKA Wiktoria | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:26.82 | 497 | | | |
| | 50m: | 34.54 34.54 | 150m: | 1:56.05 | 41.38 | 250m: | 3:25.41 | 48.20 | 350m: | 4:50.54 | 37.70 | |
| | 100m: | 1:14.67 | 40.13 | 200m: | 2:37.21 | 41.16 | 300m: | 4:12.84 | 47.43 | 400m: | 5:26.82 | 36.28 |
| 33. | SOLI SKA Patrycja | | 06 | UKP „Polonia Warszawa" | | | | 5:35.51 | 459 | | | |
| | 50m: | 33.53 33.53 | 150m: | 1:54.99 | 40.88 | 250m: | 3:24.46 | 49.29 | 350m: | 4:56.28 | 41.09 | |
| | 100m: | 1:14.11 | 40.58 | 200m: | 2:35.17 | 40.18 | 300m: | 4:15.19 | 50.73 | 400m: | 5:35.51 | 39.23 |
| 34. | KOZIEJSKA Zuzanna | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:39.30 | 444 | | | |
| | 50m: | 35.22 35.22 | 150m: | 1:58.68 | 41.29 | 250m: | 3:28.97 | 49.62 | 350m: | 5:00.41 | 40.74 | |
| | 100m: | 1:17.39 | 42.17 | 200m: | 2:39.35 | 40.67 | 300m: | 4:19.67 | 50.70 | 400m: | 5:39.30 | 38.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|---------------|---------|---------------|-------|---------------|-------|----------------|------|
| 35. | ALEKSANDROWICZ Hanna | | 06 | MKP Szczecin | | | | 5:42.72 | 431 |
| | 50m: | 34.82 34.82 | 150m: | 1:58.56 43.19 | 250m: | 3:31.43 50.14 | 350m: | 5:05.06 41.79 | |
| | 100m: | 1:15.37 40.55 | 200m: | 2:41.29 42.73 | 300m: | 4:23.27 51.84 | 400m: | 5:42.72 37.66 | |

17 - 18 lat

| | | | | | | | | | |
|-----|-------------|---------------|-------|------------------------------|-------|---------------|-------|----------------|-----|
| 1. | GU | Wiktoria | 04 | MKP Szczecin | | | | 4:47.79 | 728 |
| | 50m: | 31.59 31.59 | 150m: | 1:45.24 37.74 | 250m: | 3:03.41 41.11 | 350m: | 4:16.98 32.32 | |
| | 100m: | 1:07.50 35.91 | 200m: | 2:22.30 37.06 | 300m: | 3:44.66 41.25 | 400m: | 4:47.79 30.81 | |
| 2. | SŁABOSZ | Emilia | 05 | SMS O wi cim | | | | 4:59.15 | 648 |
| | 50m: | 32.23 32.23 | 150m: | 1:47.91 38.75 | 250m: | 3:08.88 43.14 | 350m: | 4:26.87 34.14 | |
| | 100m: | 1:09.16 36.93 | 200m: | 2:25.74 37.83 | 300m: | 3:52.73 43.85 | 400m: | 4:59.15 32.28 | |
| 3. | TARASIEWICZ | Klaudia | 04 | MKP Szczecin | | | | 5:00.48 | 639 |
| | 50m: | 32.04 32.04 | 150m: | 1:45.56 37.93 | 250m: | 3:08.10 44.87 | 350m: | 4:27.67 34.31 | |
| | 100m: | 1:07.63 35.59 | 200m: | 2:23.23 37.67 | 300m: | 3:53.36 45.26 | 400m: | 5:00.48 32.81 | |
| 4. | S | DŁAK Alicja | 05 | MKS Jedyńka Łód | | | | 5:03.65 | 620 |
| | 50m: | 32.23 32.23 | 150m: | 1:48.43 38.44 | 250m: | 3:08.80 41.60 | 350m: | 4:28.73 36.43 | |
| | 100m: | 1:09.99 37.76 | 200m: | 2:27.20 38.77 | 300m: | 3:52.30 43.50 | 400m: | 5:03.65 34.92 | |
| 5. | ZI | BA Anastazja | 05 | MUKS "Pi tnastka" | | | | 5:06.51 | 602 |
| | 50m: | 32.27 32.27 | 150m: | 1:48.66 39.80 | 250m: | 3:10.99 42.73 | 350m: | 4:31.86 37.04 | |
| | 100m: | 1:08.86 36.59 | 200m: | 2:28.26 39.60 | 300m: | 3:54.82 43.83 | 400m: | 5:06.51 34.65 | |
| 6. | WO | NICA Milena | 04 | UKS abianka Gda sk | | | | 5:08.34 | 592 |
| | 50m: | 35.06 35.06 | 150m: | 1:55.87 40.34 | 250m: | 3:16.49 41.59 | 350m: | 4:34.03 34.90 | |
| | 100m: | 1:15.53 40.47 | 200m: | 2:34.90 39.03 | 300m: | 3:59.13 42.64 | 400m: | 5:08.34 34.31 | |
| 7. | WIDERSKA | Joanna | 05 | UKS Nawa Skierniewice | | | | 5:18.40 | 537 |
| | 50m: | 32.76 32.76 | 150m: | 1:52.32 41.53 | 250m: | 3:18.34 45.54 | 350m: | 4:42.01 36.96 | |
| | 100m: | 1:10.79 38.03 | 200m: | 2:32.80 40.48 | 300m: | 4:05.05 46.71 | 400m: | 5:18.40 36.39 | |
| 8. | KARLI | SKA Paula | 05 | MKP Szczecin | | | | 5:18.51 | 537 |
| | 50m: | 31.78 31.78 | 150m: | 1:48.16 38.38 | 250m: | 3:13.24 48.04 | 350m: | 4:41.57 38.73 | |
| | 100m: | 1:09.78 38.00 | 200m: | 2:25.20 37.04 | 300m: | 4:02.84 49.60 | 400m: | 5:18.51 36.94 | |
| 9. | BUKOWSKA | Olga | 05 | MKP Szczecin | | | | 5:18.59 | 536 |
| | 50m: | 33.20 33.20 | 150m: | 1:56.62 42.52 | 250m: | 3:22.89 45.31 | 350m: | 4:44.25 35.85 | |
| | 100m: | 1:14.10 40.90 | 200m: | 2:37.58 40.96 | 300m: | 4:08.40 45.51 | 400m: | 5:18.59 34.34 | |
| 10. | KLIMIUK | Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:23.47 | 512 |
| | 50m: | 36.55 36.55 | 150m: | 2:00.37 41.60 | 250m: | 3:26.11 45.00 | 350m: | 4:48.95 37.44 | |
| | 100m: | 1:18.77 42.22 | 200m: | 2:41.11 40.74 | 300m: | 4:11.51 45.40 | 400m: | 5:23.47 34.52 | |

16 lat

| | | | | | | | | | |
|----|-----------|---------------|-------|--------------------------|-------|---------------|-------|----------------|-----|
| 1. | PIEKARSKA | Natalia | 06 | UKS 190 Łód | | | | 4:51.87 | 698 |
| | 50m: | 31.79 31.79 | 150m: | 1:44.86 37.74 | 250m: | 3:03.75 42.47 | 350m: | 4:18.98 33.56 | |
| | 100m: | 1:07.12 35.33 | 200m: | 2:21.28 36.42 | 300m: | 3:45.42 41.67 | 400m: | 4:51.87 32.89 | |
| 2. | KRÓL | Gabriela | 06 | KS „Wisła" Puławy | | | | 4:52.14 | 696 |
| | 50m: | 30.56 30.56 | 150m: | 1:42.81 36.81 | 250m: | 3:00.86 42.00 | 350m: | 4:18.12 34.94 | |
| | 100m: | 1:06.00 35.44 | 200m: | 2:18.86 36.05 | 300m: | 3:43.18 42.32 | 400m: | 4:52.14 34.02 | |
| 3. | JAROSZ | Helena | 06 | UKP Unia O wi cim | | | | 4:57.29 | 660 |
| | 50m: | 31.56 31.56 | 150m: | 1:46.43 38.72 | 250m: | 3:04.58 40.23 | 350m: | 4:22.13 35.98 | |
| | 100m: | 1:07.71 36.15 | 200m: | 2:24.35 37.92 | 300m: | 3:46.15 41.57 | 400m: | 4:57.29 35.16 | |
| 4. | LECHOWSKA | Magdalena | 06 | WKS l sk | | | | 4:57.52 | 659 |
| | 50m: | 32.35 32.35 | 150m: | 1:47.44 38.07 | 250m: | 3:06.66 42.02 | 350m: | 4:24.39 35.00 | |
| | 100m: | 1:09.37 37.02 | 200m: | 2:24.64 37.20 | 300m: | 3:49.39 42.73 | 400m: | 4:57.52 33.13 | |
| 5. | MACIAK | Julia | 06 | IUKS „Muszelka" Warszawa | | | | 5:02.93 | 624 |
| | 50m: | 31.77 31.77 | 150m: | 1:46.70 37.67 | 250m: | 3:11.64 48.40 | 350m: | 4:30.93 33.15 | |
| | 100m: | 1:09.03 37.26 | 200m: | 2:23.24 36.54 | 300m: | 3:57.78 46.14 | 400m: | 5:02.93 32.00 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1, Dziewcz. t., 400m zmienny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|-------|---------------|------------------------------------|---------------|-------|----------------|-------|------|
| 6. | JUDA Aleksandra | | 06 | UKP Unia Owi cim | | | 5:03.41 | 621 | |
| | 50m: 32.11 | 32.11 | 150m: 1:47.94 | 39.34 | 250m: 3:09.69 | 43.35 | 350m: 4:28.68 | 35.42 | |
| | 100m: 1:08.60 | 36.49 | 200m: 2:26.34 | 38.40 | 300m: 3:53.26 | 43.57 | 400m: 5:03.41 | 34.73 | |
| 7. | RAKOWSKA Marta | | 06 | DOKiS SP Vega Dobrodzie | | | 5:03.49 | 621 | |
| | 50m: 32.63 | 32.63 | 150m: 1:49.59 | 39.46 | 250m: 3:10.86 | 43.47 | 350m: 4:29.79 | 35.62 | |
| | 100m: 1:10.13 | 37.50 | 200m: 2:27.39 | 37.80 | 300m: 3:54.17 | 43.31 | 400m: 5:03.49 | 33.70 | |
| 8. | ADAMCZYK Karolina | | 06 | Mokotowski UKP Warszawianka- Wodny | | | 5:13.50 | 563 | |
| | 50m: 31.48 | 31.48 | 150m: 1:48.93 | 39.17 | 250m: 3:13.27 | 45.38 | 350m: 4:37.05 | 37.24 | |
| | 100m: 1:09.76 | 38.28 | 200m: 2:27.89 | 38.96 | 300m: 3:59.81 | 46.54 | 400m: 5:13.50 | 36.45 | |
| 9. | PITY SKA Klara | | 06 | WKS I sk | | | 5:15.56 | 552 | |
| | 50m: 32.87 | 32.87 | 150m: 1:51.12 | 39.70 | 250m: 3:15.86 | 45.08 | 350m: 4:38.69 | 36.94 | |
| | 100m: 1:11.42 | 38.55 | 200m: 2:30.78 | 39.66 | 300m: 4:01.75 | 45.89 | 400m: 5:15.56 | 36.87 | |
| 10. | MIKUŁA Natalia | | 06 | UKS 190 Łódź | | | 5:19.49 | 532 | |
| | 50m: 34.43 | 34.43 | 150m: 1:55.53 | 41.15 | 250m: 3:18.23 | 43.26 | 350m: 4:42.59 | 38.92 | |
| | 100m: 1:14.38 | 39.95 | 200m: 2:34.97 | 39.44 | 300m: 4:03.67 | 45.44 | 400m: 5:19.49 | 36.90 | |
| 11. | SOBIECKA Małgorzata | | 06 | UKP „Polonia Warszawa” | | | 5:22.40 | 518 | |
| | 50m: 33.21 | 33.21 | 150m: 1:57.28 | 44.32 | 250m: 3:24.66 | 46.72 | 350m: 4:46.59 | 36.95 | |
| | 100m: 1:12.96 | 39.75 | 200m: 2:37.94 | 40.66 | 300m: 4:09.64 | 44.98 | 400m: 5:22.40 | 35.81 | |
| 12. | SOLI SKA Patrycja | | 06 | UKP „Polonia Warszawa” | | | 5:35.51 | 459 | |
| | 50m: 33.53 | 33.53 | 150m: 1:54.99 | 40.88 | 250m: 3:24.46 | 49.29 | 350m: 4:56.28 | 41.09 | |
| | 100m: 1:14.11 | 40.58 | 200m: 2:35.17 | 40.18 | 300m: 4:15.19 | 50.73 | 400m: 5:35.51 | 39.23 | |
| 13. | ALEKSANDROWICZ Hanna | | 06 | MKP Szczecin | | | 5:42.72 | 431 | |
| | 50m: 34.82 | 34.82 | 150m: 1:58.56 | 43.19 | 250m: 3:31.43 | 50.14 | 350m: 5:05.06 | 41.79 | |
| | 100m: 1:15.37 | 40.55 | 200m: 2:41.29 | 42.73 | 300m: 4:23.27 | 51.84 | 400m: 5:42.72 | 37.66 | |

15 lat

| | | | | | | | | |
|----|---------------------|-------|---------------|------------------------------------|---------------|-------|----------------|-------|
| 1. | PRZYBYLSKA Oliwia | | 07 | KU AZS UMCS Lublin | | | 4:55.99 | 669 |
| | 50m: | | 150m: 1:47.12 | 38.41 | 250m: 3:05.10 | 41.03 | 350m: 4:21.68 | 35.04 |
| | 100m: 1:08.71 | | 200m: 2:24.07 | 36.95 | 300m: 3:46.64 | 41.54 | 400m: 4:55.99 | 34.31 |
| 2. | GLI SKA Oliwia | | 07 | TP Zielona Góra | | | 4:59.27 | 647 |
| | 50m: 32.67 | 32.67 | 150m: 1:47.10 | 36.94 | 250m: 3:06.01 | 42.56 | 350m: 4:24.88 | 35.06 |
| | 100m: 1:10.16 | 37.49 | 200m: 2:23.45 | 36.35 | 300m: 3:49.82 | 43.81 | 400m: 4:59.27 | 34.39 |
| 3. | POPPE Marta | | 07 | KU AZS UMCS Lublin | | | 5:05.13 | 611 |
| | 50m: 32.92 | 32.92 | 150m: 1:50.08 | 39.85 | 250m: 3:12.44 | 43.46 | 350m: 4:32.15 | 34.47 |
| | 100m: 1:10.23 | 37.31 | 200m: 2:28.98 | 38.90 | 300m: 3:57.68 | 45.24 | 400m: 5:05.13 | 32.98 |
| 4. | PLAGA Olga | | 07 | TP Skalar Słupsk | | | 5:09.42 | 586 |
| | 50m: 32.94 | 32.94 | 150m: 1:50.33 | 39.51 | 250m: 3:11.82 | 42.91 | 350m: 4:33.20 | 37.42 |
| | 100m: 1:10.82 | 37.88 | 200m: 2:28.91 | 38.58 | 300m: 3:55.78 | 43.96 | 400m: 5:09.42 | 36.22 |
| 5. | BRANDYSKA Aneta | | 07 | Sport Club Pardubice | | | 5:16.13 | 549 |
| | 50m: 32.42 | 32.42 | 150m: 1:52.46 | 39.45 | 250m: 3:15.75 | 42.85 | 350m: 4:38.87 | 38.53 |
| | 100m: 1:13.01 | 40.59 | 200m: 2:32.90 | 40.44 | 300m: 4:00.34 | 44.59 | 400m: 5:16.13 | 37.26 |
| 6. | TARASZKIEWICZ Zofia | | 07 | Mokotowski UKP Warszawianka- Wodny | | | 5:21.17 | 524 |
| | 50m: 33.13 | 33.13 | 150m: 1:54.57 | 42.36 | 250m: 3:20.41 | 44.96 | 350m: 4:44.38 | 38.16 |
| | 100m: 1:12.21 | 39.08 | 200m: 2:35.45 | 40.88 | 300m: 4:06.22 | 45.81 | 400m: 5:21.17 | 36.79 |

14 lat

| | | | | | | | | |
|----|-------------------|-------|---------------|------------------------------|---------------|-------|----------------|-------|
| 1. | ŁOBODA Maria | | 08 | Uks Cityzen | | | 5:25.22 | 504 |
| | 50m: 32.61 | 32.61 | 150m: 1:52.88 | 41.06 | 250m: 3:20.94 | 47.71 | 350m: 4:47.57 | 39.22 |
| | 100m: 1:11.82 | 39.21 | 200m: 2:33.23 | 40.35 | 300m: 4:08.35 | 47.41 | 400m: 5:25.22 | 37.65 |
| 2. | BERNACKA Wiktoria | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:26.82 | 497 |
| | 50m: 34.54 | 34.54 | 150m: 1:56.05 | 41.38 | 250m: 3:25.41 | 48.20 | 350m: 4:50.54 | 37.70 |
| | 100m: 1:14.67 | 40.13 | 200m: 2:37.21 | 41.16 | 300m: 4:12.84 | 47.43 | 400m: 5:26.82 | 36.28 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 1, Dziewcz t, 400m zmienny, 14 lat

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. | | |
|---------|-------------------|---------|---------|------------------------------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 3. | KOZIEJSKA Zuzanna | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | 5:39.30 | 444 | | |
| | 50m: | 35.22 | 35.22 | 150m: | 1:58.68 | 41.29 | 250m: | 3:28.97 | 49.62 | 350m: | 5:00.41 | 40.74 |
| | 100m: | 1:17.39 | 42.17 | 200m: | 2:39.35 | 40.67 | 300m: | 4:19.67 | 50.70 | 400m: | 5:39.30 | 38.89 |

Konkurencja 2
2022.11.12 - 9:18

M czyzn, 400m zmienny

14 lat i starsi

| Rekord Polski | 4:03.20 | WOJT Lukasz | POL | Berlin (GER) | 2009.11.14 |
|---|---------|-------------|-----|--------------|------------|
| Min. indywidualne na M (25m) Melbourne 2022 Open: 4:08.29 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. | | |
|-----------------|---|---------|---------|--------------------------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 14 lat i starsi | | | | | | | | | | | | |
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka” Warszawa | | | | | 4:09.05 | 838 | | |
| | <i>Czas Lepszy od Rekordu Polski 18 lat</i> | | | | | | | | | | | |
| | 50m: | 26.05 | 26.05 | 150m: | 1:27.34 | 31.80 | 250m: | 2:34.79 | 36.75 | 350m: | 3:41.09 | 29.20 |
| | 100m: | 55.54 | 29.49 | 200m: | 1:58.04 | 30.70 | 300m: | 3:11.89 | 37.10 | 400m: | 4:09.05 | 27.96 |
| 2. | PIELA Michał | | 04 | UKP Unia O wi cim | | | | | 4:15.38 | 777 | | |
| | 50m: | 27.36 | 27.36 | 150m: | 1:31.55 | 33.24 | 250m: | 2:38.93 | 35.45 | 350m: | 3:45.76 | 31.27 |
| | 100m: | 58.31 | 30.95 | 200m: | 2:03.48 | 31.93 | 300m: | 3:14.49 | 35.56 | 400m: | 4:15.38 | 29.62 |
| 3. | KUCZAK Adam | | 00 | AZS AWF Katowice | | | | | 4:19.91 | 737 | | |
| | 50m: | 27.30 | 27.30 | 150m: | 1:32.11 | 33.04 | 250m: | 2:41.69 | 36.96 | 350m: | 3:50.33 | 31.07 |
| | 100m: | 59.07 | 31.77 | 200m: | 2:04.73 | 32.62 | 300m: | 3:19.26 | 37.57 | 400m: | 4:19.91 | 29.58 |
| 4. | JA KIEWICZ Adrian | | 02 | UKS G-8 Bielany Warszawa | | | | | 4:25.21 | 694 | | |
| | 50m: | 28.15 | 28.15 | 150m: | 1:34.52 | 34.42 | 250m: | 2:47.51 | 38.83 | 350m: | 3:56.67 | 29.90 |
| | 100m: | 1:00.10 | 31.95 | 200m: | 2:08.68 | 34.16 | 300m: | 3:26.77 | 39.26 | 400m: | 4:25.21 | 28.54 |
| 5. | POPIEL Mikołaj | | 06 | KU AZS UMCS Lublin | | | | | 4:25.53 | 691 | | |
| | 50m: | 28.20 | 28.20 | 150m: | 1:34.35 | 34.18 | 250m: | 2:45.19 | 36.70 | 350m: | 3:55.10 | 31.37 |
| | 100m: | 1:00.17 | 31.97 | 200m: | 2:08.49 | 34.14 | 300m: | 3:23.73 | 38.54 | 400m: | 4:25.53 | 30.43 |
| 6. | WARZOCHA Albert | | 01 | KS Warta Pozna | | | | | 4:29.20 | 663 | | |
| | 50m: | 27.57 | 27.57 | 150m: | 1:34.43 | 34.74 | 250m: | 2:46.46 | 37.73 | 350m: | 3:57.83 | 32.62 |
| | 100m: | 59.69 | 32.12 | 200m: | 2:08.73 | 34.30 | 300m: | 3:25.21 | 38.75 | 400m: | 4:29.20 | 31.37 |
| 7. | PLAGA Dawid | | 05 | TP Skalar Słupsk | | | | | 4:31.50 | 646 | | |
| | 50m: | 28.92 | 28.92 | 150m: | 1:37.74 | 35.74 | 250m: | 2:51.80 | 39.09 | 350m: | 4:02.12 | 30.76 |
| | 100m: | 1:02.00 | 33.08 | 200m: | 2:12.71 | 34.97 | 300m: | 3:31.36 | 39.56 | 400m: | 4:31.50 | 29.38 |
| 8. | KAPAŁA Szymon | | 03 | AZS AWF Warszawa | | | | | 4:32.12 | 642 | | |
| | 50m: | 29.20 | 29.20 | 150m: | 1:38.42 | 36.23 | 250m: | 2:53.10 | 39.87 | 350m: | 4:03.37 | 29.93 |
| | 100m: | 1:02.19 | 32.99 | 200m: | 2:13.23 | 34.81 | 300m: | 3:33.44 | 40.34 | 400m: | 4:32.12 | 28.75 |
| 9. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | | | | 4:32.43 | 640 | | |
| | 50m: | 29.35 | 29.35 | 150m: | 1:36.19 | 34.58 | 250m: | 2:49.99 | 40.68 | 350m: | 4:02.70 | 30.69 |
| | 100m: | 1:01.61 | 32.26 | 200m: | 2:09.31 | 33.12 | 300m: | 3:32.01 | 42.02 | 400m: | 4:32.43 | 29.73 |
| 10. | STASZAK Wiktor | | 04 | WKS I sk | | | | | 4:33.47 | 633 | | |
| | 50m: | 29.88 | 29.88 | 150m: | 1:38.45 | 34.59 | 250m: | 2:51.55 | 39.05 | 350m: | 4:02.41 | 31.95 |
| | 100m: | 1:03.86 | 33.98 | 200m: | 2:12.50 | 34.05 | 300m: | 3:30.46 | 38.91 | 400m: | 4:33.47 | 31.06 |
| 11. | SROKA Bła ej | | 05 | UKS abianka Gda sk | | | | | 4:34.51 | 625 | | |
| | 50m: | 29.55 | 29.55 | 150m: | 1:37.54 | 33.91 | 250m: | 2:48.45 | 37.83 | 350m: | 4:01.28 | 33.18 |
| | 100m: | 1:03.63 | 34.08 | 200m: | 2:10.62 | 33.08 | 300m: | 3:28.10 | 39.65 | 400m: | 4:34.51 | 33.23 |
| 12. | CHALUPNIK Jiri | | 04 | Sport Club Pardubice | | | | | 4:35.54 | 618 | | |
| | 50m: | 29.39 | 29.39 | 150m: | 1:40.23 | 37.26 | 250m: | 2:54.24 | 37.87 | 350m: | 4:04.43 | 32.06 |
| | 100m: | 1:02.97 | 33.58 | 200m: | 2:16.37 | 36.14 | 300m: | 3:32.37 | 38.13 | 400m: | 4:35.54 | 31.11 |
| 13. | TEPLY Jan | | 03 | Sport Club Pardubice | | | | | 4:38.58 | 598 | | |
| | 50m: | 29.21 | 29.21 | 150m: | 1:38.15 | 35.14 | 250m: | 2:52.16 | 39.10 | 350m: | 4:05.10 | 32.51 |
| | 100m: | 1:03.01 | 33.80 | 200m: | 2:13.06 | 34.91 | 300m: | 3:32.59 | 40.43 | 400m: | 4:38.58 | 33.48 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | Czas | | Pkt. |
|---------|----------------------|---------------|------------------------------------|----------------|-------|---------------|-------|--|------|
| 14. | KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 4:39.01 | 596 | | | | |
| | 50m: 29.11 29.11 | 150m: 1:38.50 | 36.03 | 250m: 2:53.17 | 38.94 | 350m: 4:06.31 | 33.26 | | |
| | 100m: 1:02.47 33.36 | 200m: 2:14.23 | 35.73 | 300m: 3:33.05 | 39.88 | 400m: 4:39.01 | 32.70 | | |
| 15. | MIKULA Vilem | 06 | Sport Club Pardubice | 4:39.72 | 591 | | | | |
| | 50m: 29.17 29.17 | 150m: 1:38.05 | 34.71 | 250m: 2:53.30 | 40.91 | 350m: 4:08.48 | 33.33 | | |
| | 100m: 1:03.34 34.17 | 200m: 2:12.39 | 34.34 | 300m: 3:35.15 | 41.85 | 400m: 4:39.72 | 31.24 | | |
| 16. | DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 4:39.91 | 590 | | | | |
| | 50m: 28.93 28.93 | 150m: 1:37.28 | 35.94 | 250m: 2:55.39 | 41.96 | 350m: 4:08.31 | 31.45 | | |
| | 100m: 1:01.34 32.41 | 200m: 2:13.43 | 36.15 | 300m: 3:36.86 | 41.47 | 400m: 4:39.91 | 31.60 | | |
| 17. | WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 4:40.23 | 588 | | | | |
| | 50m: 29.91 29.91 | 150m: 1:41.11 | 37.41 | 250m: 2:57.68 | 40.16 | 350m: 4:09.41 | 32.41 | | |
| | 100m: 1:03.70 33.79 | 200m: 2:17.52 | 36.41 | 300m: 3:37.00 | 39.32 | 400m: 4:40.23 | 30.82 | | |
| 18. | HAVLENA Maxim | 04 | Sport Club Pardubice | 4:41.77 | 578 | | | | |
| | 50m: 29.37 29.37 | 150m: 1:40.33 | 37.32 | 250m: 2:57.11 | 40.33 | 350m: 4:10.15 | 32.72 | | |
| | 100m: 1:03.01 33.64 | 200m: 2:16.78 | 36.45 | 300m: 3:37.43 | 40.32 | 400m: 4:41.77 | 31.62 | | |
| 19. | PORWIK Kacper | 06 | UKP Unia O wi cim | 4:42.94 | 571 | | | | |
| | 50m: 29.96 29.96 | 150m: 1:41.33 | 36.66 | 250m: 2:56.86 | 38.92 | 350m: 4:10.62 | 34.07 | | |
| | 100m: 1:04.67 34.71 | 200m: 2:17.94 | 36.61 | 300m: 3:36.55 | 39.69 | 400m: 4:42.94 | 32.32 | | |
| 20. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 4:43.30 | 569 | | | | |
| | 50m: 31.06 31.06 | 150m: 1:44.13 | 38.24 | 250m: 2:59.13 | 39.18 | 350m: 4:11.78 | 33.24 | | |
| | 100m: 1:05.89 34.83 | 200m: 2:19.95 | 35.82 | 300m: 3:38.54 | 39.41 | 400m: 4:43.30 | 31.52 | | |
| 21. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 4:44.27 | 563 | | | | |
| | 50m: 28.77 28.77 | 150m: 1:40.34 | 38.01 | 250m: 3:00.77 | 42.75 | 350m: 4:13.96 | 31.76 | | |
| | 100m: 1:02.33 33.56 | 200m: 2:18.02 | 37.68 | 300m: 3:42.20 | 41.43 | 400m: 4:44.27 | 30.31 | | |
| 22. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 4:44.49 | 562 | | | | |
| | 50m: 29.48 29.48 | 150m: 1:40.77 | 36.77 | 250m: 2:57.25 | 40.71 | 350m: 4:12.11 | 33.51 | | |
| | 100m: 1:04.00 34.52 | 200m: 2:16.54 | 35.77 | 300m: 3:38.60 | 41.35 | 400m: 4:44.49 | 32.38 | | |
| 23. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 4:45.44 | 556 | | | | |
| | 50m: 29.31 29.31 | 150m: 1:41.70 | 37.90 | 250m: 3:00.77 | 42.60 | 350m: 4:14.91 | 31.78 | | |
| | 100m: 1:03.80 34.49 | 200m: 2:18.17 | 36.47 | 300m: 3:43.13 | 42.36 | 400m: 4:45.44 | 30.53 | | |
| 24. | KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 4:45.62 | 555 | | | | |
| | 50m: 30.10 30.10 | 150m: 1:41.59 | 36.74 | 250m: 2:58.04 | 39.91 | 350m: 4:12.74 | 33.79 | | |
| | 100m: 1:04.85 34.75 | 200m: 2:18.13 | 36.54 | 300m: 3:38.95 | 40.91 | 400m: 4:45.62 | 32.88 | | |
| 25. | SZWEDZKI Jakub | 00 | MKS Trójka Łód | 4:49.38 | 534 | | | | |
| | 50m: 30.44 30.44 | 150m: 1:44.98 | 39.29 | 250m: 3:03.00 | 40.06 | 350m: 4:19.42 | 35.07 | | |
| | 100m: 1:05.69 35.25 | 200m: 2:22.94 | 37.96 | 300m: 3:44.35 | 41.35 | 400m: 4:49.38 | 29.96 | | |
| 26. | BURZY SKI Oskar | 06 | MKP Szczecin | 4:51.14 | 524 | | | | |
| | 50m: 30.29 30.29 | 150m: 1:44.41 | 39.28 | 250m: 3:02.07 | 40.86 | 350m: 4:18.34 | 33.95 | | |
| | 100m: 1:05.13 34.84 | 200m: 2:21.21 | 36.80 | 300m: 3:44.39 | 42.32 | 400m: 4:51.14 | 32.80 | | |
| 27. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 4:52.68 | 516 | | | | |
| | 50m: 30.57 30.57 | 150m: 1:43.62 | 37.27 | 250m: 3:03.36 | 43.10 | 350m: 4:20.44 | 33.37 | | |
| | 100m: 1:06.35 35.78 | 200m: 2:20.26 | 36.64 | 300m: 3:47.07 | 43.71 | 400m: 4:52.68 | 32.24 | | |
| 28. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wodny | 4:55.25 | 503 | | | | |
| | 50m: 28.83 28.83 | 150m: 1:43.04 | 39.12 | 250m: 3:04.62 | 42.74 | 350m: 4:23.02 | 34.38 | | |
| | 100m: 1:03.92 35.09 | 200m: 2:21.88 | 38.84 | 300m: 3:48.64 | 44.02 | 400m: 4:55.25 | 32.23 | | |
| 29. | PAWLAK Dawid | 08 | UKS 190 Łód | 4:58.93 | 484 | | | | |
| | 50m: 32.14 32.14 | 150m: 1:49.14 | 40.07 | 250m: 3:09.22 | 41.53 | 350m: 4:25.93 | 35.28 | | |
| | 100m: 1:09.07 36.93 | 200m: 2:27.69 | 38.55 | 300m: 3:50.65 | 41.43 | 400m: 4:58.93 | 33.00 | | |
| 30. | GORZE Norbert | 06 | Uks Cityzen | 5:00.36 | 477 | | | | |
| | 50m: 31.67 31.67 | 150m: 1:48.11 | 38.99 | 250m: 3:08.44 | 43.45 | 350m: 4:27.45 | 34.43 | | |
| | 100m: 1:09.12 37.45 | 200m: 2:24.99 | 36.88 | 300m: 3:53.02 | 44.58 | 400m: 5:00.36 | 32.91 | | |
| 31. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 5:03.32 | 463 | | | | |
| | 50m: 31.87 31.87 | 150m: 1:47.45 | 39.07 | 250m: 3:10.15 | 44.58 | 350m: 4:30.09 | 34.87 | | |
| | 100m: 1:08.38 36.51 | 200m: 2:25.57 | 38.12 | 300m: 3:55.22 | 45.07 | 400m: 5:03.32 | 33.23 | | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 2, Mężczyźni, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|---|-------------|---------|---------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 32. | TRUDNOS Ignacy | | 08 | UKS 190 Łódź | | | | 5:05.77 | 452 | | | |
| | 50m: | 32.45 32.45 | 150m: | 1:51.18 | 39.92 | 250m: | 3:12.50 | 42.04 | 350m: | 4:31.72 | 36.46 | |
| | 100m: | 1:11.26 | 38.81 | 200m: | 2:30.46 | 39.28 | 300m: | 3:55.26 | 42.76 | 400m: | 5:05.77 | 34.05 |
| 33. | KOWALCZYK Sebastian | | 08 | UKS G-8 Bielany Warszawa | | | | 5:10.45 | 432 | | | |
| | 50m: | 31.45 31.45 | 150m: | 1:47.38 | 38.51 | 250m: | 3:10.82 | 45.67 | 350m: | 4:35.21 | 38.35 | |
| | 100m: | 1:08.87 | 37.42 | 200m: | 2:25.15 | 37.77 | 300m: | 3:56.86 | 46.04 | 400m: | 5:10.45 | 35.24 |
| 34. | JARECKI Bartosz | | 08 | UKS 48 Warszawa ródmi cie | | | | 5:10.50 | 432 | | | |
| | 50m: | 31.77 31.77 | 150m: | 1:50.79 | 40.60 | 250m: | 3:13.97 | 43.94 | 350m: | 4:36.08 | 36.83 | |
| | 100m: | 1:10.19 | 38.42 | 200m: | 2:30.03 | 39.24 | 300m: | 3:59.25 | 45.28 | 400m: | 5:10.50 | 34.42 |
| 35. | LECYK Jakub | | 08 | MKP Astromal-Leszno | | | | 5:36.15 | 340 | | | |
| | 50m: | 35.75 35.75 | 150m: | 1:59.53 | 43.81 | 250m: | 3:26.40 | 44.99 | 350m: | 4:55.68 | 43.26 | |
| | 100m: | 1:15.72 | 39.97 | 200m: | 2:41.41 | 41.88 | 300m: | 4:12.42 | 46.02 | 400m: | 5:36.15 | 40.47 |
| DYSKW. | OŁOWNIA Ignacy | | 07 | KS Delfin Gdynia | | | | | | | | |
| | <i>Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu., /K16</i> | | | | | | | | | | | |

17 - 18 lat

| | | | | | | | | | | | | |
|-----|---|-------------|-------|--------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka” Warszawa | | | | 4:09.05 | 838 | | | |
| | <i>Czas Lepszy od Rekordu Polski 18 lat</i> | | | | | | | | | | | |
| | 50m: | 26.05 26.05 | 150m: | 1:27.34 | 31.80 | 250m: | 2:34.79 | 36.75 | 350m: | 3:41.09 | 29.20 | |
| | 100m: | 55.54 | 29.49 | 200m: | 1:58.04 | 30.70 | 300m: | 3:11.89 | 37.10 | 400m: | 4:09.05 | 27.96 |
| 2. | PIELA Michał | | 04 | UKP Unia Owiścim | | | | 4:15.38 | 777 | | | |
| | 50m: | 27.36 27.36 | 150m: | 1:31.55 | 33.24 | 250m: | 2:38.93 | 35.45 | 350m: | 3:45.76 | 31.27 | |
| | 100m: | 58.31 | 30.95 | 200m: | 2:03.48 | 31.93 | 300m: | 3:14.49 | 35.56 | 400m: | 4:15.38 | 29.62 |
| 3. | PLAGA Dawid | | 05 | TP Skalar Słupsk | | | | 4:31.50 | 646 | | | |
| | 50m: | 28.92 28.92 | 150m: | 1:37.74 | 35.74 | 250m: | 2:51.80 | 39.09 | 350m: | 4:02.12 | 30.76 | |
| | 100m: | 1:02.00 | 33.08 | 200m: | 2:12.71 | 34.97 | 300m: | 3:31.36 | 39.56 | 400m: | 4:31.50 | 29.38 |
| 4. | STASZAK Wiktor | | 04 | WKS Iłsk | | | | 4:33.47 | 633 | | | |
| | 50m: | 29.88 29.88 | 150m: | 1:38.45 | 34.59 | 250m: | 2:51.55 | 39.05 | 350m: | 4:02.41 | 31.95 | |
| | 100m: | 1:03.86 | 33.98 | 200m: | 2:12.50 | 34.05 | 300m: | 3:30.46 | 38.91 | 400m: | 4:33.47 | 31.06 |
| 5. | SROKA Błażej | | 05 | UKS abianka Gdańsk | | | | 4:34.51 | 625 | | | |
| | 50m: | 29.55 29.55 | 150m: | 1:37.54 | 33.91 | 250m: | 2:48.45 | 37.83 | 350m: | 4:01.28 | 33.18 | |
| | 100m: | 1:03.63 | 34.08 | 200m: | 2:10.62 | 33.08 | 300m: | 3:28.10 | 39.65 | 400m: | 4:34.51 | 33.23 |
| 6. | CHALUPNIK Jiri | | 04 | Sport Club Pardubice | | | | 4:35.54 | 618 | | | |
| | 50m: | 29.39 29.39 | 150m: | 1:40.23 | 37.26 | 250m: | 2:54.24 | 37.87 | 350m: | 4:04.43 | 32.06 | |
| | 100m: | 1:02.97 | 33.58 | 200m: | 2:16.37 | 36.14 | 300m: | 3:32.37 | 38.13 | 400m: | 4:35.54 | 31.11 |
| 7. | KOBUS Tymoteusz | | 05 | UKS abianka Gdańsk | | | | 4:39.01 | 596 | | | |
| | 50m: | 29.11 29.11 | 150m: | 1:38.50 | 36.03 | 250m: | 2:53.17 | 38.94 | 350m: | 4:06.31 | 33.26 | |
| | 100m: | 1:02.47 | 33.36 | 200m: | 2:14.23 | 35.73 | 300m: | 3:33.05 | 39.88 | 400m: | 4:39.01 | 32.70 |
| 8. | DZIERKACZ Igor | | 05 | UKS G-8 Bielany Warszawa | | | | 4:39.91 | 590 | | | |
| | 50m: | 28.93 28.93 | 150m: | 1:37.28 | 35.94 | 250m: | 2:55.39 | 41.96 | 350m: | 4:08.31 | 31.45 | |
| | 100m: | 1:01.34 | 32.41 | 200m: | 2:13.43 | 36.15 | 300m: | 3:36.86 | 41.47 | 400m: | 4:39.91 | 31.60 |
| 9. | HAVLENA Maxim | | 04 | Sport Club Pardubice | | | | 4:41.77 | 578 | | | |
| | 50m: | 29.37 29.37 | 150m: | 1:40.33 | 37.32 | 250m: | 2:57.11 | 40.33 | 350m: | 4:10.15 | 32.72 | |
| | 100m: | 1:03.01 | 33.64 | 200m: | 2:16.78 | 36.45 | 300m: | 3:37.43 | 40.32 | 400m: | 4:41.77 | 31.62 |
| 10. | DRAHORAD Pavel | | 04 | Sport Club Pardubice | | | | 4:44.27 | 563 | | | |
| | 50m: | 28.77 28.77 | 150m: | 1:40.34 | 38.01 | 250m: | 3:00.77 | 42.75 | 350m: | 4:13.96 | 31.76 | |
| | 100m: | 1:02.33 | 33.56 | 200m: | 2:18.02 | 37.68 | 300m: | 3:42.20 | 41.43 | 400m: | 4:44.27 | 30.31 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, M cyczn, 400m zmienny

16 lat

| | | | | | | | | |
|----|----------------------|-------|---------------|------------------------------------|---------------|----------------|---------------|-------|
| 1. | POPIEL Mikołaj | | 06 | KU AZS UMCS Lublin | | 4:25.53 | 691 | |
| | 50m: 28.20 | 28.20 | 150m: 1:34.35 | 34.18 | 250m: 2:45.19 | 36.70 | 350m: 3:55.10 | 31.37 |
| | 100m: 1:00.17 | 31.97 | 200m: 2:08.49 | 34.14 | 300m: 3:23.73 | 38.54 | 400m: 4:25.53 | 30.43 |
| 2. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | 4:32.43 | 640 | |
| | 50m: 29.35 | 29.35 | 150m: 1:36.19 | 34.58 | 250m: 2:49.99 | 40.68 | 350m: 4:02.70 | 30.69 |
| | 100m: 1:01.61 | 32.26 | 200m: 2:09.31 | 33.12 | 300m: 3:32.01 | 42.02 | 400m: 4:32.43 | 29.73 |
| 3. | MIKULA Vilem | | 06 | Sport Club Pardubice | | 4:39.72 | 591 | |
| | 50m: 29.17 | 29.17 | 150m: 1:38.05 | 34.71 | 250m: 2:53.30 | 40.91 | 350m: 4:08.48 | 33.33 |
| | 100m: 1:03.34 | 34.17 | 200m: 2:12.39 | 34.34 | 300m: 3:35.15 | 41.85 | 400m: 4:39.72 | 31.24 |
| 4. | PORWIK Kacper | | 06 | UKP Unia O wi cim | | 4:42.94 | 571 | |
| | 50m: 29.96 | 29.96 | 150m: 1:41.33 | 36.66 | 250m: 2:56.86 | 38.92 | 350m: 4:10.62 | 34.07 |
| | 100m: 1:04.67 | 34.71 | 200m: 2:17.94 | 36.61 | 300m: 3:36.55 | 39.69 | 400m: 4:42.94 | 32.32 |
| 5. | SOBIECHOWSKI Kajetan | | 06 | TP Zielona Góra | | 4:45.44 | 556 | |
| | 50m: 29.31 | 29.31 | 150m: 1:41.70 | 37.90 | 250m: 3:00.77 | 42.60 | 350m: 4:14.91 | 31.78 |
| | 100m: 1:03.80 | 34.49 | 200m: 2:18.17 | 36.47 | 300m: 3:43.13 | 42.36 | 400m: 4:45.44 | 30.53 |
| 6. | BURZY SKI Oskar | | 06 | MKP Szczecin | | 4:51.14 | 524 | |
| | 50m: 30.29 | 30.29 | 150m: 1:44.41 | 39.28 | 250m: 3:02.07 | 40.86 | 350m: 4:18.34 | 33.95 |
| | 100m: 1:05.13 | 34.84 | 200m: 2:21.21 | 36.80 | 300m: 3:44.39 | 42.32 | 400m: 4:51.14 | 32.80 |
| 7. | CHABOWSKI Nathaniel | | 06 | UKS abianka Gda sk | | 4:52.68 | 516 | |
| | 50m: 30.57 | 30.57 | 150m: 1:43.62 | 37.27 | 250m: 3:03.36 | 43.10 | 350m: 4:20.44 | 33.37 |
| | 100m: 1:06.35 | 35.78 | 200m: 2:20.26 | 36.64 | 300m: 3:47.07 | 43.71 | 400m: 4:52.68 | 32.24 |
| 8. | URBA SKI Maciej | | 06 | Mokotowski UKP Warszawianka- Wodny | | 4:55.25 | 503 | |
| | 50m: 28.83 | 28.83 | 150m: 1:43.04 | 39.12 | 250m: 3:04.62 | 42.74 | 350m: 4:23.02 | 34.38 |
| | 100m: 1:03.92 | 35.09 | 200m: 2:21.88 | 38.84 | 300m: 3:48.64 | 44.02 | 400m: 4:55.25 | 32.23 |
| 9. | GORZE Norbert | | 06 | Uks Cityzen | | 5:00.36 | 477 | |
| | 50m: 31.67 | 31.67 | 150m: 1:48.11 | 38.99 | 250m: 3:08.44 | 43.45 | 350m: 4:27.45 | 34.43 |
| | 100m: 1:09.12 | 37.45 | 200m: 2:24.99 | 36.88 | 300m: 3:53.02 | 44.58 | 400m: 5:00.36 | 32.91 |

15 lat

| | | | | | | | | |
|----|--------------------|-------|---------------|-------------------------|---------------|----------------|---------------|-------|
| 1. | WI NIEWSKI Wiktor | | 07 | UKP Unia O wi cim | | 4:40.23 | 588 | |
| | 50m: 29.91 | 29.91 | 150m: 1:41.11 | 37.41 | 250m: 2:57.68 | 40.16 | 350m: 4:09.41 | 32.41 |
| | 100m: 1:03.70 | 33.79 | 200m: 2:17.52 | 36.41 | 300m: 3:37.00 | 39.32 | 400m: 4:40.23 | 30.82 |
| 2. | TARCZY SKI Bartosz | | 07 | UKS 190 Łód | | 4:43.30 | 569 | |
| | 50m: 31.06 | 31.06 | 150m: 1:44.13 | 38.24 | 250m: 2:59.13 | 39.18 | 350m: 4:11.78 | 33.24 |
| | 100m: 1:05.89 | 34.83 | 200m: 2:19.95 | 35.82 | 300m: 3:38.54 | 39.41 | 400m: 4:43.30 | 31.52 |
| 3. | KOZŁOWSKI Julian | | 07 | MKS „Astoria” Bydgoszcz | | 4:45.62 | 555 | |
| | 50m: 30.10 | 30.10 | 150m: 1:41.59 | 36.74 | 250m: 2:58.04 | 39.91 | 350m: 4:12.74 | 33.79 |
| | 100m: 1:04.85 | 34.75 | 200m: 2:18.13 | 36.54 | 300m: 3:38.95 | 40.91 | 400m: 4:45.62 | 32.88 |

DYSKW. OŁOWNIA Ignacy 07 KS Delfin Gdynia
Z3 - *Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., /K16*

14 lat

| | | | | | | | | |
|----|---------------------|-------|---------------|------------------------------|---------------|----------------|---------------|-------|
| 1. | JOACHIMOWICZ Patryk | | 08 | KU AZS UMCS Lublin | | 4:44.49 | 562 | |
| | 50m: 29.48 | 29.48 | 150m: 1:40.77 | 36.77 | 250m: 2:57.25 | 40.71 | 350m: 4:12.11 | 33.51 |
| | 100m: 1:04.00 | 34.52 | 200m: 2:16.54 | 35.77 | 300m: 3:38.60 | 41.35 | 400m: 4:44.49 | 32.38 |
| 2. | PAWLAK Dawid | | 08 | UKS 190 Łód | | 4:58.93 | 484 | |
| | 50m: 32.14 | 32.14 | 150m: 1:49.14 | 40.07 | 250m: 3:09.22 | 41.53 | 350m: 4:25.93 | 35.28 |
| | 100m: 1:09.07 | 36.93 | 200m: 2:27.69 | 38.55 | 300m: 3:50.65 | 41.43 | 400m: 4:58.93 | 33.00 |
| 3. | FEDERKIEWICZ Hubert | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | 5:03.32 | 463 | |
| | 50m: 31.87 | 31.87 | 150m: 1:47.45 | 39.07 | 250m: 3:10.15 | 44.58 | 350m: 4:30.09 | 34.87 |
| | 100m: 1:08.38 | 36.51 | 200m: 2:25.57 | 38.12 | 300m: 3:55.22 | 45.07 | 400m: 5:03.32 | 33.23 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, Chłopców, 400m zmienny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|---------------------|-------------|---------|---------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 4. | TRUDNOS Ignacy | | 08 | UKS 190 Łód | | | | 5:05.77 | 452 | | | |
| | 50m: | 32.45 32.45 | 150m: | 1:51.18 | 39.92 | 250m: | 3:12.50 | 42.04 | 350m: | 4:31.72 | 36.46 | |
| | 100m: | 1:11.26 | 38.81 | 200m: | 2:30.46 | 39.28 | 300m: | 3:55.26 | 42.76 | 400m: | 5:05.77 | 34.05 |
| 5. | KOWALCZYK Sebastian | | 08 | UKS G-8 Bielany Warszawa | | | | 5:10.45 | 432 | | | |
| | 50m: | 31.45 31.45 | 150m: | 1:47.38 | 38.51 | 250m: | 3:10.82 | 45.67 | 350m: | 4:35.21 | 38.35 | |
| | 100m: | 1:08.87 | 37.42 | 200m: | 2:25.15 | 37.77 | 300m: | 3:56.86 | 46.04 | 400m: | 5:10.45 | 35.24 |
| 6. | JARECKI Bartosz | | 08 | UKS 48 Warszawa ródmi cie | | | | 5:10.50 | 432 | | | |
| | 50m: | 31.77 31.77 | 150m: | 1:50.79 | 40.60 | 250m: | 3:13.97 | 43.94 | 350m: | 4:36.08 | 36.83 | |
| | 100m: | 1:10.19 | 38.42 | 200m: | 2:30.03 | 39.24 | 300m: | 3:59.25 | 45.28 | 400m: | 5:10.50 | 34.42 |
| 7. | LECYK Jakub | | 08 | MKP Astromal-Leszno | | | | 5:36.15 | 340 | | | |
| | 50m: | 35.75 35.75 | 150m: | 1:59.53 | 43.81 | 250m: | 3:26.40 | 44.99 | 350m: | 4:55.68 | 43.26 | |
| | 100m: | 1:15.72 | 39.97 | 200m: | 2:41.41 | 41.88 | 300m: | 4:12.42 | 46.02 | 400m: | 5:36.15 | 40.47 |

Konkurencja 3

Kobiet, 50m dowolny

14 lat i starsi

2022.11.12 - 9:34

Wyniki

| | | | | | |
|--|-------|------------------|-----|--------------------|------------|
| Rekord Polski | 23.10 | WASICK Katarzyna | POL | Indianapolis (USA) | 2022.11.04 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 23.94 / Min. do sztafety na M (25m) Melbourne 2022 Open: 24.18 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-----------------|-------------------------|--|---------|--|--|--|--|--------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | DOWGIERT Anna | | 90 | KS Warta Pozna | | | | 24.75 | 795 |
| 2. | MAIK Julia | | 03 | Kaliski Klub Sportowy „Włókniarz” 1925 | | | | 25.34 | 740 |
| 3. | GRACJASZ Wiktoria | | 08 | UKS „Jasie ” Sucha Beskidzka | | | | 25.93 | 691 |
| 4. | NABOJ ENKO Daryna | | 02 | Ústecká akademie plaveckých sport | | | | 25.95 | 689 |
| 5. | TYMI SKA Zofia | | 04 | UKP „Polonia Warszawa” | | | | 26.04 | 682 |
| 6. | CIERPIAŁOWSKA Paulina | | 05 | KS Barrakuda Gda sk | | | | 26.08 | 679 |
| 7. | DOM ALSKA Wiktoria | | 00 | AZS AWF Katowice | | | | 26.15 | 674 |
| 8. | WO NIAK Zofia | | 01 | KU AZS Uniwersytetu Warszawskiego | | | | 26.24 | 667 |
| 9. | LEWANDOWSKA Natalia | | 01 | KS „OLIMPIA” Lublin | | | | 26.26 | 665 |
| 10. | JANISZEWSKA Natalia | | 06 | WKS I sk | | | | 26.51 | 647 |
| 11. | CIEPLAK Aleksandra | | 01 | AZS AWF Katowice | | | | 26.57 | 642 |
| 12. | BUBNOWICZ Waleria | | 06 | Grudzi dzki KP „Orka” | | | | 26.85 | 622 |
| 13. | CRHOVA Charlene Daniela | | 08 | Sport Club Pardubice | | | | 27.04 | 609 |
| 14. | WI TEK Joanna | | 02 | UKS "Feniks" D bica | | | | 27.10 | 605 |
| 15. | CHALUPOVA Adela | | 06 | Sport Club Pardubice | | | | 27.14 | 603 |
| | JANASZEK-SEYDLITZ Zofia | | 06 | UKS „GIM 92 Ursynów” | | | | 27.14 | 603 |
| 17. | BATÓG Dominika | | 05 | UKS abianka Gda sk | | | | 27.23 | 597 |
| 18. | GAJDOWSKA Agnieszka | | 95 | KS Rekin wiebodzice | | | | 27.25 | 595 |
| 19. | MICHALSKA Julia | | 05 | WKS I sk | | | | 27.26 | 595 |
| 20. | MIKOŁAJCZAK Malwina | | 06 | KS Posnania Pozna | | | | 27.32 | 591 |
| | BERNAT Laura | | 05 | KU AZS UMCS Lublin | | | | 27.32 | 591 |
| 22. | NOWAK Gabriela | | 05 | MUKS "Pi tnastka” | | | | 27.38 | 587 |
| 23. | KOLA CZYK Wiktoria | | 06 | KS Posnania Pozna | | | | 27.47 | 581 |
| | ŁUCZAK Dominika | | 02 | TP Zielona Góra | | | | 27.47 | 581 |
| | WO NICA Milena | | 04 | UKS abianka Gda sk | | | | 27.47 | 581 |
| 26. | HELLAK Emilia | | 03 | KS SWIM-ART Wrocław | | | | 27.54 | 577 |
| | HLUSHCHENKO Varvara | | 08 | UKS 190 Łód | | | | 27.54 | 577 |
| 28. | KRÓLIK Adrianna | | 04 | MKP Szczecin | | | | 27.56 | 575 |
| 29. | DOLATA Olga | | 08 | KS Posnania Pozna | | | | 27.57 | 575 |
| 30. | SZOPA Natalia | | 07 | UKP Gryf D bica | | | | 27.60 | 573 |
| 31. | GULCZY SKA Natalia | | 07 | Uks Cityzen | | | | 27.65 | 570 |
| 32. | SKALI SKA Ewa | | 05 | IKS Konstancin | | | | 27.69 | 567 |
| 33. | CHMIELEWSKA Aleksandra | | 06 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | | | | 27.76 | 563 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|--|--------------|------|
| 34. | NOWAK Zofia | 03 | AZS AWF Warszawa | 27.81 | 560 |
| | KALKOWSKA Julia | 05 | MUKS "Pi tnastrka" | 27.81 | 560 |
| 36. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 27.88 | 556 |
| 37. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 27.90 | 555 |
| 38. | GŁOWACKA Weronika | 06 | IKS Konstancin | 27.95 | 552 |
| 39. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 28.01 | 548 |
| 40. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów" | 28.07 | 545 |
| 41. | DOPART Marcelina | 03 | AZS AWF Warszawa | 28.09 | 543 |
| | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 28.09 | 543 |
| 43. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wodny | 28.14 | 541 |
| 44. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 28.16 | 539 |
| 45. | RENNER Laura | 08 | KU AZS UAM Pozna | 28.22 | 536 |
| 46. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wodny | 28.25 | 534 |
| 47. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 28.26 | 534 |
| 48. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 28.27 | 533 |
| | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 50. | PIECHOTA Paulina | 99 | UKS 190 Łód | 28.29 | 532 |
| 51. | RYFKA Maja | 06 | SMS O wi cim | 28.30 | 531 |
| | BORYCZKA Amelia | 08 | WKS I sk | 28.30 | 531 |
| 53. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 28.31 | 531 |
| 54. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | 28.33 | 530 |
| | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa" | 28.33 | 530 |
| 56. | DZIADEK Amelia | 05 | KS Warta Pozna | 28.39 | 526 |
| 57. | POŁOK Dominika | 07 | UKS MOS w Opolu | 28.40 | 526 |
| 58. | MICHALSKA Weronika | 06 | Uks Cityzen | 28.41 | 525 |
| 59. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 28.45 | 523 |
| 60. | KOSSOWSKA Julita | 05 | UKS 190 Łód | 28.50 | 520 |
| 61. | HUBERT Julia | 06 | MKP Szczecin | 28.52 | 519 |
| | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wodny | 28.52 | 519 |
| 63. | RUSSEK Agata | 03 | KU AZS Uniwersytetu Warszawskiego | 28.53 | 519 |
| 64. | SPYCHALSKA Dominika | 08 | KP Aquapark W growiec | 28.56 | 517 |
| 65. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 28.57 | 516 |
| 66. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 28.60 | 515 |
| 67. | RYBACKA Małgorzata | 08 | KS Posnania Pozna | 28.61 | 514 |
| 68. | WI TEK Amelia | 08 | WKS I sk | 28.65 | 512 |
| 69. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 28.71 | 509 |
| 70. | JANIK Julia | 06 | UKS 190 Łód | 28.76 | 506 |
| 71. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" | 28.77 | 506 |
| 72. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 28.79 | 505 |
| 73. | RACZY SKA Wiktoria | 04 | AZS UŁ PŁ Łód | 28.83 | 503 |
| | WORONIECKA Emilia | 05 | MUKS "Pi tnastrka" | 28.83 | 503 |
| 75. | DOLGUN Maryia | 07 | MKP Szczecin | 28.87 | 501 |
| 76. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 28.89 | 499 |
| | WACHOWIAK Zofia | 04 | MKS „Astoria" Bydgoszcz | 28.89 | 499 |
| 78. | MAKOWSKA Maria | 07 | MKP Szczecin | 28.95 | 496 |
| 79. | TOMASZEWSKA Maria | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.03 | 492 |
| 80. | POŁE Hanna | 07 | MKS Trójka Łód | 29.04 | 492 |
| 81. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 29.06 | 491 |
| 82. | JO KO Julita | 04 | UKS "ORKA" Luba | 29.14 | 487 |
| 83. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wodny | 29.23 | 482 |
| 84. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 29.26 | 481 |
| 85. | GRACKA Hanna | 07 | MKP Szczecin | 29.29 | 479 |
| 86. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wodny | 29.31 | 478 |
| 87. | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | 29.33 | 477 |
| 88. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastrka" | 29.34 | 477 |
| 89. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 29.35 | 476 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|---------------------------|---------------------------------------|--------------|------|
| 90. ŁOBODA Maria | 08 Uks Cityzen | 29.37 | 475 |
| MOLAK Aniela | 07 UKS Ostrobramska | 29.37 | 475 |
| 92. RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 29.38 | 475 |
| 93. MICHALSKA Pola | 07 Mokotowski UKP Warszawianka- Wodny | 29.41 | 473 |
| 94. WALCZAK Nadia | 06 TP Olimpijczyk Aleksandrów Łódzki | 29.42 | 473 |
| 95. MI KUS Alicja | 06 UKS Ostrobramska | 29.44 | 472 |
| 96. SKORYKOW Lena | 08 UKS Ostrobramska | 29.45 | 472 |
| 97. ZABRANIAK Karina | 08 MKP Szczecin | 29.61 | 464 |
| 98. STANKO Khrystyna | 08 MUKS "Pi tnastka" | 29.84 | 453 |
| 99. PLUTA Aleksandra | 07 KS SWIM-ART Wrocław | 29.90 | 451 |
| 100. WICHULSKA Małgorzata | 07 Mokotowski UKP Warszawianka- Wodny | 29.91 | 450 |
| 101. CHUMACHENKO Daryna | 06 MKP Szczecin | 30.05 | 444 |
| JAWORSKA Wiktoria | 05 MUKS "Pi tnastka" | 30.05 | 444 |
| 103. SZYSZKO Karolina | 03 UKP „Polonia Warszawa" | 30.11 | 441 |
| 104. LUTKOWSKA Pola | 07 MUKS "Pi tnastka" | 30.22 | 436 |
| 105. KRYSTEK Jagoda | 08 SKS 137 Delfin Łód | 30.25 | 435 |
| 106. KULCZY SKA Adriana | 06 MUKS "Pi tnastka" | 30.28 | 434 |
| 107. BELZYT Maja | 08 UKS abianka Gda sk | 30.33 | 432 |
| 108. WARSKI SKA Julia | 07 MUKS "Pi tnastka" | 30.40 | 429 |
| 109. SOCHA Maria | 07 UKS Ostrobramska | 30.48 | 425 |
| 110. SIEDLECKA Alicja | 07 KS Warta Pozna | 30.49 | 425 |
| 111. KRUTUL Aga | 08 MKS Znicz Koszalin | 30.65 | 418 |
| 112. BRUCKA Julia | 06 MUKS "Pi tnastka" | 30.68 | 417 |
| 113. KOZIEJSKA Zuzanna | 08 MKP „SŁOWIANKA" Gorzów Wlkp. | 30.71 | 416 |
| 114. MYKA Natalia | 08 MKP „SŁOWIANKA" Gorzów Wlkp. | 30.78 | 413 |
| 115. TRAFALSKA Zuzanna | 07 UKS 190 Łód | 30.80 | 412 |
| 116. WASYLISZYN Julia | 04 UKS "ORKA" Luba | 30.91 | 408 |
| 117. WAWRZYNIAK Julia | 07 Grupa 5Styl | 31.39 | 389 |
| 118. CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 31.47 | 386 |
| 119. ŁAB CKA Jolanta | 07 UKS Ostrobramska | 31.62 | 381 |
| 120. KOWALSKA Lena | 08 UKS abianka Gda sk | 31.73 | 377 |
| 121. NAJI Kamila | 08 MKS Trójka Łód | 32.07 | 365 |
| 122. POLI SKA Natalia | 07 MKS Trójka Łód | 32.17 | 362 |
| 123. WITKOWSKA Alicja | 08 MKP „SŁOWIANKA" Gorzów Wlkp. | 32.84 | 340 |
| 124. ZAKRZEWSKA Oliwia | 04 Mokotowski UKP Warszawianka- Wodny | 33.64 | 316 |
| 125. KUNKEL Celina | 08 Dwójka Morena Gda sk | 34.35 | 297 |
| 126. TRELKA Zuzanna | 08 Dwójka Morena Gda sk | 36.59 | 246 |
| NW SMEKTAŁA Oliwia | 04 KS Warta Pozna | | |
| NW ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | |

17 - 18 lat

| | | | |
|--------------------------|---------------------------------|--------------|-----|
| 1. TYMI SKA Zofia | 04 UKP „Polonia Warszawa" | 26.04 | 682 |
| 2. CIERPIAŁOWSKA Paulina | 05 KS Barrakuda Gda sk | 26.08 | 679 |
| 3. BATÓG Dominika | 05 UKS abianka Gda sk | 27.23 | 597 |
| 4. MICHALSKA Julia | 05 WKS I sk | 27.26 | 595 |
| 5. BERNAT Laura | 05 KU AZS UMCS Lublin | 27.32 | 591 |
| 6. NOWAK Gabriela | 05 MUKS "Pi tnastka" | 27.38 | 587 |
| 7. WO NICA Milena | 04 UKS abianka Gda sk | 27.47 | 581 |
| 8. KRÓLIK Adrianna | 04 MKP Szczecin | 27.56 | 575 |
| 9. SKALI SKA Ewa | 05 IKS Konstancin | 27.69 | 567 |
| 10. KALKOWSKA Julia | 05 MUKS "Pi tnastka" | 27.81 | 560 |
| 11. PRZYBYLSKA Maja | 05 UKS „GIM 92 Ursynów" | 28.07 | 545 |
| 12. MAZUR Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 28.27 | 533 |
| 13. DZIADEK Amelia | 05 KS Warta Pozna | 28.39 | 526 |
| 14. KOSSOWSKA Julita | 05 UKS 190 Łód | 28.50 | 520 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|----------------------|---------|--|---------------|------|
| 15. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" | 28.77 | 506 |
| 16. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 28.79 | 505 |
| 17. | RACZY SKA Wiktoria | 04 | AZS UŁ PŁ Łód | 28.83 | 503 |
| | WORONIECKA Emilia | 05 | MUKS "Pi tnaстка" | 28.83 | 503 |
| 19. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 28.89 | 499 |
| | WACHOWIAK Zofia | 04 | MKS „Astoria" Bydgoszcz | 28.89 | 499 |
| 21. | JO KO Julita | 04 | UKS "ORKA" Luba | 29.14 | 487 |
| 22. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 29.26 | 481 |
| 23. | STUDZI SKA Nadia | 04 | MUKS "Pi tnaстка" | 29.34 | 477 |
| 24. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnaстка" | 29.38 | 475 |
| 25. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnaстка" | 30.05 | 444 |
| 26. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 30.91 | 408 |
| 27. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wodny | F33.64 | 316 |
| NW | SMEKTAŁA Oliwia | 04 | KS Warta Pozna | | |

16 lat

| | | | | | |
|-----|-------------------------|----|--|---------------|-----|
| 1. | JANISZEWSKA Natalia | 06 | WKS I sk | 26.51 | 647 |
| 2. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka" | 26.85 | 622 |
| 3. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 27.14 | 603 |
| | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 27.14 | 603 |
| 5. | MIKOŁAJCZAK Malwina | 06 | KS Posnania Pozna | 27.32 | 591 |
| 6. | KOLA CZYK Wiktoria | 06 | KS Posnania Pozna | 27.47 | 581 |
| 7. | CHMIELEWSKA Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 27.76 | 563 |
| 8. | GŁOWACKA Weronika | 06 | IKS Konstancin | 27.95 | 552 |
| 9. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wodny | F28.14 | 541 |
| 10. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wodny | F28.25 | 534 |
| 11. | RYFKA Maja | 06 | SMS O wi cim | 28.30 | 531 |
| 12. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 28.31 | 531 |
| 13. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa" | 28.33 | 530 |
| 14. | MICHALSKA Weronika | 06 | Uks Cityzen | 28.41 | 525 |
| 15. | HUBERT Julia | 06 | MKP Szczecin | 28.52 | 519 |
| 16. | JANIK Julia | 06 | UKS 190 Łód | 28.76 | 506 |
| 17. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 29.42 | 473 |
| 18. | MI KUS Alicja | 06 | UKS Ostrobramska | 29.44 | 472 |
| 19. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 30.05 | 444 |
| 20. | KULCZY SKA Adriana | 06 | MUKS "Pi tnaстка" | 30.28 | 434 |
| 21. | BRUCKA Julia | 06 | MUKS "Pi tnaстка" | 30.68 | 417 |
| 22. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.47 | 386 |
| NW | ŁYSAKOWSKA Karina | 06 | MKS Trójka Łód | | |

15 lat

| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | SZOPA Natalia | 07 | UKP Gryf D bica | 27.60 | 573 |
| 2. | GULCZY SKA Natalia | 07 | Uks Cityzen | 27.65 | 570 |
| 3. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 27.88 | 556 |
| 4. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 27.90 | 555 |
| 5. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 28.01 | 548 |
| 6. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 28.16 | 539 |
| 7. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 28.26 | 534 |
| 8. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 9. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | 28.33 | 530 |
| 10. | POŁOK Dominika | 07 | UKS MOS w Opolu | 28.40 | 526 |
| 11. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 28.45 | 523 |
| 12. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wodny | F28.52 | 519 |
| 13. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 28.60 | 515 |
| 14. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 28.71 | 509 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Dziewcz t, 50m dowolny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|---------------|------|
| 15. | 07 | DOLGUN Maryia MKP Szczecin | 28.87 | 501 |
| 16. | 07 | MAKOWSKA Maria MKP Szczecin | 28.95 | 496 |
| 17. | 07 | POŁE Hanna MKS Trójka Łód | 29.04 | 492 |
| 18. | 07 | TOMKIEL Anna Mokotowski UKP Warszawianka- Wodny | F29.23 | 482 |
| 19. | 07 | GRACKA Hanna MKP Szczecin | 29.29 | 479 |
| 20. | 07 | ORASZEK Karolina Mokotowski UKP Warszawianka- Wodny | F29.31 | 478 |
| 21. | 07 | MOLAK Aniela UKS Ostrobramska | 29.37 | 475 |
| 22. | 07 | MICHALSKA Pola Mokotowski UKP Warszawianka- Wodny | F29.41 | 473 |
| 23. | 07 | PLUTA Aleksandra KS SWIM-ART Wrocław | 29.90 | 451 |
| 24. | 07 | WICHULSKA Małgorzata Mokotowski UKP Warszawianka- Wodny | F29.91 | 450 |
| 25. | 07 | LUTKOWSKA Pola MUKS "Pi tnastrka" | 30.22 | 436 |
| 26. | 07 | WARSI SKA Julia MUKS "Pi tnastrka" | 30.40 | 429 |
| 27. | 07 | SOCHA Maria UKS Ostrobramska | 30.48 | 425 |
| 28. | 07 | SIEDLECKA Alicja KS Warta Pozna | 30.49 | 425 |
| 29. | 07 | TRAFALSKA Zuzanna UKS 190 Łód | 30.80 | 412 |
| 30. | 07 | WAWRZYNIAK Julia Grupa 5Styl | 31.39 | 389 |
| 31. | 07 | ŁAB CKA Jolanta UKS Ostrobramska | 31.62 | 381 |
| 32. | 07 | POLI SKA Natalia MKS Trójka Łód | 32.17 | 362 |

14 lat

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 08 | GRACJASZ Wiktoria UKS „Jasie ” Sucha Beskidzka | 25.93 | 691 |
| 2. | 08 | CRHOVA Charlene Daniela Sport Club Pardubice | 27.04 | 609 |
| 3. | 08 | HLUSHCHENKO Varvara UKS 190 Łód | 27.54 | 577 |
| 4. | 08 | DOLATA Olga KS Posnania Pozna | 27.57 | 575 |
| 5. | 08 | MAJEWSKA Martyna MKS Znicz Koszalin | 28.09 | 543 |
| 6. | 08 | RENNER Laura KU AZS UAM Pozna | 28.22 | 536 |
| 7. | 08 | BORYCZKA Amelia WKS I sk | 28.30 | 531 |
| 8. | 08 | SPYCHALSKA Dominika KP Aquapark W growiec | 28.56 | 517 |
| 9. | 08 | KONDRASIUK Zofia UKS „GIM 92 Ursynów" | 28.57 | 516 |
| 10. | 08 | RYBACKA Małgorzata KS Posnania Pozna | 28.61 | 514 |
| 11. | 08 | WI TEK Amelia WKS I sk | 28.65 | 512 |
| 12. | 08 | TOMASZEWSKA Maria MKP „SŁOWIANKA" Gorzów Wlkp. | 29.03 | 492 |
| 13. | 08 | JADCZUK Estella MKS Znicz Koszalin | 29.06 | 491 |
| 14. | 08 | CHUKHNO Kateryna UKS abianka Gda sk | 29.33 | 477 |
| 15. | 08 | DEREWECKA Kamila MKS Znicz Koszalin | 29.35 | 476 |
| 16. | 08 | ŁOBODA Maria Uks Cityzen | 29.37 | 475 |
| 17. | 08 | SKORYKOW Lena UKS Ostrobramska | 29.45 | 472 |
| 18. | 08 | ZABRANIAK Karina MKP Szczecin | 29.61 | 464 |
| 19. | 08 | STANKO Khrystyna MUKS "Pi tnastrka" | 29.84 | 453 |
| 20. | 08 | KRYSTEK Jagoda SKS 137 Delfin Łód | 30.25 | 435 |
| 21. | 08 | BELZYT Maja UKS abianka Gda sk | 30.33 | 432 |
| 22. | 08 | KRUTUL Aga MKS Znicz Koszalin | 30.65 | 418 |
| 23. | 08 | KOZIEJSKA Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 30.71 | 416 |
| 24. | 08 | MYKA Natalia MKP „SŁOWIANKA" Gorzów Wlkp. | 30.78 | 413 |
| 25. | 08 | KOWALSKA Lena UKS abianka Gda sk | 31.73 | 377 |
| 26. | 08 | NAJI Kamila MKS Trójka Łód | 32.07 | 365 |
| 27. | 08 | WITKOWSKA Alicja MKP „SŁOWIANKA" Gorzów Wlkp. | 32.84 | 340 |
| 28. | 08 | KUNKEL Celina Dwójka Morena Gda sk | 34.35 | 297 |
| 29. | 08 | TRELKA Zuzanna Dwójka Morena Gda sk | 36.59 | 246 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4 M ężczyzn, 50m dowolny 14 lat i starsi
2022.11.12 - 9:40 Wyniki

Rekord Polski 20.79 CZERNIAK Konrad POL Lublin 2015.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 21.22 / Min. do sztafety na M (25m) Melbourne 2022 Open: 21.43

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|-----------------------|---------------------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | JURASZEK Paweł | 94 AZS AWF Katowice | 21.26 | 852 |
| 2. | OSTROWSKI Karol | 99 MKP Szczecin | 21.60 | 813 |
| 3. | MAJCHRZAK Kacper | 92 KS Warta Pozna | 22.03 | 766 |
| 4. | LUDWICZAK Piotr | 96 AZS AWF Katowice | 22.09 | 760 |
| 5. | SMOLI SKI Paweł | 01 AZS AWF Katowice | 22.12 | 757 |
| 6. | CHOWANIEC Mateusz | 03 AZS AWF Katowice | 22.17 | 751 |
| 7. | MISIAK Szymon | 05 UKS Shark Rudna | 22.40 | 729 |
| 8. | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 22.47 | 722 |
| 9. | DUDYS Dominik | 02 AZS AWF Katowice | 22.51 | 718 |
| 10. | BIERO SKI Michał | 99 MKP Szczecin | 22.56 | 713 |
| 11. | RÓ YCKI Szymon | 05 UKS „GIM 92 Ursynów" | 22.70 | 700 |
| 12. | JAWORSKI Szymon | 01 AZS AWF Katowice | 22.93 | 679 |
| 13. | TKACZ Wiktor | 05 MKS Piaseczno | 23.00 | 673 |
| 14. | KĄŁUSOWSKI Jan | 00 MKS Trójka Łód | 23.09 | 665 |
| 15. | DUDKOWIAK Bartłomiej | 04 UKS Aquatica Pawłowice | 23.14 | 661 |
| 16. | KRUCKI Kajetan | 06 KS Posnania Pozna | 23.18 | 657 |
| 17. | ZIELI SKI Konrad | 03 UKS 190 Łód | 23.20 | 656 |
| 18. | KOLA CZYK Kacper | 02 MKP Szczecin | 23.23 | 653 |
| 19. | ST PNIAK Kacper | 99 KU AZS Uniwersytetu Warszawskiego | 23.25 | 651 |
| | CZESZEWSKI Krystian | 01 MKP Szczecin | 23.25 | 651 |
| 21. | STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 23.35 | 643 |
| 22. | CHUPKA Patryk | 05 WKS I sk | 23.52 | 629 |
| 23. | KUCA Przemysław | 94 KS Warta Pozna | 23.55 | 627 |
| 24. | PIETRO Przemysław | 07 KU AZS UMCS Lublin | 23.57 | 625 |
| 25. | CZAPLA Kacper | 04 MKP Szczecin | 23.64 | 620 |
| 26. | MALIK Dawid | 06 UKS G-8 Bielany Warszawa | 23.69 | 616 |
| 27. | STY Aleksander | 06 UKP „Polonia Warszawa" | 23.72 | 613 |
| 28. | HETMAN Mikołaj | 07 MUKS "Pi tnastka" | 23.73 | 613 |
| 29. | ROMANOWSKI Dawid | 03 UKS Pi tka Konstanyńów Łódzki | 23.74 | 612 |
| 30. | JUCHNO Mikołaj | 05 IKS Konstancin | 23.75 | 611 |
| | PASZKOWSKI Bła ej | 06 KU AZS UMCS Lublin | 23.75 | 611 |
| 32. | BRYŁA Kamil | 99 AZS AWF Katowice | 23.76 | 610 |
| 33. | SEMERÁ Milan | 05 KPS Ostrava | 23.79 | 608 |
| 34. | WO NIAK Maciej | 00 UKS 190 Łód | 23.80 | 607 |
| 35. | SHYPIN Aliaksandr | 07 UKS G-8 Bielany Warszawa | 23.81 | 607 |
| 36. | LECHOWICZ Filip | 97 UKS "Feniks" D bica | 23.85 | 603 |
| 37. | JACKIEWICZ Piotr | 08 UKS G-8 Bielany Warszawa | 23.91 | 599 |
| 38. | PAWŁOWSKI Michał | 05 UKS "V" Łomianki | 23.92 | 598 |
| 39. | BEBEROK Filip | 00 AZS AWF Katowice | 23.93 | 597 |
| 40. | LIPIEC Maciej | 06 WKS I sk | 23.95 | 596 |
| 41. | BELZYT Maksymilian | 05 UKS abianka Gda sk | 24.01 | 591 |
| 42. | ŁANGOWSKI Maciej | 02 KS Warta Pozna | 24.02 | 591 |
| 43. | CIESIELSKI Artur | 04 AZS UŁ PŁ Łód | 24.05 | 589 |
| 44. | WAŁCERZ Maksymilian | 04 MKP „SŁOWIANKA" Gorzów Wlkp. | 24.06 | 588 |
| 45. | ZINKOVSKYI Nestor | 05 MKS Trójka Łód | 24.22 | 576 |
| 46. | POPOW Igor | 06 Mokotowski UKP Warszawianka- Wodny | 24.24 | 575 |
| 47. | MOC Albert | 04 Sport Club Pardubice | 24.25 | 574 |
| 48. | G SIOROWSKI Michał | 03 UKS „GIM 92 Ursynów" | 24.30 | 571 |
| 49. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 24.37 | 566 |
| 50. | SZCZ SNY Stanisław | 05 UKS "V" Łomianki | 24.42 | 562 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, M cyczny, 50m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---------------------------------|---------|--|--------------|------|
| 51. | KNOPP Jarosław | 04 | MUKS "Pi tnastrka" | 24.44 | 561 |
| 52. | BILSKI Bartosz | 02 | KS SWIM-ART Wrocław | 24.46 | 559 |
| | WITT Piotr | 91 | KS Warta Pozna | 24.46 | 559 |
| 54. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 24.49 | 557 |
| 55. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 24.54 | 554 |
| 56. | SKIERSKI Radosław | 00 | KS AZS AGH Kraków | 24.62 | 549 |
| 57. | PI TEK Olivier | 04 | MUKS "Pi tnastrka" | 24.65 | 547 |
| 58. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | 24.66 | 546 |
| | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa" | 24.66 | 546 |
| | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 24.66 | 546 |
| 61. | PINKOSZ Mateusz | 98 | KS AZS AWF Wrocław | 24.69 | 544 |
| 62. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 24.70 | 543 |
| | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 24.70 | 543 |
| 64. | NOVOTNY Adam | 07 | Sport Club Pardubice | 24.71 | 543 |
| | FILIPIAK Grzegorz | 03 | KS AZS AWF Wrocław | 24.71 | 543 |
| 66. | SETLAK Marcel | 05 | UKS abianka Gda sk | 24.73 | 541 |
| 67. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 24.74 | 541 |
| 68. | REDZI SKI VEL RYDZY SKI Mateusz | 07 | UKP „Polonia Warszawa" | 24.81 | 536 |
| 69. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 24.82 | 535 |
| 70. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 24.83 | 535 |
| 71. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 24.86 | 533 |
| 72. | M DREK Krzysztof | 06 | UKS „Omega" Olkusz | 24.87 | 532 |
| 73. | ZDANOWSKI Filip | 02 | AZS AWF Warszawa | 24.91 | 530 |
| | MY LIWIEC Bartosz | 04 | MKP Szczecin | 24.91 | 530 |
| 75. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 24.93 | 528 |
| 76. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 24.95 | 527 |
| 77. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 24.96 | 526 |
| 78. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 24.98 | 525 |
| | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 24.98 | 525 |
| 80. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 25.01 | 523 |
| | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 25.01 | 523 |
| 82. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródemie cie | 25.02 | 523 |
| | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 25.02 | 523 |
| 84. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 25.04 | 521 |
| 85. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstancynów Łódzki | 25.06 | 520 |
| 86. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 25.07 | 520 |
| 87. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 25.08 | 519 |
| 88. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 25.10 | 518 |
| 89. | PAWLAK Hubert | 03 | UKS Pi tka Konstancynów Łódzki | 25.11 | 517 |
| 90. | WIEK Bła ej | 05 | UKS abianka Gda sk | 25.16 | 514 |
| 91. | LICKUN Tycjan | 05 | MKP Szczecin | 25.24 | 509 |
| 92. | PERA Jan | 07 | MKP „SŁOWIANKA" Gorzów Wlkp. | 25.33 | 504 |
| 93. | KRYSIK Kacper | 04 | MKS Trójka Łód | 25.35 | 502 |
| 94. | MENTEL Igor | 08 | KS Delfin Gdynia | 25.37 | 501 |
| | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa" | 25.37 | 501 |
| 96. | KUSEK Mateusz | 07 | Mi dzyszkołny UKS „Olimpijczyk" Suwałk | 25.38 | 501 |
| 97. | ZAPERT Korneliusz | 00 | KS AZS AWF Wrocław | 25.40 | 500 |
| 98. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 25.41 | 499 |
| 99. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 25.44 | 497 |
| 100. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 25.50 | 494 |
| 101. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 25.51 | 493 |
| 102. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 25.52 | 492 |
| 103. | GERMANEK Alexander | 04 | MKP Szczecin | 25.62 | 487 |
| 104. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 25.68 | 483 |
| 105. | POR BA Krzysztof | 07 | WKS l sk | 25.74 | 480 |
| 106. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 25.85 | 474 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, M czyzn, 50m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|-----------------------------------|--------------|------|
| 107. | SAWI SKI Michał | 07 | ORKA Szamotuły | 25.87 | 473 |
| | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 25.87 | 473 |
| 109. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 25.99 | 466 |
| 110. | SKULSKI Ryszard | 08 | UKS Olimpic Warka | 26.01 | 465 |
| 111. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 26.02 | 465 |
| 112. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 26.03 | 464 |
| 113. | PIOTROWSKI Marcel | 07 | MKS Piast Głogów | 26.04 | 464 |
| 114. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 26.06 | 462 |
| 115. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 26.14 | 458 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 26.14 | 458 |
| 117. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 26.16 | 457 |
| 118. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 26.17 | 457 |
| 119. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 26.18 | 456 |
| 120. | MITA Dawid | 06 | MKS Piast Głogów | 26.19 | 456 |
| 121. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 26.28 | 451 |
| 122. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 26.34 | 448 |
| 123. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 26.41 | 444 |
| 124. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.44 | 443 |
| | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 26.44 | 443 |
| 126. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 26.48 | 441 |
| 127. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 26.49 | 440 |
| 128. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.56 | 437 |
| 129. | SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 26.60 | 435 |
| 130. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 26.67 | 431 |
| 131. | STARO Filip | 08 | UKS abianka Gda sk | 26.79 | 426 |
| 132. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 26.80 | 425 |
| 133. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 26.81 | 425 |
| 134. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 26.89 | 421 |
| 135. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 26.92 | 419 |
| 136. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 26.94 | 419 |
| 137. | PUPKA Filip | 04 | Uks Cityzen | 27.22 | 406 |
| 138. | SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.33 | 401 |
| 139. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 27.60 | 389 |
| 140. | PASZEK Adam | 08 | KP Aquapark W growiec | 27.64 | 388 |
| 141. | MACIEJEWSKI Franciszek | 08 | UKS Kapry-Armexim Pruszków | 27.66 | 387 |
| 142. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 27.71 | 385 |
| 143. | LIBERSKI Mikołaj | 07 | KS Warta Pozna | 27.78 | 382 |
| 144. | KONIECZNY Witold | 08 | UKS abianka Gda sk | 27.86 | 378 |
| 145. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 27.95 | 375 |
| 146. | WIADERNY Maksym | 06 | MKS Trójka Łód | 28.06 | 370 |
| 147. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 28.08 | 370 |
| 148. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 28.22 | 364 |
| 149. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 28.51 | 353 |
| 150. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 28.69 | 346 |
| 151. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 28.79 | 343 |
| 152. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 31.75 | 256 |
| 153. | BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 32.25 | 244 |
| 154. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 32.78 | 232 |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, M cżyn, 50m dowolny

17 - 18 lat

| | | | | | |
|-----|-----------------------|----|------------------------------|--------------|-----|
| 1. | MISIAK Szymon | 05 | UKS Shark Rudna | 22.40 | 729 |
| 2. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 22.47 | 722 |
| 3. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 22.70 | 700 |
| 4. | TKACZ Wiktor | 05 | MKS Piaseczno | 23.00 | 673 |
| 5. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 23.14 | 661 |
| 6. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 23.35 | 643 |
| 7. | CHUPKA Patryk | 05 | WKS I sk | 23.52 | 629 |
| 8. | CZAPLA Kacper | 04 | MKP Szczecin | 23.64 | 620 |
| 9. | JUCHNO Mikołaj | 05 | IKS Konstancin | 23.75 | 611 |
| 10. | SEMERÁ Milan | 05 | KPS Ostrava | 23.79 | 608 |
| 11. | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 23.92 | 598 |
| 12. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 24.01 | 591 |
| 13. | CIESIELSKI Artur | 04 | AZS UŁ PŁ Łód | 24.05 | 589 |
| 14. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 24.06 | 588 |
| 15. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 24.22 | 576 |
| 16. | MOC Albert | 04 | Sport Club Pardubice | 24.25 | 574 |
| 17. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 24.37 | 566 |
| 18. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 24.42 | 562 |
| 19. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 24.44 | 561 |
| 20. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 24.49 | 557 |
| 21. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 24.54 | 554 |
| 22. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 24.65 | 547 |
| 23. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 24.70 | 543 |
| 24. | SETLAK Marcel | 05 | UKS abianka Gda sk | 24.73 | 541 |
| 25. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 24.83 | 535 |
| 26. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 24.91 | 530 |
| 27. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów” | 24.93 | 528 |
| 28. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 24.95 | 527 |
| 29. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 24.98 | 525 |
| 30. | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 25.02 | 523 |
| 31. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 25.04 | 521 |
| 32. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 25.07 | 520 |
| 33. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 25.08 | 519 |
| 34. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 25.10 | 518 |
| 35. | WIEK Bła ej | 05 | UKS abianka Gda sk | 25.16 | 514 |
| 36. | LICKUN Tycjan | 05 | MKP Szczecin | 25.24 | 509 |
| 37. | KRYSIÁK Kacper | 04 | MKS Trójka Łód | 25.35 | 502 |
| 38. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 25.41 | 499 |
| 39. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 25.50 | 494 |
| 40. | GERMANEK Alexander | 04 | MKP Szczecin | 25.62 | 487 |
| 41. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 26.02 | 465 |
| 42. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 26.06 | 462 |
| 43. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 26.18 | 456 |
| 44. | PUPKA Filip | 04 | Uks Cityzen | 27.22 | 406 |
| 45. | SE Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.33 | 401 |
| 46. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 27.95 | 375 |

16 lat

| | | | | | |
|----|-------------------|----|------------------------------------|---------------|-----|
| 1. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 23.18 | 657 |
| 2. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 23.69 | 616 |
| 3. | STY Aleksander | 06 | UKP „Polonia Warszawa" | 23.72 | 613 |
| 4. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 23.75 | 611 |
| 5. | LIPIEC Maciej | 06 | WKS I sk | 23.95 | 596 |
| 6. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny | F24.24 | 575 |
| 7. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | F24.66 | 546 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, Chłopców, 50m dowolny, 16 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|------------------------------|--------------|------|
| 7. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 24.66 | 546 |
| 9. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 24.70 | 543 |
| 10. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 24.87 | 532 |
| 11. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 24.98 | 525 |
| 12. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródnie cie | 25.02 | 523 |
| 13. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 25.37 | 501 |
| 14. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 25.44 | 497 |
| 15. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 25.52 | 492 |
| 16. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.85 | 474 |
| 17. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 26.16 | 457 |
| 18. | MITA Dawid | 06 | MKS Piast Głogów | 26.19 | 456 |
| 19. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 26.28 | 451 |
| 20. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.44 | 443 |
| | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 26.44 | 443 |
| 22. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.56 | 437 |
| 23. | WIADERNY Maksym | 06 | MKS Trójka Łód | 28.06 | 370 |

15 lat

| | | | | | |
|-----|---------------------------------|----|--|--------------|-----|
| 1. | PIETRO Przemysław | 07 | KU AZS UMCS Lublin | 23.57 | 625 |
| 2. | HETMAN Mikołaj | 07 | MUKS "Pi tnastka" | 23.73 | 613 |
| 3. | SHYPIN Aliksandr | 07 | UKS G-8 Bielany Warszawa | 23.81 | 607 |
| 4. | NOVOTNY Adam | 07 | Sport Club Pardubice | 24.71 | 543 |
| 5. | REDZI SKI VEL RYDZY SKI Mateusz | 07 | UKP „Polonia Warszawa” | 24.81 | 536 |
| 6. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 24.86 | 533 |
| 7. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 25.01 | 523 |
| 8. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.33 | 504 |
| 9. | KUSEK Mateusz | 07 | Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 25.38 | 501 |
| 10. | POR BA Krzysztof | 07 | WKS I sk | 25.74 | 480 |
| 11. | SAWI SKI Michał | 07 | ORKA Szamotuły | 25.87 | 473 |
| | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 25.87 | 473 |
| 13. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 25.99 | 466 |
| 14. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 26.03 | 464 |
| 15. | PIOTROWSKI Marcel | 07 | MKS Piast Głogów | 26.04 | 464 |
| 16. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 26.14 | 458 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 26.14 | 458 |
| 18. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 26.34 | 448 |
| 19. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 26.49 | 440 |
| 20. | SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 26.60 | 435 |
| 21. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 26.81 | 425 |
| 22. | LIBERSKI Mikołaj | 07 | KS Warta Pozna | 27.78 | 382 |
| 23. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 28.08 | 370 |

14 lat

| | | | | | |
|-----|-----------------------|----|-----------------------------------|--------------|-----|
| 1. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 23.91 | 599 |
| 2. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 24.66 | 546 |
| 3. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 24.82 | 535 |
| 4. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 24.96 | 526 |
| 5. | MENTEL Igor | 08 | KS Delfin Gdynia | 25.37 | 501 |
| 6. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 25.51 | 493 |
| 7. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 25.68 | 483 |
| 8. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 26.01 | 465 |
| 9. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 26.17 | 457 |
| 10. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 26.41 | 444 |
| 11. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 26.48 | 441 |
| 12. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 26.67 | 431 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, Chłopców, 50m dowolny, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|------------------------|--------------------------------------|--------------|------|
| 13. | STARO Filip | 08 UKS abianka Gda sk | 26.79 | 426 |
| 14. | WASILEWSKI Mateusz | 08 KU AZS UMCS Lublin | 26.80 | 425 |
| 15. | ŁUBI SKI Szymon | 08 UKS „GIM 92 Ursynów” | 26.89 | 421 |
| 16. | PIETRZYK Antoni | 08 KU AZS UAM Pozna | 26.92 | 419 |
| 17. | MACKIEWICZ Piotr | 08 UKS "V" Łomianki | 26.94 | 419 |
| 18. | OLSZEWSKI Jakub | 08 MKP Szczecin | 27.60 | 389 |
| 19. | PASZEK Adam | 08 KP Aquapark W growiec | 27.64 | 388 |
| 20. | MACIEJEWSKI Franciszek | 08 UKS Kapry-Armexim Pruszków | 27.66 | 387 |
| 21. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 27.71 | 385 |
| 22. | KONIECZNY Witold | 08 UKS abianka Gda sk | 27.86 | 378 |
| 23. | KUBICA Wiktor | 08 UKS "V" Łomianki | 28.22 | 364 |
| 24. | PIOTROWSKI Jakub | 08 UKS Tri-Team Rumia | 28.51 | 353 |
| 25. | WERTE Ludwik | 08 Dwójka Morena Gda sk | 28.69 | 346 |
| 26. | MAŁOLEPSZY Krzysztof | 08 TP Olimpijczyk Aleksandrów Łódzki | 28.79 | 343 |
| 27. | NIEMCZURA Wiktor | 08 UKP „Polonia Warszawa” | 31.75 | 256 |
| 28. | BALCEROWICZ Ryszard | 08 UKS abianka Gda sk | 32.25 | 244 |
| 29. | KUNKEL Mikołaj | 08 Dwójka Morena Gda sk | 32.78 | 232 |
| NW | POTEMPA Igor | 08 Uks Cityzen | | |

Konkurencja 5

Kobiet, 200m klasyczny

14 lat i starsi

2022.11.12 - 9:46

Wyniki

Rekord Polski 2:23.24 DULIAN Katarzyna POL Trieste (ITA) 2005.12.09

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:20.70

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------|-------------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | HALLMANN Weronika | 00 AZS AWF Warszawa | 2:25.79 | 786 | 32.19 | 37.03 | 37.80 | 38.77 |
| 2. | SZTANDERA Dominika | 97 MKS Juvenia Wrocław | 2:27.21 | 763 | 32.50 | 37.63 | 38.74 | 38.34 |
| 3. | PLÍHALOVÁ Anna | 99 Ústecká akademie plavecký | 2:29.90 | 723 | 33.78 | 37.56 | 38.60 | 39.96 |
| 4. | WRONA Ewa | 06 UKS „Jasie " Sucha Beskid | 2:30.02 | 721 | 33.27 | 37.82 | 39.04 | 39.89 |
| 5. | BAŁDA Aleksandra | 05 MKS Piaseczno | 2:31.51 | 700 | 33.85 | 38.29 | 39.12 | 40.25 |
| 6. | TYMI SKA Zofia | 04 UKP „Polonia Warszawa” | 2:32.24 | 690 | 34.29 | 38.66 | 39.88 | 39.41 |
| 7. | SOBCZAK Zofia | 06 UKS G-8 Bielany Warszawa | 2:32.98 | 680 | 33.86 | 38.46 | 39.68 | 40.98 |
| 8. | GŁOWACKA Weronika | 06 IKS Konstancin | 2:33.74 | 670 | 35.97 | 38.91 | 39.44 | 39.42 |
| 9. | KAMI SKA Zuzanna | 06 KS KSZO Ostrowiec w. | 2:34.10 | 665 | 35.11 | 39.95 | 39.72 | 39.32 |
| 10. | OBAJTEK Aleksandra | 03 AZS AWF Warszawa | 2:36.42 | 636 | 35.28 | 39.47 | 40.10 | 41.57 |
| 11. | FISEROVA Marketa | 05 Sport Club Pardubice | 2:36.84 | 631 | 34.81 | 38.94 | 40.90 | 42.19 |
| 12. | KOT Emilia | 07 TP Zielona Góra | 2:36.87 | 631 | 36.23 | 41.33 | 40.31 | 39.00 |
| 13. | JANASZEK-SEYDLITZ Zofia | 06 UKS „GIM 92 Ursynów” | 2:36.90 | 630 | 35.16 | 39.61 | 40.56 | 41.57 |
| 14. | BORKOWSKA Dominika | 07 UKS „Omega” Olkusz | 2:37.82 | 619 | 35.41 | 40.19 | 41.32 | 40.90 |
| 15. | PIETRZYK Hanna | 07 TP Olimpijczyk Aleksandrów | 2:37.93 | 618 | 35.54 | 40.66 | 40.93 | 40.80 |
| 16. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 2:38.37 | 613 | 35.41 | 40.00 | 40.72 | 42.24 |
| 17. | SULAK Antonina | 06 UKS Pi tka Konstanyńów Ł | 2:38.84 | 608 | 36.92 | 40.83 | 40.50 | 40.59 |
| 18. | STRZ DAŁA Karolina | 04 UKP „Polonia Warszawa” | 2:39.25 | 603 | 35.68 | 39.75 | 41.15 | 42.67 |
| 19. | BIELAWA Anna | 06 WKS I sk | 2:39.74 | 597 | 35.83 | 39.91 | 41.48 | 42.52 |
| 20. | OFMAN Julia | 04 KS KSZO Ostrowiec w. | 2:39.98 | 595 | 36.39 | 41.40 | 41.06 | 41.13 |
| 21. | SKROK Julia | 07 WKS I sk | 2:40.04 | 594 | 36.19 | 41.04 | 41.63 | 41.18 |
| 22. | KAWKA Zuzanna | 07 KU AZS UAM Pozna | 2:41.10 | 582 | 35.37 | 40.36 | 42.10 | 43.27 |
| 23. | ZI BA Anastazja | 05 MUKS "Pi tnastka" | 2:41.47 | 578 | 36.16 | 41.58 | 41.93 | 41.80 |
| 24. | KOWALSKA Oliwia | 05 MKP „SŁOWIANKA” Gorz | 2:42.01 | 573 | 37.83 | 41.47 | 41.33 | 41.38 |
| 25. | CIEPLUCHA Bianka | 08 SKS 137 Delfin Łód | 2:43.23 | 560 | 37.21 | 41.15 | 42.38 | 42.49 |
| 26. | JACH Tamara | 06 WKS I sk | 2:44.04 | 552 | 37.04 | 41.67 | 42.66 | 42.67 |
| 27. | KAROLCZAK Pola | 06 MUKS "Pi tnastka" | 2:45.89 | 533 | 36.93 | 42.16 | 43.15 | 43.65 |
| 28. | HLAVATA Eliska | 07 Sport Club Pardubice | 2:45.98 | 532 | 37.25 | 42.30 | 43.00 | 43.43 |
| 29. | BRANDYSKA Aneta | 07 Sport Club Pardubice | 2:47.95 | 514 | 38.52 | 42.59 | 44.03 | 42.81 |
| 30. | KOTENKO Mariia | 06 MKP Szczecin | 2:48.16 | 512 | 36.99 | 42.93 | 44.17 | 44.07 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 5, Kobiet, 200m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|----------------------|-------------------------------|----------------|------|---------|---------|---------|---------|
| 31. | HABARTA Larysa | 08 UKS Aquatica Pawłowice | 2:48.49 | 509 | 37.68 | 42.98 | 43.95 | 43.88 |
| 32. | STUDZI SKA Nadia | 04 MUKS "Pi tnastrka" | 2:49.50 | 500 | 38.11 | 43.13 | 44.54 | 43.72 |
| 33. | GRACA Maja | 08 MKP „SŁOWIANKA" Gorzów | 2:51.08 | 486 | 39.66 | 43.18 | 45.06 | 43.18 |
| 34. | TURBA SKA Marta | 07 WKS I sk | 2:51.15 | 486 | 36.97 | 43.06 | 45.50 | 45.62 |
| 35. | RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów | 2:51.28 | 484 | 38.55 | 43.64 | 43.89 | 45.20 |
| 36. | WICHULSKA Małgorzata | 07 Mokotowski UKP Warszawa | 2:51.36 | 484 | 38.83 | 43.86 | 44.57 | 44.10 |
| 37. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa" | 2:52.03 | 478 | 38.52 | 43.75 | 44.73 | 45.03 |
| 38. | KOMOR Agata | 05 MKP „SŁOWIANKA" Gorzów | 2:52.36 | 475 | 40.26 | 43.73 | 44.44 | 43.93 |
| 39. | ZIELI SKA Małgorzata | 08 UKS abianka Gda sk | 2:52.44 | 475 | 38.16 | 44.41 | 45.34 | 44.53 |
| 40. | POPPE Marta | 07 KU AZS UMCS Lublin | 2:53.62 | 465 | 40.06 | 44.28 | 45.04 | 44.24 |
| 41. | BLUGE Angelika | 00 MKS „Astoria" Bydgoszcz | 2:53.63 | 465 | 38.91 | 43.54 | 45.59 | 45.59 |
| 42. | MAKOWSKA Maria | 07 MKP Szczecin | 2:57.52 | 435 | 37.89 | 45.08 | 47.15 | 47.40 |
| 43. | CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA" Gorzów | 2:58.54 | 428 | 39.18 | 44.76 | 47.43 | 47.17 |
| 44. | WARSI SKA Julia | 07 MUKS "Pi tnastrka" | 2:58.88 | 425 | 40.72 | 45.76 | 47.03 | 45.37 |
| 45. | MYKA Natalia | 08 MKP „SŁOWIANKA" Gorzów | 3:02.00 | 404 | 40.60 | 46.60 | 47.05 | 47.75 |
| 46. | R ANY Blanka | 08 UKP Gryf D bica | 3:03.60 | 393 | 40.62 | 46.65 | 48.66 | 47.67 |
| 47. | ST PKA Amelia | 08 UKS 190 Łód | 3:04.46 | 388 | 41.20 | 47.49 | 48.56 | 47.21 |
| 48. | GOROCKIEWICZ Sylwia | 75 KS Warta Pozna | 4:46.90 | 103 | 1:00.29 | 1:10.97 | 1:17.87 | 1:17.77 |

17 - 18 lat

| | | | | | | | | |
|-----|--------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | BAŁDA Aleksandra | 05 MKS Piaseczno | 2:31.51 | 700 | 33.85 | 38.29 | 39.12 | 40.25 |
| 2. | TYMI SKA Zofia | 04 UKP „Polonia Warszawa" | 2:32.24 | 690 | 34.29 | 38.66 | 39.88 | 39.41 |
| 3. | FISEROVA Marketa | 05 Sport Club Pardubice | 2:36.84 | 631 | 34.81 | 38.94 | 40.90 | 42.19 |
| 4. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 2:38.37 | 613 | 35.41 | 40.00 | 40.72 | 42.24 |
| 5. | STRZ DAŁA Karolina | 04 UKP „Polonia Warszawa" | 2:39.25 | 603 | 35.68 | 39.75 | 41.15 | 42.67 |
| 6. | OFMAN Julia | 04 KS KSZO Ostrowiec w. | 2:39.98 | 595 | 36.39 | 41.40 | 41.06 | 41.13 |
| 7. | ZI BA Anastazja | 05 MUKS "Pi tnastrka" | 2:41.47 | 578 | 36.16 | 41.58 | 41.93 | 41.80 |
| 8. | KOWALSKA Oliwia | 05 MKP „SŁOWIANKA" Gorzów | 2:42.01 | 573 | 37.83 | 41.47 | 41.33 | 41.38 |
| 9. | STUDZI SKA Nadia | 04 MUKS "Pi tnastrka" | 2:49.50 | 500 | 38.11 | 43.13 | 44.54 | 43.72 |
| 10. | KOMOR Agata | 05 MKP „SŁOWIANKA" Gorzów | 2:52.36 | 475 | 40.26 | 43.73 | 44.44 | 43.93 |

16 lat

| | | | | | | | | |
|-----|-------------------------|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | WRONA Ewa | 06 UKS „Jasie " Sucha Beskid | 2:30.02 | 721 | 33.27 | 37.82 | 39.04 | 39.89 |
| 2. | SOBCZAK Zofia | 06 UKS G-8 Bielany Warszawa | 2:32.98 | 680 | 33.86 | 38.46 | 39.68 | 40.98 |
| 3. | GŁOWACKA Weronika | 06 IKS Konstancin | 2:33.74 | 670 | 35.97 | 38.91 | 39.44 | 39.42 |
| 4. | KAMI SKA Zuzanna | 06 KS KSZO Ostrowiec w. | 2:34.10 | 665 | 35.11 | 39.95 | 39.72 | 39.32 |
| 5. | JANASZEK-SEYDLITZ Zofia | 06 UKS „GIM 92 Ursynów" | 2:36.90 | 630 | 35.16 | 39.61 | 40.56 | 41.57 |
| 6. | SULAK Antonina | 06 UKS Pi tka Konstanyńów Ł | 2:38.84 | 608 | 36.92 | 40.83 | 40.50 | 40.59 |
| 7. | BIELAWA Anna | 06 WKS I sk | 2:39.74 | 597 | 35.83 | 39.91 | 41.48 | 42.52 |
| 8. | JACH Tamara | 06 WKS I sk | 2:44.04 | 552 | 37.04 | 41.67 | 42.66 | 42.67 |
| 9. | KAROLCZAK Pola | 06 MUKS "Pi tnastrka" | 2:45.89 | 533 | 36.93 | 42.16 | 43.15 | 43.65 |
| 10. | KOTENKO Mariia | 06 MKP Szczecin | 2:48.16 | 512 | 36.99 | 42.93 | 44.17 | 44.07 |
| 11. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa" | 2:52.03 | 478 | 38.52 | 43.75 | 44.73 | 45.03 |
| 12. | CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA" Gorzów | 2:58.54 | 428 | 39.18 | 44.76 | 47.43 | 47.17 |

15 lat

| | | | | | | | | |
|-----|----------------------|-------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KOT Emilia | 07 TP Zielona Góra | 2:36.87 | 631 | 36.23 | 41.33 | 40.31 | 39.00 |
| 2. | BORKOWSKA Dominika | 07 UKS „Omega" Olkusz | 2:37.82 | 619 | 35.41 | 40.19 | 41.32 | 40.90 |
| 3. | PIETRZYK Hanna | 07 TP Olimpijczyk Aleksandrów | 2:37.93 | 618 | 35.54 | 40.66 | 40.93 | 40.80 |
| 4. | SKROK Julia | 07 WKS I sk | 2:40.04 | 594 | 36.19 | 41.04 | 41.63 | 41.18 |
| 5. | KAWKA Zuzanna | 07 KU AZS UAM Pozna | 2:41.10 | 582 | 35.37 | 40.36 | 42.10 | 43.27 |
| 6. | HLAVATA Eliska | 07 Sport Club Pardubice | 2:45.98 | 532 | 37.25 | 42.30 | 43.00 | 43.43 |
| 7. | BRANDYSKA Aneta | 07 Sport Club Pardubice | 2:47.95 | 514 | 38.52 | 42.59 | 44.03 | 42.81 |
| 8. | TURBA SKA Marta | 07 WKS I sk | 2:51.15 | 486 | 36.97 | 43.06 | 45.50 | 45.62 |
| 9. | WICHULSKA Małgorzata | 07 Mokotowski UKP Warszawa | 2:51.36 | 484 | 38.83 | 43.86 | 44.57 | 44.10 |
| 10. | POPPE Marta | 07 KU AZS UMCS Lublin | 2:53.62 | 465 | 40.06 | 44.28 | 45.04 | 44.24 |
| 11. | MAKOWSKA Maria | 07 MKP Szczecin | 2:57.52 | 435 | 37.89 | 45.08 | 47.15 | 47.40 |
| 12. | WARSI SKA Julia | 07 MUKS "Pi tnastrka" | 2:58.88 | 425 | 40.72 | 45.76 | 47.03 | 45.37 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 5, Kobiet, 200m klasyczny

14 lat

| | | | | | | | | |
|-------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 2:43.23 | 560 | 37.21 | 41.15 | 42.38 | 42.49 |
| 2. HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 2:48.49 | 509 | 37.68 | 42.98 | 43.95 | 43.88 |
| 3. GRACA Maja | 08 | MKP „SŁOWIANKA” Gorzów | 2:51.08 | 486 | 39.66 | 43.18 | 45.06 | 43.18 |
| 4. RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów | 2:51.28 | 484 | 38.55 | 43.64 | 43.89 | 45.20 |
| 5. ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 2:52.44 | 475 | 38.16 | 44.41 | 45.34 | 44.53 |
| 6. MYKA Natalia | 08 | MKP „SŁOWIANKA” Gorzów | 3:02.00 | 404 | 40.60 | 46.60 | 47.05 | 47.75 |
| 7. R ANY Blanka | 08 | UKP Gryf D bica | 3:03.60 | 393 | 40.62 | 46.65 | 48.66 | 47.67 |
| 8. ST PKA Amelia | 08 | UKS 190 Łód | 3:04.46 | 388 | 41.20 | 47.49 | 48.56 | 47.21 |

Konkurencja 6

M czyzn, 200m klasyczny

14 lat i starsi

2022.11.12 - 10:06

Wyniki

Rekord Polski 2:06.19 KUSTO Rafał POL Olsztyn 2020.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:04.83

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|---------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. WIEKIERA Dawid | 02 | MKP „Wodnik 29” Tychy | 2:06.30 | 861 | 29.38 | 32.10 | 32.29 | 32.53 |
| 2. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 2:15.05 | 704 | 30.90 | 33.92 | 34.74 | 35.49 |
| 3. MOC Albert | 04 | Sport Club Pardubice | 2:15.50 | 697 | 30.13 | 34.16 | 35.29 | 35.92 |
| 4. SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łód | 2:15.57 | 696 | 29.51 | 34.67 | 35.88 | 35.51 |
| 5. CERLICH Maksymilian | 00 | AZS AWF Katowice | 2:15.76 | 693 | 30.52 | 34.17 | 35.19 | 35.88 |
| 6. ROMANOWSKI Kamil | 97 | AZS AWF Katowice | 2:16.51 | 682 | 30.89 | 34.88 | 35.40 | 35.34 |
| 7. LONG Bryar | 97 | MKS Juvenia Wrocław | 2:16.72 | 678 | 31.05 | 34.50 | 35.27 | 35.90 |
| 8. SOLAK Łukasz | 99 | KS AZS AGH Kraków | 2:16.76 | 678 | 30.32 | 34.80 | 35.18 | 36.46 |
| 9. MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 2:16.85 | 676 | 30.83 | 35.53 | 35.28 | 35.21 |
| 10. WARZOCHA Gustaw | 04 | KS Warta Pozna | 2:17.88 | 661 | 29.73 | 33.85 | 36.12 | 38.18 |
| 11. ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łód | 2:18.55 | 652 | 31.47 | 35.55 | 35.84 | 35.69 |
| 12. LOTER Bartosz | 05 | UKP Unia O wi cim | 2:19.44 | 639 | 31.63 | 34.92 | 36.32 | 36.57 |
| 13. TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 2:20.40 | 626 | 30.98 | 34.95 | 36.60 | 37.87 |
| 14. CHALUPNIK Jiri | 04 | Sport Club Pardubice | 2:20.52 | 625 | 32.59 | 36.00 | 35.69 | 36.24 |
| 15. LVUTIN Lev | 07 | UKS Tri-Team Rumia | 2:20.90 | 620 | 31.77 | 35.78 | 36.61 | 36.74 |
| 16. CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 2:20.92 | 619 | 30.95 | 35.21 | 36.70 | 38.06 |
| 17. ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 2:21.13 | 617 | 31.65 | 36.15 | 36.51 | 36.82 |
| 18. LIS Jan | 04 | KS KSZO Ostrowiec w. | 2:22.46 | 600 | 31.89 | 36.08 | 37.11 | 37.38 |
| 19. JUNG Krzysztof | 99 | AZS AWF Katowice | 2:22.78 | 596 | 31.04 | 36.41 | 37.28 | 38.05 |
| 20. KUCHARCZYK Paweł | 05 | UKP „Polonia Warszawa” | 2:23.94 | 581 | 33.49 | 37.19 | 36.44 | 36.82 |
| 21. SZAFRA SKI Kamil | 07 | KS Warta Pozna | 2:25.61 | 561 | 32.50 | 37.07 | 37.71 | 38.33 |
| 22. KRASOWSKI Szymon | 06 | KS Posnania Pozna | 2:25.85 | 559 | 32.34 | 36.75 | 38.30 | 38.46 |
| 23. KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 2:25.91 | 558 | 34.00 | 37.83 | 37.10 | 36.98 |
| 24. JANIĄK Jakub | 05 | TP Zielona Góra | 2:27.20 | 543 | 32.64 | 37.33 | 38.51 | 38.72 |
| 25. FILIPIAK Grzegorz | 03 | KS AZS AWF Wrocław | 2:28.14 | 533 | 33.13 | 37.61 | 37.49 | 39.91 |
| 26. KRIUKOW Aleksander | 06 | IKS Konstancin | 2:28.24 | 532 | 32.59 | 38.05 | 39.25 | 38.35 |
| 27. TEPLY Jan | 03 | Sport Club Pardubice | 2:28.28 | 532 | 32.52 | 37.31 | 38.34 | 40.11 |
| 28. LINARD Bartosz | 04 | IKS Konstancin | 2:28.62 | 528 | 32.63 | 37.84 | 39.07 | 39.08 |
| 29. SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 2:28.70 | 527 | 33.51 | 37.34 | 39.01 | 38.84 |
| 30. WASZTYL Kacper | 08 | UKS MOS w Opolu | 2:29.20 | 522 | 32.96 | 37.55 | 39.26 | 39.43 |
| 31. BARCZYK Jan | 03 | UKS „Omega” Olkusz | 2:29.24 | 521 | 30.71 | 38.68 | 39.87 | 39.98 |
| 32. LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 2:29.70 | 517 | 33.13 | 37.46 | 39.05 | 40.06 |
| 33. RADZIKOWSKI Szymon | 08 | WKS I sk | 2:29.77 | 516 | 33.27 | 37.38 | 38.99 | 40.13 |
| 34. PRONIN Patryk | 07 | MKP Szczecin | 2:29.84 | 515 | 33.31 | 37.77 | 39.41 | 39.35 |
| 35. MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 2:29.97 | 514 | 32.96 | 37.98 | 39.52 | 39.51 |
| 36. WIERCI SKI Kacper | 04 | MKP Szczecin | 2:30.15 | 512 | 33.87 | 38.37 | 39.04 | 38.87 |
| 37. HAVLENA Maxim | 04 | Sport Club Pardubice | 2:30.60 | 507 | 33.90 | 38.35 | 39.16 | 39.19 |
| 38. PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:30.84 | 505 | 33.66 | 37.64 | 39.46 | 40.08 |
| 39. NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:31.13 | 502 | 34.87 | 38.36 | 39.13 | 38.77 |
| WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:31.13 | 502 | 33.18 | 37.94 | 39.39 | 40.62 |
| 41. WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 2:31.74 | 496 | 32.88 | 37.77 | 39.65 | 41.44 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 6, M cyczny, 200m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|---------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 42. | BIELEWICZ Jan | 05 | KS Warta Pozna | 2:32.61 | 488 | 33.49 | 37.89 | 39.75 | 41.48 |
| 43. | KRÓL Aleksander | 06 | MKP Szczecin | 2:33.71 | 477 | 33.67 | 39.15 | 40.67 | 40.22 |
| 44. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 2:34.27 | 472 | 35.07 | 39.34 | 39.57 | 40.29 |
| 45. | NIECKARZ Paweł | 06 | UKS 190 Łód | 2:34.76 | 468 | 34.26 | 37.96 | 40.40 | 42.14 |
| 46. | YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 2:34.81 | 467 | 34.70 | 39.13 | 39.88 | 41.10 |
| 47. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:37.32 | 445 | 36.15 | 40.72 | 40.81 | 39.64 |
| 48. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 2:37.50 | 444 | 34.34 | 40.38 | 41.92 | 40.86 |
| 49. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 2:38.29 | 437 | 35.01 | 40.17 | 42.22 | 40.89 |
| 50. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 2:38.45 | 436 | 35.15 | 40.29 | 41.17 | 41.84 |
| 51. | SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:38.77 | 433 | 35.29 | 40.06 | 41.52 | 41.90 |
| 52. | PAWLAK Dawid | 08 | UKS 190 Łód | 2:39.04 | 431 | 36.85 | 40.75 | 40.98 | 40.46 |
| 53. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 2:41.01 | 415 | 35.49 | 41.64 | 42.76 | 41.12 |
| 54. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:42.11 | 407 | 34.83 | 41.01 | 43.11 | 43.16 |
| 55. | BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 2:42.69 | 402 | 37.54 | 42.20 | 41.59 | 41.36 |
| 56. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 2:42.83 | 401 | 37.17 | 41.95 | 41.77 | 41.94 |
| 57. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 2:43.32 | 398 | 37.31 | 42.21 | 42.11 | 41.69 |
| 58. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmie | 2:47.69 | 367 | 37.38 | 42.71 | 44.40 | 43.20 |
| 59. | LECYK Jakub | 08 | MKP Astromal-Leszno | 2:49.22 | 358 | 37.27 | 42.92 | 44.76 | 44.27 |
| 60. | TARGOSZ Damian | 08 | MKP Astromal-Leszno | 2:50.99 | 347 | 37.30 | 43.13 | 44.06 | 46.50 |
| 61. | KAMI SKI Maciej | 08 | MKP Szczecin | 2:53.41 | 332 | 37.80 | 44.04 | 46.29 | 45.28 |
| 62. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:54.68 | 325 | 38.87 | 44.95 | 45.50 | 45.36 |
| 63. | KRUPI SKI Paweł | 87 | WOPR Województwa Lubu | 3:38.14 | 167 | 48.68 | 55.36 | 57.78 | 56.32 |

17 - 18 lat

| | | | | | | | | | |
|-----|------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 2:15.05 | 704 | 30.90 | 33.92 | 34.74 | 35.49 |
| 2. | MOC Albert | 04 | Sport Club Pardubice | 2:15.50 | 697 | 30.13 | 34.16 | 35.29 | 35.92 |
| 3. | WARZOCHA Gustaw | 04 | KS Warta Pozna | 2:17.88 | 661 | 29.73 | 33.85 | 36.12 | 38.18 |
| 4. | ISKRA Szymon | 04 | UKS Pi tka Konstanyńów | 2:18.55 | 652 | 31.47 | 35.55 | 35.84 | 35.69 |
| 5. | LOTER Bartosz | 05 | UKP Unia O wi cim | 2:19.44 | 639 | 31.63 | 34.92 | 36.32 | 36.57 |
| 6. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 2:20.52 | 625 | 32.59 | 36.00 | 35.69 | 36.24 |
| 7. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 2:21.13 | 617 | 31.65 | 36.15 | 36.51 | 36.82 |
| 8. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 2:22.46 | 600 | 31.89 | 36.08 | 37.11 | 37.38 |
| 9. | KUCHARCZYK Paweł | 05 | UKP „Polonia Warszawa” | 2:23.94 | 581 | 33.49 | 37.19 | 36.44 | 36.82 |
| 10. | JANIAK Jakub | 05 | TP Zielona Góra | 2:27.20 | 543 | 32.64 | 37.33 | 38.51 | 38.72 |
| 11. | LINARD Bartosz | 04 | IKS Konstancin | 2:28.62 | 528 | 32.63 | 37.84 | 39.07 | 39.08 |
| 12. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 2:29.70 | 517 | 33.13 | 37.46 | 39.05 | 40.06 |
| 13. | WIERC SKI Kacper | 04 | MKP Szczecin | 2:30.15 | 512 | 33.87 | 38.37 | 39.04 | 38.87 |
| 14. | HAVLENA Maxim | 04 | Sport Club Pardubice | 2:30.60 | 507 | 33.90 | 38.35 | 39.16 | 39.19 |
| 15. | BIELEWICZ Jan | 05 | KS Warta Pozna | 2:32.61 | 488 | 33.49 | 37.89 | 39.75 | 41.48 |
| 16. | SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:38.77 | 433 | 35.29 | 40.06 | 41.52 | 41.90 |

16 lat

| | | | | | | | | | |
|-----|----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 2:16.85 | 676 | 30.83 | 35.53 | 35.28 | 35.21 |
| 2. | KRASOWSKI Szymon | 06 | KS Posnania Pozna | 2:25.85 | 559 | 32.34 | 36.75 | 38.30 | 38.46 |
| 3. | KRIUKOW Aleksander | 06 | IKS Konstancin | 2:28.24 | 532 | 32.59 | 38.05 | 39.25 | 38.35 |
| 4. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 2:29.97 | 514 | 32.96 | 37.98 | 39.52 | 39.51 |
| 5. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:30.84 | 505 | 33.66 | 37.64 | 39.46 | 40.08 |
| 6. | NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:31.13 | 502 | 34.87 | 38.36 | 39.13 | 38.77 |
| 7. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 2:31.74 | 496 | 32.88 | 37.77 | 39.65 | 41.44 |
| 8. | KRÓL Aleksander | 06 | MKP Szczecin | 2:33.71 | 477 | 33.67 | 39.15 | 40.67 | 40.22 |
| 9. | NIECKARZ Paweł | 06 | UKS 190 Łód | 2:34.76 | 468 | 34.26 | 37.96 | 40.40 | 42.14 |
| 10. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:42.11 | 407 | 34.83 | 41.01 | 43.11 | 43.16 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 6, M cżyn, 200m klasyczny

15 lat

| | | | | | | | | | |
|-----|--------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | LVUTIN Lev | 07 | UKS Tri-Team Rumia | 2:20.90 | 620 | 31.77 | 35.78 | 36.61 | 36.74 |
| 2. | CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 2:20.92 | 619 | 30.95 | 35.21 | 36.70 | 38.06 |
| 3. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 2:25.61 | 561 | 32.50 | 37.07 | 37.71 | 38.33 |
| 4. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów" | 2:25.91 | 558 | 34.00 | 37.83 | 37.10 | 36.98 |
| 5. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 2:28.70 | 527 | 33.51 | 37.34 | 39.01 | 38.84 |
| 6. | PRONIN Patryk | 07 | MKP Szczecin | 2:29.84 | 515 | 33.31 | 37.77 | 39.41 | 39.35 |
| 7. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:31.13 | 502 | 33.18 | 37.94 | 39.39 | 40.62 |
| 8. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów" | 2:34.27 | 472 | 35.07 | 39.34 | 39.57 | 40.29 |
| 9. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów" | 2:41.01 | 415 | 35.49 | 41.64 | 42.76 | 41.12 |
| 10. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 2:42.83 | 401 | 37.17 | 41.95 | 41.77 | 41.94 |

14 lat

| | | | | | | | | | |
|-----|---------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 2:29.20 | 522 | 32.96 | 37.55 | 39.26 | 39.43 |
| 2. | RADZIKOWSKI Szymon | 08 | WKS I sk | 2:29.77 | 516 | 33.27 | 37.38 | 38.99 | 40.13 |
| 3. | YWICKI Wiktor | 08 | UKS „Ósemka" Toru | 2:34.81 | 467 | 34.70 | 39.13 | 39.88 | 41.10 |
| 4. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:37.32 | 445 | 36.15 | 40.72 | 40.81 | 39.64 |
| 5. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 2:37.50 | 444 | 34.34 | 40.38 | 41.92 | 40.86 |
| 6. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 2:38.29 | 437 | 35.01 | 40.17 | 42.22 | 40.89 |
| 7. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa" | 2:38.45 | 436 | 35.15 | 40.29 | 41.17 | 41.84 |
| 8. | PAWLAK Dawid | 08 | UKS 190 Łód | 2:39.04 | 431 | 36.85 | 40.75 | 40.98 | 40.46 |
| 9. | BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 2:42.69 | 402 | 37.54 | 42.20 | 41.59 | 41.36 |
| 10. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 2:43.32 | 398 | 37.31 | 42.21 | 42.11 | 41.69 |
| 11. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi | 2:47.69 | 367 | 37.38 | 42.71 | 44.40 | 43.20 |
| 12. | LECYK Jakub | 08 | MKP Astromal-Leszno | 2:49.22 | 358 | 37.27 | 42.92 | 44.76 | 44.27 |
| 13. | TARGOSZ Damian | 08 | MKP Astromal-Leszno | 2:50.99 | 347 | 37.30 | 43.13 | 44.06 | 46.50 |
| 14. | KAMI SKI Maciej | 08 | MKP Szczecin | 2:53.41 | 332 | 37.80 | 44.04 | 46.29 | 45.28 |
| 15. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:54.68 | 325 | 38.87 | 44.95 | 45.50 | 45.36 |

Konkurencja 7

Kobiet, 100m motylkowy

14 lat i starsi

2022.11.12 - 10:22

Wyniki

Rekord Polski 57.00 TCHÓRZ Alicja POL Neapol (ITA) 2021.09.29

Min. indywidualne na M (25m) Melbourne 2022 Open: 56.62 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.19

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|-----------------------|----|-----------------------------------|----------------|-----|-------------|
| 14 lat i starsi | | | | | | |
| 1. | PEDA Paulina | 98 | AZS AWF Katowice | 57.33 | 863 | 26.75 30.58 |
| 2. | MAIK Julia | 03 | Kaliski Klub Sportowy „Włókniarz" | 1:59.21 | 783 | 27.33 31.88 |
| 3. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 1:00.16 | 747 | 28.22 31.94 |
| 4. | SOLAK Anna | 00 | KS AZS AGH Kraków | 1:01.39 | 703 | 28.28 33.11 |
| 5. | FAMUŁOK Zuzanna | 03 | AZS AWF Katowice | 1:01.67 | 693 | 28.97 32.70 |
| 6. | KRÓL Gabriela | 06 | KS „Wisła" Puławy | 1:01.92 | 685 | 29.33 32.59 |
| 7. | LEWANDOWSKA Natalia | 01 | KS „OLIMPIA" Lublin | 1:03.15 | 645 | 29.42 33.73 |
| 8. | SOBU Julia | 04 | UKP Unia O wi cim | 1:03.35 | 639 | 29.67 33.68 |
| 9. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:03.64 | 631 | 30.09 33.55 |
| 10. | KOLA CZYK Wiktoria | 06 | KS Posenania Pozna | 1:03.84 | 625 | 29.56 34.28 |
| | MICHALSKA Julia | 05 | WKS I sk | 1:03.84 | 625 | 30.43 33.41 |
| 12. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.17 | 615 | 29.42 34.75 |
| 13. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka" | 1:04.56 | 604 | 31.02 33.54 |
| 14. | KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa" | 1:04.62 | 602 | 30.55 34.07 |
| 15. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 1:05.19 | 587 | 30.46 34.73 |
| 16. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:05.37 | 582 | 30.46 34.91 |
| 17. | PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 1:05.39 | 581 | 30.32 35.07 |
| 18. | GRZESIAK Oliwia | 07 | WKS I sk | 1:05.42 | 581 | 30.61 34.81 |
| 19. | NOWAK Zofia | 03 | AZS AWF Warszawa | 1:05.44 | 580 | 30.36 35.08 |
| 20. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 1:05.67 | 574 | 30.82 34.85 |
| 21. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 1:05.76 | 572 | 30.32 35.44 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 7, Kobiet, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|---------|----------------------|--|----------------|-----|-------|-------|
| 22. | DUDA Anna | 07 MKP Szczecin | 1:05.78 | 571 | 30.05 | 35.73 |
| 23. | SMEKTAŁA Oliwia | 04 KS Warta Poznań | 1:05.90 | 568 | 30.96 | 34.94 |
| 24. | RUSSEK Agata | 03 KU AZS Uniwersytetu Warszawskiego | 1:05.99 | 566 | 30.63 | 35.36 |
| 25. | GORGOSZ Małgorzata | 07 UKS Aquatica Pawłowice | 1:06.40 | 555 | 31.28 | 35.12 |
| 26. | KAMI SKA Anna | 03 AZS AWF Warszawa | 1:06.53 | 552 | 30.57 | 35.96 |
| 27. | CIBIOREK Dominika | 07 UKS G-8 Bielany Warszawa | 1:06.87 | 544 | 30.76 | 36.11 |
| 28. | SZARGIEJ Aleksandra | 06 UKS abianka Gdańsk | 1:06.88 | 543 | 31.50 | 35.38 |
| 29. | SZYSZKO Karolina | 03 UKP „Polonia Warszawa” | 1:06.89 | 543 | 30.64 | 36.25 |
| 30. | PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 1:07.00 | 540 | 31.06 | 35.94 |
| 31. | KALKOWSKA Julia | 05 MUKS "Piłnastka" | 1:07.01 | 540 | 31.63 | 35.38 |
| 32. | KEMPA Kinga | 05 AZS AWF Katowice | 1:07.15 | 537 | 30.28 | 36.87 |
| 33. | SOBIECKA Małgorzata | 06 UKP „Polonia Warszawa” | 1:07.31 | 533 | 31.11 | 36.20 |
| 34. | TUPALSKA Oliwia | 05 UKS G-8 Bielany Warszawa | 1:07.53 | 528 | 31.02 | 36.51 |
| 35. | CIESIELSKA Inga | 05 MUKS "Piłnastka" | 1:07.59 | 526 | 31.19 | 36.40 |
| 36. | SKALI SKA Ewa | 05 IKS Konstancin | 1:07.70 | 524 | 32.52 | 35.18 |
| | MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 1:07.70 | 524 | 31.75 | 35.95 |
| 38. | KRAWCZYK Maja | 05 AZS AWF Warszawa | 1:07.73 | 523 | 31.06 | 36.67 |
| 39. | CHABOWSKA Gabriela | 08 UKS abianka Gdańsk | 1:07.86 | 520 | 31.02 | 36.84 |
| 40. | BOBROWSKA Zofia | 07 UKS MOS w Opolu | 1:08.20 | 512 | 31.82 | 36.38 |
| 41. | RYFKA Maja | 06 SMS Owiścim | 1:08.34 | 509 | 32.88 | 35.46 |
| 42. | SAMORAJ Oliwia | 05 MKS Piaseczno | 1:08.82 | 499 | 32.21 | 36.61 |
| 43. | MORITZ Marcelina | 05 MUKS "Piłnastka" | 1:08.84 | 498 | 31.72 | 37.12 |
| 44. | SULAK Antonina | 06 UKS Piłnastka Konstancin Łódzki | 1:08.94 | 496 | 32.91 | 36.03 |
| 45. | BERNACKA Wiktoria | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:09.10 | 493 | 32.74 | 36.36 |
| 46. | MAJEWSKA Martyna | 08 MKS Znicz Koszalin | 1:09.21 | 490 | 32.26 | 36.95 |
| 47. | PYTLOCH Zuzanna | 05 MKP Szczecin | 1:09.73 | 479 | 31.59 | 38.14 |
| 48. | MICHALSKA Pola | 07 Mokotowski UKP Warszawianka- Węgrów | 1:09.75 | 479 | 31.90 | 37.85 |
| 49. | SADOWSKA Maria | 08 UKS „GIM 92 Ursynów” | 1:09.95 | 475 | 32.99 | 36.96 |
| 50. | TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów Łódzki | 1:10.20 | 470 | 32.50 | 37.70 |
| 51. | JASI SKA Michalina | 06 Mokotowski UKP Warszawianka- Węgrów | 1:10.33 | 467 | 32.26 | 38.07 |
| 52. | BAKOWSKA Wiktoria | 08 UKS MOS w Opolu | 1:10.52 | 463 | 32.62 | 37.90 |
| 53. | BŁASZCZYK Wiktoria | 06 Mokotowski UKP Warszawianka- Węgrów | 1:10.71 | 460 | 31.78 | 38.93 |
| 54. | DOŁOWY Małgorzata | 07 UKP „Polonia Warszawa” | 1:10.81 | 458 | 31.86 | 38.95 |
| 55. | PARADOWSKA Oliwia | 06 UKS abianka Gdańsk | 1:10.85 | 457 | 32.66 | 38.19 |
| 56. | RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów Łódzki | 1:11.69 | 441 | 33.64 | 38.05 |
| 57. | BISZEWSKA Gabriela | 05 Miłnarski UKS „Olimpijczyk” Sułki | 1:11.79 | 439 | 33.59 | 38.20 |
| 58. | KOWALCZYK Katarzyna | 05 MKP Szczecin | 1:11.80 | 439 | 34.22 | 37.58 |
| 59. | MIKUŁA Natalia | 06 UKS 190 Łódź | 1:12.08 | 434 | 33.11 | 38.97 |
| 60. | TOMKIEL Anna | 07 Mokotowski UKP Warszawianka- Węgrów | 1:13.20 | 414 | 34.43 | 38.77 |
| 61. | JEZIORSKA Natalia | 07 MKS Trójka Łódź | 1:13.45 | 410 | 33.88 | 39.57 |
| 62. | ONICHIMIUK Alicja | 08 KU AZS UAM Poznań | 1:13.53 | 409 | 33.60 | 39.93 |
| 63. | PERUZKOVA Nela | 06 Sport Club Pardubice | 1:14.15 | 399 | 32.91 | 41.24 |
| 64. | WGRZYCKA Małgorzata | 07 MKS Trójka Łódź | 1:15.67 | 375 | 35.71 | 39.96 |
| 65. | NAJI Kamila | 08 MKS Trójka Łódź | 1:17.70 | 346 | 36.83 | 40.87 |

O1 - Pływak wystartował po komendzie na miejsca i zajął swoją pozycję nieruchomej a przed sygnałem startu.

NW CHUKHNO Kateryna 08 UKS abianka Gdańsk

17 - 18 lat

| | | | | | | |
|-----|-----------------------|---------------------------|----------------|-----|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 KS Barrakuda Gdańsk | 1:00.16 | 747 | 28.22 | 31.94 |
| 2. | SOBU Julia | 04 UKP Unia Owiścim | 1:03.35 | 639 | 29.67 | 33.68 |
| 3. | SIENKIEWICZ Martyna | 04 MUKS "Piłnastka" | 1:03.64 | 631 | 30.09 | 33.55 |
| 4. | MICHALSKA Julia | 05 WKS Iława | 1:03.84 | 625 | 30.43 | 33.41 |
| 5. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 1:04.62 | 602 | 30.55 | 34.07 |
| 6. | NOWAK Gabriela | 05 MUKS "Piłnastka" | 1:05.19 | 587 | 30.46 | 34.73 |
| 7. | WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 1:05.37 | 582 | 30.46 | 34.91 |
| 8. | PINKOWICZ Alicja | 04 UKP Unia Owiścim | 1:05.39 | 581 | 30.32 | 35.07 |
| 9. | SMEKTAŁA Oliwia | 04 KS Warta Poznań | 1:05.90 | 568 | 30.96 | 34.94 |
| 10. | PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 1:07.00 | 540 | 31.06 | 35.94 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 7, Kobiet, 100m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|------------------------------------|----------------|------|-------|-------|
| 11. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:07.01 | 540 | 31.63 | 35.38 |
| 12. | KEMPA Kinga | 05 | AZS AWF Katowice | 1:07.15 | 537 | 30.28 | 36.87 |
| 13. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:07.53 | 528 | 31.02 | 36.51 |
| 14. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 1:07.59 | 526 | 31.19 | 36.40 |
| 15. | SKALI SKA Ewa | 05 | IKS Konstancin | 1:07.70 | 524 | 32.52 | 35.18 |
| 16. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:07.73 | 523 | 31.06 | 36.67 |
| 17. | SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:08.82 | 499 | 32.21 | 36.61 |
| 18. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:08.84 | 498 | 31.72 | 37.12 |
| 19. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:09.73 | 479 | 31.59 | 38.14 |
| 20. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:11.79 | 439 | 33.59 | 38.20 |
| 21. | KOWALCZYK Katarzyna | 05 | MKP Szczecin | 1:11.80 | 439 | 34.22 | 37.58 |
| DYSKW. | BUKOWSKA Olga | 05 | MKP Szczecin | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła” Puławy | 1:01.92 | 685 | 29.33 | 32.59 |
| 2. | KOLA CZYK Wiktoria | 06 | KS Posnania Pozna | 1:03.84 | 625 | 29.56 | 34.28 |
| 3. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.17 | 615 | 29.42 | 34.75 |
| 4. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 1:04.56 | 604 | 31.02 | 33.54 |
| 5. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 1:05.67 | 574 | 30.82 | 34.85 |
| 6. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 1:06.88 | 543 | 31.50 | 35.38 |
| 7. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:07.31 | 533 | 31.11 | 36.20 |
| 8. | MACIAK Julia | 06 | IUKS „Muszelka” Warszawa | 1:07.70 | 524 | 31.75 | 35.95 |
| 9. | RYFKA Maja | 06 | SMS O wi cim | 1:08.34 | 509 | 32.88 | 35.46 |
| 10. | SULAK Antonina | 06 | UKS Pi tka Konstantinów Łódzki | 1:08.94 | 496 | 32.91 | 36.03 |
| 11. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.33 rk | 467 | 32.26 | 38.07 |
| 12. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.71 rk | 460 | 31.78 | 38.93 |
| 13. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 1:10.85 | 457 | 32.66 | 38.19 |
| 14. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:12.08 | 434 | 33.11 | 38.97 |
| 15. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:14.15 | 399 | 32.91 | 41.24 |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 1:05.42 | 581 | 30.61 | 34.81 |
| 2. | DUDA Anna | 07 | MKP Szczecin | 1:05.78 | 571 | 30.05 | 35.73 |
| 3. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 1:06.40 | 555 | 31.28 | 35.12 |
| 4. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:06.87 | 544 | 30.76 | 36.11 |
| 5. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:08.20 | 512 | 31.82 | 36.38 |
| 6. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wc | 1:09.75 rk | 479 | 31.90 | 37.85 |
| 7. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 1:10.81 | 458 | 31.86 | 38.95 |
| 8. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:13.20 rk | 414 | 34.43 | 38.77 |
| 9. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 10. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:15.67 | 375 | 35.71 | 39.96 |

14 lat

| | | | | | | | |
|-----|--------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 1:05.76 | 572 | 30.32 | 35.44 |
| 2. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 1:07.86 | 520 | 31.02 | 36.84 |
| 3. | BERNACKA Wiktoria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:09.10 | 493 | 32.74 | 36.36 |
| 4. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:09.21 | 490 | 32.26 | 36.95 |
| 5. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 1:09.95 | 475 | 32.99 | 36.96 |
| 6. | TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:10.20 | 470 | 32.50 | 37.70 |
| 7. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 1:10.52 | 463 | 32.62 | 37.90 |
| 8. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.69 | 441 | 33.64 | 38.05 |
| 9. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 1:13.53 | 409 | 33.60 | 39.93 |
| 10. | NAJI Kamila | 08 | MKS Trójka Łód | 1:17.70 | 346 | 36.83 | 40.87 |
| NW | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8
2022.11.12 - 10:32

M czyzn, 100m motylkowy

14 lat i starsi
Wyniki

Rekord Polski 49.18 CIE LAK Marcin POL Budapeszt (HUN) 2020.11.21

Min. indywidualne na M (25m) Melbourne 2022 Open: 49.79 / Min. do sztafety na M (25m) Melbourne 2022 Open: 50.29

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-------------------------|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 90 | ŠEFL Jan | 50.54 | 844 | 23.53 | 27.01 |
| 2. | 02 | JA KIEWICZ Adrian | 51.17 | 814 | 24.12 | 27.05 |
| 3. | 94 | POPRAWA Michał | 52.14 | 769 | 24.59 | 27.55 |
| 4. | 03 | ZUBIK Jan | 52.32 | 761 | 24.53 | 27.79 |
| 5. | 04 | MASIUK Ksawery | 52.34 | 760 | 24.33 | 28.01 |
| 6. | 01 | SMOLI SKI Paweł | 52.49 | 754 | 24.07 | 28.42 |
| 7. | 03 | CHOWANIEC Mateusz | 52.80 | 741 | 24.63 | 28.17 |
| 8. | 04 | KOSI SKI Filip | 53.56 | 709 | 25.03 | 28.53 |
| 9. | 98 | CHRZANOWSKI Damian | 53.68 | 705 | 25.28 | 28.40 |
| 10. | 00 | SZAL Mateusz | 54.15 | 686 | 24.97 | 29.18 |
| 11. | 04 | GULI SKI Maciej | 54.50 | 673 | 25.11 | 29.39 |
| 12. | 04 | CHMIELEWSKI Michał | 54.58 | 670 | 25.80 | 28.78 |
| 13. | 01 | WARZOCHA Albert | 54.88 | 659 | 25.50 | 29.38 |
| | 06 | STY Aleksander | 54.88 | 659 | 25.44 | 29.44 |
| 15. | 04 | TOMASZEWSKI Aleks | 54.91 | 658 | 25.67 | 29.24 |
| 16. | 05 | FALARZ Mateusz | 55.17 | 649 | 25.81 | 29.36 |
| 17. | 05 | MISIAK Szymon | 55.21 | 648 | 25.41 | 29.80 |
| 18. | 05 | MICHTA Bartosz | 55.31 | 644 | 26.23 | 29.08 |
| 19. | 05 | OLEWNICZAK Maciej | 55.37 | 642 | 25.70 | 29.67 |
| 20. | 06 | PASZKOWSKI Bła ej | 55.70 | 631 | 26.28 | 29.42 |
| 21. | 06 | POPIEL Michał | 55.85 | 626 | 26.75 | 29.10 |
| 22. | 99 | BIERO SKI Michał | 55.89 | 624 | 26.05 | 29.84 |
| 23. | 02 | DUDYS Dominik | 56.05 | 619 | 26.03 | 30.02 |
| 24. | 02 | BIELAWA Dominik | 56.08 | 618 | 26.30 | 29.78 |
| 25. | 01 | CIARCZY SKI Janusz | 56.22 | 613 | 25.77 | 30.45 |
| 26. | 04 | MINICHOWSKI Maksymilian | 56.29 | 611 | 25.95 | 30.34 |
| 27. | 94 | KUCA Przemysław | 56.47 | 605 | 25.99 | 30.48 |
| 28. | 05 | JANKOWSKI Przemysław | 56.52 | 604 | 26.44 | 30.08 |
| 29. | 05 | DZIERKACZ Igor | 56.55 | 603 | 26.74 | 29.81 |
| 30. | 04 | STACHURSKI Jerzy | 56.56 | 602 | 26.25 | 30.31 |
| 31. | 04 | CZAPLA Kacper | 56.78 | 595 | 25.99 | 30.79 |
| 32. | 04 | KNOPP Jarosław | 56.92 | 591 | 26.17 | 30.75 |
| 33. | 06 | MALIK Dawid | 57.11 | 585 | 26.66 | 30.45 |
| 34. | 07 | GAJDA Jan | 57.19 | 583 | 26.96 | 30.23 |
| 35. | 04 | J DRZEJKIEWICZ Ignacy | 57.59 | 571 | 26.56 | 31.03 |
| 36. | 05 | SETLAK Marcel | 57.64 | 569 | 27.00 | 30.64 |
| 37. | 03 | ZIELI SKI Konrad | 57.77 | 565 | 26.75 | 31.02 |
| 38. | 04 | STANISŁAWSKI Bartosz | 58.13 | 555 | 26.92 | 31.21 |
| 39. | 07 | WIERASZKA Bartosz | 58.46 | 545 | 27.81 | 30.65 |
| 40. | 07 | MIGLAK Maksymilian | 58.47 | 545 | 26.76 | 31.71 |
| 41. | 91 | KOWALIK Piotr | 58.59 | 542 | 25.99 | 32.60 |
| 42. | 00 | SKIERSKI Radosław | 58.61 | 541 | 27.43 | 31.18 |
| 43. | 06 | MIKULA Vilem | 58.68 | 539 | 27.53 | 31.15 |
| 44. | 04 | MINISZEWSKI Sebastian | 58.91 | 533 | 27.56 | 31.35 |
| 45. | 07 | SHYPIN Aliaksandr | 58.95 | 532 | 27.56 | 31.39 |
| 46. | 03 | BARCZYK Jan | 58.96 | 532 | 26.71 | 32.25 |
| 47. | 08 | MAISTRUK Yehor | 58.98 | 531 | 26.83 | 32.15 |
| 48. | 05 | OKO Maksymilian | 59.05 | 529 | 27.56 | 31.49 |
| 49. | 06 | WO NICKI Dominik | 59.19 | 526 | 27.90 | 31.29 |
| 50. | 03 | G SIOROWSKI Michał | 59.23 | 524 | 27.40 | 31.83 |
| 51. | 07 | WÓJCIAK Oliwier | 59.24 | 524 | 27.70 | 31.54 |
| 52. | 06 | GRUDZI SKI Karol | 59.29 | 523 | 27.50 | 31.79 |
| 53. | 06 | PARADOWSKI Michał | 59.52 | 517 | 28.01 | 31.51 |
| 54. | 05 | WIEK Bła ej | 59.65 | 513 | 27.81 | 31.84 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 8, Mężczyźni, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|----------------------------------|----------------|------|-------|-------|
| 55. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 59.69 | 512 | 27.11 | 32.58 |
| 56. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 59.72 | 512 | 27.66 | 32.06 |
| 57. | DWORAKOWSKI Błażej | 07 | KS Delfin Gdynia | 59.76 | 511 | 28.05 | 31.71 |
| 58. | CIECHOMSKI Rafał | 06 | MKS „Astoria” Bydgoszcz | 59.87 | 508 | 28.24 | 31.63 |
| 59. | URBAŃSKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 59.92 | 507 | 27.72 | 32.20 |
| 60. | OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 59.94 | 506 | 27.55 | 32.39 |
| 61. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 59.99 | 505 | 27.04 | 32.95 |
| 62. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:00.00 | 504 | 27.90 | 32.10 |
| 63. | KRYSIAK Kacper | 04 | MKS Trójka Łódź | 1:00.19 | 500 | 27.56 | 32.63 |
| 64. | URBANIAK Olivier | 07 | MKS Trójka Łódź | 1:00.25 | 498 | 28.63 | 31.62 |
| 65. | PIŃTEK Olivier | 04 | MUKS "Piłkarska" | 1:00.46 | 493 | 28.02 | 32.44 |
| 66. | SZAREK Jan | 06 | WKS Łódź | 1:00.47 | 493 | 28.05 | 32.42 |
| 67. | GRZYWIŃSKI Jakub | 07 | KU AZS UMCS Lublin | 1:00.55 | 491 | 28.46 | 32.09 |
| | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wod | 1:00.55 | 491 | 28.05 | 32.50 |
| 69. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa - rodzimcy | 1:00.57 | 490 | 27.44 | 33.13 |
| 70. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 1:00.63 | 489 | 28.04 | 32.59 |
| 71. | FILIPIAK Mateusz | 07 | MUKS "Piłkarska" | 1:00.70 | 487 | 28.06 | 32.64 |
| 72. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 1:00.77 | 486 | 27.90 | 32.87 |
| 73. | GRÓDZIK Błażej | 04 | MPKS Orka Ciechanów | 1:00.78 | 485 | 28.10 | 32.68 |
| | BELZYŃSKI Maksymilian | 05 | UKS Warszawianka Gdańsk | 1:00.78 | 485 | 28.13 | 32.65 |
| 75. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.83 | 484 | 28.79 | 32.04 |
| 76. | BULIŃSKI Hektor | 05 | UKS „GIM 92 Ursynów” | 1:01.16 | 476 | 28.58 | 32.58 |
| 77. | VORONTSOV Maksym | 05 | TP Zielona Góra | 1:01.28 | 474 | 28.77 | 32.51 |
| 78. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.39 | 471 | 28.50 | 32.89 |
| 79. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 1:01.49 | 469 | 29.20 | 32.29 |
| 80. | HUBIŃSKI Olivier | 07 | KS Delfin Gdynia | 1:01.53 | 468 | 28.65 | 32.88 |
| 81. | LICKUN Tycjan | 05 | MKP Szczecin | 1:01.65 | 465 | 27.63 | 34.02 |
| 82. | KUŁTON Jakub | 07 | KS Warta Poznań | 1:01.66 | 465 | 28.48 | 33.18 |
| 83. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 1:01.97 | 458 | 28.90 | 33.07 |
| 84. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 1:02.06 | 456 | 27.66 | 34.40 |
| 85. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 1:02.56 | 445 | 28.68 | 33.88 |
| 86. | RUTKIEWICZ Łukasz | 08 | KS Warta Poznań | 1:02.58 | 445 | 28.79 | 33.79 |
| 87. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:02.95 | 437 | 28.95 | 34.00 |
| 88. | PORBA Krzysztof | 07 | WKS Łódź | 1:03.01 | 436 | 29.11 | 33.90 |
| 89. | PIETRZYK Antoni | 08 | KU AZS UAM Poznań | 1:03.10 | 434 | 29.24 | 33.86 |
| 90. | TROSZCZYŃSKI Szymon | 07 | Uks Cityzen | 1:03.27 | 430 | 29.27 | 34.00 |
| 91. | MATOFIJA Mikołaj | 05 | UKS Siódemka Gdynia | 1:03.41 | 427 | 29.52 | 33.89 |
| 92. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łódź | 1:03.59 | 424 | 29.26 | 34.33 |
| 93. | LINARD Bartosz | 04 | IKS Konstancin | 1:03.63 | 423 | 27.76 | 35.87 |
| 94. | PAWLAK Hubert | 03 | UKS Piłkarska Konstancin Łódzki | 1:03.79 | 420 | 28.61 | 35.18 |
| 95. | TARCZYŃSKI Bartosz | 07 | UKS 190 Łódź | 1:03.98 | 416 | 30.07 | 33.91 |
| 96. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 1:04.05 | 415 | 29.66 | 34.39 |
| 97. | SZWEDZKI Jakub | 00 | MKS Trójka Łódź | 1:04.29 | 410 | 29.77 | 34.52 |
| 98. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:04.30 | 410 | 29.82 | 34.48 |
| 99. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 1:04.43 | 407 | 29.92 | 34.51 |
| 100. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 1:04.51 | 406 | 29.30 | 35.21 |
| 101. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 1:04.68 | 403 | 28.94 | 35.74 |
| 102. | MITA Dawid | 06 | MKS Piast Głogów | 1:04.70 | 402 | 28.83 | 35.87 |
| 103. | STARO Filip | 08 | UKS Warszawianka Gdańsk | 1:05.01 | 397 | 30.73 | 34.28 |
| 104. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 1:05.65 | 385 | 28.95 | 36.70 |
| 105. | KRIUKOW Aleksander | 06 | IKS Konstancin | 1:07.08 | 361 | 30.96 | 36.12 |
| 106. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 1:07.14 | 360 | 30.26 | 36.88 |
| 107. | SYLWESTROWICZ Wiktor | 07 | MUKS "Piłkarska" | 1:09.43 | 325 | 31.48 | 37.95 |
| 108. | LIBERSKI Mikołaj | 07 | KS Warta Poznań | 1:09.46 | 325 | 31.93 | 37.53 |
| 109. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:10.10 | 316 | 32.72 | 37.38 |
| 110. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 1:10.80 | 307 | 32.03 | 38.77 |
| 111. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:17.00 | 238 | 36.25 | 40.75 |
| DYSKW. | GRACIK Daniel | 04 | Sport Club Pardubice | | | | |

09 - Pływak niewłaściwie zachowywał się podczas zawodów (np. opóźnienie startu, umyślnie zakłócanie porządku i inne).

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8, M czyzn, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|---|-------------------------------|------|------|-----|------|
| DYSKW. MACIEJEWSKI Franciszek | 08 UKS Kapry-Armexim Pruszków | | | | |
| <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | | | |

NW OSTROWSKI Karol 99 MKP Szczecin

17 - 18 lat

| | | | | | |
|-----------------------------|--------------------------------------|----------------|-----|-------|-------|
| 1. MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 52.34 | 760 | 24.33 | 28.01 |
| 2. KOSI SKI Filip | 04 AZS AWF Warszawa | 53.56 | 709 | 25.03 | 28.53 |
| 3. GULI SKI Maciej | 04 KU AZS Uniwersytetu Warszawskiego | 54.50 | 673 | 25.11 | 29.39 |
| 4. CHMIELEWSKI Michał | 04 IUKS „Muszelka” Warszawa | 54.58 | 670 | 25.80 | 28.78 |
| 5. TOMASZEWSKI Aleks | 04 KS KSZO Ostrowiec w. | 54.91 | 658 | 25.67 | 29.24 |
| 6. FALARZ Mateusz | 05 UKS G-8 Bielany Warszawa | 55.17 | 649 | 25.81 | 29.36 |
| 7. MISIAK Szymon | 05 UKS Shark Rudna | 55.21 | 648 | 25.41 | 29.80 |
| 8. MICHTA Bartosz | 05 KS KSZO Ostrowiec w. | 55.31 | 644 | 26.23 | 29.08 |
| 9. OLEWNICZAK Maciej | 05 UKP „Polonia Warszawa” | 55.37 | 642 | 25.70 | 29.67 |
| 10. MINICHOWSKI Maksymilian | 04 UKS "V" Łomianki | 56.29 | 611 | 25.95 | 30.34 |
| 11. JANKOWSKI Przemysław | 05 UKS abianka Gda sk | 56.52 | 604 | 26.44 | 30.08 |
| 12. DZIERKACZ Igor | 05 UKS G-8 Bielany Warszawa | 56.55 | 603 | 26.74 | 29.81 |
| 13. STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 56.56 | 602 | 26.25 | 30.31 |
| 14. CZAPLA Kacper | 04 MKP Szczecin | 56.78 | 595 | 25.99 | 30.79 |
| 15. KNOPP Jarosław | 04 MUKS "Pi tnastka" | 56.92 | 591 | 26.17 | 30.75 |
| 16. J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów" | 57.59 | 571 | 26.56 | 31.03 |
| 17. SETLAK Marcel | 05 UKS abianka Gda sk | 57.64 | 569 | 27.00 | 30.64 |
| 18. STANISŁAWSKI Bartosz | 04 MKS Trójka Łód | 58.13 | 555 | 26.92 | 31.21 |
| 19. MINISZEWSKI Sebastian | 04 MUKS "Pi tnastka" | 58.91 | 533 | 27.56 | 31.35 |
| 20. OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 59.05 | 529 | 27.56 | 31.49 |
| 21. WIEK Bła ej | 05 UKS abianka Gda sk | 59.65 | 513 | 27.81 | 31.84 |
| 22. KRYSIAK Kacper | 04 MKS Trójka Łód | 1:00.19 | 500 | 27.56 | 32.63 |
| 23. PI TEK Olivier | 04 MUKS "Pi tnastka" | 1:00.46 | 493 | 28.02 | 32.44 |
| 24. SIENKIEWICZ Ignacy | 05 IKS Konstancin | 1:00.77 | 486 | 27.90 | 32.87 |
| 25. GR DZIK Bła ej | 04 MPKS Orka Ciechanów | 1:00.78 | 485 | 28.10 | 32.68 |
| BELZYT Maksymilian | 05 UKS abianka Gda sk | 1:00.78 | 485 | 28.13 | 32.65 |
| 27. DOKTÓR Mateusz | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 1:00.83 | 484 | 28.79 | 32.04 |
| 28. BULI SKI Hektor | 05 UKS „GIM 92 Ursynów" | 1:01.16 | 476 | 28.58 | 32.58 |
| 29. VORONTSOV Maksym | 05 TP Zielona Góra | 1:01.28 | 474 | 28.77 | 32.51 |
| 30. LICKUN Tycjan | 05 MKP Szczecin | 1:01.65 | 465 | 27.63 | 34.02 |
| 31. UJEC Maksymilian | 04 KS SWIM-ART Wrocław | 1:02.06 | 456 | 27.66 | 34.40 |
| 32. WENERSKI Eryk | 05 UKP „Polonia Warszawa” | 1:02.56 | 445 | 28.68 | 33.88 |
| 33. MATOFIJ Mikołaj | 05 UKS Siódemka Gdynia | 1:03.41 | 427 | 29.52 | 33.89 |
| 34. LINARD Bartosz | 04 IKS Konstancin | 1:03.63 | 423 | 27.76 | 35.87 |
| 35. NOWAKOWSKI Maksymilian | 05 UKP „Polonia Warszawa” | 1:04.43 | 407 | 29.92 | 34.51 |

DYSKW. GRACIK Daniel 04 Sport Club Pardubice
O9 - Pływak niewła ciwie zachowywał si podczas zawodów (np. opó nianie startu, umy lne zakłócanie porz dku i inne).

16 lat

| | | | | | |
|----------------------|-------------------------------------|--------------|-----|-------|-------|
| 1. STY Aleksander | 06 UKP „Polonia Warszawa” | 54.88 | 659 | 25.44 | 29.44 |
| 2. PASZKOWSKI Bła ej | 06 KU AZS UMCS Lublin | 55.70 | 631 | 26.28 | 29.42 |
| 3. POPIEL Mikołaj | 06 KU AZS UMCS Lublin | 55.85 | 626 | 26.75 | 29.10 |
| 4. MALIK Dawid | 06 UKS G-8 Bielany Warszawa | 57.11 | 585 | 26.66 | 30.45 |
| 5. MIKULA Vilem | 06 Sport Club Pardubice | 58.68 | 539 | 27.53 | 31.15 |
| 6. WO NICKI Dominik | 06 UKP Unia O wi cim | 59.19 | 526 | 27.90 | 31.29 |
| 7. GRUDZI SKI Karol | 06 MKS Juvenia Wrocław | 59.29 | 523 | 27.50 | 31.79 |
| 8. PARADOWSKI Michał | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 59.52 | 517 | 28.01 | 31.51 |
| 9. WASILEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 59.72 | 512 | 27.66 | 32.06 |
| 10. CIECHOMSKI Rafał | 06 MKS „Astoria" Bydgoszcz | 59.87 | 508 | 28.24 | 31.63 |
| 11. URBA SKI Maciej | 06 Mokotowski UKP Warszawianka- Wod | 59.92 | 507 | 27.72 | 32.20 |
| 12. OKTABOWICZ Piotr | 06 UKS Olimpic Warka | 59.94 | 506 | 27.55 | 32.39 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8, Chłopców, 100m motylkowy, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|---------|---|----------------|------|-------|-------|
| 13. | 06 | SZAREK Jan WKS I sk | 1:00.47 | 493 | 28.05 | 32.42 |
| 14. | 06 | YEVDOKYMOV Dmytro Mokotowski UKP Warszawianka- Wc | 1:00.55 | 491 | 28.05 | 32.50 |
| 15. | 06 | ROZMIAREK Mateusz MKP „SŁOWIANKA” Gorzów Wlkp. | 1:04.30 | 410 | 29.82 | 34.48 |
| 16. | 06 | M DREK Krzysztof UKS „Omega” Olkusz | 1:04.51 | 406 | 29.30 | 35.21 |
| 17. | 06 | MITA Dawid MKS Piast Głogów | 1:04.70 | 402 | 28.83 | 35.87 |
| 18. | 06 | RYSTWEJ Maksymilian UKS G-8 Bielany Warszawa | 1:05.65 | 385 | 28.95 | 36.70 |
| 19. | 06 | KRIUKOW Aleksander IKS Konstancin | 1:07.08 | 361 | 30.96 | 36.12 |
| 20. | 06 | KRUPA Borys UKP „Polonia Warszawa” | 1:07.14 | 360 | 30.26 | 36.88 |

15 lat

| | | | | | | |
|-----|----|---|----------------|-----|-------|-------|
| 1. | 07 | GAJDA Jan MKS Trójka Łód | 57.19 | 583 | 26.96 | 30.23 |
| 2. | 07 | WIERASZKA Bartosz TP Zielona Góra | 58.46 | 545 | 27.81 | 30.65 |
| 3. | 07 | MIGLAK Maksymilian KU AZS UAM Pozna | 58.47 | 545 | 26.76 | 31.71 |
| 4. | 07 | SHYPIN Aliaksandr UKS G-8 Bielany Warszawa | 58.95 | 532 | 27.56 | 31.39 |
| 5. | 07 | WÓJCIAK Oliwier UKS "V" Łomianki | 59.24 | 524 | 27.70 | 31.54 |
| 6. | 07 | GORAJ Bartłomiej UKS „Omega” Olkusz | 59.69 | 512 | 27.11 | 32.58 |
| 7. | 07 | DWORAKOWSKI Bła ej KS Delfin Gdynia | 59.76 | 511 | 28.05 | 31.71 |
| 8. | 07 | NOVOTNY Adam Sport Club Pardubice | 1:00.00 | 504 | 27.90 | 32.10 |
| 9. | 07 | URBANIAK Olivier MKS Trójka Łód | 1:00.25 | 498 | 28.63 | 31.62 |
| 10. | 07 | GRZYWI SKI Jakub KU AZS UMCS Lublin | 1:00.55 | 491 | 28.46 | 32.09 |
| 11. | 07 | ŁAZAROWICZ Janusz UKS 48 Warszawa ródmi cie | 1:00.57 | 490 | 27.44 | 33.13 |
| 12. | 07 | FILIPIAK Mateusz MUKS "Pi tnastka" | 1:00.70 | 487 | 28.06 | 32.64 |
| 13. | 07 | MRUGAŁA Michał UKP „Polonia Warszawa” | 1:01.49 | 469 | 29.20 | 32.29 |
| 14. | 07 | HUBI SKI Olivier KS Delfin Gdynia | 1:01.53 | 468 | 28.65 | 32.88 |
| 15. | 07 | KUŁTON Jakub KS Warta Pozna | 1:01.66 | 465 | 28.48 | 33.18 |
| 16. | 07 | POR BA Krzysztof WKS I sk | 1:03.01 | 436 | 29.11 | 33.90 |
| 17. | 07 | TROSZCZY SKI Szymon Uks Cityzen | 1:03.27 | 430 | 29.27 | 34.00 |
| 18. | 07 | MIKOŁAJCZYK Adrian MKS Trójka Łód | 1:03.59 | 424 | 29.26 | 34.33 |
| 19. | 07 | TARCZY SKI Bartosz UKS 190 Łód | 1:03.98 | 416 | 30.07 | 33.91 |
| 20. | 07 | STAWIARSKI Oskar UKP „Polonia Warszawa” | 1:04.05 | 415 | 29.66 | 34.39 |
| 21. | 07 | SYLWESTROWICZ Wiktor MUKS "Pi tnastka" | 1:09.43 | 325 | 31.48 | 37.95 |
| 22. | 07 | LIBERSKI Mikołaj KS Warta Pozna | 1:09.46 | 325 | 31.93 | 37.53 |

14 lat

| | | | | | | |
|--------|----|---|----------------|-----|-------|-------|
| 1. | 08 | MAISTRUK Yehor UKS Tri-Team Rumia | 58.98 | 531 | 26.83 | 32.15 |
| 2. | 08 | JACKIEWICZ Piotr UKS G-8 Bielany Warszawa | 59.99 | 505 | 27.04 | 32.95 |
| 3. | 08 | ACZEK Hubert KS „Wisła” Puławy | 1:00.63 | 489 | 28.04 | 32.59 |
| 4. | 08 | JANIEC Mateusz MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.39 | 471 | 28.50 | 32.89 |
| 5. | 08 | ROSADA Szymon UKS Tri-Team Rumia | 1:01.97 | 458 | 28.90 | 33.07 |
| 6. | 08 | RUTKIEWICZ Łukasz KS Warta Pozna | 1:02.58 | 445 | 28.79 | 33.79 |
| 7. | 08 | MENTEL Igor KS Delfin Gdynia | 1:02.95 | 437 | 28.95 | 34.00 |
| 8. | 08 | PIETRZYK Antoni KU AZS UAM Pozna | 1:03.10 | 434 | 29.24 | 33.86 |
| 9. | 08 | OSÓBKA-MORAWSKI Eryk UKP „Polonia Warszawa” | 1:04.68 | 403 | 28.94 | 35.74 |
| 10. | 08 | STARO Filip UKS abianka Gda sk | 1:05.01 | 397 | 30.73 | 34.28 |
| 11. | 08 | PIOTROWSKI Jakub UKS Tri-Team Rumia | 1:10.10 | 316 | 32.72 | 37.38 |
| 12. | 08 | MACKIEWICZ Piotr UKS "V" Łomianki | 1:10.80 | 307 | 32.03 | 38.77 |
| 13. | 08 | NIEMCZURA Wiktor UKP „Polonia Warszawa” | 1:17.00 | 238 | 36.25 | 40.75 |
| DYSKW. | 08 | MACIEJEWSKI Franciszek UKS Kapry-Armexim Pruszków | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9 Kobiet, 50m grzbietowy 14 lat i starsi
2022.11.12 - 10:40 Wyniki

Rekord Polski 26.03 URBANCZYK Aleksandra POL Lublin 2015.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 25.86 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.12

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|---|---------------|------|
| 14 lat i starsi | | | | |
| 1. | 98 | PEDA Paulina AZS AWF Katowice | 26.84 | 834 |
| 2. | 03 | PISKORSKA Adela KU AZS UMCS Lublin | 26.87 | 831 |
| 3. | 04 | TRENTKIEWICZ Dominika UKS MOS w Opolu | 28.39 | 705 |
| 4. | 02 | NABOJ ENKO Daryna Ústecká akademie plaveckých sport | 28.56 | 692 |
| 5. | 05 | CIERPIAŁOWSKA Paulina KS Barrakuda Gda sk | 28.69 | 683 |
| 6. | 06 | JANISZEWSKA Natalia WKS I sk | 28.88 | 669 |
| 7. | 02 | HERASIMOWICZ Zuzanna AZS AWF Warszawa | 29.07 | 656 |
| 8. | 06 | WŁODARCZYK Elena AZS AWF Warszawa | 29.27 | 643 |
| 9. | 04 | MACIUSZEK Wiktoria KS SWIM-ART Wrocław | 29.35 | 638 |
| 10. | 05 | PALICKA Wiktoria TP Skalar Słupsk | 29.36 | 637 |
| 11. | 05 | BATÓG Dominika UKS abianka Gda sk | 29.43 | 633 |
| 12. | 08 | HLUSHCHENKO Varvara UKS 190 Łód | 29.55 | 625 |
| 13. | 05 | KEMPA Kinga AZS AWF Katowice | 29.69 | 616 |
| 14. | 02 | WI TEK Joanna UKS "Feniks" D bica | 30.00 | 597 |
| 15. | 05 | KARLI SKA Paula MKP Szczecin | 30.17 | 587 |
| 16. | 08 | GRACJASZ Wiktoria UKS „Jasie ” Sucha Beskidzka | 30.20 | 585 |
| 17. | 01 | CIEPLAK Aleksandra AZS AWF Katowice | 30.30 | 580 |
| 18. | 06 | SZARGIEJ Aleksandra UKS abianka Gda sk | 30.39 | 574 |
| 19. | 04 | SIENKIEWICZ Martyna MUKS "Pi tnastka" | 30.40 | 574 |
| 20. | 07 | SIEDLEWSKA Marcelina UKP „Polonia Warszawa" | 30.53 | 567 |
| 21. | 06 | MACURA Kinga UKP Unia O wi cim | 30.57 | 564 |
| 22. | 06 | JASI SKA Michalina Mokotowski UKP Warszawianka- Wodny | F30.58 | 564 |
| 23. | 00 | DZWONNIK Zuzanna TP Olimpijczyk Aleksandrów Łódzki | 30.60 | 563 |
| 24. | 06 | BIEGA SKA Aleksandra UKS Ostrobramska | 30.68 | 558 |
| 25. | 06 | ADAMCZYK Karolina Mokotowski UKP Warszawianka- Wodny | F30.69 | 558 |
| | 07 | FILIPOWICZ Barbara UKS „GIM 92 Ursynów" | 30.69 | 558 |
| 27. | 03 | GRO Weronika MKS „Astoria" Bydgoszcz | 30.76 | 554 |
| 28. | 06 | MICHALSKA Weronika Uks Cityzen | 30.84 | 550 |
| 29. | 08 | NAPIERALCZYK Martyna WKS I sk | 30.86 | 549 |
| 30. | 07 | KUCZMAR Zuzanna UKP „Polonia Warszawa" | 30.89 | 547 |
| 31. | 05 | DZIADEK Amelia KS Warta Pozna | 30.92 | 545 |
| 32. | 07 | PALLUTH Aleksandra KP Aquapark W growiec | 30.93 | 545 |
| 33. | 06 | MIKOŁAJCZAK Malwina KS Posnania Pozna | 31.08 | 537 |
| | 08 | RENNER Laura KU AZS UAM Pozna | 31.08 | 537 |
| 35. | 06 | JANIK Julia UKS 190 Łód | 31.62 | 510 |
| 36. | 05 | CIESIELSKA Inga MUKS "Pi tnastka" | 31.81 | 501 |
| 37. | 06 | PARADOWSKA Oliwia UKS abianka Gda sk | 31.86 | 498 |
| 38. | 05 | RONKIEWICZ Dominika MUKS "Pi tnastka" | 31.92 | 496 |
| 39. | 06 | CHMIELEWSKA Aleksandra Mi dzyszkołny UKS „Olimpijczyk" Suwałk | 32.06 | 489 |
| 40. | 07 | MICHALSKA Pola Mokotowski UKP Warszawianka- Wodny | F32.11 | 487 |
| 41. | 07 | YAKYMENKO Sofija MKP Szczecin | 32.14 | 486 |
| 42. | 08 | PAWLAK Lena TP Olimpijczyk Aleksandrów Łódzki | 32.19 | 483 |
| 43. | 03 | CZECHYRA Agata KS Warta Pozna | 32.38 | 475 |
| 44. | 06 | BŁASZCZYK Wiktoria Mokotowski UKP Warszawianka- Wodny | F32.50 | 470 |
| | 08 | JA KOWSKA Julia UKS MOS w Opolu | 32.50 | 470 |
| 46. | 06 | SOLI SKA Patrycja UKP „Polonia Warszawa" | 32.53 | 468 |
| 47. | 05 | WORONIECKA Emilia MUKS "Pi tnastka" | 32.56 | 467 |
| 48. | 06 | KULCZY SKA Adriana MUKS "Pi tnastka" | 32.66 | 463 |
| 49. | 07 | GRACKA Hanna MKP Szczecin | 32.83 | 456 |
| 50. | 06 | MATJAKOWSKA Julia MUKS "Pi tnastka" | 32.97 | 450 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9, Kobiet, 50m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------------|---------------|------|
| 51. | 07 | UKP „Polonia Warszawa” | 33.13 | 443 |
| 52. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.26 | 438 |
| 53. | 08 | MKP Szczecin | 33.32 | 436 |
| 54. | 07 | Mokotowski UKP Warszawianka- Wodny | F33.59 | 425 |
| 55. | 04 | UKS "ORKA" Luba | 33.64 | 423 |
| 56. | 05 | MKS Piaseczno | 33.69 | 422 |
| 57. | 05 | UKS „GIM 92 Ursynów” | 33.85 | 416 |
| 58. | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.93 | 413 |
| 59. | 08 | UKS abianka Gda sk | 34.02 | 409 |
| 60. | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 34.04 | 409 |
| 61. | 08 | UKS Ostrobramska | 34.12 | 406 |
| 62. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 34.44 | 395 |
| 63. | 08 | MKS Znicz Koszalin | 34.63 | 388 |
| 64. | 07 | MKS Trójka Łód | 34.64 | 388 |
| 65. | 06 | MKP Szczecin | 34.80 | 382 |
| | 07 | MKS Trójka Łód | 34.80 | 382 |
| 67. | 04 | Mokotowski UKP Warszawianka- Wodny | F35.40 | 363 |
| 68. | 07 | MUKS "Pi tnaстка" | 35.54 | 359 |
| 69. | 08 | UKS 190 Łód | 36.32 | 336 |
| 70. | 07 | UKS Ostrobramska | 36.55 | 330 |
| 71. | 07 | UKS Ostrobramska | 36.68 | 326 |
| 72. | 07 | Grupa 5Styl | 36.97 | 319 |
| 73. | 08 | UKS abianka Gda sk | 37.57 | 304 |
| 74. | 08 | Dwójka Morena Gda sk | 41.59 | 224 |
| NW | 06 | MKS Trójka Łód | | |

17 - 18 lat

| | | | | |
|-----|----|------------------------------------|---------------|-----|
| 1. | 04 | UKS MOS w Opolu | 28.39 | 705 |
| 2. | 05 | KS Barrakuda Gda sk | 28.69 | 683 |
| 3. | 04 | KS SWIM-ART Wrocław | 29.35 | 638 |
| 4. | 05 | TP Skalar Słupsk | 29.36 | 637 |
| 5. | 05 | UKS abianka Gda sk | 29.43 | 633 |
| 6. | 05 | AZS AWF Katowice | 29.69 | 616 |
| 7. | 05 | MKP Szczecin | 30.17 | 587 |
| 8. | 04 | MUKS "Pi tnałka" | 30.40 | 574 |
| 9. | 05 | KS Warta Pozna | 30.92 | 545 |
| 10. | 05 | MUKS "Pi tnałka" | 31.81 | 501 |
| 11. | 05 | MUKS "Pi tnałka" | 31.92 | 496 |
| 12. | 05 | MUKS "Pi tnałka" | 32.56 | 467 |
| 13. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.26 | 438 |
| 14. | 04 | UKS "ORKA" Luba | 33.64 | 423 |
| 15. | 05 | MKS Piaseczno | 33.69 | 422 |
| 16. | 05 | UKS „GIM 92 Ursynów” | 33.85 | 416 |
| 17. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 34.44 | 395 |
| 18. | 04 | Mokotowski UKP Warszawianka- Wodny | F35.40 | 363 |

16 lat

| | | | | |
|----|----|------------------------------------|---------------|-----|
| 1. | 06 | WKS I sk | 28.88 | 669 |
| 2. | 06 | AZS AWF Warszawa | 29.27 | 643 |
| 3. | 06 | UKS abianka Gda sk | 30.39 | 574 |
| 4. | 06 | UKP Unia O wi cim | 30.57 | 564 |
| 5. | 06 | Mokotowski UKP Warszawianka- Wodny | F30.58 | 564 |
| 6. | 06 | UKS Ostrobramska | 30.68 | 558 |
| 7. | 06 | Mokotowski UKP Warszawianka- Wodny | F30.69 | 558 |
| 8. | 06 | Uks Cityzen | 30.84 | 550 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9, Dziewcz t, 50m grzbietowy, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------|--|------------------|
| 9. | 06 | MIKOŁAJCZAK Malwina | KS Pospolania Pozna | 31.08 537 |
| 10. | 06 | JANIK Julia | UKS 190 Łód | 31.62 510 |
| 11. | 06 | PARADOWSKA Oliwia | UKS abianka Gda sk | 31.86 498 |
| 12. | 06 | CHMIELEWSKA Aleksandra | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 32.06 489 |
| 13. | 06 | BŁASZCZYK Wiktoria | Mokotowski UKP Warszawianka- Wodny | 32.50 470 |
| 14. | 06 | SOLI SKA Patrycja | UKP „Polonia Warszawa” | 32.53 468 |
| 15. | 06 | KULCZY SKA Adriana | MUKS "Pi tnastka" | 32.66 463 |
| 16. | 06 | MATJAKOWSKA Julia | MUKS "Pi tnastka" | 32.97 450 |
| 17. | 06 | CHUMACHENKO Daryna | MKP Szczecin | 34.80 382 |
| NW | 06 | ŁYSAKOWSKA Karina | MKS Trójka Łód | |

15 lat

| | | | | |
|-----|----|----------------------|------------------------------------|------------------|
| 1. | 07 | SIEDLEWSKA Marcelina | UKP „Polonia Warszawa” | 30.53 567 |
| 2. | 07 | FILIPOWICZ Barbara | UKS „GIM 92 Ursynów” | 30.69 558 |
| 3. | 07 | KUCZMAR Zuzanna | UKP „Polonia Warszawa” | 30.89 547 |
| 4. | 07 | PALLUTH Aleksandra | KP Aquapark W growiec | 30.93 545 |
| 5. | 07 | MICHALSKA Pola | Mokotowski UKP Warszawianka- Wodny | 32.11 487 |
| 6. | 07 | YAKYMENKO Sofija | MKP Szczecin | 32.14 486 |
| 7. | 07 | GRACKA Hanna | MKP Szczecin | 32.83 456 |
| 8. | 07 | DOŁOWY Małgorzata | UKP „Polonia Warszawa” | 33.13 443 |
| 9. | 07 | ORASZEK Karolina | Mokotowski UKP Warszawianka- Wodny | 33.59 425 |
| 10. | 07 | POŁE Hanna | MKS Trójka Łód | 34.64 388 |
| 11. | 07 | POLI SKA Natalia | MKS Trójka Łód | 34.80 382 |
| 12. | 07 | LUTKOWSKA Pola | MUKS "Pi tnastka" | 35.54 359 |
| 13. | 07 | ŁAB CKA Jolanta | UKS Ostrobramska | 36.55 330 |
| 14. | 07 | SOCHA Maria | UKS Ostrobramska | 36.68 326 |
| 15. | 07 | WAWRZYNIAK Julia | Grupa 5Styl | 36.97 319 |

14 lat

| | | | | |
|-----|----|----------------------|-----------------------------------|------------------|
| 1. | 08 | HLUSHCHENKO Varvara | UKS 190 Łód | 29.55 625 |
| 2. | 08 | GRACJASZ Wiktoria | UKS „Jasie ” Sucha Beskidzka | 30.20 585 |
| 3. | 08 | NAPIERALCZYK Martyna | WKS I sk | 30.86 549 |
| 4. | 08 | RENNER Laura | KU AZS UAM Pozna | 31.08 537 |
| 5. | 08 | PAWLAK Lena | TP Olimpijczyk Aleksandrów Łódzki | 32.19 483 |
| 6. | 08 | JAKOWSKA Julia | UKS MOS w Opolu | 32.50 470 |
| 7. | 08 | ZABRANIAK Karina | MKP Szczecin | 33.32 436 |
| 8. | 08 | GRACA Maja | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.93 413 |
| 9. | 08 | KOWALSKA Lena | UKS abianka Gda sk | 34.02 409 |
| 10. | 08 | KOZIEJSKA Zuzanna | MKP „SŁOWIANKA” Gorzów Wlkp. | 34.04 409 |
| 11. | 08 | SKORYKOW Lena | UKS Ostrobramska | 34.12 406 |
| 12. | 08 | DEREWECKA Kamila | MKS Znicz Koszalin | 34.63 388 |
| 13. | 08 | STYPKA Amelia | UKS 190 Łód | 36.32 336 |
| 14. | 08 | BELZYT Maja | UKS abianka Gda sk | 37.57 304 |
| 15. | 08 | TRELKA Zuzanna | Dwójka Morena Gda sk | 41.59 224 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10 M czyzn, 50m grzbietowy 14 lat i starsi
2022.11.12 - 10:48 Wyniki

Rekord Polski 22.96 POLEWKA Tomasz POL Netanya (ISR) 2015.12.06

Min. indywidualne na M (25m) Melbourne 2022 Open: 22.89 / Min. do sztafety na M (25m) Melbourne 2022 Open: 23.12

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 94 | POLEWKA Tomasz AZS AWF Katowice | 23.07 | 893 |
| 2. | 01 | CEJKA Jan Sport Club Pardubice | 24.17 | 776 |
| 3. | 96 | LUDWICZAK Piotr AZS AWF Katowice | 24.51 | 745 |
| 4. | 02 | KRÓL Jan KS AZS AGH Kraków | 24.79 | 720 |
| 5. | 04 | KOSI SKI Filip AZS AWF Warszawa | 24.97 | 704 |
| 6. | 03 | SIENKIEWICZ Aleksander AZS AWF Katowice | 24.99 | 702 |
| 7. | 04 | PRUSZY SKI Michał TP Zielona Góra | 25.15 | 689 |
| 8. | 00 | KUCZAK Adam AZS AWF Katowice | 25.20 | 685 |
| 9. | 06 | PASZKOWSKI Bła ej KU AZS UMCS Lublin | 25.42 | 667 |
| 10. | 05 | JANKOWSKI Przemysław UKS abianka Gda sk | 25.63 | 651 |
| 11. | 01 | CZESZEWSKI Krystian MKP Szczecin | 25.73 | 644 |
| 12. | 99 | BRYŁA Kamil AZS AWF Katowice | 25.77 | 641 |
| 13. | 06 | KRUCKI Kajetan KS Posnania Pozna | 25.80 | 638 |
| 14. | 05 | RÓ YCKI Szymon UKS „GIM 92 Ursynów” | 25.93 | 629 |
| 15. | 05 | FALARZ Mateusz UKS G-8 Bielany Warszawa | 25.99 | 624 |
| 16. | 07 | LESIK Oskar UKS G-8 Bielany Warszawa | 26.07 | 619 |
| 17. | 03 | MATULA Wojt ch Ústecká akademie plaveckých sport | 26.10 | 617 |
| 18. | 06 | POPIEL Mikołaj KU AZS UMCS Lublin | 26.14 | 614 |
| 19. | 04 | CZAPLA Kacper MKP Szczecin | 26.19 | 610 |
| 20. | 04 | MINICHOWSKI Maksymilian UKS "V" Łomianki | 26.24 | 607 |
| 21. | 05 | KOWALSKI Mateusz KS Delfin Gdynia | 26.64 | 580 |
| | 04 | TOMASZEWSKI Aleks KS KSZO Ostrowiec w. | 26.64 | 580 |
| 23. | 05 | SUCHA SKI Filip UKS 51 Lublin | 26.66 | 578 |
| 24. | 05 | SZPALER Jakub TP Zielona Góra | 26.68 | 577 |
| 25. | 07 | URBANIAK Olivier MKS Trójka Łód | 26.77 | 571 |
| 26. | 08 | ZGODA Szymon UKP „Polonia Warszawa” | 26.96 | 559 |
| 27. | 07 | KRUPA Jakub UKP Unia O wi cim | 27.04 | 554 |
| 28. | 06 | POPOW Igor Mokotowski UKP Warszawianka- Wodny | 27.08 | 552 |
| 29. | 08 | DOBRYJANOWICZ Michał UKS G-8 Bielany Warszawa | 27.15 | 548 |
| 30. | 06 | KONKEL Filip TP Skalar Słupsk | 27.18 | 546 |
| 31. | 04 | WAŁCERZ Maksymilian MKP „SŁOWIANKA” Gorzów Wlkp. | 27.19 | 545 |
| 32. | 00 | WO NIAK Maciej UKS 190 Łód | 27.26 | 541 |
| 33. | 05 | SZCZ SNY Stanisław UKS "V" Łomianki | 27.34 | 536 |
| 34. | 04 | MINISZEWSKI Sebastian MUKS "Pi tnastka” | 27.44 | 530 |
| 35. | 05 | PASTERNAK Tomasz UKS MOS w Opolu | 27.54 | 525 |
| 36. | 07 | ŁAZAROWICZ Janusz UKS 48 Warszawa ródemie cie | 27.55 | 524 |
| 37. | 05 | TKACZ Wiktor MKS Piaseczno | 27.58 | 522 |
| | 06 | LUCOW Jan UKP „Polonia Warszawa” | 27.58 | 522 |
| | 05 | SROKA Bła ej UKS abianka Gda sk | 27.58 | 522 |
| 40. | 05 | PIE KOWSKI Bartłomiej MKP Szczecin | 27.63 | 520 |
| 41. | 06 | DUBIEL Wiktor UKS abianka Gda sk | 27.77 | 512 |
| 42. | 05 | SZEWCZYK Roch UKP „Polonia Warszawa” | 27.86 | 507 |
| 43. | 06 | DUBINIAK Kacper UKS 48 Warszawa ródemie cie | 27.88 | 506 |
| 44. | 07 | RYSAVKA Jachym Sport Club Pardubice | 27.94 | 502 |
| 45. | 03 | ADAMCZYK Jan KS AZS AGH Kraków | 28.02 | 498 |
| | 06 | PACEWICZ Wiktor UKS 190 Łód | 28.02 | 498 |
| 47. | 03 | LE NIEWSKI Patryk UKS Pi tka Konstancynów Łódzki | 28.06 | 496 |
| 48. | 06 | KACZMAREK Michał UKS G-8 Bielany Warszawa | 28.07 | 496 |
| 49. | 08 | BIE KOWSKI Mateusz UKS abianka Gda sk | 28.20 | 489 |
| 50. | 02 | BILSKI Bartosz KS SWIM-ART Wrocław | 28.27 | 485 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, M czyzn, 50m grzbietowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. | | |
|---------|--------------|--------------|-----------|------------------------------|--------------------------|--------------|-----|
| 50. | HETMAN | Mikołaj | 07 | MUKS "Pi tnastrka" | 28.27 | 485 | |
| 52. | MY | LIWIEC | Bartosz | 04 | MKP Szczecin | 28.32 | 483 |
| 53. | JANKOWSKI | Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 28.34 | 481 | |
| 54. | ZAPERT | Korneliusz | 00 | KS AZS AWF Wrocław | 28.53 | 472 | |
| 55. | ŁANGOWSKI | Maciej | 02 | KS Warta Pozna | 28.59 | 469 | |
| 56. | ŁUSZCZY | SKI | Krzysztof | 08 | UKS abianka Gda sk | 28.62 | 467 |
| 57. | MICHNIEWICZ | Marcel | 06 | WKS I sk | 28.64 | 466 | |
| 58. | J | DRZEJKIEWICZ | Ignacy | 04 | UKS „GIM 92 Ursynów” | 28.65 | 466 |
| 59. | STARZY | SKI | Filip | 06 | KP Aquapark W growiec | 28.97 | 451 |
| 60. | PERA | Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.03 | 448 | |
| 61. | KASPRZAK | Krzysztof | 05 | MKS Piaseczno | 29.04 | 447 | |
| 62. | URBA | SKI | Filip | 04 | UKS G-8 Bielany Warszawa | 29.11 | 444 |
| 63. | KOLUCH | Franciszek | 07 | UKS Kapry-Armexim Pruszków | 29.20 | 440 | |
| 64. | TOPOLNICKI | Maksymilian | 06 | UKS MOS w Opolu | 29.27 | 437 | |
| 65. | CUR | Kacper | 07 | UKS „GIM 92 Ursynów” | 29.36 | 433 | |
| 66. | HUBI | SKI | Olivier | 07 | KS Delfin Gdynia | 29.48 | 428 |
| 67. | KOWALCZYK | Sebastian | 08 | UKS G-8 Bielany Warszawa | 29.53 | 426 | |
| 68. | STAWIARSKI | Oskar | 07 | UKP „Polonia Warszawa” | 29.67 | 420 | |
| 69. | KRUK | Franciszek | 07 | UKS „GIM 92 Ursynów” | 29.70 | 418 | |
| 70. | LE | NIEWSKI | Wiktor | 06 | UKP „Polonia Warszawa” | 29.72 | 417 |
| 71. | TREDER | Konrad | 08 | UKS abianka Gda sk | 30.18 | 399 | |
| 72. | WAWRZYNIAK | Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.43 | 389 | |
| 73. | KONIECZNY | Witold | 08 | UKS abianka Gda sk | 30.45 | 388 | |
| 74. | RODZIEWICZ | Bartosz | 07 | MKP Szczecin | 30.65 | 381 | |
| 75. | SAWI | SKI | Michał | 07 | ORKA Szamotuły | 30.94 | 370 |
| 76. | FEDERKIEWICZ | Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.11 | 364 | |
| 77. | JARECKI | Bartosz | 08 | UKS 48 Warszawa ródemie cie | 31.51 | 350 | |
| 78. | OL | DZKI | Daniel | 08 | UKP „Polonia Warszawa” | 31.52 | 350 |
| 79. | NOWAKOWSKI | Maksymilian | 05 | UKP „Polonia Warszawa” | 31.78 | 341 | |
| 80. | MIELCZAREK | Maciej | 07 | UKP „Polonia Warszawa” | 31.82 | 340 | |
| 81. | SOSNOWSKI | Oliwier | 05 | UKS MOS w Opolu | 31.94 | 336 | |
| 82. | OLSZEWSKI | Jakub | 08 | MKP Szczecin | 32.13 | 330 | |
| 83. | SKULSKI | Ryszard | 08 | UKS Olympic Warka | 33.00 | 305 | |
| NW | OSTROWSKI | Karol | 99 | MKP Szczecin | | | |

17 - 18 lat

| | | | | | | | |
|-----|-------------|-------------|------------|------------------------------|----------------------|--------------|-----|
| 1. | KOSI | SKI | Filip | 04 | AZS AWF Warszawa | 24.97 | 704 |
| 2. | PRUSZY | SKI | Michał | 04 | TP Zielona Góra | 25.15 | 689 |
| 3. | JANKOWSKI | Przemysław | 05 | UKS abianka Gda sk | 25.63 | 651 | |
| 4. | RÓ | YCKI | Szymon | 05 | UKS „GIM 92 Ursynów” | 25.93 | 629 |
| 5. | FALARZ | Mateusz | 05 | UKS G-8 Bielany Warszawa | 25.99 | 624 | |
| 6. | CZAPLA | Kacper | 04 | MKP Szczecin | 26.19 | 610 | |
| 7. | MINICHOWSKI | Maksymilian | 04 | UKS "V" Łomianki | 26.24 | 607 | |
| 8. | KOWALSKI | Mateusz | 05 | KS Delfin Gdynia | 26.64 | 580 | |
| | TOMASZEWSKI | Aleks | 04 | KS KSZO Ostrowiec w. | 26.64 | 580 | |
| 10. | SUCHA | SKI | Filip | 05 | UKS 51 Lublin | 26.66 | 578 |
| 11. | SZPALER | Jakub | 05 | TP Zielona Góra | 26.68 | 577 | |
| 12. | WAŁCERZ | Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.19 | 545 | |
| 13. | SZCZ | SNY | Stanisław | 05 | UKS "V" Łomianki | 27.34 | 536 |
| 14. | MINISZEWSKI | Sebastian | 04 | MUKS "Pi tnastrka" | 27.44 | 530 | |
| 15. | PASTERNAK | Tomasz | 05 | UKS MOS w Opolu | 27.54 | 525 | |
| 16. | TKACZ | Wiktor | 05 | MKS Piaseczno | 27.58 | 522 | |
| | SROKA | Bła | ej | 05 | UKS abianka Gda sk | 27.58 | 522 |
| 18. | PIE | KOWSKI | Bartłomiej | 05 | MKP Szczecin | 27.63 | 520 |
| 19. | SZEWCZYK | Roch | 05 | UKP „Polonia Warszawa” | 27.86 | 507 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, Chłopców, 50m grzbietowy, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|------------------------------|--------------|------|
| 20. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 28.32 | 483 |
| 21. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 28.34 | 481 |
| 22. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 28.65 | 466 |
| 23. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 29.04 | 447 |
| 24. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 29.11 | 444 |
| 25. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa" | 31.78 | 341 |
| 26. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 31.94 | 336 |

16 lat

| | | | | | |
|-----|------------------------|----|------------------------------------|--------------|-----|
| 1. | PASZKOWSKI Błażej | 06 | KU AZS UMCS Lublin | 25.42 | 667 |
| 2. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 25.80 | 638 |
| 3. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 26.14 | 614 |
| 4. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny | 27.08 | 552 |
| 5. | KONKEL Filip | 06 | TP Skalar Słupsk | 27.18 | 546 |
| 6. | LUCOW Jan | 06 | UKP „Polonia Warszawa" | 27.58 | 522 |
| 7. | DUBIEL Wiktor | 06 | UKS abianka Gdańsk | 27.77 | 512 |
| 8. | DUBINIAK Kacper | 06 | UKS 48 Warszawa różmiecie | 27.88 | 506 |
| 9. | PACEWICZ Wiktor | 06 | UKS 190 Łódź | 28.02 | 498 |
| 10. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 28.07 | 496 |
| 11. | MICHNIEWICZ Marcel | 06 | WKS I sk | 28.64 | 466 |
| 12. | STARZY SKI Filip | 06 | KP Aquapark Wągrowiec | 28.97 | 451 |
| 13. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 29.27 | 437 |
| 14. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa" | 29.72 | 417 |
| 15. | WAWRZY尼亚K Filip | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.43 | 389 |

15 lat

| | | | | | |
|-----|--------------------|----|------------------------------|--------------|-----|
| 1. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 26.07 | 619 |
| 2. | URBANIAK Olivier | 07 | MKS Trójka Łódź | 26.77 | 571 |
| 3. | KRUPA Jakub | 07 | UKP Unia Opatów | 27.04 | 554 |
| 4. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa różmiecie | 27.55 | 524 |
| 5. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.94 | 502 |
| 6. | HETMAN Mikołaj | 07 | MUKS "Piastka" | 28.27 | 485 |
| 7. | PERA Jan | 07 | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.03 | 448 |
| 8. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 29.20 | 440 |
| 9. | CUR Kacper | 07 | UKS „GIM 92 Ursynów" | 29.36 | 433 |
| 10. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 29.48 | 428 |
| 11. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa" | 29.67 | 420 |
| 12. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów" | 29.70 | 418 |
| 13. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 30.65 | 381 |
| 14. | SAWI SKI Michał | 07 | ORKA Szamotuły | 30.94 | 370 |
| 15. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa" | 31.82 | 340 |

14 lat

| | | | | | |
|-----|-----------------------|----|------------------------------|--------------|-----|
| 1. | ZGODA Szymon | 08 | UKP „Polonia Warszawa" | 26.96 | 559 |
| 2. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 27.15 | 548 |
| 3. | BIEKOWSKI Mateusz | 08 | UKS abianka Gdańsk | 28.20 | 489 |
| 4. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gdańsk | 28.62 | 467 |
| 5. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 29.53 | 426 |
| 6. | TREDER Konrad | 08 | UKS abianka Gdańsk | 30.18 | 399 |
| 7. | KONIECZNY Witold | 08 | UKS abianka Gdańsk | 30.45 | 388 |
| 8. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.11 | 364 |
| 9. | JARECKI Bartosz | 08 | UKS 48 Warszawa różmiecie | 31.51 | 350 |
| 10. | OLCZYK Daniel | 08 | UKP „Polonia Warszawa" | 31.52 | 350 |
| 11. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 32.13 | 330 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, Chłopców, 50m grzbietowy, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|---------------------|----------------------|--------------|------|
| 12. SKULSKI Ryszard | 08 UKS Olympic Warka | 33.00 | 305 |

Konkurencja 11
2022.11.12 - 10:54

M czyzn, 800m dowolny

14 lat i starsi
Wyniki

Rekord Polski 7:33.60 WOJDAK Wojciech POL Lublin 2015.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 7:38.25

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|------------------------------|-----------------------|-----------------------|
| 14 lat i starsi | | | |
| 1. ZABOROWSKI Filip | 94 MKP Szczecin | 7:57.77 | 799 |
| 100m: 58.92 58.92 | 300m: 3:00.40 1:00.67 | 500m: 5:01.28 1:00.24 | 700m: 7:00.11 59.15 |
| 200m: 1:59.73 1:00.81 | 400m: 4:01.04 1:00.64 | 600m: 6:00.96 59.68 | 800m: 7:57.77 57.66 |
| 2. FILIPIAK Mikołaj | 06 KS Barrakuda Gda sk | 8:02.77 | 774 |
| 100m: 58.40 58.40 | 300m: 3:01.00 1:01.33 | 500m: 5:03.33 1:01.05 | 700m: 7:05.35 1:00.60 |
| 200m: 1:59.67 1:01.27 | 400m: 4:02.28 1:01.28 | 600m: 6:04.75 1:01.42 | 800m: 8:02.77 57.42 |
| 3. KAPAŁA Szymon | 03 AZS AWF Warszawa | 8:03.25 | 772 |
| 100m: 58.83 58.83 | 300m: 3:00.82 1:00.92 | 500m: 5:02.14 1:00.65 | 700m: 7:04.23 1:01.30 |
| 200m: 1:59.90 1:01.07 | 400m: 4:01.49 1:00.67 | 600m: 6:02.93 1:00.79 | 800m: 8:03.25 59.02 |
| 4. LARY Jerzy | 06 IUKS „Muszelka” Warszawa | 8:11.33 | 735 |
| 100m: 58.21 58.21 | 300m: 3:01.01 1:01.58 | 500m: 5:05.44 1:02.49 | 700m: 7:09.40 1:02.17 |
| 200m: 1:59.43 1:01.22 | 400m: 4:02.95 1:01.94 | 600m: 6:07.23 1:01.79 | 800m: 8:11.33 1:01.93 |
| 5. RADKIEWICZ Kajetan | 05 KS KSZO Ostrowiec w. | 8:12.72 | 728 |
| 100m: 58.62 58.62 | 300m: 3:01.90 1:01.86 | 500m: 5:06.71 1:02.84 | 700m: 7:12.57 1:02.69 |
| 200m: 2:00.04 1:01.42 | 400m: 4:03.87 1:01.97 | 600m: 6:09.88 1:03.17 | 800m: 8:12.72 1:00.15 |
| 6. PI TKA Hubert | 04 MKP Szczecin | 8:13.72 | 724 |
| 100m: 59.18 59.18 | 300m: 3:03.11 1:01.90 | 500m: 5:07.99 1:02.26 | 700m: 7:12.98 1:02.39 |
| 200m: 2:01.21 1:02.03 | 400m: 4:05.73 1:02.62 | 600m: 6:10.59 1:02.60 | 800m: 8:13.72 1:00.74 |
| 7. ZDYBEL Adam | 05 KS Delfin Gdynia | 8:15.21 | 717 |
| 100m: 59.47 59.47 | 300m: 3:04.12 1:02.45 | 500m: 5:10.27 1:03.06 | 700m: 7:15.35 1:02.47 |
| 200m: 2:01.67 1:02.20 | 400m: 4:07.21 1:03.09 | 600m: 6:12.88 1:02.61 | 800m: 8:15.21 59.86 |
| 8. GRZEGORCZYK Wiktor | 02 AZS AWF Warszawa | 8:18.16 | 705 |
| 100m: 1:00.14 1:00.14 | 300m: 3:04.67 1:02.36 | 500m: 5:09.04 1:02.51 | 700m: 7:16.28 1:04.04 |
| 200m: 2:02.31 1:02.17 | 400m: 4:06.53 1:01.86 | 600m: 6:12.24 1:03.20 | 800m: 8:18.16 1:01.88 |
| 9. GNACZY SKI Michał | 07 MKP Szczecin | 8:20.24 | 696 |
| 100m: 1:00.19 1:00.19 | 300m: 3:06.15 1:03.11 | 500m: 5:11.77 1:02.51 | 700m: 7:18.24 1:03.34 |
| 200m: 2:03.04 1:02.85 | 400m: 4:09.26 1:03.11 | 600m: 6:14.90 1:03.13 | 800m: 8:20.24 1:02.00 |
| 10. MIENICKI Rafał | 06 UKS 48 Warszawa ródmi cie | 8:23.36 | 683 |
| 100m: 59.08 59.08 | 300m: 3:06.14 1:03.54 | 500m: 5:14.11 1:03.94 | 700m: 7:22.18 1:04.14 |
| 200m: 2:02.60 1:03.52 | 400m: 4:10.17 1:04.03 | 600m: 6:18.04 1:03.93 | 800m: 8:23.36 1:01.18 |
| 11. WALTER Jakub | 04 UKP Unia O wi cim | 8:24.77 | 677 |
| 100m: 59.60 59.60 | 300m: 3:06.33 1:03.78 | 500m: 5:15.51 1:04.82 | 700m: 7:24.22 1:03.51 |
| 200m: 2:02.55 1:02.95 | 400m: 4:10.69 1:04.36 | 600m: 6:20.71 1:05.20 | 800m: 8:24.77 1:00.55 |
| 12. KOWALSKI Mateusz | 05 KS Delfin Gdynia | 8:25.95 | 673 |
| 100m: 59.58 59.58 | 300m: 3:07.72 1:04.07 | 500m: 5:16.34 1:04.34 | 700m: 7:23.80 1:03.44 |
| 200m: 2:03.65 1:04.07 | 400m: 4:12.00 1:04.28 | 600m: 6:20.36 1:04.02 | 800m: 8:25.95 1:02.15 |
| 13. GOŁACKI Sergiusz | 04 UKS 190 Łód | 8:27.06 | 668 |
| 100m: 1:00.26 1:00.26 | 300m: 3:06.68 1:03.44 | 500m: 5:13.89 1:03.70 | 700m: 7:22.65 1:04.37 |
| 200m: 2:03.24 1:02.98 | 400m: 4:10.19 1:03.51 | 600m: 6:18.28 1:04.39 | 800m: 8:27.06 1:04.41 |
| 14. PI TKA Miłosz | 07 MKP Szczecin | 8:27.39 | 667 |
| 100m: 1:00.52 1:00.52 | 300m: 3:07.65 1:03.85 | 500m: 5:16.85 1:04.35 | 700m: 7:24.70 1:03.86 |
| 200m: 2:03.80 1:03.28 | 400m: 4:12.50 1:04.85 | 600m: 6:20.84 1:03.99 | 800m: 8:27.39 1:02.69 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czyzn, 800m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. |
|---------|-----------------------|---------|-------------------------|---------|---------------|---------|----------------|---------|------|------|
| 15. | DRABCZYK Krystian | 04 | UKP Unia O wi cim | | | | 8:29.77 | 658 | | |
| | 100m: 1:00.14 | 1:00.14 | 300m: 3:07.43 | 1:04.02 | 500m: 5:16.90 | 1:04.78 | 700m: 7:26.85 | 1:04.89 | | |
| | 200m: 2:03.41 | 1:03.27 | 400m: 4:12.12 | 1:04.69 | 600m: 6:21.96 | 1:05.06 | 800m: 8:29.77 | 1:02.92 | | |
| 16. | MUSZY SKI Jakub | 01 | MKS „Astoria” Bydgoszcz | | | | 8:33.53 | 643 | | |
| | 100m: 1:00.41 | 1:00.41 | 300m: 3:08.28 | 1:04.31 | 500m: 5:17.93 | 1:04.84 | 700m: 7:29.27 | 1:05.45 | | |
| | 200m: 2:03.97 | 1:03.56 | 400m: 4:13.09 | 1:04.81 | 600m: 6:23.82 | 1:05.89 | 800m: 8:33.53 | 1:04.26 | | |
| 17. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | | | | 8:39.42 | 622 | | |
| | 100m: 1:02.19 | 1:02.19 | 300m: 3:13.06 | 1:05.68 | 500m: 5:24.21 | 1:05.77 | 700m: 7:34.94 | 1:05.27 | | |
| | 200m: 2:07.38 | 1:05.19 | 400m: 4:18.44 | 1:05.38 | 600m: 6:29.67 | 1:05.46 | 800m: 8:39.42 | 1:04.48 | | |
| 18. | LITOBORSKI Mikołaj | 08 | KS Warta Pozna | | | | 8:40.00 | 620 | | |
| | 100m: 1:01.85 | 1:01.85 | 300m: 3:13.60 | 1:05.95 | 500m: 5:24.23 | 1:05.28 | 700m: 7:36.04 | 1:06.50 | | |
| | 200m: 2:07.65 | 1:05.80 | 400m: 4:18.95 | 1:05.35 | 600m: 6:29.54 | 1:05.31 | 800m: 8:40.00 | 1:03.96 | | |
| 19. | WIECZORKOWSKI Nikodem | 04 | MKP Szczecin | | | | 8:42.90 | 609 | | |
| | 100m: 1:01.50 | 1:01.50 | 300m: 3:12.25 | 1:05.57 | 500m: 5:24.13 | 1:06.12 | 700m: 7:37.63 | 1:06.88 | | |
| | 200m: 2:06.68 | 1:05.18 | 400m: 4:18.01 | 1:05.76 | 600m: 6:30.75 | 1:06.62 | 800m: 8:42.90 | 1:05.27 | | |
| 20. | KUREK Bartosz | 06 | UKS 190 Łód | | | | 8:44.19 | 605 | | |
| | 100m: 1:02.27 | 1:02.27 | 300m: 3:12.91 | 1:05.69 | 500m: 5:24.65 | 1:05.66 | 700m: 7:38.00 | 1:06.88 | | |
| | 200m: 2:07.22 | 1:04.95 | 400m: 4:18.99 | 1:06.08 | 600m: 6:31.12 | 1:06.47 | 800m: 8:44.19 | 1:06.19 | | |
| 21. | WENTLAND Miłosz | 07 | MKS Trójka Łód | | | | 8:46.18 | 598 | | |
| | 100m: 1:01.00 | 1:01.00 | 300m: 3:13.77 | 1:06.92 | 500m: 5:27.71 | 1:06.59 | 700m: 7:41.89 | 1:07.23 | | |
| | 200m: 2:06.85 | 1:05.85 | 400m: 4:21.12 | 1:07.35 | 600m: 6:34.66 | 1:06.95 | 800m: 8:46.18 | 1:04.29 | | |
| 22. | KOWALI SKI Adrian | 06 | WKS I sk | | | | 8:47.26 | 594 | | |
| | 100m: 1:01.76 | 1:01.76 | 300m: 3:11.65 | 1:05.29 | 500m: 5:24.70 | 1:06.79 | 700m: 7:40.11 | 1:08.15 | | |
| | 200m: 2:06.36 | 1:04.60 | 400m: 4:17.91 | 1:06.26 | 600m: 6:31.96 | 1:07.26 | 800m: 8:47.26 | 1:07.15 | | |
| 23. | SZWEDZKI Jakub | 00 | MKS Trójka Łód | | | | 8:48.72 | 589 | | |
| | 100m: 1:02.21 | 1:02.21 | 300m: 3:15.86 | 1:07.15 | 500m: 5:30.55 | 1:07.59 | 700m: 7:45.73 | 1:07.42 | | |
| | 200m: 2:08.71 | 1:06.50 | 400m: 4:22.96 | 1:07.10 | 600m: 6:38.31 | 1:07.76 | 800m: 8:48.72 | 1:02.99 | | |
| 24. | SELDER Krystian | 07 | MKS Trójka Łód | | | | 8:49.04 | 588 | | |
| | 100m: 1:02.48 | 1:02.48 | 300m: 3:16.65 | 1:08.05 | 500m: 5:31.54 | 1:07.02 | 700m: 7:45.57 | 1:07.31 | | |
| | 200m: 2:08.60 | 1:06.12 | 400m: 4:24.52 | 1:07.87 | 600m: 6:38.26 | 1:06.72 | 800m: 8:49.04 | 1:03.47 | | |
| 25. | MAZUR Adam | 07 | Grupa 5Styl | | | | 8:49.38 | 587 | | |
| | 100m: 1:02.98 | 1:02.98 | 300m: 3:17.03 | 1:07.26 | 500m: 5:31.40 | 1:06.93 | 700m: 7:45.26 | 1:07.15 | | |
| | 200m: 2:09.77 | 1:06.79 | 400m: 4:24.47 | 1:07.44 | 600m: 6:38.11 | 1:06.71 | 800m: 8:49.38 | 1:04.12 | | |
| 26. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | | | | 8:49.79 | 586 | | |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:17.32 | 1:07.60 | 500m: 5:30.46 | 1:05.90 | 700m: 7:45.84 | 1:08.04 | | |
| | 200m: 2:09.72 | 1:07.17 | 400m: 4:24.56 | 1:07.24 | 600m: 6:37.80 | 1:07.34 | 800m: 8:49.79 | 1:03.95 | | |
| 27. | ACZEK Hubert | 08 | KS „Wisła” Puławy | | | | 8:51.80 | 579 | | |
| | 100m: 1:01.32 | 1:01.32 | 300m: 3:15.99 | 1:07.48 | 500m: 5:30.76 | 1:07.53 | 700m: 7:46.09 | 1:07.39 | | |
| | 200m: 2:08.51 | 1:07.19 | 400m: 4:23.23 | 1:07.24 | 600m: 6:38.70 | 1:07.94 | 800m: 8:51.80 | 1:05.71 | | |
| 28. | KOWOLIK Alex | 04 | UKP Unia O wi cim | | | | 8:53.27 | 574 | | |
| | 100m: 1:00.66 | 1:00.66 | 300m: 3:15.11 | 1:07.57 | 500m: 5:31.57 | 1:08.18 | 700m: 7:47.16 | 1:07.74 | | |
| | 200m: 2:07.54 | 1:06.88 | 400m: 4:23.39 | 1:08.28 | 600m: 6:39.42 | 1:07.85 | 800m: 8:53.27 | 1:06.11 | | |
| 29. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | | | | 8:53.75 | 573 | | |
| | 100m: 1:02.08 | 1:02.08 | 300m: 3:15.77 | 1:07.21 | 500m: 5:31.71 | 1:07.75 | 700m: 7:47.56 | 1:07.91 | | |
| | 200m: 2:08.56 | 1:06.48 | 400m: 4:23.96 | 1:08.19 | 600m: 6:39.65 | 1:07.94 | 800m: 8:53.75 | 1:06.19 | | |
| 30. | NOWAK Aleksander | 06 | MKP Szczecin | | | | 8:53.79 | 573 | | |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:15.15 | 1:06.81 | 500m: 5:30.73 | 1:08.28 | 700m: 7:47.77 | 1:08.78 | | |
| | 200m: 2:08.34 | 1:05.79 | 400m: 4:22.45 | 1:07.30 | 600m: 6:38.99 | 1:08.26 | 800m: 8:53.79 | 1:06.02 | | |
| 31. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | | | | 8:56.35 | 565 | | |
| | 100m: 1:04.12 | 1:04.12 | 300m: 3:17.96 | 1:07.06 | 500m: 5:33.85 | 1:08.16 | 700m: 7:49.97 | 1:07.93 | | |
| | 200m: 2:10.90 | 1:06.78 | 400m: 4:25.69 | 1:07.73 | 600m: 6:42.04 | 1:08.19 | 800m: 8:56.35 | 1:06.38 | | |
| 32. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | | | | 8:56.58 | 564 | | |
| | 100m: 1:01.96 | 1:01.96 | 300m: 3:17.54 | 1:08.58 | 500m: 5:34.60 | 1:08.43 | 700m: 7:50.62 | 1:07.57 | | |
| | 200m: 2:08.96 | 1:07.00 | 400m: 4:26.17 | 1:08.63 | 600m: 6:43.05 | 1:08.45 | 800m: 8:56.58 | 1:05.96 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czyzn, 800m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | Czas | Pkt. |
|---------|-----------------------|-----------------------|---|------------------------|-----|------|------|
| 33. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 8:58.45 | 558 | | |
| | 100m: 1:02.43 1:02.43 | 300m: 3:17.74 1:08.11 | 500m: 5:35.42 1:09.10 | 700m: 7:52.63 1:08.56 | | | |
| | 200m: 2:09.63 1:07.20 | 400m: 4:26.32 1:08.58 | 600m: 6:44.07 1:08.65 | 800m: 8:58.45 1:05.82 | | | |
| 34. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łódź | 8:59.26 | 555 | | |
| | 100m: 1:04.46 1:04.46 | 300m: 3:20.46 1:07.85 | 500m: 5:36.85 1:08.33 | 700m: 7:53.58 1:08.85 | | | |
| | 200m: 2:12.61 1:08.15 | 400m: 4:28.52 1:08.06 | 600m: 6:44.73 1:07.88 | 800m: 8:59.26 1:05.68 | | | |
| 35. | GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 8:59.69 | 554 | | |
| | 100m: 1:04.95 1:04.95 | 300m: 3:22.32 1:08.53 | 500m: 5:39.28 1:08.50 | 700m: 7:54.93 1:07.96 | | | |
| | 200m: 2:13.79 1:08.84 | 400m: 4:30.78 1:08.46 | 600m: 6:46.97 1:07.69 | 800m: 8:59.69 1:04.76 | | | |
| 36. | PUPKA Filip | 04 | Uks Cityzen | 9:00.11 | 553 | | |
| | 100m: 1:03.80 1:03.80 | 300m: 3:17.87 1:07.01 | 500m: 5:34.49 1:08.49 | 700m: 7:52.45 1:09.14 | | | |
| | 200m: 2:10.86 1:07.06 | 400m: 4:26.00 1:08.13 | 600m: 6:43.31 1:08.82 | 800m: 9:00.11 1:07.66 | | | |
| 37. | HLUSHCHENKO Zakhar | 06 | UKS 190 Łódź | 9:00.81 | 551 | | |
| | 100m: 1:01.36 1:01.36 | 300m: 3:12.93 1:06.75 | 500m: 5:32.09 1:09.78 | 700m: 7:56.00 1:11.90 | | | |
| | 200m: 2:06.18 1:04.82 | 400m: 4:22.31 1:09.38 | 600m: 6:44.10 1:12.01 | 800m: 9:00.81 1:04.81 | | | |
| 38. | GORZE Norbert | 06 | Uks Cityzen | 9:03.13 | 544 | | |
| | 100m: 1:04.11 1:04.11 | 300m: 3:20.01 1:08.19 | 500m: 5:37.89 1:09.01 | 700m: 7:56.51 1:09.04 | | | |
| | 200m: 2:11.82 1:07.71 | 400m: 4:28.88 1:08.87 | 600m: 6:47.47 1:09.58 | 800m: 9:03.13 1:06.62 | | | |
| 39. | CIBA Mateusz | 08 | MKP Szczecin | 9:09.00 | 526 | | |
| | 100m: 1:05.33 1:05.33 | 300m: 3:23.00 1:08.80 | 500m: 5:41.74 1:09.52 | 700m: 8:00.80 1:09.89 | | | |
| | 200m: 2:14.20 1:08.87 | 400m: 4:32.22 1:09.22 | 600m: 6:50.91 1:09.17 | 800m: 9:09.00 1:08.20 | | | |
| 40. | BIELIENKOV Nikita | 08 | KS Warta Pozna | 9:10.58 | 522 | | |
| | 100m: 1:04.68 1:04.68 | 300m: 3:23.38 1:09.94 | 500m: | 700m: | | | |
| | 200m: 2:13.44 1:08.76 | 400m: | 600m: | 800m: 9:10.58 | | | |
| 41. | W SIK Marek | 06 | DOKiS SP Vega Dobrodzie | 9:13.82 | 513 | | |
| | 100m: 1:02.75 1:02.75 | 300m: 3:19.82 1:09.33 | 500m: 5:40.88 1:10.54 | 700m: 8:03.74 1:11.81 | | | |
| | 200m: 2:10.49 1:07.74 | 400m: 4:30.34 1:10.52 | 600m: 6:51.93 1:11.05 | 800m: 9:13.82 1:10.08 | | | |
| 42. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 9:15.75 | 507 | | |
| | 100m: 1:03.11 1:03.11 | 300m: 3:20.00 1:09.31 | 500m: 5:40.08 1:10.25 | 700m: 8:04.51 1:12.57 | | | |
| | 200m: 2:10.69 1:07.58 | 400m: 4:29.83 1:09.83 | 600m: 6:51.94 1:11.86 | 800m: 9:15.75 1:11.24 | | | |
| 43. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 9:18.44 | 500 | | |
| | 100m: 1:04.32 1:04.32 | 300m: 3:25.53 1:11.03 | 500m: 5:47.72 1:11.27 | 700m: 8:10.08 1:11.30 | | | |
| | 200m: 2:14.50 1:10.18 | 400m: 4:36.45 1:10.92 | 600m: 6:58.78 1:11.06 | 800m: 9:18.44 1:08.36 | | | |
| 44. | JA CZAK Michał | 08 | Dwójka Morena Gdańsk | 9:23.56 | 487 | | |
| | 100m: 1:05.65 1:05.65 | 300m: 3:27.72 1:11.34 | 500m: 5:50.69 1:11.18 | 700m: 8:13.67 1:11.22 | | | |
| | 200m: 2:16.38 1:10.73 | 400m: 4:39.51 1:11.79 | 600m: 7:02.45 1:11.76 | 800m: 9:23.56 1:09.89 | | | |
| 45. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 9:52.52 | 419 | | |
| | 100m: 1:07.33 1:07.33 | 300m: 3:35.48 1:14.72 | 500m: 6:07.37 1:16.19 | 700m: 8:40.15 1:15.88 | | | |
| | 200m: 2:20.76 1:13.43 | 400m: 4:51.18 1:15.70 | 600m: 7:24.27 1:16.90 | 800m: 9:52.52 1:12.37 | | | |
| 46. | WACHOWSKI Błażej | 80 | KS Warta Pozna | 10:20.87 | 364 | | |
| | 100m: 1:13.93 1:13.93 | 300m: 3:51.45 1:18.89 | 500m: 6:27.97 1:17.81 | 700m: 9:05.03 1:17.98 | | | |
| | 200m: 2:32.56 1:18.63 | 400m: 5:10.16 1:18.71 | 600m: 7:47.05 1:19.08 | 800m: 10:20.87 1:15.84 | | | |
| 47. | ŁATKA Aleksander | 08 | KP Aquapark Wągrowiec | 10:46.17 | 323 | | |
| | 100m: 1:12.68 1:12.68 | 300m: 3:55.66 1:22.18 | 500m: 6:40.76 1:22.16 | 700m: 9:27.07 1:23.81 | | | |
| | 200m: 2:33.48 1:20.80 | 400m: 5:18.60 1:22.94 | 600m: 8:03.26 1:22.50 | 800m: 10:46.17 1:19.10 | | | |

17 - 18 lat

| | | | | | | | |
|----|-----------------------|-----------------------|-----------------------|-----------------------|-----|--|--|
| 1. | RADKIEWICZ Kajetan | 05 | KS KSZO Ostrowiec w. | 8:12.72 | 728 | | |
| | 100m: 58.62 58.62 | 300m: 3:01.90 1:01.86 | 500m: 5:06.71 1:02.84 | 700m: 7:12.57 1:02.69 | | | |
| | 200m: 2:00.04 1:01.42 | 400m: 4:03.87 1:01.97 | 600m: 6:09.88 1:03.17 | 800m: 8:12.72 1:00.15 | | | |
| 2. | PIŁKA Hubert | 04 | MKP Szczecin | 8:13.72 | 724 | | |
| | 100m: 59.18 59.18 | 300m: 3:03.11 1:01.90 | 500m: 5:07.99 1:02.26 | 700m: 7:12.98 1:02.39 | | | |
| | 200m: 2:01.21 1:02.03 | 400m: 4:05.73 1:02.62 | 600m: 6:10.59 1:02.60 | 800m: 8:13.72 1:00.74 | | | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 11, Chłopców, 800m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. |
|---------|-----------------------|---------|---------------|-------------------|---------------|---------|---------------|----------------|------|------|
| 3. | ZDYBEL Adam | | 05 | KS Delfin Gdynia | | | | 8:15.21 | 717 | |
| | 100m: 59.47 | 59.47 | 300m: 3:04.12 | 1:02.45 | 500m: 5:10.27 | 1:03.06 | 700m: 7:15.35 | 1:02.47 | | |
| | 200m: 2:01.67 | 1:02.20 | 400m: 4:07.21 | 1:03.09 | 600m: 6:12.88 | 1:02.61 | 800m: 8:15.21 | 59.86 | | |
| 4. | WALTER Jakub | | 04 | UKP Unia O wi cim | | | | 8:24.77 | 677 | |
| | 100m: 59.60 | 59.60 | 300m: 3:06.33 | 1:03.78 | 500m: 5:15.51 | 1:04.82 | 700m: 7:24.22 | 1:03.51 | | |
| | 200m: 2:02.55 | 1:02.95 | 400m: 4:10.69 | 1:04.36 | 600m: 6:20.71 | 1:05.20 | 800m: 8:24.77 | 1:00.55 | | |
| 5. | KOWALSKI Mateusz | | 05 | KS Delfin Gdynia | | | | 8:25.95 | 673 | |
| | 100m: 59.58 | 59.58 | 300m: 3:07.72 | 1:04.07 | 500m: 5:16.34 | 1:04.34 | 700m: 7:23.80 | 1:03.44 | | |
| | 200m: 2:03.65 | 1:04.07 | 400m: 4:12.00 | 1:04.28 | 600m: 6:20.36 | 1:04.02 | 800m: 8:25.95 | 1:02.15 | | |
| 6. | GOŁACKI Sergiusz | | 04 | UKS 190 Łódź | | | | 8:27.06 | 668 | |
| | 100m: 1:00.26 | 1:00.26 | 300m: 3:06.68 | 1:03.44 | 500m: 5:13.89 | 1:03.70 | 700m: 7:22.65 | 1:04.37 | | |
| | 200m: 2:03.24 | 1:02.98 | 400m: 4:10.19 | 1:03.51 | 600m: 6:18.28 | 1:04.39 | 800m: 8:27.06 | 1:04.41 | | |
| 7. | DRABCZYK Krystian | | 04 | UKP Unia O wi cim | | | | 8:29.77 | 658 | |
| | 100m: 1:00.14 | 1:00.14 | 300m: 3:07.43 | 1:04.02 | 500m: 5:16.90 | 1:04.78 | 700m: 7:26.85 | 1:04.89 | | |
| | 200m: 2:03.41 | 1:03.27 | 400m: 4:12.12 | 1:04.69 | 600m: 6:21.96 | 1:05.06 | 800m: 8:29.77 | 1:02.92 | | |
| 8. | WIECZORKOWSKI Nikodem | | 04 | MKP Szczecin | | | | 8:42.90 | 609 | |
| | 100m: 1:01.50 | 1:01.50 | 300m: 3:12.25 | 1:05.57 | 500m: 5:24.13 | 1:06.12 | 700m: 7:37.63 | 1:06.88 | | |
| | 200m: 2:06.68 | 1:05.18 | 400m: 4:18.01 | 1:05.76 | 600m: 6:30.75 | 1:06.62 | 800m: 8:42.90 | 1:05.27 | | |
| 9. | KOWOLIK Alex | | 04 | UKP Unia O wi cim | | | | 8:53.27 | 574 | |
| | 100m: 1:00.66 | 1:00.66 | 300m: 3:15.11 | 1:07.57 | 500m: 5:31.57 | 1:08.18 | 700m: 7:47.16 | 1:07.74 | | |
| | 200m: 2:07.54 | 1:06.88 | 400m: 4:23.39 | 1:08.28 | 600m: 6:39.42 | 1:07.85 | 800m: 8:53.27 | 1:06.11 | | |
| 10. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 8:56.35 | 565 | |
| | 100m: 1:04.12 | 1:04.12 | 300m: 3:17.96 | 1:07.06 | 500m: 5:33.85 | 1:08.16 | 700m: 7:49.97 | 1:07.93 | | |
| | 200m: 2:10.90 | 1:06.78 | 400m: 4:25.69 | 1:07.73 | 600m: 6:42.04 | 1:08.19 | 800m: 8:56.35 | 1:06.38 | | |
| 11. | PUPKA Filip | | 04 | Uks Cityzen | | | | 9:00.11 | 553 | |
| | 100m: 1:03.80 | 1:03.80 | 300m: 3:17.87 | 1:07.01 | 500m: 5:34.49 | 1:08.49 | 700m: 7:52.45 | 1:09.14 | | |
| | 200m: 2:10.86 | 1:07.06 | 400m: 4:26.00 | 1:08.13 | 600m: 6:43.31 | 1:08.82 | 800m: 9:00.11 | 1:07.66 | | |

16 lat

| | | | | | | | | | |
|----|--------------------|---------|---------------|---------------------------|---------------|---------|---------------|----------------|-----|
| 1. | FILIPIAK Mikołaj | | 06 | KS Barrakuda Gdańsk | | | | 8:02.77 | 774 |
| | 100m: 58.40 | 58.40 | 300m: 3:01.00 | 1:01.33 | 500m: 5:03.33 | 1:01.05 | 700m: 7:05.35 | 1:00.60 | |
| | 200m: 1:59.67 | 1:01.27 | 400m: 4:02.28 | 1:01.28 | 600m: 6:04.75 | 1:01.42 | 800m: 8:02.77 | 57.42 | |
| 2. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | | | 8:11.33 | 735 |
| | 100m: 58.21 | 58.21 | 300m: 3:01.01 | 1:01.58 | 500m: 5:05.44 | 1:02.49 | 700m: 7:09.40 | 1:02.17 | |
| | 200m: 1:59.43 | 1:01.22 | 400m: 4:02.95 | 1:01.94 | 600m: 6:07.23 | 1:01.79 | 800m: 8:11.33 | 1:01.93 | |
| 3. | MIENICKI Rafał | | 06 | UKS 48 Warszawa ródmi cie | | | | 8:23.36 | 683 |
| | 100m: 59.08 | 59.08 | 300m: 3:06.14 | 1:03.54 | 500m: 5:14.11 | 1:03.94 | 700m: 7:22.18 | 1:04.14 | |
| | 200m: 2:02.60 | 1:03.52 | 400m: 4:10.17 | 1:04.03 | 600m: 6:18.04 | 1:03.93 | 800m: 8:23.36 | 1:01.18 | |
| 4. | KUREK Bartosz | | 06 | UKS 190 Łódź | | | | 8:44.19 | 605 |
| | 100m: 1:02.27 | 1:02.27 | 300m: 3:12.91 | 1:05.69 | 500m: 5:24.65 | 1:05.66 | 700m: 7:38.00 | 1:06.88 | |
| | 200m: 2:07.22 | 1:04.95 | 400m: 4:18.99 | 1:06.08 | 600m: 6:31.12 | 1:06.47 | 800m: 8:44.19 | 1:06.19 | |
| 5. | KOWALI SKI Adrian | | 06 | WKS I sk | | | | 8:47.26 | 594 |
| | 100m: 1:01.76 | 1:01.76 | 300m: 3:11.65 | 1:05.29 | 500m: 5:24.70 | 1:06.79 | 700m: 7:40.11 | 1:08.15 | |
| | 200m: 2:06.36 | 1:04.60 | 400m: 4:17.91 | 1:06.26 | 600m: 6:31.96 | 1:07.26 | 800m: 8:47.26 | 1:07.15 | |
| 6. | NOWAK Aleksander | | 06 | MKP Szczecin | | | | 8:53.79 | 573 |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:15.15 | 1:06.81 | 500m: 5:30.73 | 1:08.28 | 700m: 7:47.77 | 1:08.78 | |
| | 200m: 2:08.34 | 1:05.79 | 400m: 4:22.45 | 1:07.30 | 600m: 6:38.99 | 1:08.26 | 800m: 8:53.79 | 1:06.02 | |
| 7. | HLUSHCHENKO Zakhar | | 06 | UKS 190 Łódź | | | | 9:00.81 | 551 |
| | 100m: 1:01.36 | 1:01.36 | 300m: 3:12.93 | 1:06.75 | 500m: 5:32.09 | 1:09.78 | 700m: 7:56.00 | 1:11.90 | |
| | 200m: 2:06.18 | 1:04.82 | 400m: 4:22.31 | 1:09.38 | 600m: 6:44.10 | 1:12.01 | 800m: 9:00.81 | 1:04.81 | |
| 8. | GORZE Norbert | | 06 | Uks Cityzen | | | | 9:03.13 | 544 |
| | 100m: 1:04.11 | 1:04.11 | 300m: 3:20.01 | 1:08.19 | 500m: 5:37.89 | 1:09.01 | 700m: 7:56.51 | 1:09.04 | |
| | 200m: 2:11.82 | 1:07.71 | 400m: 4:28.88 | 1:08.87 | 600m: 6:47.47 | 1:09.58 | 800m: 9:03.13 | 1:06.62 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, Chłopców, 800m dowolny, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|-----------------------|---------------------------------|-----------------------|-----------------------|
| 9. W SIK Marek | 06 DOKiS SP Vega Dobrodzie | 9:13.82 | 513 |
| 100m: 1:02.75 1:02.75 | 300m: 3:19.82 1:09.33 | 500m: 5:40.88 1:10.54 | 700m: 8:03.74 1:11.81 |
| 200m: 2:10.49 1:07.74 | 400m: 4:30.34 1:10.52 | 600m: 6:51.93 1:11.05 | 800m: 9:13.82 1:10.08 |
| 10. ROZMIAREK Mateusz | 06 MKP „SŁOWIANKA” Gorzów Wlkp. | 9:18.44 | 500 |
| 100m: 1:04.32 1:04.32 | 300m: 3:25.53 1:11.03 | 500m: 5:47.72 1:11.27 | 700m: 8:10.08 1:11.30 |
| 200m: 2:14.50 1:10.18 | 400m: 4:36.45 1:10.92 | 600m: 6:58.78 1:11.06 | 800m: 9:18.44 1:08.36 |
| 11. WAWRZYNIAK Filip | 06 MKP „SŁOWIANKA” Gorzów Wlkp. | 9:52.52 | 419 |
| 100m: 1:07.33 1:07.33 | 300m: 3:35.48 1:14.72 | 500m: 6:07.37 1:16.19 | 700m: 8:40.15 1:15.88 |
| 200m: 2:20.76 1:13.43 | 400m: 4:51.18 1:15.70 | 600m: 7:24.27 1:16.90 | 800m: 9:52.52 1:12.37 |

15 lat

| | | | |
|-----------------------|--|-----------------------|-----------------------|
| 1. GNACZY SKI Michał | 07 MKP Szczecin | 8:20.24 | 696 |
| 100m: 1:00.19 1:00.19 | 300m: 3:06.15 1:03.11 | 500m: 5:11.77 1:02.51 | 700m: 7:18.24 1:03.34 |
| 200m: 2:03.04 1:02.85 | 400m: 4:09.26 1:03.11 | 600m: 6:14.90 1:03.13 | 800m: 8:20.24 1:02.00 |
| 2. PI TKA Miłosz | 07 MKP Szczecin | 8:27.39 | 667 |
| 100m: 1:00.52 1:00.52 | 300m: 3:07.65 1:03.85 | 500m: 5:16.85 1:04.35 | 700m: 7:24.70 1:03.86 |
| 200m: 2:03.80 1:03.28 | 400m: 4:12.50 1:04.85 | 600m: 6:20.84 1:03.99 | 800m: 8:27.39 1:02.69 |
| 3. WENTLAND Miłosz | 07 MKS Trójka Łód | 8:46.18 | 598 |
| 100m: 1:01.00 1:01.00 | 300m: 3:13.77 1:06.92 | 500m: 5:27.71 1:06.59 | 700m: 7:41.89 1:07.23 |
| 200m: 2:06.85 1:05.85 | 400m: 4:21.12 1:07.35 | 600m: 6:34.66 1:06.95 | 800m: 8:46.18 1:04.29 |
| 4. SELDER Krystian | 07 MKS Trójka Łód | 8:49.04 | 588 |
| 100m: 1:02.48 1:02.48 | 300m: 3:16.65 1:08.05 | 500m: 5:31.54 1:07.02 | 700m: 7:45.57 1:07.31 |
| 200m: 2:08.60 1:06.12 | 400m: 4:24.52 1:07.87 | 600m: 6:38.26 1:06.72 | 800m: 8:49.04 1:03.47 |
| 5. MAZUR Adam | 07 Grupa 5Styl | 8:49.38 | 587 |
| 100m: 1:02.98 1:02.98 | 300m: 3:17.03 1:07.26 | 500m: 5:31.40 1:06.93 | 700m: 7:45.26 1:07.15 |
| 200m: 2:09.77 1:06.79 | 400m: 4:24.47 1:07.44 | 600m: 6:38.11 1:06.71 | 800m: 8:49.38 1:04.12 |
| 6. KUSEK Mateusz | 07 Mi dzyszkołny UKS „Olimpijczyk” Suwałki | 8:58.45 | 558 |
| 100m: 1:02.43 1:02.43 | 300m: 3:17.74 1:08.11 | 500m: 5:35.42 1:09.10 | 700m: 7:52.63 1:08.56 |
| 200m: 2:09.63 1:07.20 | 400m: 4:26.32 1:08.58 | 600m: 6:44.07 1:08.65 | 800m: 8:58.45 1:05.82 |
| 7. MIKOŁAJCZYK Adrian | 07 MKS Trójka Łód | 8:59.26 | 555 |
| 100m: 1:04.46 1:04.46 | 300m: 3:20.46 1:07.85 | 500m: 5:36.85 1:08.33 | 700m: 7:53.58 1:08.85 |
| 200m: 2:12.61 1:08.15 | 400m: 4:28.52 1:08.06 | 600m: 6:44.73 1:07.88 | 800m: 8:59.26 1:05.68 |
| 8. GRZYWI SKI Jakub | 07 KU AZS UMCS Lublin | 8:59.69 | 554 |
| 100m: 1:04.95 1:04.95 | 300m: 3:22.32 1:08.53 | 500m: 5:39.28 1:08.50 | 700m: 7:54.93 1:07.96 |
| 200m: 2:13.79 1:08.84 | 400m: 4:30.78 1:08.46 | 600m: 6:46.97 1:07.69 | 800m: 8:59.69 1:04.76 |

14 lat

| | | | |
|-----------------------|-------------------------|-----------------------|-----------------------|
| 1. PIÓRKOWSKI Adrian | 08 MKP Szczecin | 8:39.42 | 622 |
| 100m: 1:02.19 1:02.19 | 300m: 3:13.06 1:05.68 | 500m: 5:24.21 1:05.77 | 700m: 7:34.94 1:05.27 |
| 200m: 2:07.38 1:05.19 | 400m: 4:18.44 1:05.38 | 600m: 6:29.67 1:05.46 | 800m: 8:39.42 1:04.48 |
| 2. LITOBORSKI Mikołaj | 08 KS Warta Pozna | 8:40.00 | 620 |
| 100m: 1:01.85 1:01.85 | 300m: 3:13.60 1:05.95 | 500m: 5:24.23 1:05.28 | 700m: 7:36.04 1:06.50 |
| 200m: 2:07.65 1:05.80 | 400m: 4:18.95 1:05.35 | 600m: 6:29.54 1:05.31 | 800m: 8:40.00 1:03.96 |
| 3. BIE KOWSKI Mateusz | 08 UKS abianka Gda sk | 8:49.79 | 586 |
| 100m: 1:02.55 1:02.55 | 300m: 3:17.32 1:07.60 | 500m: 5:30.46 1:05.90 | 700m: 7:45.84 1:08.04 |
| 200m: 2:09.72 1:07.17 | 400m: 4:24.56 1:07.24 | 600m: 6:37.80 1:07.34 | 800m: 8:49.79 1:03.95 |
| 4. ACZEK Hubert | 08 KS „Wisła” Puławy | 8:51.80 | 579 |
| 100m: 1:01.32 1:01.32 | 300m: 3:15.99 1:07.48 | 500m: 5:30.76 1:07.53 | 700m: 7:46.09 1:07.39 |
| 200m: 2:08.51 1:07.19 | 400m: 4:23.23 1:07.24 | 600m: 6:38.70 1:07.94 | 800m: 8:51.80 1:05.71 |
| 5. ŁUBI SKI Szymon | 08 UKS „GIM 92 Ursynów” | 8:53.75 | 573 |
| 100m: 1:02.08 1:02.08 | 300m: 3:15.77 1:07.21 | 500m: 5:31.71 1:07.75 | 700m: 7:47.56 1:07.91 |
| 200m: 2:08.56 1:06.48 | 400m: 4:23.96 1:08.19 | 600m: 6:39.65 1:07.94 | 800m: 8:53.75 1:06.19 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, Chłopców, 800m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|-----------------|---------|-----------------------|-------|-----------------|-------|------------------|------|
| 6. | GWIAZDOWSKI Krzysztof | | 08 | MKS Piaseczno | | | | 8:56.58 | 564 |
| | 100m: | 1:01.96 1:01.96 | 300m: | 3:17.54 1:08.58 | 500m: | 5:34.60 1:08.43 | 700m: | 7:50.62 1:07.57 | |
| | 200m: | 2:08.96 1:07.00 | 400m: | 4:26.17 1:08.63 | 600m: | 6:43.05 1:08.45 | 800m: | 8:56.58 1:05.96 | |
| 7. | CIBA Mateusz | | 08 | MKP Szczecin | | | | 9:09.00 | 526 |
| | 100m: | 1:05.33 1:05.33 | 300m: | 3:23.00 1:08.80 | 500m: | 5:41.74 1:09.52 | 700m: | 8:00.80 1:09.89 | |
| | 200m: | 2:14.20 1:08.87 | 400m: | 4:32.22 1:09.22 | 600m: | 6:50.91 1:09.17 | 800m: | 9:09.00 1:08.20 | |
| 8. | BIELIENKOV Nikita | | 08 | KS Warta Pozna | | | | 9:10.58 | 522 |
| | 100m: | 1:04.68 1:04.68 | 300m: | 3:23.38 1:09.94 | 500m: | | 700m: | | |
| | 200m: | 2:13.44 1:08.76 | 400m: | | 600m: | | 800m: | 9:10.58 | |
| 9. | WASILEWSKI Mateusz | | 08 | KU AZS UMCS Lublin | | | | 9:15.75 | 507 |
| | 100m: | 1:03.11 1:03.11 | 300m: | 3:20.00 1:09.31 | 500m: | 5:40.08 1:10.25 | 700m: | 8:04.51 1:12.57 | |
| | 200m: | 2:10.69 1:07.58 | 400m: | 4:29.83 1:09.83 | 600m: | 6:51.94 1:11.86 | 800m: | 9:15.75 1:11.24 | |
| 10. | JA CZAK Michał | | 08 | Dwójka Morena Gda sk | | | | 9:23.56 | 487 |
| | 100m: | 1:05.65 1:05.65 | 300m: | 3:27.72 1:11.34 | 500m: | 5:50.69 1:11.18 | 700m: | 8:13.67 1:11.22 | |
| | 200m: | 2:16.38 1:10.73 | 400m: | 4:39.51 1:11.79 | 600m: | 7:02.45 1:11.76 | 800m: | 9:23.56 1:09.89 | |
| 11. | ŁATKA Aleksander | | 08 | KP Aquapark W growiec | | | | 10:46.17 | 323 |
| | 100m: | 1:12.68 1:12.68 | 300m: | 3:55.66 1:22.18 | 500m: | 6:40.76 1:22.16 | 700m: | 9:27.07 1:23.81 | |
| | 200m: | 2:33.48 1:20.80 | 400m: | 5:18.60 1:22.94 | 600m: | 8:03.26 1:22.50 | 800m: | 10:46.17 1:19.10 | |

Konkurencja 1
2022.11.12 - 11:24

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Rekord Polski 4:31.89 BARANOWSKA Katarzyna POL Debrecen (HUN) 2007.12.16

Min. indywidualne na M (25m) Melbourne 2022 Open: 4:32.68

Punkty: FINA 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-----------------|---------------------|---------------|---------|--------------------|-------|---------------|-------|----------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | FAMULOK Zuzanna | | 03 | AZS AWF Katowice | | | | 4:43.11 | 765 |
| | 50m: | 30.01 30.01 | 150m: | 1:41.86 37.36 | 250m: | 2:57.44 39.69 | 350m: | 4:11.07 33.60 | |
| | 100m: | 1:04.50 34.49 | 200m: | 2:17.75 35.89 | 300m: | 3:37.47 40.03 | 400m: | 4:43.11 32.04 | |
| 2. | KNOP Aleksandra | | 03 | UKS 190 Łód | | | | 4:47.68 | 729 |
| | 50m: | 30.62 30.62 | 150m: | 1:42.15 36.91 | 250m: | 2:59.47 41.93 | 350m: | 4:15.55 32.64 | |
| | 100m: | 1:05.24 34.62 | 200m: | 2:17.54 35.39 | 300m: | 3:42.91 43.44 | 400m: | 4:47.68 32.13 | |
| 3. | GU Wiktoria | | 04 | MKP Szczecin | | | | 4:47.79 | 728 |
| | 50m: | 31.59 31.59 | 150m: | 1:45.24 37.74 | 250m: | 3:03.41 41.11 | 350m: | 4:16.98 32.32 | |
| | 100m: | 1:07.50 35.91 | 200m: | 2:22.30 37.06 | 300m: | 3:44.66 41.25 | 400m: | 4:47.79 30.81 | |
| 4. | PIEKARSKA Natalia | | 06 | UKS 190 Łód | | | | 4:51.87 | 698 |
| | 50m: | 31.79 31.79 | 150m: | 1:44.86 37.74 | 250m: | 3:03.75 42.47 | 350m: | 4:18.98 33.56 | |
| | 100m: | 1:07.12 35.33 | 200m: | 2:21.28 36.42 | 300m: | 3:45.42 41.67 | 400m: | 4:51.87 32.89 | |
| 5. | KRÓL Gabriela | | 06 | KS „Wisła” Puławy | | | | 4:52.14 | 696 |
| | 50m: | 30.56 30.56 | 150m: | 1:42.81 36.81 | 250m: | 3:00.86 42.00 | 350m: | 4:18.12 34.94 | |
| | 100m: | 1:06.00 35.44 | 200m: | 2:18.86 36.05 | 300m: | 3:43.18 42.32 | 400m: | 4:52.14 34.02 | |
| 6. | PRZYBYLSKA Oliwia | | 07 | KU AZS UMCS Lublin | | | | 4:55.99 | 669 |
| | 50m: | | 150m: | 1:47.12 38.41 | 250m: | 3:05.10 41.03 | 350m: | 4:21.68 35.04 | |
| | 100m: | 1:08.71 | 200m: | 2:24.07 36.95 | 300m: | 3:46.64 41.54 | 400m: | 4:55.99 34.31 | |
| 7. | JAROSZ Helena | | 06 | UKP Unia O wi cim | | | | 4:57.29 | 660 |
| | 50m: | 31.56 31.56 | 150m: | 1:46.43 38.72 | 250m: | 3:04.58 40.23 | 350m: | 4:22.13 35.98 | |
| | 100m: | 1:07.71 36.15 | 200m: | 2:24.35 37.92 | 300m: | 3:46.15 41.57 | 400m: | 4:57.29 35.16 | |
| 8. | LECHOWSKA Magdalena | | 06 | WKS I sk | | | | 4:57.52 | 659 |
| | 50m: | 32.35 32.35 | 150m: | 1:47.44 38.07 | 250m: | 3:06.66 42.02 | 350m: | 4:24.39 35.00 | |
| | 100m: | 1:09.37 37.02 | 200m: | 2:24.64 37.20 | 300m: | 3:49.39 42.73 | 400m: | 4:57.52 33.13 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1, Kobiety, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|------------------------------------|-------|---------------|-------|----------------|------|
| 9. | SŁABOSZ Emilia | | 05 | SMS O wi cim | | | | 4:59.15 | 648 |
| | 50m: | 32.23 32.23 | 150m: | 1:47.91 38.75 | 250m: | 3:08.88 43.14 | 350m: | 4:26.87 34.14 | |
| | 100m: | 1:09.16 36.93 | 200m: | 2:25.74 37.83 | 300m: | 3:52.73 43.85 | 400m: | 4:59.15 32.28 | |
| 10. | GLI SKA Oliwia | | 07 | TP Zielona Góra | | | | 4:59.27 | 647 |
| | 50m: | 32.67 32.67 | 150m: | 1:47.10 36.94 | 250m: | 3:06.01 42.56 | 350m: | 4:24.88 35.06 | |
| | 100m: | 1:10.16 37.49 | 200m: | 2:23.45 36.35 | 300m: | 3:49.82 43.81 | 400m: | 4:59.27 34.39 | |
| 11. | TARASIEWICZ Klaudia | | 04 | MKP Szczecin | | | | 5:00.48 | 639 |
| | 50m: | 32.04 32.04 | 150m: | 1:45.56 37.93 | 250m: | 3:08.10 44.87 | 350m: | 4:27.67 34.31 | |
| | 100m: | 1:07.63 35.59 | 200m: | 2:23.23 37.67 | 300m: | 3:53.36 45.26 | 400m: | 5:00.48 32.81 | |
| 12. | VOJTALOVÁ Andrea | | 03 | KPS Ostrava | | | | 5:01.70 | 632 |
| | 50m: | 32.49 32.49 | 150m: | 1:47.56 38.31 | 250m: | 3:08.35 43.63 | 350m: | 4:27.97 35.06 | |
| | 100m: | 1:09.25 36.76 | 200m: | 2:24.72 37.16 | 300m: | 3:52.91 44.56 | 400m: | 5:01.70 33.73 | |
| 13. | MACIAK Julia | | 06 | IUKS „Muszelka” Warszawa | | | | 5:02.93 | 624 |
| | 50m: | 31.77 31.77 | 150m: | 1:46.70 37.67 | 250m: | 3:11.64 48.40 | 350m: | 4:30.93 33.15 | |
| | 100m: | 1:09.03 37.26 | 200m: | 2:23.24 36.54 | 300m: | 3:57.78 46.14 | 400m: | 5:02.93 32.00 | |
| 14. | JUDA Aleksandra | | 06 | UKP Unia O wi cim | | | | 5:03.41 | 621 |
| | 50m: | 32.11 32.11 | 150m: | 1:47.94 39.34 | 250m: | 3:09.69 43.35 | 350m: | 4:28.68 35.42 | |
| | 100m: | 1:08.60 36.49 | 200m: | 2:26.34 38.40 | 300m: | 3:53.26 43.57 | 400m: | 5:03.41 34.73 | |
| 15. | RAKOWSKA Marta | | 06 | DOKIŚ SP Vega Dobrodzie | | | | 5:03.49 | 621 |
| | 50m: | 32.63 32.63 | 150m: | 1:49.59 39.46 | 250m: | 3:10.86 43.47 | 350m: | 4:29.79 35.62 | |
| | 100m: | 1:10.13 37.50 | 200m: | 2:27.39 37.80 | 300m: | 3:54.17 43.31 | 400m: | 5:03.49 33.70 | |
| 16. | S DŁAK Alicja | | 05 | MKS Jedyńka Łódź | | | | 5:03.65 | 620 |
| | 50m: | 32.23 32.23 | 150m: | 1:48.43 38.44 | 250m: | 3:08.80 41.60 | 350m: | 4:28.73 36.43 | |
| | 100m: | 1:09.99 37.76 | 200m: | 2:27.20 38.77 | 300m: | 3:52.30 43.50 | 400m: | 5:03.65 34.92 | |
| 17. | POPPE Marta | | 07 | KU AZS UMCS Lublin | | | | 5:05.13 | 611 |
| | 50m: | 32.92 32.92 | 150m: | 1:50.08 39.85 | 250m: | 3:12.44 43.46 | 350m: | 4:32.15 34.47 | |
| | 100m: | 1:10.23 37.31 | 200m: | 2:28.98 38.90 | 300m: | 3:57.68 45.24 | 400m: | 5:05.13 32.98 | |
| 18. | ZI BA Anastazja | | 05 | MUKS "Pi tnatka" | | | | 5:06.51 | 602 |
| | 50m: | 32.27 32.27 | 150m: | 1:48.66 39.80 | 250m: | 3:10.99 42.73 | 350m: | 4:31.86 37.04 | |
| | 100m: | 1:08.86 36.59 | 200m: | 2:28.26 39.60 | 300m: | 3:54.82 43.83 | 400m: | 5:06.51 34.65 | |
| 19. | WO NICA Milena | | 04 | UKS abianka Gdańsk | | | | 5:08.34 | 592 |
| | 50m: | 35.06 35.06 | 150m: | 1:55.87 40.34 | 250m: | 3:16.49 41.59 | 350m: | 4:34.03 34.90 | |
| | 100m: | 1:15.53 40.47 | 200m: | 2:34.90 39.03 | 300m: | 3:59.13 42.64 | 400m: | 5:08.34 34.31 | |
| 20. | PLAGA Olga | | 07 | TP Skalar Słupsk | | | | 5:09.42 | 586 |
| | 50m: | 32.94 32.94 | 150m: | 1:50.33 39.51 | 250m: | 3:11.82 42.91 | 350m: | 4:33.20 37.42 | |
| | 100m: | 1:10.82 37.88 | 200m: | 2:28.91 38.58 | 300m: | 3:55.78 43.96 | 400m: | 5:09.42 36.22 | |
| 21. | ADAMCZYK Karolina | | 06 | Mokotowski UKP Warszawianka- Wodny | | | | 5:13.50 | 563 |
| | 50m: | 31.48 31.48 | 150m: | 1:48.93 39.17 | 250m: | 3:13.27 45.38 | 350m: | 4:37.05 37.24 | |
| | 100m: | 1:09.76 38.28 | 200m: | 2:27.89 38.96 | 300m: | 3:59.81 46.54 | 400m: | 5:13.50 36.45 | |
| 22. | PITY SKA Klara | | 06 | WKS I sk | | | | 5:15.56 | 552 |
| | 50m: | 32.87 32.87 | 150m: | 1:51.12 39.70 | 250m: | 3:15.86 45.08 | 350m: | 4:38.69 36.94 | |
| | 100m: | 1:11.42 38.55 | 200m: | 2:30.78 39.66 | 300m: | 4:01.75 45.89 | 400m: | 5:15.56 36.87 | |
| 23. | BRANDYSKA Aneta | | 07 | Sport Club Pardubice | | | | 5:16.13 | 549 |
| | 50m: | 32.42 32.42 | 150m: | 1:52.46 39.45 | 250m: | 3:15.75 42.85 | 350m: | 4:38.87 38.53 | |
| | 100m: | 1:13.01 40.59 | 200m: | 2:32.90 40.44 | 300m: | 4:00.34 44.59 | 400m: | 5:16.13 37.26 | |
| 24. | WIDERSKA Joanna | | 05 | UKS Nawa Skierniewice | | | | 5:18.40 | 537 |
| | 50m: | 32.76 32.76 | 150m: | 1:52.32 41.53 | 250m: | 3:18.34 45.54 | 350m: | 4:42.01 36.96 | |
| | 100m: | 1:10.79 38.03 | 200m: | 2:32.80 40.48 | 300m: | 4:05.05 46.71 | 400m: | 5:18.40 36.39 | |
| 25. | KARLI SKA Paula | | 05 | MKP Szczecin | | | | 5:18.51 | 537 |
| | 50m: | 31.78 31.78 | 150m: | 1:48.16 38.38 | 250m: | 3:13.24 48.04 | 350m: | 4:41.57 38.73 | |
| | 100m: | 1:09.78 38.00 | 200m: | 2:25.20 37.04 | 300m: | 4:02.84 49.60 | 400m: | 5:18.51 36.94 | |
| 26. | BUKOWSKA Olga | | 05 | MKP Szczecin | | | | 5:18.59 | 536 |
| | 50m: | 33.20 33.20 | 150m: | 1:56.62 42.52 | 250m: | 3:22.89 45.31 | 350m: | 4:44.25 35.85 | |
| | 100m: | 1:14.10 40.90 | 200m: | 2:37.58 40.96 | 300m: | 4:08.40 45.51 | 400m: | 5:18.59 34.34 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|----------------|------------|---------|------------------------------------|---------|-------|----------------|---------|-------|-------|---------|-------|
| 27. | MIKUŁA | Natalia | 06 | UKS 190 Łódź | | | 5:19.49 | 532 | | | | |
| | 50m: | 34.43 | 34.43 | 150m: | 1:55.53 | 41.15 | 250m: | 3:18.23 | 43.26 | 350m: | 4:42.59 | 38.92 |
| | 100m: | 1:14.38 | 39.95 | 200m: | 2:34.97 | 39.44 | 300m: | 4:03.67 | 45.44 | 400m: | 5:19.49 | 36.90 |
| 28. | TARASZKIEWICZ | Zofia | 07 | Mokotowski UKP Warszawianka- Wodny | | | 5:21.17 | 524 | | | | |
| | 50m: | 33.13 | 33.13 | 150m: | 1:54.57 | 42.36 | 250m: | 3:20.41 | 44.96 | 350m: | 4:44.38 | 38.16 |
| | 100m: | 1:12.21 | 39.08 | 200m: | 2:35.45 | 40.88 | 300m: | 4:06.22 | 45.81 | 400m: | 5:21.17 | 36.79 |
| 29. | SOBIECKA | Małgorzata | 06 | UKP „Polonia Warszawa” | | | 5:22.40 | 518 | | | | |
| | 50m: | 33.21 | 33.21 | 150m: | 1:57.28 | 44.32 | 250m: | 3:24.66 | 46.72 | 350m: | 4:46.59 | 36.95 |
| | 100m: | 1:12.96 | 39.75 | 200m: | 2:37.94 | 40.66 | 300m: | 4:09.64 | 44.98 | 400m: | 5:22.40 | 35.81 |
| 30. | KLIMIUK | Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:23.47 | 512 | | | | |
| | 50m: | 36.55 | 36.55 | 150m: | 2:00.37 | 41.60 | 250m: | 3:26.11 | 45.00 | 350m: | 4:48.95 | 37.44 |
| | 100m: | 1:18.77 | 42.22 | 200m: | 2:41.11 | 40.74 | 300m: | 4:11.51 | 45.40 | 400m: | 5:23.47 | 34.52 |
| 31. | ŁOBODA | Maria | 08 | Uks Cityzen | | | 5:25.22 | 504 | | | | |
| | 50m: | 32.61 | 32.61 | 150m: | 1:52.88 | 41.06 | 250m: | 3:20.94 | 47.71 | 350m: | 4:47.57 | 39.22 |
| | 100m: | 1:11.82 | 39.21 | 200m: | 2:33.23 | 40.35 | 300m: | 4:08.35 | 47.41 | 400m: | 5:25.22 | 37.65 |
| 32. | BERNACKA | Wiktoria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:26.82 | 497 | | | | |
| | 50m: | 34.54 | 34.54 | 150m: | 1:56.05 | 41.38 | 250m: | 3:25.41 | 48.20 | 350m: | 4:50.54 | 37.70 |
| | 100m: | 1:14.67 | 40.13 | 200m: | 2:37.21 | 41.16 | 300m: | 4:12.84 | 47.43 | 400m: | 5:26.82 | 36.28 |
| 33. | SOLI SKA | Patrycja | 06 | UKP „Polonia Warszawa” | | | 5:35.51 | 459 | | | | |
| | 50m: | 33.53 | 33.53 | 150m: | 1:54.99 | 40.88 | 250m: | 3:24.46 | 49.29 | 350m: | 4:56.28 | 41.09 |
| | 100m: | 1:14.11 | 40.58 | 200m: | 2:35.17 | 40.18 | 300m: | 4:15.19 | 50.73 | 400m: | 5:35.51 | 39.23 |
| 34. | KOZIEJSKA | Zuzanna | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:39.30 | 444 | | | | |
| | 50m: | 35.22 | 35.22 | 150m: | 1:58.68 | 41.29 | 250m: | 3:28.97 | 49.62 | 350m: | 5:00.41 | 40.74 |
| | 100m: | 1:17.39 | 42.17 | 200m: | 2:39.35 | 40.67 | 300m: | 4:19.67 | 50.70 | 400m: | 5:39.30 | 38.89 |
| 35. | ALEKSANDROWICZ | Hanna | 06 | MKP Szczecin | | | 5:42.72 | 431 | | | | |
| | 50m: | 34.82 | 34.82 | 150m: | 1:58.56 | 43.19 | 250m: | 3:31.43 | 50.14 | 350m: | 5:05.06 | 41.79 |
| | 100m: | 1:15.37 | 40.55 | 200m: | 2:41.29 | 42.73 | 300m: | 4:23.27 | 51.84 | 400m: | 5:42.72 | 37.66 |

17 - 18 lat

| | | | | | | | | | | | | |
|----|-------------|-----------|-------|-----------------------|---------|-------|----------------|---------|-------|-------|---------|-------|
| 1. | GU | Wiktoria | 04 | MKP Szczecin | | | 4:47.79 | 728 | | | | |
| | 50m: | 31.59 | 31.59 | 150m: | 1:45.24 | 37.74 | 250m: | 3:03.41 | 41.11 | 350m: | 4:16.98 | 32.32 |
| | 100m: | 1:07.50 | 35.91 | 200m: | 2:22.30 | 37.06 | 300m: | 3:44.66 | 41.25 | 400m: | 4:47.79 | 30.81 |
| 2. | SŁABOSZ | Emilia | 05 | SMS O wi cim | | | 4:59.15 | 648 | | | | |
| | 50m: | 32.23 | 32.23 | 150m: | 1:47.91 | 38.75 | 250m: | 3:08.88 | 43.14 | 350m: | 4:26.87 | 34.14 |
| | 100m: | 1:09.16 | 36.93 | 200m: | 2:25.74 | 37.83 | 300m: | 3:52.73 | 43.85 | 400m: | 4:59.15 | 32.28 |
| 3. | TARASIEWICZ | Klaudia | 04 | MKP Szczecin | | | 5:00.48 | 639 | | | | |
| | 50m: | 32.04 | 32.04 | 150m: | 1:45.56 | 37.93 | 250m: | 3:08.10 | 44.87 | 350m: | 4:27.67 | 34.31 |
| | 100m: | 1:07.63 | 35.59 | 200m: | 2:23.23 | 37.67 | 300m: | 3:53.36 | 45.26 | 400m: | 5:00.48 | 32.81 |
| 4. | S DŁAK | Alicja | 05 | MKS Jedyńka Łódź | | | 5:03.65 | 620 | | | | |
| | 50m: | 32.23 | 32.23 | 150m: | 1:48.43 | 38.44 | 250m: | 3:08.80 | 41.60 | 350m: | 4:28.73 | 36.43 |
| | 100m: | 1:09.99 | 37.76 | 200m: | 2:27.20 | 38.77 | 300m: | 3:52.30 | 43.50 | 400m: | 5:03.65 | 34.92 |
| 5. | ZI BA | Anastazja | 05 | MUKS "Pi tnatka" | | | 5:06.51 | 602 | | | | |
| | 50m: | 32.27 | 32.27 | 150m: | 1:48.66 | 39.80 | 250m: | 3:10.99 | 42.73 | 350m: | 4:31.86 | 37.04 |
| | 100m: | 1:08.86 | 36.59 | 200m: | 2:28.26 | 39.60 | 300m: | 3:54.82 | 43.83 | 400m: | 5:06.51 | 34.65 |
| 6. | WO NICA | Milena | 04 | UKS abianka Gdańsk | | | 5:08.34 | 592 | | | | |
| | 50m: | 35.06 | 35.06 | 150m: | 1:55.87 | 40.34 | 250m: | 3:16.49 | 41.59 | 350m: | 4:34.03 | 34.90 |
| | 100m: | 1:15.53 | 40.47 | 200m: | 2:34.90 | 39.03 | 300m: | 3:59.13 | 42.64 | 400m: | 5:08.34 | 34.31 |
| 7. | WIDERSKA | Joanna | 05 | UKS Nawa Skierniewice | | | 5:18.40 | 537 | | | | |
| | 50m: | 32.76 | 32.76 | 150m: | 1:52.32 | 41.53 | 250m: | 3:18.34 | 45.54 | 350m: | 4:42.01 | 36.96 |
| | 100m: | 1:10.79 | 38.03 | 200m: | 2:32.80 | 40.48 | 300m: | 4:05.05 | 46.71 | 400m: | 5:18.40 | 36.39 |
| 8. | KARLI SKA | Paula | 05 | MKP Szczecin | | | 5:18.51 | 537 | | | | |
| | 50m: | 31.78 | 31.78 | 150m: | 1:48.16 | 38.38 | 250m: | 3:13.24 | 48.04 | 350m: | 4:41.57 | 38.73 |
| | 100m: | 1:09.78 | 38.00 | 200m: | 2:25.20 | 37.04 | 300m: | 4:02.84 | 49.60 | 400m: | 5:18.51 | 36.94 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 1, Kobiet, 400m zmienny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------------|----------------------|---------------|---------|------------------------------------|-------|---------------|-------|----------------|------|
| 9. | BUKOWSKA Olga | | 05 | MKP Szczecin | | | | 5:18.59 | 536 |
| | 50m: | 33.20 33.20 | 150m: | 1:56.62 42.52 | 250m: | 3:22.89 45.31 | 350m: | 4:44.25 35.85 | |
| | 100m: | 1:14.10 40.90 | 200m: | 2:37.58 40.96 | 300m: | 4:08.40 45.51 | 400m: | 5:18.59 34.34 | |
| 10. | KLIMIUK Zuzanna | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 5:23.47 | 512 |
| | 50m: | 36.55 36.55 | 150m: | 2:00.37 41.60 | 250m: | 3:26.11 45.00 | 350m: | 4:48.95 37.44 | |
| | 100m: | 1:18.77 42.22 | 200m: | 2:41.11 40.74 | 300m: | 4:11.51 45.40 | 400m: | 5:23.47 34.52 | |
| 16 lat | | | | | | | | | |
| 1. | PIEKARSKA Natalia | | 06 | UKS 190 Łódź | | | | 4:51.87 | 698 |
| | 50m: | 31.79 31.79 | 150m: | 1:44.86 37.74 | 250m: | 3:03.75 42.47 | 350m: | 4:18.98 33.56 | |
| | 100m: | 1:07.12 35.33 | 200m: | 2:21.28 36.42 | 300m: | 3:45.42 41.67 | 400m: | 4:51.87 32.89 | |
| 2. | KRÓL Gabriela | | 06 | KS „Wisła” Puławy | | | | 4:52.14 | 696 |
| | 50m: | 30.56 30.56 | 150m: | 1:42.81 36.81 | 250m: | 3:00.86 42.00 | 350m: | 4:18.12 34.94 | |
| | 100m: | 1:06.00 35.44 | 200m: | 2:18.86 36.05 | 300m: | 3:43.18 42.32 | 400m: | 4:52.14 34.02 | |
| 3. | JAROSZ Helena | | 06 | UKP Unia O wi cim | | | | 4:57.29 | 660 |
| | 50m: | 31.56 31.56 | 150m: | 1:46.43 38.72 | 250m: | 3:04.58 40.23 | 350m: | 4:22.13 35.98 | |
| | 100m: | 1:07.71 36.15 | 200m: | 2:24.35 37.92 | 300m: | 3:46.15 41.57 | 400m: | 4:57.29 35.16 | |
| 4. | LECHOWSKA Magdalena | | 06 | WKS I sk | | | | 4:57.52 | 659 |
| | 50m: | 32.35 32.35 | 150m: | 1:47.44 38.07 | 250m: | 3:06.66 42.02 | 350m: | 4:24.39 35.00 | |
| | 100m: | 1:09.37 37.02 | 200m: | 2:24.64 37.20 | 300m: | 3:49.39 42.73 | 400m: | 4:57.52 33.13 | |
| 5. | MACIAK Julia | | 06 | IUKS „Muszelka” Warszawa | | | | 5:02.93 | 624 |
| | 50m: | 31.77 31.77 | 150m: | 1:46.70 37.67 | 250m: | 3:11.64 48.40 | 350m: | 4:30.93 33.15 | |
| | 100m: | 1:09.03 37.26 | 200m: | 2:23.24 36.54 | 300m: | 3:57.78 46.14 | 400m: | 5:02.93 32.00 | |
| 6. | JUDA Aleksandra | | 06 | UKP Unia O wi cim | | | | 5:03.41 | 621 |
| | 50m: | 32.11 32.11 | 150m: | 1:47.94 39.34 | 250m: | 3:09.69 43.35 | 350m: | 4:28.68 35.42 | |
| | 100m: | 1:08.60 36.49 | 200m: | 2:26.34 38.40 | 300m: | 3:53.26 43.57 | 400m: | 5:03.41 34.73 | |
| 7. | RAKOWSKA Marta | | 06 | DOKiS SP Vega Dobrodzie | | | | 5:03.49 | 621 |
| | 50m: | 32.63 32.63 | 150m: | 1:49.59 39.46 | 250m: | 3:10.86 43.47 | 350m: | 4:29.79 35.62 | |
| | 100m: | 1:10.13 37.50 | 200m: | 2:27.39 37.80 | 300m: | 3:54.17 43.31 | 400m: | 5:03.49 33.70 | |
| 8. | ADAMCZYK Karolina | | 06 | Mokotowski UKP Warszawianka- Wodny | | | | 5:13.50 | 563 |
| | 50m: | 31.48 31.48 | 150m: | 1:48.93 39.17 | 250m: | 3:13.27 45.38 | 350m: | 4:37.05 37.24 | |
| | 100m: | 1:09.76 38.28 | 200m: | 2:27.89 38.96 | 300m: | 3:59.81 46.54 | 400m: | 5:13.50 36.45 | |
| 9. | PITY SKA Klara | | 06 | WKS I sk | | | | 5:15.56 | 552 |
| | 50m: | 32.87 32.87 | 150m: | 1:51.12 39.70 | 250m: | 3:15.86 45.08 | 350m: | 4:38.69 36.94 | |
| | 100m: | 1:11.42 38.55 | 200m: | 2:30.78 39.66 | 300m: | 4:01.75 45.89 | 400m: | 5:15.56 36.87 | |
| 10. | MIKUŁA Natalia | | 06 | UKS 190 Łódź | | | | 5:19.49 | 532 |
| | 50m: | 34.43 34.43 | 150m: | 1:55.53 41.15 | 250m: | 3:18.23 43.26 | 350m: | 4:42.59 38.92 | |
| | 100m: | 1:14.38 39.95 | 200m: | 2:34.97 39.44 | 300m: | 4:03.67 45.44 | 400m: | 5:19.49 36.90 | |
| 11. | SOBIECKA Małgorzata | | 06 | UKP „Polonia Warszawa” | | | | 5:22.40 | 518 |
| | 50m: | 33.21 33.21 | 150m: | 1:57.28 44.32 | 250m: | 3:24.66 46.72 | 350m: | 4:46.59 36.95 | |
| | 100m: | 1:12.96 39.75 | 200m: | 2:37.94 40.66 | 300m: | 4:09.64 44.98 | 400m: | 5:22.40 35.81 | |
| 12. | SOLI SKA Patrycja | | 06 | UKP „Polonia Warszawa” | | | | 5:35.51 | 459 |
| | 50m: | 33.53 33.53 | 150m: | 1:54.99 40.88 | 250m: | 3:24.46 49.29 | 350m: | 4:56.28 41.09 | |
| | 100m: | 1:14.11 40.58 | 200m: | 2:35.17 40.18 | 300m: | 4:15.19 50.73 | 400m: | 5:35.51 39.23 | |
| 13. | ALEKSANDROWICZ Hanna | | 06 | MKP Szczecin | | | | 5:42.72 | 431 |
| | 50m: | 34.82 34.82 | 150m: | 1:58.56 43.19 | 250m: | 3:31.43 50.14 | 350m: | 5:05.06 41.79 | |
| | 100m: | 1:15.37 40.55 | 200m: | 2:41.29 42.73 | 300m: | 4:23.27 51.84 | 400m: | 5:42.72 37.66 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 1, Kobiet, 400m zmienny

15 lat

| | | | | | |
|----|---------------------|---------------|------------------------------------|---------------------|-------|
| 1. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 4:55.99 | 669 |
| | 50m: 1:08.71 | 150m: 1:47.12 | 38.41 250m: 3:05.10 | 41.03 350m: 4:21.68 | 35.04 |
| | 100m: 1:08.71 | 200m: 2:24.07 | 36.95 300m: 3:46.64 | 41.54 400m: 4:55.99 | 34.31 |
| 2. | GLI SKA Oliwia | 07 | TP Zielona Góra | 4:59.27 | 647 |
| | 50m: 32.67 32.67 | 150m: 1:47.10 | 36.94 250m: 3:06.01 | 42.56 350m: 4:24.88 | 35.06 |
| | 100m: 1:10.16 37.49 | 200m: 2:23.45 | 36.35 300m: 3:49.82 | 43.81 400m: 4:59.27 | 34.39 |
| 3. | POPPE Marta | 07 | KU AZS UMCS Lublin | 5:05.13 | 611 |
| | 50m: 32.92 32.92 | 150m: 1:50.08 | 39.85 250m: 3:12.44 | 43.46 350m: 4:32.15 | 34.47 |
| | 100m: 1:10.23 37.31 | 200m: 2:28.98 | 38.90 300m: 3:57.68 | 45.24 400m: 5:05.13 | 32.98 |
| 4. | PLAGA Olga | 07 | TP Skalar Słupsk | 5:09.42 | 586 |
| | 50m: 32.94 32.94 | 150m: 1:50.33 | 39.51 250m: 3:11.82 | 42.91 350m: 4:33.20 | 37.42 |
| | 100m: 1:10.82 37.88 | 200m: 2:28.91 | 38.58 300m: 3:55.78 | 43.96 400m: 5:09.42 | 36.22 |
| 5. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 5:16.13 | 549 |
| | 50m: 32.42 32.42 | 150m: 1:52.46 | 39.45 250m: 3:15.75 | 42.85 350m: 4:38.87 | 38.53 |
| | 100m: 1:13.01 40.59 | 200m: 2:32.90 | 40.44 300m: 4:00.34 | 44.59 400m: 5:16.13 | 37.26 |
| 6. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wodny | 5:21.17 | 524 |
| | 50m: 33.13 33.13 | 150m: 1:54.57 | 42.36 250m: 3:20.41 | 44.96 350m: 4:44.38 | 38.16 |
| | 100m: 1:12.21 39.08 | 200m: 2:35.45 | 40.88 300m: 4:06.22 | 45.81 400m: 5:21.17 | 36.79 |

14 lat

| | | | | | |
|----|---------------------|---------------|------------------------------|---------------------|-------|
| 1. | ŁOBODA Maria | 08 | Uks Cityzen | 5:25.22 | 504 |
| | 50m: 32.61 32.61 | 150m: 1:52.88 | 41.06 250m: 3:20.94 | 47.71 350m: 4:47.57 | 39.22 |
| | 100m: 1:11.82 39.21 | 200m: 2:33.23 | 40.35 300m: 4:08.35 | 47.41 400m: 5:25.22 | 37.65 |
| 2. | BERNACKA Wiktoria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 5:26.82 | 497 |
| | 50m: 34.54 34.54 | 150m: 1:56.05 | 41.38 250m: 3:25.41 | 48.20 350m: 4:50.54 | 37.70 |
| | 100m: 1:14.67 40.13 | 200m: 2:37.21 | 41.16 300m: 4:12.84 | 47.43 400m: 5:26.82 | 36.28 |
| 3. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 5:39.30 | 444 |
| | 50m: 35.22 35.22 | 150m: 1:58.68 | 41.29 250m: 3:28.97 | 49.62 350m: 5:00.41 | 40.74 |
| | 100m: 1:17.39 42.17 | 200m: 2:39.35 | 40.67 300m: 4:19.67 | 50.70 400m: 5:39.30 | 38.89 |

Konkurencja 2
2022.11.12 - 11:30

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|---|---------|-------------|-----|--------------|------------|
| Rekord Polski | 4:03.20 | WOJT Lukasz | POL | Berlin (GER) | 2009.11.14 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: | 4:08.29 | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | | Rok ur. | | | Czas | Pkt. |
|-----------------|---|---------------|--------------------------|---------------------|-------|------|
| 14 lat i starsi | | | | | | |
| 1. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 4:09.05 | 838 | |
| | <i>Czas Lepszy od Rekordu Polski 18 lat</i> | | | | | |
| | 50m: 26.05 26.05 | 150m: 1:27.34 | 31.80 250m: 2:34.79 | 36.75 350m: 3:41.09 | 29.20 | |
| | 100m: 55.54 29.49 | 200m: 1:58.04 | 30.70 300m: 3:11.89 | 37.10 400m: 4:09.05 | 27.96 | |
| 2. | PIELA Michał | 04 | UKP Unia O wi cim | 4:15.38 | 777 | |
| | 50m: 27.36 27.36 | 150m: 1:31.55 | 33.24 250m: 2:38.93 | 35.45 350m: 3:45.76 | 31.27 | |
| | 100m: 58.31 30.95 | 200m: 2:03.48 | 31.93 300m: 3:14.49 | 35.56 400m: 4:15.38 | 29.62 | |
| 3. | KUCZAK Adam | 00 | AZS AWF Katowice | 4:19.91 | 737 | |
| | 50m: 27.30 27.30 | 150m: 1:32.11 | 33.04 250m: 2:41.69 | 36.96 350m: 3:50.33 | 31.07 | |
| | 100m: 59.07 31.77 | 200m: 2:04.73 | 32.62 300m: 3:19.26 | 37.57 400m: 4:19.91 | 29.58 | |
| 4. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 4:25.21 | 694 | |
| | 50m: 28.15 28.15 | 150m: 1:34.52 | 34.42 250m: 2:47.51 | 38.83 350m: 3:56.67 | 29.90 | |
| | 100m: 1:00.10 31.95 | 200m: 2:08.68 | 34.16 300m: 3:26.77 | 39.26 400m: 4:25.21 | 28.54 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|-------|---------------|--------------------------|---------------|-------|----------------|-------|------|
| 5. | POPIEL Mikołaj | | 06 | KU AZS UMCS Lublin | | | 4:25.53 | 691 | |
| | 50m: 28.20 | 28.20 | 150m: 1:34.35 | 34.18 | 250m: 2:45.19 | 36.70 | 350m: 3:55.10 | 31.37 | |
| | 100m: 1:00.17 | 31.97 | 200m: 2:08.49 | 34.14 | 300m: 3:23.73 | 38.54 | 400m: 4:25.53 | 30.43 | |
| 6. | WARZOCHA Albert | | 01 | KS Warta Pozna | | | 4:29.20 | 663 | |
| | 50m: 27.57 | 27.57 | 150m: 1:34.43 | 34.74 | 250m: 2:46.46 | 37.73 | 350m: 3:57.83 | 32.62 | |
| | 100m: 59.69 | 32.12 | 200m: 2:08.73 | 34.30 | 300m: 3:25.21 | 38.75 | 400m: 4:29.20 | 31.37 | |
| 7. | PLAGA Dawid | | 05 | TP Skalar Słupsk | | | 4:31.50 | 646 | |
| | 50m: 28.92 | 28.92 | 150m: 1:37.74 | 35.74 | 250m: 2:51.80 | 39.09 | 350m: 4:02.12 | 30.76 | |
| | 100m: 1:02.00 | 33.08 | 200m: 2:12.71 | 34.97 | 300m: 3:31.36 | 39.56 | 400m: 4:31.50 | 29.38 | |
| 8. | KAPAŁA Szymon | | 03 | AZS AWF Warszawa | | | 4:32.12 | 642 | |
| | 50m: 29.20 | 29.20 | 150m: 1:38.42 | 36.23 | 250m: 2:53.10 | 39.87 | 350m: 4:03.37 | 29.93 | |
| | 100m: 1:02.19 | 32.99 | 200m: 2:13.23 | 34.81 | 300m: 3:33.44 | 40.34 | 400m: 4:32.12 | 28.75 | |
| 9. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | | 4:32.43 | 640 | |
| | 50m: 29.35 | 29.35 | 150m: 1:36.19 | 34.58 | 250m: 2:49.99 | 40.68 | 350m: 4:02.70 | 30.69 | |
| | 100m: 1:01.61 | 32.26 | 200m: 2:09.31 | 33.12 | 300m: 3:32.01 | 42.02 | 400m: 4:32.43 | 29.73 | |
| 10. | STASZAK Wiktor | | 04 | WKS I sk | | | 4:33.47 | 633 | |
| | 50m: 29.88 | 29.88 | 150m: 1:38.45 | 34.59 | 250m: 2:51.55 | 39.05 | 350m: 4:02.41 | 31.95 | |
| | 100m: 1:03.86 | 33.98 | 200m: 2:12.50 | 34.05 | 300m: 3:30.46 | 38.91 | 400m: 4:33.47 | 31.06 | |
| 11. | SROKA Bła ej | | 05 | UKS abianka Gda sk | | | 4:34.51 | 625 | |
| | 50m: 29.55 | 29.55 | 150m: 1:37.54 | 33.91 | 250m: 2:48.45 | 37.83 | 350m: 4:01.28 | 33.18 | |
| | 100m: 1:03.63 | 34.08 | 200m: 2:10.62 | 33.08 | 300m: 3:28.10 | 39.65 | 400m: 4:34.51 | 33.23 | |
| 12. | CHALUPNIK Jiri | | 04 | Sport Club Pardubice | | | 4:35.54 | 618 | |
| | 50m: 29.39 | 29.39 | 150m: 1:40.23 | 37.26 | 250m: 2:54.24 | 37.87 | 350m: 4:04.43 | 32.06 | |
| | 100m: 1:02.97 | 33.58 | 200m: 2:16.37 | 36.14 | 300m: 3:32.37 | 38.13 | 400m: 4:35.54 | 31.11 | |
| 13. | TEPLY Jan | | 03 | Sport Club Pardubice | | | 4:38.58 | 598 | |
| | 50m: 29.21 | 29.21 | 150m: 1:38.15 | 35.14 | 250m: 2:52.16 | 39.10 | 350m: 4:05.10 | 32.51 | |
| | 100m: 1:03.01 | 33.80 | 200m: 2:13.06 | 34.91 | 300m: 3:32.59 | 40.43 | 400m: 4:38.58 | 33.48 | |
| 14. | KOBUS Tymoteusz | | 05 | UKS abianka Gda sk | | | 4:39.01 | 596 | |
| | 50m: 29.11 | 29.11 | 150m: 1:38.50 | 36.03 | 250m: 2:53.17 | 38.94 | 350m: 4:06.31 | 33.26 | |
| | 100m: 1:02.47 | 33.36 | 200m: 2:14.23 | 35.73 | 300m: 3:33.05 | 39.88 | 400m: 4:39.01 | 32.70 | |
| 15. | MIKULA Vilem | | 06 | Sport Club Pardubice | | | 4:39.72 | 591 | |
| | 50m: 29.17 | 29.17 | 150m: 1:38.05 | 34.71 | 250m: 2:53.30 | 40.91 | 350m: 4:08.48 | 33.33 | |
| | 100m: 1:03.34 | 34.17 | 200m: 2:12.39 | 34.34 | 300m: 3:35.15 | 41.85 | 400m: 4:39.72 | 31.24 | |
| 16. | DZIERKACZ Igor | | 05 | UKS G-8 Bielany Warszawa | | | 4:39.91 | 590 | |
| | 50m: 28.93 | 28.93 | 150m: 1:37.28 | 35.94 | 250m: 2:55.39 | 41.96 | 350m: 4:08.31 | 31.45 | |
| | 100m: 1:01.34 | 32.41 | 200m: 2:13.43 | 36.15 | 300m: 3:36.86 | 41.47 | 400m: 4:39.91 | 31.60 | |
| 17. | WI NIEWSKI Wiktor | | 07 | UKP Unia O wi cim | | | 4:40.23 | 588 | |
| | 50m: 29.91 | 29.91 | 150m: 1:41.11 | 37.41 | 250m: 2:57.68 | 40.16 | 350m: 4:09.41 | 32.41 | |
| | 100m: 1:03.70 | 33.79 | 200m: 2:17.52 | 36.41 | 300m: 3:37.00 | 39.32 | 400m: 4:40.23 | 30.82 | |
| 18. | HAVLENA Maxim | | 04 | Sport Club Pardubice | | | 4:41.77 | 578 | |
| | 50m: 29.37 | 29.37 | 150m: 1:40.33 | 37.32 | 250m: 2:57.11 | 40.33 | 350m: 4:10.15 | 32.72 | |
| | 100m: 1:03.01 | 33.64 | 200m: 2:16.78 | 36.45 | 300m: 3:37.43 | 40.32 | 400m: 4:41.77 | 31.62 | |
| 19. | PORWIK Kacper | | 06 | UKP Unia O wi cim | | | 4:42.94 | 571 | |
| | 50m: 29.96 | 29.96 | 150m: 1:41.33 | 36.66 | 250m: 2:56.86 | 38.92 | 350m: 4:10.62 | 34.07 | |
| | 100m: 1:04.67 | 34.71 | 200m: 2:17.94 | 36.61 | 300m: 3:36.55 | 39.69 | 400m: 4:42.94 | 32.32 | |
| 20. | TARCZY SKI Bartosz | | 07 | UKS 190 Łód | | | 4:43.30 | 569 | |
| | 50m: 31.06 | 31.06 | 150m: 1:44.13 | 38.24 | 250m: 2:59.13 | 39.18 | 350m: 4:11.78 | 33.24 | |
| | 100m: 1:05.89 | 34.83 | 200m: 2:19.95 | 35.82 | 300m: 3:38.54 | 39.41 | 400m: 4:43.30 | 31.52 | |
| 21. | DRAHORAD Pavel | | 04 | Sport Club Pardubice | | | 4:44.27 | 563 | |
| | 50m: 28.77 | 28.77 | 150m: 1:40.34 | 38.01 | 250m: 3:00.77 | 42.75 | 350m: 4:13.96 | 31.76 | |
| | 100m: 1:02.33 | 33.56 | 200m: 2:18.02 | 37.68 | 300m: 3:42.20 | 41.43 | 400m: 4:44.27 | 30.31 | |
| 22. | JOACHIMOWICZ Patryk | | 08 | KU AZS UMCS Lublin | | | 4:44.49 | 562 | |
| | 50m: 29.48 | 29.48 | 150m: 1:40.77 | 36.77 | 250m: 2:57.25 | 40.71 | 350m: 4:12.11 | 33.51 | |
| | 100m: 1:04.00 | 34.52 | 200m: 2:16.54 | 35.77 | 300m: 3:38.60 | 41.35 | 400m: 4:44.49 | 32.38 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 2, Mężczyźni, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--|---------------|---------|---------------------------------------|-------|---------------|----------------|---------------|------|
| 23. | SOBIECHOWSKI | Kajetan | 06 | TP Zielona Góra | | | 4:45.44 | 556 | |
| | 50m: | 29.31 29.31 | 150m: | 1:41.70 37.90 | 250m: | 3:00.77 42.60 | 350m: | 4:14.91 31.78 | |
| | 100m: | 1:03.80 34.49 | 200m: | 2:18.17 36.47 | 300m: | 3:43.13 42.36 | 400m: | 4:45.44 30.53 | |
| 24. | KOZŁOWSKI | Julian | 07 | MKS „Astoria” Bydgoszcz | | | 4:45.62 | 555 | |
| | 50m: | 30.10 30.10 | 150m: | 1:41.59 36.74 | 250m: | 2:58.04 39.91 | 350m: | 4:12.74 33.79 | |
| | 100m: | 1:04.85 34.75 | 200m: | 2:18.13 36.54 | 300m: | 3:38.95 40.91 | 400m: | 4:45.62 32.88 | |
| 25. | SZWEDZKI | Jakub | 00 | MKS Trójka Łódź | | | 4:49.38 | 534 | |
| | 50m: | 30.44 30.44 | 150m: | 1:44.98 39.29 | 250m: | 3:03.00 40.06 | 350m: | 4:19.42 35.07 | |
| | 100m: | 1:05.69 35.25 | 200m: | 2:22.94 37.96 | 300m: | 3:44.35 41.35 | 400m: | 4:49.38 29.96 | |
| 26. | BURZY | SKI Oskar | 06 | MKP Szczecin | | | 4:51.14 | 524 | |
| | 50m: | 30.29 30.29 | 150m: | 1:44.41 39.28 | 250m: | 3:02.07 40.86 | 350m: | 4:18.34 33.95 | |
| | 100m: | 1:05.13 34.84 | 200m: | 2:21.21 36.80 | 300m: | 3:44.39 42.32 | 400m: | 4:51.14 32.80 | |
| 27. | CHABOWSKI | Nathaniel | 06 | UKS abianka Gdańsk | | | 4:52.68 | 516 | |
| | 50m: | 30.57 30.57 | 150m: | 1:43.62 37.27 | 250m: | 3:03.36 43.10 | 350m: | 4:20.44 33.37 | |
| | 100m: | 1:06.35 35.78 | 200m: | 2:20.26 36.64 | 300m: | 3:47.07 43.71 | 400m: | 4:52.68 32.24 | |
| 28. | URBA | SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wodny | | | 4:55.25 | 503 | |
| | 50m: | 28.83 28.83 | 150m: | 1:43.04 39.12 | 250m: | 3:04.62 42.74 | 350m: | 4:23.02 34.38 | |
| | 100m: | 1:03.92 35.09 | 200m: | 2:21.88 38.84 | 300m: | 3:48.64 44.02 | 400m: | 4:55.25 32.23 | |
| 29. | PAWLAK | Dawid | 08 | UKS 190 Łódź | | | 4:58.93 | 484 | |
| | 50m: | 32.14 32.14 | 150m: | 1:49.14 40.07 | 250m: | 3:09.22 41.53 | 350m: | 4:25.93 35.28 | |
| | 100m: | 1:09.07 36.93 | 200m: | 2:27.69 38.55 | 300m: | 3:50.65 41.43 | 400m: | 4:58.93 33.00 | |
| 30. | GORZE | Norbert | 06 | Uks Cityzen | | | 5:00.36 | 477 | |
| | 50m: | 31.67 31.67 | 150m: | 1:48.11 38.99 | 250m: | 3:08.44 43.45 | 350m: | 4:27.45 34.43 | |
| | 100m: | 1:09.12 37.45 | 200m: | 2:24.99 36.88 | 300m: | 3:53.02 44.58 | 400m: | 5:00.36 32.91 | |
| 31. | FEDERKIEWICZ | Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:03.32 | 463 | |
| | 50m: | 31.87 31.87 | 150m: | 1:47.45 39.07 | 250m: | 3:10.15 44.58 | 350m: | 4:30.09 34.87 | |
| | 100m: | 1:08.38 36.51 | 200m: | 2:25.57 38.12 | 300m: | 3:55.22 45.07 | 400m: | 5:03.32 33.23 | |
| 32. | TRUDNOS | Ignacy | 08 | UKS 190 Łódź | | | 5:05.77 | 452 | |
| | 50m: | 32.45 32.45 | 150m: | 1:51.18 39.92 | 250m: | 3:12.50 42.04 | 350m: | 4:31.72 36.46 | |
| | 100m: | 1:11.26 38.81 | 200m: | 2:30.46 39.28 | 300m: | 3:55.26 42.76 | 400m: | 5:05.77 34.05 | |
| 33. | KOWALCZYK | Sebastian | 08 | UKS G-8 Bielany Warszawa | | | 5:10.45 | 432 | |
| | 50m: | 31.45 31.45 | 150m: | 1:47.38 38.51 | 250m: | 3:10.82 45.67 | 350m: | 4:35.21 38.35 | |
| | 100m: | 1:08.87 37.42 | 200m: | 2:25.15 37.77 | 300m: | 3:56.86 46.04 | 400m: | 5:10.45 35.24 | |
| 34. | JARECKI | Bartosz | 08 | UKS 48 Warszawa ródmi cie | | | 5:10.50 | 432 | |
| | 50m: | 31.77 31.77 | 150m: | 1:50.79 40.60 | 250m: | 3:13.97 43.94 | 350m: | 4:36.08 36.83 | |
| | 100m: | 1:10.19 38.42 | 200m: | 2:30.03 39.24 | 300m: | 3:59.25 45.28 | 400m: | 5:10.50 34.42 | |
| 35. | LECYK | Jakub | 08 | MKP Astromal-Leszno | | | 5:36.15 | 340 | |
| | 50m: | 35.75 35.75 | 150m: | 1:59.53 43.81 | 250m: | 3:26.40 44.99 | 350m: | 4:55.68 43.26 | |
| | 100m: | 1:15.72 39.97 | 200m: | 2:41.41 41.88 | 300m: | 4:12.42 46.02 | 400m: | 5:36.15 40.47 | |
| DYSKW. | OŁOWNIA | Ignacy | 07 | KS Delfin Gdynia | | | | | |
| | <i>Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zakresie czerpienia wycigu w danym stylu., /K16</i> | | | | | | | | |

17 - 18 lat

| | | | | | | | | |
|----|---|-------------|-------|--------------------------|-------|---------------|----------------|---------------|
| 1. | CHMIELEWSKI | Krzysztof | 04 | IUKS „Muszelka” Warszawa | | | 4:09.05 | 838 |
| | <i>Czas Lepszy od Rekordu Polski 18 lat</i> | | | | | | | |
| | 50m: | 26.05 26.05 | 150m: | 1:27.34 31.80 | 250m: | 2:34.79 36.75 | 350m: | 3:41.09 29.20 |
| | 100m: | 55.54 29.49 | 200m: | 1:58.04 30.70 | 300m: | 3:11.89 37.10 | 400m: | 4:09.05 27.96 |
| 2. | PIELA | Michał | 04 | UKP Unia Olimpijczyków | | | 4:15.38 | 777 |
| | 50m: | 27.36 27.36 | 150m: | 1:31.55 33.24 | 250m: | 2:38.93 35.45 | 350m: | 3:45.76 31.27 |
| | 100m: | 58.31 30.95 | 200m: | 2:03.48 31.93 | 300m: | 3:14.49 35.56 | 400m: | 4:15.38 29.62 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, Chłopców, 400m zmienny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. |
|---------|-----------------|---------------|-----------------------------|---------------|-------|---------------|-------|---------------|----------------|------|
| 3. | PLAGA Dawid | | 05 TP Skalar Słupsk | | | | | | 4:31.50 | 646 |
| | 50m: | 28.92 28.92 | 150m: | 1:37.74 35.74 | 250m: | 2:51.80 39.09 | 350m: | 4:02.12 30.76 | | |
| | 100m: | 1:02.00 33.08 | 200m: | 2:12.71 34.97 | 300m: | 3:31.36 39.56 | 400m: | 4:31.50 29.38 | | |
| 4. | STASZAK Wiktor | | 04 WKS I sk | | | | | | 4:33.47 | 633 |
| | 50m: | 29.88 29.88 | 150m: | 1:38.45 34.59 | 250m: | 2:51.55 39.05 | 350m: | 4:02.41 31.95 | | |
| | 100m: | 1:03.86 33.98 | 200m: | 2:12.50 34.05 | 300m: | 3:30.46 38.91 | 400m: | 4:33.47 31.06 | | |
| 5. | SROKA Bła ej | | 05 UKS abianka Gda sk | | | | | | 4:34.51 | 625 |
| | 50m: | 29.55 29.55 | 150m: | 1:37.54 33.91 | 250m: | 2:48.45 37.83 | 350m: | 4:01.28 33.18 | | |
| | 100m: | 1:03.63 34.08 | 200m: | 2:10.62 33.08 | 300m: | 3:28.10 39.65 | 400m: | 4:34.51 33.23 | | |
| 6. | CHALUPNIK Jiri | | 04 Sport Club Pardubice | | | | | | 4:35.54 | 618 |
| | 50m: | 29.39 29.39 | 150m: | 1:40.23 37.26 | 250m: | 2:54.24 37.87 | 350m: | 4:04.43 32.06 | | |
| | 100m: | 1:02.97 33.58 | 200m: | 2:16.37 36.14 | 300m: | 3:32.37 38.13 | 400m: | 4:35.54 31.11 | | |
| 7. | KOBUS Tymoteusz | | 05 UKS abianka Gda sk | | | | | | 4:39.01 | 596 |
| | 50m: | 29.11 29.11 | 150m: | 1:38.50 36.03 | 250m: | 2:53.17 38.94 | 350m: | 4:06.31 33.26 | | |
| | 100m: | 1:02.47 33.36 | 200m: | 2:14.23 35.73 | 300m: | 3:33.05 39.88 | 400m: | 4:39.01 32.70 | | |
| 8. | DZIERKACZ Igor | | 05 UKS G-8 Bielany Warszawa | | | | | | 4:39.91 | 590 |
| | 50m: | 28.93 28.93 | 150m: | 1:37.28 35.94 | 250m: | 2:55.39 41.96 | 350m: | 4:08.31 31.45 | | |
| | 100m: | 1:01.34 32.41 | 200m: | 2:13.43 36.15 | 300m: | 3:36.86 41.47 | 400m: | 4:39.91 31.60 | | |
| 9. | HAVLENA Maxim | | 04 Sport Club Pardubice | | | | | | 4:41.77 | 578 |
| | 50m: | 29.37 29.37 | 150m: | 1:40.33 37.32 | 250m: | 2:57.11 40.33 | 350m: | 4:10.15 32.72 | | |
| | 100m: | 1:03.01 33.64 | 200m: | 2:16.78 36.45 | 300m: | 3:37.43 40.32 | 400m: | 4:41.77 31.62 | | |
| 10. | DRAHORAD Pavel | | 04 Sport Club Pardubice | | | | | | 4:44.27 | 563 |
| | 50m: | 28.77 28.77 | 150m: | 1:40.34 38.01 | 250m: | 3:00.77 42.75 | 350m: | 4:13.96 31.76 | | |
| | 100m: | 1:02.33 33.56 | 200m: | 2:18.02 37.68 | 300m: | 3:42.20 41.43 | 400m: | 4:44.27 30.31 | | |

16 lat

| | | | | | | | | | | |
|----|----------------------|---------------|---------------------------------------|---------------|-------|---------------|-------|---------------|----------------|-----|
| 1. | POPIEL Mikołaj | | 06 KU AZS UMCS Lublin | | | | | | 4:25.53 | 691 |
| | 50m: | 28.20 28.20 | 150m: | 1:34.35 34.18 | 250m: | 2:45.19 36.70 | 350m: | 3:55.10 31.37 | | |
| | 100m: | 1:00.17 31.97 | 200m: | 2:08.49 34.14 | 300m: | 3:23.73 38.54 | 400m: | 4:25.53 30.43 | | |
| 2. | LARY Jerzy | | 06 IUKS „Muszelka” Warszawa | | | | | | 4:32.43 | 640 |
| | 50m: | 29.35 29.35 | 150m: | 1:36.19 34.58 | 250m: | 2:49.99 40.68 | 350m: | 4:02.70 30.69 | | |
| | 100m: | 1:01.61 32.26 | 200m: | 2:09.31 33.12 | 300m: | 3:32.01 42.02 | 400m: | 4:32.43 29.73 | | |
| 3. | MIKULA Vilem | | 06 Sport Club Pardubice | | | | | | 4:39.72 | 591 |
| | 50m: | 29.17 29.17 | 150m: | 1:38.05 34.71 | 250m: | 2:53.30 40.91 | 350m: | 4:08.48 33.33 | | |
| | 100m: | 1:03.34 34.17 | 200m: | 2:12.39 34.34 | 300m: | 3:35.15 41.85 | 400m: | 4:39.72 31.24 | | |
| 4. | PORWIK Kacper | | 06 UKP Unia O wi cim | | | | | | 4:42.94 | 571 |
| | 50m: | 29.96 29.96 | 150m: | 1:41.33 36.66 | 250m: | 2:56.86 38.92 | 350m: | 4:10.62 34.07 | | |
| | 100m: | 1:04.67 34.71 | 200m: | 2:17.94 36.61 | 300m: | 3:36.55 39.69 | 400m: | 4:42.94 32.32 | | |
| 5. | SOBIECHOWSKI Kajetan | | 06 TP Zielona Góra | | | | | | 4:45.44 | 556 |
| | 50m: | 29.31 29.31 | 150m: | 1:41.70 37.90 | 250m: | 3:00.77 42.60 | 350m: | 4:14.91 31.78 | | |
| | 100m: | 1:03.80 34.49 | 200m: | 2:18.17 36.47 | 300m: | 3:43.13 42.36 | 400m: | 4:45.44 30.53 | | |
| 6. | BURZY SKI Oskar | | 06 MKP Szczecin | | | | | | 4:51.14 | 524 |
| | 50m: | 30.29 30.29 | 150m: | 1:44.41 39.28 | 250m: | 3:02.07 40.86 | 350m: | 4:18.34 33.95 | | |
| | 100m: | 1:05.13 34.84 | 200m: | 2:21.21 36.80 | 300m: | 3:44.39 42.32 | 400m: | 4:51.14 32.80 | | |
| 7. | CHABOWSKI Nathaniel | | 06 UKS abianka Gda sk | | | | | | 4:52.68 | 516 |
| | 50m: | 30.57 30.57 | 150m: | 1:43.62 37.27 | 250m: | 3:03.36 43.10 | 350m: | 4:20.44 33.37 | | |
| | 100m: | 1:06.35 35.78 | 200m: | 2:20.26 36.64 | 300m: | 3:47.07 43.71 | 400m: | 4:52.68 32.24 | | |
| 8. | URBA SKI Maciej | | 06 Mokotowski UKP Warszawianka- Wodny | | | | | | 4:55.25 | 503 |
| | 50m: | 28.83 28.83 | 150m: | 1:43.04 39.12 | 250m: | 3:04.62 42.74 | 350m: | 4:23.02 34.38 | | |
| | 100m: | 1:03.92 35.09 | 200m: | 2:21.88 38.84 | 300m: | 3:48.64 44.02 | 400m: | 4:55.25 32.23 | | |
| 9. | GORZE Norbert | | 06 Uks Cityzen | | | | | | 5:00.36 | 477 |
| | 50m: | 31.67 31.67 | 150m: | 1:48.11 38.99 | 250m: | 3:08.44 43.45 | 350m: | 4:27.45 34.43 | | |
| | 100m: | 1:09.12 37.45 | 200m: | 2:24.99 36.88 | 300m: | 3:53.02 44.58 | 400m: | 5:00.36 32.91 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 2, M czynn, 400m zmienny

15 lat

| | | | | | |
|----|---------------------|---------------|-------------------------|----------------|---------------------|
| 1. | WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 4:40.23 | 588 |
| | 50m: 29.91 29.91 | 150m: 1:41.11 | 37.41 250m: 2:57.68 | 40.16 | 350m: 4:09.41 32.41 |
| | 100m: 1:03.70 33.79 | 200m: 2:17.52 | 36.41 300m: 3:37.00 | 39.32 | 400m: 4:40.23 30.82 |
| 2. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 4:43.30 | 569 |
| | 50m: 31.06 31.06 | 150m: 1:44.13 | 38.24 250m: 2:59.13 | 39.18 | 350m: 4:11.78 33.24 |
| | 100m: 1:05.89 34.83 | 200m: 2:19.95 | 35.82 300m: 3:38.54 | 39.41 | 400m: 4:43.30 31.52 |
| 3. | KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 4:45.62 | 555 |
| | 50m: 30.10 30.10 | 150m: 1:41.59 | 36.74 250m: 2:58.04 | 39.91 | 350m: 4:12.74 33.79 |
| | 100m: 1:04.85 34.75 | 200m: 2:18.13 | 36.54 300m: 3:38.95 | 40.91 | 400m: 4:45.62 32.88 |

DYSKW. OŁOWNIA Ignacy 07 KS Delfin Gdynia
Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., /K16

14 lat

| | | | | | |
|----|---------------------|---------------|------------------------------|----------------|---------------------|
| 1. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 4:44.49 | 562 |
| | 50m: 29.48 29.48 | 150m: 1:40.77 | 36.77 250m: 2:57.25 | 40.71 | 350m: 4:12.11 33.51 |
| | 100m: 1:04.00 34.52 | 200m: 2:16.54 | 35.77 300m: 3:38.60 | 41.35 | 400m: 4:44.49 32.38 |
| 2. | PAWLAK Dawid | 08 | UKS 190 Łód | 4:58.93 | 484 |
| | 50m: 32.14 32.14 | 150m: 1:49.14 | 40.07 250m: 3:09.22 | 41.53 | 350m: 4:25.93 35.28 |
| | 100m: 1:09.07 36.93 | 200m: 2:27.69 | 38.55 300m: 3:50.65 | 41.43 | 400m: 4:58.93 33.00 |
| 3. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 5:03.32 | 463 |
| | 50m: 31.87 31.87 | 150m: 1:47.45 | 39.07 250m: 3:10.15 | 44.58 | 350m: 4:30.09 34.87 |
| | 100m: 1:08.38 36.51 | 200m: 2:25.57 | 38.12 300m: 3:55.22 | 45.07 | 400m: 5:03.32 33.23 |
| 4. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 5:05.77 | 452 |
| | 50m: 32.45 32.45 | 150m: 1:51.18 | 39.92 250m: 3:12.50 | 42.04 | 350m: 4:31.72 36.46 |
| | 100m: 1:11.26 38.81 | 200m: 2:30.46 | 39.28 300m: 3:55.26 | 42.76 | 400m: 5:05.77 34.05 |
| 5. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 5:10.45 | 432 |
| | 50m: 31.45 31.45 | 150m: 1:47.38 | 38.51 250m: 3:10.82 | 45.67 | 350m: 4:35.21 38.35 |
| | 100m: 1:08.87 37.42 | 200m: 2:25.15 | 37.77 300m: 3:56.86 | 46.04 | 400m: 5:10.45 35.24 |
| 6. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmie cie | 5:10.50 | 432 |
| | 50m: 31.77 31.77 | 150m: 1:50.79 | 40.60 250m: 3:13.97 | 43.94 | 350m: 4:36.08 36.83 |
| | 100m: 1:10.19 38.42 | 200m: 2:30.03 | 39.24 300m: 3:59.25 | 45.28 | 400m: 5:10.50 34.42 |
| 7. | LECYK Jakub | 08 | MKP Astromal-Leszno | 5:36.15 | 340 |
| | 50m: 35.75 35.75 | 150m: 1:59.53 | 43.81 250m: 3:26.40 | 44.99 | 350m: 4:55.68 43.26 |
| | 100m: 1:15.72 39.97 | 200m: 2:41.41 | 41.88 300m: 4:12.42 | 46.02 | 400m: 5:36.15 40.47 |

Konkurencja 3
2022.11.12 - 11:36

Kobiet, 50m dowolny

14 lat i starsi
Wyniki

Rekord Polski 23.10 WASICK Katarzyna POL Indianapolis (USA) 2022.11.04

Min. indywidualne na M (25m) Melbourne 2022 Open: 23.94 / Min. do sztafety na M (25m) Melbourne 2022 Open: 24.18

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|-----------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 90 | KS Warta Pozna | 24.75 | 795 |
| 2. | 03 | Kaliski Klub Sportowy „Włókniarz” 1925 | 25.34 | 740 |
| 3. | 08 | UKS „Jasie ” Sucha Beskidzka | 25.93 | 691 |
| 4. | 02 | Ústecká akademie plaveckých sport | 25.95 | 689 |
| 5. | 04 | UKP „Polonia Warszawa” | 26.04 | 682 |
| 6. | 05 | KS Barrakuda Gda sk | 26.08 | 679 |
| 7. | 00 | AZS AWF Katowice | 26.15 | 674 |
| 8. | 01 | KU AZS Uniwersytetu Warszawskiego | 26.24 | 667 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|--------------|------|
| 9. | 01 | KS „OLIMPIA" Lublin | 26.26 | 665 |
| 10. | 06 | WKS I sk | 26.51 | 647 |
| 11. | 01 | AZS AWF Katowice | 26.57 | 642 |
| 12. | 06 | Grudzi dzki KP „Orka" | 26.85 | 622 |
| 13. | 08 | Sport Club Pardubice | 27.04 | 609 |
| 14. | 02 | UKS "Feniks" D bica | 27.10 | 605 |
| 15. | 06 | Sport Club Pardubice | 27.14 | 603 |
| | 06 | UKS „GIM 92 Ursynów" | 27.14 | 603 |
| 17. | 05 | UKS abianka Gda sk | 27.23 | 597 |
| 18. | 95 | KS Rekin wiebodzice | 27.25 | 595 |
| 19. | 05 | WKS I sk | 27.26 | 595 |
| 20. | 06 | KS Posnania Pozna | 27.32 | 591 |
| | 05 | KU AZS UMCS Lublin | 27.32 | 591 |
| 22. | 05 | MUKS "Pi tnastka" | 27.38 | 587 |
| 23. | 06 | KS Posnania Pozna | 27.47 | 581 |
| | 02 | TP Zielona Góra | 27.47 | 581 |
| | 04 | UKS abianka Gda sk | 27.47 | 581 |
| 26. | 03 | KS SWIM-ART Wrocław | 27.54 | 577 |
| | 08 | UKS 190 Łód | 27.54 | 577 |
| 28. | 04 | MKP Szczecin | 27.56 | 575 |
| 29. | 08 | KS Posnania Pozna | 27.57 | 575 |
| 30. | 07 | UKP Gryf D bica | 27.60 | 573 |
| 31. | 07 | Uks Cityzen | 27.65 | 570 |
| 32. | 05 | IKS Konstancin | 27.69 | 567 |
| 33. | 06 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 27.76 | 563 |
| 34. | 03 | AZS AWF Warszawa | 27.81 | 560 |
| | 05 | MUKS "Pi tnastka" | 27.81 | 560 |
| 36. | 07 | MKS Trójka Łód | 27.88 | 556 |
| 37. | 07 | UKS G-8 Bielany Warszawa | 27.90 | 555 |
| 38. | 06 | IKS Konstancin | 27.95 | 552 |
| 39. | 07 | TP Olimpijczyk Aleksandrów Łódzki | 28.01 | 548 |
| 40. | 05 | UKS „GIM 92 Ursynów" | 28.07 | 545 |
| 41. | 03 | AZS AWF Warszawa | 28.09 | 543 |
| | 08 | MKS Znicz Koszalin | 28.09 | 543 |
| 43. | 06 | Mokotowski UKP Warszawianka- Wodny | 28.14 | 541 |
| 44. | 07 | UKS Aquatica Pawłowice | 28.16 | 539 |
| 45. | 08 | KU AZS UAM Pozna | 28.22 | 536 |
| 46. | 06 | Mokotowski UKP Warszawianka- Wodny | 28.25 | 534 |
| 47. | 07 | KP Aquapark W growiec | 28.26 | 534 |
| 48. | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 28.27 | 533 |
| | 07 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 50. | 99 | UKS 190 Łód | 28.29 | 532 |
| 51. | 06 | SMS O wi cim | 28.30 | 531 |
| | 08 | WKS I sk | 28.30 | 531 |
| 53. | 06 | UKS Tri-Team Rumia | 28.31 | 531 |
| 54. | 07 | MKP Szczecin | 28.33 | 530 |
| | 06 | UKP „Polonia Warszawa" | 28.33 | 530 |
| 56. | 05 | KS Warta Pozna | 28.39 | 526 |
| 57. | 07 | UKS MOS w Opolu | 28.40 | 526 |
| 58. | 06 | Uks Cityzen | 28.41 | 525 |
| 59. | 07 | MKS Trójka Łód | 28.45 | 523 |
| 60. | 05 | UKS 190 Łód | 28.50 | 520 |
| 61. | 06 | MKP Szczecin | 28.52 | 519 |
| | 07 | Mokotowski UKP Warszawianka- Wodny | 28.52 | 519 |
| 63. | 03 | KU AZS Uniwersytetu Warszawskiego | 28.53 | 519 |
| 64. | 08 | KP Aquapark W growiec | 28.56 | 517 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|----------------------|---------|--|---------------|------|
| 65. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 28.57 | 516 |
| 66. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 28.60 | 515 |
| 67. | RYBACKA Małgorzata | 08 | KS Poznania Pozna | 28.61 | 514 |
| 68. | WI TEK Amelia | 08 | WKS I sk | 28.65 | 512 |
| 69. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 28.71 | 509 |
| 70. | JANIK Julia | 06 | UKS 190 Łód | 28.76 | 506 |
| 71. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" | 28.77 | 506 |
| 72. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 28.79 | 505 |
| 73. | RACZY SKA Wiktoria | 04 | AZS UŁ PŁ Łód | 28.83 | 503 |
| | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 28.83 | 503 |
| 75. | DOLGUN Maryia | 07 | MKP Szczecin | 28.87 | 501 |
| 76. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 28.89 | 499 |
| | WACHOWIAK Zofia | 04 | MKS „Astoria" Bydgoszcz | 28.89 | 499 |
| 78. | MAKOWSKA Maria | 07 | MKP Szczecin | 28.95 | 496 |
| 79. | TOMASZEWSKA Maria | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.03 | 492 |
| 80. | POŁE Hanna | 07 | MKS Trójka Łód | 29.04 | 492 |
| 81. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 29.06 | 491 |
| 82. | JO KO Julita | 04 | UKS "ORKA" Luba | 29.14 | 487 |
| 83. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wodny | F29.23 | 482 |
| 84. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 29.26 | 481 |
| 85. | GRACKA Hanna | 07 | MKP Szczecin | 29.29 | 479 |
| 86. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wodny | F29.31 | 478 |
| 87. | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | 29.33 | 477 |
| 88. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 29.34 | 477 |
| 89. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 29.35 | 476 |
| 90. | ŁOBODA Maria | 08 | Uks Cityzen | 29.37 | 475 |
| | MOLAK Aniela | 07 | UKS Ostrobramska | 29.37 | 475 |
| 92. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 29.38 | 475 |
| 93. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wodny | F29.41 | 473 |
| 94. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 29.42 | 473 |
| 95. | MI KUS Alicja | 06 | UKS Ostrobramska | 29.44 | 472 |
| 96. | SKORYKOW Lena | 08 | UKS Ostrobramska | 29.45 | 472 |
| 97. | ZABRANIAK Karina | 08 | MKP Szczecin | 29.61 | 464 |
| 98. | STANKO Khrystyna | 08 | MUKS "Pi tnastka" | 29.84 | 453 |
| 99. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 29.90 | 451 |
| 100. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wodny | F29.91 | 450 |
| 101. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 30.05 | 444 |
| | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 30.05 | 444 |
| 103. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 30.11 | 441 |
| 104. | LUTKOWSKA Pola | 07 | MUKS "Pi tnastka" | 30.22 | 436 |
| 105. | KRYSTEK Jagoda | 08 | SKS 137 Delfin Łód | 30.25 | 435 |
| 106. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 30.28 | 434 |
| 107. | BELZYT Maja | 08 | UKS abianka Gda sk | 30.33 | 432 |
| 108. | WARSI SKA Julia | 07 | MUKS "Pi tnastka" | 30.40 | 429 |
| 109. | SOCHA Maria | 07 | UKS Ostrobramska | 30.48 | 425 |
| 110. | SIEDLECKA Alicja | 07 | KS Warta Pozna | 30.49 | 425 |
| 111. | KRUTUL Aga | 08 | MKS Znicz Koszalin | 30.65 | 418 |
| 112. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 30.68 | 417 |
| 113. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.71 | 416 |
| 114. | MYKA Natalia | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.78 | 413 |
| 115. | TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 30.80 | 412 |
| 116. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 30.91 | 408 |
| 117. | WAWRZYNIAK Julia | 07 | Grupa 5Styl | 31.39 | 389 |
| 118. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.47 | 386 |
| 119. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 31.62 | 381 |
| 120. | KOWALSKA Lena | 08 | UKS abianka Gda sk | 31.73 | 377 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|---------------|------|
| 121. | 08 | NAJI Kamila MKS Trójka Łód | 32.07 | 365 |
| 122. | 07 | POLI SKA Natalia MKS Trójka Łód | 32.17 | 362 |
| 123. | 08 | WITKOWSKA Alicja MKP „SŁOWIANKA” Gorzów Wlkp. | 32.84 | 340 |
| 124. | 04 | ZAKRZEWSKA Oliwia Mokotowski UKP Warszawianka- Wodny | F33.64 | 316 |
| 125. | 08 | KUNKEL Celina Dwójka Morena Gda sk | 34.35 | 297 |
| 126. | 08 | TRELKA Zuzanna Dwójka Morena Gda sk | 36.59 | 246 |
| NW | 04 | SMEKTAŁA Oliwia KS Warta Pozna | | |
| NW | 06 | ŁYSAKOWSKA Karina MKS Trójka Łód | | |

17 - 18 lat

| | | | | |
|-----|----|---|---------------|-----|
| 1. | 04 | TYMI SKA Zofia UKP „Polonia Warszawa” | 26.04 | 682 |
| 2. | 05 | CIERPIAŁOWSKA Paulina KS Barrakuda Gda sk | 26.08 | 679 |
| 3. | 05 | BATÓG Dominika UKS abianka Gda sk | 27.23 | 597 |
| 4. | 05 | MICHALSKA Julia WKS I sk | 27.26 | 595 |
| 5. | 05 | BERNAT Laura KU AZS UMCS Lublin | 27.32 | 591 |
| 6. | 05 | NOWAK Gabriela MUKS "Pi tnastka" | 27.38 | 587 |
| 7. | 04 | WO NICA Milena UKS abianka Gda sk | 27.47 | 581 |
| 8. | 04 | KRÓLIK Adrianna MKP Szczecin | 27.56 | 575 |
| 9. | 05 | SKALI SKA Ewa IKS Konstancin | 27.69 | 567 |
| 10. | 05 | KALKOWSKA Julia MUKS "Pi tnastka" | 27.81 | 560 |
| 11. | 05 | PRZYBYLSKA Maja UKS „GIM 92 Ursynów” | 28.07 | 545 |
| 12. | 05 | MAZUR Zuzanna MKP „SŁOWIANKA” Gorzów Wlkp. | 28.27 | 533 |
| 13. | 05 | DZIADEK Amelia KS Warta Pozna | 28.39 | 526 |
| 14. | 05 | KOSSOWSKA Julita UKS 190 Łód | 28.50 | 520 |
| 15. | 05 | PASIEROWSKA Wiktoria UKS „GIM 92 Ursynów” | 28.77 | 506 |
| 16. | 05 | TUPALSKA Oliwia UKS G-8 Bielany Warszawa | 28.79 | 505 |
| 17. | 04 | RACZY SKA Wiktoria AZS UŁ PŁ Łód | 28.83 | 503 |
| | 05 | WORONIECKA Emilia MUKS "Pi tnastka" | 28.83 | 503 |
| 19. | 05 | BISZEWSKA Gabriela Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 28.89 | 499 |
| | 04 | WACHOWIAK Zofia MKS „Astoria” Bydgoszcz | 28.89 | 499 |
| 21. | 04 | JO KO Julita UKS "ORKA" Luba | 29.14 | 487 |
| 22. | 05 | PYTLOCH Zuzanna MKP Szczecin | 29.26 | 481 |
| 23. | 04 | STUDZI SKA Nadia MUKS "Pi tnastka" | 29.34 | 477 |
| 24. | 05 | RONKIEWICZ Dominika MUKS "Pi tnastka" | 29.38 | 475 |
| 25. | 05 | JAWORSKA Wiktoria MUKS "Pi tnastka" | 30.05 | 444 |
| 26. | 04 | WASYLISZYN Julia UKS "ORKA" Luba | 30.91 | 408 |
| 27. | 04 | ZAKRZEWSKA Oliwia Mokotowski UKP Warszawianka- Wodny | F33.64 | 316 |
| NW | 04 | SMEKTAŁA Oliwia KS Warta Pozna | | |

16 lat

| | | | | |
|-----|----|---|---------------|-----|
| 1. | 06 | JANISZEWSKA Natalia WKS I sk | 26.51 | 647 |
| 2. | 06 | BUBNOWICZ Waleria Grudzi dzki KP „Orka” | 26.85 | 622 |
| 3. | 06 | CHALUPOVA Adela Sport Club Pardubice | 27.14 | 603 |
| | 06 | JANASZEK-SEYDLITZ Zofia UKS „GIM 92 Ursynów” | 27.14 | 603 |
| 5. | 06 | MIKOŁAJCZAK Malwina KS Posnania Pozna | 27.32 | 591 |
| 6. | 06 | KOLA CZYK Wiktoria KS Posnania Pozna | 27.47 | 581 |
| 7. | 06 | CHMIELEWSKA Aleksandra Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 27.76 | 563 |
| 8. | 06 | GŁOWACKA Weronika IKS Konstancin | 27.95 | 552 |
| 9. | 06 | JASI SKA Michalina Mokotowski UKP Warszawianka- Wodny | F28.14 | 541 |
| 10. | 06 | BŁASZCZYK Wiktoria Mokotowski UKP Warszawianka- Wodny | F28.25 | 534 |
| 11. | 06 | RYFKA Maja SMS O wi cim | 28.30 | 531 |
| 12. | 06 | KOŁODZIEJSKA Stefania UKS Tri-Team Rumia | 28.31 | 531 |
| 13. | 06 | WISZNIEWSKA Zuzanna UKP „Polonia Warszawa” | 28.33 | 530 |
| 14. | 06 | MICHALSKA Weronika Uks Cityzen | 28.41 | 525 |
| 15. | 06 | HUBERT Julia MKP Szczecin | 28.52 | 519 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 3, Dziewcz t, 50m dowolny, 16 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------|---------|-----------------------------------|--------------|------|
| 16. | JANIK Julia | 06 | UKS 190 Łód | 28.76 | 506 |
| 17. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 29.42 | 473 |
| 18. | MI KUS Alicja | 06 | UKS Ostrobramska | 29.44 | 472 |
| 19. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 30.05 | 444 |
| 20. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastrka" | 30.28 | 434 |
| 21. | BRUCKA Julia | 06 | MUKS "Pi tnastrka" | 30.68 | 417 |
| 22. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.47 | 386 |
| NW | ŁYSAKOWSKA Karina | 06 | MKS Trójka Łód | | |

15 lat

| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | SZOPA Natalia | 07 | UKP Gryf D bica | 27.60 | 573 |
| 2. | GULCZY SKA Natalia | 07 | Uks Cityzen | 27.65 | 570 |
| 3. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 27.88 | 556 |
| 4. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 27.90 | 555 |
| 5. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 28.01 | 548 |
| 6. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 28.16 | 539 |
| 7. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 28.26 | 534 |
| 8. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 9. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | 28.33 | 530 |
| 10. | POLOK Dominika | 07 | UKS MOS w Opolu | 28.40 | 526 |
| 11. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 28.45 | 523 |
| 12. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wodny | F28.52 | 519 |
| 13. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 28.60 | 515 |
| 14. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 28.71 | 509 |
| 15. | DOLGUN Maryia | 07 | MKP Szczecin | 28.87 | 501 |
| 16. | MAKOWSKA Maria | 07 | MKP Szczecin | 28.95 | 496 |
| 17. | POŁE Hanna | 07 | MKS Trójka Łód | 29.04 | 492 |
| 18. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wodny | F29.23 | 482 |
| 19. | GRACKA Hanna | 07 | MKP Szczecin | 29.29 | 479 |
| 20. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wodny | F29.31 | 478 |
| 21. | MOLAK Aniela | 07 | UKS Ostrobramska | 29.37 | 475 |
| 22. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wodny | F29.41 | 473 |
| 23. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 29.90 | 451 |
| 24. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wodny | F29.91 | 450 |
| 25. | LUTKOWSKA Pola | 07 | MUKS "Pi tnastrka" | 30.22 | 436 |
| 26. | WARSI SKA Julia | 07 | MUKS "Pi tnastrka" | 30.40 | 429 |
| 27. | SOCHA Maria | 07 | UKS Ostrobramska | 30.48 | 425 |
| 28. | SIEDLECKA Alicja | 07 | KS Warta Pozna | 30.49 | 425 |
| 29. | TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 30.80 | 412 |
| 30. | WAWRZYNIAK Julia | 07 | Grupa 5Styl | 31.39 | 389 |
| 31. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 31.62 | 381 |
| 32. | POLI SKA Natalia | 07 | MKS Trójka Łód | 32.17 | 362 |

14 lat

| | | | | | |
|-----|-------------------------|----|------------------------------|--------------|-----|
| 1. | GRACJASZ Wiktoria | 08 | UKS „Jasie " Sucha Beskidzka | 25.93 | 691 |
| 2. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 27.04 | 609 |
| 3. | HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 27.54 | 577 |
| 4. | DOLATA Olga | 08 | KS Posnania Pozna | 27.57 | 575 |
| 5. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 28.09 | 543 |
| 6. | RENNER Laura | 08 | KU AZS UAM Pozna | 28.22 | 536 |
| 7. | BORYCZKA Amelia | 08 | WKS I sk | 28.30 | 531 |
| 8. | SPYCHALSKA Dominika | 08 | KP Aquapark W growiec | 28.56 | 517 |
| 9. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 28.57 | 516 |
| 10. | RYBACKA Małgorzata | 08 | KS Posnania Pozna | 28.61 | 514 |
| 11. | WI TEK Amelia | 08 | WKS I sk | 28.65 | 512 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 3, Dziewczyna, 50m dowolny, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|-------------------|---------------------------------|------------------|
| 12. | | TOMASZEWSKA Maria | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.03 492 |
| 13. | | JADCZUK Estella | 08 MKS Znicz Koszalin | 29.06 491 |
| 14. | | CHUKHNO Kateryna | 08 UKS abianka Gdańsk | 29.33 477 |
| 15. | | DEREWECKA Kamila | 08 MKS Znicz Koszalin | 29.35 476 |
| 16. | | ŁOBODA Maria | 08 Uks Cityzen | 29.37 475 |
| 17. | | SKORYKOW Lena | 08 UKS Ostrobramska | 29.45 472 |
| 18. | | ZABRANIAK Karina | 08 MKP Szczecin | 29.61 464 |
| 19. | | STANKO Khrystyna | 08 MUKS "Piłastka" | 29.84 453 |
| 20. | | KRYSTEK Jagoda | 08 SKS 137 Delfin Łódź | 30.25 435 |
| 21. | | BELZYT Maja | 08 UKS abianka Gdańsk | 30.33 432 |
| 22. | | KRUTUL Aga | 08 MKS Znicz Koszalin | 30.65 418 |
| 23. | | KOZIEJSKA Zuzanna | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 30.71 416 |
| 24. | | MYKA Natalia | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 30.78 413 |
| 25. | | KOWALSKA Lena | 08 UKS abianka Gdańsk | 31.73 377 |
| 26. | | NAJI Kamila | 08 MKS Trójka Łódź | 32.07 365 |
| 27. | | WITKOWSKA Alicja | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 32.84 340 |
| 28. | | KUNKEL Celina | 08 Dwójka Morena Gdańsk | 34.35 297 |
| 29. | | TRELKA Zuzanna | 08 Dwójka Morena Gdańsk | 36.59 246 |

Konkurencja 4

Mężczyzna, 50m dowolny

14 lat i starsi

2022.11.12 - 11:46

Wyniki

Rekord Polski 20.79 CZERNIAK Konrad POL Lublin 2015.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 21.22 / Min. do sztafety na M (25m) Melbourne 2022 Open: 21.43

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|-----------------|---------|----------------------|--------------------------------------|------------------|
| 14 lat i starsi | | | | |
| 1. | | JURASZEK Paweł | 94 AZS AWF Katowice | 21.26 852 |
| 2. | | OSTROWSKI Karol | 99 MKP Szczecin | 21.60 813 |
| 3. | | MAJCHRZAK Kacper | 92 KS Warta Poznań | 22.03 766 |
| 4. | | LUDWICZAK Piotr | 96 AZS AWF Katowice | 22.09 760 |
| 5. | | SMOLIŃSKI Paweł | 01 AZS AWF Katowice | 22.12 757 |
| 6. | | CHOWANIEC Mateusz | 03 AZS AWF Katowice | 22.17 751 |
| 7. | | MISIAK Szymon | 05 UKS Shark Rudna | 22.40 729 |
| 8. | | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 22.47 722 |
| 9. | | DUDYS Dominik | 02 AZS AWF Katowice | 22.51 718 |
| 10. | | BIEROŃSKI Michał | 99 MKP Szczecin | 22.56 713 |
| 11. | | RÓŻYCKI Szymon | 05 UKS „GIM 92 Ursynów" | 22.70 700 |
| 12. | | JAWORSKI Szymon | 01 AZS AWF Katowice | 22.93 679 |
| 13. | | TKACZ Wiktor | 05 MKS Piaseczno | 23.00 673 |
| 14. | | KAŁUSOWSKI Jan | 00 MKS Trójka Łódź | 23.09 665 |
| 15. | | DUDKOWIAK Bartłomiej | 04 UKS Aquatica Pawłowice | 23.14 661 |
| 16. | | KRUCKI Kajetan | 06 KS Poznań Poznań | 23.18 657 |
| 17. | | ZIELIŃSKI Konrad | 03 UKS 190 Łódź | 23.20 656 |
| 18. | | KOLAŃCZYK Kacper | 02 MKP Szczecin | 23.23 653 |
| 19. | | STANIŃSKI Kacper | 99 KU AZS Uniwersytetu Warszawskiego | 23.25 651 |
| | | CZESZEWSKI Krystian | 01 MKP Szczecin | 23.25 651 |
| 21. | | STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 23.35 643 |
| 22. | | CHUPKA Patryk | 05 WKS Iława | 23.52 629 |
| 23. | | KUCA Przemysław | 94 KS Warta Poznań | 23.55 627 |
| 24. | | PIETRO Przemysław | 07 KU AZS UMCS Lublin | 23.57 625 |
| 25. | | CZAPLA Kacper | 04 MKP Szczecin | 23.64 620 |
| 26. | | MALIK Dawid | 06 UKS G-8 Bielany Warszawa | 23.69 616 |
| 27. | | STYBIEC Aleksander | 06 UKP „Polonia Warszawa" | 23.72 613 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 4, Mężczyźni, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------------|---------------|------|
| 28. | 07 | MUKS "Piłnastka" | 23.73 | 613 |
| 29. | 03 | UKS Piłnastka Konstancin Łódzki | 23.74 | 612 |
| 30. | 05 | IKS Konstancin | 23.75 | 611 |
| | 06 | KU AZS UMCS Lublin | 23.75 | 611 |
| 32. | 99 | AZS AWF Katowice | 23.76 | 610 |
| 33. | 05 | KPS Ostrava | 23.79 | 608 |
| 34. | 00 | UKS 190 Łódź | 23.80 | 607 |
| 35. | 07 | UKS G-8 Bielany Warszawa | 23.81 | 607 |
| 36. | 97 | UKS "Feniks" Dębica | 23.85 | 603 |
| 37. | 08 | UKS G-8 Bielany Warszawa | 23.91 | 599 |
| 38. | 05 | UKS "V" Łomianki | 23.92 | 598 |
| 39. | 00 | AZS AWF Katowice | 23.93 | 597 |
| 40. | 06 | WKS Łódź | 23.95 | 596 |
| 41. | 05 | UKS Łódź | 24.01 | 591 |
| 42. | 02 | KS Warta Poznań | 24.02 | 591 |
| 43. | 04 | AZS UŁ PŁ Łódź | 24.05 | 589 |
| 44. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 24.06 | 588 |
| 45. | 05 | MKS Trójka Łódź | 24.22 | 576 |
| 46. | 06 | Mokotowski UKP Warszawianka- Wodny | F24.24 | 575 |
| 47. | 04 | Sport Club Pardubice | 24.25 | 574 |
| 48. | 03 | UKS „GIM 92 Ursynów” | 24.30 | 571 |
| 49. | 05 | MKP Szczecin | 24.37 | 566 |
| 50. | 05 | UKS "V" Łomianki | 24.42 | 562 |
| 51. | 04 | MUKS "Piłnastka" | 24.44 | 561 |
| 52. | 02 | KS SWIM-ART Wrocław | 24.46 | 559 |
| | 91 | KS Warta Poznań | 24.46 | 559 |
| 54. | 04 | MKS Trójka Łódź | 24.49 | 557 |
| 55. | 04 | KS KSZO Ostrowiec w. | 24.54 | 554 |
| 56. | 00 | KS AZS AGH Kraków | 24.62 | 549 |
| 57. | 04 | MUKS "Piłnastka" | 24.65 | 547 |
| 58. | 06 | Mokotowski UKP Warszawianka- Wodny | F24.66 | 546 |
| | 08 | UKP „Polonia Warszawa” | 24.66 | 546 |
| | 06 | UKS MOS w Opolu | 24.66 | 546 |
| 61. | 98 | KS AZS AWF Wrocław | 24.69 | 544 |
| 62. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 24.70 | 543 |
| | 06 | UKS G-8 Bielany Warszawa | 24.70 | 543 |
| 64. | 07 | Sport Club Pardubice | 24.71 | 543 |
| | 03 | KS AZS AWF Wrocław | 24.71 | 543 |
| 66. | 05 | UKS Łódź | 24.73 | 541 |
| 67. | 03 | KS Warta Poznań | 24.74 | 541 |
| 68. | 07 | UKP „Polonia Warszawa” | 24.81 | 536 |
| 69. | 08 | UKS G-8 Bielany Warszawa | 24.82 | 535 |
| 70. | 05 | UKS MOS w Opolu | 24.83 | 535 |
| 71. | 07 | MPKS Orka Ciechanów | 24.86 | 533 |
| 72. | 06 | UKS „Omega” Olkusz | 24.87 | 532 |
| 73. | 02 | AZS AWF Warszawa | 24.91 | 530 |
| | 04 | MKP Szczecin | 24.91 | 530 |
| 75. | 05 | UKS „GIM 92 Ursynów” | 24.93 | 528 |
| 76. | 05 | IKS Konstancin | 24.95 | 527 |
| 77. | 08 | UKS Tri-Team Rumia | 24.96 | 526 |
| 78. | 06 | KP Aquapark Wągrowiec | 24.98 | 525 |
| | 04 | UKS G-8 Bielany Warszawa | 24.98 | 525 |
| 80. | 07 | Sport Club Pardubice | 25.01 | 523 |
| | 03 | KS AZS AGH Kraków | 25.01 | 523 |
| 82. | 06 | UKS 48 Warszawa rodzimie cie | 25.02 | 523 |
| | 04 | UKS Aquatica Pawłowice | 25.02 | 523 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, M czyzn, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---|--------------|------|
| 84. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 25.04 | 521 |
| 85. | LE NIEWSKI Patryk | 03 UKS Pi tka Konstantynów Łódzki | 25.06 | 520 |
| 86. | JANKOWSKI Antoni | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 25.07 | 520 |
| 87. | KASPRZAK Krzysztof | 05 MKS Piaseczno | 25.08 | 519 |
| 88. | UJEC Maksymilian | 04 KS SWIM-ART Wrocław | 25.10 | 518 |
| 89. | PAWLAK Hubert | 03 UKS Pi tka Konstantynów Łódzki | 25.11 | 517 |
| 90. | WIEK Bła ej | 05 UKS abianka Gda sk | 25.16 | 514 |
| 91. | LICKUN Tycjan | 05 MKP Szczecin | 25.24 | 509 |
| 92. | PERA Jan | 07 MKP „SŁOWIANKA" Gorzów Wlkp. | 25.33 | 504 |
| 93. | KRYSIK Kacper | 04 MKS Trójka Łód | 25.35 | 502 |
| 94. | MENTEL Igor | 08 KS Delfin Gdynia | 25.37 | 501 |
| | LE NIEWSKI Wiktor | 06 UKP „Polonia Warszawa" | 25.37 | 501 |
| 96. | KUSEK Mateusz | 07 Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 25.38 | 501 |
| 97. | ZAPERT Korneliusz | 00 KS AZS AWF Wrocław | 25.40 | 500 |
| 98. | GR DZIK Bła ej | 04 MPKS Orka Ciechanów | 25.41 | 499 |
| 99. | RYSTWEJ Maksymilian | 06 UKS G-8 Bielany Warszawa | 25.44 | 497 |
| 100. | LASIK Olgierd | 05 KU AZS UAM Pozna | 25.50 | 494 |
| 101. | MAISTRUK Yehor | 08 UKS Tri-Team Rumia | 25.51 | 493 |
| 102. | PACEWICZ Wiktor | 06 UKS 190 Łód | 25.52 | 492 |
| 103. | GERMANEK Alexander | 04 MKP Szczecin | 25.62 | 487 |
| 104. | GWIAZDOWSKI Krzysztof | 08 MKS Piaseczno | 25.68 | 483 |
| 105. | POR BA Krzysztof | 07 WKS I sk | 25.74 | 480 |
| 106. | PARADOWSKI Michał | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 25.85 | 474 |
| 107. | SAWI SKI Michał | 07 ORKA Szamotuły | 25.87 | 473 |
| | GORAJ Bartłomiej | 07 UKS „Omega" Olkusz | 25.87 | 473 |
| 109. | MRUGAŁA Michał | 07 UKP „Polonia Warszawa" | 25.99 | 466 |
| 110. | SKULSKI Ryszard | 08 UKS Olympic Warka | 26.01 | 465 |
| 111. | ZAWIEJA Stanisław | 05 KS Warta Pozna | 26.02 | 465 |
| 112. | KOLUCH Franciszek | 07 UKS Kapry-Armexim Pruszków | 26.03 | 464 |
| 113. | PIOTROWSKI Marcel | 07 MKS Piast Głogów | 26.04 | 464 |
| 114. | SOSNOWSKI Oliwier | 05 UKS MOS w Opolu | 26.06 | 462 |
| 115. | RODZIEWICZ Bartosz | 07 MKP Szczecin | 26.14 | 458 |
| | MICHALCZUK Bartosz | 07 WKS I sk | 26.14 | 458 |
| 117. | KACZMAREK Michał | 06 UKS G-8 Bielany Warszawa | 26.16 | 457 |
| 118. | FEDASZ Alan | 08 UKP „Polonia Warszawa" | 26.17 | 457 |
| 119. | WENERSKI Eryk | 05 UKP „Polonia Warszawa" | 26.18 | 456 |
| 120. | MITA Dawid | 06 MKS Piast Głogów | 26.19 | 456 |
| 121. | KRUPA Borys | 06 UKP „Polonia Warszawa" | 26.28 | 451 |
| 122. | NIEPYTALSKI Maciej | 07 MPKS Orka Ciechanów | 26.34 | 448 |
| 123. | JA CZAK Michał | 08 Dwójka Morena Gda sk | 26.41 | 444 |
| 124. | WAWRZYNIAK Filip | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 26.44 | 443 |
| | DOMA SKI Franciszek | 06 MKS „Astoria" Bydgoszcz | 26.44 | 443 |
| 126. | OL DZKI Daniel | 08 UKP „Polonia Warszawa" | 26.48 | 441 |
| 127. | TROSZCZY SKI Szymon | 07 Uks Cityzen | 26.49 | 440 |
| 128. | ROZMIAREK Mateusz | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 26.56 | 437 |
| 129. | SYLWESTROWICZ Wiktor | 07 MUKS "Pi tnastka" | 26.60 | 435 |
| 130. | PAWLAK Michał | 08 TP Olimpijczyk Aleksandrów Łódzki | 26.67 | 431 |
| 131. | STARO Filip | 08 UKS abianka Gda sk | 26.79 | 426 |
| 132. | WASILEWSKI Mateusz | 08 KU AZS UMCS Lublin | 26.80 | 425 |
| 133. | MIELCZAREK Maciej | 07 UKP „Polonia Warszawa" | 26.81 | 425 |
| 134. | ŁUBI SKI Szymon | 08 UKS „GIM 92 Ursynów" | 26.89 | 421 |
| 135. | PIETRZYK Antoni | 08 KU AZS UAM Pozna | 26.92 | 419 |
| 136. | MACKIEWICZ Piotr | 08 UKS "V" Łomianki | 26.94 | 419 |
| 137. | PUPKA Filip | 04 Uks Cityzen | 27.22 | 406 |
| 138. | SE Jakub | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 27.33 | 401 |
| 139. | OLSZEWSKI Jakub | 08 MKP Szczecin | 27.60 | 389 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, M cżyn, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|------------------------|--------------------------------------|--------------|------|
| 140. | PASZEK Adam | 08 KP Aquapark W growiec | 27.64 | 388 |
| 141. | MACIEJEWSKI Franciszek | 08 UKS Kapry-Armexim Pruszków | 27.66 | 387 |
| 142. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 27.71 | 385 |
| 143. | LIBERSKI Mikołaj | 07 KS Warta Pozna | 27.78 | 382 |
| 144. | KONIECZNY Witold | 08 UKS abianka Gda sk | 27.86 | 378 |
| 145. | ANDRZEJEWSKI Jan | 04 ORKA Szamotuły | 27.95 | 375 |
| 146. | WIADERNY Maksym | 06 MKS Trójka Łód | 28.06 | 370 |
| 147. | ABI SKI Igor | 07 UKS Tri-Team Rumia | 28.08 | 370 |
| 148. | KUBICA Wiktor | 08 UKS "V" Łomianki | 28.22 | 364 |
| 149. | PIOTROWSKI Jakub | 08 UKS Tri-Team Rumia | 28.51 | 353 |
| 150. | WERTE Ludwik | 08 Dwójka Morena Gda sk | 28.69 | 346 |
| 151. | MAŁOLEPSZY Krzysztof | 08 TP Olimpijczyk Aleksandrów Łódzki | 28.79 | 343 |
| 152. | NIEMCZURA Wiktor | 08 UKP „Polonia Warszawa” | 31.75 | 256 |
| 153. | BALCEROWICZ Ryszard | 08 UKS abianka Gda sk | 32.25 | 244 |
| 154. | KUNKEL Mikołaj | 08 Dwójka Morena Gda sk | 32.78 | 232 |
| NW | POTEMPA Igor | 08 Uks Cityzen | | |

17 - 18 lat

| | | | | |
|-----|-----------------------|---------------------------------|--------------|-----|
| 1. | MISIAK Szymon | 05 UKS Shark Rudna | 22.40 | 729 |
| 2. | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 22.47 | 722 |
| 3. | RÓ YCKI Szymon | 05 UKS „GIM 92 Ursynów” | 22.70 | 700 |
| 4. | TKACZ Wiktor | 05 MKS Piaseczno | 23.00 | 673 |
| 5. | DUDKOWIAK Bartłomiej | 04 UKS Aquatica Pawłowice | 23.14 | 661 |
| 6. | STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 23.35 | 643 |
| 7. | CHUPKA Patryk | 05 WKS I sk | 23.52 | 629 |
| 8. | CZAPLA Kacper | 04 MKP Szczecin | 23.64 | 620 |
| 9. | JUCHNO Mikołaj | 05 IKS Konstancin | 23.75 | 611 |
| 10. | SEMERA Milan | 05 KPS Ostrava | 23.79 | 608 |
| 11. | PAWŁOWSKI Michał | 05 UKS "V" Łomianki | 23.92 | 598 |
| 12. | BELZYT Maksymilian | 05 UKS abianka Gda sk | 24.01 | 591 |
| 13. | CIESIELSKI Artur | 04 AZS UŁ PŁ Łód | 24.05 | 589 |
| 14. | WAŁCERZ Maksymilian | 04 MKP „SŁOWIANKA” Gorzów Wlkp. | 24.06 | 588 |
| 15. | ZINKOVSKYI Nestor | 05 MKS Trójka Łód | 24.22 | 576 |
| 16. | MOC Albert | 04 Sport Club Pardubice | 24.25 | 574 |
| 17. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 24.37 | 566 |
| 18. | SZCZ SNY Stanisław | 05 UKS "V" Łomianki | 24.42 | 562 |
| 19. | KNOPP Jarosław | 04 MUKS "Pi tnastka" | 24.44 | 561 |
| 20. | STANISŁAWSKI Bartosz | 04 MKS Trójka Łód | 24.49 | 557 |
| 21. | WOLSKI Kuba | 04 KS KSZO Ostrowiec w. | 24.54 | 554 |
| 22. | PI TEK Olivier | 04 MUKS "Pi tnastka" | 24.65 | 547 |
| 23. | DOKTÓR Mateusz | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 24.70 | 543 |
| 24. | SETLAK Marcel | 05 UKS abianka Gda sk | 24.73 | 541 |
| 25. | PASTERNAK Tomasz | 05 UKS MOS w Opolu | 24.83 | 535 |
| 26. | MY LIWIEC Bartosz | 04 MKP Szczecin | 24.91 | 530 |
| 27. | BULI SKI Hektor | 05 UKS „GIM 92 Ursynów” | 24.93 | 528 |
| 28. | SIENKIEWICZ Ignacy | 05 IKS Konstancin | 24.95 | 527 |
| 29. | URBA SKI Filip | 04 UKS G-8 Bielany Warszawa | 24.98 | 525 |
| 30. | HASPERT Bartłomiej | 04 UKS Aquatica Pawłowice | 25.02 | 523 |
| 31. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów” | 25.04 | 521 |
| 32. | JANKOWSKI Antoni | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 25.07 | 520 |
| 33. | KASPRZAK Krzysztof | 05 MKS Piaseczno | 25.08 | 519 |
| 34. | UJEC Maksymilian | 04 KS SWIM-ART Wrocław | 25.10 | 518 |
| 35. | WIEK Bła ej | 05 UKS abianka Gda sk | 25.16 | 514 |
| 36. | LICKUN Tycjan | 05 MKP Szczecin | 25.24 | 509 |
| 37. | KRYSIKAC Kacper | 04 MKS Trójka Łód | 25.35 | 502 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, Chłopców, 50m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------|---------|------------------------------|--------------|------|
| 38. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 25.41 | 499 |
| 39. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 25.50 | 494 |
| 40. | GERMANEK Alexander | 04 | MKP Szczecin | 25.62 | 487 |
| 41. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 26.02 | 465 |
| 42. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 26.06 | 462 |
| 43. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 26.18 | 456 |
| 44. | PUPKA Filip | 04 | Uks Cityzen | 27.22 | 406 |
| 45. | SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.33 | 401 |
| 46. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 27.95 | 375 |

16 lat

| | | | | | |
|-----|------------------------|----|------------------------------------|--------------|-----|
| 1. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 23.18 | 657 |
| 2. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 23.69 | 616 |
| 3. | STY Aleksander | 06 | UKP „Polonia Warszawa” | 23.72 | 613 |
| 4. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 23.75 | 611 |
| 5. | LIPIEC Maciej | 06 | WKS I sk | 23.95 | 596 |
| 6. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny | 24.24 | 575 |
| 7. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | 24.66 | 546 |
| | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 24.66 | 546 |
| 9. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 24.70 | 543 |
| 10. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 24.87 | 532 |
| 11. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 24.98 | 525 |
| 12. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródnie cie | 25.02 | 523 |
| 13. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 25.37 | 501 |
| 14. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 25.44 | 497 |
| 15. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 25.52 | 492 |
| 16. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.85 | 474 |
| 17. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 26.16 | 457 |
| 18. | MITA Dawid | 06 | MKS Piast Głógów | 26.19 | 456 |
| 19. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 26.28 | 451 |
| 20. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.44 | 443 |
| | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 26.44 | 443 |
| 22. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.56 | 437 |
| 23. | WIADERNY Maksym | 06 | MKS Trójka Łód | 28.06 | 370 |

15 lat

| | | | | | |
|-----|---------------------------------|----|--|--------------|-----|
| 1. | PIETRO Przemysław | 07 | KU AZS UMCS Lublin | 23.57 | 625 |
| 2. | HETMAN Mikołaj | 07 | MUKS "Pi tnastka" | 23.73 | 613 |
| 3. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 23.81 | 607 |
| 4. | NOVOTNY Adam | 07 | Sport Club Pardubice | 24.71 | 543 |
| 5. | REDZI SKI VEL RYDZY SKI Mateusz | 07 | UKP „Polonia Warszawa” | 24.81 | 536 |
| 6. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 24.86 | 533 |
| 7. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 25.01 | 523 |
| 8. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.33 | 504 |
| 9. | KUSEK Mateusz | 07 | Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 25.38 | 501 |
| 10. | POR BA Krzysztof | 07 | WKS I sk | 25.74 | 480 |
| 11. | SAWI SKI Michał | 07 | ORKA Szamotuły | 25.87 | 473 |
| | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 25.87 | 473 |
| 13. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 25.99 | 466 |
| 14. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 26.03 | 464 |
| 15. | PIOTROWSKI Marcel | 07 | MKS Piast Głógów | 26.04 | 464 |
| 16. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 26.14 | 458 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 26.14 | 458 |
| 18. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 26.34 | 448 |
| 19. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 26.49 | 440 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 4, Chłopców, 50m dowolny, 15 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|----------------------|---------|------------------------|--------------|------|
| 20. | SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 26.60 | 435 |
| 21. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa" | 26.81 | 425 |
| 22. | LIBERSKI Mikołaj | 07 | KS Warta Pozna | 27.78 | 382 |
| 23. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 28.08 | 370 |

14 lat

| | | | | | |
|-----|------------------------|----|-----------------------------------|--------------|-----|
| 1. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 23.91 | 599 |
| 2. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa" | 24.66 | 546 |
| 3. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 24.82 | 535 |
| 4. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 24.96 | 526 |
| 5. | MENTEL Igor | 08 | KS Delfin Gdynia | 25.37 | 501 |
| 6. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 25.51 | 493 |
| 7. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 25.68 | 483 |
| 8. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 26.01 | 465 |
| 9. | FEDASZ Alan | 08 | UKP „Polonia Warszawa" | 26.17 | 457 |
| 10. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 26.41 | 444 |
| 11. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa" | 26.48 | 441 |
| 12. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 26.67 | 431 |
| 13. | STARO Filip | 08 | UKS abianka Gda sk | 26.79 | 426 |
| 14. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 26.80 | 425 |
| 15. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów" | 26.89 | 421 |
| 16. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 26.92 | 419 |
| 17. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 26.94 | 419 |
| 18. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 27.60 | 389 |
| 19. | PASZEK Adam | 08 | KP Aquapark W growiec | 27.64 | 388 |
| 20. | MACIEJEWSKI Franciszek | 08 | UKS Kapry-Armexim Pruszków | 27.66 | 387 |
| 21. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 27.71 | 385 |
| 22. | KONIECZNY Witold | 08 | UKS abianka Gda sk | 27.86 | 378 |
| 23. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 28.22 | 364 |
| 24. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 28.51 | 353 |
| 25. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 28.69 | 346 |
| 26. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 28.79 | 343 |
| 27. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa" | 31.75 | 256 |
| 28. | BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 32.25 | 244 |
| 29. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 32.78 | 232 |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |

Konkurencja 5

Kobiet, 200m klasyczny

14 lat i starsi

2022.11.12 - 11:58

Wyniki

Rekord Polski 2:23.24 DULIAN Katarzyna POL Trieste (ITA) 2005.12.09

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:20.70

Punkty: FINA 2022

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------|--------------------|---------|---------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | HALLMANN Weronika | 00 | AZS AWF Warszawa | 2:25.79 | 786 | 32.19 | 37.03 | 37.80 | 38.77 |
| 2. | SZTANDERA Dominika | 97 | MKS Juvenia Wrocław | 2:27.21 | 763 | 32.50 | 37.63 | 38.74 | 38.34 |
| 3. | PLÍHALOVÁ Anna | 99 | Ústecká akademie plavecký | 2:29.90 | 723 | 33.78 | 37.56 | 38.60 | 39.96 |
| 4. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskid | 2:30.02 | 721 | 33.27 | 37.82 | 39.04 | 39.89 |
| 5. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 2:31.51 | 700 | 33.85 | 38.29 | 39.12 | 40.25 |
| 6. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa" | 2:32.24 | 690 | 34.29 | 38.66 | 39.88 | 39.41 |
| 7. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 2:32.98 | 680 | 33.86 | 38.46 | 39.68 | 40.98 |
| 8. | GŁOWACKA Weronika | 06 | IKS Konstancin | 2:33.74 | 670 | 35.97 | 38.91 | 39.44 | 39.42 |
| 9. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 2:34.10 | 665 | 35.11 | 39.95 | 39.72 | 39.32 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 5, Kobiet, 200m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-----------------------------|---------|----------------------------|----------------|-----|---------|---------|---------|---------|
| 10. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 2:36.42 | 636 | 35.28 | 39.47 | 40.10 | 41.57 |
| 11. FISEROVA Marketa | 05 | Sport Club Pardubice | 2:36.84 | 631 | 34.81 | 38.94 | 40.90 | 42.19 |
| 12. KOT Emilia | 07 | TP Zielona Góra | 2:36.87 | 631 | 36.23 | 41.33 | 40.31 | 39.00 |
| 13. JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów” | 2:36.90 | 630 | 35.16 | 39.61 | 40.56 | 41.57 |
| 14. BORKOWSKA Dominika | 07 | UKS „Omega” Olkusz | 2:37.82 | 619 | 35.41 | 40.19 | 41.32 | 40.90 |
| 15. PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów | 2:37.93 | 618 | 35.54 | 40.66 | 40.93 | 40.80 |
| 16. ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 2:38.37 | 613 | 35.41 | 40.00 | 40.72 | 42.24 |
| 17. SULAK Antonina | 06 | UKS Pi tka Konstantynów | 2:38.84 | 608 | 36.92 | 40.83 | 40.50 | 40.59 |
| 18. STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa” | 2:39.25 | 603 | 35.68 | 39.75 | 41.15 | 42.67 |
| 19. BIELAWA Anna | 06 | WKS I sk | 2:39.74 | 597 | 35.83 | 39.91 | 41.48 | 42.52 |
| 20. OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 2:39.98 | 595 | 36.39 | 41.40 | 41.06 | 41.13 |
| 21. SKROK Julia | 07 | WKS I sk | 2:40.04 | 594 | 36.19 | 41.04 | 41.63 | 41.18 |
| 22. KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 2:41.10 | 582 | 35.37 | 40.36 | 42.10 | 43.27 |
| 23. ZI BA Anastazja | 05 | MUKS "Pi tnatka" | 2:41.47 | 578 | 36.16 | 41.58 | 41.93 | 41.80 |
| 24. KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów | 2:42.01 | 573 | 37.83 | 41.47 | 41.33 | 41.38 |
| 25. CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 2:43.23 | 560 | 37.21 | 41.15 | 42.38 | 42.49 |
| 26. JACH Tamara | 06 | WKS I sk | 2:44.04 | 552 | 37.04 | 41.67 | 42.66 | 42.67 |
| 27. KAROLCZAK Pola | 06 | MUKS "Pi tnatka" | 2:45.89 | 533 | 36.93 | 42.16 | 43.15 | 43.65 |
| 28. HLAVATA Eliska | 07 | Sport Club Pardubice | 2:45.98 | 532 | 37.25 | 42.30 | 43.00 | 43.43 |
| 29. BRANDYSKA Aneta | 07 | Sport Club Pardubice | 2:47.95 | 514 | 38.52 | 42.59 | 44.03 | 42.81 |
| 30. KOTENKO Mariia | 06 | MKP Szczecin | 2:48.16 | 512 | 36.99 | 42.93 | 44.17 | 44.07 |
| 31. HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 2:48.49 | 509 | 37.68 | 42.98 | 43.95 | 43.88 |
| 32. STUDZI SKA Nadia | 04 | MUKS "Pi tnatka" | 2:49.50 | 500 | 38.11 | 43.13 | 44.54 | 43.72 |
| 33. GRACA Maja | 08 | MKP „SŁOWIANKA” Gorzów | 2:51.08 | 486 | 39.66 | 43.18 | 45.06 | 43.18 |
| 34. TURBA SKA Marta | 07 | WKS I sk | 2:51.15 | 486 | 36.97 | 43.06 | 45.50 | 45.62 |
| 35. RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów | 2:51.28 | 484 | 38.55 | 43.64 | 43.89 | 45.20 |
| 36. WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawii | 2:51.36 | 484 | 38.83 | 43.86 | 44.57 | 44.10 |
| 37. WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa” | 2:52.03 | 478 | 38.52 | 43.75 | 44.73 | 45.03 |
| 38. KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.36 | 475 | 40.26 | 43.73 | 44.44 | 43.93 |
| 39. ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 2:52.44 | 475 | 38.16 | 44.41 | 45.34 | 44.53 |
| 40. POPPE Marta | 07 | KU AZS UMCS Lublin | 2:53.62 | 465 | 40.06 | 44.28 | 45.04 | 44.24 |
| 41. BLUGE Angelika | 00 | MKS „Astoria” Bydgoszcz | 2:53.63 | 465 | 38.91 | 43.54 | 45.59 | 45.59 |
| 42. MAKOWSKA Maria | 07 | MKP Szczecin | 2:57.52 | 435 | 37.89 | 45.08 | 47.15 | 47.40 |
| 43. CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA” Gorzów | 2:58.54 | 428 | 39.18 | 44.76 | 47.43 | 47.17 |
| 44. WARSI SKA Julia | 07 | MUKS "Pi tnatka" | 2:58.88 | 425 | 40.72 | 45.76 | 47.03 | 45.37 |
| 45. MYKA Natalia | 08 | MKP „SŁOWIANKA” Gorzów | 3:02.00 | 404 | 40.60 | 46.60 | 47.05 | 47.75 |
| 46. R ANY Blanka | 08 | UKP Gryf D bica | 3:03.60 | 393 | 40.62 | 46.65 | 48.66 | 47.67 |
| 47. ST PKA Amelia | 08 | UKS 190 Łód | 3:04.46 | 388 | 41.20 | 47.49 | 48.56 | 47.21 |
| 48. GOROCKIEWICZ Sylwia | 75 | KS Warta Pozna | 4:46.90 | 103 | 1:00.29 | 1:10.97 | 1:17.87 | 1:17.77 |

17 - 18 lat

| | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. BAŁDA Aleksandra | 05 | MKS Piaseczno | 2:31.51 | 700 | 33.85 | 38.29 | 39.12 | 40.25 |
| 2. TYMI SKA Zofia | 04 | UKP „Polonia Warszawa” | 2:32.24 | 690 | 34.29 | 38.66 | 39.88 | 39.41 |
| 3. FISEROVA Marketa | 05 | Sport Club Pardubice | 2:36.84 | 631 | 34.81 | 38.94 | 40.90 | 42.19 |
| 4. ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 2:38.37 | 613 | 35.41 | 40.00 | 40.72 | 42.24 |
| 5. STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa” | 2:39.25 | 603 | 35.68 | 39.75 | 41.15 | 42.67 |
| 6. OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 2:39.98 | 595 | 36.39 | 41.40 | 41.06 | 41.13 |
| 7. ZI BA Anastazja | 05 | MUKS "Pi tnatka" | 2:41.47 | 578 | 36.16 | 41.58 | 41.93 | 41.80 |
| 8. KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów | 2:42.01 | 573 | 37.83 | 41.47 | 41.33 | 41.38 |
| 9. STUDZI SKA Nadia | 04 | MUKS "Pi tnatka" | 2:49.50 | 500 | 38.11 | 43.13 | 44.54 | 43.72 |
| 10. KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.36 | 475 | 40.26 | 43.73 | 44.44 | 43.93 |

16 lat

| | | | | | | | | |
|----------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. WRONA Ewa | 06 | UKS „Jasie ” Sucha Beskid | 2:30.02 | 721 | 33.27 | 37.82 | 39.04 | 39.89 |
| 2. SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 2:32.98 | 680 | 33.86 | 38.46 | 39.68 | 40.98 |
| 3. GŁOWACKA Weronika | 06 | IKS Konstancin | 2:33.74 | 670 | 35.97 | 38.91 | 39.44 | 39.42 |
| 4. KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 2:34.10 | 665 | 35.11 | 39.95 | 39.72 | 39.32 |
| 5. JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów” | 2:36.90 | 630 | 35.16 | 39.61 | 40.56 | 41.57 |
| 6. SULAK Antonina | 06 | UKS Pi tka Konstantynów | 2:38.84 | 608 | 36.92 | 40.83 | 40.50 | 40.59 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 5, Dziewcząt, 200m klasyczny, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|------------------------|----------------|------|-------|-------|-------|-------|
| 7. | 06 | WKS I sk | 2:39.74 | 597 | 35.83 | 39.91 | 41.48 | 42.52 |
| 8. | 06 | WKS I sk | 2:44.04 | 552 | 37.04 | 41.67 | 42.66 | 42.67 |
| 9. | 06 | MUKS "Piłkarska" | 2:45.89 | 533 | 36.93 | 42.16 | 43.15 | 43.65 |
| 10. | 06 | MKP Szczecin | 2:48.16 | 512 | 36.99 | 42.93 | 44.17 | 44.07 |
| 11. | 06 | UKP „Polonia Warszawa” | 2:52.03 | 478 | 38.52 | 43.75 | 44.73 | 45.03 |
| 12. | 06 | MKP „SŁOWIANKA” Gorzów | 2:58.54 | 428 | 39.18 | 44.76 | 47.43 | 47.17 |

15 lat

| | | | | | | | | |
|-----|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 07 | TP Zielona Góra | 2:36.87 | 631 | 36.23 | 41.33 | 40.31 | 39.00 |
| 2. | 07 | UKS „Omega” Olkusz | 2:37.82 | 619 | 35.41 | 40.19 | 41.32 | 40.90 |
| 3. | 07 | TP Olimpijczyk Aleksandrów | 2:37.93 | 618 | 35.54 | 40.66 | 40.93 | 40.80 |
| 4. | 07 | WKS I sk | 2:40.04 | 594 | 36.19 | 41.04 | 41.63 | 41.18 |
| 5. | 07 | KU AZS UAM Poznań | 2:41.10 | 582 | 35.37 | 40.36 | 42.10 | 43.27 |
| 6. | 07 | Sport Club Pardubice | 2:45.98 | 532 | 37.25 | 42.30 | 43.00 | 43.43 |
| 7. | 07 | Sport Club Pardubice | 2:47.95 | 514 | 38.52 | 42.59 | 44.03 | 42.81 |
| 8. | 07 | WKS I sk | 2:51.15 | 486 | 36.97 | 43.06 | 45.50 | 45.62 |
| 9. | 07 | Mokotowski UKP Warszawa | 2:51.36 | 484 | 38.83 | 43.86 | 44.57 | 44.10 |
| 10. | 07 | KU AZS UMCS Lublin | 2:53.62 | 465 | 40.06 | 44.28 | 45.04 | 44.24 |
| 11. | 07 | MKP Szczecin | 2:57.52 | 435 | 37.89 | 45.08 | 47.15 | 47.40 |
| 12. | 07 | MUKS "Piłkarska" | 2:58.88 | 425 | 40.72 | 45.76 | 47.03 | 45.37 |

14 lat

| | | | | | | | | |
|----|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 08 | SKS 137 Delfin Łódź | 2:43.23 | 560 | 37.21 | 41.15 | 42.38 | 42.49 |
| 2. | 08 | UKS Aquatica Pawłowice | 2:48.49 | 509 | 37.68 | 42.98 | 43.95 | 43.88 |
| 3. | 08 | MKP „SŁOWIANKA” Gorzów | 2:51.08 | 486 | 39.66 | 43.18 | 45.06 | 43.18 |
| 4. | 08 | TP Olimpijczyk Aleksandrów | 2:51.28 | 484 | 38.55 | 43.64 | 43.89 | 45.20 |
| 5. | 08 | UKS abianka Gdańsk | 2:52.44 | 475 | 38.16 | 44.41 | 45.34 | 44.53 |
| 6. | 08 | MKP „SŁOWIANKA” Gorzów | 3:02.00 | 404 | 40.60 | 46.60 | 47.05 | 47.75 |
| 7. | 08 | UKP Gryf Dobica | 3:03.60 | 393 | 40.62 | 46.65 | 48.66 | 47.67 |
| 8. | 08 | UKS 190 Łódź | 3:04.46 | 388 | 41.20 | 47.49 | 48.56 | 47.21 |

Konkurencja 6

Mężczyźni, 200m klasyczny

14 lat i starsi

2022.11.12 - 11:58

Wyniki

Rekord Polski 2:06.19 KUSTO Rafał POL Olsztyn 2020.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:04.83

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------|---------|---------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 02 | MKP „Wodnik 29” Tychy | 2:06.30 | 861 | 29.38 | 32.10 | 32.29 | 32.53 |
| 2. | 04 | UKS „GIM 92 Ursynów” | 2:15.05 | 704 | 30.90 | 33.92 | 34.74 | 35.49 |
| 3. | 04 | Sport Club Pardubice | 2:15.50 | 697 | 30.13 | 34.16 | 35.29 | 35.92 |
| 4. | 03 | UKS Piłkarska Konstancin | 2:15.57 | 696 | 29.51 | 34.67 | 35.88 | 35.51 |
| 5. | 00 | AZS AWF Katowice | 2:15.76 | 693 | 30.52 | 34.17 | 35.19 | 35.88 |
| 6. | 97 | AZS AWF Katowice | 2:16.51 | 682 | 30.89 | 34.88 | 35.40 | 35.34 |
| 7. | 97 | MKS Juvenia Wrocław | 2:16.72 | 678 | 31.05 | 34.50 | 35.27 | 35.90 |
| 8. | 99 | KS AZS AGH Kraków | 2:16.76 | 678 | 30.32 | 34.80 | 35.18 | 36.46 |
| 9. | 06 | TP Skalar Słupsk | 2:16.85 | 676 | 30.83 | 35.53 | 35.28 | 35.21 |
| 10. | 04 | KS Warta Poznań | 2:17.88 | 661 | 29.73 | 33.85 | 36.12 | 38.18 |
| 11. | 04 | UKS Piłkarska Konstancin | 2:18.55 | 652 | 31.47 | 35.55 | 35.84 | 35.69 |
| 12. | 05 | UKP Unia Opole | 2:19.44 | 639 | 31.63 | 34.92 | 36.32 | 36.57 |
| 13. | 02 | KS Posenania Poznań | 2:20.40 | 626 | 30.98 | 34.95 | 36.60 | 37.87 |
| 14. | 04 | Sport Club Pardubice | 2:20.52 | 625 | 32.59 | 36.00 | 35.69 | 36.24 |
| 15. | 07 | UKS Tri-Team Rumia | 2:20.90 | 620 | 31.77 | 35.78 | 36.61 | 36.74 |
| 16. | 07 | UKS G-8 Bielany Warszawa | 2:20.92 | 619 | 30.95 | 35.21 | 36.70 | 38.06 |
| 17. | 05 | UKP „Polonia Warszawa” | 2:21.13 | 617 | 31.65 | 36.15 | 36.51 | 36.82 |
| 18. | 04 | KS KSZO Ostrowiec Świętokrzyski | 2:22.46 | 600 | 31.89 | 36.08 | 37.11 | 37.38 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 6, M cyczn, 200m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|----------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 19. | JUNG Krzysztof | 99 AZS AWF Katowice | 2:22.78 | 596 | 31.04 | 36.41 | 37.28 | 38.05 |
| 20. | KUCHARCZYK Paweł | 05 UKP „Polonia Warszawa” | 2:23.94 | 581 | 33.49 | 37.19 | 36.44 | 36.82 |
| 21. | SZAFRA SKI Kamil | 07 KS Warta Pozna | 2:25.61 | 561 | 32.50 | 37.07 | 37.71 | 38.33 |
| 22. | KRASOWSKI Szymon | 06 KS Posnania Pozna | 2:25.85 | 559 | 32.34 | 36.75 | 38.30 | 38.46 |
| 23. | KRUK Franciszek | 07 UKS „GIM 92 Ursynów” | 2:25.91 | 558 | 34.00 | 37.83 | 37.10 | 36.98 |
| 24. | JANIAK Jakub | 05 TP Zielona Góra | 2:27.20 | 543 | 32.64 | 37.33 | 38.51 | 38.72 |
| 25. | FILIPIAK Grzegorz | 03 KS AZS AWF Wrocław | 2:28.14 | 533 | 33.13 | 37.61 | 37.49 | 39.91 |
| 26. | KRIUKOW Aleksander | 06 IKS Konstancin | 2:28.24 | 532 | 32.59 | 38.05 | 39.25 | 38.35 |
| 27. | TEPLY Jan | 03 Sport Club Pardubice | 2:28.28 | 532 | 32.52 | 37.31 | 38.34 | 40.11 |
| 28. | LINARD Bartosz | 04 IKS Konstancin | 2:28.62 | 528 | 32.63 | 37.84 | 39.07 | 39.08 |
| 29. | SPIREWSKI Mikołaj | 07 UKS Siódemka Gdynia | 2:28.70 | 527 | 33.51 | 37.34 | 39.01 | 38.84 |
| 30. | WASZTYL Kacper | 08 UKS MOS w Opolu | 2:29.20 | 522 | 32.96 | 37.55 | 39.26 | 39.43 |
| 31. | BARCZYK Jan | 03 UKS „Omega” Olkusz | 2:29.24 | 521 | 30.71 | 38.68 | 39.87 | 39.98 |
| 32. | LITEWSKI Mikołaj | 04 UKP „Polonia Warszawa” | 2:29.70 | 517 | 33.13 | 37.46 | 39.05 | 40.06 |
| 33. | RADZIKOWSKI Szymon | 08 WKS I sk | 2:29.77 | 516 | 33.27 | 37.38 | 38.99 | 40.13 |
| 34. | PRONIN Patryk | 07 MKP Szczecin | 2:29.84 | 515 | 33.31 | 37.77 | 39.41 | 39.35 |
| 35. | MAJEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 2:29.97 | 514 | 32.96 | 37.98 | 39.52 | 39.51 |
| 36. | WIERCI SKI Kacper | 04 MKP Szczecin | 2:30.15 | 512 | 33.87 | 38.37 | 39.04 | 38.87 |
| 37. | HAVLENA Maxim | 04 Sport Club Pardubice | 2:30.60 | 507 | 33.90 | 38.35 | 39.16 | 39.19 |
| 38. | PRZE DZIAK Stanisław | 06 UKP „Polonia Warszawa” | 2:30.84 | 505 | 33.66 | 37.64 | 39.46 | 40.08 |
| 39. | NIEGUŁA Wojciech | 06 MKP „SŁOWIANKA” Gorzów | 2:31.13 | 502 | 34.87 | 38.36 | 39.13 | 38.77 |
| | WI NIEWSKI Jakub | 07 UKS G-8 Bielany Warszawa | 2:31.13 | 502 | 33.18 | 37.94 | 39.39 | 40.62 |
| 41. | WŁOCZEWSKI Karol | 06 MPKS Orka Ciechanów | 2:31.74 | 496 | 32.88 | 37.77 | 39.65 | 41.44 |
| 42. | BIELEWICZ Jan | 05 KS Warta Pozna | 2:32.61 | 488 | 33.49 | 37.89 | 39.75 | 41.48 |
| 43. | KRÓL Aleksander | 06 MKP Szczecin | 2:33.71 | 477 | 33.67 | 39.15 | 40.67 | 40.22 |
| 44. | KRAS Mateusz | 07 UKS „GIM 92 Ursynów” | 2:34.27 | 472 | 35.07 | 39.34 | 39.57 | 40.29 |
| 45. | NIECKARZ Paweł | 06 UKS 190 Łód | 2:34.76 | 468 | 34.26 | 37.96 | 40.40 | 42.14 |
| 46. | YWICKI Wiktor | 08 UKS „Ósemka” Toru | 2:34.81 | 467 | 34.70 | 39.13 | 39.88 | 41.10 |
| 47. | TRUDNOS Ignacy | 08 UKS 190 Łód | 2:37.32 | 445 | 36.15 | 40.72 | 40.81 | 39.64 |
| 48. | KALISZEWSKI Patryk | 08 Ks "Marlin Mława" | 2:37.50 | 444 | 34.34 | 40.38 | 41.92 | 40.86 |
| 49. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 2:38.29 | 437 | 35.01 | 40.17 | 42.22 | 40.89 |
| 50. | NOWAK Krzysztof | 08 UKP „Polonia Warszawa” | 2:38.45 | 436 | 35.15 | 40.29 | 41.17 | 41.84 |
| 51. | SE Jakub | 05 MKP „SŁOWIANKA” Gorzów | 2:38.77 | 433 | 35.29 | 40.06 | 41.52 | 41.90 |
| 52. | PAWLAK Dawid | 08 UKS 190 Łód | 2:39.04 | 431 | 36.85 | 40.75 | 40.98 | 40.46 |
| 53. | CYGA SKI Krzysztof | 07 UKS „GIM 92 Ursynów” | 2:41.01 | 415 | 35.49 | 41.64 | 42.76 | 41.12 |
| 54. | JEDLI SKI Mateusz | 06 UKP „Polonia Warszawa” | 2:42.11 | 407 | 34.83 | 41.01 | 43.11 | 43.16 |
| 55. | BALCEROWICZ Ryszard | 08 UKS „abianka Gda sk | 2:42.69 | 402 | 37.54 | 42.20 | 41.59 | 41.36 |
| 56. | ABI SKI Igor | 07 UKS Tri-Team Rumia | 2:42.83 | 401 | 37.17 | 41.95 | 41.77 | 41.94 |
| 57. | LESZCZY SKI Filip | 08 UKS 190 Łód | 2:43.32 | 398 | 37.31 | 42.21 | 42.11 | 41.69 |
| 58. | ROZBICKI Kacper | 08 UKS 48 Warszawa ródmi | 2:47.69 | 367 | 37.38 | 42.71 | 44.40 | 43.20 |
| 59. | LECYK Jakub | 08 MKP Astromal-Leszno | 2:49.22 | 358 | 37.27 | 42.92 | 44.76 | 44.27 |
| 60. | TARGOSZ Damian | 08 MKP Astromal-Leszno | 2:50.99 | 347 | 37.30 | 43.13 | 44.06 | 46.50 |
| 61. | KAMI SKI Maciej | 08 MKP Szczecin | 2:53.41 | 332 | 37.80 | 44.04 | 46.29 | 45.28 |
| 62. | KUBICA Wiktor | 08 UKS "V" Łomianki | 2:54.68 | 325 | 38.87 | 44.95 | 45.50 | 45.36 |
| 63. | KRUPI SKI Paweł | 87 WOPR Województwa Lubu | 3:38.14 | 167 | 48.68 | 55.36 | 57.78 | 56.32 |

17 - 18 lat

| | | | | | | | | |
|-----|-------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KONARSKI Maciej | 04 UKS „GIM 92 Ursynów” | 2:15.05 | 704 | 30.90 | 33.92 | 34.74 | 35.49 |
| 2. | MOC Albert | 04 Sport Club Pardubice | 2:15.50 | 697 | 30.13 | 34.16 | 35.29 | 35.92 |
| 3. | WARZOCHA Gustaw | 04 KS Warta Pozna | 2:17.88 | 661 | 29.73 | 33.85 | 36.12 | 38.18 |
| 4. | ISKRA Szymon | 04 UKS Pi tka Konstanyńów Ł | 2:18.55 | 652 | 31.47 | 35.55 | 35.84 | 35.69 |
| 5. | LOTAR Bartosz | 05 UKP Unia O wi cim | 2:19.44 | 639 | 31.63 | 34.92 | 36.32 | 36.57 |
| 6. | CHALUPNIK Jiri | 04 Sport Club Pardubice | 2:20.52 | 625 | 32.59 | 36.00 | 35.69 | 36.24 |
| 7. | ŁUPI SKI Mateusz | 05 UKP „Polonia Warszawa” | 2:21.13 | 617 | 31.65 | 36.15 | 36.51 | 36.82 |
| 8. | LIS Jan | 04 KS KSO Ostrowiec w. | 2:22.46 | 600 | 31.89 | 36.08 | 37.11 | 37.38 |
| 9. | KUCHARCZYK Paweł | 05 UKP „Polonia Warszawa” | 2:23.94 | 581 | 33.49 | 37.19 | 36.44 | 36.82 |
| 10. | JANIAK Jakub | 05 TP Zielona Góra | 2:27.20 | 543 | 32.64 | 37.33 | 38.51 | 38.72 |
| 11. | LINARD Bartosz | 04 IKS Konstancin | 2:28.62 | 528 | 32.63 | 37.84 | 39.07 | 39.08 |
| 12. | LITEWSKI Mikołaj | 04 UKP „Polonia Warszawa” | 2:29.70 | 517 | 33.13 | 37.46 | 39.05 | 40.06 |
| 13. | WIERCI SKI Kacper | 04 MKP Szczecin | 2:30.15 | 512 | 33.87 | 38.37 | 39.04 | 38.87 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 6, Chłopców, 200m klasyczny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------------|---------------------------|----------------|------|-------|-------|-------|-------|
| 14. | HAVLENA Maxim | 04 Sport Club Pardubice | 2:30.60 | 507 | 33.90 | 38.35 | 39.16 | 39.19 |
| 15. | BIELEWICZ Jan | 05 KS Warta Pozna | 2:32.61 | 488 | 33.49 | 37.89 | 39.75 | 41.48 |
| 16. | SE Jakub | 05 MKP „SŁOWIANKA” Gorzów | 2:38.77 | 433 | 35.29 | 40.06 | 41.52 | 41.90 |

16 lat

| | | | | | | | | |
|-----|----------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MAKSAJDA Kacper | 06 TP Skalar Słupsk | 2:16.85 | 676 | 30.83 | 35.53 | 35.28 | 35.21 |
| 2. | KRASOWSKI Szymon | 06 KS Posenania Pozna | 2:25.85 | 559 | 32.34 | 36.75 | 38.30 | 38.46 |
| 3. | KRIUKOW Aleksander | 06 IKS Konstancin | 2:28.24 | 532 | 32.59 | 38.05 | 39.25 | 38.35 |
| 4. | MAJEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 2:29.97 | 514 | 32.96 | 37.98 | 39.52 | 39.51 |
| 5. | PRZE DZIAK Stanisław | 06 UKP „Polonia Warszawa” | 2:30.84 | 505 | 33.66 | 37.64 | 39.46 | 40.08 |
| 6. | NIEGUŁA Wojciech | 06 MKP „SŁOWIANKA” Gorzów | 2:31.13 | 502 | 34.87 | 38.36 | 39.13 | 38.77 |
| 7. | WŁOCZEWSKI Karol | 06 MPKS Orka Ciechanów | 2:31.74 | 496 | 32.88 | 37.77 | 39.65 | 41.44 |
| 8. | KRÓL Aleksander | 06 MKP Szczecin | 2:33.71 | 477 | 33.67 | 39.15 | 40.67 | 40.22 |
| 9. | NIECKARZ Paweł | 06 UKS 190 Łód | 2:34.76 | 468 | 34.26 | 37.96 | 40.40 | 42.14 |
| 10. | JEDLI SKI Mateusz | 06 UKP „Polonia Warszawa” | 2:42.11 | 407 | 34.83 | 41.01 | 43.11 | 43.16 |

15 lat

| | | | | | | | | |
|-----|--------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | LVUTIN Lev | 07 UKS Tri-Team Rumia | 2:20.90 | 620 | 31.77 | 35.78 | 36.61 | 36.74 |
| 2. | CZOGAŁA Grzegorz | 07 UKS G-8 Bielany Warszawa | 2:20.92 | 619 | 30.95 | 35.21 | 36.70 | 38.06 |
| 3. | SZAFRA SKI Kamil | 07 KS Warta Pozna | 2:25.61 | 561 | 32.50 | 37.07 | 37.71 | 38.33 |
| 4. | KRUK Franciszek | 07 UKS „GIM 92 Ursynów” | 2:25.91 | 558 | 34.00 | 37.83 | 37.10 | 36.98 |
| 5. | SPIREWSKI Mikołaj | 07 UKS Siódemka Gdynia | 2:28.70 | 527 | 33.51 | 37.34 | 39.01 | 38.84 |
| 6. | PRONIN Patryk | 07 MKP Szczecin | 2:29.84 | 515 | 33.31 | 37.77 | 39.41 | 39.35 |
| 7. | WI NIEWSKI Jakub | 07 UKS G-8 Bielany Warszawa | 2:31.13 | 502 | 33.18 | 37.94 | 39.39 | 40.62 |
| 8. | KRAS Mateusz | 07 UKS „GIM 92 Ursynów” | 2:34.27 | 472 | 35.07 | 39.34 | 39.57 | 40.29 |
| 9. | CYGA SKI Krzysztof | 07 UKS „GIM 92 Ursynów” | 2:41.01 | 415 | 35.49 | 41.64 | 42.76 | 41.12 |
| 10. | ABI SKI Igor | 07 UKS Tri-Team Rumia | 2:42.83 | 401 | 37.17 | 41.95 | 41.77 | 41.94 |

14 lat

| | | | | | | | | |
|-----|---------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | WASZTYL Kacper | 08 UKS MOS w Opolu | 2:29.20 | 522 | 32.96 | 37.55 | 39.26 | 39.43 |
| 2. | RADZIKOWSKI Szymon | 08 WKS I sk | 2:29.77 | 516 | 33.27 | 37.38 | 38.99 | 40.13 |
| 3. | YWICKI Wiktor | 08 UKS „Ósemka” Toru | 2:34.81 | 467 | 34.70 | 39.13 | 39.88 | 41.10 |
| 4. | TRUDNOS Ignacy | 08 UKS 190 Łód | 2:37.32 | 445 | 36.15 | 40.72 | 40.81 | 39.64 |
| 5. | KALISZEWSKI Patryk | 08 Ks "Marlin Mława" | 2:37.50 | 444 | 34.34 | 40.38 | 41.92 | 40.86 |
| 6. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 2:38.29 | 437 | 35.01 | 40.17 | 42.22 | 40.89 |
| 7. | NOWAK Krzysztof | 08 UKP „Polonia Warszawa” | 2:38.45 | 436 | 35.15 | 40.29 | 41.17 | 41.84 |
| 8. | PAWLAK Dawid | 08 UKS 190 Łód | 2:39.04 | 431 | 36.85 | 40.75 | 40.98 | 40.46 |
| 9. | BALCEROWICZ Ryszard | 08 UKS abianka Gda sk | 2:42.69 | 402 | 37.54 | 42.20 | 41.59 | 41.36 |
| 10. | LESZCZY SKI Filip | 08 UKS 190 Łód | 2:43.32 | 398 | 37.31 | 42.21 | 42.11 | 41.69 |
| 11. | ROZBICKI Kacper | 08 UKS 48 Warszawa ródemie | 2:47.69 | 367 | 37.38 | 42.71 | 44.40 | 43.20 |
| 12. | LECYK Jakub | 08 MKP Astromal-Leszno | 2:49.22 | 358 | 37.27 | 42.92 | 44.76 | 44.27 |
| 13. | TARGOSZ Damian | 08 MKP Astromal-Leszno | 2:50.99 | 347 | 37.30 | 43.13 | 44.06 | 46.50 |
| 14. | KAMI SKI Maciej | 08 MKP Szczecin | 2:53.41 | 332 | 37.80 | 44.04 | 46.29 | 45.28 |
| 15. | KUBICA Wiktor | 08 UKS "V" Łomianki | 2:54.68 | 325 | 38.87 | 44.95 | 45.50 | 45.36 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 7
2022.11.12 - 12:06

Kobiet, 100m motylkowy

14 lat i starsi
Wyniki

Rekord Polski 57.00 TCHÓRZ Alicja POL Neapol (ITA) 2021.09.29

Min. indywidualne na M (25m) Melbourne 2022 Open: 56.62 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.19

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 98 | AZS AWF Katowice | 57.33 | 863 | 26.75 | 30.58 |
| 2. | 03 | Kaliski Klub Sportowy „Włóknierz” 1952 | 59.21 | 783 | 27.33 | 31.88 |
| 3. | 05 | KS Barrakuda Gda sk | 1:00.16 | 747 | 28.22 | 31.94 |
| 4. | 00 | KS AZS AGH Kraków | 1:01.39 | 703 | 28.28 | 33.11 |
| 5. | 03 | AZS AWF Katowice | 1:01.67 | 693 | 28.97 | 32.70 |
| 6. | 06 | KS „Wisła” Puławy | 1:01.92 | 685 | 29.33 | 32.59 |
| 7. | 01 | KS „OLIMPIA” Lublin | 1:03.15 | 645 | 29.42 | 33.73 |
| 8. | 04 | UKP Unia O wi cim | 1:03.35 | 639 | 29.67 | 33.68 |
| 9. | 04 | MUKS "Pi tnastka" | 1:03.64 | 631 | 30.09 | 33.55 |
| 10. | 06 | KS Poshania Pozna | 1:03.84 | 625 | 29.56 | 34.28 |
| | 05 | WKS I sk | 1:03.84 | 625 | 30.43 | 33.41 |
| 12. | 06 | UKS Ostrobramska | 1:04.17 | 615 | 29.42 | 34.75 |
| 13. | 06 | Grudzi dzki KP „Orka" | 1:04.56 | 604 | 31.02 | 33.54 |
| 14. | 05 | UKP „Polonia Warszawa" | 1:04.62 | 602 | 30.55 | 34.07 |
| 15. | 05 | MUKS "Pi tnastka" | 1:05.19 | 587 | 30.46 | 34.73 |
| 16. | 05 | UKS Nawa Skierniewice | 1:05.37 | 582 | 30.46 | 34.91 |
| 17. | 04 | UKP Unia O wi cim | 1:05.39 | 581 | 30.32 | 35.07 |
| 18. | 07 | WKS I sk | 1:05.42 | 581 | 30.61 | 34.81 |
| 19. | 03 | AZS AWF Warszawa | 1:05.44 | 580 | 30.36 | 35.08 |
| 20. | 06 | Sport Club Pardubice | 1:05.67 | 574 | 30.82 | 34.85 |
| 21. | 08 | UKS „GIM 92 Ursynów" | 1:05.76 | 572 | 30.32 | 35.44 |
| 22. | 07 | MKP Szczecin | 1:05.78 | 571 | 30.05 | 35.73 |
| 23. | 04 | KS Warta Pozna | 1:05.90 | 568 | 30.96 | 34.94 |
| 24. | 03 | KU AZS Uniwersytetu Warszawskiego | 1:05.99 | 566 | 30.63 | 35.36 |
| 25. | 07 | UKS Aquatica Pawłowice | 1:06.40 | 555 | 31.28 | 35.12 |
| 26. | 03 | AZS AWF Warszawa | 1:06.53 | 552 | 30.57 | 35.96 |
| 27. | 07 | UKS G-8 Bielany Warszawa | 1:06.87 | 544 | 30.76 | 36.11 |
| 28. | 06 | UKS abianka Gda sk | 1:06.88 | 543 | 31.50 | 35.38 |
| 29. | 03 | UKP „Polonia Warszawa" | 1:06.89 | 543 | 30.64 | 36.25 |
| 30. | 05 | UKS „GIM 92 Ursynów" | 1:07.00 | 540 | 31.06 | 35.94 |
| 31. | 05 | MUKS "Pi tnastka" | 1:07.01 | 540 | 31.63 | 35.38 |
| 32. | 05 | AZS AWF Katowice | 1:07.15 | 537 | 30.28 | 36.87 |
| 33. | 06 | UKP „Polonia Warszawa" | 1:07.31 | 533 | 31.11 | 36.20 |
| 34. | 05 | UKS G-8 Bielany Warszawa | 1:07.53 | 528 | 31.02 | 36.51 |
| 35. | 05 | MUKS "Pi tnastka" | 1:07.59 | 526 | 31.19 | 36.40 |
| 36. | 05 | IKS Konstancin | 1:07.70 | 524 | 32.52 | 35.18 |
| | 06 | IUKS „Muszelka" Warszawa | 1:07.70 | 524 | 31.75 | 35.95 |
| 38. | 05 | AZS AWF Warszawa | 1:07.73 | 523 | 31.06 | 36.67 |
| 39. | 08 | UKS abianka Gda sk | 1:07.86 | 520 | 31.02 | 36.84 |
| 40. | 07 | UKS MOS w Opolu | 1:08.20 | 512 | 31.82 | 36.38 |
| 41. | 06 | SMS O wi cim | 1:08.34 | 509 | 32.88 | 35.46 |
| 42. | 05 | MKS Piaseczno | 1:08.82 | 499 | 32.21 | 36.61 |
| 43. | 05 | MUKS "Pi tnastka" | 1:08.84 | 498 | 31.72 | 37.12 |
| 44. | 06 | UKS Pi tka Konstantynów Łódzki | 1:08.94 | 496 | 32.91 | 36.03 |
| 45. | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:09.10 | 493 | 32.74 | 36.36 |
| 46. | 08 | MKS Znicz Koszalin | 1:09.21 | 490 | 32.26 | 36.95 |
| 47. | 05 | MKP Szczecin | 1:09.73 | 479 | 31.59 | 38.14 |
| 48. | 07 | Mokotowski UKP Warszawianka- Wc | 1:09.75 | 479 | 31.90 | 37.85 |
| 49. | 08 | UKS „GIM 92 Ursynów" | 1:09.95 | 475 | 32.99 | 36.96 |
| 50. | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:10.20 | 470 | 32.50 | 37.70 |
| 51. | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.33 | 467 | 32.26 | 38.07 |
| 52. | 08 | UKS MOS w Opolu | 1:10.52 | 463 | 32.62 | 37.90 |
| 53. | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.71 | 460 | 31.78 | 38.93 |
| 54. | 07 | UKP „Polonia Warszawa" | 1:10.81 | 458 | 31.86 | 38.95 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 7, Kobiet, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|----------------------|------|------------------------------------|-------------------|------|-------|-------|
| 55. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 1:10.85 | 457 | 32.66 | 38.19 |
| 56. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.69 | 441 | 33.64 | 38.05 |
| 57. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:11.79 | 439 | 33.59 | 38.20 |
| 58. | KOWALCZYK Katarzyna | 05 | MKP Szczecin | 1:11.80 | 439 | 34.22 | 37.58 |
| 59. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:12.08 | 434 | 33.11 | 38.97 |
| 60. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:13.20 rk | 414 | 34.43 | 38.77 |
| 61. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 62. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 1:13.53 | 409 | 33.60 | 39.93 |
| 63. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:14.15 | 399 | 32.91 | 41.24 |
| 64. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:15.67 | 375 | 35.71 | 39.96 |
| 65. | NAJI Kamila | 08 | MKS Trójka Łód | 1:17.70 | 346 | 36.83 | 40.87 |

DYSKW. BUKOWSKA Olga 05 MKP Szczecin
O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW CHUKHNO Kateryna 08 UKS abianka Gda sk

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 1:00.16 | 747 | 28.22 | 31.94 |
| 2. | SOBU Julia | 04 | UKP Unia O wi cim | 1:03.35 | 639 | 29.67 | 33.68 |
| 3. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:03.64 | 631 | 30.09 | 33.55 |
| 4. | MICHALSKA Julia | 05 | WKS I sk | 1:03.84 | 625 | 30.43 | 33.41 |
| 5. | KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa" | 1:04.62 | 602 | 30.55 | 34.07 |
| 6. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 1:05.19 | 587 | 30.46 | 34.73 |
| 7. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:05.37 | 582 | 30.46 | 34.91 |
| 8. | PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 1:05.39 | 581 | 30.32 | 35.07 |
| 9. | SMEKTAŁA Oliwia | 04 | KS Warta Pozna | 1:05.90 | 568 | 30.96 | 34.94 |
| 10. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" | 1:07.00 | 540 | 31.06 | 35.94 |
| 11. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:07.01 | 540 | 31.63 | 35.38 |
| 12. | KEMPA Kinga | 05 | AZS AWF Katowice | 1:07.15 | 537 | 30.28 | 36.87 |
| 13. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:07.53 | 528 | 31.02 | 36.51 |
| 14. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 1:07.59 | 526 | 31.19 | 36.40 |
| 15. | SKALI SKA Ewa | 05 | IKS Konstancin | 1:07.70 | 524 | 32.52 | 35.18 |
| 16. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:07.73 | 523 | 31.06 | 36.67 |
| 17. | SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:08.82 | 499 | 32.21 | 36.61 |
| 18. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:08.84 | 498 | 31.72 | 37.12 |
| 19. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:09.73 | 479 | 31.59 | 38.14 |
| 20. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:11.79 | 439 | 33.59 | 38.20 |
| 21. | KOWALCZYK Katarzyna | 05 | MKP Szczecin | 1:11.80 | 439 | 34.22 | 37.58 |

DYSKW. BUKOWSKA Olga 05 MKP Szczecin
O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła" Puławy | 1:01.92 | 685 | 29.33 | 32.59 |
| 2. | KOLA CZYK Wiktoria | 06 | KS Posnania Pozna | 1:03.84 | 625 | 29.56 | 34.28 |
| 3. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.17 | 615 | 29.42 | 34.75 |
| 4. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka" | 1:04.56 | 604 | 31.02 | 33.54 |
| 5. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 1:05.67 | 574 | 30.82 | 34.85 |
| 6. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 1:06.88 | 543 | 31.50 | 35.38 |
| 7. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:07.31 | 533 | 31.11 | 36.20 |
| 8. | MACIAK Julia | 06 | IUKS „Muszelka" Warszawa | 1:07.70 | 524 | 31.75 | 35.95 |
| 9. | RYFKA Maja | 06 | SMS O wi cim | 1:08.34 | 509 | 32.88 | 35.46 |
| 10. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:08.94 | 496 | 32.91 | 36.03 |
| 11. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.33 rk | 467 | 32.26 | 38.07 |
| 12. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:10.71 rk | 460 | 31.78 | 38.93 |
| 13. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 1:10.85 | 457 | 32.66 | 38.19 |
| 14. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:12.08 | 434 | 33.11 | 38.97 |
| 15. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:14.15 | 399 | 32.91 | 41.24 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 7, Kobiet, 100m motylkowy

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 1:05.42 | 581 | 30.61 | 34.81 |
| 2. | DUDA Anna | 07 | MKP Szczecin | 1:05.78 | 571 | 30.05 | 35.73 |
| 3. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 1:06.40 | 555 | 31.28 | 35.12 |
| 4. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:06.87 | 544 | 30.76 | 36.11 |
| 5. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:08.20 | 512 | 31.82 | 36.38 |
| 6. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wc | 1:09.75 | 479 | 31.90 | 37.85 |
| 7. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 1:10.81 | 458 | 31.86 | 38.95 |
| 8. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:13.20 | 414 | 34.43 | 38.77 |
| 9. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 10. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:15.67 | 375 | 35.71 | 39.96 |

14 lat

| | | | | | | | |
|-----|--------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 1:05.76 | 572 | 30.32 | 35.44 |
| 2. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 1:07.86 | 520 | 31.02 | 36.84 |
| 3. | BERNACKA Wiktoria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:09.10 | 493 | 32.74 | 36.36 |
| 4. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:09.21 | 490 | 32.26 | 36.95 |
| 5. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 1:09.95 | 475 | 32.99 | 36.96 |
| 6. | TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:10.20 | 470 | 32.50 | 37.70 |
| 7. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 1:10.52 | 463 | 32.62 | 37.90 |
| 8. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.69 | 441 | 33.64 | 38.05 |
| 9. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 1:13.53 | 409 | 33.60 | 39.93 |
| 10. | NAJI Kamila | 08 | MKS Trójka Łód | 1:17.70 | 346 | 36.83 | 40.87 |
| NW | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | | | | |

Konkurencja 8

M czyzn, 100m motylkowy

14 lat i starsi

2022.11.12 - 12:10

Wyniki

| | | | | | |
|---|-------|--|-----|-----------------|------------|
| Rekord Polski | 49.18 | CIE LAK Marcin | POL | Budapeszt (HUN) | 2020.11.21 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: | 49.79 | / Min. do sztafety na M (25m) Melbourne 2022 Open: | | 50.29 | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|------------------------|--------------------|----|-----------------------------------|--------------|-----|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | ŠEFL Jan | 90 | Ústecká akademie plaveckých sport | 50.54 | 844 | 23.53 | 27.01 |
| 2. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 51.17 | 814 | 24.12 | 27.05 |
| 3. | POPRAWA Michał | 94 | AZS AWF Katowice | 52.14 | 769 | 24.59 | 27.55 |
| 4. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 52.32 | 761 | 24.53 | 27.79 |
| 5. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 52.34 | 760 | 24.33 | 28.01 |
| 6. | SMOLI SKI Paweł | 01 | AZS AWF Katowice | 52.49 | 754 | 24.07 | 28.42 |
| 7. | CHOWANIEC Mateusz | 03 | AZS AWF Katowice | 52.80 | 741 | 24.63 | 28.17 |
| 8. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 53.56 | 709 | 25.03 | 28.53 |
| 9. | CHRZANOWSKI Damian | 98 | WKS I sk | 53.68 | 705 | 25.28 | 28.40 |
| 10. | SZAL Mateusz | 00 | UKS MOS w Opolu | 54.15 | 686 | 24.97 | 29.18 |
| 11. | GULI SKI Maciej | 04 | KU AZS Uniwersytetu Warszawskiego | 54.50 | 673 | 25.11 | 29.39 |
| 12. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 54.58 | 670 | 25.80 | 28.78 |
| 13. | WARZOCHA Albert | 01 | KS Warta Pozna | 54.88 | 659 | 25.50 | 29.38 |
| | STY Aleksander | 06 | UKP „Polonia Warszawa” | 54.88 | 659 | 25.44 | 29.44 |
| 15. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 54.91 | 658 | 25.67 | 29.24 |
| 16. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 55.17 | 649 | 25.81 | 29.36 |
| 17. | MISIAK Szymon | 05 | UKS Shark Rudna | 55.21 | 648 | 25.41 | 29.80 |
| 18. | MICHTA Bartosz | 05 | KS KSZO Ostrowiec w. | 55.31 | 644 | 26.23 | 29.08 |
| 19. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 55.37 | 642 | 25.70 | 29.67 |
| 20. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 55.70 | 631 | 26.28 | 29.42 |
| 21. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 55.85 | 626 | 26.75 | 29.10 |
| 22. | BIERO SKI Michał | 99 | MKP Szczecin | 55.89 | 624 | 26.05 | 29.84 |
| 23. | DUDYS Dominik | 02 | AZS AWF Katowice | 56.05 | 619 | 26.03 | 30.02 |
| 24. | BIELAWA Dominik | 02 | WKS I sk | 56.08 | 618 | 26.30 | 29.78 |
| 25. | CIARCZY SKI Janusz | 01 | MKP Szczecin | 56.22 | 613 | 25.77 | 30.45 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8, M cyczn, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-------------------------|------|----------------------------------|----------------|------|-------|-------|
| 26. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 56.29 | 611 | 25.95 | 30.34 |
| 27. | KUCA Przemysław | 94 | KS Warta Pozna | 56.47 | 605 | 25.99 | 30.48 |
| 28. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 56.52 | 604 | 26.44 | 30.08 |
| 29. | DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 56.55 | 603 | 26.74 | 29.81 |
| 30. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 56.56 | 602 | 26.25 | 30.31 |
| 31. | CZAPLA Kacper | 04 | MKP Szczecin | 56.78 | 595 | 25.99 | 30.79 |
| 32. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 56.92 | 591 | 26.17 | 30.75 |
| 33. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 57.11 | 585 | 26.66 | 30.45 |
| 34. | GAJDA Jan | 07 | MKS Trójka Łód | 57.19 | 583 | 26.96 | 30.23 |
| 35. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 57.59 | 571 | 26.56 | 31.03 |
| 36. | SETLAK Marcel | 05 | UKS abianka Gda sk | 57.64 | 569 | 27.00 | 30.64 |
| 37. | ZIELI SKI Konrad | 03 | UKS 190 Łód | 57.77 | 565 | 26.75 | 31.02 |
| 38. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 58.13 | 555 | 26.92 | 31.21 |
| 39. | WIERASZKA Bartosz | 07 | TP Zielona Góra | 58.46 | 545 | 27.81 | 30.65 |
| 40. | MIGLAK Maksymilian | 07 | KU AZS UAM Pozna | 58.47 | 545 | 26.76 | 31.71 |
| 41. | KOWALIK Piotr | 91 | KU AZS UAM Pozna | 58.59 | 542 | 25.99 | 32.60 |
| 42. | SKIERSKI Radosław | 00 | KS AZS AGH Kraków | 58.61 | 541 | 27.43 | 31.18 |
| 43. | MIKULA Vilem | 06 | Sport Club Pardubice | 58.68 | 539 | 27.53 | 31.15 |
| 44. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 58.91 | 533 | 27.56 | 31.35 |
| 45. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 58.95 | 532 | 27.56 | 31.39 |
| 46. | BARCZYK Jan | 03 | UKS „Omega" Olkusz | 58.96 | 532 | 26.71 | 32.25 |
| 47. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 58.98 | 531 | 26.83 | 32.15 |
| 48. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 59.05 | 529 | 27.56 | 31.49 |
| 49. | WO NICKI Dominik | 06 | UKP Unia O wi cim | 59.19 | 526 | 27.90 | 31.29 |
| 50. | G SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów" | 59.23 | 524 | 27.40 | 31.83 |
| 51. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 59.24 | 524 | 27.70 | 31.54 |
| 52. | GRUDZI SKI Karol | 06 | MKS Juvenia Wrocław | 59.29 | 523 | 27.50 | 31.79 |
| 53. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 59.52 | 517 | 28.01 | 31.51 |
| 54. | WIEK Bła ej | 05 | UKS abianka Gda sk | 59.65 | 513 | 27.81 | 31.84 |
| 55. | GORAJ Bartłomiej | 07 | UKS „Omega" Olkusz | 59.69 | 512 | 27.11 | 32.58 |
| 56. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 59.72 | 512 | 27.66 | 32.06 |
| 57. | DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 59.76 | 511 | 28.05 | 31.71 |
| 58. | CIECHOMSKI Rafał | 06 | MKS „Astoria" Bydgoszcz | 59.87 | 508 | 28.24 | 31.63 |
| 59. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 59.92 | 507 | 27.72 | 32.20 |
| 60. | OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 59.94 | 506 | 27.55 | 32.39 |
| 61. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 59.99 | 505 | 27.04 | 32.95 |
| 62. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:00.00 | 504 | 27.90 | 32.10 |
| 63. | KRYSIAK Kacper | 04 | MKS Trójka Łód | 1:00.19 | 500 | 27.56 | 32.63 |
| 64. | URBANIAK Olivier | 07 | MKS Trójka Łód | 1:00.25 | 498 | 28.63 | 31.62 |
| 65. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 1:00.46 | 493 | 28.02 | 32.44 |
| 66. | SZAREK Jan | 06 | WKS I sk | 1:00.47 | 493 | 28.05 | 32.42 |
| 67. | GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 1:00.55 | 491 | 28.46 | 32.09 |
| 68. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wc | 1:00.55 | 491 | 28.05 | 32.50 |
| 69. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródemie cie | 1:00.57 | 490 | 27.44 | 33.13 |
| 70. | ACZEK Hubert | 08 | KS „Wisła" Puławy | 1:00.63 | 489 | 28.04 | 32.59 |
| 71. | FILIPIAK Mateusz | 07 | MUKS "Pi tnastka" | 1:00.70 | 487 | 28.06 | 32.64 |
| 72. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 1:00.77 | 486 | 27.90 | 32.87 |
| 73. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 1:00.78 | 485 | 28.10 | 32.68 |
| 74. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 1:00.78 | 485 | 28.13 | 32.65 |
| 75. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:00.83 | 484 | 28.79 | 32.04 |
| 76. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 1:01.16 | 476 | 28.58 | 32.58 |
| 77. | VORONTSOV Maksym | 05 | TP Zielona Góra | 1:01.28 | 474 | 28.77 | 32.51 |
| 78. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.39 | 471 | 28.50 | 32.89 |
| 79. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa" | 1:01.49 | 469 | 29.20 | 32.29 |
| 80. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 1:01.53 | 468 | 28.65 | 32.88 |
| 81. | LICKUN Tycjan | 05 | MKP Szczecin | 1:01.65 | 465 | 27.63 | 34.02 |
| 82. | KUŁTON Jakub | 07 | KS Warta Pozna | 1:01.66 | 465 | 28.48 | 33.18 |
| 83. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 1:01.97 | 458 | 28.90 | 33.07 |
| 84. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 1:02.06 | 456 | 27.66 | 34.40 |
| 85. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:02.56 | 445 | 28.68 | 33.88 |
| 86. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 1:02.58 | 445 | 28.79 | 33.79 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 8, Mężczyźni, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|-------------------------------|----------------|------|-------|-------|
| 87. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:02.95 | 437 | 28.95 | 34.00 |
| 88. | POR BA Krzysztof | 07 | WKS I sk | 1:03.01 | 436 | 29.11 | 33.90 |
| 89. | PIETRZYK Antoni | 08 | KU AZS UAM Poznań | 1:03.10 | 434 | 29.24 | 33.86 |
| 90. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 1:03.27 | 430 | 29.27 | 34.00 |
| 91. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:03.41 | 427 | 29.52 | 33.89 |
| 92. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łódź | 1:03.59 | 424 | 29.26 | 34.33 |
| 93. | LINARD Bartosz | 04 | IKS Konstancin | 1:03.63 | 423 | 27.76 | 35.87 |
| 94. | PAWLAK Hubert | 03 | UKS Piłka Konstantynów Łódzki | 1:03.79 | 420 | 28.61 | 35.18 |
| 95. | TARCZY SKI Bartosz | 07 | UKS 190 Łódź | 1:03.98 | 416 | 30.07 | 33.91 |
| 96. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 1:04.05 | 415 | 29.66 | 34.39 |
| 97. | SZWEDZKI Jakub | 00 | MKS Trójka Łódź | 1:04.29 | 410 | 29.77 | 34.52 |
| 98. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:04.30 | 410 | 29.82 | 34.48 |
| 99. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 1:04.43 | 407 | 29.92 | 34.51 |
| 100. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 1:04.51 | 406 | 29.30 | 35.21 |
| 101. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 1:04.68 | 403 | 28.94 | 35.74 |
| 102. | MITA Dawid | 06 | MKS Piast Głogów | 1:04.70 | 402 | 28.83 | 35.87 |
| 103. | STARO Filip | 08 | UKS abianka Gdańsk | 1:05.01 | 397 | 30.73 | 34.28 |
| 104. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 1:05.65 | 385 | 28.95 | 36.70 |
| 105. | KRIUKOW Aleksander | 06 | IKS Konstancin | 1:07.08 | 361 | 30.96 | 36.12 |
| 106. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 1:07.14 | 360 | 30.26 | 36.88 |
| 107. | SYLWESTROWICZ Wiktor | 07 | MUKS "Piłkarska" | 1:09.43 | 325 | 31.48 | 37.95 |
| 108. | LIBERSKI Mikołaj | 07 | KS Warta Poznań | 1:09.46 | 325 | 31.93 | 37.53 |
| 109. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:10.10 | 316 | 32.72 | 37.38 |
| 110. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 1:10.80 | 307 | 32.03 | 38.77 |
| 111. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:17.00 | 238 | 36.25 | 40.75 |
| DYSKW. | GRACIK Daniel | 04 | Sport Club Pardubice | | | | |

09 - Pływak niewłaściwie zachowywał się podczas zawodów (np. opóźnienie startu, umyślnie zakłócanie porządku i inne).

DYSKW. MACIEJEWSKI Franciszek 08 UKS Kapry-Armexim Pruszków
01 - Pływak wystartował po komendzie na miejsca i zajął swoją pozycję nieruchomej a przed sygnałem startu.

NW OSTROWSKI Karol 99 MKP Szczecin

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 52.34 | 760 | 24.33 | 28.01 |
| 2. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 53.56 | 709 | 25.03 | 28.53 |
| 3. | GULI SKI Maciej | 04 | KU AZS Uniwersytetu Warszawskiego | 54.50 | 673 | 25.11 | 29.39 |
| 4. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 54.58 | 670 | 25.80 | 28.78 |
| 5. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 54.91 | 658 | 25.67 | 29.24 |
| 6. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 55.17 | 649 | 25.81 | 29.36 |
| 7. | MISIAK Szymon | 05 | UKS Shark Rudna | 55.21 | 648 | 25.41 | 29.80 |
| 8. | MICHTA Bartosz | 05 | KS KSZO Ostrowiec w. | 55.31 | 644 | 26.23 | 29.08 |
| 9. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 55.37 | 642 | 25.70 | 29.67 |
| 10. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 56.29 | 611 | 25.95 | 30.34 |
| 11. | JANKOWSKI Przemysław | 05 | UKS abianka Gdańsk | 56.52 | 604 | 26.44 | 30.08 |
| 12. | DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 56.55 | 603 | 26.74 | 29.81 |
| 13. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 56.56 | 602 | 26.25 | 30.31 |
| 14. | CZAPLA Kacper | 04 | MKP Szczecin | 56.78 | 595 | 25.99 | 30.79 |
| 15. | KNOPP Jarosław | 04 | MUKS "Piłkarska" | 56.92 | 591 | 26.17 | 30.75 |
| 16. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 57.59 | 571 | 26.56 | 31.03 |
| 17. | SETLAK Marcel | 05 | UKS abianka Gdańsk | 57.64 | 569 | 27.00 | 30.64 |
| 18. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łódź | 58.13 | 555 | 26.92 | 31.21 |
| 19. | MINISZEWSKI Sebastian | 04 | MUKS "Piłkarska" | 58.91 | 533 | 27.56 | 31.35 |
| 20. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 59.05 | 529 | 27.56 | 31.49 |
| 21. | WIEK Błażej | 05 | UKS abianka Gdańsk | 59.65 | 513 | 27.81 | 31.84 |
| 22. | KRYSIAK Kacper | 04 | MKS Trójka Łódź | 1:00.19 | 500 | 27.56 | 32.63 |
| 23. | PI TEK Olivier | 04 | MUKS "Piłkarska" | 1:00.46 | 493 | 28.02 | 32.44 |
| 24. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 1:00.77 | 486 | 27.90 | 32.87 |
| 25. | GR DZIK Błażej | 04 | MPKS Orka Ciechanów | 1:00.78 | 485 | 28.10 | 32.68 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8, Chłopców, 100m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|----------------------------|---------|------------------------------|----------------|-----|-------|-------|
| 25. BELZYT Maksymilian | 05 | UKS abianka Gda sk | 1:00.78 | 485 | 28.13 | 32.65 |
| 27. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:00.83 | 484 | 28.79 | 32.04 |
| 28. BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 1:01.16 | 476 | 28.58 | 32.58 |
| 29. VORONTSOV Maksym | 05 | TP Zielona Góra | 1:01.28 | 474 | 28.77 | 32.51 |
| 30. LICKUN Tycjan | 05 | MKP Szczecin | 1:01.65 | 465 | 27.63 | 34.02 |
| 31. UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 1:02.06 | 456 | 27.66 | 34.40 |
| 32. WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:02.56 | 445 | 28.68 | 33.88 |
| 33. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:03.41 | 427 | 29.52 | 33.89 |
| 34. LINARD Bartosz | 04 | IKS Konstancin | 1:03.63 | 423 | 27.76 | 35.87 |
| 35. NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa" | 1:04.43 | 407 | 29.92 | 34.51 |

DYSKW. GRACIK Daniel 04 Sport Club Pardubice

O9 - Pływak niewła ciwie zachowywał si podczas zawodów (np. opó nianie startu, umy lne zakłócanie porz dku i inne).

16 lat

| | | | | | | |
|-------------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. STY Aleksander | 06 | UKP „Polonia Warszawa" | 54.88 | 659 | 25.44 | 29.44 |
| 2. PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 55.70 | 631 | 26.28 | 29.42 |
| 3. POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 55.85 | 626 | 26.75 | 29.10 |
| 4. MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 57.11 | 585 | 26.66 | 30.45 |
| 5. MIKULA Vilem | 06 | Sport Club Pardubice | 58.68 | 539 | 27.53 | 31.15 |
| 6. WO NICKI Dominik | 06 | UKP Unia O wi cim | 59.19 | 526 | 27.90 | 31.29 |
| 7. GRUDZI SKI Karol | 06 | MKS Juvenia Wrocław | 59.29 | 523 | 27.50 | 31.79 |
| 8. PARADOWSKI Michał | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 59.52 | 517 | 28.01 | 31.51 |
| 9. WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 59.72 | 512 | 27.66 | 32.06 |
| 10. CIECHOMSKI Rafał | 06 | MKS „Astoria" Bydgoszcz | 59.87 | 508 | 28.24 | 31.63 |
| 11. URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 59.92 | 507 | 27.72 | 32.20 |
| 12. OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 59.94 | 506 | 27.55 | 32.39 |
| 13. SZAREK Jan | 06 | WKS I sk | 1:00.47 | 493 | 28.05 | 32.42 |
| 14. YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wc | 1:00.55 | 491 | 28.05 | 32.50 |
| 15. ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:04.30 | 410 | 29.82 | 34.48 |
| 16. M DREK Krzysztof | 06 | UKS „Omega" Olkusz | 1:04.51 | 406 | 29.30 | 35.21 |
| 17. MITA Dawid | 06 | MKS Piast Głogów | 1:04.70 | 402 | 28.83 | 35.87 |
| 18. RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 1:05.65 | 385 | 28.95 | 36.70 |
| 19. KRIUKOW Aleksander | 06 | IKS Konstancin | 1:07.08 | 361 | 30.96 | 36.12 |
| 20. KRUPA Borys | 06 | UKP „Polonia Warszawa" | 1:07.14 | 360 | 30.26 | 36.88 |

15 lat

| | | | | | | |
|--------------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. GAJDA Jan | 07 | MKS Trójka Łód | 57.19 | 583 | 26.96 | 30.23 |
| 2. WIERASZKA Bartosz | 07 | TP Zielona Góra | 58.46 | 545 | 27.81 | 30.65 |
| 3. MIGLAK Maksymilian | 07 | KU AZS UAM Pozna | 58.47 | 545 | 26.76 | 31.71 |
| 4. SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 58.95 | 532 | 27.56 | 31.39 |
| 5. WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 59.24 | 524 | 27.70 | 31.54 |
| 6. GORAJ Bartłomiej | 07 | UKS „Omega" Olkusz | 59.69 | 512 | 27.11 | 32.58 |
| 7. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 59.76 | 511 | 28.05 | 31.71 |
| 8. NOVOTNY Adam | 07 | Sport Club Pardubice | 1:00.00 | 504 | 27.90 | 32.10 |
| 9. URBANIAK Olivier | 07 | MKS Trójka Łód | 1:00.25 | 498 | 28.63 | 31.62 |
| 10. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 1:00.55 | 491 | 28.46 | 32.09 |
| 11. ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródemie cie | 1:00.57 | 490 | 27.44 | 33.13 |
| 12. FILIPIAK Mateusz | 07 | MUKS "Pi tnastka" | 1:00.70 | 487 | 28.06 | 32.64 |
| 13. MRUGAŁA Michał | 07 | UKP „Polonia Warszawa" | 1:01.49 | 469 | 29.20 | 32.29 |
| 14. HUBI SKI Olivier | 07 | KS Delfin Gdynia | 1:01.53 | 468 | 28.65 | 32.88 |
| 15. KUŁTON Jakub | 07 | KS Warta Pozna | 1:01.66 | 465 | 28.48 | 33.18 |
| 16. POR BA Krzysztof | 07 | WKS I sk | 1:03.01 | 436 | 29.11 | 33.90 |
| 17. TROSZCZY SKI Szymon | 07 | Uks Cityzen | 1:03.27 | 430 | 29.27 | 34.00 |
| 18. MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 1:03.59 | 424 | 29.26 | 34.33 |
| 19. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 1:03.98 | 416 | 30.07 | 33.91 |
| 20. STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa" | 1:04.05 | 415 | 29.66 | 34.39 |
| 21. SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 1:09.43 | 325 | 31.48 | 37.95 |
| 22. LIBERSKI Mikołaj | 07 | KS Warta Pozna | 1:09.46 | 325 | 31.93 | 37.53 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 8, M czyzn, 100m motylkowy

14 lat

| | | | | | | | |
|-----|----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 58.98 | 531 | 26.83 | 32.15 |
| 2. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 59.99 | 505 | 27.04 | 32.95 |
| 3. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 1:00.63 | 489 | 28.04 | 32.59 |
| 4. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.39 | 471 | 28.50 | 32.89 |
| 5. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 1:01.97 | 458 | 28.90 | 33.07 |
| 6. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 1:02.58 | 445 | 28.79 | 33.79 |
| 7. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:02.95 | 437 | 28.95 | 34.00 |
| 8. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 1:03.10 | 434 | 29.24 | 33.86 |
| 9. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 1:04.68 | 403 | 28.94 | 35.74 |
| 10. | STARO Filip | 08 | UKS abianka Gda sk | 1:05.01 | 397 | 30.73 | 34.28 |
| 11. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:10.10 | 316 | 32.72 | 37.38 |
| 12. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 1:10.80 | 307 | 32.03 | 38.77 |
| 13. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:17.00 | 238 | 36.25 | 40.75 |

DYSKW. MACIEJEWSKI Franciszek 08 UKS Kapry-Armexim Pruszków
O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

Konkurencja 9

Kobiet, 50m grzbietowy

14 lat i starsi

2022.11.12 - 12:24

Wyniki

Rekord Polski 26.03 URBANCZYK Aleksandra POL Lublin 2015.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 25.86 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.12

Punkty: FINA 2022

| Pozycja | | Rok ur. | | Czas | Pkt. |
|-----------------|-----------------------|---------|------------------------------------|---------------|------|
| 14 lat i starsi | | | | | |
| 1. | PEDA Paulina | 98 | AZS AWF Katowice | 26.84 | 834 |
| 2. | PISKORSKA Adela | 03 | KU AZS UMCS Lublin | 26.87 | 831 |
| 3. | TRENTKIEWICZ Dominika | 04 | UKS MOS w Opolu | 28.39 | 705 |
| 4. | NABOJ ENKO Daryna | 02 | Ústecká akademie plaveckých sport | 28.56 | 692 |
| 5. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 28.69 | 683 |
| 6. | JANISZEWSKA Natalia | 06 | WKS I sk | 28.88 | 669 |
| 7. | HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 29.07 | 656 |
| 8. | WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 29.27 | 643 |
| 9. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 29.35 | 638 |
| 10. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 29.36 | 637 |
| 11. | BATÓG Dominika | 05 | UKS abianka Gda sk | 29.43 | 633 |
| 12. | HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 29.55 | 625 |
| 13. | KEMPA Kinga | 05 | AZS AWF Katowice | 29.69 | 616 |
| 14. | WI TEK Joanna | 02 | UKS "Feniks" D bica | 30.00 | 597 |
| 15. | KARLI SKA Paula | 05 | MKP Szczecin | 30.17 | 587 |
| 16. | GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskidzka | 30.20 | 585 |
| 17. | CIEPLAK Aleksandra | 01 | AZS AWF Katowice | 30.30 | 580 |
| 18. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 30.39 | 574 |
| 19. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 30.40 | 574 |
| 20. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 30.53 | 567 |
| 21. | MACURA Kinga | 06 | UKP Unia O wi cim | 30.57 | 564 |
| 22. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wodny | F30.58 | 564 |
| 23. | DZWONNIK Zuzanna | 00 | TP Olimpijczyk Aleksandrów Łódzki | 30.60 | 563 |
| 24. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 30.68 | 558 |
| 25. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wodny | F30.69 | 558 |
| | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 30.69 | 558 |
| 27. | GRO Weronika | 03 | MKS „Astoria" Bydgoszcz | 30.76 | 554 |
| 28. | MICHALSKA Weronika | 06 | Uks Cityzen | 30.84 | 550 |
| 29. | NAPIERALCZYK Martyna | 08 | WKS I sk | 30.86 | 549 |
| 30. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa" | 30.89 | 547 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9, Kobiet, 50m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|----------------------------|---|--------------|------|
| 31. DZIADEK Amelia | 05 KS Warta Pozna | 30.92 | 545 |
| 32. PALLUTH Aleksandra | 07 KP Aquapark W growiec | 30.93 | 545 |
| 33. MIKOŁAJCZAK Malwina | 06 KS Posnania Pozna | 31.08 | 537 |
| RENNER Laura | 08 KU AZS UAM Pozna | 31.08 | 537 |
| 35. JANIŁ Julia | 06 UKS 190 Łód | 31.62 | 510 |
| 36. CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 31.81 | 501 |
| 37. PARADOWSKA Oliwia | 06 UKS abianka Gda sk | 31.86 | 498 |
| 38. RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 31.92 | 496 |
| 39. CHMIELEWSKA Aleksandra | 06 Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 32.06 | 489 |
| 40. MICHALSKA Pola | 07 Mokotowski UKP Warszawianka- Wodny | 32.11 | 487 |
| 41. YAKYMENKO Sofija | 07 MKP Szczecin | 32.14 | 486 |
| 42. PAWLAK Lena | 08 TP Olimpijczyk Aleksandrów Łódzki | 32.19 | 483 |
| 43. CZECHYRA Agata | 03 KS Warta Pozna | 32.38 | 475 |
| 44. BŁASZCZYK Wiktoria | 06 Mokotowski UKP Warszawianka- Wodny | 32.50 | 470 |
| JA KOWSKA Julia | 08 UKS MOS w Opolu | 32.50 | 470 |
| 46. SOLI SKA Patrycja | 06 UKP „Polonia Warszawa" | 32.53 | 468 |
| 47. WORONIECKA Emilia | 05 MUKS "Pi tnastka" | 32.56 | 467 |
| 48. KULCZY SKA Adriana | 06 MUKS "Pi tnastka" | 32.66 | 463 |
| 49. GRACKA Hanna | 07 MKP Szczecin | 32.83 | 456 |
| 50. MATJAKOWSKA Julia | 06 MUKS "Pi tnastka" | 32.97 | 450 |
| 51. DOŁOWY Małgorzata | 07 UKP „Polonia Warszawa" | 33.13 | 443 |
| 52. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Włkp. | 33.26 | 438 |
| 53. ZABRANIAK Karina | 08 MKP Szczecin | 33.32 | 436 |
| 54. ORASZEK Karolina | 07 Mokotowski UKP Warszawianka- Wodny | 33.59 | 425 |
| 55. JO KO Julita | 04 UKS "ORKA" Luba | 33.64 | 423 |
| 56. BAŁDA Aleksandra | 05 MKS Piaseczno | 33.69 | 422 |
| 57. PRZYBYLSKA Maja | 05 UKS „GIM 92 Ursynów" | 33.85 | 416 |
| 58. GRACA Maja | 08 MKP „SŁOWIANKA" Gorzów Włkp. | 33.93 | 413 |
| 59. KOWALSKA Lena | 08 UKS abianka Gda sk | 34.02 | 409 |
| 60. KOZIEJSKA Zuzanna | 08 MKP „SŁOWIANKA" Gorzów Włkp. | 34.04 | 409 |
| 61. SKORYKOW Lena | 08 UKS Ostrobramska | 34.12 | 406 |
| 62. MAZUR Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Włkp. | 34.44 | 395 |
| 63. DEREWECKA Kamila | 08 MKS Znicz Koszalin | 34.63 | 388 |
| 64. POŁE Hanna | 07 MKS Trójka Łód | 34.64 | 388 |
| 65. CHUMACHENKO Daryna | 06 MKP Szczecin | 34.80 | 382 |
| POLI SKA Natalia | 07 MKS Trójka Łód | 34.80 | 382 |
| 67. ZAKRZEWSKA Oliwia | 04 Mokotowski UKP Warszawianka- Wodny | 35.40 | 363 |
| 68. LUTKOWSKA Pola | 07 MUKS "Pi tnastka" | 35.54 | 359 |
| 69. ST PKA Amelia | 08 UKS 190 Łód | 36.32 | 336 |
| 70. ŁAB CKA Jolanta | 07 UKS Ostrobramska | 36.55 | 330 |
| 71. SOCHA Maria | 07 UKS Ostrobramska | 36.68 | 326 |
| 72. WAWRZYNIĄK Julia | 07 Grupa 5Styl | 36.97 | 319 |
| 73. BELZYT Maja | 08 UKS abianka Gda sk | 37.57 | 304 |
| 74. TRELKA Zuzanna | 08 Dwójka Morena Gda sk | 41.59 | 224 |
| NW ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | |

17 - 18 lat

| | | | |
|--------------------------|------------------------|--------------|-----|
| 1. TRENTKIEWICZ Dominika | 04 UKS MOS w Opolu | 28.39 | 705 |
| 2. CIERPIAŁOWSKA Paulina | 05 KS Barrakuda Gda sk | 28.69 | 683 |
| 3. MACIUSZEK Wiktoria | 04 KS SWIM-ART Wrocław | 29.35 | 638 |
| 4. PALICKA Wiktoria | 05 TP Skalar Słupsk | 29.36 | 637 |
| 5. BATÓG Dominika | 05 UKS abianka Gda sk | 29.43 | 633 |
| 6. KEMPA Kinga | 05 AZS AWF Katowice | 29.69 | 616 |
| 7. KARLI SKA Paula | 05 MKP Szczecin | 30.17 | 587 |
| 8. SIENKIEWICZ Martyna | 04 MUKS "Pi tnastka" | 30.40 | 574 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9, Kobiet, 50m grzbietowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|---------------|------|
| 9. | 05 | DZIADEK Amelia KS Warta Pozna | 30.92 | 545 |
| 10. | 05 | CIESIELSKA Inga MUKS "Pi tnastka" | 31.81 | 501 |
| 11. | 05 | RONKIEWICZ Dominika MUKS "Pi tnastka" | 31.92 | 496 |
| 12. | 05 | WORONIECKA Emilia MUKS "Pi tnastka" | 32.56 | 467 |
| 13. | 05 | KLIMIUK Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 33.26 | 438 |
| 14. | 04 | JO KO Julita UKS "ORKA" Luba | 33.64 | 423 |
| 15. | 05 | BAŁDA Aleksandra MKS Piaseczno | 33.69 | 422 |
| 16. | 05 | PRZYBYLSKA Maja UKS „GIM 92 Ursynów" | 33.85 | 416 |
| 17. | 05 | MAZUR Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 34.44 | 395 |
| 18. | 04 | ZAKRZEWSKA Oliwia Mokotowski UKP Warszawianka- Wodny | F35.40 | 363 |

16 lat

| | | | | |
|-----|----|---|---------------|-----|
| 1. | 06 | JANISZEWSKA Natalia WKS I sk | 28.88 | 669 |
| 2. | 06 | WŁODARCZYK Elena AZS AWF Warszawa | 29.27 | 643 |
| 3. | 06 | SZARGIEJ Aleksandra UKS abianka Gda sk | 30.39 | 574 |
| 4. | 06 | MACURA Kinga UKP Unia O wi cim | 30.57 | 564 |
| 5. | 06 | JASI SKA Michalina Mokotowski UKP Warszawianka- Wodny | F30.58 | 564 |
| 6. | 06 | BIEGA SKA Aleksandra UKS Ostrobramska | 30.68 | 558 |
| 7. | 06 | ADAMCZYK Karolina Mokotowski UKP Warszawianka- Wodny | F30.69 | 558 |
| 8. | 06 | MICHALSKA Weronika Uks Cityzen | 30.84 | 550 |
| 9. | 06 | MIKOŁAJCZAK Malwina KS Posnania Pozna | 31.08 | 537 |
| 10. | 06 | JANIK Julia UKS 190 Łód | 31.62 | 510 |
| 11. | 06 | PARADOWSKA Oliwia UKS abianka Gda sk | 31.86 | 498 |
| 12. | 06 | CHMIELEWSKA Aleksandra Mi dzyszkołny UKS „Olimpijczyk" Suwałk | 32.06 | 489 |
| 13. | 06 | BŁASZCZYK Wiktoria Mokotowski UKP Warszawianka- Wodny | F32.50 | 470 |
| 14. | 06 | SOLI SKA Patrycja UKP „Polonia Warszawa" | 32.53 | 468 |
| 15. | 06 | KULCZY SKA Adriana MUKS "Pi tnastka" | 32.66 | 463 |
| 16. | 06 | MATJAKOWSKA Julia MUKS "Pi tnastka" | 32.97 | 450 |
| 17. | 06 | CHUMACHENKO Daryna MKP Szczecin | 34.80 | 382 |
| NW | 06 | ŁYSAKOWSKA Karina MKS Trójka Łód | | |

15 lat

| | | | | |
|-----|----|---|---------------|-----|
| 1. | 07 | SIEDLEWSKA Marcelina UKP „Polonia Warszawa" | 30.53 | 567 |
| 2. | 07 | FILIPOWICZ Barbara UKS „GIM 92 Ursynów" | 30.69 | 558 |
| 3. | 07 | KUCZMAR Zuzanna UKP „Polonia Warszawa" | 30.89 | 547 |
| 4. | 07 | PALLUTH Aleksandra KP Aquapark W growiec | 30.93 | 545 |
| 5. | 07 | MICHALSKA Pola Mokotowski UKP Warszawianka- Wodny | F32.11 | 487 |
| 6. | 07 | YAKYMENKO Sofija MKP Szczecin | 32.14 | 486 |
| 7. | 07 | GRACKA Hanna MKP Szczecin | 32.83 | 456 |
| 8. | 07 | DOŁOWY Małgorzata UKP „Polonia Warszawa" | 33.13 | 443 |
| 9. | 07 | ORASZEK Karolina Mokotowski UKP Warszawianka- Wodny | F33.59 | 425 |
| 10. | 07 | POŁE Hanna MKS Trójka Łód | 34.64 | 388 |
| 11. | 07 | POLI SKA Natalia MKS Trójka Łód | 34.80 | 382 |
| 12. | 07 | LUTKOWSKA Pola MUKS "Pi tnastka" | 35.54 | 359 |
| 13. | 07 | ŁAB CKA Jolanta UKS Ostrobramska | 36.55 | 330 |
| 14. | 07 | SOCHA Maria UKS Ostrobramska | 36.68 | 326 |
| 15. | 07 | WAWRZYNIAK Julia Grupa 5Styl | 36.97 | 319 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 9, Kobiet, 50m grzbietowy

14 lat

| | | | | | |
|-----|----------------------|----|-----------------------------------|--------------|-----|
| 1. | HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 29.55 | 625 |
| 2. | GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskidzka | 30.20 | 585 |
| 3. | NAPIERALCZYK Martyna | 08 | WKS I sk | 30.86 | 549 |
| 4. | RENNER Laura | 08 | KU AZS UAM Pozna | 31.08 | 537 |
| 5. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 32.19 | 483 |
| 6. | JA KOWSKA Julia | 08 | UKS MOS w Opolu | 32.50 | 470 |
| 7. | ZABRANIAK Karina | 08 | MKP Szczecin | 33.32 | 436 |
| 8. | GRACA Maja | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 33.93 | 413 |
| 9. | KOWALSKA Lena | 08 | UKS abianka Gda sk | 34.02 | 409 |
| 10. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 34.04 | 409 |
| 11. | SKORYKOW Lena | 08 | UKS Ostrobramska | 34.12 | 406 |
| 12. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 34.63 | 388 |
| 13. | ST PKA Amelia | 08 | UKS 190 Łód | 36.32 | 336 |
| 14. | BELZYT Maja | 08 | UKS abianka Gda sk | 37.57 | 304 |
| 15. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 41.59 | 224 |

Konkurencja 10

M czyzn, 50m grzbietowy

14 lat i starsi

2022.11.12 - 12:28

Wyniki

| | | | | | |
|--|-------|----------------|-----|---------------|------------|
| Rekord Polski | 22.96 | POLEWKA Tomasz | POL | Netanya (ISR) | 2015.12.06 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 22.89 / Min. do sztafety na M (25m) Melbourne 2022 Open: 23.12 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | | Czas | Pkt. | |
|-----------------|-------------------------|----|------------------------------------|--------------|-----|
| 14 lat i starsi | | | | | |
| 1. | POLEWKA Tomasz | 94 | AZS AWF Katowice | 23.07 | 893 |
| 2. | CEJKA Jan | 01 | Sport Club Pardubice | 24.17 | 776 |
| 3. | LUDWICZAK Piotr | 96 | AZS AWF Katowice | 24.51 | 745 |
| 4. | KRÓL Jan | 02 | KS AZS AGH Kraków | 24.79 | 720 |
| 5. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 24.97 | 704 |
| 6. | SIENKIEWICZ Aleksander | 03 | AZS AWF Katowice | 24.99 | 702 |
| 7. | PRUSZY SKI Michał | 04 | TP Zielona Góra | 25.15 | 689 |
| 8. | KUCZAK Adam | 00 | AZS AWF Katowice | 25.20 | 685 |
| 9. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 25.42 | 667 |
| 10. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 25.63 | 651 |
| 11. | CZESZEWSKI Krystian | 01 | MKP Szczecin | 25.73 | 644 |
| 12. | BRYŁA Kamil | 99 | AZS AWF Katowice | 25.77 | 641 |
| 13. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 25.80 | 638 |
| 14. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 25.93 | 629 |
| 15. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 25.99 | 624 |
| 16. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 26.07 | 619 |
| 17. | MATULA Wojt ch | 03 | Ústecká akademie plaveckých sport | 26.10 | 617 |
| 18. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 26.14 | 614 |
| 19. | CZAPLA Kacper | 04 | MKP Szczecin | 26.19 | 610 |
| 20. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 26.24 | 607 |
| 21. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 26.64 | 580 |
| | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 26.64 | 580 |
| 23. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 26.66 | 578 |
| 24. | SZPALER Jakub | 05 | TP Zielona Góra | 26.68 | 577 |
| 25. | URBANIAK Olivier | 07 | MKS Trójka Łód | 26.77 | 571 |
| 26. | ZGODA Szymon | 08 | UKP „Polonia Warszawa" | 26.96 | 559 |
| 27. | KRUPA Jakub | 07 | UKP Unia O wi cim | 27.04 | 554 |
| 28. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny | 27.08 | 552 |
| 29. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 27.15 | 548 |
| 30. | KONKEL Filip | 06 | TP Skalar Słupsk | 27.18 | 546 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, M czynn, 50m grzbietowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|--------------------------------|--------------|------|
| 31. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.19 | 545 |
| 32. | WO NIAK Maciej | 00 | UKS 190 Łód | 27.26 | 541 |
| 33. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 27.34 | 536 |
| 34. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnałka" | 27.44 | 530 |
| 35. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 27.54 | 525 |
| 36. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | 27.55 | 524 |
| 37. | TKACZ Wiktor | 05 | MKS Piaseczno | 27.58 | 522 |
| | LUCOW Jan | 06 | UKP „Polonia Warszawa" | 27.58 | 522 |
| | SROKA Bła ej | 05 | UKS abianka Gda sk | 27.58 | 522 |
| 40. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 27.63 | 520 |
| 41. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 27.77 | 512 |
| 42. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa" | 27.86 | 507 |
| 43. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 27.88 | 506 |
| 44. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.94 | 502 |
| 45. | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 28.02 | 498 |
| | PACEWICZ Wiktor | 06 | UKS 190 Łód | 28.02 | 498 |
| 47. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 28.06 | 496 |
| 48. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 28.07 | 496 |
| 49. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 28.20 | 489 |
| 50. | BILSKI Bartosz | 02 | KS SWIM-ART Wrocław | 28.27 | 485 |
| | HETMAN Mikołaj | 07 | MUKS "Pi tnałka" | 28.27 | 485 |
| 52. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 28.32 | 483 |
| 53. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 28.34 | 481 |
| 54. | ZAPERT Korneliusz | 00 | KS AZS AWF Wrocław | 28.53 | 472 |
| 55. | ŁANGOWSKI Maciej | 02 | KS Warta Pozna | 28.59 | 469 |
| 56. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 28.62 | 467 |
| 57. | MICHNIEWICZ Marcel | 06 | WKS I sk | 28.64 | 466 |
| 58. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 28.65 | 466 |
| 59. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 28.97 | 451 |
| 60. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.03 | 448 |
| 61. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 29.04 | 447 |
| 62. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 29.11 | 444 |
| 63. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 29.20 | 440 |
| 64. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 29.27 | 437 |
| 65. | CUR Kacper | 07 | UKS „GIM 92 Ursynów" | 29.36 | 433 |
| 66. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 29.48 | 428 |
| 67. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 29.53 | 426 |
| 68. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa" | 29.67 | 420 |
| 69. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów" | 29.70 | 418 |
| 70. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa" | 29.72 | 417 |
| 71. | TREDER Konrad | 08 | UKS abianka Gda sk | 30.18 | 399 |
| 72. | WAWRZY尼亚K Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.43 | 389 |
| 73. | KONIECZNY Witold | 08 | UKS abianka Gda sk | 30.45 | 388 |
| 74. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 30.65 | 381 |
| 75. | SAWI SKI Michał | 07 | ORKA Szamotuły | 30.94 | 370 |
| 76. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.11 | 364 |
| 77. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi cie | 31.51 | 350 |
| 78. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa" | 31.52 | 350 |
| 79. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa" | 31.78 | 341 |
| 80. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa" | 31.82 | 340 |
| 81. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 31.94 | 336 |
| 82. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 32.13 | 330 |
| 83. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 33.00 | 305 |
| NW | OSTROWSKI Karol | 99 | MKP Szczecin | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, M czynn, 50m grzbietowy

17 - 18 lat

| | | | | | |
|-----|-------------------------|----|------------------------------|--------------|-----|
| 1. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 24.97 | 704 |
| 2. | PRUSZY SKI Michał | 04 | TP Zielona Góra | 25.15 | 689 |
| 3. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 25.63 | 651 |
| 4. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 25.93 | 629 |
| 5. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 25.99 | 624 |
| 6. | CZAPLA Kacper | 04 | MKP Szczecin | 26.19 | 610 |
| 7. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 26.24 | 607 |
| 8. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 26.64 | 580 |
| | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 26.64 | 580 |
| 10. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 26.66 | 578 |
| 11. | SZPALER Jakub | 05 | TP Zielona Góra | 26.68 | 577 |
| 12. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.19 | 545 |
| 13. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 27.34 | 536 |
| 14. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 27.44 | 530 |
| 15. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 27.54 | 525 |
| 16. | TKACZ Wiktor | 05 | MKS Piaseczno | 27.58 | 522 |
| | SROKA Bła ej | 05 | UKS abianka Gda sk | 27.58 | 522 |
| 18. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 27.63 | 520 |
| 19. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa” | 27.86 | 507 |
| 20. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 28.32 | 483 |
| 21. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 28.34 | 481 |
| 22. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 28.65 | 466 |
| 23. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 29.04 | 447 |
| 24. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 29.11 | 444 |
| 25. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 31.78 | 341 |
| 26. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 31.94 | 336 |

16 lat

| | | | | | |
|-----|------------------------|----|--------------------------------------|--------------|-----|
| 1. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 25.42 | 667 |
| 2. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 25.80 | 638 |
| 3. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 26.14 | 614 |
| 4. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny F | 27.08 | 552 |
| 5. | KONKEL Filip | 06 | TP Skalar Słupsk | 27.18 | 546 |
| 6. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 27.58 | 522 |
| 7. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 27.77 | 512 |
| 8. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródemie cie | 27.88 | 506 |
| 9. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 28.02 | 498 |
| 10. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 28.07 | 496 |
| 11. | MICHNIEWICZ Marcel | 06 | WKS I sk | 28.64 | 466 |
| 12. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 28.97 | 451 |
| 13. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 29.27 | 437 |
| 14. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 29.72 | 417 |
| 15. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.43 | 389 |

15 lat

| | | | | | |
|----|-------------------|----|------------------------------|--------------|-----|
| 1. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 26.07 | 619 |
| 2. | URBANIAK Olivier | 07 | MKS Trójka Łód | 26.77 | 571 |
| 3. | KRUPA Jakub | 07 | UKP Unia O wi cim | 27.04 | 554 |
| 4. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródemie cie | 27.55 | 524 |
| 5. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.94 | 502 |
| 6. | HETMAN Mikołaj | 07 | MUKS "Pi tnastka" | 28.27 | 485 |
| 7. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.03 | 448 |
| 8. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 29.20 | 440 |
| 9. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 29.36 | 433 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 10, Chłopców, 50m grzbietowy, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|---------------------------|--------------|------|
| 10. HUBI SKI Olivier | 07 KS Delfin Gdynia | 29.48 | 428 |
| 11. STAWIARSKI Oskar | 07 UKP „Polonia Warszawa” | 29.67 | 420 |
| 12. KRUK Franciszek | 07 UKS „GIM 92 Ursynów” | 29.70 | 418 |
| 13. RODZIEWICZ Bartosz | 07 MKP Szczecin | 30.65 | 381 |
| 14. SAWI SKI Michał | 07 ORKA Szamotuły | 30.94 | 370 |
| 15. MIELCZAREK Maciej | 07 UKP „Polonia Warszawa” | 31.82 | 340 |

14 lat

| | | | |
|--------------------------|---------------------------------|--------------|-----|
| 1. ZGODA Szymon | 08 UKP „Polonia Warszawa” | 26.96 | 559 |
| 2. DOBRYJANOWICZ Michał | 08 UKS G-8 Bielany Warszawa | 27.15 | 548 |
| 3. BIE KOWSKI Mateusz | 08 UKS abianka Gda sk | 28.20 | 489 |
| 4. ŁUSZCZY SKI Krzysztof | 08 UKS abianka Gda sk | 28.62 | 467 |
| 5. KOWALCZYK Sebastian | 08 UKS G-8 Bielany Warszawa | 29.53 | 426 |
| 6. TREDER Konrad | 08 UKS abianka Gda sk | 30.18 | 399 |
| 7. KONIECZNY Witold | 08 UKS abianka Gda sk | 30.45 | 388 |
| 8. FEDERKIEWICZ Hubert | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 31.11 | 364 |
| 9. JARECKI Bartosz | 08 UKS 48 Warszawa ródemie cie | 31.51 | 350 |
| 10. OL DZKI Daniel | 08 UKP „Polonia Warszawa” | 31.52 | 350 |
| 11. OLSZEWSKI Jakub | 08 MKP Szczecin | 32.13 | 330 |
| 12. SKULSKI Ryszard | 08 UKS Olympic Warka | 33.00 | 305 |

Konkurencja 11

2022.11.12 - 12:34

M czyzn, 800m dowolny

14 lat i starsi

Wyniki

Rekord Polski 7:33.60 WOJDAK Wojciech POL Lublin 2015.12.19

Min. indywidualne na M (25m) Melbourne 2022 Open: 7:38.25

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|-----------------------------|-----------------------|-----------------------|
| 14 lat i starsi | | | |
| 1. ZABOROWSKI Filip | 94 MKP Szczecin | 7:57.77 | 799 |
| 100m: 58.92 58.92 | 300m: 3:00.40 1:00.67 | 500m: 5:01.28 1:00.24 | 700m: 7:00.11 59.15 |
| 200m: 1:59.73 1:00.81 | 400m: 4:01.04 1:00.64 | 600m: 6:00.96 59.68 | 800m: 7:57.77 57.66 |
| 2. FILIPIAK Mikołaj | 06 KS Barrakuda Gda sk | 8:02.77 | 774 |
| 100m: 58.40 58.40 | 300m: 3:01.00 1:01.33 | 500m: 5:03.33 1:01.05 | 700m: 7:05.35 1:00.60 |
| 200m: 1:59.67 1:01.27 | 400m: 4:02.28 1:01.28 | 600m: 6:04.75 1:01.42 | 800m: 8:02.77 57.42 |
| 3. KAPAŁA Szymon | 03 AZS AWF Warszawa | 8:03.25 | 772 |
| 100m: 58.83 58.83 | 300m: 3:00.82 1:00.92 | 500m: 5:02.14 1:00.65 | 700m: 7:04.23 1:01.30 |
| 200m: 1:59.90 1:01.07 | 400m: 4:01.49 1:00.67 | 600m: 6:02.93 1:00.79 | 800m: 8:03.25 59.02 |
| 4. LARY Jerzy | 06 IUKS „Muszelka” Warszawa | 8:11.33 | 735 |
| 100m: 58.21 58.21 | 300m: 3:01.01 1:01.58 | 500m: 5:05.44 1:02.49 | 700m: 7:09.40 1:02.17 |
| 200m: 1:59.43 1:01.22 | 400m: 4:02.95 1:01.94 | 600m: 6:07.23 1:01.79 | 800m: 8:11.33 1:01.93 |
| 5. RADKIEWICZ Kajetan | 05 KS KSZO Ostrowiec w. | 8:12.72 | 728 |
| 100m: 58.62 58.62 | 300m: 3:01.90 1:01.86 | 500m: 5:06.71 1:02.84 | 700m: 7:12.57 1:02.69 |
| 200m: 2:00.04 1:01.42 | 400m: 4:03.87 1:01.97 | 600m: 6:09.88 1:03.17 | 800m: 8:12.72 1:00.15 |
| 6. PI TKA Hubert | 04 MKP Szczecin | 8:13.72 | 724 |
| 100m: 59.18 59.18 | 300m: 3:03.11 1:01.90 | 500m: 5:07.99 1:02.26 | 700m: 7:12.98 1:02.39 |
| 200m: 2:01.21 1:02.03 | 400m: 4:05.73 1:02.62 | 600m: 6:10.59 1:02.60 | 800m: 8:13.72 1:00.74 |
| 7. ZDYBEL Adam | 05 KS Delfin Gdynia | 8:15.21 | 717 |
| 100m: 59.47 59.47 | 300m: 3:04.12 1:02.45 | 500m: 5:10.27 1:03.06 | 700m: 7:15.35 1:02.47 |
| 200m: 2:01.67 1:02.20 | 400m: 4:07.21 1:03.09 | 600m: 6:12.88 1:02.61 | 800m: 8:15.21 59.86 |
| 8. GRZEGORCZYK Wiktor | 02 AZS AWF Warszawa | 8:18.16 | 705 |
| 100m: 1:00.14 1:00.14 | 300m: 3:04.67 1:02.36 | 500m: 5:09.04 1:02.51 | 700m: 7:16.28 1:04.04 |
| 200m: 2:02.31 1:02.17 | 400m: 4:06.53 1:01.86 | 600m: 6:12.24 1:03.20 | 800m: 8:18.16 1:01.88 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czyzn, 800m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. |
|---------|---|---------|---------------|---------|---------------|---------|---------------|---------|----------------|------|
| 9. | GNACZY SKI Michał 07 MKP Szczecin | | | | | | | | 8:20.24 | 696 |
| | 100m: 1:00.19 | 1:00.19 | 300m: 3:06.15 | 1:03.11 | 500m: 5:11.77 | 1:02.51 | 700m: 7:18.24 | 1:03.34 | | |
| | 200m: 2:03.04 | 1:02.85 | 400m: 4:09.26 | 1:03.11 | 600m: 6:14.90 | 1:03.13 | 800m: 8:20.24 | 1:02.00 | | |
| 10. | MIENICKI Rafał 06 UKS 48 Warszawa ródmi cie | | | | | | | | 8:23.36 | 683 |
| | 100m: 59.08 | 59.08 | 300m: 3:06.14 | 1:03.54 | 500m: 5:14.11 | 1:03.94 | 700m: 7:22.18 | 1:04.14 | | |
| | 200m: 2:02.60 | 1:03.52 | 400m: 4:10.17 | 1:04.03 | 600m: 6:18.04 | 1:03.93 | 800m: 8:23.36 | 1:01.18 | | |
| 11. | WALTER Jakub 04 UKP Unia O wi cim | | | | | | | | 8:24.77 | 677 |
| | 100m: 59.60 | 59.60 | 300m: 3:06.33 | 1:03.78 | 500m: 5:15.51 | 1:04.82 | 700m: 7:24.22 | 1:03.51 | | |
| | 200m: 2:02.55 | 1:02.95 | 400m: 4:10.69 | 1:04.36 | 600m: 6:20.71 | 1:05.20 | 800m: 8:24.77 | 1:00.55 | | |
| 12. | KOWALSKI Mateusz 05 KS Delfin Gdynia | | | | | | | | 8:25.95 | 673 |
| | 100m: 59.58 | 59.58 | 300m: 3:07.72 | 1:04.07 | 500m: 5:16.34 | 1:04.34 | 700m: 7:23.80 | 1:03.44 | | |
| | 200m: 2:03.65 | 1:04.07 | 400m: 4:12.00 | 1:04.28 | 600m: 6:20.36 | 1:04.02 | 800m: 8:25.95 | 1:02.15 | | |
| 13. | GOŁACKI Sergiusz 04 UKS 190 Łód | | | | | | | | 8:27.06 | 668 |
| | 100m: 1:00.26 | 1:00.26 | 300m: 3:06.68 | 1:03.44 | 500m: 5:13.89 | 1:03.70 | 700m: 7:22.65 | 1:04.37 | | |
| | 200m: 2:03.24 | 1:02.98 | 400m: 4:10.19 | 1:03.51 | 600m: 6:18.28 | 1:04.39 | 800m: 8:27.06 | 1:04.41 | | |
| 14. | PI TKA Miłosz 07 MKP Szczecin | | | | | | | | 8:27.39 | 667 |
| | 100m: 1:00.52 | 1:00.52 | 300m: 3:07.65 | 1:03.85 | 500m: 5:16.85 | 1:04.35 | 700m: 7:24.70 | 1:03.86 | | |
| | 200m: 2:03.80 | 1:03.28 | 400m: 4:12.50 | 1:04.85 | 600m: 6:20.84 | 1:03.99 | 800m: 8:27.39 | 1:02.69 | | |
| 15. | DRABCZYK Krystian 04 UKP Unia O wi cim | | | | | | | | 8:29.77 | 658 |
| | 100m: 1:00.14 | 1:00.14 | 300m: 3:07.43 | 1:04.02 | 500m: 5:16.90 | 1:04.78 | 700m: 7:26.85 | 1:04.89 | | |
| | 200m: 2:03.41 | 1:03.27 | 400m: 4:12.12 | 1:04.69 | 600m: 6:21.96 | 1:05.06 | 800m: 8:29.77 | 1:02.92 | | |
| 16. | MUSZY SKI Jakub 01 MKS „Astoria” Bydgoszcz | | | | | | | | 8:33.53 | 643 |
| | 100m: 1:00.41 | 1:00.41 | 300m: 3:08.28 | 1:04.31 | 500m: 5:17.93 | 1:04.84 | 700m: 7:29.27 | 1:05.45 | | |
| | 200m: 2:03.97 | 1:03.56 | 400m: 4:13.09 | 1:04.81 | 600m: 6:23.82 | 1:05.89 | 800m: 8:33.53 | 1:04.26 | | |
| 17. | PIÓRKOWSKI Adrian 08 MKP Szczecin | | | | | | | | 8:39.42 | 622 |
| | 100m: 1:02.19 | 1:02.19 | 300m: 3:13.06 | 1:05.68 | 500m: 5:24.21 | 1:05.77 | 700m: 7:34.94 | 1:05.27 | | |
| | 200m: 2:07.38 | 1:05.19 | 400m: 4:18.44 | 1:05.38 | 600m: 6:29.67 | 1:05.46 | 800m: 8:39.42 | 1:04.48 | | |
| 18. | LITOBORSKI Mikołaj 08 KS Warta Pozna | | | | | | | | 8:40.00 | 620 |
| | 100m: 1:01.85 | 1:01.85 | 300m: 3:13.60 | 1:05.95 | 500m: 5:24.23 | 1:05.28 | 700m: 7:36.04 | 1:06.50 | | |
| | 200m: 2:07.65 | 1:05.80 | 400m: 4:18.95 | 1:05.35 | 600m: 6:29.54 | 1:05.31 | 800m: 8:40.00 | 1:03.96 | | |
| 19. | WIECZORKOWSKI Nikodem 04 MKP Szczecin | | | | | | | | 8:42.90 | 609 |
| | 100m: 1:01.50 | 1:01.50 | 300m: 3:12.25 | 1:05.57 | 500m: 5:24.13 | 1:06.12 | 700m: 7:37.63 | 1:06.88 | | |
| | 200m: 2:06.68 | 1:05.18 | 400m: 4:18.01 | 1:05.76 | 600m: 6:30.75 | 1:06.62 | 800m: 8:42.90 | 1:05.27 | | |
| 20. | KUREK Bartosz 06 UKS 190 Łód | | | | | | | | 8:44.19 | 605 |
| | 100m: 1:02.27 | 1:02.27 | 300m: 3:12.91 | 1:05.69 | 500m: 5:24.65 | 1:05.66 | 700m: 7:38.00 | 1:06.88 | | |
| | 200m: 2:07.22 | 1:04.95 | 400m: 4:18.99 | 1:06.08 | 600m: 6:31.12 | 1:06.47 | 800m: 8:44.19 | 1:06.19 | | |
| 21. | WENTLAND Miłosz 07 MKS Trójka Łód | | | | | | | | 8:46.18 | 598 |
| | 100m: 1:01.00 | 1:01.00 | 300m: 3:13.77 | 1:06.92 | 500m: 5:27.71 | 1:06.59 | 700m: 7:41.89 | 1:07.23 | | |
| | 200m: 2:06.85 | 1:05.85 | 400m: 4:21.12 | 1:07.35 | 600m: 6:34.66 | 1:06.95 | 800m: 8:46.18 | 1:04.29 | | |
| 22. | KOWALI SKI Adrian 06 WKS I sk | | | | | | | | 8:47.26 | 594 |
| | 100m: 1:01.76 | 1:01.76 | 300m: 3:11.65 | 1:05.29 | 500m: 5:24.70 | 1:06.79 | 700m: 7:40.11 | 1:08.15 | | |
| | 200m: 2:06.36 | 1:04.60 | 400m: 4:17.91 | 1:06.26 | 600m: 6:31.96 | 1:07.26 | 800m: 8:47.26 | 1:07.15 | | |
| 23. | SZWEDZKI Jakub 00 MKS Trójka Łód | | | | | | | | 8:48.72 | 589 |
| | 100m: 1:02.21 | 1:02.21 | 300m: 3:15.86 | 1:07.15 | 500m: 5:30.55 | 1:07.59 | 700m: 7:45.73 | 1:07.42 | | |
| | 200m: 2:08.71 | 1:06.50 | 400m: 4:22.96 | 1:07.10 | 600m: 6:38.31 | 1:07.76 | 800m: 8:48.72 | 1:02.99 | | |
| 24. | SELDER Krystian 07 MKS Trójka Łód | | | | | | | | 8:49.04 | 588 |
| | 100m: 1:02.48 | 1:02.48 | 300m: 3:16.65 | 1:08.05 | 500m: 5:31.54 | 1:07.02 | 700m: 7:45.57 | 1:07.31 | | |
| | 200m: 2:08.60 | 1:06.12 | 400m: 4:24.52 | 1:07.87 | 600m: 6:38.26 | 1:06.72 | 800m: 8:49.04 | 1:03.47 | | |
| 25. | MAZUR Adam 07 Grupa 5Styl | | | | | | | | 8:49.38 | 587 |
| | 100m: 1:02.98 | 1:02.98 | 300m: 3:17.03 | 1:07.26 | 500m: 5:31.40 | 1:06.93 | 700m: 7:45.26 | 1:07.15 | | |
| | 200m: 2:09.77 | 1:06.79 | 400m: 4:24.47 | 1:07.44 | 600m: 6:38.11 | 1:06.71 | 800m: 8:49.38 | 1:04.12 | | |
| 26. | BIE KOWSKI Mateusz 08 UKS abianka Gda sk | | | | | | | | 8:49.79 | 586 |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:17.32 | 1:07.60 | 500m: 5:30.46 | 1:05.90 | 700m: 7:45.84 | 1:08.04 | | |
| | 200m: 2:09.72 | 1:07.17 | 400m: 4:24.56 | 1:07.24 | 600m: 6:37.80 | 1:07.34 | 800m: 8:49.79 | 1:03.95 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czyzn, 800m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|---------|-----------------------|---------|---------------|---|---------------|----------------|---------------|---------|
| 27. | ACZEK Hubert | | 08 | KS „Wisła” Puławy | | 8:51.80 | 579 | |
| | 100m: 1:01.32 | 1:01.32 | 300m: 3:15.99 | 1:07.48 | 500m: 5:30.76 | 1:07.53 | 700m: 7:46.09 | 1:07.39 |
| | 200m: 2:08.51 | 1:07.19 | 400m: 4:23.23 | 1:07.24 | 600m: 6:38.70 | 1:07.94 | 800m: 8:51.80 | 1:05.71 |
| 28. | KOWOLIK Alex | | 04 | UKP Unia O wi cim | | 8:53.27 | 574 | |
| | 100m: 1:00.66 | 1:00.66 | 300m: 3:15.11 | 1:07.57 | 500m: 5:31.57 | 1:08.18 | 700m: 7:47.16 | 1:07.74 |
| | 200m: 2:07.54 | 1:06.88 | 400m: 4:23.39 | 1:08.28 | 600m: 6:39.42 | 1:07.85 | 800m: 8:53.27 | 1:06.11 |
| 29. | ŁUBI SKI Szymon | | 08 | UKS „GIM 92 Ursynów” | | 8:53.75 | 573 | |
| | 100m: 1:02.08 | 1:02.08 | 300m: 3:15.77 | 1:07.21 | 500m: 5:31.71 | 1:07.75 | 700m: 7:47.56 | 1:07.91 |
| | 200m: 2:08.56 | 1:06.48 | 400m: 4:23.96 | 1:08.19 | 600m: 6:39.65 | 1:07.94 | 800m: 8:53.75 | 1:06.19 |
| 30. | NOWAK Aleksander | | 06 | MKP Szczecin | | 8:53.79 | 573 | |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:15.15 | 1:06.81 | 500m: 5:30.73 | 1:08.28 | 700m: 7:47.77 | 1:08.78 |
| | 200m: 2:08.34 | 1:05.79 | 400m: 4:22.45 | 1:07.30 | 600m: 6:38.99 | 1:08.26 | 800m: 8:53.79 | 1:06.02 |
| 31. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | 8:56.35 | 565 | |
| | 100m: 1:04.12 | 1:04.12 | 300m: 3:17.96 | 1:07.06 | 500m: 5:33.85 | 1:08.16 | 700m: 7:49.97 | 1:07.93 |
| | 200m: 2:10.90 | 1:06.78 | 400m: 4:25.69 | 1:07.73 | 600m: 6:42.04 | 1:08.19 | 800m: 8:56.35 | 1:06.38 |
| 32. | GWIAZDOWSKI Krzysztof | | 08 | MKS Piaseczno | | 8:56.58 | 564 | |
| | 100m: 1:01.96 | 1:01.96 | 300m: 3:17.54 | 1:08.58 | 500m: 5:34.60 | 1:08.43 | 700m: 7:50.62 | 1:07.57 |
| | 200m: 2:08.96 | 1:07.00 | 400m: 4:26.17 | 1:08.63 | 600m: 6:43.05 | 1:08.45 | 800m: 8:56.58 | 1:05.96 |
| 33. | KUSEK Mateusz | | 07 | Mi dzyszkołny UKS „Olimpijczyk” Suwałki | | 8:58.45 | 558 | |
| | 100m: 1:02.43 | 1:02.43 | 300m: 3:17.74 | 1:08.11 | 500m: 5:35.42 | 1:09.10 | 700m: 7:52.63 | 1:08.56 |
| | 200m: 2:09.63 | 1:07.20 | 400m: 4:26.32 | 1:08.58 | 600m: 6:44.07 | 1:08.65 | 800m: 8:58.45 | 1:05.82 |
| 34. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łód | | 8:59.26 | 555 | |
| | 100m: 1:04.46 | 1:04.46 | 300m: 3:20.46 | 1:07.85 | 500m: 5:36.85 | 1:08.33 | 700m: 7:53.58 | 1:08.85 |
| | 200m: 2:12.61 | 1:08.15 | 400m: 4:28.52 | 1:08.06 | 600m: 6:44.73 | 1:07.88 | 800m: 8:59.26 | 1:05.68 |
| 35. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | 8:59.69 | 554 | |
| | 100m: 1:04.95 | 1:04.95 | 300m: 3:22.32 | 1:08.53 | 500m: 5:39.28 | 1:08.50 | 700m: 7:54.93 | 1:07.96 |
| | 200m: 2:13.79 | 1:08.84 | 400m: 4:30.78 | 1:08.46 | 600m: 6:46.97 | 1:07.69 | 800m: 8:59.69 | 1:04.76 |
| 36. | PUPKA Filip | | 04 | Uks Cityzen | | 9:00.11 | 553 | |
| | 100m: 1:03.80 | 1:03.80 | 300m: 3:17.87 | 1:07.01 | 500m: 5:34.49 | 1:08.49 | 700m: 7:52.45 | 1:09.14 |
| | 200m: 2:10.86 | 1:07.06 | 400m: 4:26.00 | 1:08.13 | 600m: 6:43.31 | 1:08.82 | 800m: 9:00.11 | 1:07.66 |
| 37. | HLUSHCHENKO Zakhar | | 06 | UKS 190 Łód | | 9:00.81 | 551 | |
| | 100m: 1:01.36 | 1:01.36 | 300m: 3:12.93 | 1:06.75 | 500m: 5:32.09 | 1:09.78 | 700m: 7:56.00 | 1:11.90 |
| | 200m: 2:06.18 | 1:04.82 | 400m: 4:22.31 | 1:09.38 | 600m: 6:44.10 | 1:12.01 | 800m: 9:00.81 | 1:04.81 |
| 38. | GORZE Norbert | | 06 | Uks Cityzen | | 9:03.13 | 544 | |
| | 100m: 1:04.11 | 1:04.11 | 300m: 3:20.01 | 1:08.19 | 500m: 5:37.89 | 1:09.01 | 700m: 7:56.51 | 1:09.04 |
| | 200m: 2:11.82 | 1:07.71 | 400m: 4:28.88 | 1:08.87 | 600m: 6:47.47 | 1:09.58 | 800m: 9:03.13 | 1:06.62 |
| 39. | CIBA Mateusz | | 08 | MKP Szczecin | | 9:09.00 | 526 | |
| | 100m: 1:05.33 | 1:05.33 | 300m: 3:23.00 | 1:08.80 | 500m: 5:41.74 | 1:09.52 | 700m: 8:00.80 | 1:09.89 |
| | 200m: 2:14.20 | 1:08.87 | 400m: 4:32.22 | 1:09.22 | 600m: 6:50.91 | 1:09.17 | 800m: 9:09.00 | 1:08.20 |
| 40. | BIELIENKOV Nikita | | 08 | KS Warta Pozna | | 9:10.58 | 522 | |
| | 100m: 1:04.68 | 1:04.68 | 300m: 3:23.38 | 1:09.94 | 500m: | | 700m: | |
| | 200m: 2:13.44 | 1:08.76 | 400m: | | 600m: | | 800m: 9:10.58 | |
| 41. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | 9:13.82 | 513 | |
| | 100m: 1:02.75 | 1:02.75 | 300m: 3:19.82 | 1:09.33 | 500m: 5:40.88 | 1:10.54 | 700m: 8:03.74 | 1:11.81 |
| | 200m: 2:10.49 | 1:07.74 | 400m: 4:30.34 | 1:10.52 | 600m: 6:51.93 | 1:11.05 | 800m: 9:13.82 | 1:10.08 |
| 42. | WASILEWSKI Mateusz | | 08 | KU AZS UMCS Lublin | | 9:15.75 | 507 | |
| | 100m: 1:03.11 | 1:03.11 | 300m: 3:20.00 | 1:09.31 | 500m: 5:40.08 | 1:10.25 | 700m: 8:04.51 | 1:12.57 |
| | 200m: 2:10.69 | 1:07.58 | 400m: 4:29.83 | 1:09.83 | 600m: 6:51.94 | 1:11.86 | 800m: 9:15.75 | 1:11.24 |
| 43. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | 9:18.44 | 500 | |
| | 100m: 1:04.32 | 1:04.32 | 300m: 3:25.53 | 1:11.03 | 500m: 5:47.72 | 1:11.27 | 700m: 8:10.08 | 1:11.30 |
| | 200m: 2:14.50 | 1:10.18 | 400m: 4:36.45 | 1:10.92 | 600m: 6:58.78 | 1:11.06 | 800m: 9:18.44 | 1:08.36 |
| 44. | JA CZAK Michał | | 08 | Dwójka Morena Gda sk | | 9:23.56 | 487 | |
| | 100m: 1:05.65 | 1:05.65 | 300m: 3:27.72 | 1:11.34 | 500m: 5:50.69 | 1:11.18 | 700m: 8:13.67 | 1:11.22 |
| | 200m: 2:16.38 | 1:10.73 | 400m: 4:39.51 | 1:11.79 | 600m: 7:02.45 | 1:11.76 | 800m: 9:23.56 | 1:09.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czyzn, 800m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|-----------------------|---------------------------------|-----------------------|------------------------|
| 45. WAWRZYNIAK Filip | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 9:52.52 | 419 |
| 100m: 1:07.33 1:07.33 | 300m: 3:35.48 1:14.72 | 500m: 6:07.37 1:16.19 | 700m: 8:40.15 1:15.88 |
| 200m: 2:20.76 1:13.43 | 400m: 4:51.18 1:15.70 | 600m: 7:24.27 1:16.90 | 800m: 9:52.52 1:12.37 |
| 46. WACHOWSKI Bła ej | 80 KS Warta Pozna | 10:20.87 | 364 |
| 100m: 1:13.93 1:13.93 | 300m: 3:51.45 1:18.89 | 500m: 6:27.97 1:17.81 | 700m: 9:05.03 1:17.98 |
| 200m: 2:32.56 1:18.63 | 400m: 5:10.16 1:18.71 | 600m: 7:47.05 1:19.08 | 800m: 10:20.87 1:15.84 |
| 47. ŁATKA Aleksander | 08 KP Aquapark W growiec | 10:46.17 | 323 |
| 100m: 1:12.68 1:12.68 | 300m: 3:55.66 1:22.18 | 500m: 6:40.76 1:22.16 | 700m: 9:27.07 1:23.81 |
| 200m: 2:33.48 1:20.80 | 400m: 5:18.60 1:22.94 | 600m: 8:03.26 1:22.50 | 800m: 10:46.17 1:19.10 |

17 - 18 lat

| | | | |
|--------------------------|-------------------------|-----------------------|-----------------------|
| 1. RADKIEWICZ Kajetan | 05 KS KSZO Ostrowiec w. | 8:12.72 | 728 |
| 100m: 58.62 58.62 | 300m: 3:01.90 1:01.86 | 500m: 5:06.71 1:02.84 | 700m: 7:12.57 1:02.69 |
| 200m: 2:00.04 1:01.42 | 400m: 4:03.87 1:01.97 | 600m: 6:09.88 1:03.17 | 800m: 8:12.72 1:00.15 |
| 2. PI TKA Hubert | 04 MKP Szczecin | 8:13.72 | 724 |
| 100m: 59.18 59.18 | 300m: 3:03.11 1:01.90 | 500m: 5:07.99 1:02.26 | 700m: 7:12.98 1:02.39 |
| 200m: 2:01.21 1:02.03 | 400m: 4:05.73 1:02.62 | 600m: 6:10.59 1:02.60 | 800m: 8:13.72 1:00.74 |
| 3. ZDYBEL Adam | 05 KS Delfin Gdynia | 8:15.21 | 717 |
| 100m: 59.47 59.47 | 300m: 3:04.12 1:02.45 | 500m: 5:10.27 1:03.06 | 700m: 7:15.35 1:02.47 |
| 200m: 2:01.67 1:02.20 | 400m: 4:07.21 1:03.09 | 600m: 6:12.88 1:02.61 | 800m: 8:15.21 59.86 |
| 4. WALTER Jakub | 04 UKP Unia O wi cim | 8:24.77 | 677 |
| 100m: 59.60 59.60 | 300m: 3:06.33 1:03.78 | 500m: 5:15.51 1:04.82 | 700m: 7:24.22 1:03.51 |
| 200m: 2:02.55 1:02.95 | 400m: 4:10.69 1:04.36 | 600m: 6:20.71 1:05.20 | 800m: 8:24.77 1:00.55 |
| 5. KOWALSKI Mateusz | 05 KS Delfin Gdynia | 8:25.95 | 673 |
| 100m: 59.58 59.58 | 300m: 3:07.72 1:04.07 | 500m: 5:16.34 1:04.34 | 700m: 7:23.80 1:03.44 |
| 200m: 2:03.65 1:04.07 | 400m: 4:12.00 1:04.28 | 600m: 6:20.36 1:04.02 | 800m: 8:25.95 1:02.15 |
| 6. GOŁACKI Sergiusz | 04 UKS 190 Łód | 8:27.06 | 668 |
| 100m: 1:00.26 1:00.26 | 300m: 3:06.68 1:03.44 | 500m: 5:13.89 1:03.70 | 700m: 7:22.65 1:04.37 |
| 200m: 2:03.24 1:02.98 | 400m: 4:10.19 1:03.51 | 600m: 6:18.28 1:04.39 | 800m: 8:27.06 1:04.41 |
| 7. DRABCZYK Krystian | 04 UKP Unia O wi cim | 8:29.77 | 658 |
| 100m: 1:00.14 1:00.14 | 300m: 3:07.43 1:04.02 | 500m: 5:16.90 1:04.78 | 700m: 7:26.85 1:04.89 |
| 200m: 2:03.41 1:03.27 | 400m: 4:12.12 1:04.69 | 600m: 6:21.96 1:05.06 | 800m: 8:29.77 1:02.92 |
| 8. WIECZORKOWSKI Nikodem | 04 MKP Szczecin | 8:42.90 | 609 |
| 100m: 1:01.50 1:01.50 | 300m: 3:12.25 1:05.57 | 500m: 5:24.13 1:06.12 | 700m: 7:37.63 1:06.88 |
| 200m: 2:06.68 1:05.18 | 400m: 4:18.01 1:05.76 | 600m: 6:30.75 1:06.62 | 800m: 8:42.90 1:05.27 |
| 9. KOWOLIK Alex | 04 UKP Unia O wi cim | 8:53.27 | 574 |
| 100m: 1:00.66 1:00.66 | 300m: 3:15.11 1:07.57 | 500m: 5:31.57 1:08.18 | 700m: 7:47.16 1:07.74 |
| 200m: 2:07.54 1:06.88 | 400m: 4:23.39 1:08.28 | 600m: 6:39.42 1:07.85 | 800m: 8:53.27 1:06.11 |
| 10. SZCZEPANIAK Kacper | 04 MKP Szczecin | 8:56.35 | 565 |
| 100m: 1:04.12 1:04.12 | 300m: 3:17.96 1:07.06 | 500m: 5:33.85 1:08.16 | 700m: 7:49.97 1:07.93 |
| 200m: 2:10.90 1:06.78 | 400m: 4:25.69 1:07.73 | 600m: 6:42.04 1:08.19 | 800m: 8:56.35 1:06.38 |
| 11. PUPKA Filip | 04 Uks Cityzen | 9:00.11 | 553 |
| 100m: 1:03.80 1:03.80 | 300m: 3:17.87 1:07.01 | 500m: 5:34.49 1:08.49 | 700m: 7:52.45 1:09.14 |
| 200m: 2:10.86 1:07.06 | 400m: 4:26.00 1:08.13 | 600m: 6:43.31 1:08.82 | 800m: 9:00.11 1:07.66 |

16 lat

| | | | |
|-----------------------|-----------------------------|-----------------------|-----------------------|
| 1. FILIPIAK Mikołaj | 06 KS Barrakuda Gda sk | 8:02.77 | 774 |
| 100m: 58.40 58.40 | 300m: 3:01.00 1:01.33 | 500m: 5:03.33 1:01.05 | 700m: 7:05.35 1:00.60 |
| 200m: 1:59.67 1:01.27 | 400m: 4:02.28 1:01.28 | 600m: 6:04.75 1:01.42 | 800m: 8:02.77 57.42 |
| 2. LARY Jerzy | 06 IUKS „Muszelka" Warszawa | 8:11.33 | 735 |
| 100m: 58.21 58.21 | 300m: 3:01.01 1:01.58 | 500m: 5:05.44 1:02.49 | 700m: 7:09.40 1:02.17 |
| 200m: 1:59.43 1:01.22 | 400m: 4:02.95 1:01.94 | 600m: 6:07.23 1:01.79 | 800m: 8:11.33 1:01.93 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, Chłopców, 800m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|---------|---------------|------------------------------|---------------|---------|---------------|----------------|------|
| 3. | MIENICKI Rafał | | 06 | UKS 48 Warszawa | ródnie cie | | | 8:23.36 | 683 |
| | 100m: 59.08 | 59.08 | 300m: 3:06.14 | 1:03.54 | 500m: 5:14.11 | 1:03.94 | 700m: 7:22.18 | 1:04.14 | |
| | 200m: 2:02.60 | 1:03.52 | 400m: 4:10.17 | 1:04.03 | 600m: 6:18.04 | 1:03.93 | 800m: 8:23.36 | 1:01.18 | |
| 4. | KUREK Bartosz | | 06 | UKS 190 Łód | | | | 8:44.19 | 605 |
| | 100m: 1:02.27 | 1:02.27 | 300m: 3:12.91 | 1:05.69 | 500m: 5:24.65 | 1:05.66 | 700m: 7:38.00 | 1:06.88 | |
| | 200m: 2:07.22 | 1:04.95 | 400m: 4:18.99 | 1:06.08 | 600m: 6:31.12 | 1:06.47 | 800m: 8:44.19 | 1:06.19 | |
| 5. | KOWALI SKI Adrian | | 06 | WKS I sk | | | | 8:47.26 | 594 |
| | 100m: 1:01.76 | 1:01.76 | 300m: 3:11.65 | 1:05.29 | 500m: 5:24.70 | 1:06.79 | 700m: 7:40.11 | 1:08.15 | |
| | 200m: 2:06.36 | 1:04.60 | 400m: 4:17.91 | 1:06.26 | 600m: 6:31.96 | 1:07.26 | 800m: 8:47.26 | 1:07.15 | |
| 6. | NOWAK Aleksander | | 06 | MKP Szczecin | | | | 8:53.79 | 573 |
| | 100m: 1:02.55 | 1:02.55 | 300m: 3:15.15 | 1:06.81 | 500m: 5:30.73 | 1:08.28 | 700m: 7:47.77 | 1:08.78 | |
| | 200m: 2:08.34 | 1:05.79 | 400m: 4:22.45 | 1:07.30 | 600m: 6:38.99 | 1:08.26 | 800m: 8:53.79 | 1:06.02 | |
| 7. | HLUSHCHENKO Zakhar | | 06 | UKS 190 Łód | | | | 9:00.81 | 551 |
| | 100m: 1:01.36 | 1:01.36 | 300m: 3:12.93 | 1:06.75 | 500m: 5:32.09 | 1:09.78 | 700m: 7:56.00 | 1:11.90 | |
| | 200m: 2:06.18 | 1:04.82 | 400m: 4:22.31 | 1:09.38 | 600m: 6:44.10 | 1:12.01 | 800m: 9:00.81 | 1:04.81 | |
| 8. | GORZE Norbert | | 06 | Uks Cityzen | | | | 9:03.13 | 544 |
| | 100m: 1:04.11 | 1:04.11 | 300m: 3:20.01 | 1:08.19 | 500m: 5:37.89 | 1:09.01 | 700m: 7:56.51 | 1:09.04 | |
| | 200m: 2:11.82 | 1:07.71 | 400m: 4:28.88 | 1:08.87 | 600m: 6:47.47 | 1:09.58 | 800m: 9:03.13 | 1:06.62 | |
| 9. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | | | 9:13.82 | 513 |
| | 100m: 1:02.75 | 1:02.75 | 300m: 3:19.82 | 1:09.33 | 500m: 5:40.88 | 1:10.54 | 700m: 8:03.74 | 1:11.81 | |
| | 200m: 2:10.49 | 1:07.74 | 400m: 4:30.34 | 1:10.52 | 600m: 6:51.93 | 1:11.05 | 800m: 9:13.82 | 1:10.08 | |
| 10. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 9:18.44 | 500 |
| | 100m: 1:04.32 | 1:04.32 | 300m: 3:25.53 | 1:11.03 | 500m: 5:47.72 | 1:11.27 | 700m: 8:10.08 | 1:11.30 | |
| | 200m: 2:14.50 | 1:10.18 | 400m: 4:36.45 | 1:10.92 | 600m: 6:58.78 | 1:11.06 | 800m: 9:18.44 | 1:08.36 | |
| 11. | WAWRZYNIAK Filip | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 9:52.52 | 419 |
| | 100m: 1:07.33 | 1:07.33 | 300m: 3:35.48 | 1:14.72 | 500m: 6:07.37 | 1:16.19 | 700m: 8:40.15 | 1:15.88 | |
| | 200m: 2:20.76 | 1:13.43 | 400m: 4:51.18 | 1:15.70 | 600m: 7:24.27 | 1:16.90 | 800m: 9:52.52 | 1:12.37 | |

15 lat

| | | | | | | | | | |
|----|--------------------|---------|---------------|---|---------------|---------|---------------|----------------|-----|
| 1. | GNACZY SKI Michał | | 07 | MKP Szczecin | | | | 8:20.24 | 696 |
| | 100m: 1:00.19 | 1:00.19 | 300m: 3:06.15 | 1:03.11 | 500m: 5:11.77 | 1:02.51 | 700m: 7:18.24 | 1:03.34 | |
| | 200m: 2:03.04 | 1:02.85 | 400m: 4:09.26 | 1:03.11 | 600m: 6:14.90 | 1:03.13 | 800m: 8:20.24 | 1:02.00 | |
| 2. | PI TKA Miłosz | | 07 | MKP Szczecin | | | | 8:27.39 | 667 |
| | 100m: 1:00.52 | 1:00.52 | 300m: 3:07.65 | 1:03.85 | 500m: 5:16.85 | 1:04.35 | 700m: 7:24.70 | 1:03.86 | |
| | 200m: 2:03.80 | 1:03.28 | 400m: 4:12.50 | 1:04.85 | 600m: 6:20.84 | 1:03.99 | 800m: 8:27.39 | 1:02.69 | |
| 3. | WENTLAND Miłosz | | 07 | MKS Trójka Łód | | | | 8:46.18 | 598 |
| | 100m: 1:01.00 | 1:01.00 | 300m: 3:13.77 | 1:06.92 | 500m: 5:27.71 | 1:06.59 | 700m: 7:41.89 | 1:07.23 | |
| | 200m: 2:06.85 | 1:05.85 | 400m: 4:21.12 | 1:07.35 | 600m: 6:34.66 | 1:06.95 | 800m: 8:46.18 | 1:04.29 | |
| 4. | SELDER Krystian | | 07 | MKS Trójka Łód | | | | 8:49.04 | 588 |
| | 100m: 1:02.48 | 1:02.48 | 300m: 3:16.65 | 1:08.05 | 500m: 5:31.54 | 1:07.02 | 700m: 7:45.57 | 1:07.31 | |
| | 200m: 2:08.60 | 1:06.12 | 400m: 4:24.52 | 1:07.87 | 600m: 6:38.26 | 1:06.72 | 800m: 8:49.04 | 1:03.47 | |
| 5. | MAZUR Adam | | 07 | Grupa 5Styl | | | | 8:49.38 | 587 |
| | 100m: 1:02.98 | 1:02.98 | 300m: 3:17.03 | 1:07.26 | 500m: 5:31.40 | 1:06.93 | 700m: 7:45.26 | 1:07.15 | |
| | 200m: 2:09.77 | 1:06.79 | 400m: 4:24.47 | 1:07.44 | 600m: 6:38.11 | 1:06.71 | 800m: 8:49.38 | 1:04.12 | |
| 6. | KUSEK Mateusz | | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 8:58.45 | 558 |
| | 100m: 1:02.43 | 1:02.43 | 300m: 3:17.74 | 1:08.11 | 500m: 5:35.42 | 1:09.10 | 700m: 7:52.63 | 1:08.56 | |
| | 200m: 2:09.63 | 1:07.20 | 400m: 4:26.32 | 1:08.58 | 600m: 6:44.07 | 1:08.65 | 800m: 8:58.45 | 1:05.82 | |
| 7. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łód | | | | 8:59.26 | 555 |
| | 100m: 1:04.46 | 1:04.46 | 300m: 3:20.46 | 1:07.85 | 500m: 5:36.85 | 1:08.33 | 700m: 7:53.58 | 1:08.85 | |
| | 200m: 2:12.61 | 1:08.15 | 400m: 4:28.52 | 1:08.06 | 600m: 6:44.73 | 1:07.88 | 800m: 8:59.26 | 1:05.68 | |
| 8. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | | | 8:59.69 | 554 |
| | 100m: 1:04.95 | 1:04.95 | 300m: 3:22.32 | 1:08.53 | 500m: 5:39.28 | 1:08.50 | 700m: 7:54.93 | 1:07.96 | |
| | 200m: 2:13.79 | 1:08.84 | 400m: 4:30.78 | 1:08.46 | 600m: 6:46.97 | 1:07.69 | 800m: 8:59.69 | 1:04.76 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 11, M czynn, 800m dowolny

14 lat

| | | | | | |
|-----|-----------------------|-----------------------|-----------------------|------------------------|-----|
| 1. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 8:39.42 | 622 |
| | 100m: 1:02.19 1:02.19 | 300m: 3:13.06 1:05.68 | 500m: 5:24.21 1:05.77 | 700m: 7:34.94 1:05.27 | |
| | 200m: 2:07.38 1:05.19 | 400m: 4:18.44 1:05.38 | 600m: 6:29.67 1:05.46 | 800m: 8:39.42 1:04.48 | |
| 2. | LITOBORSKI Mikołaj | 08 | KS Warta Pozna | 8:40.00 | 620 |
| | 100m: 1:01.85 1:01.85 | 300m: 3:13.60 1:05.95 | 500m: 5:24.23 1:05.28 | 700m: 7:36.04 1:06.50 | |
| | 200m: 2:07.65 1:05.80 | 400m: 4:18.95 1:05.35 | 600m: 6:29.54 1:05.31 | 800m: 8:40.00 1:03.96 | |
| 3. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 8:49.79 | 586 |
| | 100m: 1:02.55 1:02.55 | 300m: 3:17.32 1:07.60 | 500m: 5:30.46 1:05.90 | 700m: 7:45.84 1:08.04 | |
| | 200m: 2:09.72 1:07.17 | 400m: 4:24.56 1:07.24 | 600m: 6:37.80 1:07.34 | 800m: 8:49.79 1:03.95 | |
| 4. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 8:51.80 | 579 |
| | 100m: 1:01.32 1:01.32 | 300m: 3:15.99 1:07.48 | 500m: 5:30.76 1:07.53 | 700m: 7:46.09 1:07.39 | |
| | 200m: 2:08.51 1:07.19 | 400m: 4:23.23 1:07.24 | 600m: 6:38.70 1:07.94 | 800m: 8:51.80 1:05.71 | |
| 5. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 8:53.75 | 573 |
| | 100m: 1:02.08 1:02.08 | 300m: 3:15.77 1:07.21 | 500m: 5:31.71 1:07.75 | 700m: 7:47.56 1:07.91 | |
| | 200m: 2:08.56 1:06.48 | 400m: 4:23.96 1:08.19 | 600m: 6:39.65 1:07.94 | 800m: 8:53.75 1:06.19 | |
| 6. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 8:56.58 | 564 |
| | 100m: 1:01.96 1:01.96 | 300m: 3:17.54 1:08.58 | 500m: 5:34.60 1:08.43 | 700m: 7:50.62 1:07.57 | |
| | 200m: 2:08.96 1:07.00 | 400m: 4:26.17 1:08.63 | 600m: 6:43.05 1:08.45 | 800m: 8:56.58 1:05.96 | |
| 7. | CIBA Mateusz | 08 | MKP Szczecin | 9:09.00 | 526 |
| | 100m: 1:05.33 1:05.33 | 300m: 3:23.00 1:08.80 | 500m: 5:41.74 1:09.52 | 700m: 8:00.80 1:09.89 | |
| | 200m: 2:14.20 1:08.87 | 400m: 4:32.22 1:09.22 | 600m: 6:50.91 1:09.17 | 800m: 9:09.00 1:08.20 | |
| 8. | BIELIENKOV Nikita | 08 | KS Warta Pozna | 9:10.58 | 522 |
| | 100m: 1:04.68 1:04.68 | 300m: 3:23.38 1:09.94 | 500m: | 700m: | |
| | 200m: 2:13.44 1:08.76 | 400m: | 600m: | 800m: 9:10.58 | |
| 9. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 9:15.75 | 507 |
| | 100m: 1:03.11 1:03.11 | 300m: 3:20.00 1:09.31 | 500m: 5:40.08 1:10.25 | 700m: 8:04.51 1:12.57 | |
| | 200m: 2:10.69 1:07.58 | 400m: 4:29.83 1:09.83 | 600m: 6:51.94 1:11.86 | 800m: 9:15.75 1:11.24 | |
| 10. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 9:23.56 | 487 |
| | 100m: 1:05.65 1:05.65 | 300m: 3:27.72 1:11.34 | 500m: 5:50.69 1:11.18 | 700m: 8:13.67 1:11.22 | |
| | 200m: 2:16.38 1:10.73 | 400m: 4:39.51 1:11.79 | 600m: 7:02.45 1:11.76 | 800m: 9:23.56 1:09.89 | |
| 11. | ŁATKA Aleksander | 08 | KP Aquapark W growiec | 10:46.17 | 323 |
| | 100m: 1:12.68 1:12.68 | 300m: 3:55.66 1:22.18 | 500m: 6:40.76 1:22.16 | 700m: 9:27.07 1:23.81 | |
| | 200m: 2:33.48 1:20.80 | 400m: 5:18.60 1:22.94 | 600m: 8:03.26 1:22.50 | 800m: 10:46.17 1:19.10 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12
2022.11.12 - 17:00

Kobiet, 100m dowolny

14 lat i starsi
Wyniki

Rekord Polski 51.44 WASICK Katarzyna POL Neapol (ITA) 2021.09.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 52.40 / Min. do sztafety na M (25m) Melbourne 2022 Open: 52.92

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|-------------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 90 | DOWGIERT Anna KS Warta Pozna | 55.25 | 752 | 26.05 | 29.20 |
| 2. | 00 | POLA SKA Aleksandra UKS GOS Raszyn | 55.92 | 725 | 26.61 | 29.31 |
| 3. | 04 | GU Wiktoria MKP Szczecin | 55.93 | 725 | 27.58 | 28.35 |
| 4. | 06 | KRÓL Gabriela KS „Wisła” Puławy | 56.13 | 717 | 27.29 | 28.84 |
| 5. | 01 | WO NIAK Zofia KU AZS Uniwersytetu Warszawskiego | 56.85 | 690 | 27.20 | 29.65 |
| 6. | 01 | LEWANDOWSKA Natalia KS „OLIMPIA” Lublin | 56.91 | 688 | 27.67 | 29.24 |
| 7. | 05 | KULIK Julia UKS GOS Raszyn | 56.95 | 686 | 27.58 | 29.37 |
| 8. | 08 | GRACJASZ Wiktoria UKS „Jasie ” Sucha Beskidzka | 56.99 | 685 | 27.31 | 29.68 |
| 9. | 06 | SOBCZAK Zofia UKS G-8 Bielany Warszawa | 57.27 | 675 | 27.23 | 30.04 |
| 10. | 06 | JANISZEWSKA Natalia WKS I sk | 57.46 | 668 | 28.04 | 29.42 |
| 11. | 01 | CIEPLAK Aleksandra AZS AWF Katowice | 57.94 | 652 | 27.87 | 30.07 |
| 12. | 06 | CHALUPOVA Adela Sport Club Pardubice | 58.04 | 648 | 27.70 | 30.34 |
| 13. | 04 | TARASIEWICZ Klaudia MKP Szczecin | 58.34 | 639 | 28.26 | 30.08 |
| 14. | 00 | SOLAK Anna KS AZS AGH Kraków | 58.39 | 637 | 27.90 | 30.49 |
| 15. | 03 | NOWAK Maja UKS GOS Raszyn | 58.49 | 634 | 27.85 | 30.64 |
| 16. | 00 | DOM ALSKA Wiktoria AZS AWF Katowice | 58.74 | 626 | 27.70 | 31.04 |
| 17. | 05 | GÓRSKA Zofia UKS GOS Raszyn | 58.76 | 625 | 28.31 | 30.45 |
| 18. | 95 | GAJDOWSKA Agnieszka KS Rekin wiebodzice | 58.80 | 624 | 27.82 | 30.98 |
| 19. | 03 | OBAJTEK Aleksandra AZS AWF Warszawa | 58.84 | 622 | 28.52 | 30.32 |
| 20. | 03 | HELLAK Emilia KS SWIM-ART Wrocław | 58.99 | 618 | 28.47 | 30.52 |
| 21. | 07 | WRZESZCZY SKA Marta KS Poznania Pozna | 59.02 | 617 | 28.25 | 30.77 |
| 22. | 99 | PIECHOTA Paulina UKS 190 Łód | 59.12 | 614 | 29.08 | 30.04 |
| 23. | 08 | CRHOVA Charlene Daniela Sport Club Pardubice | 59.33 | 607 | 28.36 | 30.97 |
| 24. | 06 | ADAMCZYK Karolina Mokotowski UKP Warszawianka- Wod | 59.34 rk | 607 | 28.35 | 30.99 |
| 25. | 06 | KAMI SKA Zuzanna KS KSZO Ostrowiec w. | 59.36 | 606 | 28.37 | 30.99 |
| 26. | 06 | MIKOŁAJCZAK Malwina KS Poznania Pozna | 59.73 | 595 | 28.71 | 31.02 |
| 27. | 06 | JASI SKA Michalina Mokotowski UKP Warszawianka- Wod | 59.77 rk | 594 | 28.59 | 31.18 |
| 28. | 07 | GULCZY SKA Natalia Uks Cityzen | 59.92 | 589 | 28.44 | 31.48 |
| 29. | 06 | WŁODARCZYK Elena AZS AWF Warszawa | 1:00.17 | 582 | 28.78 | 31.39 |
| 30. | 05 | KALKOWSKA Julia MUKS "Pi tnastka" | 1:00.24 | 580 | 28.89 | 31.35 |
| 31. | 05 | SKALI SKA Ewa IKS Konstancin | 1:00.30 | 578 | 29.22 | 31.08 |
| 32. | 05 | NOWAK Gabriela MUKS "Pi tnastka" | 1:00.32 | 578 | 28.82 | 31.50 |
| 33. | 05 | CIERPIAŁOWSKA Paulina KS Barrakuda Gda sk | 1:00.34 | 577 | 28.48 | 31.86 |
| 34. | 08 | CIEPLUCHA Bianka SKS 137 Delfin Łód | 1:00.42 | 575 | 28.98 | 31.44 |
| 35. | 06 | WIDNICKA Kamila MKS Juwenia Wrocław | 1:00.47 | 573 | 29.41 | 31.06 |
| 36. | 07 | PRZYBYLSKA Oliwia KU AZS UMCS Lublin | 1:00.51 | 572 | 29.53 | 30.98 |
| 37. | 06 | R P Apolonia MKS Juwenia Wrocław | 1:00.57 | 570 | 29.39 | 31.18 |
| 38. | 05 | KRAWCZYK Maja AZS AWF Warszawa | 1:00.61 | 569 | 29.28 | 31.33 |
| | 06 | CHMIELEWSKA Aleksandra Mi dzyszkolny UKS „Olimpijczyk” St | 1:00.61 | 569 | 28.91 | 31.70 |
| 40. | 98 | JAKUBOWSKA Izabela TP Olimpijczyk Aleksandrów Łódzki | 1:00.67 | 568 | 29.28 | 31.39 |
| 41. | 07 | TARASZKIEWICZ Zofia Mokotowski UKP Warszawianka- Wc | 1:00.79 rk | 564 | 29.37 | 31.42 |
| | 08 | WI TEK Amelia WKS I sk | 1:00.79 | 564 | 28.87 | 31.92 |
| 43. | 03 | NOWAK Zofia AZS AWF Warszawa | 1:00.83 | 563 | 28.75 | 32.08 |
| 44. | 08 | RYBACKA Małgorzata KS Poznania Pozna | 1:01.02 | 558 | 29.17 | 31.85 |
| | 05 | PRZYBYLSKA Maja UKS „GIM 92 Ursynów" | 1:01.02 | 558 | 29.00 | 32.02 |
| 46. | 06 | WISZNIEWSKA Zuzanna UKP „Polonia Warszawa" | 1:01.08 | 556 | 29.12 | 31.96 |
| 47. | 08 | DOLATA Olga KS Poznania Pozna | 1:01.17 | 554 | 28.77 | 32.40 |
| 48. | 07 | KUCZMAR Zuzanna UKP „Polonia Warszawa" | 1:01.19 | 553 | 29.45 | 31.74 |
| 49. | 04 | KRÓLIK Adrianna MKP Szczecin | 1:01.25 | 552 | 28.34 | 32.91 |
| 50. | 05 | MAZUR Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.27 | 551 | 29.75 | 31.52 |
| 51. | 07 | W GRZYCKA Małgorzata MKS Trójka Łód | 1:01.28 | 551 | 29.76 | 31.52 |
| 52. | 07 | CIBIOREK Dominika UKS G-8 Bielany Warszawa | 1:01.31 | 550 | 29.45 | 31.86 |
| 53. | 07 | PALLUTH Aleksandra KP Aquapark W growiec | 1:01.37 | 548 | 29.22 | 32.15 |
| 54. | 03 | DOPART Marcelina AZS AWF Warszawa | 1:01.55 | 544 | 29.21 | 32.34 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | | |
|---------|---------|-----------------------|------|---|----------------|------|-------|-------|
| 55. | | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:01.59 | 543 | 29.57 | 32.02 |
| 56. | | PLAGA Olga | 07 | TP Skalar Stupsk | 1:01.60 | 542 | 30.00 | 31.60 |
| 57. | | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:01.76 | 538 | 29.67 | 32.09 |
| 58. | | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:01.96 | 533 | 29.18 | 32.78 |
| 59. | | BORYCZKA Amelia | 08 | WKS I sk | 1:02.05 | 531 | 30.27 | 31.78 |
| 60. | | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:02.07 | 530 | 30.02 | 32.05 |
| 61. | | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:02.30 | 524 | 29.65 | 32.65 |
| 62. | | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:02.39 | 522 | 29.36 | 33.03 |
| 63. | | HUBERT Julia | 06 | MKP Szczecin | 1:02.41 | 521 | 29.91 | 32.50 |
| 64. | | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:02.49 | 519 | 30.10 | 32.39 |
| 65. | | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.54 | 518 | 30.25 | 32.29 |
| 66. | | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc1:02.60rk | 1:02.60 | 517 | 30.24 | 32.36 |
| 67. | | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc1:02.70rk | 1:02.70 | 514 | 30.16 | 32.54 |
| 68. | | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:02.71 | 514 | 30.31 | 32.40 |
| 69. | | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:02.73 | 514 | 30.82 | 31.91 |
| 70. | | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc1:02.82rk | 1:02.82 | 511 | 30.00 | 32.82 |
| 71. | | MAKOWSKA Maria | 07 | MKP Szczecin | 1:02.83 | 511 | 29.75 | 33.08 |
| 72. | | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:02.94 | 508 | 29.73 | 33.21 |
| 73. | | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc1:03.00rk | 1:03.00 | 507 | 30.16 | 32.84 |
| 74. | | SPYCHALSKA Dominika | 08 | KP Aquapark W growiec | 1:03.29 | 500 | 30.73 | 32.56 |
| 75. | | GRACKA Hanna | 07 | MKP Szczecin | 1:03.31 | 500 | 30.93 | 32.38 |
| 76. | | BUDZE Monika | 07 | MKP Astromal-Leszno | 1:03.36 | 498 | 30.40 | 32.96 |
| 77. | | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:03.38 | 498 | 30.54 | 32.84 |
| 78. | | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” Sl1:03.54 | 1:03.54 | 494 | 29.81 | 33.73 |
| 79. | | TOMASZEWSKA Maria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:03.63 | 492 | 30.48 | 33.15 |
| 80. | | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:03.75 | 489 | 30.96 | 32.79 |
| 81. | | SELL Karolina | 07 | MUKP Korona-Swim Kielce | 1:03.78 | 489 | 30.74 | 33.04 |
| 82. | | DOLGUN Maryia | 07 | MKP Szczecin | 1:03.80 | 488 | 29.76 | 34.04 |
| 83. | | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:03.87 | 486 | 29.90 | 33.97 |
| 84. | | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:04.04 | 483 | 31.24 | 32.80 |
| 85. | | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:04.32 | 476 | 30.35 | 33.97 |
| 86. | | WOJTOWICZ Małgorzata | 06 | MTKP Delfin Toru | 1:04.34 | 476 | 31.13 | 33.21 |
| 87. | | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:04.92 | 463 | 30.76 | 34.16 |
| 88. | | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 1:05.02 | 461 | 30.80 | 34.22 |
| 89. | | KRYSTEK Jagoda | 08 | SKS 137 Delfin Łód | 1:05.06 | 460 | 31.48 | 33.58 |
| 90. | | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:05.25 | 456 | 30.22 | 35.03 |
| 91. | | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 1:05.38 | 454 | 31.65 | 33.73 |
| 92. | | ZABRANIAK Karina | 08 | MKP Szczecin | 1:05.81 | 445 | 30.82 | 34.99 |
| 93. | | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 1:05.88 | 443 | 30.53 | 35.35 |
| | | LUTKOWSKA Pola | 07 | MUKS "Pi tnastka" | 1:05.88 | 443 | 31.45 | 34.43 |
| 95. | | SIEDLECKA Alicja | 07 | KS Warta Pozna | 1:05.97 | 441 | 31.47 | 34.50 |
| 96. | | TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 1:06.00 | 441 | 31.57 | 34.43 |
| 97. | | BELZYT Maja | 08 | UKS abianka Gda sk | 1:06.03 | 440 | 31.97 | 34.06 |
| 98. | | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:06.17 | 437 | 32.06 | 34.11 |
| 99. | | KOWALSKA Lena | 08 | UKS abianka Gda sk | 1:06.28 | 435 | 32.09 | 34.19 |
| 100. | | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 1:06.39 | 433 | 31.03 | 35.36 |
| 101. | | MOLAK Aniela | 07 | UKS Ostrobramska | 1:06.48 | 431 | 31.33 | 35.15 |
| 102. | | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 1:06.59 | 429 | 31.16 | 35.43 |
| 103. | | MAY Matylda | 08 | MKP Astromal-Leszno | 1:06.86 | 424 | 32.57 | 34.29 |
| 104. | | KRUTUL Aga | 08 | MKS Znicz Koszalin | 1:07.41 | 414 | 32.05 | 35.36 |
| | | ST PKA Amelia | 08 | UKS 190 Łód | 1:07.41 | 414 | 32.63 | 34.78 |
| 106. | | SOCHA Maria | 07 | UKS Ostrobramska | 1:07.71 | 408 | 32.71 | 35.00 |
| 107. | | FARTUSZY SKA Weronika | 08 | UKS Junior Kluczbork | 1:07.85 | 406 | 32.67 | 35.18 |
| 108. | | DORO Y SKA Zuzanna | 08 | MTKP Delfin Toru | 1:08.11 | 401 | 32.69 | 35.42 |
| 109. | | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 1:08.56 | 393 | 31.63 | 36.93 |
| 110. | | NAJI Kamila | 08 | MKS Trójka Łód | 1:08.66 | 392 | 33.12 | 35.54 |
| 111. | | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:09.87 | 371 | 33.22 | 36.65 |
| 112. | | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:11.97 | 340 | 34.83 | 37.14 |
| 113. | | WITKOWSKA Alicja | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:12.33 | 335 | 34.56 | 37.77 |
| 114. | | KUNKEL Celina | 08 | Dwójka Morena Gda sk | 1:13.97 | 313 | 35.54 | 38.43 |
| 115. | | PILARSKA Maja | 08 | KP Aquapark W growiec | 1:14.01 | 312 | 34.41 | 39.60 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Kobiet, 100m dowolny

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | GU Wiktoria | 04 | MKP Szczecin | 55.93 | 725 | 27.58 | 28.35 |
| 2. | KULIK Julia | 05 | UKS GOS Raszyn | 56.95 | 686 | 27.58 | 29.37 |
| 3. | TARASIEWICZ Klaudia | 04 | MKP Szczecin | 58.34 | 639 | 28.26 | 30.08 |
| 4. | GÓRSKA Zofia | 05 | UKS GOS Raszyn | 58.76 | 625 | 28.31 | 30.45 |
| 5. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:00.24 | 580 | 28.89 | 31.35 |
| 6. | SKALI SKA Ewa | 05 | IKS Konstancin | 1:00.30 | 578 | 29.22 | 31.08 |
| 7. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 1:00.32 | 578 | 28.82 | 31.50 |
| 8. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 1:00.34 | 577 | 28.48 | 31.86 |
| 9. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:00.61 | 569 | 29.28 | 31.33 |
| 10. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów" | 1:01.02 | 558 | 29.00 | 32.02 |
| 11. | KRÓLIK Adrianna | 04 | MKP Szczecin | 1:01.25 | 552 | 28.34 | 32.91 |
| 12. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.27 | 551 | 29.75 | 31.52 |
| 13. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:01.59 | 543 | 29.57 | 32.02 |
| 14. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:02.39 | 522 | 29.36 | 33.03 |
| 15. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.54 | 518 | 30.25 | 32.29 |
| 16. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:02.71 | 514 | 30.31 | 32.40 |
| 17. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:02.73 | 514 | 30.82 | 31.91 |
| 18. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:03.38 | 498 | 30.54 | 32.84 |
| 19. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk" St | 1:03.54 | 494 | 29.81 | 33.73 |
| 20. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:04.32 | 476 | 30.35 | 33.97 |
| 21. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 1:05.02 | 461 | 30.80 | 34.22 |
| 22. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 1:08.56 | 393 | 31.63 | 36.93 |

16 lat

| | | | | | | | |
|-----|------------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła" Puławy | 56.13 | 717 | 27.29 | 28.84 |
| 2. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 57.27 | 675 | 27.23 | 30.04 |
| 3. | JANISZEWSKA Natalia | 06 | WKS I sk | 57.46 | 668 | 28.04 | 29.42 |
| 4. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 58.04 | 648 | 27.70 | 30.34 |
| 5. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wod | 59.34 | 607 | 28.35 | 30.99 |
| 6. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 59.36 | 606 | 28.37 | 30.99 |
| 7. | MIKOŁAJCZAK Malwina | 06 | KS Posenia Pozna | 59.73 | 595 | 28.71 | 31.02 |
| 8. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wod | 59.77 | 594 | 28.59 | 31.18 |
| 9. | WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 1:00.17 | 582 | 28.78 | 31.39 |
| 10. | WIDNICKA Kamila | 06 | MKS Juwenia Wrocław | 1:00.47 | 573 | 29.41 | 31.06 |
| 11. | R P Apolonia | 06 | MKS Juwenia Wrocław | 1:00.57 | 570 | 29.39 | 31.18 |
| 12. | CHMIELEWSKA Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk" St | 1:00.61 | 569 | 28.91 | 31.70 |
| 13. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa" | 1:01.08 | 556 | 29.12 | 31.96 |
| 14. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:01.76 | 538 | 29.67 | 32.09 |
| 15. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:02.30 | 524 | 29.65 | 32.65 |
| 16. | HUBERT Julia | 06 | MKP Szczecin | 1:02.41 | 521 | 29.91 | 32.50 |
| 17. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:02.82 | 511 | 30.00 | 32.82 |
| 18. | WOJTOWICZ Małgorzata | 06 | MTKP Delfin Toru | 1:04.34 | 476 | 31.13 | 33.21 |
| 19. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:04.92 | 463 | 30.76 | 34.16 |
| 20. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:05.25 | 456 | 30.22 | 35.03 |
| 21. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:06.17 | 437 | 32.06 | 34.11 |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | WRZESZCZY SKA Marta | 07 | KS Posenia Pozna | 59.02 | 617 | 28.25 | 30.77 |
| 2. | GULCZY SKA Natalia | 07 | Uks Cityzen | 59.92 | 589 | 28.44 | 31.48 |
| 3. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:00.51 | 572 | 29.53 | 30.98 |
| 4. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:00.79 | 564 | 29.37 | 31.42 |
| 5. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa" | 1:01.19 | 553 | 29.45 | 31.74 |
| 6. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:01.28 | 551 | 29.76 | 31.52 |
| 7. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:01.31 | 550 | 29.45 | 31.86 |
| 8. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 1:01.37 | 548 | 29.22 | 32.15 |
| 9. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:01.60 | 542 | 30.00 | 31.60 |
| 10. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:02.07 | 530 | 30.02 | 32.05 |
| 11. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.60 | 517 | 30.24 | 32.36 |
| 12. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.70 | 514 | 30.16 | 32.54 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Dziewcz t, 100m dowolny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|---------|-------------------|---------|------|-------|-------|
| 13. | 07 | MAKOWSKA Maria | 1:02.83 | 511 | 29.75 | 33.08 |
| 14. | 07 | RUTKOWSKA Aneta | 1:02.94 | 508 | 29.73 | 33.21 |
| 15. | 07 | TOMKIEL Anna | 1:03.00 | 507 | 30.16 | 32.84 |
| 16. | 07 | GRACKA Hanna | 1:03.31 | 500 | 30.93 | 32.38 |
| 17. | 07 | BUDZE Monika | 1:03.36 | 498 | 30.40 | 32.96 |
| 18. | 07 | JEZIORSKA Natalia | 1:03.75 | 489 | 30.96 | 32.79 |
| 19. | 07 | SELL Karolina | 1:03.78 | 489 | 30.74 | 33.04 |
| 20. | 07 | DOLGUN Maryia | 1:03.80 | 488 | 29.76 | 34.04 |
| 21. | 07 | PLUTA Aleksandra | 1:04.04 | 483 | 31.24 | 32.80 |
| 22. | 07 | LUTKOWSKA Pola | 1:05.88 | 443 | 31.45 | 34.43 |
| 23. | 07 | SIEDLECKA Alicja | 1:05.97 | 441 | 31.47 | 34.50 |
| 24. | 07 | TRAFALSKA Zuzanna | 1:06.00 | 441 | 31.57 | 34.43 |
| 25. | 07 | MOLAK Aniela | 1:06.48 | 431 | 31.33 | 35.15 |
| 26. | 07 | DOŁOWY Małgorzata | 1:06.59 | 429 | 31.16 | 35.43 |
| 27. | 07 | SOCHA Maria | 1:07.71 | 408 | 32.71 | 35.00 |
| 28. | 07 | ŁAB CA Jolanta | 1:09.87 | 371 | 33.22 | 36.65 |
| 29. | 07 | POLISKA Natalia | 1:11.97 | 340 | 34.83 | 37.14 |

14 lat

| | | | | | | |
|-----|----|-------------------------|---------|-----|-------|-------|
| 1. | 08 | GRACJASZ Wiktoria | 56.99 | 685 | 27.31 | 29.68 |
| 2. | 08 | CRHOVA Charlene Daniela | 59.33 | 607 | 28.36 | 30.97 |
| 3. | 08 | CIEPLUCHA Bianka | 1:00.42 | 575 | 28.98 | 31.44 |
| 4. | 08 | WI TEK Amelia | 1:00.79 | 564 | 28.87 | 31.92 |
| 5. | 08 | RYBACKA Małgorzata | 1:01.02 | 558 | 29.17 | 31.85 |
| 6. | 08 | DOLATA Olga | 1:01.17 | 554 | 28.77 | 32.40 |
| 7. | 08 | MAJEWSKA Martyna | 1:01.96 | 533 | 29.18 | 32.78 |
| 8. | 08 | BORYCZKA Amelia | 1:02.05 | 531 | 30.27 | 31.78 |
| 9. | 08 | SKORYKOW Lena | 1:02.49 | 519 | 30.10 | 32.39 |
| 10. | 08 | SPYCHALSKA Dominika | 1:03.29 | 500 | 30.73 | 32.56 |
| 11. | 08 | TOMASZEWSKA Maria | 1:03.63 | 492 | 30.48 | 33.15 |
| 12. | 08 | JADCZUK Estella | 1:03.87 | 486 | 29.90 | 33.97 |
| 13. | 08 | KRYSTEK Jagoda | 1:05.06 | 460 | 31.48 | 33.58 |
| 14. | 08 | SADOWSKA Maria | 1:05.38 | 454 | 31.65 | 33.73 |
| 15. | 08 | ZABRANIAK Karina | 1:05.81 | 445 | 30.82 | 34.99 |
| 16. | 08 | DEREWECKA Kamila | 1:05.88 | 443 | 30.53 | 35.35 |
| 17. | 08 | BELZYT Maja | 1:06.03 | 440 | 31.97 | 34.06 |
| 18. | 08 | KOWALSKA Lena | 1:06.28 | 435 | 32.09 | 34.19 |
| 19. | 08 | MAY Matylda | 1:06.86 | 424 | 32.57 | 34.29 |
| 20. | 08 | KRUTUL Aga | 1:07.41 | 414 | 32.05 | 35.36 |
| | 08 | ST PKA Amelia | 1:07.41 | 414 | 32.63 | 34.78 |
| 22. | 08 | FARTUSZY SKA Weronika | 1:07.85 | 406 | 32.67 | 35.18 |
| 23. | 08 | DORO Y SKA Zuzanna | 1:08.11 | 401 | 32.69 | 35.42 |
| 24. | 08 | NAJI Kamila | 1:08.66 | 392 | 33.12 | 35.54 |
| 25. | 08 | WITKOWSKA Alicja | 1:12.33 | 335 | 34.56 | 37.77 |
| 26. | 08 | KUNKEL Celina | 1:13.97 | 313 | 35.54 | 38.43 |
| 27. | 08 | PILARSKA Maja | 1:14.01 | 312 | 34.41 | 39.60 |
| PK | 09 | PRASAŁ Aleksandra | 59.65 | 597 | 28.45 | 31.20 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13
2022.11.12 - 17:08

M czyzn, 100m dowolny

14 lat i starsi
Wyniki

Rekord Polski 46.19 MAJCHRZAK Kacper POL Berlin (GER) 2017.08.06

Min. indywidualne na M (25m) Melbourne 2022 Open: 46.70 / Min. do sztafety na M (25m) Melbourne 2022 Open: 47.17

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | MAJCHRZAK Kacper KS Warta Pozna | 46.84 | 877 | 22.41 | 24.43 |
| 2. | 03 | CHOWANIEC Mateusz AZS AWF Katowice | 48.35 | 797 | 23.18 | 25.17 |
| 3. | 02 | DUDYS Dominik AZS AWF Katowice | 48.38 | 796 | 22.93 | 25.45 |
| 4. | 01 | SMOLI SKI Paweł AZS AWF Katowice | 48.43 | 793 | 22.86 | 25.57 |
| 5. | 04 | GRACIK Daniel Sport Club Pardubice | 49.24 | 755 | 23.44 | 25.80 |
| 6. | 05 | MISIAK Szymon UKS Shark Rudna | 49.79 | 730 | 23.65 | 26.14 |
| 7. | 04 | GULI SKI Maciej KU AZS Uniwersytetu Warszawskiego | 50.04 | 719 | 23.94 | 26.10 |
| 8. | 01 | JAWORSKI Szymon AZS AWF Katowice | 50.11 | 716 | 23.79 | 26.32 |
| 9. | 96 | LUDWICZAK Piotr AZS AWF Katowice | 50.14 | 715 | 23.21 | 26.93 |
| 10. | 04 | MINICHOWSKI Maksymilian UKS "V" Łomianki | 50.16 | 714 | 24.16 | 26.00 |
| 11. | 04 | DUDKOWIAK Bartłomiej UKS Aquatica Pawłowice | 50.23 | 711 | 23.84 | 26.39 |
| 12. | 05 | PLAGA Dawid TP Skalar Stupsk | 50.34 | 706 | 24.28 | 26.06 |
| 13. | 99 | BIERO SKI Michał MKP Szczecin | 50.47 | 701 | 24.04 | 26.43 |
| 14. | 04 | STACHURSKI Jerzy UKS G-8 Bielany Warszawa | 50.49 | 700 | 24.20 | 26.29 |
| 15. | 07 | PIETRO Przemysław KU AZS UMCS Lublin | 50.58 | 696 | 24.37 | 26.21 |
| 16. | 04 | WARZOCHA Gustaw KS Warta Pozna | 50.69 | 692 | 24.14 | 26.55 |
| 17. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów" | 50.71 | 691 | | |
| 18. | 04 | CIESIELSKI Artur AZS UŁ PŁ Łód | 50.77 | 688 | 24.64 | 26.13 |
| 19. | 05 | TKACZ Wiktor MKS Piaseczno | 50.81 | 687 | 24.98 | 25.83 |
| 20. | 02 | KOLA CZYK Kacper MKP Szczecin | 50.83 | 686 | 24.01 | 26.82 |
| 21. | 05 | RÓ YCKI Szymon UKS „GIM 92 Ursynów" | 50.89 | 684 | 24.44 | 26.45 |
| 22. | 06 | MIENICKI Rafał UKS 48 Warszawa ródmi cie | 51.18 | 672 | 24.69 | 26.49 |
| 23. | 06 | KRUCKI Kajetan KS Posenania Pozna | 51.40 | 663 | 24.44 | 26.96 |
| 24. | 07 | LESIK Oskar UKS G-8 Bielany Warszawa | 51.48 | 660 | 24.64 | 26.84 |
| 25. | 06 | POPOW Igor Mokotowski UKP Warszawianka- Wod | 51.58 | 656 | | |
| 26. | 05 | SEMERA Milan KPS Ostrava | 51.60 | 656 | 24.94 | 26.66 |
| 27. | 06 | PASZKOWSKI Bła ej KU AZS UMCS Lublin | 51.61 | 655 | 24.51 | 27.10 |
| 28. | 00 | WO NIAK Maciej UKS 190 Łód | 51.62 | 655 | 24.79 | 26.83 |
| 29. | 06 | MALIK Dawid UKS G-8 Bielany Warszawa | 51.72 | 651 | 24.79 | 26.93 |
| 30. | 05 | ZAREMBA Adam WKS I sk | 51.77 | 649 | 25.09 | 26.68 |
| 31. | 04 | CZAPLA Kacper MKP Szczecin | 51.96 | 642 | 24.32 | 27.64 |
| 32. | 94 | KUCA Przemysław KS Warta Pozna | 51.98 | 641 | 24.53 | 27.45 |
| 33. | 05 | KOWALSKI Mateusz KS Delfin Gdynia | 52.15 | 635 | 25.28 | 26.87 |
| 34. | 04 | WAŁCERZ Maksymilian MKP „SŁOWIANKA" Gorzów Wlkp. | 52.18 | 634 | 25.38 | 26.80 |
| 35. | 05 | CHUPKA Patryk WKS I sk | 52.22 | 633 | 24.94 | 27.28 |
| 36. | 04 | MOC Albert Sport Club Pardubice | 52.37 | 627 | | |
| 37. | 02 | ŁANGOWSKI Maciej KS Warta Pozna | 52.38 | 627 | 24.99 | 27.39 |
| 38. | 05 | BELZYT Maksymilian UKS abianka Gda sk | 52.40 | 626 | 25.04 | 27.36 |
| 39. | 05 | JANKOWSKI Przemysław UKS abianka Gda sk | 52.57 | 620 | 25.15 | 27.42 |
| 40. | 03 | ZIELI SKI Konrad UKS 190 Łód | 52.88 | 609 | 25.10 | 27.78 |
| 41. | 05 | ZINKOVSKYI Nestor MKS Trójka Łód | 52.90 | 609 | 24.84 | 28.06 |
| 42. | 05 | BULI SKI Hektor UKS „GIM 92 Ursynów" | 53.15 | 600 | 25.54 | 27.61 |
| 43. | 06 | MIKULA Vilem Sport Club Pardubice | 53.18 | 599 | 25.86 | 27.32 |
| 44. | 06 | YEVDOKYMOV Dmytro Mokotowski UKP Warszawianka- Wod | 53.20 | 598 | 25.55 | 27.65 |
| 45. | 05 | GROT Szymon MUKP Korona-Swim Kielce | 53.22 | 598 | 24.91 | 28.31 |
| | 07 | SHYPIN Aliaksandr UKS G-8 Bielany Warszawa | 53.22 | 598 | | |
| 47. | 04 | MINISZEWSKI Sebastian MUKS "Pi tnastka" | 53.32 | 594 | 25.81 | 27.51 |
| 48. | 03 | ROMANOWSKI Dawid UKS Pi tka Konstanyńów Łódzki | 53.37 | 593 | 25.04 | 28.33 |
| 49. | 07 | REDZI SKI VEL RYDZY SKI N07 UKP „Polonia Warszawa" | 53.45 | 590 | 25.54 | 27.91 |
| 50. | 98 | PINKOSZ Mateusz KS AZS AWF Wrocław | 53.59 | 585 | 25.61 | 27.98 |
| 51. | 07 | ANTOSIK Kacper UKS G-8 Bielany Warszawa | 53.60 | 585 | 25.37 | 28.23 |
| 52. | 06 | LIPIEC Maciej WKS I sk | 53.70 | 582 | 26.07 | 27.63 |
| 53. | 00 | SKIERSKI Radosław KS AZS AGH Kraków | 53.75 | 580 | | |
| | 97 | CHUDY Michał UPKS Wodnik Rawicz | 53.75 | 580 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|-------------------------------------|--------------|------|-------|-------|
| 55. | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 53.79 | 579 | 25.75 | 28.04 |
| 56. | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 53.86 | 577 | 25.56 | 28.30 |
| 57. | ZDANOWSKI Filip | 02 | AZS AWF Warszawa | 53.91 | 575 | | |
| | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 53.91 | 575 | 25.90 | 28.01 |
| 59. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 53.92 | 575 | 26.22 | 27.70 |
| 60. | HETMAN Mikołaj | 07 | MUKS "Pi tnastrka" | 54.00 | 572 | 26.08 | 27.92 |
| 61. | JUCHNO Mikołaj | 05 | IKS Konstancin | 54.01 | 572 | 25.91 | 28.10 |
| 62. | FILIPIAK Grzegorz | 03 | KS AZS AWF Wrocław | 54.02 | 571 | 25.12 | 28.90 |
| 63. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.04 | 571 | 26.01 | 28.03 |
| 64. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 54.09 | 569 | 25.54 | 28.55 |
| 65. | WIEK Bła ej | 05 | UKS abianka Gda sk | 54.11 | 569 | 26.42 | 27.69 |
| 66. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.12 | 568 | 25.87 | 28.25 |
| 67. | SZAREK Jan | 06 | WKS l sk | 54.14 | 568 | 26.28 | 27.86 |
| 68. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 54.15 | 567 | 25.73 | 28.42 |
| 69. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 54.19 | 566 | | |
| | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa" | 54.19 | 566 | 25.53 | 28.66 |
| | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 54.19 | 566 | 26.34 | 27.85 |
| 72. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.26 | 564 | 25.71 | 28.55 |
| 73. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 54.32 | 562 | 26.15 | 28.17 |
| 74. | G SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów" | 54.37 | 560 | 25.79 | 28.58 |
| 75. | MENTEL Igor | 08 | KS Delfin Gdynia | 54.45 | 558 | 26.17 | 28.28 |
| 76. | KRYSIK Kacper | 04 | MKS Trójka Łód | 54.58 | 554 | 25.96 | 28.62 |
| 77. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 54.59 | 554 | | |
| 78. | WITT Piotr | 91 | KS Warta Pozna | 54.62 | 553 | 26.45 | 28.17 |
| 79. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródemie cie | 54.68 | 551 | 26.41 | 28.27 |
| 80. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 54.72 | 550 | 26.05 | 28.67 |
| | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 54.72 | 550 | 26.23 | 28.49 |
| 82. | LICKUN Tycjan | 05 | MKP Szczecin | 54.85 | 546 | 26.06 | 28.79 |
| 83. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 54.86 | 546 | 26.70 | 28.16 |
| 84. | BILSKI Bartosz | 02 | KS SWIM-ART Wrocław | 54.99 | 542 | 26.22 | 28.77 |
| 85. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 55.06 | 540 | 26.42 | 28.64 |
| 86. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk" Suw | 55.13 | 538 | 26.24 | 28.89 |
| 87. | CIECHOMSKI Rafał | 06 | MKS „Astoria" Bydgoszcz | 55.23 | 535 | 26.68 | 28.55 |
| 88. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 55.24 | 534 | 26.36 | 28.88 |
| | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 55.24 | 534 | 26.56 | 28.68 |
| 90. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 55.35 | 531 | 26.29 | 29.06 |
| 91. | PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 55.37 | 531 | 26.70 | 28.67 |
| 92. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 55.40 | 530 | 26.39 | 29.01 |
| 93. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa" | 55.42 | 529 | 26.10 | 29.32 |
| 94. | SELDER Krystian | 07 | MKS Trójka Łód | 55.49 | 527 | 26.77 | 28.72 |
| | PI TEK Olivier | 04 | MUKS "Pi tnastrka" | 55.49 | 527 | 25.66 | 29.83 |
| 96. | NOWAK Aleksander | 06 | MKP Szczecin | 55.59 | 524 | 26.75 | 28.84 |
| 97. | ZAPERT Korneliusz | 00 | KS AZS AWF Wrocław | 55.66 | 522 | 25.77 | 29.89 |
| 98. | MICHNIEWICZ Marcel | 06 | WKS l sk | 55.75 | 520 | 26.68 | 29.07 |
| 99. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 55.81 | 518 | 26.64 | 29.17 |
| 100. | M DREK Krzysztof | 06 | UKS „Omega" Olkusz | 55.84 | 517 | 26.64 | 29.20 |
| 101. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 55.85 | 517 | 26.56 | 29.29 |
| 102. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 55.88 | 516 | 26.29 | 29.59 |
| 103. | DOMA SKI Franciszek | 06 | MKS „Astoria" Bydgoszcz | 55.89 | 516 | 26.73 | 29.16 |
| 104. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródemie cie | 55.94 | 515 | 26.49 | 29.45 |
| 105. | VORONTSOV Maksym | 05 | TP Zielona Góra | 55.99 | 513 | 27.41 | 28.58 |
| 106. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 56.01 | 513 | 27.03 | 28.98 |
| 107. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 56.22 | 507 | 26.97 | 29.25 |
| 108. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 56.51 | 499 | 26.83 | 29.68 |
| 109. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 56.58 | 497 | 26.33 | 30.25 |
| 110. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 56.69 | 494 | 26.89 | 29.80 |
| 111. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 56.77 | 492 | 26.32 | 30.45 |
| 112. | POR BA Krzysztof | 07 | WKS l sk | 56.80 | 491 | 26.54 | 30.26 |
| 113. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 56.84 | 490 | 27.12 | 29.72 |
| 114. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 56.85 | 490 | 27.41 | 29.44 |
| 115. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 56.98 | 487 | 27.19 | 29.79 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---|------|-----------------------------------|----------------|------|-------|-------|
| 116. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 57.03 | 486 | 27.81 | 29.22 |
| 117. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 57.06 | 485 | 27.78 | 29.28 |
| 118. | KUŁTON Jakub | 07 | KS Warta Pozna | 57.15 | 483 | 27.42 | 29.73 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 57.15 | 483 | 27.61 | 29.54 |
| 120. | SAWI SKI Michał | 07 | ORKA Szamotuły | 57.30 | 479 | 27.63 | 29.67 |
| 121. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 57.31 | 478 | 27.24 | 30.07 |
| 122. | STARO Filip | 08 | UKS abianka Gda sk | 57.35 | 477 | 28.14 | 29.21 |
| 123. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.36 | 477 | 27.37 | 29.99 |
| 124. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 57.43 | 475 | 27.94 | 29.49 |
| 125. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 57.50 | 474 | 27.38 | 30.12 |
| 126. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 57.56 | 472 | 27.55 | 30.01 |
| 127. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.68 | 469 | 27.74 | 29.94 |
| 128. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 57.72 | 468 | 27.32 | 30.40 |
| 129. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 57.73 | 468 | 27.53 | 30.20 |
| 130. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 57.80 | 466 | 27.71 | 30.09 |
| 131. | WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 57.85 | 465 | 27.39 | 30.46 |
| 132. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.99 | 462 | 27.99 | 30.00 |
| 133. | SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 58.03 | 461 | 27.84 | 30.19 |
| 134. | NIECKARZ Paweł | 06 | UKS 190 Łód | 58.05 | 460 | 27.65 | 30.40 |
| 135. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 58.14 | 458 | 27.42 | 30.72 |
| 136. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 58.36 | 453 | 27.88 | 30.48 |
| 137. | JURASZEK Paweł | 94 | AZS AWF Katowice | 58.58 | 448 | 21.30 | 37.28 |
| 138. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 58.61 | 447 | 27.98 | 30.63 |
| 139. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 59.18 | 434 | 28.12 | 31.06 |
| 140. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 59.43 | 429 | 28.12 | 31.31 |
| 141. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 59.54 | 427 | 27.92 | 31.62 |
| 142. | LIBERSKI Mikołaj | 07 | KS Warta Pozna | 59.58 | 426 | 28.83 | 30.75 |
| 143. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 59.62 | 425 | 28.90 | 30.72 |
| 144. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 59.73 | 423 | 27.64 | 32.09 |
| 145. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 59.86 | 420 | 27.68 | 32.18 |
| 146. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 59.99 | 417 | 28.52 | 31.47 |
| 147. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 1:00.04 | 416 | 28.69 | 31.35 |
| | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 1:00.04 | 416 | 29.24 | 30.80 |
| 149. | SZARZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 1:00.86 | 399 | 28.47 | 32.39 |
| 150. | WIADERNY Maksym | 06 | MKS Trójka Łód | 1:01.49 | 387 | 29.27 | 32.22 |
| 151. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:01.56 | 386 | 28.96 | 32.60 |
| 152. | PASZEK Adam | 08 | KP Aquapark W growiec | 1:01.82 | 381 | 29.33 | 32.49 |
| 153. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:01.90 | 380 | 29.72 | 32.18 |
| 154. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 1:01.98 | 378 | 30.05 | 31.93 |
| 155. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:02.53 | 368 | 30.20 | 32.33 |
| 156. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 1:02.80 | 364 | 29.92 | 32.88 |
| 157. | ST PNIAC Kacper | 99 | KU AZS Uniwersytetu Warszawskiego | 1:02.94 | 361 | | |
| 158. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 1:03.56 | 351 | 30.49 | 33.07 |
| 159. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:03.81 | 347 | 31.11 | 32.70 |
| 160. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 1:04.00 | 343 | 29.40 | 34.60 |
| 161. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.32 | 295 | 26.87 | 40.45 |
| 162. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:09.05 | 273 | 33.19 | 35.86 |
| DYSKW. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | | | | |
| | <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | | | | |
| DYSKW. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | | | | |
| | <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | | | | |
| NW | OSTROWSKI Karol | 99 | MKP Szczecin | | | | |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | GRACIK Daniel | 04 | Sport Club Pardubice | 49.24 | 755 | 23.44 | 25.80 |
| 2. | MISIAK Szymon | 05 | UKS Shark Rudna | 49.79 | 730 | 23.65 | 26.14 |
| 3. | GULI SKI Maciej | 04 | KU AZS Uniwersytetu Warszawskiego | 50.04 | 719 | 23.94 | 26.10 |
| 4. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 50.16 | 714 | 24.16 | 26.00 |
| 5. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 50.23 | 711 | 23.84 | 26.39 |
| 6. | PLAGA Dawid | 05 | TP Skalar Słupsk | 50.34 | 706 | 24.28 | 26.06 |
| 7. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 50.49 | 700 | 24.20 | 26.29 |
| 8. | WARZOCHA Gustaw | 04 | KS Warta Pozna | 50.69 | 692 | 24.14 | 26.55 |
| 9. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 50.71 | 691 | | |
| 10. | CIESIELSKI Artur | 04 | AZS UŁ PŁ Łód | 50.77 | 688 | 24.64 | 26.13 |
| 11. | TKACZ Wiktor | 05 | MKS Piaseczno | 50.81 | 687 | 24.98 | 25.83 |
| 12. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 50.89 | 684 | 24.44 | 26.45 |
| 13. | SEMERA Milan | 05 | KPS Ostrava | 51.60 | 656 | 24.94 | 26.66 |
| 14. | ZAREMBA Adam | 05 | WKS I sk | 51.77 | 649 | 25.09 | 26.68 |
| 15. | CZAPLA Kacper | 04 | MKP Szczecin | 51.96 | 642 | 24.32 | 27.64 |
| 16. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 52.15 | 635 | 25.28 | 26.87 |
| 17. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 52.18 | 634 | 25.38 | 26.80 |
| 18. | CHUPKA Patryk | 05 | WKS I sk | 52.22 | 633 | 24.94 | 27.28 |
| 19. | MOC Albert | 04 | Sport Club Pardubice | 52.37 | 627 | | |
| 20. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 52.40 | 626 | 25.04 | 27.36 |
| 21. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 52.57 | 620 | 25.15 | 27.42 |
| 22. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 52.90 | 609 | 24.84 | 28.06 |
| 23. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 53.15 | 600 | 25.54 | 27.61 |
| 24. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 53.22 | 598 | 24.91 | 28.31 |
| 25. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 53.32 | 594 | 25.81 | 27.51 |
| 26. | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 53.86 | 577 | 25.56 | 28.30 |
| 27. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 53.91 | 575 | 25.90 | 28.01 |
| 28. | JUCHNO Mikołaj | 05 | IKS Konstancin | 54.01 | 572 | 25.91 | 28.10 |
| 29. | WIEK Bła ej | 05 | UKS abianka Gda sk | 54.11 | 569 | 26.42 | 27.69 |
| 30. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.12 | 568 | 25.87 | 28.25 |
| 31. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 54.15 | 567 | 25.73 | 28.42 |
| 32. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 54.19 | 566 | | |
| 33. | KRYSIAK Kacper | 04 | MKS Trójka Łód | 54.58 | 554 | 25.96 | 28.62 |
| 34. | LICKUN Tycjan | 05 | MKP Szczecin | 54.85 | 546 | 26.06 | 28.79 |
| 35. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 55.06 | 540 | 26.42 | 28.64 |
| 36. | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 55.24 | 534 | 26.56 | 28.68 |
| 37. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 55.35 | 531 | 26.29 | 29.06 |
| 38. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 55.40 | 530 | 26.39 | 29.01 |
| 39. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 55.49 | 527 | 25.66 | 29.83 |
| 40. | VORONTSOV Maksym | 05 | TP Zielona Góra | 55.99 | 513 | 27.41 | 28.58 |
| 41. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 56.69 | 494 | 26.89 | 29.80 |
| 42. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 56.77 | 492 | 26.32 | 30.45 |
| 43. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 56.85 | 490 | 27.41 | 29.44 |
| 44. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 57.80 | 466 | 27.71 | 30.09 |
| 45. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa" | 59.62 | 425 | 28.90 | 30.72 |
| 46. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 1:04.00 | 343 | 29.40 | 34.60 |
| 47. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.32 | 295 | 26.87 | 40.45 |

16 lat

| | | | | | | | |
|-----|-------------------|----|----------------------------------|--------------|-----|-------|-------|
| 1. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródnie cie | 51.18 | 672 | 24.69 | 26.49 |
| 2. | KRUCKI Kajetan | 06 | KS Posnania Pozna | 51.40 | 663 | 24.44 | 26.96 |
| 3. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wod | 51.58 | 656 | | |
| 4. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 51.61 | 655 | 24.51 | 27.10 |
| 5. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 51.72 | 651 | 24.79 | 26.93 |
| 6. | MIKULA Vilem | 06 | Sport Club Pardubice | 53.18 | 599 | 25.86 | 27.32 |
| 7. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wod | 53.20 | 598 | 25.55 | 27.65 |
| 8. | LIPIEC Maciej | 06 | WKS I sk | 53.70 | 582 | 26.07 | 27.63 |
| 9. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.04 | 571 | 26.01 | 28.03 |
| 10. | SZAREK Jan | 06 | WKS I sk | 54.14 | 568 | 26.28 | 27.86 |
| 11. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.26 | 564 | 25.71 | 28.55 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, Chłopców, 100m dowolny, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|---------|------------------------|----------------------------------|----------------|-----|-------|-------|
| 12. | 06 | RYSTWEJ Maksymilian | UKS G-8 Bielany Warszawa | 54.32 | 562 | 26.15 | 28.17 |
| 13. | 06 | JASI SKI Kacper | MUKP Korona-Swim Kielce | 54.72 | 550 | 26.05 | 28.67 |
| | 06 | TOPOLNICKI Maksymilian | UKS MOS w Opolu | 54.72 | 550 | 26.23 | 28.49 |
| 15. | 06 | PACEWICZ Wiktor | UKS 190 Łód | 54.86 | 546 | 26.70 | 28.16 |
| 16. | 06 | CIECHOMSKI Rafał | MKS „Astoria” Bydgoszcz | 55.23 | 535 | 26.68 | 28.55 |
| 17. | 06 | LE NIEWSKI Wiktor | UKP „Polonia Warszawa” | 55.42 | 529 | 26.10 | 29.32 |
| 18. | 06 | NOWAK Aleksander | MKP Szczecin | 55.59 | 524 | 26.75 | 28.84 |
| 19. | 06 | MICHNIEWICZ Marcel | WKS I sk | 55.75 | 520 | 26.68 | 29.07 |
| 20. | 06 | URBA SKI Maciej | Mokotowski UKP Warszawianka- Wod | 55.81 | 518 | 26.64 | 29.17 |
| 21. | 06 | M DREK Krzysztof | UKS „Omega” Olkusz | 55.84 | 517 | 26.64 | 29.20 |
| 22. | 06 | KACZMAREK Michał | UKS G-8 Bielany Warszawa | 55.85 | 517 | 26.56 | 29.29 |
| 23. | 06 | DOMA SKI Franciszek | MKS „Astoria” Bydgoszcz | 55.89 | 516 | 26.73 | 29.16 |
| 24. | 06 | DUBINIAK Kacper | UKS 48 Warszawa ródmi cie | 55.94 | 515 | 26.49 | 29.45 |
| 25. | 06 | CHABOWSKI Nathaniel | UKS abianka Gda sk | 56.98 | 487 | 27.19 | 29.79 |
| 26. | 06 | WAWRZYNIAK Filip | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.36 | 477 | 27.37 | 29.99 |
| 27. | 06 | STARZY SKI Filip | KP Aquapark W growiec | 57.73 | 468 | 27.53 | 30.20 |
| 28. | 06 | ROZMIAREK Mateusz | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.99 | 462 | 27.99 | 30.00 |
| 29. | 06 | NIECKARZ Paweł | UKS 190 Łód | 58.05 | 460 | 27.65 | 30.40 |
| 30. | 06 | WIADERNY Maksym | MKS Trójka Łód | 1:01.49 | 387 | 29.27 | 32.22 |
| DYSKW. | 06 | KRUPA Borys | UKP „Polonia Warszawa” | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

15 lat

| | | | | | | | |
|-----|----|-------------------------|-------------------------------------|----------------|-----|-------|-------|
| 1. | 07 | PIETRO Przemysław | KU AZS UMCS Lublin | 50.58 | 696 | 24.37 | 26.21 |
| 2. | 07 | LESIK Oskar | UKS G-8 Bielany Warszawa | 51.48 | 660 | 24.64 | 26.84 |
| 3. | 07 | SHYPIN Aliaksandr | UKS G-8 Bielany Warszawa | 53.22 | 598 | | |
| 4. | 07 | REDZI SKI VEL RYDZY SKI | UKP „Polonia Warszawa” | 53.45 | 590 | 25.54 | 27.91 |
| 5. | 07 | ANTOSIK Kacper | UKS G-8 Bielany Warszawa | 53.60 | 585 | 25.37 | 28.23 |
| 6. | 07 | HETMAN Mikołaj | MUKS "Pi tnastka" | 54.00 | 572 | 26.08 | 27.92 |
| 7. | 07 | ŁAZAROWICZ Janusz | UKS 48 Warszawa ródmi cie | 54.68 | 551 | 26.41 | 28.27 |
| 8. | 07 | KUSEK Mateusz | Mi dzyszkolny UKS „Olimpijczyk” Suw | 55.13 | 538 | 26.24 | 28.89 |
| 9. | 07 | GARSTKA Aleksander | MPKS Orka Ciechanów | 55.24 | 534 | 26.36 | 28.88 |
| 10. | 07 | PONIEWA Oliwier | KU AZS UMCS Lublin | 55.37 | 531 | 26.70 | 28.67 |
| 11. | 07 | SELDER Krystian | MKS Trójka Łód | 55.49 | 527 | 26.77 | 28.72 |
| 12. | 07 | HUBI SKI Olivier | KS Delfin Gdynia | 55.88 | 516 | 26.29 | 29.59 |
| 13. | 07 | WI NIEWSKI Jakub | UKS G-8 Bielany Warszawa | 56.58 | 497 | 26.33 | 30.25 |
| 14. | 07 | POR BA Krzysztof | WKS I sk | 56.80 | 491 | 26.54 | 30.26 |
| 15. | 07 | MRUGAŁA Michał | UKP „Polonia Warszawa” | 57.03 | 486 | 27.81 | 29.22 |
| 16. | 07 | KUŁTON Jakub | KS Warta Pozna | 57.15 | 483 | 27.42 | 29.73 |
| | 07 | MICHALCZUK Bartosz | WKS I sk | 57.15 | 483 | 27.61 | 29.54 |
| 18. | 07 | SAWI SKI Michał | ORKA Szamotuły | 57.30 | 479 | 27.63 | 29.67 |
| 19. | 07 | MIKOŁAJCZYK Adrian | MKS Trójka Łód | 57.43 | 475 | 27.94 | 29.49 |
| 20. | 07 | RODZIEWICZ Bartosz | MKP Szczecin | 57.50 | 474 | 27.38 | 30.12 |
| 21. | 07 | TROSZCZY SKI Szymon | Uks Cityzen | 57.72 | 468 | 27.32 | 30.40 |
| 22. | 07 | WIELGOSZ Borys | MUKS "Pi tnastka" | 57.85 | 465 | 27.39 | 30.46 |
| 23. | 07 | SYLWESTROWICZ Wiktor | MUKS "Pi tnastka" | 58.03 | 461 | 27.84 | 30.19 |
| 24. | 07 | GORAJ Bartłomiej | UKS „Omega” Olkusz | 58.14 | 458 | 27.42 | 30.72 |
| 25. | 07 | MIELCZAREK Maciej | UKP „Polonia Warszawa” | 58.36 | 453 | 27.88 | 30.48 |
| 26. | 07 | NIEPYTAŁSKI Maciej | MPKS Orka Ciechanów | 58.61 | 447 | 27.98 | 30.63 |
| 27. | 07 | STAWIARSKI Oskar | UKP „Polonia Warszawa” | 59.54 | 427 | 27.92 | 31.62 |
| 28. | 07 | LIBERSKI Mikołaj | KS Warta Pozna | 59.58 | 426 | 28.83 | 30.75 |
| 29. | 07 | KOLUCH Franciszek | UKS Kapry-Armexim Pruszków | 59.86 | 420 | 27.68 | 32.18 |
| 30. | 07 | SZARSZEWSKI Krzysztof | MKP Astromal-Lesno | 1:00.86 | 399 | 28.47 | 32.39 |
| 31. | 07 | LITWI SKI Igor | MUKP Korona-Swim Kielce | 1:01.98 | 378 | 30.05 | 31.93 |
| 32. | 07 | ABI SKI Igor | UKS Tri-Team Rumia | 1:03.56 | 351 | 30.49 | 33.07 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny

14 lat

| | | | | | | | |
|--------|-----------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 53.92 | 575 | 26.22 | 27.70 |
| 2. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 54.09 | 569 | 25.54 | 28.55 |
| 3. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 54.19 | 566 | 25.53 | 28.66 |
| 4. | MENTEL Igor | 08 | KS Delfin Gdynia | 54.45 | 558 | 26.17 | 28.28 |
| 5. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 56.01 | 513 | 27.03 | 28.98 |
| 6. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 56.22 | 507 | 26.97 | 29.25 |
| 7. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 56.51 | 499 | 26.83 | 29.68 |
| 8. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 56.84 | 490 | 27.12 | 29.72 |
| 9. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 57.06 | 485 | 27.78 | 29.28 |
| 10. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 57.31 | 478 | 27.24 | 30.07 |
| 11. | STARO Filip | 08 | UKS abianka Gda sk | 57.35 | 477 | 28.14 | 29.21 |
| 12. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 57.56 | 472 | 27.55 | 30.01 |
| 13. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.68 | 469 | 27.74 | 29.94 |
| 14. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 59.18 | 434 | 28.12 | 31.06 |
| 15. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 59.43 | 429 | 28.12 | 31.31 |
| 16. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 59.73 | 423 | 27.64 | 32.09 |
| 17. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 59.99 | 417 | 28.52 | 31.47 |
| 18. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 1:00.04 | 416 | 28.69 | 31.35 |
| | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 1:00.04 | 416 | 29.24 | 30.80 |
| 20. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:01.56 | 386 | 28.96 | 32.60 |
| 21. | PASZEK Adam | 08 | KP Aquapark W growiec | 1:01.82 | 381 | 29.33 | 32.49 |
| 22. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:01.90 | 380 | 29.72 | 32.18 |
| 23. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:02.53 | 368 | 30.20 | 32.33 |
| 24. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 1:02.80 | 364 | 29.92 | 32.88 |
| 25. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:03.81 | 347 | 31.11 | 32.70 |
| 26. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:09.05 | 273 | 33.19 | 35.86 |
| DYSKW. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW POTEempa Igor 08 Uks Cityzen

Konkurencja 14

Kobiet, 50m klasyczny

14 lat i starsi

2022.11.12 - 17:16

Wyniki

Rekord Polski 29.82 SZTANDERA Dominika POL Kopenhaga (DEN) 2017.12.13

Min. indywidualne na M (25m) Melbourne 2022 Open: 29.55 / Min. do sztafety na M (25m) Melbourne 2022 Open: 29.85

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|-----------------|---------|-----------------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 97 | MKS Juvenia Wrocław | 30.21 | 844 |
| 2. | 01 | KU AZS Uniwersytetu Warszawskiego | 30.38 | 830 |
| 3. | 00 | AZS AWF Warszawa | 31.29 | 760 |
| 4. | 06 | UKS G-8 Bielany Warszawa | 31.54 | 742 |
| 5. | 99 | Ústecká akademie plaveckých sport | 31.98 | 712 |
| 6. | 04 | UKP „Polonia Warszawa” | 32.15 | 701 |
| 7. | 07 | WKS I sk | 32.36 | 687 |
| 8. | 06 | UKS „Jasie ” Sucha Beskidzka | 32.50 | 678 |
| 9. | 05 | MKS Piaseczno | 32.55 | 675 |
| 10. | 05 | Sport Club Pardubice | 32.90 | 654 |
| 11. | 98 | TP Olimpijczyk Aleksandrów Łódzki | 33.00 | 648 |
| 12. | 07 | UKS „Omega” Olkusz | 33.01 | 647 |
| 13. | 04 | UKP „Polonia Warszawa” | 33.06 | 644 |
| 14. | 03 | AZS AWF Warszawa | 33.09 | 642 |
| 15. | 07 | TP Zielona Góra | 33.24 | 634 |
| 16. | 06 | UKS „GIM 92 Ursynów” | 33.27 | 632 |
| 17. | 06 | KS KSZO Ostrowiec w. | 33.38 | 626 |
| 18. | 07 | KU AZS UAM Pozna | 33.46 | 621 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 14, Kobiet, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|--------------------------------------|--------------|------|
| 19. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 33.51 | 619 |
| 20. | PIETRZYK Hanna | 07 TP Olimpijczyk Aleksandrów Łódzki | 33.54 | 617 |
| 21. | SKROK Julia | 07 WKS I sk | 33.60 | 614 |
| 22. | JAROSZ Helena | 06 UKP Unia O wi cim | 33.62 | 613 |
| 23. | OFMAN Julia | 04 KS KSZO Ostrowiec w. | 33.70 | 608 |
| 24. | GŁOWACKA Weronika | 06 IKS Konstancin | 33.72 | 607 |
| 25. | S DŁAK Alicja | 05 MKS Jedyńka Łód | 33.86 | 600 |
| 26. | BIELAWA Anna | 06 WKS I sk | 34.01 | 592 |
| 27. | SIENKIEWICZ Martyna | 04 MUKS "Pi tnastka" | 34.06 | 589 |
| 28. | SZOPA Natalia | 07 UKP Gryf D bica | 34.22 | 581 |
| 29. | KOTENKO Mariia | 06 MKP Szczecin | 34.38 | 573 |
| 30. | STUDZI SKA Nadia | 04 MUKS "Pi tnastka" | 34.39 | 572 |
| 31. | MACIUSZEK Wiktoria | 04 KS SWIM-ART Wrocław | 34.41 | 571 |
| 32. | POŁOK Dominika | 07 UKS MOS w Opolu | 34.43 | 570 |
| 33. | HLAVATA Eliska | 07 Sport Club Pardubice | 34.87 | 549 |
| 34. | BERNAT Laura | 05 KU AZS UMCS Lublin | 35.07 | 540 |
| 35. | KAROLCZAK Pola | 06 MUKS "Pi tnastka" | 35.26 | 531 |
| 36. | KOWALSKA Oliwia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 35.47 | 522 |
| 37. | HABARTA Larysa | 08 UKS Aquatica Pawłowice | 35.67 | 513 |
| 38. | GRACA Maja | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 35.68 | 512 |
| 39. | KOŁODZIEJSKA Stefania | 06 UKS Tri-Team Rumia | 36.07 | 496 |
| 40. | JEZIORSKA Natalia | 07 MKS Trójka Łód | 36.24 | 489 |
| 41. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa” | 36.52 | 478 |
| 42. | RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 36.54 | 477 |
| 43. | KOMOR Agata | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 36.63 | 473 |
| 44. | JADCZUK Estella | 08 MKS Znicz Koszalin | 36.64 | 473 |
| 45. | WACHOWIAK Zofia | 04 MKS „Astoria” Bydgoszcz | 37.09 | 456 |
| | MI KUS Alicja | 06 UKS Ostrobramska | 37.09 | 456 |
| 47. | BLUGE Angelika | 00 MKS „Astoria” Bydgoszcz | 37.11 | 455 |
| 48. | WARSI SKA Julia | 07 MUKS "Pi tnastka" | 37.21 | 452 |
| 49. | PERUZKOVA Nela | 06 Sport Club Pardubice | 37.35 | 447 |
| 50. | ZIELI SKA Małgorzata | 08 UKS abianka Gda sk | 37.37 | 446 |
| 51. | MYKA Natalia | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 37.45 | 443 |
| 52. | MOLAK Aniela | 07 UKS Ostrobramska | 37.48 | 442 |
| 53. | CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA” Gorzów Wlkp. | 37.78 | 432 |
| 54. | R ANY Wiktoria | 02 UKP Gryf D bica | 38.28 | 415 |
| 55. | R ANY Blanka | 08 UKP Gryf D bica | 38.33 | 413 |
| 56. | NAJI Kamila | 08 MKS Trójka Łód | 39.32 | 383 |
| 57. | WAWRZY尼亚K Julia | 07 Grupa 5Styl | 40.35 | 354 |
| 58. | PACZESNA Laura | 07 KP Aquapark W growiec | 46.11 | 237 |
| 59. | GOROCKIEWICZ Sylwia | 75 KS Warta Pozna | 57.80 | 120 |

17 - 18 lat

| | | | | |
|-----|---------------------|---------------------------------|--------------|-----|
| 1. | TYMI SKA Zofia | 04 UKP „Polonia Warszawa” | 32.15 | 701 |
| 2. | BAŁDA Aleksandra | 05 MKS Piaseczno | 32.55 | 675 |
| 3. | FISEROVA Marketa | 05 Sport Club Pardubice | 32.90 | 654 |
| 4. | STRZ DAŁA Karolina | 04 UKP „Polonia Warszawa” | 33.06 | 644 |
| 5. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 33.51 | 619 |
| 6. | OFMAN Julia | 04 KS KSZO Ostrowiec w. | 33.70 | 608 |
| 7. | S DŁAK Alicja | 05 MKS Jedyńka Łód | 33.86 | 600 |
| 8. | SIENKIEWICZ Martyna | 04 MUKS "Pi tnastka" | 34.06 | 589 |
| 9. | STUDZI SKA Nadia | 04 MUKS "Pi tnastka" | 34.39 | 572 |
| 10. | MACIUSZEK Wiktoria | 04 KS SWIM-ART Wrocław | 34.41 | 571 |
| 11. | BERNAT Laura | 05 KU AZS UMCS Lublin | 35.07 | 540 |
| 12. | KOWALSKA Oliwia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 35.47 | 522 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 14, Kobiet, 50m klasyczny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---------------------|---------|------------------------------|--------------|------|
| 13. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastrka" | 36.54 | 477 |
| 14. | KOMOR Agata | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 36.63 | 473 |
| 15. | WACHOWIAK Zofia | 04 | MKS „Astoria" Bydgoszcz | 37.09 | 456 |

16 lat

| | | | | | |
|-----|-------------------------|----|------------------------------|--------------|-----|
| 1. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 31.54 | 742 |
| 2. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | 32.50 | 678 |
| 3. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 33.27 | 632 |
| 4. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 33.38 | 626 |
| 5. | JAROSZ Helena | 06 | UKP Unia O wi cim | 33.62 | 613 |
| 6. | GŁOWACKA Weronika | 06 | IKS Konstancin | 33.72 | 607 |
| 7. | BIELAWA Anna | 06 | WKS I sk | 34.01 | 592 |
| 8. | KOTENKO Mariia | 06 | MKP Szczecin | 34.38 | 573 |
| 9. | KAROLCZAK Pola | 06 | MUKS "Pi tnastrka" | 35.26 | 531 |
| 10. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 36.07 | 496 |
| 11. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa" | 36.52 | 478 |
| 12. | MI KUS Alicja | 06 | UKS Ostrobramska | 37.09 | 456 |
| 13. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 37.35 | 447 |
| 14. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 37.78 | 432 |

15 lat

| | | | | | |
|-----|--------------------|----|-----------------------------------|--------------|-----|
| 1. | TURBA SKA Marta | 07 | WKS I sk | 32.36 | 687 |
| 2. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 33.01 | 647 |
| 3. | KOT Emilia | 07 | TP Zielona Góra | 33.24 | 634 |
| 4. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 33.46 | 621 |
| 5. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 33.54 | 617 |
| 6. | SKROK Julia | 07 | WKS I sk | 33.60 | 614 |
| 7. | SZOPA Natalia | 07 | UKP Gryf D bica | 34.22 | 581 |
| 8. | POLOK Dominika | 07 | UKS MOS w Opolu | 34.43 | 570 |
| 9. | HLAVATA Eliška | 07 | Sport Club Pardubice | 34.87 | 549 |
| 10. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 36.24 | 489 |
| 11. | WARSI SKA Julia | 07 | MUKS "Pi tnastrka" | 37.21 | 452 |
| 12. | MOLAK Aniela | 07 | UKS Ostrobramska | 37.48 | 442 |
| 13. | WAWRZYNIAK Julia | 07 | Grupa 5Styl | 40.35 | 354 |
| 14. | PACZESNA Laura | 07 | KP Aquapark W growiec | 46.11 | 237 |

14 lat

| | | | | | |
|----|----------------------|----|------------------------------|--------------|-----|
| 1. | HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 35.67 | 513 |
| 2. | GRACA Maja | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 35.68 | 512 |
| 3. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 36.64 | 473 |
| 4. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 37.37 | 446 |
| 5. | MYKA Natalia | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 37.45 | 443 |
| 6. | R ANY Blanka | 08 | UKP Gryf D bica | 38.33 | 413 |
| 7. | NAJI Kamila | 08 | MKS Trójka Łód | 39.32 | 383 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 15
2022.11.12 - 17:24

M czyzn, 50m klasyczny

14 lat i starsi
Wyniki

Rekord Polski 26.19 PLUTECKI Adam POL Gorzow Wielkopolski 2009.11.28

Min. indywidualne na M (25m) Melbourne 2022 Open: 25.80 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.06

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 00 | KAŁUSOWSKI Jan MKS Trójka Łód | 26.82 | 805 |
| 2. | 03 | SKÓRA Bartosz UKS Pi tka Konstantynów Łódzki | 27.27 | 765 |
| 3. | 02 | WIEKIERA Dawid MKP „Wodnik 29” Tychy | 27.32 | 761 |
| 4. | 94 | JURASZEK Paweł AZS AWF Katowice | 27.91 | 714 |
| 5. | 99 | SOLAK Łukasz KS AZS AGH Kraków | 28.01 | 706 |
| 6. | 04 | ISKRA Szymon UKS Pi tka Konstantynów Łódzki | 28.09 | 700 |
| 7. | 05 | ŁUPI SKI Mateusz UKP „Polonia Warszawa” | 28.13 | 697 |
| 8. | 04 | URBA SKI Filip UKS G-8 Bielany Warszawa | 28.16 | 695 |
| 9. | 00 | BEBEROK Filip AZS AWF Katowice | 28.26 | 688 |
| 10. | 04 | WARZOCHA Gustaw KS Warta Pozna | 28.37 | 680 |
| 11. | 03 | BARCZYK Jan UKS „Omega” Olkusz | 28.43 | 675 |
| 12. | 97 | ROMANOWSKI Kamil AZS AWF Katowice | 28.48 | 672 |
| 13. | 97 | LECHOWICZ Filip UKS "Feniks" D bica | 28.59 | 664 |
| 14. | 00 | CERLICH Maksymilian AZS AWF Katowice | 28.61 | 663 |
| 15. | 05 | LOTER Bartosz UKP Unia O wi cim | 28.62 | 662 |
| 16. | 06 | MAKSAJDA Kacper TP Skalar Słupsk | 28.69 | 657 |
| 17. | 00 | KRYSTYNIAK Mateusz AZS AWF Katowice | 28.75 | 653 |
| 18. | 05 | FALARZ Mateusz UKS G-8 Bielany Warszawa | 28.92 | 642 |
| 19. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 28.93 | 641 |
| 20. | 99 | JUNG Krzysztof AZS AWF Katowice | 29.01 | 636 |
| 21. | 02 | BIELAWA Dominik WKS I sk | 29.03 | 634 |
| 22. | 02 | TOMCZAK Tymoteusz KS Posnania Pozna | 29.04 | 634 |
| 24. | 04 | MINICHOWSKI Maksymilian UKS "V" Łomianki | 29.04 | 634 |
| 24. | 97 | LONG Bryar MKS Juvenia Wrocław | 29.08 | 631 |
| 25. | 04 | KALISZEWSKI Adrian Ks "Marlin Mława" | 29.09 | 630 |
| 26. | 05 | TKACZ Wiktor MKS Piaseczno | 29.20 | 623 |
| 27. | 04 | LIS Jan KS KSZO Ostrowiec w. | 29.23 | 621 |
| 28. | 07 | LVUTIN Lev UKS Tri-Team Rumia | 29.59 | 599 |
| 29. | 03 | FILIPIAK Grzegorz KS AZS AWF Wrocław | 29.61 | 598 |
| 30. | 00 | WO NIAK Maciej UKS 190 Łód | 29.67 | 594 |
| 31. | 07 | CZOGAŁA Grzegorz UKS G-8 Bielany Warszawa | 29.74 | 590 |
| 32. | 05 | KUCHARCZYK Paweł UKP „Polonia Warszawa” | 29.76 | 589 |
| 33. | 06 | KRIUKOW Aleksander IKS Konstancin | 29.92 | 579 |
| 34. | 06 | KRÓL Aleksander MKP Szczecin | 30.06 | 571 |
| 35. | 04 | WOLSKI Kuba KS KSZO Ostrowiec w. | 30.16 | 566 |
| 36. | 02 | ALEKSANDER Jakub MKP Szczecin | 30.19 | 564 |
| 37. | 07 | SZAFRA SKI Kamil KS Warta Pozna | 30.22 | 562 |
| 38. | 04 | CHALUPNIK Jiri Sport Club Pardubice | 30.34 | 556 |
| 39. | 08 | MAISTRUK Yehor UKS Tri-Team Rumia | 30.40 | 552 |
| 40. | 07 | KRUK Franciszek UKS „GIM 92 Ursynów” | 30.42 | 551 |
| 41. | 06 | WASILEWSKI Kacper UKS G-8 Bielany Warszawa | 30.46 | 549 |
| 42. | 03 | TEPLY Jan Sport Club Pardubice | 30.62 | 540 |
| 43. | 80 | SZYMKOWIAK Marcin KS Warta Pozna | 30.71 | 536 |
| 44. | 04 | WIERCI SKI Kacper MKP Szczecin | 30.81 | 531 |
| 45. | 07 | BIE U SKI Jakub Squatina Ostroł ka | 30.88 | 527 |
| 46. | 06 | KRASOWSKI Szymon KS Posnania Pozna | 30.94 | 524 |
| 47. | 07 | SPIREWSKI Mikołaj UKS Siódemka Gdynia | 31.06 | 518 |
| 48. | 07 | WÓJCIAK Oliwier UKS "V" Łomianki | 31.08 | 517 |
| 49. | 04 | PI TEK Olivier MUKS "Pi tnastka" | 31.09 | 516 |
| 50. | 05 | JANIAK Jakub TP Zielona Góra | 31.10 | 516 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 15, M czynn, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|-----------------------------------|--------------|------|
| 51. | 07 | KS Pospolania Pozna | 31.16 | 513 |
| 52. | 07 | MKS Piast Głogów | 31.27 | 507 |
| 53. | 04 | UKP „Polonia Warszawa” | 31.35 | 504 |
| 54. | 06 | MPKS Orka Ciechanów | 31.39 | 502 |
| 55. | 08 | WKS I sk | 31.44 | 499 |
| 56. | 05 | KPS Ostrava | 31.59 | 492 |
| 57. | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.67 | 488 |
| 58. | 07 | UKP Unia O wi cim | 31.78 | 483 |
| 59. | 07 | MKP Szczecin | 31.88 | 479 |
| 60. | 08 | UKS MOS w Opolu | 31.90 | 478 |
| 61. | 06 | UKP Unia O wi cim | 31.94 | 476 |
| 62. | 04 | MKP Szczecin | 32.19 | 465 |
| 63. | 05 | KS Warta Pozna | 32.45 | 454 |
| | 07 | MKS Trójka Łód | 32.45 | 454 |
| | 08 | Uks Cityzen | 32.45 | 454 |
| 66. | 06 | UKP „Polonia Warszawa” | 32.52 | 451 |
| 67. | 08 | UKP „Polonia Warszawa” | 32.82 | 439 |
| 68. | 06 | UKP „Polonia Warszawa” | 32.83 | 438 |
| 69. | 07 | UKS „GIM 92 Ursynów” | 32.88 | 436 |
| 70. | 07 | UKS „GIM 92 Ursynów” | 32.93 | 434 |
| 71. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 32.95 | 434 |
| 72. | 08 | Ks "Marlin Mława" | 32.97 | 433 |
| 73. | 08 | UKS „Ósemka" Toru | 32.99 | 432 |
| 74. | 08 | UKS "V" Łomianki | 33.32 | 419 |
| 75. | 07 | MPKS Orka Ciechanów | 33.33 | 419 |
| 76. | 07 | KS Delfin Gdynia | 33.42 | 416 |
| 77. | 06 | UKS 190 Łód | 33.47 | 414 |
| 78. | 08 | UKS 190 Łód | 33.76 | 403 |
| 79. | 08 | UKS 190 Łód | 34.82 | 367 |
| 80. | 08 | UKS abianka Gda sk | 34.85 | 366 |
| 81. | 07 | UKS Tri-Team Rumia | 35.00 | 362 |
| 82. | 08 | TP Olimpijczyk Aleksandrów Łódzki | 35.03 | 361 |
| 83. | 08 | UKS 190 Łód | 36.06 | 331 |
| 84. | 08 | MKP Szczecin | 36.11 | 329 |
| 85. | 08 | UKS 48 Warszawa ródnie cie | 37.38 | 297 |
| 86. | 04 | ORKA Szamotuły | 37.46 | 295 |
| 87. | 08 | Dwójka Morena Gda sk | 39.07 | 260 |
| 88. | 08 | Dwójka Morena Gda sk | 41.64 | 215 |
| 89. | 87 | WOPR Województwa Lubuskiego | 47.16 | 148 |
| NW | 04 | IKS Konstancin | | |
| NW | 08 | Uks Cityzen | | |

17 - 18 lat

| | | | | |
|-----|----|--------------------------------|--------------|-----|
| 1. | 04 | UKS Pi tka Konstantynów Łódzki | 28.09 | 700 |
| 2. | 05 | UKP „Polonia Warszawa” | 28.13 | 697 |
| 3. | 04 | UKS G-8 Bielany Warszawa | 28.16 | 695 |
| 4. | 04 | KS Warta Pozna | 28.37 | 680 |
| 5. | 05 | UKP Unia O wi cim | 28.62 | 662 |
| 6. | 05 | UKS G-8 Bielany Warszawa | 28.92 | 642 |
| 7. | 04 | UKS "V" Łomianki | 29.04 | 634 |
| 8. | 04 | Ks "Marlin Mława" | 29.09 | 630 |
| 9. | 05 | MKS Piaseczno | 29.20 | 623 |
| 10. | 04 | KS KSZO Ostrowiec w. | 29.23 | 621 |
| 11. | 05 | UKP „Polonia Warszawa” | 29.76 | 589 |
| 12. | 04 | KS KSZO Ostrowiec w. | 30.16 | 566 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 15, Chłopców, 50m klasyczny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 13. | 04 | CHALUPNIK Jiri Sport Club Pardubice | 30.34 | 556 |
| 14. | 04 | WIERCI SKI Kacper MKP Szczecin | 30.81 | 531 |
| 15. | 04 | PI TEK Olivier MUKS "Pi tnastrka" | 31.09 | 516 |
| 16. | 05 | JANIAK Jakub TP Zielona Góra | 31.10 | 516 |
| 17. | 04 | LITEWSKI Mikołaj UKP „Polonia Warszawa" | 31.35 | 504 |
| 18. | 05 | SEMEREA Milan KPS Ostrava | 31.59 | 492 |
| 19. | 04 | GERMANEK Alexander MKP Szczecin | 32.19 | 465 |
| 20. | 05 | BIELEWICZ Jan KS Warta Poznań | 32.45 | 454 |
| 21. | 05 | SE Jakub MKP „SŁOWIANKA" Gorzów Wlkp. | 32.95 | 434 |
| 22. | 04 | ANDRZEJEWSKI Jan ORKA Szamotuły | 37.46 | 295 |
| NW | 04 | LINARD Bartosz IKS Konstancin | | |

16 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 06 | MAKSAJDA Kacper TP Skalar Słupsk | 28.69 | 657 |
| 2. | 06 | KRIUKOW Aleksander IKS Konstancin | 29.92 | 579 |
| 3. | 06 | KRÓL Aleksander MKP Szczecin | 30.06 | 571 |
| 4. | 06 | WASILEWSKI Kacper UKS G-8 Bielany Warszawa | 30.46 | 549 |
| 5. | 06 | KRASOWSKI Szymon KS Posnania Poznań | 30.94 | 524 |
| 6. | 06 | WŁOCZEWSKI Karol MPKS Orka Ciechanów | 31.39 | 502 |
| 7. | 06 | NIEGUŁA Wojciech MKP „SŁOWIANKA" Gorzów Wlkp. | 31.67 | 488 |
| 8. | 06 | PORWIK Kacper UKP Unia O wi cim | 31.94 | 476 |
| 9. | 06 | PRZE DZIAK Stanisław UKP „Polonia Warszawa" | 32.52 | 451 |
| 10. | 06 | JEDLI SKI Mateusz UKP „Polonia Warszawa" | 32.83 | 438 |
| 11. | 06 | NIECKARZ Paweł UKS 190 Łódź | 33.47 | 414 |

15 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 07 | LVUTIN Lev UKS Tri-Team Rumia | 29.59 | 599 |
| 2. | 07 | CZOGAŁA Grzegorz UKS G-8 Bielany Warszawa | 29.74 | 590 |
| 3. | 07 | SZAFRA SKI Kamil KS Warta Poznań | 30.22 | 562 |
| 4. | 07 | KRUK Franciszek UKS „GIM 92 Ursynów" | 30.42 | 551 |
| 5. | 07 | BIE U SKI Jakub Squatina Ostroł ka | 30.88 | 527 |
| 6. | 07 | SPIREWSKI Mikołaj UKS Siódemka Gdynia | 31.06 | 518 |
| 7. | 07 | WÓJCIAK Oliwier UKS "V" Łomianki | 31.08 | 517 |
| 8. | 07 | BOSIACKI Kamil KS Posnania Poznań | 31.16 | 513 |
| 9. | 07 | PIOTROWSKI Marcel MKS Piast Głogów | 31.27 | 507 |
| 10. | 07 | WI NIEWSKI Wiktor UKP Unia O wi cim | 31.78 | 483 |
| 11. | 07 | PRONIN Patryk MKP Szczecin | 31.88 | 479 |
| 12. | 07 | WENTLAND Miłosz MKS Trójka Łódź | 32.45 | 454 |
| 13. | 07 | CYGA SKI Krzysztof UKS „GIM 92 Ursynów" | 32.88 | 436 |
| 14. | 07 | KRAS Mateusz UKS „GIM 92 Ursynów" | 32.93 | 434 |
| 15. | 07 | GARSTKA Aleksander MPKS Orka Ciechanów | 33.33 | 419 |
| 16. | 07 | OŁOWNIA Ignacy KS Delfin Gdynia | 33.42 | 416 |
| 17. | 07 | ABI SKI Igor UKS Tri-Team Rumia | 35.00 | 362 |

14 lat

| | | | | |
|----|----|--|--------------|-----|
| 1. | 08 | MAISTRUK Yehor UKS Tri-Team Rumia | 30.40 | 552 |
| 2. | 08 | RADZIKOWSKI Szymon WKS I sk | 31.44 | 499 |
| 3. | 08 | WASZTYL Kacper UKS MOS w Opolu | 31.90 | 478 |
| 4. | 08 | NOWAKOWSKI Kuba Uks Cityzen | 32.45 | 454 |
| 5. | 08 | NOWAK Krzysztof UKP „Polonia Warszawa" | 32.82 | 439 |
| 6. | 08 | KALISZEWSKI Patryk Ks "Marlin Mława" | 32.97 | 433 |
| 7. | 08 | YWICKI Wiktor UKS „Ósemka" Toruń | 32.99 | 432 |
| 8. | 08 | KUBICA Wiktor UKS "V" Łomianki | 33.32 | 419 |
| 9. | 08 | TRUDNOS Ignacy UKS 190 Łódź | 33.76 | 403 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 15, Chłopców, 50m klasyczny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|-------------------------|--------------------------------------|--------------|------|
| 10. PAWLAK Dawid | 08 UKS 190 Łód | 34.82 | 367 |
| 11. BALCEROWICZ Ryszard | 08 UKS abianka Gda sk | 34.85 | 366 |
| 12. PAWLAK Michał | 08 TP Olimpijczyk Aleksandrów Łódzki | 35.03 | 361 |
| 13. LESZCZY SKI Filip | 08 UKS 190 Łód | 36.06 | 331 |
| 14. KAMI SKI Maciej | 08 MKP Szczecin | 36.11 | 329 |
| 15. JARECKI Bartosz | 08 UKS 48 Warszawa ródemie cie | 37.38 | 297 |
| 16. WERTE Ludwik | 08 Dwójka Morena Gda sk | 39.07 | 260 |
| 17. KUNKEL Mikołaj | 08 Dwójka Morena Gda sk | 41.64 | 215 |
| NW POTEMPA Igor | 08 Uks Cityzen | | |

Konkurencja 16

Kobiet, 200m motylkowy

14 lat i starsi

2022.11.12 - 17:30

Wyniki

Rekord Polski 2:03.53 JEDRZEJCZAK Otylia POL Debrecen (HUN) 2007.12.13

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:06.60

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. MAIK Julia | 03 Kaliski Klub Sportowy „Włó | 2:12.27 | 739 | 28.82 | 33.25 | 34.55 | 35.65 |
| 2. FAMULOK Zuzanna | 03 AZS AWF Katowice | 2:13.56 | 718 | 29.99 | 33.57 | 34.79 | 35.21 |
| 3. KLUSEK Aleksandra | 05 UKP „Polonia Warszawa" | 2:15.47 | 688 | 30.82 | 35.26 | 34.27 | 35.12 |
| 4. PIEKARSKA Natalia | 06 UKS 190 Łód | 2:19.52 | 630 | 31.33 | 36.29 | 36.06 | 35.84 |
| 5. GRZESIAK Oliwia | 07 WKS I sk | 2:22.27 | 594 | 31.79 | 36.78 | 36.40 | 37.30 |
| 6. MICHALSKA Julia | 05 WKS I sk | 2:22.51 | 591 | 31.58 | 36.82 | 37.32 | 36.79 |
| 7. JUDA Aleksandra | 06 UKP Unia O wi cim | 2:22.84 | 587 | 32.32 | 36.52 | 36.89 | 37.11 |
| 8. MACIAK Julia | 06 IUKS „Muszelka" Warszawa | 2:23.31 | 581 | | | | |
| 9. BUKOWSKA Olga | 05 MKP Szczecin | 2:25.06 | 560 | | | | |
| 10. PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów" | 2:25.43 | 556 | | | | |
| 11. HAŁADYN Kamila | 04 UKS SP-149 Łód | 2:25.63 | 554 | 32.97 | 36.87 | 38.11 | 37.68 |
| 12. VOJTALOVÁ Andrea | 03 KPS Ostrava | 2:25.85 | 551 | 31.98 | 37.22 | 37.56 | 39.09 |
| 13. RACZY SKA Wiktoria | 04 AZS UŁ PŁ Łód | 2:26.07 | 549 | | | | |
| 14. WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 2:26.11 | 548 | 33.06 | 36.75 | 37.68 | 38.62 |
| 15. GORGOSZ Małgorzata | 07 UKS Aquatica Pawłowice | 2:26.53 | 543 | | | | |
| 16. GLI SKA Oliwia | 07 TP Zielona Góra | 2:26.63 | 542 | 32.12 | 37.27 | 37.98 | 39.26 |
| 17. POPPE Marta | 07 KU AZS UMCS Lublin | 2:26.98 | 538 | | | | |
| 18. CHALUPOVA Adela | 06 Sport Club Pardubice | 2:27.86 | 529 | 31.33 | 36.90 | 39.82 | 39.81 |
| 19. SULAK Antonina | 06 UKS Pi tka Konstancin | 2:28.05 | 527 | 32.99 | 37.40 | 38.07 | 39.59 |
| 20. SAMORAJ Oliwia | 05 MKS Piaseczno | 2:28.28 | 524 | | | | |
| 21. DUDA Anna | 07 MKP Szczecin | 2:28.60 | 521 | | | | |
| PLAGA Olga | 07 TP Skalar Słupsk | 2:28.60 | 521 | | | | |
| 23. TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów | 2:31.06 | 496 | 33.26 | 38.28 | 39.52 | 40.00 |
| 24. BERNACKA Wiktoria | 08 MKP „SŁOWIANKA" Gorzów | 2:31.31 | 493 | 33.82 | 38.70 | 39.04 | 39.75 |
| 25. KONDRASIUK Zofia | 08 UKS „GIM 92 Ursynów" | 2:32.25 | 484 | 32.82 | 37.52 | 40.67 | 41.24 |
| 26. BUBNOWICZ Waleria | 06 Grudzi dzki KP „Orka" | 2:33.18 | 476 | 33.59 | 39.00 | 39.95 | 40.64 |
| 27. RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów | 2:33.53 | 472 | 33.74 | 39.51 | 40.65 | 39.63 |
| 28. SKALI SKA Ewa | 05 IKS Konstancin | 2:34.61 | 463 | 34.83 | 39.22 | 40.04 | 40.52 |
| 29. BA KOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:36.12 | 449 | 34.00 | 38.77 | 39.94 | 43.41 |
| 30. BUDZE Monika | 07 MKP Astromal-Leszno | 2:37.04 | 441 | 33.50 | 39.51 | 41.28 | 42.75 |
| 31. MIKUŁA Natalia | 06 UKS 190 Łód | 2:38.48 | 429 | 34.76 | 40.79 | 42.02 | 40.91 |
| 32. ONICHIMIUK Alicja | 08 KU AZS UAM Pozna | 2:41.61 | 405 | 35.54 | 40.82 | 43.00 | 42.25 |
| NW KNOP Aleksandra | 03 UKS 190 Łód | | | | | | |
| NIE UK. ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 16, Kobiet, 200m motylkowy

17 - 18 lat

| | | | | | | | | | |
|----|----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa” | 2:15.47 | 688 | 30.82 | 35.26 | 34.27 | 35.12 |
| 2. | MICHALSKA Julia | 05 | WKS I sk | 2:22.51 | 591 | 31.58 | 36.82 | 37.32 | 36.79 |
| 3. | BUKOWSKA Olga | 05 | MKP Szczecin | 2:25.06 | 560 | | | | |
| 4. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów” | 2:25.43 | 556 | | | | |
| 5. | HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:25.63 | 554 | 32.97 | 36.87 | 38.11 | 37.68 |
| 6. | RACZY SKA Wiktoria | 04 | AZS UŁ PŁ Łód | 2:26.07 | 549 | | | | |
| 7. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 2:26.11 | 548 | 33.06 | 36.75 | 37.68 | 38.62 |
| 8. | SAMORAJ Oliwia | 05 | MKS Piaseczno | 2:28.28 | 524 | | | | |
| 9. | SKALI SKA Ewa | 05 | IKS Konstancin | 2:34.61 | 463 | 34.83 | 39.22 | 40.04 | 40.52 |

16 lat

| | | | | | | | | | |
|----|---------------------------|----|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PIEKARSKA Natalia | 06 | UKS 190 Łód | 2:19.52 | 630 | 31.33 | 36.29 | 36.06 | 35.84 |
| 2. | JUDA Aleksandra | 06 | UKP Unia O wi cim | 2:22.84 | 587 | 32.32 | 36.52 | 36.89 | 37.11 |
| 3. | MACIAK Julia | 06 | IUKS „Muszelka” Warszawa | 2:23.31 | 581 | | | | |
| 4. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 2:27.86 | 529 | 31.33 | 36.90 | 39.82 | 39.81 |
| 5. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łód | 2:28.05 | 527 | 32.99 | 37.40 | 38.07 | 39.59 |
| 6. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 2:33.18 | 476 | 33.59 | 39.00 | 39.95 | 40.64 |
| 7. | MIKUŁA Natalia | 06 | UKS 190 Łód | 2:38.48 | 429 | 34.76 | 40.79 | 42.02 | 40.91 |
| | NIE UK. ŁYSAKOWSKA Karina | 06 | MKS Trójka Łód | | | | | | |

15 lat

| | | | | | | | | | |
|----|--------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GRZESIAK Oliwia | 07 | WKS I sk | 2:22.27 | 594 | 31.79 | 36.78 | 36.40 | 37.30 |
| 2. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 2:26.53 | 543 | | | | |
| 3. | GLI SKA Oliwia | 07 | TP Zielona Góra | 2:26.63 | 542 | 32.12 | 37.27 | 37.98 | 39.26 |
| 4. | POPPE Marta | 07 | KU AZS UMCS Lublin | 2:26.98 | 538 | | | | |
| 5. | DUDA Anna | 07 | MKP Szczecin | 2:28.60 | 521 | | | | |
| | PLAGA Olga | 07 | TP Skalar Słupsk | 2:28.60 | 521 | | | | |
| 7. | BUDZE Monika | 07 | MKP Astromal-Leszno | 2:37.04 | 441 | 33.50 | 39.51 | 41.28 | 42.75 |

14 lat

| | | | | | | | | | |
|----|--------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów | 2:31.06 | 496 | 33.26 | 38.28 | 39.52 | 40.00 |
| 2. | BERNACKA Wiktoria | 08 | MKP „SŁOWIANKA” Gorzów | 2:31.31 | 493 | 33.82 | 38.70 | 39.04 | 39.75 |
| 3. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 2:32.25 | 484 | 32.82 | 37.52 | 40.67 | 41.24 |
| 4. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów | 2:33.53 | 472 | 33.74 | 39.51 | 40.65 | 39.63 |
| 5. | BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 2:36.12 | 449 | 34.00 | 38.77 | 39.94 | 43.41 |
| 6. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 2:41.61 | 405 | 35.54 | 40.82 | 43.00 | 42.25 |

Konkurencja 17

M czyzn, 200m motylkowy

14 lat i starsi

2022.11.12 - 17:42

Wyniki

Rekord Polski 1:50.13 KORZENIOWSKI Pawel POL Istanbul (TUR) 2009.12.12

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:51.83

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|------------------------|-----------------------|------|--------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 1:51.84 | 906 | 25.56 | 28.55 | 28.79 | 28.94 |
| 2. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 1:53.65 | 863 | 25.63 | 29.19 | 29.24 | 29.59 |
| 3. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 1:55.29 | 827 | 26.24 | 29.25 | 29.94 | 29.86 |
| 4. | POPRAWA Michał | 94 | AZS AWF Katowice | 1:55.37 | 825 | 25.86 | 28.88 | 29.67 | 30.96 |
| 5. | CHRZANOWSKI Damian | 98 | WKS I sk | 1:56.81 | 795 | 26.06 | 29.13 | 30.46 | 31.16 |
| 6. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 1:58.57 | 760 | 27.25 | 30.37 | 30.49 | 30.46 |
| 7. | MICHTA Bartosz | 05 | KS KSZO Ostrowiec w. | 1:59.99 | 734 | 27.63 | 30.63 | 30.82 | 30.91 |
| 8. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:00.19 | 730 | 27.34 | 30.44 | 31.54 | 30.87 |
| 9. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 2:00.87 | 718 | 27.22 | 31.17 | 30.98 | 31.50 |
| 10. | WARZOCHA Albert | 01 | KS Warta Pozna | 2:01.31 | 710 | 27.13 | 31.18 | 31.35 | 31.65 |
| 11. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 2:01.72 | 703 | 27.07 | 31.81 | 31.44 | 31.40 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 17, M czyzn, 200m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 12. DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 2:03.53 | 672 | 28.17 | 31.34 | 31.57 | 32.45 |
| 13. STY Aleksander | 06 | UKP „Polonia Warszawa” | 2:03.54 | 672 | 26.59 | 31.42 | 32.65 | 32.88 |
| 14. GAJDA Jan | 07 | MKS Trójka Łód | 2:05.17 | 646 | 27.46 | 31.82 | 32.73 | 33.16 |
| 15. ZDYBEL Adam | 05 | KS Delfin Gdynia | 2:05.91 | 635 | 28.70 | 32.42 | 32.39 | 32.40 |
| 16. SZAL Mateusz | 00 | UKS MOS w Opolu | 2:06.90 | 620 | 27.19 | 32.99 | 33.58 | 33.14 |
| 17. LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 2:07.47 | 612 | 29.01 | 32.40 | 32.98 | 33.08 |
| 18. KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:08.25 | 601 | 28.74 | 32.39 | 32.82 | 34.30 |
| 19. WO NICKI Dominik | 06 | UKP Unia O wi cim | 2:08.32 | 600 | 29.37 | 32.82 | 33.23 | 32.90 |
| 20. DRABCZYK Krystian | 04 | UKP Unia O wi cim | 2:09.33 | 586 | 29.29 | 33.19 | 33.38 | 33.47 |
| 21. WIERASZKA Bartosz | 07 | TP Zielona Góra | 2:10.23 | 574 | 29.48 | 33.52 | 33.79 | 33.44 |
| 22. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:11.09 | 562 | 29.40 | 33.68 | 34.16 | 33.85 |
| 23. GRUDZI SKI Karol | 06 | MKS Juwenia Wrocław | 2:11.11 | 562 | 30.59 | 34.27 | 34.13 | 32.12 |
| 24. DRAHORAD Pavel | 04 | Sport Club Pardubice | 2:11.52 | 557 | 28.86 | 33.83 | 34.71 | 34.12 |
| 25. BORKOWSKI Marcel | 07 | KS Neptun widnica | 2:11.94 | 552 | 29.24 | 33.23 | 34.40 | 35.07 |
| 26. GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 2:12.22 | 548 | 28.67 | 35.48 | 33.41 | 34.66 |
| 27. PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów | 2:12.42 | 546 | 29.88 | 34.03 | 33.97 | 34.54 |
| 28. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 2:12.43 | 546 | 29.42 | 34.23 | 34.63 | 34.15 |
| 29. NOVOTNY Adam | 07 | Sport Club Pardubice | 2:15.05 | 514 | 29.96 | 34.69 | 35.36 | 35.04 |
| 30. GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:15.32 | 511 | 29.59 | 34.15 | 35.62 | 35.96 |
| 31. OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:15.66 | 507 | 29.53 | 33.72 | 35.50 | 36.91 |
| 32. BURZY SKI Oskar | 06 | MKP Szczecin | 2:16.01 | 504 | 30.19 | 34.81 | 35.36 | 35.65 |
| 33. URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:18.25 | 479 | 30.21 | 34.98 | 35.97 | 37.09 |
| 34. BIELIENKOV Nikita | 08 | KS Warta Pozna | 2:18.92 | 473 | 30.65 | 34.71 | 37.05 | 36.51 |
| 35. OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 2:18.98 | 472 | 30.37 | 34.75 | 37.12 | 36.74 |
| 36. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:19.79 | 464 | 31.87 | 36.59 | 36.08 | 35.25 |
| 37. FILIPIAK Mateusz | 07 | MUKS "Pi tnastka" | 2:19.97 | 462 | 29.20 | 35.22 | 37.40 | 38.15 |
| 38. KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:21.11 | 451 | 29.15 | 34.48 | 38.64 | 38.84 |
| 39. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:25.92 | 408 | 30.68 | 35.93 | 39.03 | 40.28 |
| 40. HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 2:29.09 | 382 | 30.94 | 37.29 | 40.48 | 40.38 |
| NW CHOWANIEC Mateusz | 03 | AZS AWF Katowice | | | | | | |
| NW LINARD Bartosz | 04 | IKS Konstancin | | | | | | |

17 - 18 lat

| | | | | | | | | |
|--------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 1:51.84 | 906 | 25.56 | 28.55 | 28.79 | 28.94 |
| 2. CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 1:58.57 | 760 | 27.25 | 30.37 | 30.49 | 30.46 |
| 3. MICHTA Bartosz | 05 | KS KSZO Ostrowiec w. | 1:59.99 | 734 | 27.63 | 30.63 | 30.82 | 30.91 |
| 4. TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 2:00.87 | 718 | 27.22 | 31.17 | 30.98 | 31.50 |
| 5. OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 2:01.72 | 703 | 27.07 | 31.81 | 31.44 | 31.40 |
| 6. DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 2:03.53 | 672 | 28.17 | 31.34 | 31.57 | 32.45 |
| 7. ZDYBEL Adam | 05 | KS Delfin Gdynia | 2:05.91 | 635 | 28.70 | 32.42 | 32.39 | 32.40 |
| 8. KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:08.25 | 601 | 28.74 | 32.39 | 32.82 | 34.30 |
| 9. DRABCZYK Krystian | 04 | UKP Unia O wi cim | 2:09.33 | 586 | 29.29 | 33.19 | 33.38 | 33.47 |
| 10. DRAHORAD Pavel | 04 | Sport Club Pardubice | 2:11.52 | 557 | 28.86 | 33.83 | 34.71 | 34.12 |
| 11. OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:15.66 | 507 | 29.53 | 33.72 | 35.50 | 36.91 |
| 12. KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:21.11 | 451 | 29.15 | 34.48 | 38.64 | 38.84 |
| 13. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:25.92 | 408 | 30.68 | 35.93 | 39.03 | 40.28 |
| NW LINARD Bartosz | 04 | IKS Konstancin | | | | | | |

16 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:00.19 | 730 | 27.34 | 30.44 | 31.54 | 30.87 |
| 2. STY Aleksander | 06 | UKP „Polonia Warszawa” | 2:03.54 | 672 | 26.59 | 31.42 | 32.65 | 32.88 |
| 3. LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 2:07.47 | 612 | 29.01 | 32.40 | 32.98 | 33.08 |
| 4. WO NICKI Dominik | 06 | UKP Unia O wi cim | 2:08.32 | 600 | 29.37 | 32.82 | 33.23 | 32.90 |
| 5. GRUDZI SKI Karol | 06 | MKS Juwenia Wrocław | 2:11.11 | 562 | 30.59 | 34.27 | 34.13 | 32.12 |
| 6. PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów | 2:12.42 | 546 | 29.88 | 34.03 | 33.97 | 34.54 |
| 7. BURZY SKI Oskar | 06 | MKP Szczecin | 2:16.01 | 504 | 30.19 | 34.81 | 35.36 | 35.65 |
| 8. URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:18.25 | 479 | 30.21 | 34.98 | 35.97 | 37.09 |
| 9. OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 2:18.98 | 472 | 30.37 | 34.75 | 37.12 | 36.74 |
| 10. HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 2:29.09 | 382 | 30.94 | 37.29 | 40.48 | 40.38 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 17, M czynn, 200m motylkowy

15 lat

| | | | | | | | | |
|-----------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. GAJDA Jan | 07 | MKS Trójka Łód | 2:05.17 | 646 | 27.46 | 31.82 | 32.73 | 33.16 |
| 2. WIERASZKA Bartosz | 07 | TP Zielona Góra | 2:10.23 | 574 | 29.48 | 33.52 | 33.79 | 33.44 |
| 3. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:11.09 | 562 | 29.40 | 33.68 | 34.16 | 33.85 |
| 4. BORKOWSKI Marcel | 07 | KS Neptun widnica | 2:11.94 | 552 | 29.24 | 33.23 | 34.40 | 35.07 |
| 5. GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 2:12.22 | 548 | 28.67 | 35.48 | 33.41 | 34.66 |
| 6. DWORAKOWSKI Błażej | 07 | KS Delfin Gdynia | 2:12.43 | 546 | 29.42 | 34.23 | 34.63 | 34.15 |
| 7. NOVOTNY Adam | 07 | Sport Club Pardubice | 2:15.05 | 514 | 29.96 | 34.69 | 35.36 | 35.04 |
| 8. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:19.79 | 464 | 31.87 | 36.59 | 36.08 | 35.25 |
| 9. FILIPIAK Mateusz | 07 | MUKS "Pi tnaстка" | 2:19.97 | 462 | 29.20 | 35.22 | 37.40 | 38.15 |

14 lat

| | | | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:15.32 | 511 | 29.59 | 34.15 | 35.62 | 35.96 |
| 2. BIELIENKOV Nikita | 08 | KS Warta Pozna | 2:18.92 | 473 | 30.65 | 34.71 | 37.05 | 36.51 |

Konkurencja 18
2022.11.12 - 17:58

Kobiet, 100m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|--|-------|---------------|-----|-----------------|------------|
| Rekord Polski | 57.09 | TCHÓRZ Alicja | POL | Budapeszt (HUN) | 2020.10.27 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 56.99 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.56 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-----------------------------------|------------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 98 | AZS AWF Katowice | 57.14 | 886 | 27.83 | 29.31 |
| 2. | 03 | KU AZS UMCS Lublin | 57.79 | 856 | 27.87 | 29.92 |
| 3. | 04 | UKS MOS w Opolu | 1:00.01 | 765 | 29.07 | 30.94 |
| 4. | 02 | AZS AWF Warszawa | 1:02.13 | 689 | 30.28 | 31.85 |
| 5. | 05 | TP Skalar Słupsk | 1:02.65 | 672 | 30.34 | 32.31 |
| 6. | 06 | AZS AWF Warszawa | 1:03.37 | 649 | 30.26 | 33.11 |
| 7. | 04 | UKP Unia O wi cim | 1:03.59 | 643 | 30.77 | 32.82 |
| 8. | 08 | UKS 190 Łód | 1:03.96 | 632 | 31.07 | 32.89 |
| 9. | 05 | UKS abianka Gda sk | 1:04.22 | 624 | 31.01 | 33.21 |
| 10. | 06 | UKS Ostrobramska | 1:04.30 | 622 | 30.89 | 33.41 |
| 11. | 04 | UKP Unia O wi cim | 1:04.53 | 615 | 31.35 | 33.18 |
| 12. | 06 | UKP Unia O wi cim | 1:04.94 | 603 | 31.55 | 33.39 |
| 13. | 06 | UKS abianka Gda sk | 1:05.06 | 600 | 31.49 | 33.57 |
| 14. | 07 | UKS G-8 Bielany Warszawa | 1:05.11 | 599 | 31.63 | 33.48 |
| 15. | 05 | AZS AWF Warszawa | 1:05.16 | 597 | 31.46 | 33.70 |
| 16. | 06 | Mokotowski UKP Warszawianka- Wc | 1:05.48rk | 589 | 31.80 | 33.68 |
| 17. | 04 | MUKS "Pi tnaстка" | 1:05.66 | 584 | 32.27 | 33.39 |
| 18. | 07 | UKP „Polonia Warszawa" | 1:05.75 | 581 | 32.09 | 33.66 |
| 19. | 02 | Ústecká akademie plaveckých sport | 1:05.77 | 581 | 30.67 | 35.10 |
| 20. | 05 | MKP Szczecin | 1:05.86 | 578 | 31.49 | 34.37 |
| 21. | 08 | WKS I sk | 1:05.98 | 575 | 32.25 | 33.73 |
| 22. | 07 | UKS „GIM 92 Ursynów" | 1:06.10 | 572 | 31.78 | 34.32 |
| 23. | 06 | UKS 190 Łód | 1:06.28 | 567 | 32.24 | 34.04 |
| 24. | 05 | AZS AWF Katowice | 1:06.32 | 566 | 31.08 | 35.24 |
| 25. | 06 | Mokotowski UKP Warszawianka- Wc | 1:06.47rk | 563 | 31.47 | 35.00 |
| 26. | 05 | MUKS "Pi tnaстка" | 1:06.66 | 558 | 31.83 | 34.83 |
| 27. | 06 | Uks Cityzen | 1:07.11 | 547 | 32.50 | 34.61 |
| 28. | 08 | Sport Club Pardubice | 1:07.51 | 537 | 32.19 | 35.32 |
| 29. | 05 | KS Warta Pozna | 1:07.65 | 534 | 32.64 | 35.01 |
| 30. | 06 | UKS Pi tka Konstantynów Łódzki | 1:07.71 | 532 | 33.44 | 34.27 |
| 31. | 08 | KU AZS UAM Pozna | 1:08.06 | 524 | 32.54 | 35.52 |
| 32. | 06 | UKS abianka Gda sk | 1:08.46 | 515 | 33.48 | 34.98 |
| 33. | 08 | UKS MOS w Opolu | 1:08.51 | 514 | 33.61 | 34.90 |
| 34. | 06 | MUKS "Pi tnaстка" | 1:08.64 | 511 | 33.00 | 35.64 |
| 35. | 07 | Mokotowski UKP Warszawianka- Wc | 1:08.76rk | 508 | 32.96 | 35.80 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 18, Kobiet, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|---------------------|----|-----------------------------------|-------------------|-----|-------|-------|
| 36. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:08.82 | 507 | 33.17 | 35.65 |
| 37. | PITY SKA Klara | 06 | WKS I sk | 1:09.17 | 499 | 33.44 | 35.73 |
| 38. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:09.43 | 494 | 33.33 | 36.10 |
| 39. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 1:09.88 | 484 | 33.22 | 36.66 |
| 40. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:09.91 | 484 | 33.49 | 36.42 |
| 41. | YAKYMENKO Sofija | 07 | MKP Szczecin | 1:10.29 | 476 | 33.78 | 36.51 |
| 42. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 1:10.33 | 475 | 33.11 | 37.22 |
| 43. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.02 | 461 | 34.19 | 36.83 |
| 44. | CZECHYRA Agata | 03 | KS Warta Pozna | 1:11.39 | 454 | 34.42 | 36.97 |
| 45. | GRACKA Hanna | 07 | MKP Szczecin | 1:11.44 | 453 | 34.55 | 36.89 |
| 46. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.51 | 452 | 35.06 | 36.45 |
| 47. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:11.61 | 450 | 34.30 | 37.31 |
| 48. | MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 1:11.77 | 447 | 34.86 | 36.91 |
| 49. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa" | 1:13.26 | 420 | 34.79 | 38.47 |
| 50. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:14.17 | 405 | 35.54 | 38.63 |
| 51. | POŁE Hanna | 07 | MKS Trójka Łód | 1:14.76 | 395 | 35.81 | 38.95 |
| 52. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:16.86 rk | 364 | 36.39 | 40.47 |
| 53. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:18.02 | 348 | 37.72 | 40.30 |
| 54. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:18.69 | 339 | 38.30 | 40.39 |
| 55. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 1:27.70 | 245 | 43.04 | 44.66 |
| NW | KRÓL Gabriela | 06 | KS „Wisła" Puławy | | | | |

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | TRENTKIEWICZ Dominika | 04 | UKS MOS w Opolu | 1:00.01 | 765 | 29.07 | 30.94 |
| 2. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:02.65 | 672 | 30.34 | 32.31 |
| 3. | PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 1:03.59 | 643 | 30.77 | 32.82 |
| 4. | BATÓG Dominika | 05 | UKS abianka Gda sk | 1:04.22 | 624 | 31.01 | 33.21 |
| 5. | SOBU Julia | 04 | UKP Unia O wi cim | 1:04.53 | 615 | 31.35 | 33.18 |
| 6. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:05.16 | 597 | 31.46 | 33.70 |
| 7. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:05.66 | 584 | 32.27 | 33.39 |
| 8. | KARLI SKA Paula | 05 | MKP Szczecin | 1:05.86 | 578 | 31.49 | 34.37 |
| 9. | KEMPA Kinga | 05 | AZS AWF Katowice | 1:06.32 | 566 | 31.08 | 35.24 |
| 10. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 1:06.66 | 558 | 31.83 | 34.83 |
| 11. | DZIADEK Amelia | 05 | KS Warta Pozna | 1:07.65 | 534 | 32.64 | 35.01 |
| 12. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:08.82 | 507 | 33.17 | 35.65 |
| 13. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.51 | 452 | 35.06 | 36.45 |
| 14. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:14.17 | 405 | 35.54 | 38.63 |
| 15. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:16.86 rk | 364 | 36.39 | 40.47 |

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 1:03.37 | 649 | 30.26 | 33.11 |
| 2. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.30 | 622 | 30.89 | 33.41 |
| 3. | MACURA Kinga | 06 | UKP Unia O wi cim | 1:04.94 | 603 | 31.55 | 33.39 |
| 4. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 1:05.06 | 600 | 31.49 | 33.57 |
| 5. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:05.48 rk | 589 | 31.80 | 33.68 |
| 6. | JANIK Julia | 06 | UKS 190 Łód | 1:06.28 | 567 | 32.24 | 34.04 |
| 7. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:06.47 rk | 563 | 31.47 | 35.00 |
| 8. | MICHALSKA Weronika | 06 | Uks Cityzen | 1:07.11 | 547 | 32.50 | 34.61 |
| 9. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:07.71 | 532 | 33.44 | 34.27 |
| 10. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 1:08.46 | 515 | 33.48 | 34.98 |
| 11. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 1:08.64 | 511 | 33.00 | 35.64 |
| 12. | PITY SKA Klara | 06 | WKS I sk | 1:09.17 | 499 | 33.44 | 35.73 |
| 13. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 1:09.88 | 484 | 33.22 | 36.66 |
| 14. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:09.91 | 484 | 33.49 | 36.42 |
| 15. | MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 1:11.77 | 447 | 34.86 | 36.91 |
| NW | KRÓL Gabriela | 06 | KS „Wisła" Puławy | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 18, Kobiet, 100m grzbietowy

15 lat

| | | | | | | | |
|-----|----------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:05.11 | 599 | 31.63 | 33.48 |
| 2. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 1:05.75 | 581 | 32.09 | 33.66 |
| 3. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów” | 1:06.10 | 572 | 31.78 | 34.32 |
| 4. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wod | 1:08.76 | 508 | 32.96 | 35.80 |
| 5. | YAKYMENKO Sofija | 07 | MKP Szczecin | 1:10.29 | 476 | 33.78 | 36.51 |
| 6. | GRACKA Hanna | 07 | MKP Szczecin | 1:11.44 | 453 | 34.55 | 36.89 |
| 7. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 1:13.26 | 420 | 34.79 | 38.47 |
| 8. | POŁE Hanna | 07 | MKS Trójka Łód | 1:14.76 | 395 | 35.81 | 38.95 |
| 9. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:18.02 | 348 | 37.72 | 40.30 |
| 10. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:18.69 | 339 | 38.30 | 40.39 |

14 lat

| | | | | | | | |
|----|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 1:03.96 | 632 | 31.07 | 32.89 |
| 2. | NAPIERALCZYK Martyna | 08 | WKS I sk | 1:05.98 | 575 | 32.25 | 33.73 |
| 3. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:07.51 | 537 | 32.19 | 35.32 |
| 4. | RENNER Laura | 08 | KU AZS UAM Pozna | 1:08.06 | 524 | 32.54 | 35.52 |
| 5. | JA KOWSKA Julia | 08 | UKS MOS w Opolu | 1:08.51 | 514 | 33.61 | 34.90 |
| 6. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:09.43 | 494 | 33.33 | 36.10 |
| 7. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:11.02 | 461 | 34.19 | 36.83 |
| 8. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:11.61 | 450 | 34.30 | 37.31 |
| 9. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 1:27.70 | 245 | 43.04 | 44.66 |
| PK | PRASAŁ Aleksandra | 09 | MUKP Korona-Swim Kielce | 1:04.57 | 614 | 31.62 | 32.95 |

Konkurencja 19

M czyzn, 100m grzbietowy

14 lat i starsi

2022.11.12 - 18:08

Wyniki

| | | | | | |
|---|-------|------------------|--|--------|------------|
| Rekord Polski | 49.23 | KAW CKI Radosław | POL | Lublin | 2015.12.20 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: | 49.93 | / | Min. do sztafety na M (25m) Melbourne 2022 Open: | 50.43 | |

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|-----------------|------------------------|----|-----------------------------------|--------------|-----|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | POLEWKA Tomasz | 94 | AZS AWF Katowice | 51.39 | 831 | 24.26 | 27.13 |
| 2. | KAW CKI Radosław | 91 | UKS G-8 Bielany Warszawa | 52.26 | 790 | 25.95 | 26.31 |
| 3. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 52.27 | 790 | 25.52 | 26.75 |
| 4. | SIENKIEWICZ Aleksander | 03 | AZS AWF Katowice | 52.97 | 759 | 25.66 | 27.31 |
| 5. | CEJKA Jan | 01 | Sport Club Pardubice | 53.10 | 753 | 25.61 | 27.49 |
| 6. | GRACIK Daniel | 04 | Sport Club Pardubice | 53.94 | 719 | 25.92 | 28.02 |
| 7. | KUCZAK Adam | 00 | AZS AWF Katowice | 54.57 | 694 | 26.08 | 28.49 |
| 8. | BRYŁA Kamil | 99 | AZS AWF Katowice | 54.83 | 684 | 26.65 | 28.18 |
| 9. | KRÓL Jan | 02 | KS AZS AGH Kraków | 55.15 | 672 | 26.21 | 28.94 |
| 10. | MATULA Wojt ch | 03 | Ústecká akademie plaveckých sport | 55.51 | 659 | 26.40 | 29.11 |
| 11. | PRUSZY SKI Michał | 04 | TP Zielona Góra | 55.55 | 658 | 26.20 | 29.35 |
| 12. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 56.12 | 638 | 27.37 | 28.75 |
| 13. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 56.27 | 633 | 26.97 | 29.30 |
| 14. | CZESZEWSKI Krystian | 01 | MKP Szczecin | 56.33 | 631 | 26.50 | 29.83 |
| 15. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 56.35 | 630 | 27.54 | 28.81 |
| 16. | SZPALER Jakub | 05 | TP Zielona Góra | 56.68 | 619 | 27.05 | 29.63 |
| 17. | BIERO SKI Michał | 99 | MKP Szczecin | 57.10 | 606 | 27.38 | 29.72 |
| 18. | SETLAK Marcel | 05 | UKS abianka Gda sk | 57.16 | 604 | 27.83 | 29.33 |
| 19. | URBANIAK Olivier | 07 | MKS Trójka Łód | 57.36 | 598 | 27.87 | 29.49 |
| 20. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 57.41 | 596 | 27.47 | 29.94 |
| 21. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wod | 57.58 | 591 | 27.92 | 29.66 |
| 22. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 57.67 | 588 | 27.61 | 30.06 |
| 23. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 57.68 | 588 | 27.80 | 29.88 |
| 24. | KONKEL Filip | 06 | TP Skalar Słupsk | 58.14 | 574 | 28.16 | 29.98 |
| 25. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 58.90 | 552 | 28.76 | 30.14 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 19, M czynn, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------|----------------|------|-------|-------|
| 26. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 58.91 | 552 | 28.57 | 30.34 |
| 27. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 59.10 | 546 | 28.59 | 30.51 |
| 28. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 59.13 | 546 | 28.31 | 30.82 |
| 29. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 59.34 | 540 | 28.84 | 30.50 |
| 30. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa” | 59.36 | 539 | 28.57 | 30.79 |
| 31. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 59.79 | 528 | 28.65 | 31.14 |
| 32. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 59.80 | 527 | 28.60 | 31.20 |
| 33. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 59.90 | 525 | 28.94 | 30.96 |
| 34. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.08 | 520 | 29.07 | 31.01 |
| 35. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 1:00.15 | 518 | 28.83 | 31.32 |
| 36. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | 1:00.22 | 516 | 28.58 | 31.64 |
| 37. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 1:00.26 | 515 | 29.18 | 31.08 |
| 38. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.30 | 514 | 29.17 | 31.13 |
| 39. | GAJDA Jan | 07 | MKS Trójka Łód | 1:00.36 | 513 | 28.97 | 31.39 |
| 40. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 1:00.77 | 503 | 29.86 | 30.91 |
| 41. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 1:00.90 | 499 | 29.52 | 31.38 |
| 42. | JUCHNO Mikołaj | 05 | IKS Konstancin | 1:01.26 | 491 | 29.54 | 31.72 |
| 43. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 1:01.59 | 483 | 30.23 | 31.36 |
| 44. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.13 | 470 | 29.86 | 32.27 |
| 45. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:02.30 | 466 | 30.68 | 31.62 |
| 46. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 1:02.56 | 461 | 30.52 | 32.04 |
| 47. | TREDER Konrad | 08 | UKS abianka Gda sk | 1:02.70 | 457 | 30.42 | 32.28 |
| 48. | ZAPERT Korneliusz | 00 | KS AZS AWF Wrocław | 1:02.81 | 455 | 30.43 | 32.38 |
| 49. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 1:03.18 | 447 | 30.32 | 32.86 |
| 50. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 1:03.26 | 445 | 30.50 | 32.76 |
| 51. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 1:03.50 | 440 | 30.93 | 32.57 |
| 52. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 1:03.63 | 438 | 30.56 | 33.07 |
| 53. | LICKUN Tycjan | 05 | MKP Szczecin | 1:04.28 | 425 | 30.94 | 33.34 |
| 54. | KONIECZNY Witold | 08 | UKS abianka Gda sk | 1:05.19 | 407 | 31.91 | 33.28 |
| 55. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:05.52 | 401 | 31.79 | 33.73 |
| 56. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 1:05.86 | 395 | 31.75 | 34.11 |
| 57. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 1:07.90 | 360 | 32.54 | 35.36 |
| 58. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 1:08.92 | 344 | 33.25 | 35.67 |
| 59. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 1:10.56 | 321 | 34.63 | 35.93 |
| 60. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 1:10.71 | 319 | 33.55 | 37.16 |
| 61. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 1:16.45 | 252 | 36.97 | 39.48 |
| DYSKW. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | | | | |

G1 - Pływak nie złamał powierzchni wody głów przed lub na linii 15 m po starcie lub nawrocie.

| | | | |
|----|-------------------|----|----------------------------|
| NW | LUDWICZAK Piotr | 96 | AZS AWF Katowice |
| NW | JANYGA Dariusz | 66 | KS Warta Pozna |
| NW | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków |

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 52.27 | 790 | 25.52 | 26.75 |
| 2. | GRACIK Daniel | 04 | Sport Club Pardubice | 53.94 | 719 | 25.92 | 28.02 |
| 3. | PRUSZY SKI Michał | 04 | TP Zielona Góra | 55.55 | 658 | 26.20 | 29.35 |
| 4. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 56.27 | 633 | 26.97 | 29.30 |
| 5. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 56.35 | 630 | 27.54 | 28.81 |
| 6. | SZPALER Jakub | 05 | TP Zielona Góra | 56.68 | 619 | 27.05 | 29.63 |
| 7. | SETLAK Marcel | 05 | UKS abianka Gda sk | 57.16 | 604 | 27.83 | 29.33 |
| 8. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 57.67 | 588 | 27.61 | 30.06 |
| 9. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 58.90 | 552 | 28.76 | 30.14 |
| 10. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 59.10 | 546 | 28.59 | 30.51 |
| 11. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 59.13 | 546 | 28.31 | 30.82 |
| 12. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa” | 59.36 | 539 | 28.57 | 30.79 |
| 13. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 59.90 | 525 | 28.94 | 30.96 |
| 14. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.08 | 520 | 29.07 | 31.01 |
| 15. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 1:00.15 | 518 | 28.83 | 31.32 |
| 16. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.30 | 514 | 29.17 | 31.13 |
| 17. | JUCHNO Mikołaj | 05 | IKS Konstancin | 1:01.26 | 491 | 29.54 | 31.72 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 19, Chłopców, 100m grzbietowy, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------------|------------------------|---------|----------------------------------|----------------|------|-------|-------|
| 18. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 1:03.18 | 447 | 30.32 | 32.86 |
| 19. | LICKUN Tycjan | 05 | MKP Szczecin | 1:04.28 | 425 | 30.94 | 33.34 |
| 16 lat | | | | | | | |
| 1. | PASZKOWSKI Błażej | 06 | KU AZS UMCS Lublin | 56.12 | 638 | 27.37 | 28.75 |
| 2. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wod | 57.58 | 591 | 27.92 | 29.66 |
| 3. | KONKEL Filip | 06 | TP Skalar Słupsk | 58.14 | 574 | 28.16 | 29.98 |
| 4. | PACEWICZ Wiktor | 06 | UKS 190 Łódź | 59.34 | 540 | 28.84 | 30.50 |
| 5. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 59.79 | 528 | 28.65 | 31.14 |
| 6. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 59.80 | 527 | 28.60 | 31.20 |
| 7. | DUBIEL Wiktor | 06 | UKS abianka Gdańsk | 1:00.26 | 515 | 29.18 | 31.08 |
| 8. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 1:03.63 | 438 | 30.56 | 33.07 |
| DYSKW. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | | | | |

G1 - Pływak nie złamał powierzchni wody głową przed lub na linii 15 m po starcie lub nawrocie.

15 lat

| | | | | | | | |
|-----|--------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | URBANIAK Olivier | 07 | MKS Trójka Łódź | 57.36 | 598 | 27.87 | 29.49 |
| 2. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 57.41 | 596 | 27.47 | 29.94 |
| 3. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | 1:00.22 | 516 | 28.58 | 31.64 |
| 4. | GAJDA Jan | 07 | MKS Trójka Łódź | 1:00.36 | 513 | 28.97 | 31.39 |
| 5. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 1:01.59 | 483 | 30.23 | 31.36 |
| 6. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.13 | 470 | 29.86 | 32.27 |
| 7. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:02.30 | 466 | 30.68 | 31.62 |
| 8. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 1:02.56 | 461 | 30.52 | 32.04 |
| 9. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 1:05.86 | 395 | 31.75 | 34.11 |
| 10. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 1:07.90 | 360 | 32.54 | 35.36 |
| 11. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 1:10.56 | 321 | 34.63 | 35.93 |
| NW | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | | | | |

14 lat

| | | | | | | | |
|-----|-----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 57.68 | 588 | 27.80 | 29.88 |
| 2. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 58.91 | 552 | 28.57 | 30.34 |
| 3. | ŁUSZCZYŃSKI Krzysztof | 08 | UKS abianka Gdańsk | 1:00.77 | 503 | 29.86 | 30.91 |
| 4. | BIEKOWSKI Mateusz | 08 | UKS abianka Gdańsk | 1:00.90 | 499 | 29.52 | 31.38 |
| 5. | TREDER Konrad | 08 | UKS abianka Gdańsk | 1:02.70 | 457 | 30.42 | 32.28 |
| 6. | ŁUBIŃSKI Szymon | 08 | UKS „GIM 92 Ursynów” | 1:03.26 | 445 | 30.50 | 32.76 |
| 7. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 1:03.50 | 440 | 30.93 | 32.57 |
| 8. | KONIECZNY Witold | 08 | UKS abianka Gdańsk | 1:05.19 | 407 | 31.91 | 33.28 |
| 9. | FEDERKIEWICZ Hubert | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:05.52 | 401 | 31.79 | 33.73 |
| 10. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 1:08.92 | 344 | 33.25 | 35.67 |
| 11. | OLCZAK Daniel | 08 | UKP „Polonia Warszawa” | 1:10.71 | 319 | 33.55 | 37.16 |
| 12. | STOPCZYŃSKI Kornel | 08 | MPKS Orka Ciechanów | 1:16.45 | 252 | 36.97 | 39.48 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 20
2022.11.12 - 18:18

Kobiet, 200m zmienny

14 lat i starsi
Wyniki

Rekord Polski 2:07.97 TCHÓRZ Alicja POL Lublin 2015.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:08.60

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|---------|---|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. GU Wiktoria | 04 | MKP Szczecin 2:15.58 726 | 30.41 | 35.28 | 39.70 | 30.19 |
| 2. FAMULOK Zuzanna | 03 | AZS AWF Katowice 2:16.21 716 | 30.08 | 36.47 | 38.75 | 30.91 |
| 3. KRÓL Gabriela | 06 | KS „Wisła” Puławy 2:16.46 712 | 29.60 | 35.31 | 39.86 | 31.69 |
| 4. DZWONNIK Zuzanna | 00 | TP Olimpijczyk Aleksandrów 2:19.27 669 | 30.61 | 36.05 | 40.17 | 32.44 |
| 5. JAROSZ Helena | 06 | UKP Unia O wi cim 2:19.30 669 | 30.62 | 36.41 | 39.39 | 32.88 |
| 6. KAMI SKA Anna | 03 | AZS AWF Warszawa 2:19.67 664 | 30.59 | 36.12 | 40.61 | 32.35 |
| 7. WRONA Ewa | 06 | UKS „Jasie ” Sucha Beskid 2:20.54 651 | 31.11 | 36.02 | 39.39 | 34.02 |
| 8. GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskid 2:21.10 644 | 30.09 | 35.73 | 42.93 | 32.35 |
| 9. PALICKA Wiktoria | 05 | TP Skalar Słupsk 2:21.14 643 | 30.95 | 34.25 | 43.19 | 32.75 |
| 10. S DŁAK Alicja | 05 | MKS Jedynka Łód 2:21.37 640 | 31.36 | 37.28 | 40.27 | 32.46 |
| 11. LECHOWSKA Magdalena | 06 | WKS I sk 2:22.12 630 | 31.10 | 35.84 | 41.50 | 33.68 |
| 12. SŁABOSZ Emilia | 05 | SMS O wi cim 2:22.85 620 | 31.66 | 36.46 | 42.50 | 32.23 |
| 13. VOJTALOVÁ Andrea | 03 | KPS Ostrava 2:22.96 619 | 31.77 | 35.75 | 41.76 | 33.68 |
| 14. GRO Weronika | 03 | MKS „Astoria” Bydgoszcz 2:23.10 617 | 31.58 | 36.11 | 40.39 | 35.02 |
| 15. JACH Tamara | 06 | WKS I sk 2:23.61 610 | 31.94 | 37.23 | 41.17 | 33.27 |
| 16. RAKOWSKA Marta | 06 | DOKiS SP Vega Dobrodzie 2:24.01 605 | 31.49 | 37.21 | 43.10 | 32.21 |
| 17. WO NICA Milena | 04 | UKS abianka Gda sk 2:24.10 604 | 32.07 | 38.94 | 40.01 | 33.08 |
| 18. SKROK Julia | 07 | WKS I sk 2:24.45 600 | 31.58 | 38.75 | 39.83 | 34.29 |
| 19. GŁOWACKA Weronika | 06 | IKS Konstancin 2:24.56 599 | 32.16 | 38.84 | 39.97 | 33.59 |
| 20. ZI BA Anastazja | 05 | MUKS "Pi tnastka" 2:24.92 594 | 30.15 | 37.38 | 42.49 | 34.90 |
| 21. ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawi 2:25.40 588 Park | 30.96 | 36.73 | 43.44 | 34.27 |
| 22. PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" 2:25.53 587 | 31.97 | 36.30 | 43.63 | 33.63 |
| 23. RYFKA Maja | 06 | SMS O wi cim 2:25.73 584 | 30.89 | 36.95 | 44.72 | 33.17 |
| 24. CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód 2:27.14 568 | 32.45 | 38.13 | 42.76 | 33.80 |
| 25. SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk 2:27.42 564 | 32.03 | 36.00 | 45.91 | 33.48 |
| 26. BUKOWSKA Olga | 05 | MKP Szczecin 2:27.87 559 | 32.07 | 39.45 | 42.76 | 33.59 |
| 27. NOWAK Gabriela | 05 | MUKS "Pi tnastka" 2:29.87 537 | 30.36 | 37.00 | 44.67 | 37.84 |
| 28. HLAVATA Eliska | 07 | Sport Club Pardubice 2:30.64 529 | 31.75 | 39.80 | 43.30 | 35.79 |
| 29. KAROLCZAK Pola | 06 | MUKS "Pi tnastka" 2:30.74 528 | 32.37 | 38.36 | 43.44 | 36.57 |
| 30. BATÓG Dominika | 05 | UKS abianka Gda sk 2:31.03 525 | 30.86 | 37.13 | 46.43 | 36.61 |
| 31. SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" 2:31.36 521 | 35.06 | 37.26 | 44.24 | 34.80 |
| 32. OFMAN Julia | 04 | KS KSZO Ostrowiec w. 2:31.37 521 | 34.12 | 39.56 | 41.69 | 36.00 |
| 33. BRANDYSKA Aneta | 07 | Sport Club Pardubice 2:31.49 520 | 32.71 | 38.70 | 43.64 | 36.44 |
| 34. POPPE Marta | 07 | KU AZS UMCS Lublin 2:32.09 514 | 33.25 | 39.76 | 44.77 | 34.31 |
| 35. ŁOBODA Maria | 08 | Uks Cityzen 2:32.29 512 | 32.19 | 39.10 | 45.48 | 35.52 |
| 36. CHABOWSKA Gabriela | 08 | UKS abianka Gda sk 2:32.39 511 | 31.61 | 38.51 | 45.55 | 36.72 |
| 37. DUDA Anna | 07 | MKP Szczecin 2:33.58 499 | 31.53 | 40.76 | 46.15 | 35.14 |
| 38. FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" 2:33.69 498 | 34.04 | 38.61 | 44.69 | 36.35 |
| 39. JEZIORSKA Natalia | 07 | MKS Trójka Łód 2:34.73 488 | 34.07 | 40.64 | 44.31 | 35.71 |
| 40. SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów" 2:35.02 485 | 35.77 | 39.39 | 43.89 | 35.97 |
| 41. BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawi 2:35.18 484 Park | 31.71 | 39.34 | 47.22 | 36.91 |
| 42. RUTKOWSKA Aneta | 07 | MKS Trójka Łód 2:37.07 466 | 34.50 | 40.14 | 43.58 | 38.85 |
| 43. SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" 2:37.11 466 | 32.82 | 38.47 | 47.66 | 38.16 |
| 44. PERUZKOVA Nela | 06 | Sport Club Pardubice 2:38.79 451 | 34.11 | 42.39 | 44.19 | 38.10 |
| 45. ALEKSANDROWICZ H. | 06 | MKP Szczecin 2:38.82 451 | 34.15 | 40.43 | 47.74 | 36.50 |
| 46. ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk 2:40.06 441 | 34.63 | 42.02 | 45.60 | 37.81 |
| 47. CHUKHNO Kateryna | 08 | UKS abianka Gda sk 2:40.09 441 | 32.72 | 40.38 | 49.49 | 37.50 |
| 48. KARLI SKA Paula | 05 | MKP Szczecin 2:40.63 436 | 34.13 | 40.83 | 48.17 | 37.50 |
| 49. ST PKA Amelia | 08 | UKS 190 Łód 2:44.87 403 | 36.53 | 43.93 | 47.97 | 36.44 |
| 50. CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów 2:48.27 379 | 36.61 | 45.71 | 46.32 | 39.63 |
| DYSKW. GLI SKA Oliwia | 07 | TP Zielona Góra | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zajął ciu pozycji nieruchomej a przed sygnałem startu.

NW SOBZAK Zofia 06 UKS G-8 Bielany Warszawa

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 20, Kobiet, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-------------|----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| NIE UK. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | | | | | | |
| 17 - 18 lat | | | | | | | | | |
| 1. | GU Wiktoria | 04 | MKP Szczecin | 2:15.58 | 726 | 30.41 | 35.28 | 39.70 | 30.19 |
| 2. | PALICKA Wiktoria | 05 | TP Skalar Stupsk | 2:21.14 | 643 | 30.95 | 34.25 | 43.19 | 32.75 |
| 3. | S DŁAK Alicja | 05 | MKS Jedynka Łódź | 2:21.37 | 640 | 31.36 | 37.28 | 40.27 | 32.46 |
| 4. | SŁABOSZ Emilia | 05 | SMS O wi cim | 2:22.85 | 620 | 31.66 | 36.46 | 42.50 | 32.23 |
| 5. | WO NICA Milena | 04 | UKS abianka Gdańsk | 2:24.10 | 604 | 32.07 | 38.94 | 40.01 | 33.08 |
| 6. | ZI BA Anastazja | 05 | MUKS "Piłnastka" | 2:24.92 | 594 | 30.15 | 37.38 | 42.49 | 34.90 |
| 7. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów" | 2:25.53 | 587 | 31.97 | 36.30 | 43.63 | 33.63 |
| 8. | BUKOWSKA Olga | 05 | MKP Szczecin | 2:27.87 | 559 | 32.07 | 39.45 | 42.76 | 33.59 |
| 9. | NOWAK Gabriela | 05 | MUKS "Piłnastka" | 2:29.87 | 537 | 30.36 | 37.00 | 44.67 | 37.84 |
| 10. | BATÓG Dominika | 05 | UKS abianka Gdańsk | 2:31.03 | 525 | 30.86 | 37.13 | 46.43 | 36.61 |
| 11. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 2:31.37 | 521 | 34.12 | 39.56 | 41.69 | 36.00 |
| 12. | KARLI SKA Paula | 05 | MKP Szczecin | 2:40.63 | 436 | 34.13 | 40.83 | 48.17 | 37.50 |
| NIE UK. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | | | | | | |

16 lat

| | | | | | | | | | |
|-----|---------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła" Puławy | 2:16.46 | 712 | 29.60 | 35.31 | 39.86 | 31.69 |
| 2. | JAROSZ Helena | 06 | UKP Unia O wi cim | 2:19.30 | 669 | 30.62 | 36.41 | 39.39 | 32.88 |
| 3. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | 2:20.54 | 651 | 31.11 | 36.02 | 39.39 | 34.02 |
| 4. | LECHOWSKA Magdalena | 06 | WKS I sk | 2:22.12 | 630 | 31.10 | 35.84 | 41.50 | 33.68 |
| 5. | JACH Tamara | 06 | WKS I sk | 2:23.61 | 610 | 31.94 | 37.23 | 41.17 | 33.27 |
| 6. | RAKOWSKA Marta | 06 | DOKiS SP Vega Dobrodzie | 2:24.01 | 605 | 31.49 | 37.21 | 43.10 | 32.21 |
| 7. | GŁOWACKA Weronika | 06 | IKS Konstancin | 2:24.56 | 599 | 32.16 | 38.84 | 39.97 | 33.59 |
| 8. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawa | 2:25.40 | 588 | 30.96 | 36.73 | 43.44 | 34.27 |
| 9. | RYFKA Maja | 06 | SMS O wi cim | 2:25.73 | 584 | 30.89 | 36.95 | 44.72 | 33.17 |
| 10. | SZARGIEJ Aleksandra | 06 | UKS abianka Gdańsk | 2:27.42 | 564 | 32.03 | 36.00 | 45.91 | 33.48 |
| 11. | KAROLCZAK Pola | 06 | MUKS "Piłnastka" | 2:30.74 | 528 | 32.37 | 38.36 | 43.44 | 36.57 |
| 12. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawa | 2:35.18 | 484 | 31.71 | 39.34 | 47.22 | 36.91 |
| 13. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 2:37.11 | 466 | 32.82 | 38.47 | 47.66 | 38.16 |
| 14. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 2:38.79 | 451 | 34.11 | 42.39 | 44.19 | 38.10 |
| 15. | ALEKSANDROWICZ H. | 06 | MKP Szczecin | 2:38.82 | 451 | 34.15 | 40.43 | 47.74 | 36.50 |
| 16. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA" Gorzów | 2:48.27 | 379 | 36.61 | 45.71 | 46.32 | 39.63 |
| NW | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | | | | | | |

15 lat

| | | | | | | | | | |
|--------|----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SKROK Julia | 07 | WKS I sk | 2:24.45 | 600 | 31.58 | 38.75 | 39.83 | 34.29 |
| 2. | HLAVATA Eliska | 07 | Sport Club Pardubice | 2:30.64 | 529 | 31.75 | 39.80 | 43.30 | 35.79 |
| 3. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" | 2:31.36 | 521 | 35.06 | 37.26 | 44.24 | 34.80 |
| 4. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 2:31.49 | 520 | 32.71 | 38.70 | 43.64 | 36.44 |
| 5. | POPPE Marta | 07 | KU AZS UMCS Lublin | 2:32.09 | 514 | 33.25 | 39.76 | 44.77 | 34.31 |
| 6. | DUDA Anna | 07 | MKP Szczecin | 2:33.58 | 499 | 31.53 | 40.76 | 46.15 | 35.14 |
| 7. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 2:33.69 | 498 | 34.04 | 38.61 | 44.69 | 36.35 |
| 8. | JEZIORSKA Natalia | 07 | MKS Trójka Łódź | 2:34.73 | 488 | 34.07 | 40.64 | 44.31 | 35.71 |
| 9. | RUTKOWSKA Aneta | 07 | MKS Trójka Łódź | 2:37.07 | 466 | 34.50 | 40.14 | 43.58 | 38.85 |
| DYSKW. | GLI SKA Oliwia | 07 | TP Zielona Góra | | | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zajęciu pozycji nieruchomej a przed sygnałem startu.

14 lat

| | | | | | | | | | |
|----|----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GRACJASZ Wiktoria | 08 | UKS „Jasie " Sucha Beskidzka | 2:21.10 | 644 | 30.09 | 35.73 | 42.93 | 32.35 |
| 2. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łódź | 2:27.14 | 568 | 32.45 | 38.13 | 42.76 | 33.80 |
| 3. | ŁOBODA Maria | 08 | Uks Cityzen | 2:32.29 | 512 | 32.19 | 39.10 | 45.48 | 35.52 |
| 4. | CHABOWSKA Gabriela | 08 | UKS abianka Gdańsk | 2:32.39 | 511 | 31.61 | 38.51 | 45.55 | 36.72 |
| 5. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów" | 2:35.02 | 485 | 35.77 | 39.39 | 43.89 | 35.97 |
| 6. | ZIELI SKA Małgorzata | 08 | UKS abianka Gdańsk | 2:40.06 | 441 | 34.63 | 42.02 | 45.60 | 37.81 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 20, Dziewcz t, 200m zmienny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|----------------------|----------------------------|----------------|------|-------|-------|-------|-------|
| 7. CHUKHNO Kateryna | 08 UKS abianka Gda sk | 2:40.09 | 441 | 32.72 | 40.38 | 49.49 | 37.50 |
| 8. ST PKA Amelia | 08 UKS 190 Łód | 2:44.87 | 403 | 36.53 | 43.93 | 47.97 | 36.44 |
| PK PRASAŁ Aleksandra | 09 MUKP Korona-Swim Kielce | 2:29.06 | 546 | 31.59 | 37.29 | 44.54 | 35.64 |

Konkurencja 21
2022.11.12 - 18:34

M czyzn, 200m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|---|---------|---------------|-----|--------|------------|
| Rekord Polski | 1:53.39 | WITKOWSKI Jan | POL | Lublin | 2014.12.18 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 1:54.01 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. POPRAWA Michał | 94 AZS AWF Katowice | 1:57.88 | 804 | 25.08 | 30.45 | 33.86 | 28.49 |
| 2. W GROWSKI Marcel | 99 AZS UŁ PŁ Łód | 1:58.67 | 788 | 25.24 | 29.99 | 34.79 | 28.65 |
| 3. WIEKIERA Dawid | 02 MKP „Wodnik 29” Tychy | 2:02.03 | 725 | 26.34 | 31.58 | 33.33 | 30.78 |
| 4. PIELA Michał | 04 UKP Unia O wi cim | 2:02.26 | 720 | 26.67 | 32.10 | 35.17 | 28.32 |
| 5. ZUBIK Jan | 03 UKP „Polonia Warszawa” | 2:02.59 | 715 | 25.55 | 31.22 | 36.48 | 29.34 |
| 6. POPIEL Mikołaj | 06 KU AZS UMCS Lublin | 2:03.71 | 695 | 26.88 | 31.81 | 36.64 | 28.38 |
| 7. KUCZAK Adam | 00 AZS AWF Katowice | 2:04.17 | 688 | 27.09 | 31.03 | 36.97 | 29.08 |
| 8. SOLAK Łukasz | 99 KS AZS AGH Kraków | 2:04.42 | 684 | 26.37 | 32.77 | 34.84 | 30.44 |
| 9. KONARSKI Maciej | 04 UKS „GIM 92 Ursynów” | 2:04.50 | 682 | 27.83 | 33.14 | 36.09 | 27.44 |
| 10. CERLICH Maksymilian | 00 AZS AWF Katowice | 2:04.60 | 681 | 27.25 | 32.16 | 34.72 | 30.47 |
| 11. PLAGA Dawid | 05 TP Skalar Słupsk | 2:05.49 | 666 | 26.92 | 32.71 | 37.11 | 28.75 |
| 12. ADAMCZYK Jan | 03 KS AZS AGH Kraków | 2:06.19 | 655 | 28.03 | 32.23 | 37.00 | 28.93 |
| LONG Bryar | 97 MKS Juwenia Wrocław | 2:06.19 | 655 | 27.63 | 32.71 | 35.26 | 30.59 |
| 14. STASZAK Wiktor | 04 WKS I sk | 2:06.29 | 654 | 27.84 | 32.37 | 37.19 | 28.89 |
| 15. MOC Albert | 04 Sport Club Pardubice | 2:06.59 | 649 | 26.78 | 34.20 | 35.10 | 30.51 |
| 16. ŁUPI SKI Mateusz | 05 UKP „Polonia Warszawa” | 2:07.25 | 639 | 27.47 | 34.27 | 35.30 | 30.21 |
| 17. SEMERA Milan | 05 KPS Ostrava | 2:08.00 | 628 | 27.44 | 32.34 | 38.49 | 29.73 |
| 18. CZOGAŁA Grzegorz | 07 UKS G-8 Bielany Warszawa | 2:08.03 | 627 | 27.35 | 34.40 | 35.90 | 30.38 |
| 19. KOBUS Tymoteusz | 05 UKS abianka Gda sk | 2:08.47 | 621 | 27.70 | 34.02 | 36.96 | 29.79 |
| 20. MIKULA Vilem | 06 Sport Club Pardubice | 2:09.19 | 611 | 27.50 | 31.87 | 39.04 | 30.78 |
| 21. SROKA Bła ej | 05 UKS abianka Gda sk | 2:10.01 | 599 | 27.72 | 32.18 | 38.07 | 32.04 |
| 22. ZIELI SKI Konrad | 03 UKS 190 Łód | 2:10.43 | 593 | 26.84 | 34.60 | 39.51 | 29.48 |
| 23. SKIERSKI Radosław | 00 KS AZS AGH Kraków | 2:10.62 | 591 | 27.98 | 33.71 | 37.68 | 31.25 |
| 24. TEPLY Jan | 03 Sport Club Pardubice | 2:11.17 | 583 | 27.63 | 34.03 | 37.82 | 31.69 |
| 25. KRUPA Jakub | 07 UKP Unia O wi cim | 2:11.66 | 577 | 28.32 | 32.09 | 39.17 | 32.08 |
| 26. LOTER Bartosz | 05 UKP Unia O wi cim | 2:11.81 | 575 | 28.58 | 35.61 | 36.87 | 30.75 |
| 27. MAISTRUK Yehor | 08 UKS Tri-Team Rumia | 2:11.83 | 575 | 28.44 | 34.67 | 36.65 | 32.07 |
| 28. SOBIECHOWSKI Kajetan | 06 TP Zielona Góra | 2:12.89 | 561 | 28.67 | 34.23 | 40.61 | 29.38 |
| 29. HAVLENA Maxim | 04 Sport Club Pardubice | 2:12.99 | 560 | 28.12 | 34.35 | 39.51 | 31.01 |
| 30. FRANKOWSKI Miłosz | 05 MKS Juwenia Wrocław | 2:13.02 | 559 | 27.60 | 35.16 | 38.78 | 31.48 |
| LITEWSKI Mikołaj | 04 UKP „Polonia Warszawa” | 2:13.02 | 559 | 28.02 | 35.19 | 38.39 | 31.42 |
| 32. PORWIK Kacper | 06 UKP Unia O wi cim | 2:13.52 | 553 | 29.52 | 34.54 | 37.99 | 31.47 |
| 33. SHYPIN Aliaksandr | 07 UKS G-8 Bielany Warszawa | 2:13.80 | 550 | 27.97 | 34.09 | 40.58 | 31.16 |
| 34. RYSAVKA Jachym | 07 Sport Club Pardubice | 2:14.05 | 547 | 28.30 | 33.71 | 40.59 | 31.45 |
| 35. WI NIEWSKI Wiktor | 07 UKP Unia O wi cim | 2:14.32 | 543 | 28.23 | 35.30 | 39.62 | 31.17 |
| 36. JOACHIMOWICZ Patryk | 08 KU AZS UMCS Lublin | 2:14.57 | 540 | 28.08 | 34.77 | 40.01 | 31.71 |
| 37. CUR Kacper | 07 UKS „GIM 92 Ursynów” | 2:14.81 | 537 | 29.67 | 33.62 | 39.84 | 31.68 |
| 38. DOKTÓR Mateusz | 05 MKP „SŁOWIANKA” Gorzów | 2:15.38 | 531 | 28.66 | 35.89 | 40.16 | 30.67 |
| KOZŁOWSKI Julian | 07 MKS „Astoria” Bydgoszcz | 2:15.38 | 531 | 29.41 | 35.65 | 39.22 | 31.10 |
| RADZIKOWSKI Szymon | 08 WKS I sk | 2:15.38 | 531 | 30.34 | 35.42 | 37.40 | 32.22 |
| 41. DUBIEL Wiktor | 06 UKS abianka Gda sk | 2:15.55 | 529 | 29.07 | 33.83 | 40.34 | 32.31 |
| 42. GROT Szymon | 05 MUKP Korona-Swim Kielce | 2:16.83 | 514 | 27.72 | 37.01 | 41.92 | 30.18 |
| 43. GORZE Norbert | 06 Uks Cityzen | 2:16.84 | 514 | 30.26 | 35.03 | 40.29 | 31.26 |
| 44. KRUK Franciszek | 07 UKS „GIM 92 Ursynów” | 2:17.07 | 511 | 31.32 | 36.28 | 37.82 | 31.65 |
| 45. ZGODA Szymon | 08 UKP „Polonia Warszawa” | 2:17.38 | 508 | 29.86 | 33.79 | 42.35 | 31.38 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 21, M czynn, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 46. WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:18.25 | 498 | 30.90 | 37.94 | 37.08 | 32.33 |
| 47. SZWEDZKI Jakub | 00 | MKS Trójka Łód | 2:18.41 | 496 | 29.76 | 36.31 | 40.27 | 32.07 |
| 48. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:18.63 | 494 | 30.06 | 37.04 | 39.13 | 32.40 |
| 49. PUPKA Filip | 04 | Uks Cityzen | 2:18.93 | 491 | 30.62 | 35.70 | 40.05 | 32.56 |
| 50. URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:19.08 | 489 | 28.79 | 37.31 | 41.38 | 31.60 |
| 51. GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:20.12 | 478 | 29.43 | 38.08 | 41.09 | 31.52 |
| 52. KRIUKOW Aleksander | 06 | IKS Konstancin | 2:20.69 | 473 | 29.75 | 38.98 | 37.94 | 34.02 |
| 53. NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:21.47 | 465 | 30.01 | 39.96 | 37.43 | 34.07 |
| 54. MAZUR Adam | 07 | Grupa 5Styl | 2:21.58 | 464 | 30.38 | 36.75 | 41.49 | 32.96 |
| 55. TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:21.67 | 463 | 31.65 | 36.72 | 40.37 | 32.93 |
| 56. NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 2:23.04 | 450 | 32.95 | 37.62 | 38.42 | 34.05 |
| 57. PAWLAK Dawid | 08 | UKS 190 Łód | 2:23.36 | 447 | 31.44 | 38.51 | 40.53 | 32.88 |
| 58. PAWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.55 | 436 | 31.01 | 36.68 | 44.27 | 32.59 |
| 59. WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 2:24.91 | 433 | 29.95 | 37.73 | 42.92 | 34.31 |
| 60. YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 2:25.28 | 429 | 31.42 | 41.14 | 38.80 | 33.92 |
| 61. WIERCI SKI Kacper | 04 | MKP Szczecin | 2:25.63 | 426 | 32.75 | 39.18 | 38.06 | 35.64 |
| 62. BIE U SKI Jakub | 07 | Squatina Ostroł ka | 2:26.79 | 416 | 30.00 | 39.84 | 42.63 | 34.32 |
| 63. SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:27.16 | 413 | 31.25 | 39.19 | 41.69 | 35.03 |
| 64. JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:27.62 | 409 | 31.01 | 38.95 | 42.64 | 35.02 |
| 65. LECYK Jakub | 08 | MKP Astromal-Leszno | 2:30.69 | 385 | 32.70 | 39.73 | 41.44 | 36.82 |
| 66. KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 2:32.69 | 370 | 34.21 | 41.23 | 40.73 | 36.52 |
| 67. SZARSZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 2:34.48 | 357 | 31.69 | 42.10 | 43.54 | 37.15 |
| 68. KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:34.96 | 354 | 31.66 | 40.99 | 47.09 | 35.22 |
| 69. MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:35.11 | 353 | 33.01 | 41.58 | 46.72 | 33.80 |
| 70. ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi | 2:37.23 | 338 | 34.20 | 41.78 | 44.14 | 37.11 |
| 71. KRUPI SKI Paweł | 87 | WOPR Województwa Lubu | 3:29.01 | 144 | 40.32 | 59.69 | 54.60 | 54.40 |
| DYSKW. LUCOW Jan | 06 | UKP „Polonia Warszawa” | | | | | | |
| <i>K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).</i> | | | | | | | | |
| DYSKW. JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi | | | | | | |
| <i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., /G8</i> | | | | | | | | |
| NW URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | | | |
| 17 - 18 lat | | | | | | | | |
| 1. PIELA Michał | 04 | UKP Unia O wi cim | 2:02.26 | 720 | 26.67 | 32.10 | 35.17 | 28.32 |
| 2. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 2:04.50 | 682 | 27.83 | 33.14 | 36.09 | 27.44 |
| 3. PLAGA Dawid | 05 | TP Skalar Słupsk | 2:05.49 | 666 | 26.92 | 32.71 | 37.11 | 28.75 |
| 4. STASZAK Wiktor | 04 | WKS I sk | 2:06.29 | 654 | 27.84 | 32.37 | 37.19 | 28.89 |
| 5. MOC Albert | 04 | Sport Club Pardubice | 2:06.59 | 649 | 26.78 | 34.20 | 35.10 | 30.51 |
| 6. ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 2:07.25 | 639 | 27.47 | 34.27 | 35.30 | 30.21 |
| 7. SEMERA Milan | 05 | KPS Ostrava | 2:08.00 | 628 | 27.44 | 32.34 | 38.49 | 29.73 |
| 8. KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 2:08.47 | 621 | 27.70 | 34.02 | 36.96 | 29.79 |
| 9. SROKA Bła ej | 05 | UKS abianka Gda sk | 2:10.01 | 599 | 27.72 | 32.18 | 38.07 | 32.04 |
| 10. LOTER Bartosz | 05 | UKP Unia O wi cim | 2:11.81 | 575 | 28.58 | 35.61 | 36.87 | 30.75 |
| 11. HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.99 | 560 | 28.12 | 34.35 | 39.51 | 31.01 |
| 12. FRANKOWSKI Miłosz | 05 | MKS Juvenia Wrocław | 2:13.02 | 559 | 27.60 | 35.16 | 38.78 | 31.48 |
| LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 2:13.02 | 559 | 28.02 | 35.19 | 38.39 | 31.42 |
| 14. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów | 2:15.38 | 531 | 28.66 | 35.89 | 40.16 | 30.67 |
| 15. GROT Szymon | 05 | MUKP Korona-Swim Kielce | 2:16.83 | 514 | 27.72 | 37.01 | 41.92 | 30.18 |
| 16. PUPKA Filip | 04 | Uks Cityzen | 2:18.93 | 491 | 30.62 | 35.70 | 40.05 | 32.56 |
| 17. NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.55 | 436 | 31.01 | 36.68 | 44.27 | 32.59 |
| 18. WIERCI SKI Kacper | 04 | MKP Szczecin | 2:25.63 | 426 | 32.75 | 39.18 | 38.06 | 35.64 |
| 19. SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:27.16 | 413 | 31.25 | 39.19 | 41.69 | 35.03 |
| NW URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 21, M czynn, 200m zmienny

16 lat

| | | | | | | | | | |
|--------|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:03.71 | 695 | 26.88 | 31.81 | 36.64 | 28.38 |
| 2. | MIKULA Vilem | 06 | Sport Club Pardubice | 2:09.19 | 611 | 27.50 | 31.87 | 39.04 | 30.78 |
| 3. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 2:12.89 | 561 | 28.67 | 34.23 | 40.61 | 29.38 |
| 4. | PORWIK Kacper | 06 | UKP Unia O wi cim | 2:13.52 | 553 | 29.52 | 34.54 | 37.99 | 31.47 |
| 5. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 2:15.55 | 529 | 29.07 | 33.83 | 40.34 | 32.31 |
| 6. | GORZE Norbert | 06 | Uks Cityzen | 2:16.84 | 514 | 30.26 | 35.03 | 40.29 | 31.26 |
| 7. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawi | 2:19.08 | 489 | 28.79 | 37.31 | 41.38 | 31.60 |
| 8. | KRIUKOW Aleksander | 06 | IKS Konstancin | 2:20.69 | 473 | 29.75 | 38.98 | 37.94 | 34.02 |
| 9. | NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:21.47 | 465 | 30.01 | 39.96 | 37.43 | 34.07 |
| 10. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:27.62 | 409 | 31.01 | 38.95 | 42.64 | 35.02 |
| DYSKW. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | | | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

15 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 2:08.03 | 627 | 27.35 | 34.40 | 35.90 | 30.38 |
| 2. | KRUPA Jakub | 07 | UKP Unia O wi cim | 2:11.66 | 577 | 28.32 | 32.09 | 39.17 | 32.08 |
| 3. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 2:13.80 | 550 | 27.97 | 34.09 | 40.58 | 31.16 |
| 4. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 2:14.05 | 547 | 28.30 | 33.71 | 40.59 | 31.45 |
| 5. | WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 2:14.32 | 543 | 28.23 | 35.30 | 39.62 | 31.17 |
| 6. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 2:14.81 | 537 | 29.67 | 33.62 | 39.84 | 31.68 |
| 7. | KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:15.38 | 531 | 29.41 | 35.65 | 39.22 | 31.10 |
| 8. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 2:17.07 | 511 | 31.32 | 36.28 | 37.82 | 31.65 |
| 9. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:18.25 | 498 | 30.90 | 37.94 | 37.08 | 32.33 |
| 10. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:18.63 | 494 | 30.06 | 37.04 | 39.13 | 32.40 |
| 11. | MAZUR Adam | 07 | Grupa 5Styl | 2:21.58 | 464 | 30.38 | 36.75 | 41.49 | 32.96 |
| 12. | WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 2:24.91 | 433 | 29.95 | 37.73 | 42.92 | 34.31 |
| 13. | BIE U SKI Jakub | 07 | Squatina Ostroł ka | 2:26.79 | 416 | 30.00 | 39.84 | 42.63 | 34.32 |
| 14. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 2:32.69 | 370 | 34.21 | 41.23 | 40.73 | 36.52 |
| 15. | SZARSZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 2:34.48 | 357 | 31.69 | 42.10 | 43.54 | 37.15 |

14 lat

| | | | | | | | | | |
|--------|---------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 2:11.83 | 575 | 28.44 | 34.67 | 36.65 | 32.07 |
| 2. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 2:14.57 | 540 | 28.08 | 34.77 | 40.01 | 31.71 |
| 3. | RADZIKOWSKI Szymon | 08 | WKS I sk | 2:15.38 | 531 | 30.34 | 35.42 | 37.40 | 32.22 |
| 4. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 2:17.38 | 508 | 29.86 | 33.79 | 42.35 | 31.38 |
| 5. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:20.12 | 478 | 29.43 | 38.08 | 41.09 | 31.52 |
| 6. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:21.67 | 463 | 31.65 | 36.72 | 40.37 | 32.93 |
| 7. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 2:23.04 | 450 | 32.95 | 37.62 | 38.42 | 34.05 |
| 8. | PAWLAK Dawid | 08 | UKS 190 Łód | 2:23.36 | 447 | 31.44 | 38.51 | 40.53 | 32.88 |
| 9. | YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 2:25.28 | 429 | 31.42 | 41.14 | 38.80 | 33.92 |
| 10. | LECYK Jakub | 08 | MKP Astromal-Leszno | 2:30.69 | 385 | 32.70 | 39.73 | 41.44 | 36.82 |
| 11. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:34.96 | 354 | 31.66 | 40.99 | 47.09 | 35.22 |
| 12. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:35.11 | 353 | 33.01 | 41.58 | 46.72 | 33.80 |
| 13. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi | 2:37.23 | 338 | 34.20 | 41.78 | 44.14 | 37.11 |
| DYSKW. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi | | | | | | |

Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., /G8

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22
2022.11.12 - 18:50

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski 4:02.68 POLA SKA Aleksandra POL Olsztyn 2020.12.18

Min. indywidualne na M (25m) Melbourne 2022 Open: 4:02.11

Punkty: FINA 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|------------------------|-------------|---------------|---------|--------------------------|-------|---------------|-------|----------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | GU | Wiktorja | 04 | MKP Szczecin | | | | 4:11.21 | 807 |
| | 50m: | 30.35 30.35 | 150m: | 1:35.19 32.43 | 250m: | 2:39.36 31.71 | 350m: | 3:42.21 31.10 | |
| | 100m: | 1:02.76 32.41 | 200m: | 2:07.65 32.46 | 300m: | 3:11.11 31.75 | 400m: | 4:11.21 29.00 | |
| 2. | TARASIEWICZ | Klaudia | 04 | MKP Szczecin | | | | 4:11.22 | 807 |
| | 50m: | 30.28 30.28 | 150m: | 1:34.08 31.78 | 250m: | 2:37.47 31.31 | 350m: | 3:40.87 31.78 | |
| | 100m: | 1:02.30 32.02 | 200m: | 2:06.16 32.08 | 300m: | 3:09.09 31.62 | 400m: | 4:11.22 30.35 | |
| 3. | POLA SKA | Aleksandra | 00 | UKS GOS Raszyn | | | | 4:16.37 | 759 |
| | 50m: | 30.08 30.08 | 150m: | 1:34.84 32.30 | 250m: | 2:39.18 32.11 | 350m: | 3:43.79 32.55 | |
| | 100m: | 1:02.54 32.46 | 200m: | 2:07.07 32.23 | 300m: | 3:11.24 32.06 | 400m: | 4:16.37 32.58 | |
| 4. | ŁUCZAK | Dominika | 02 | TP Zielona Góra | | | | 4:20.69 | 722 |
| | 50m: | 30.63 30.63 | 150m: | 1:36.51 33.14 | 250m: | | 350m: | 3:48.14 | |
| | 100m: | 1:03.37 32.74 | 200m: | 2:09.46 32.95 | 300m: | | 400m: | 4:20.69 32.55 | |
| 5. | MACIAK | Julia | 06 | IUKS „Muszelka” Warszawa | | | | 4:21.18 | 718 |
| | 50m: | 30.22 30.22 | 150m: | 1:36.20 32.99 | 250m: | 2:42.25 32.96 | 350m: | 3:48.98 33.41 | |
| | 100m: | 1:03.21 32.99 | 200m: | 2:09.29 33.09 | 300m: | 3:15.57 33.32 | 400m: | 4:21.18 32.20 | |
| 6. | KULIK | Julia | 05 | UKS GOS Raszyn | | | | 4:24.12 | 694 |
| | 50m: | 31.40 31.40 | 150m: | 1:41.46 35.13 | 250m: | 2:48.86 32.18 | 350m: | 3:52.52 31.77 | |
| | 100m: | 1:06.33 34.93 | 200m: | 2:16.68 35.22 | 300m: | 3:20.75 31.89 | 400m: | 4:24.12 31.60 | |
| 7. | HELLAK | Emilia | 03 | KS SWIM-ART Wrocław | | | | 4:24.18 | 694 |
| | 50m: | 30.02 30.02 | 150m: | 1:36.25 33.38 | 250m: | 2:43.70 33.71 | 350m: | 3:51.13 33.86 | |
| | 100m: | 1:02.87 32.85 | 200m: | 2:09.99 33.74 | 300m: | 3:17.27 33.57 | 400m: | 4:24.18 33.05 | |
| 8. | MAŁOLEPSZA | Weronika | 07 | MKP Szczecin | | | | 4:25.03 | 687 |
| | 50m: | 30.42 30.42 | 150m: | 1:36.79 33.45 | 250m: | 2:44.61 34.01 | 350m: | 3:52.69 34.19 | |
| | 100m: | 1:03.34 32.92 | 200m: | 2:10.60 33.81 | 300m: | 3:18.50 33.89 | 400m: | 4:25.03 32.34 | |
| 9. | PRZYBYLSKA | Oliwia | 07 | KU AZS UMCS Lublin | | | | 4:25.28 | 685 |
| | 50m: | 30.60 30.60 | 150m: | 1:37.28 33.38 | 250m: | 2:44.18 33.44 | 350m: | 3:52.45 34.32 | |
| | 100m: | 1:03.90 33.30 | 200m: | 2:10.74 33.46 | 300m: | 3:18.13 33.95 | 400m: | 4:25.28 32.83 | |
| 10. | NOWAK | Maja | 03 | UKS GOS Raszyn | | | | 4:25.30 | 685 |
| | 50m: | 32.58 32.58 | 150m: | 1:43.72 35.61 | 250m: | 2:50.27 31.49 | 350m: | 3:54.29 32.10 | |
| | 100m: | 1:08.11 35.53 | 200m: | 2:18.78 35.06 | 300m: | 3:22.19 31.92 | 400m: | 4:25.30 31.01 | |
| 11. | KOSSOWSKA | Julita | 05 | UKS 190 Łódź | | | | 4:25.59 | 683 |
| | 50m: | 31.14 31.14 | 150m: | 1:37.93 33.65 | 250m: | 2:45.44 33.88 | 350m: | 3:53.40 33.94 | |
| | 100m: | 1:04.28 33.14 | 200m: | 2:11.56 33.63 | 300m: | 3:19.46 34.02 | 400m: | 4:25.59 32.19 | |
| 12. | FIGAS | Alicja | 04 | MKP Szczecin | | | | 4:25.60 | 683 |
| | 50m: | 31.24 31.24 | 150m: | 1:37.79 33.51 | 250m: | 2:45.09 33.59 | 350m: | 3:52.76 33.82 | |
| | 100m: | 1:04.28 33.04 | 200m: | 2:11.50 33.71 | 300m: | 3:18.94 33.85 | 400m: | 4:25.60 32.84 | |
| 13. | GÓRSKA | Zofia | 05 | UKS GOS Raszyn | | | | 4:29.72 | 652 |
| | 50m: | 30.41 30.41 | 150m: | 1:37.91 34.15 | 250m: | 2:46.67 34.42 | 350m: | 3:55.95 34.66 | |
| | 100m: | 1:03.76 33.35 | 200m: | 2:12.25 34.34 | 300m: | 3:21.29 34.62 | 400m: | 4:29.72 33.77 | |
| 14. | KUCZMAR | Zuzanna | 07 | UKP „Polonia Warszawa” | | | | 4:30.91 | 643 |
| | 50m: | 30.24 30.24 | 150m: | 1:37.39 34.14 | 250m: | 2:46.58 34.53 | 350m: | 3:56.73 35.11 | |
| | 100m: | 1:03.25 33.01 | 200m: | 2:12.05 34.66 | 300m: | 3:21.62 35.04 | 400m: | 4:30.91 34.18 | |
| 15. | WIDNICKA | Kamila | 06 | MKS Juwenia Wrocław | | | | 4:31.55 | 639 |
| | 50m: | 31.01 31.01 | 150m: | 1:38.64 34.29 | 250m: | 2:48.00 34.68 | 350m: | 3:57.65 34.94 | |
| | 100m: | 1:04.35 33.34 | 200m: | 2:13.32 34.68 | 300m: | 3:22.71 34.71 | 400m: | 4:31.55 33.90 | |
| | R P | Apolonia | 06 | MKS Juwenia Wrocław | | | | 4:31.55 | 639 |
| | 50m: | 31.87 31.87 | 150m: | 1:40.76 34.62 | 250m: | 2:49.60 34.34 | 350m: | 3:58.93 34.56 | |
| | 100m: | 1:06.14 34.27 | 200m: | 2:15.26 34.50 | 300m: | 3:24.37 34.77 | 400m: | 4:31.55 32.62 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------|---------------|---------|---------------------------------|--------------|----------------|-------|---------------|------|
| 17. | MAZUR | Zuzanna | 05 | MKP „SŁOWIANKA” | Gorzów Wlkp. | 4:32.90 | 629 | | |
| | 50m: | 31.19 31.19 | 150m: | 1:40.03 34.61 | 250m: | 2:50.04 35.08 | 350m: | 3:59.69 34.78 | |
| | 100m: | 1:05.42 34.23 | 200m: | 2:14.96 34.93 | 300m: | 3:24.91 34.87 | 400m: | 4:32.90 33.21 | |
| 18. | ZAGDA | SKA Oliwia | 05 | MKS Juvenia | Wrocław | 4:33.37 | 626 | | |
| | 50m: | 31.64 31.64 | 150m: | 1:39.71 34.28 | 250m: | 2:49.24 34.93 | 350m: | 3:59.18 34.88 | |
| | 100m: | 1:05.43 33.79 | 200m: | 2:14.31 34.60 | 300m: | 3:24.30 35.06 | 400m: | 4:33.37 34.19 | |
| 19. | SAMORAJ | Oliwia | 05 | MKS Piaseczno | | 4:33.82 | 623 | | |
| | 50m: | 31.26 31.26 | 150m: | 1:40.08 34.85 | 250m: | 2:50.34 35.03 | 350m: | 4:00.79 35.40 | |
| | 100m: | 1:05.23 33.97 | 200m: | 2:15.31 35.23 | 300m: | 3:25.39 35.05 | 400m: | 4:33.82 33.03 | |
| 20. | PIEKARSKA | Natalia | 06 | UKS 190 Łódź | | 4:34.19 | 620 | | |
| | 50m: | 31.73 31.73 | 150m: | 1:41.50 34.90 | 250m: | 2:51.04 34.88 | 350m: | 4:00.34 34.65 | |
| | 100m: | 1:06.60 34.87 | 200m: | 2:16.16 34.66 | 300m: | 3:25.69 34.65 | 400m: | 4:34.19 33.85 | |
| 21. | GULCZY | SKA Natalia | 07 | Uks Cityzen | | 4:34.45 | 619 | | |
| | 50m: | 30.25 30.25 | 150m: | 1:39.03 34.76 | 250m: | 2:49.59 35.20 | 350m: | 3:59.76 34.26 | |
| | 100m: | 1:04.27 34.02 | 200m: | 2:14.39 35.36 | 300m: | 3:25.50 35.91 | 400m: | 4:34.45 34.69 | |
| 22. | KOWALCZYK | Katarzyna | 05 | MKP Szczecin | | 4:35.56 | 611 | | |
| | 50m: | 32.36 32.36 | 150m: | 1:41.68 34.93 | 250m: | 2:52.07 35.09 | 350m: | 4:02.32 35.14 | |
| | 100m: | 1:06.75 34.39 | 200m: | 2:16.98 35.30 | 300m: | 3:27.18 35.11 | 400m: | 4:35.56 33.24 | |
| 23. | CHMIELEWSKA | Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk” | Suwałki | 4:36.08 | 608 | | |
| | 50m: | 31.93 31.93 | 150m: | 1:40.02 34.21 | 250m: | 2:49.82 35.18 | 350m: | 4:01.78 36.16 | |
| | 100m: | 1:05.81 33.88 | 200m: | 2:14.64 34.62 | 300m: | 3:25.62 35.80 | 400m: | 4:36.08 34.30 | |
| 24. | TRAFALSKA | Zuzanna | 07 | UKS 190 Łódź | | 4:36.80 | 603 | | |
| | 50m: | 32.14 32.14 | 150m: | 1:42.81 35.13 | 250m: | 2:53.40 35.18 | 350m: | 4:02.47 34.33 | |
| | 100m: | 1:07.68 35.54 | 200m: | 2:18.22 35.41 | 300m: | 3:28.14 34.74 | 400m: | 4:36.80 34.33 | |
| 25. | HUBERT | Julia | 06 | MKP Szczecin | | 4:37.60 | 598 | | |
| | 50m: | 31.60 31.60 | 150m: | 1:41.79 35.27 | 250m: | 2:52.58 35.29 | 350m: | 4:03.39 35.14 | |
| | 100m: | 1:06.52 34.92 | 200m: | 2:17.29 35.50 | 300m: | 3:28.25 35.67 | 400m: | 4:37.60 34.21 | |
| 26. | MIKUŁA | Natalia | 06 | UKS 190 Łódź | | 4:40.15 | 582 | | |
| | 50m: | 31.62 31.62 | 150m: | 1:41.84 35.45 | 250m: | 2:53.20 35.37 | 350m: | 4:05.05 35.94 | |
| | 100m: | 1:06.39 34.77 | 200m: | 2:17.83 35.99 | 300m: | 3:29.11 35.91 | 400m: | 4:40.15 35.10 | |
| 27. | JANIK | Julia | 06 | UKS 190 Łódź | | 4:40.46 | 580 | | |
| | 50m: | 31.43 31.43 | 150m: | 1:42.03 35.62 | 250m: | 2:54.30 35.87 | 350m: | 4:05.63 35.56 | |
| | 100m: | 1:06.41 34.98 | 200m: | 2:18.43 36.40 | 300m: | 3:30.07 35.77 | 400m: | 4:40.46 34.83 | |
| 28. | BISZEWSKA | Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” | Suwałki | 4:41.54 | 573 | | |
| | 50m: | 31.92 31.92 | 150m: | 1:42.38 35.44 | 250m: | 2:53.72 35.74 | 350m: | 4:06.07 36.30 | |
| | 100m: | 1:06.94 35.02 | 200m: | 2:17.98 35.60 | 300m: | 3:29.77 36.05 | 400m: | 4:41.54 35.47 | |
| 29. | SZOPA | Natalia | 07 | UKP Gryf D bica | | 4:42.03 | 570 | | |
| | 50m: | 29.72 29.72 | 150m: | 1:38.88 35.72 | 250m: | 2:52.86 37.49 | 350m: | 4:06.51 36.61 | |
| | 100m: | 1:03.16 33.44 | 200m: | 2:15.37 36.49 | 300m: | 3:29.90 37.04 | 400m: | 4:42.03 35.52 | |
| 30. | SKORYKOW | Lena | 08 | UKS Ostrobramska | | 4:42.29 | 569 | | |
| | 50m: | 31.61 31.61 | 150m: | 1:42.43 35.89 | 250m: | 2:54.52 35.76 | 350m: | 4:05.40 35.50 | |
| | 100m: | 1:06.54 34.93 | 200m: | 2:18.76 36.33 | 300m: | 3:29.90 35.38 | 400m: | 4:42.29 36.89 | |
| 31. | TARASZKIEWICZ | Zofia | 07 | Mokotowski UKP Warszawianka- | Wodny | 4:44.93 | 553 | | |
| | 50m: | 31.60 31.60 | 150m: | 1:42.11 35.66 | 250m: | 2:54.33 36.03 | 350m: | 4:07.70 37.21 | |
| | 100m: | 1:06.45 34.85 | 200m: | 2:18.30 36.19 | 300m: | 3:30.49 36.16 | 400m: | 4:44.93 37.23 | |
| 32. | GRZECH | Maja | 08 | UKS abianka | Gdańsk | 4:45.13 | 552 | | |
| | 50m: | 32.52 32.52 | 150m: | 1:43.81 35.87 | 250m: | 2:56.77 36.57 | 350m: | 4:10.06 36.65 | |
| | 100m: | 1:07.94 35.42 | 200m: | 2:20.20 36.39 | 300m: | 3:33.41 36.64 | 400m: | 4:45.13 35.07 | |
| 33. | ORASZEK | Karolina | 07 | Mokotowski UKP Warszawianka- | Wodny | 4:45.49 | 550 | | |
| | 50m: | 31.13 31.13 | 150m: | 1:41.91 35.81 | 250m: | 2:55.78 37.17 | 350m: | 4:09.52 36.67 | |
| | 100m: | 1:06.10 34.97 | 200m: | 2:18.61 36.70 | 300m: | 3:32.85 37.07 | 400m: | 4:45.49 35.97 | |
| 34. | KOWALSKA | Oliwia | 05 | MKP „SŁOWIANKA” | Gorzów Wlkp. | 4:46.33 | 545 | | |
| | 50m: | 33.01 33.01 | 150m: | 1:45.12 36.56 | 250m: | 2:58.26 36.58 | 350m: | 4:11.37 36.68 | |
| | 100m: | 1:08.56 35.55 | 200m: | 2:21.68 36.56 | 300m: | 3:34.69 36.43 | 400m: | 4:46.33 34.96 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|---------|------------------------------------|-------|---------------|-------|----------------|------|
| 35. | HLUSHCHENKO Varvara | | 08 | UKS 190 Łód | | | | 4:46.88 | 542 |
| | 50m: 31.90 31.90 | 150m: 1:44.28 | 36.58 | 250m: 2:58.10 | 36.68 | 350m: 4:12.01 | 36.60 | | |
| | 100m: 1:07.70 35.80 | 200m: 2:21.42 | 37.14 | 300m: 3:35.41 | 37.31 | 400m: 4:46.88 | 34.87 | | |
| 36. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnatka" | | | | 4:47.06 | 541 |
| | 50m: 31.55 31.55 | 150m: 1:42.72 | 36.23 | 250m: 2:55.89 | 36.81 | 350m: 4:10.39 | 37.38 | | |
| | 100m: 1:06.49 34.94 | 200m: 2:19.08 | 36.36 | 300m: 3:33.01 | 37.12 | 400m: 4:47.06 | 36.67 | | |
| 37. | TOMASZEWSKA Maria | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:48.90 | 530 |
| | 50m: 32.14 32.14 | 150m: 1:47.11 | 37.85 | 250m: 3:01.81 | 37.32 | 350m: 4:15.71 | 36.95 | | |
| | 100m: 1:09.26 37.12 | 200m: 2:24.49 | 37.38 | 300m: 3:38.76 | 36.95 | 400m: 4:48.90 | 33.19 | | |
| 38. | MICHALSKA Pola | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:50.11 | 524 |
| | 50m: 32.59 32.59 | 150m: 1:45.34 | 37.05 | 250m: 2:59.03 | 37.34 | 350m: 4:13.55 | 37.39 | | |
| | 100m: 1:08.29 35.70 | 200m: 2:21.69 | 36.35 | 300m: 3:36.16 | 37.13 | 400m: 4:50.11 | 36.56 | | |
| 39. | W GRZYCKA Małgorzata | | 07 | MKS Trójka Łód | | | | 4:50.77 | 520 |
| | 50m: 32.42 32.42 | 150m: 1:45.18 | 36.59 | 250m: 2:59.69 | 37.23 | 350m: 4:14.34 | 37.17 | | |
| | 100m: 1:08.59 36.17 | 200m: 2:22.46 | 37.28 | 300m: 3:37.17 | 37.48 | 400m: 4:50.77 | 36.43 | | |
| | MAJEWSKA Martyna | | 08 | MKS Znicz Koszalin | | | | 4:50.77 | 520 |
| | 50m: 31.34 31.34 | 150m: 1:43.99 | 36.78 | 250m: 2:59.12 | 37.83 | 350m: 4:15.38 | 38.48 | | |
| | 100m: 1:07.21 35.87 | 200m: 2:21.29 | 37.30 | 300m: 3:36.90 | 37.78 | 400m: 4:50.77 | 35.39 | | |
| 41. | WICHULSKA Małgorzata | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:52.17 | 513 |
| | 50m: 31.18 31.18 | 150m: 1:43.69 | 37.02 | 250m: 2:59.47 | 38.33 | 350m: 4:15.80 | 38.13 | | |
| | 100m: 1:06.67 35.49 | 200m: 2:21.14 | 37.45 | 300m: 3:37.67 | 38.20 | 400m: 4:52.17 | 36.37 | | |
| 42. | WOJTOWICZ Małgorzata | | 06 | MTKP Delfin Toru | | | | 4:53.03 | 508 |
| | 50m: 34.17 34.17 | 150m: 1:47.78 | 36.90 | 250m: 3:02.11 | 37.12 | 350m: 4:17.25 | 37.60 | | |
| | 100m: 1:10.88 36.71 | 200m: 2:24.99 | 37.21 | 300m: 3:39.65 | 37.54 | 400m: 4:53.03 | 35.78 | | |
| 43. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczbork | | | | 4:54.53 | 500 |
| | 50m: 33.18 33.18 | 150m: 1:48.56 | 38.37 | 250m: 3:03.27 | 36.29 | 350m: 4:17.45 | 37.12 | | |
| | 100m: 1:10.19 37.01 | 200m: 2:26.98 | 38.42 | 300m: 3:40.33 | 37.06 | 400m: 4:54.53 | 37.08 | | |
| 44. | MORITZ Marcelina | | 05 | MUKS "Pi tnatka" | | | | 4:54.74 | 499 |
| | 50m: 33.03 33.03 | 150m: 1:46.51 | 37.11 | 250m: 3:02.17 | 38.14 | 350m: 4:17.82 | 37.87 | | |
| | 100m: 1:09.40 36.37 | 200m: 2:24.03 | 37.52 | 300m: 3:39.95 | 37.78 | 400m: 4:54.74 | 36.92 | | |
| 45. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 4:55.37 | 496 |
| | 50m: 31.88 31.88 | 150m: 1:45.52 | 37.52 | 250m: 3:02.33 | 38.64 | 350m: 4:19.30 | 37.92 | | |
| | 100m: 1:08.00 36.12 | 200m: 2:23.69 | 38.17 | 300m: 3:41.38 | 39.05 | 400m: 4:55.37 | 36.07 | | |
| 46. | SPYCHALSKA Dominika | | 08 | KP Aquapark W growiec | | | | 4:55.79 | 494 |
| | 50m: 32.82 32.82 | 150m: 1:48.47 | 38.28 | 250m: 3:04.97 | 38.12 | 350m: 4:20.26 | 37.43 | | |
| | 100m: 1:10.19 37.37 | 200m: 2:26.85 | 38.38 | 300m: 3:42.83 | 37.86 | 400m: 4:55.79 | 35.53 | | |
| 47. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łód | | | | 4:56.17 | 492 |
| | 50m: 33.11 33.11 | 150m: 1:47.81 | 37.69 | 250m: 3:03.93 | 37.91 | 350m: 4:19.44 | 37.76 | | |
| | 100m: 1:10.12 37.01 | 200m: 2:26.02 | 38.21 | 300m: 3:41.68 | 37.75 | 400m: 4:56.17 | 36.73 | | |
| 48. | STANKO Khrystyna | | 08 | MUKS "Pi tnatka" | | | | 5:02.49 | 462 |
| | 50m: 31.75 31.75 | 150m: 1:46.19 | 38.01 | 250m: 3:04.40 | 39.25 | 350m: 4:24.95 | 39.46 | | |
| | 100m: 1:08.18 36.43 | 200m: 2:25.15 | 38.96 | 300m: 3:45.49 | 41.09 | 400m: 5:02.49 | 37.54 | | |
| 49. | MAY Matylda | | 08 | MKP Astromal-Leszno | | | | 5:02.76 | 461 |
| | 50m: 34.61 34.61 | 150m: 1:50.51 | 38.40 | 250m: 3:08.25 | 39.02 | 350m: 4:26.10 | 38.85 | | |
| | 100m: 1:12.11 37.50 | 200m: 2:29.23 | 38.72 | 300m: 3:47.25 | 39.00 | 400m: 5:02.76 | 36.66 | | |
| 50. | KANIASTA Matylda | | 05 | KS Warta Pozna | | | | 5:09.39 | 432 |
| | 50m: 33.47 33.47 | 150m: 1:48.58 | 37.73 | 250m: 3:07.22 | 39.54 | 350m: 4:29.32 | 41.69 | | |
| | 100m: 1:10.85 37.38 | 200m: 2:27.68 | 39.10 | 300m: 3:47.63 | 40.41 | 400m: 5:09.39 | 40.07 | | |
| 51. | DORO Y SKA Zuzanna | | 08 | MTKP Delfin Toru | | | | 5:09.99 | 429 |
| | 50m: 35.74 35.74 | 150m: 1:54.85 | 39.68 | 250m: 3:13.71 | 39.21 | 350m: 4:32.31 | 38.83 | | |
| | 100m: 1:15.17 39.43 | 200m: 2:34.50 | 39.65 | 300m: 3:53.48 | 39.77 | 400m: 5:09.99 | 37.68 | | |
| 52. | KOMOR Agata | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:15.13 | 409 |
| | 50m: 33.84 33.84 | 150m: 1:49.91 | 38.90 | 250m: 3:11.28 | 41.33 | 350m: 4:34.08 | 41.57 | | |
| | 100m: 1:11.01 37.17 | 200m: 2:29.95 | 40.04 | 300m: 3:52.51 | 41.23 | 400m: 5:15.13 | 41.05 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|------------------|---------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 53. | PILARSKA Maja | | 08 | KP Aquapark W growiec | | | | 5:23.92 | 376 |
| | 50m: | 37.01 37.01 | 150m: | 1:58.84 41.31 | 250m: | 3:20.33 40.46 | 350m: | 4:43.73 41.29 | |
| | 100m: | 1:17.53 40.52 | 200m: | 2:39.87 41.03 | 300m: | 4:02.44 42.11 | 400m: | 5:23.92 40.19 | |
| 54. | KRUTUL Aga | | 08 | MKS Znicz Koszalin | | | | 5:25.83 | 370 |
| | 50m: | 34.30 34.30 | 150m: | 1:53.07 40.27 | 250m: | 3:17.71 43.01 | 350m: | 4:43.45 42.38 | |
| | 100m: | 1:12.80 38.50 | 200m: | 2:34.70 41.63 | 300m: | 4:01.07 43.36 | 400m: | 5:25.83 42.38 | |
| 55. | WITKOWSKA Alicja | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:28.44 | 361 |
| | 50m: | 36.48 36.48 | 150m: | 1:59.85 42.36 | 250m: | 3:23.78 41.59 | 350m: | 4:47.71 41.85 | |
| | 100m: | 1:17.49 41.01 | 200m: | 2:42.19 42.34 | 300m: | 4:05.86 42.08 | 400m: | 5:28.44 40.73 | |
| 56. | DEREWECKA Kamila | | 08 | MKS Znicz Koszalin | | | | 5:33.13 | 346 |
| | 50m: | 35.38 35.38 | 150m: | 1:57.36 41.73 | 250m: | 3:25.39 44.59 | 350m: | 4:52.04 43.27 | |
| | 100m: | 1:15.63 40.25 | 200m: | 2:40.80 43.44 | 300m: | 4:08.77 43.38 | 400m: | 5:33.13 41.09 | |
| NW | KNOP Aleksandra | | 03 | UKS 190 Łód | | | | | |

17 - 18 lat

| | | | | | | | | | |
|-----|---------------------|---------------|-------|---|-------|---------------|-------|----------------|-----|
| 1. | GU Wiktoria | | 04 | MKP Szczecin | | | | 4:11.21 | 807 |
| | 50m: | 30.35 30.35 | 150m: | 1:35.19 32.43 | 250m: | 2:39.36 31.71 | 350m: | 3:42.21 31.10 | |
| | 100m: | 1:02.76 32.41 | 200m: | 2:07.65 32.46 | 300m: | 3:11.11 31.75 | 400m: | 4:11.21 29.00 | |
| 2. | TARASIEWICZ Klaudia | | 04 | MKP Szczecin | | | | 4:11.22 | 807 |
| | 50m: | 30.28 30.28 | 150m: | 1:34.08 31.78 | 250m: | 2:37.47 31.31 | 350m: | 3:40.87 31.78 | |
| | 100m: | 1:02.30 32.02 | 200m: | 2:06.16 32.08 | 300m: | 3:09.09 31.62 | 400m: | 4:11.22 30.35 | |
| 3. | KULIK Julia | | 05 | UKS GOS Raszyn | | | | 4:24.12 | 694 |
| | 50m: | 31.40 31.40 | 150m: | 1:41.46 35.13 | 250m: | 2:48.86 32.18 | 350m: | 3:52.52 31.77 | |
| | 100m: | 1:06.33 34.93 | 200m: | 2:16.68 35.22 | 300m: | 3:20.75 31.89 | 400m: | 4:24.12 31.60 | |
| 4. | KOSSOWSKA Julita | | 05 | UKS 190 Łód | | | | 4:25.59 | 683 |
| | 50m: | 31.14 31.14 | 150m: | 1:37.93 33.65 | 250m: | 2:45.44 33.88 | 350m: | 3:53.40 33.94 | |
| | 100m: | 1:04.28 33.14 | 200m: | 2:11.56 33.63 | 300m: | 3:19.46 34.02 | 400m: | 4:25.59 32.19 | |
| 5. | FIGAS Alicja | | 04 | MKP Szczecin | | | | 4:25.60 | 683 |
| | 50m: | 31.24 31.24 | 150m: | 1:37.79 33.51 | 250m: | 2:45.09 33.59 | 350m: | 3:52.76 33.82 | |
| | 100m: | 1:04.28 33.04 | 200m: | 2:11.50 33.71 | 300m: | 3:18.94 33.85 | 400m: | 4:25.60 32.84 | |
| 6. | GÓRSKA Zofia | | 05 | UKS GOS Raszyn | | | | 4:29.72 | 652 |
| | 50m: | 30.41 30.41 | 150m: | 1:37.91 34.15 | 250m: | 2:46.67 34.42 | 350m: | 3:55.95 34.66 | |
| | 100m: | 1:03.76 33.35 | 200m: | 2:12.25 34.34 | 300m: | 3:21.29 34.62 | 400m: | 4:29.72 33.77 | |
| 7. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:32.90 | 629 |
| | 50m: | 31.19 31.19 | 150m: | 1:40.03 34.61 | 250m: | 2:50.04 35.08 | 350m: | 3:59.69 34.78 | |
| | 100m: | 1:05.42 34.23 | 200m: | 2:14.96 34.93 | 300m: | 3:24.91 34.87 | 400m: | 4:32.90 33.21 | |
| 8. | ZAGDA SKA Oliwia | | 05 | MKS Juwenia Wrocław | | | | 4:33.37 | 626 |
| | 50m: | 31.64 31.64 | 150m: | 1:39.71 34.28 | 250m: | 2:49.24 34.93 | 350m: | 3:59.18 34.88 | |
| | 100m: | 1:05.43 33.79 | 200m: | 2:14.31 34.60 | 300m: | 3:24.30 35.06 | 400m: | 4:33.37 34.19 | |
| 9. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 4:33.82 | 623 |
| | 50m: | 31.26 31.26 | 150m: | 1:40.08 34.85 | 250m: | 2:50.34 35.03 | 350m: | 4:00.79 35.40 | |
| | 100m: | 1:05.23 33.97 | 200m: | 2:15.31 35.23 | 300m: | 3:25.39 35.05 | 400m: | 4:33.82 33.03 | |
| 10. | KOWALCZYK Katarzyna | | 05 | MKP Szczecin | | | | 4:35.56 | 611 |
| | 50m: | 32.36 32.36 | 150m: | 1:41.68 34.93 | 250m: | 2:52.07 35.09 | 350m: | 4:02.32 35.14 | |
| | 100m: | 1:06.75 34.39 | 200m: | 2:16.98 35.30 | 300m: | 3:27.18 35.11 | 400m: | 4:35.56 33.24 | |
| 11. | BISZEWSKA Gabriela | | 05 | Mi dzyszkołny UKS „Olimpijczyk" Suwałki | | | | 4:41.54 | 573 |
| | 50m: | 31.92 31.92 | 150m: | 1:42.38 35.44 | 250m: | 2:53.72 35.74 | 350m: | 4:06.07 36.30 | |
| | 100m: | 1:06.94 35.02 | 200m: | 2:17.98 35.60 | 300m: | 3:29.77 36.05 | 400m: | 4:41.54 35.47 | |
| 12. | KOWALSKA Oliwia | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:46.33 | 545 |
| | 50m: | 33.01 33.01 | 150m: | 1:45.12 36.56 | 250m: | 2:58.26 36.58 | 350m: | 4:11.37 36.68 | |
| | 100m: | 1:08.56 35.55 | 200m: | 2:21.68 36.56 | 300m: | 3:34.69 36.43 | 400m: | 4:46.33 34.96 | |
| 13. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnałka" | | | | 4:47.06 | 541 |
| | 50m: | 31.55 31.55 | 150m: | 1:42.72 36.23 | 250m: | 2:55.89 36.81 | 350m: | 4:10.39 37.38 | |
| | 100m: | 1:06.49 34.94 | 200m: | 2:19.08 36.36 | 300m: | 3:33.01 37.12 | 400m: | 4:47.06 36.67 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | Czas | | | | Pkt. |
|---------|-------------------|-------|---------------|------------------------------|---------------|-------|---------------|----------------|-----|--|------|
| 14. | MORITZ Marcelina | | 05 | MUKS "Pi tnastrka" | | | | 4:54.74 | 499 | | |
| | 50m: 33.03 | 33.03 | 150m: 1:46.51 | 37.11 | 250m: 3:02.17 | 38.14 | 350m: 4:17.82 | 37.87 | | | |
| | 100m: 1:09.40 | 36.37 | 200m: 2:24.03 | 37.52 | 300m: 3:39.95 | 37.78 | 400m: 4:54.74 | 36.92 | | | |
| 15. | KANIASTA Matylida | | 05 | KS Warta Pozna | | | | 5:09.39 | 432 | | |
| | 50m: 33.47 | 33.47 | 150m: 1:48.58 | 37.73 | 250m: 3:07.22 | 39.54 | 350m: 4:29.32 | 41.69 | | | |
| | 100m: 1:10.85 | 37.38 | 200m: 2:27.68 | 39.10 | 300m: 3:47.63 | 40.41 | 400m: 5:09.39 | 40.07 | | | |
| 16. | KOMOR Agata | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:15.13 | 409 | | |
| | 50m: 33.84 | 33.84 | 150m: 1:49.91 | 38.90 | 250m: 3:11.28 | 41.33 | 350m: 4:34.08 | 41.57 | | | |
| | 100m: 1:11.01 | 37.17 | 200m: 2:29.95 | 40.04 | 300m: 3:52.51 | 41.23 | 400m: 5:15.13 | 41.05 | | | |

16 lat

| | | | | | | | | | |
|----|------------------------|-------|---------------|---|---------------|-------|---------------|----------------|-----|
| 1. | MACIAK Julia | | 06 | IUKS „Muszelka" Warszawa | | | | 4:21.18 | 718 |
| | 50m: 30.22 | 30.22 | 150m: 1:36.20 | 32.99 | 250m: 2:42.25 | 32.96 | 350m: 3:48.98 | 33.41 | |
| | 100m: 1:03.21 | 32.99 | 200m: 2:09.29 | 33.09 | 300m: 3:15.57 | 33.32 | 400m: 4:21.18 | 32.20 | |
| 2. | WIDNICKA Kamila | | 06 | MKS Juwenia Wrocław | | | | 4:31.55 | 639 |
| | 50m: 31.01 | 31.01 | 150m: 1:38.64 | 34.29 | 250m: 2:48.00 | 34.68 | 350m: 3:57.65 | 34.94 | |
| | 100m: 1:04.35 | 33.34 | 200m: 2:13.32 | 34.68 | 300m: 3:22.71 | 34.71 | 400m: 4:31.55 | 33.90 | |
| | R P Apolonia | | 06 | MKS Juwenia Wrocław | | | | 4:31.55 | 639 |
| | 50m: 31.87 | 31.87 | 150m: 1:40.76 | 34.62 | 250m: 2:49.60 | 34.34 | 350m: 3:58.93 | 34.56 | |
| | 100m: 1:06.14 | 34.27 | 200m: 2:15.26 | 34.50 | 300m: 3:24.37 | 34.77 | 400m: 4:31.55 | 32.62 | |
| 4. | PIEKARSKA Natalia | | 06 | UKS 190 Łód | | | | 4:34.19 | 620 |
| | 50m: 31.73 | 31.73 | 150m: 1:41.50 | 34.90 | 250m: 2:51.04 | 34.88 | 350m: 4:00.34 | 34.65 | |
| | 100m: 1:06.60 | 34.87 | 200m: 2:16.16 | 34.66 | 300m: 3:25.69 | 34.65 | 400m: 4:34.19 | 33.85 | |
| 5. | CHMIELEWSKA Aleksandra | | 06 | Mi dzyszkołny UKS „Olimpijczyk" Suwałki | | | | 4:36.08 | 608 |
| | 50m: 31.93 | 31.93 | 150m: 1:40.02 | 34.21 | 250m: 2:49.82 | 35.18 | 350m: 4:01.78 | 36.16 | |
| | 100m: 1:05.81 | 33.88 | 200m: 2:14.64 | 34.62 | 300m: 3:25.62 | 35.80 | 400m: 4:36.08 | 34.30 | |
| 6. | HUBERT Julia | | 06 | MKP Szczecin | | | | 4:37.60 | 598 |
| | 50m: 31.60 | 31.60 | 150m: 1:41.79 | 35.27 | 250m: 2:52.58 | 35.29 | 350m: 4:03.39 | 35.14 | |
| | 100m: 1:06.52 | 34.92 | 200m: 2:17.29 | 35.50 | 300m: 3:28.25 | 35.67 | 400m: 4:37.60 | 34.21 | |
| 7. | MIKUŁA Natalia | | 06 | UKS 190 Łód | | | | 4:40.15 | 582 |
| | 50m: 31.62 | 31.62 | 150m: 1:41.84 | 35.45 | 250m: 2:53.20 | 35.37 | 350m: 4:05.05 | 35.94 | |
| | 100m: 1:06.39 | 34.77 | 200m: 2:17.83 | 35.99 | 300m: 3:29.11 | 35.91 | 400m: 4:40.15 | 35.10 | |
| 8. | JANIK Julia | | 06 | UKS 190 Łód | | | | 4:40.46 | 580 |
| | 50m: 31.43 | 31.43 | 150m: 1:42.03 | 35.62 | 250m: 2:54.30 | 35.87 | 350m: 4:05.63 | 35.56 | |
| | 100m: 1:06.41 | 34.98 | 200m: 2:18.43 | 36.40 | 300m: 3:30.07 | 35.77 | 400m: 4:40.46 | 34.83 | |
| 9. | WOJTOWICZ Małgorzata | | 06 | MTKP Delfin Toru | | | | 4:53.03 | 508 |
| | 50m: 34.17 | 34.17 | 150m: 1:47.78 | 36.90 | 250m: 3:02.11 | 37.12 | 350m: 4:17.25 | 37.60 | |
| | 100m: 1:10.88 | 36.71 | 200m: 2:24.99 | 37.21 | 300m: 3:39.65 | 37.54 | 400m: 4:53.03 | 35.78 | |

15 lat

| | | | | | | | | | |
|----|---------------------|-------|---------------|------------------------|---------------|-------|---------------|----------------|-----|
| 1. | MAŁOLEPSZA Weronika | | 07 | MKP Szczecin | | | | 4:25.03 | 687 |
| | 50m: 30.42 | 30.42 | 150m: 1:36.79 | 33.45 | 250m: 2:44.61 | 34.01 | 350m: 3:52.69 | 34.19 | |
| | 100m: 1:03.34 | 32.92 | 200m: 2:10.60 | 33.81 | 300m: 3:18.50 | 33.89 | 400m: 4:25.03 | 32.34 | |
| 2. | PRZYBYLSKA Oliwia | | 07 | KU AZS UMCS Lublin | | | | 4:25.28 | 685 |
| | 50m: 30.60 | 30.60 | 150m: 1:37.28 | 33.38 | 250m: 2:44.18 | 33.44 | 350m: 3:52.45 | 34.32 | |
| | 100m: 1:03.90 | 33.30 | 200m: 2:10.74 | 33.46 | 300m: 3:18.13 | 33.95 | 400m: 4:25.28 | 32.83 | |
| 3. | KUCZMAR Zuzanna | | 07 | UKP „Polonia Warszawa" | | | | 4:30.91 | 643 |
| | 50m: 30.24 | 30.24 | 150m: 1:37.39 | 34.14 | 250m: 2:46.58 | 34.53 | 350m: 3:56.73 | 35.11 | |
| | 100m: 1:03.25 | 33.01 | 200m: 2:12.05 | 34.66 | 300m: 3:21.62 | 35.04 | 400m: 4:30.91 | 34.18 | |
| 4. | GULCZY SKA Natalia | | 07 | Uks Cityzen | | | | 4:34.45 | 619 |
| | 50m: 30.25 | 30.25 | 150m: 1:39.03 | 34.76 | 250m: 2:49.59 | 35.20 | 350m: 3:59.76 | 34.26 | |
| | 100m: 1:04.27 | 34.02 | 200m: 2:14.39 | 35.36 | 300m: 3:25.50 | 35.91 | 400m: 4:34.45 | 34.69 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Dziewcz t, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|-----------------------|---------------|---------|------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 5. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łód | | | | 4:36.80 | 603 | | |
| | 50m: | 32.14 32.14 | 150m: | 1:42.81 | 35.13 | 250m: | 2:53.40 | 35.18 | 350m: | 4:02.47 | 34.33 |
| | 100m: | 1:07.68 35.54 | 200m: | 2:18.22 | 35.41 | 300m: | 3:28.14 | 34.74 | 400m: | 4:36.80 | 34.33 |
| 6. | SZOPA Natalia | | 07 | UKP Gryf D bica | | | | 4:42.03 | 570 | | |
| | 50m: | 29.72 29.72 | 150m: | 1:38.88 | 35.72 | 250m: | 2:52.86 | 37.49 | 350m: | 4:06.51 | 36.61 |
| | 100m: | 1:03.16 33.44 | 200m: | 2:15.37 | 36.49 | 300m: | 3:29.90 | 37.04 | 400m: | 4:42.03 | 35.52 |
| 7. | TARASZKIEWICZ Zofia | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:44.93 | 553 | | |
| | 50m: | 31.60 31.60 | 150m: | 1:42.11 | 35.66 | 250m: | 2:54.33 | 36.03 | 350m: | 4:07.70 | 37.21 |
| | 100m: | 1:06.45 34.85 | 200m: | 2:18.30 | 36.19 | 300m: | 3:30.49 | 36.16 | 400m: | 4:44.93 | 37.23 |
| 8. | ORASZEK Karolina | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:45.49 | 550 | | |
| | 50m: | 31.13 31.13 | 150m: | 1:41.91 | 35.81 | 250m: | 2:55.78 | 37.17 | 350m: | 4:09.52 | 36.67 |
| | 100m: | 1:06.10 34.97 | 200m: | 2:18.61 | 36.70 | 300m: | 3:32.85 | 37.07 | 400m: | 4:45.49 | 35.97 |
| 9. | MICHALSKA Pola | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:50.11 | 524 | | |
| | 50m: | 32.59 32.59 | 150m: | 1:45.34 | 37.05 | 250m: | 2:59.03 | 37.34 | 350m: | 4:13.55 | 37.39 |
| | 100m: | 1:08.29 35.70 | 200m: | 2:21.69 | 36.35 | 300m: | 3:36.16 | 37.13 | 400m: | 4:50.11 | 36.56 |
| 10. | W GRZYCKA Małgorzata | | 07 | MKS Trójka Łód | | | | 4:50.77 | 520 | | |
| | 50m: | 32.42 32.42 | 150m: | 1:45.18 | 36.59 | 250m: | 2:59.69 | 37.23 | 350m: | 4:14.34 | 37.17 |
| | 100m: | 1:08.59 36.17 | 200m: | 2:22.46 | 37.28 | 300m: | 3:37.17 | 37.48 | 400m: | 4:50.77 | 36.43 |
| 11. | WICHULSKA Małgorzata | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:52.17 | 513 | | |
| | 50m: | 31.18 31.18 | 150m: | 1:43.69 | 37.02 | 250m: | 2:59.47 | 38.33 | 350m: | 4:15.80 | 38.13 |
| | 100m: | 1:06.67 35.49 | 200m: | 2:21.14 | 37.45 | 300m: | 3:37.67 | 38.20 | 400m: | 4:52.17 | 36.37 |
| 12. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 4:55.37 | 496 | | |
| | 50m: | 31.88 31.88 | 150m: | 1:45.52 | 37.52 | 250m: | 3:02.33 | 38.64 | 350m: | 4:19.30 | 37.92 |
| | 100m: | 1:08.00 36.12 | 200m: | 2:23.69 | 38.17 | 300m: | 3:41.38 | 39.05 | 400m: | 4:55.37 | 36.07 |
| 14 lat | | | | | | | | | | | |
| 1. | SKORYKOW Lena | | 08 | UKS Ostrobramska | | | | 4:42.29 | 569 | | |
| | 50m: | 31.61 31.61 | 150m: | 1:42.43 | 35.89 | 250m: | 2:54.52 | 35.76 | 350m: | 4:05.40 | 35.50 |
| | 100m: | 1:06.54 34.93 | 200m: | 2:18.76 | 36.33 | 300m: | 3:29.90 | 35.38 | 400m: | 4:42.29 | 36.89 |
| 2. | GRZECH Maja | | 08 | UKS abianka Gda sk | | | | 4:45.13 | 552 | | |
| | 50m: | 32.52 32.52 | 150m: | 1:43.81 | 35.87 | 250m: | 2:56.77 | 36.57 | 350m: | 4:10.06 | 36.65 |
| | 100m: | 1:07.94 35.42 | 200m: | 2:20.20 | 36.39 | 300m: | 3:33.41 | 36.64 | 400m: | 4:45.13 | 35.07 |
| 3. | HLUSHCHENKO Varvara | | 08 | UKS 190 Łód | | | | 4:46.88 | 542 | | |
| | 50m: | 31.90 31.90 | 150m: | 1:44.28 | 36.58 | 250m: | 2:58.10 | 36.68 | 350m: | 4:12.01 | 36.60 |
| | 100m: | 1:07.70 35.80 | 200m: | 2:21.42 | 37.14 | 300m: | 3:35.41 | 37.31 | 400m: | 4:46.88 | 34.87 |
| 4. | TOMASZEWSKA Maria | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:48.90 | 530 | | |
| | 50m: | 32.14 32.14 | 150m: | 1:47.11 | 37.85 | 250m: | 3:01.81 | 37.32 | 350m: | 4:15.71 | 36.95 |
| | 100m: | 1:09.26 37.12 | 200m: | 2:24.49 | 37.38 | 300m: | 3:38.76 | 36.95 | 400m: | 4:48.90 | 33.19 |
| 5. | MAJEWSKA Martyna | | 08 | MKS Znicz Koszalin | | | | 4:50.77 | 520 | | |
| | 50m: | 31.34 31.34 | 150m: | 1:43.99 | 36.78 | 250m: | 2:59.12 | 37.83 | 350m: | 4:15.38 | 38.48 |
| | 100m: | 1:07.21 35.87 | 200m: | 2:21.29 | 37.30 | 300m: | 3:36.90 | 37.78 | 400m: | 4:50.77 | 35.39 |
| 6. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczbork | | | | 4:54.53 | 500 | | |
| | 50m: | 33.18 33.18 | 150m: | 1:48.56 | 38.37 | 250m: | 3:03.27 | 36.29 | 350m: | 4:17.45 | 37.12 |
| | 100m: | 1:10.19 37.01 | 200m: | 2:26.98 | 38.42 | 300m: | 3:40.33 | 37.06 | 400m: | 4:54.53 | 37.08 |
| 7. | SPYCHALSKA Dominika | | 08 | KP Aquapark W growiec | | | | 4:55.79 | 494 | | |
| | 50m: | 32.82 32.82 | 150m: | 1:48.47 | 38.28 | 250m: | 3:04.97 | 38.12 | 350m: | 4:20.26 | 37.43 |
| | 100m: | 1:10.19 37.37 | 200m: | 2:26.85 | 38.38 | 300m: | 3:42.83 | 37.86 | 400m: | 4:55.79 | 35.53 |
| 8. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łód | | | | 4:56.17 | 492 | | |
| | 50m: | 33.11 33.11 | 150m: | 1:47.81 | 37.69 | 250m: | 3:03.93 | 37.91 | 350m: | 4:19.44 | 37.76 |
| | 100m: | 1:10.12 37.01 | 200m: | 2:26.02 | 38.21 | 300m: | 3:41.68 | 37.75 | 400m: | 4:56.17 | 36.73 |
| 9. | STANKO Khrystyna | | 08 | MUKS "Pi tnastka" | | | | 5:02.49 | 462 | | |
| | 50m: | 31.75 31.75 | 150m: | 1:46.19 | 38.01 | 250m: | 3:04.40 | 39.25 | 350m: | 4:24.95 | 39.46 |
| | 100m: | 1:08.18 36.43 | 200m: | 2:25.15 | 38.96 | 300m: | 3:45.49 | 41.09 | 400m: | 5:02.49 | 37.54 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22, Dziewcz. t., 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-------------------|---------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 10. | MAY Matylda | | 08 | MKP Astromal-Leszno | | | | 5:02.76 | 461 |
| | 50m: | 34.61 34.61 | 150m: | 1:50.51 38.40 | 250m: | 3:08.25 39.02 | 350m: | 4:26.10 38.85 | |
| | 100m: | 1:12.11 37.50 | 200m: | 2:29.23 38.72 | 300m: | 3:47.25 39.00 | 400m: | 5:02.76 36.66 | |
| 11. | DOROŃ SKA Zuzanna | | 08 | MTKP Delfin Toru | | | | 5:09.99 | 429 |
| | 50m: | 35.74 35.74 | 150m: | 1:54.85 39.68 | 250m: | 3:13.71 39.21 | 350m: | 4:32.31 38.83 | |
| | 100m: | 1:15.17 39.43 | 200m: | 2:34.50 39.65 | 300m: | 3:53.48 39.77 | 400m: | 5:09.99 37.68 | |
| 12. | PILARSKA Maja | | 08 | KP Aquapark Wągrowiec | | | | 5:23.92 | 376 |
| | 50m: | 37.01 37.01 | 150m: | 1:58.84 41.31 | 250m: | 3:20.33 40.46 | 350m: | 4:43.73 41.29 | |
| | 100m: | 1:17.53 40.52 | 200m: | 2:39.87 41.03 | 300m: | 4:02.44 42.11 | 400m: | 5:23.92 40.19 | |
| 13. | KRUTUL Aga | | 08 | MKS Znicz Koszalin | | | | 5:25.83 | 370 |
| | 50m: | 34.30 34.30 | 150m: | 1:53.07 40.27 | 250m: | 3:17.71 43.01 | 350m: | 4:43.45 42.38 | |
| | 100m: | 1:12.80 38.50 | 200m: | 2:34.70 41.63 | 300m: | 4:01.07 43.36 | 400m: | 5:25.83 42.38 | |
| 14. | WITKOWSKA Alicja | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 5:28.44 | 361 |
| | 50m: | 36.48 36.48 | 150m: | 1:59.85 42.36 | 250m: | 3:23.78 41.59 | 350m: | 4:47.71 41.85 | |
| | 100m: | 1:17.49 41.01 | 200m: | 2:42.19 42.34 | 300m: | 4:05.86 42.08 | 400m: | 5:28.44 40.73 | |
| 15. | DEREWECKA Kamila | | 08 | MKS Znicz Koszalin | | | | 5:33.13 | 346 |
| | 50m: | 35.38 35.38 | 150m: | 1:57.36 41.73 | 250m: | 3:25.39 44.59 | 350m: | 4:52.04 43.27 | |
| | 100m: | 1:15.63 40.25 | 200m: | 2:40.80 43.44 | 300m: | 4:08.77 43.38 | 400m: | 5:33.13 41.09 | |

Konkurencja 23
2022.11.12 - 19:06

Mężczyzn., 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski 3:37.57 WOJDAK Wojciech POL Netanya (ISR) 2015.12.02

Min. indywidualne na M (25m) Melbourne 2022 Open: 3:39.45

Punkty: FINA 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-----------------|-----------------------|-------------|---------|--------------------------|-------|---------------|-------|----------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka” Warszawa | | | | 3:43.05 | 861 |
| | 50m: | 25.36 25.36 | 150m: | 1:20.85 27.95 | 250m: | 2:17.25 28.32 | 350m: | 3:14.87 28.88 | |
| | 100m: | 52.90 27.54 | 200m: | 1:48.93 28.08 | 300m: | 2:45.99 28.74 | 400m: | 3:43.05 28.18 | |
| 2. | FILIPIAK Mikołaj | | 06 | KS Barrakuda Gdańsk | | | | 3:52.06 | 765 |
| | 50m: | 27.05 27.05 | 150m: | 1:25.65 29.48 | 250m: | 2:25.09 29.74 | 350m: | 3:23.94 29.34 | |
| | 100m: | 56.17 29.12 | 200m: | 1:55.35 29.70 | 300m: | 2:54.60 29.51 | 400m: | 3:52.06 28.12 | |
| 3. | ZABOROWSKI Filip | | 94 | MKP Szczecin | | | | 3:52.79 | 757 |
| | 50m: | 27.19 27.19 | 150m: | 1:26.73 29.90 | 250m: | 2:26.12 29.69 | 350m: | 3:24.64 29.25 | |
| | 100m: | 56.83 29.64 | 200m: | 1:56.43 29.70 | 300m: | 2:55.39 29.27 | 400m: | 3:52.79 28.15 | |
| 4. | MASIUK Ksawery | | 04 | UKS G-8 Bielany Warszawa | | | | 3:54.76 | 739 |
| | 50m: | 26.21 26.21 | 150m: | 1:25.25 29.87 | 250m: | 2:26.08 30.27 | 350m: | 3:26.17 29.75 | |
| | 100m: | 55.38 29.17 | 200m: | 1:55.81 30.56 | 300m: | 2:56.42 30.34 | 400m: | 3:54.76 28.59 | |
| 5. | RADKIEWICZ Kajetan | | 05 | KS KSZO Ostrowiec w. | | | | 3:55.99 | 727 |
| | 50m: | 27.81 27.81 | 150m: | 1:28.70 30.57 | 250m: | 2:28.70 29.55 | 350m: | 3:27.91 29.42 | |
| | 100m: | 58.13 30.32 | 200m: | 1:59.15 30.45 | 300m: | 2:58.49 29.79 | 400m: | 3:55.99 28.08 | |
| 6. | CHMIELEWSKI Michał | | 04 | IUKS „Muszelka” Warszawa | | | | 3:56.72 | 720 |
| | 50m: | 27.76 27.76 | 150m: | 1:28.34 30.17 | 250m: | 2:28.84 30.17 | 350m: | 3:28.68 29.81 | |
| | 100m: | 58.17 30.41 | 200m: | 1:58.67 30.33 | 300m: | 2:58.87 30.03 | 400m: | 3:56.72 28.04 | |
| 7. | WALTER Jakub | | 04 | UKP Unia Olimpijczym | | | | 3:56.84 | 719 |
| | 50m: | 26.08 26.08 | 150m: | 1:25.79 30.56 | 250m: | 2:27.46 30.69 | 350m: | 3:28.21 30.22 | |
| | 100m: | 55.23 29.15 | 200m: | 1:56.77 30.98 | 300m: | 2:57.99 30.53 | 400m: | 3:56.84 28.63 | |
| 8. | CHRZANOWSKI Damian | | 98 | WKS Iłża | | | | 3:56.90 | 719 |
| | 50m: | 26.93 26.93 | 150m: | 1:26.43 30.04 | 250m: | 2:26.63 30.09 | 350m: | 3:27.33 30.39 | |
| | 100m: | 56.39 29.46 | 200m: | 1:56.54 30.11 | 300m: | 2:56.94 30.31 | 400m: | 3:56.90 29.57 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czynn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|-------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 9. | KAPAŁA Szymon | | 03 | AZS AWF Warszawa | | | | 3:57.68 | 712 |
| | 50m: | 27.77 27.77 | 150m: | 1:27.67 29.97 | 250m: | 2:28.06 30.06 | 350m: | 3:28.76 30.20 | |
| | 100m: | 57.70 29.93 | 200m: | 1:58.00 30.33 | 300m: | 2:58.56 30.50 | 400m: | 3:57.68 28.92 | |
| 10. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | | | 3:58.12 | 708 |
| | 50m: | 27.85 27.85 | 150m: | 1:27.53 30.07 | 250m: | 2:28.19 30.21 | 350m: | 3:28.74 30.14 | |
| | 100m: | 57.46 29.61 | 200m: | 1:57.98 30.45 | 300m: | 2:58.60 30.41 | 400m: | 3:58.12 29.38 | |
| 11. | ZDYBEL Adam | | 05 | KS Delfin Gdynia | | | | 3:58.54 | 704 |
| | 50m: | 27.88 27.88 | 150m: | 1:28.63 30.51 | 250m: | 2:29.22 30.43 | 350m: | 3:29.59 29.98 | |
| | 100m: | 58.12 30.24 | 200m: | 1:58.79 30.16 | 300m: | 2:59.61 30.39 | 400m: | 3:58.54 28.95 | |
| 12. | GRZEGORCZYK Wiktor | | 02 | AZS AWF Warszawa | | | | 4:01.56 | 678 |
| | 50m: | 28.49 28.49 | 150m: | 1:30.47 31.26 | 250m: | 2:32.09 30.14 | 350m: | 3:32.45 30.05 | |
| | 100m: | 59.21 30.72 | 200m: | 2:01.95 31.48 | 300m: | 3:02.40 30.31 | 400m: | 4:01.56 29.11 | |
| 13. | MIENICKI Rafał | | 06 | UKS 48 Warszawa ródmi cie | | | | 4:01.81 | 676 |
| | 50m: | 27.45 27.45 | 150m: | 1:28.34 30.76 | 250m: | 2:29.80 30.94 | 350m: | 3:31.64 30.75 | |
| | 100m: | 57.58 30.13 | 200m: | 1:58.86 30.52 | 300m: | 3:00.89 31.09 | 400m: | 4:01.81 30.17 | |
| 14. | GNACZY SKI Michał | | 07 | MKP Szczecin | | | | 4:02.13 | 673 |
| | 50m: | 28.03 28.03 | 150m: | 1:29.22 30.87 | 250m: | 2:31.18 31.19 | 350m: | 3:32.77 30.64 | |
| | 100m: | 58.35 30.32 | 200m: | 1:59.99 30.77 | 300m: | 3:02.13 30.95 | 400m: | 4:02.13 29.36 | |
| 15. | KOWALSKI Mateusz | | 05 | KS Delfin Gdynia | | | | 4:02.14 | 673 |
| | 50m: | 27.98 27.98 | 150m: | 1:29.45 30.96 | 250m: | 2:31.14 30.73 | 350m: | 3:32.16 30.43 | |
| | 100m: | 58.49 30.51 | 200m: | 2:00.41 30.96 | 300m: | 3:01.73 30.59 | 400m: | 4:02.14 29.98 | |
| 16. | PI TKA Hubert | | 04 | MKP Szczecin | | | | 4:02.41 | 671 |
| | 50m: | 28.10 28.10 | 150m: | 1:28.97 30.48 | 250m: | 2:30.20 30.58 | 350m: | 3:32.50 31.09 | |
| | 100m: | 58.49 30.39 | 200m: | 1:59.62 30.65 | 300m: | 3:01.41 31.21 | 400m: | 4:02.41 29.91 | |
| 17. | PIETRO Przemysław | | 07 | KU AZS UMCS Lublin | | | | 4:02.86 | 667 |
| | 50m: | 27.60 27.60 | 150m: | 1:28.86 31.05 | 250m: | 2:31.01 31.20 | 350m: | 3:33.40 31.23 | |
| | 100m: | 57.81 30.21 | 200m: | 1:59.81 30.95 | 300m: | 3:02.17 31.16 | 400m: | 4:02.86 29.46 | |
| 18. | ZAREMBA Adam | | 05 | WKS I sk | | | | 4:03.19 | 664 |
| | 50m: | 27.50 27.50 | 150m: | 1:27.86 30.22 | 250m: | 2:30.09 31.20 | 350m: | 3:33.08 31.30 | |
| | 100m: | 57.64 30.14 | 200m: | 1:58.89 31.03 | 300m: | 3:01.78 31.69 | 400m: | 4:03.19 30.11 | |
| 19. | DRABCZYK Krystian | | 04 | UKP Unia O wi cim | | | | 4:03.34 | 663 |
| | 50m: | 28.70 28.70 | 150m: | 1:30.65 31.36 | 250m: | 2:32.50 30.84 | 350m: | 3:34.35 30.89 | |
| | 100m: | 59.29 30.59 | 200m: | 2:01.66 31.01 | 300m: | 3:03.46 30.96 | 400m: | 4:03.34 28.99 | |
| 20. | BELZYT Maksymilian | | 05 | UKS abianka Gda sk | | | | 4:04.03 | 657 |
| | 50m: | 27.55 27.55 | 150m: | 1:28.63 30.85 | 250m: | 2:31.26 31.18 | 350m: | 3:33.50 31.09 | |
| | 100m: | 57.78 30.23 | 200m: | 2:00.08 31.45 | 300m: | 3:02.41 31.15 | 400m: | 4:04.03 30.53 | |
| 21. | GOŁACKI Sergiusz | | 04 | UKS 190 Łód | | | | 4:04.19 | 656 |
| | 50m: | 28.24 28.24 | 150m: | 1:29.78 30.95 | 250m: | 2:31.70 31.00 | 350m: | 3:33.76 31.18 | |
| | 100m: | 58.83 30.59 | 200m: | 2:00.70 30.92 | 300m: | 3:02.58 30.88 | 400m: | 4:04.19 30.43 | |
| 22. | SETLAK Marcel | | 05 | UKS abianka Gda sk | | | | 4:04.35 | 655 |
| | 50m: | 27.08 27.08 | 150m: | 1:28.47 30.93 | 250m: | 2:31.25 31.56 | 350m: | 3:33.44 31.32 | |
| | 100m: | 57.54 30.46 | 200m: | 1:59.69 31.22 | 300m: | 3:02.12 30.87 | 400m: | 4:04.35 30.91 | |
| 23. | MUSZY SKI Jakub | | 01 | MKS „Astoria” Bydgoszcz | | | | 4:04.76 | 652 |
| | 50m: | 27.64 27.64 | 150m: | 1:28.93 30.89 | 250m: | 2:31.04 31.11 | 350m: | 3:33.58 31.04 | |
| | 100m: | 58.04 30.40 | 200m: | 1:59.93 31.00 | 300m: | 3:02.54 31.50 | 400m: | 4:04.76 31.18 | |
| 24. | JANKOWSKI Antoni | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:06.09 | 641 |
| | 50m: | 28.18 28.18 | 150m: | 1:29.52 30.85 | 250m: | 2:31.77 31.05 | 350m: | 3:34.46 31.31 | |
| | 100m: | 58.67 30.49 | 200m: | 2:00.72 31.20 | 300m: | 3:03.15 31.38 | 400m: | 4:06.09 31.63 | |
| 25. | CIECHOMSKI Rafał | | 06 | MKS „Astoria” Bydgoszcz | | | | 4:06.60 | 637 |
| | 50m: | 27.76 27.76 | 150m: | 1:30.78 31.63 | 250m: | 2:33.46 31.00 | 350m: | 3:36.16 31.42 | |
| | 100m: | 59.15 31.39 | 200m: | 2:02.46 31.68 | 300m: | 3:04.74 31.28 | 400m: | 4:06.60 30.44 | |
| 26. | PI TKA Miłosz | | 07 | MKP Szczecin | | | | 4:07.70 | 629 |
| | 50m: | 28.61 28.61 | 150m: | 1:30.30 31.12 | 250m: | 2:34.06 31.87 | 350m: | 3:37.49 31.53 | |
| | 100m: | 59.18 30.57 | 200m: | 2:02.19 31.89 | 300m: | 3:05.96 31.90 | 400m: | 4:07.70 30.21 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|------------------------------------|---------------|-------|---------------|-------|----------------|------|
| 27. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastrka" | | | | | 4:07.84 | 628 |
| | 50m: 28.12 28.12 | 150m: 1:30.68 | 31.41 | 250m: 2:33.46 | 31.13 | 350m: 3:36.59 | 31.51 | | |
| | 100m: 59.27 31.15 | 200m: 2:02.33 | 31.65 | 300m: 3:05.08 | 31.62 | 400m: 4:07.84 | 31.25 | | |
| 28. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | | | | | 4:08.21 | 625 |
| | 50m: 27.97 27.97 | 150m: 1:30.80 | 31.82 | 250m: 2:34.68 | 31.87 | 350m: 3:38.55 | 31.63 | | |
| | 100m: 58.98 31.01 | 200m: 2:02.81 | 32.01 | 300m: 3:06.92 | 32.24 | 400m: 4:08.21 | 29.66 | | |
| 29. | KOWALI SKI Adrian | 06 | WKS I sk | | | | | 4:09.04 | 619 |
| | 50m: 28.90 28.90 | 150m: 1:31.89 | 31.69 | 250m: 2:34.99 | 31.48 | 350m: 3:38.13 | 31.48 | | |
| | 100m: 1:00.20 31.30 | 200m: 2:03.51 | 31.62 | 300m: 3:06.65 | 31.66 | 400m: 4:09.04 | 30.91 | | |
| 30. | LITOBORSKI Mikołaj | 08 | KS Warta Pozna | | | | | 4:09.34 | 616 |
| | 50m: 27.99 27.99 | 150m: 1:32.23 | 32.58 | 250m: 2:36.84 | 32.06 | 350m: 3:39.84 | 31.39 | | |
| | 100m: 59.65 31.66 | 200m: 2:04.78 | 32.55 | 300m: 3:08.45 | 31.61 | 400m: 4:09.34 | 29.50 | | |
| 31. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | 4:10.14 | 610 |
| | 50m: 29.26 29.26 | 150m: 1:31.80 | 31.75 | 250m: 2:35.63 | 31.86 | 350m: 3:39.43 | 31.92 | | |
| | 100m: 1:00.05 30.79 | 200m: 2:03.77 | 31.97 | 300m: 3:07.51 | 31.88 | 400m: 4:10.14 | 30.71 | | |
| 32. | NOVOTNY Adam | 07 | Sport Club Pardubice | | | | | 4:10.17 | 610 |
| | 50m: 27.50 27.50 | 150m: 1:29.68 | 31.46 | 250m: 2:33.68 | 31.90 | 350m: 3:38.35 | 32.35 | | |
| | 100m: 58.22 30.72 | 200m: 2:01.78 | 32.10 | 300m: 3:06.00 | 32.32 | 400m: 4:10.17 | 31.82 | | |
| 33. | MICHNIEWICZ Marcel | 06 | WKS I sk | | | | | 4:11.11 | 603 |
| | 50m: 27.82 27.82 | 150m: 1:30.04 | 31.51 | 250m: 2:33.72 | 32.05 | 350m: 3:38.84 | 32.63 | | |
| | 100m: 58.53 30.71 | 200m: 2:01.67 | 31.63 | 300m: 3:06.21 | 32.49 | 400m: 4:11.11 | 32.27 | | |
| 34. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | | | | | 4:11.50 | 601 |
| | 50m: 27.65 27.65 | 150m: 1:30.36 | 31.50 | 250m: 2:33.92 | 32.02 | 350m: 3:39.35 | 32.73 | | |
| | 100m: 58.86 31.21 | 200m: 2:01.90 | 31.54 | 300m: 3:06.62 | 32.70 | 400m: 4:11.50 | 32.15 | | |
| 35. | WIEK Bła ej | 05 | UKS abianka Gda sk | | | | | 4:11.79 | 599 |
| | 50m: 28.42 28.42 | 150m: 1:32.42 | 31.88 | 250m: 2:36.57 | 32.10 | 350m: 3:40.75 | 31.67 | | |
| | 100m: 1:00.54 32.12 | 200m: 2:04.47 | 32.05 | 300m: 3:09.08 | 32.51 | 400m: 4:11.79 | 31.04 | | |
| 36. | HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | | | | | 4:12.21 | 596 |
| | 50m: 28.06 28.06 | 150m: 1:31.34 | 32.01 | 250m: 2:36.49 | 32.78 | 350m: 3:41.91 | 32.18 | | |
| | 100m: 59.33 31.27 | 200m: 2:03.71 | 32.37 | 300m: 3:09.73 | 33.24 | 400m: 4:12.21 | 30.30 | | |
| 37. | WIECZORKOWSKI Nikodem | 04 | MKP Szczecin | | | | | 4:12.41 | 594 |
| | 50m: 28.72 28.72 | 150m: 1:31.78 | 31.82 | 250m: 2:36.09 | 32.30 | 350m: 3:41.38 | 32.68 | | |
| | 100m: 59.96 31.24 | 200m: 2:03.79 | 32.01 | 300m: 3:08.70 | 32.61 | 400m: 4:12.41 | 31.03 | | |
| 38. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | | | | | 4:12.74 | 592 |
| | 50m: 28.29 28.29 | 150m: 1:32.12 | 32.37 | 250m: 2:36.70 | 32.37 | 350m: 3:41.33 | 32.27 | | |
| | 100m: 59.75 31.46 | 200m: 2:04.33 | 32.21 | 300m: 3:09.06 | 32.36 | 400m: 4:12.74 | 31.41 | | |
| 39. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | | | | | 4:13.77 | 585 |
| | 50m: 27.81 27.81 | 150m: 1:30.03 | 31.08 | 250m: 2:34.46 | 32.74 | 350m: 3:41.54 | 33.78 | | |
| | 100m: 58.95 31.14 | 200m: 2:01.72 | 31.69 | 300m: 3:07.76 | 33.30 | 400m: 4:13.77 | 32.23 | | |
| 40. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | | | | | 4:13.94 | 583 |
| | 50m: 27.64 27.64 | 150m: 1:31.45 | 32.51 | 250m: 2:36.41 | 32.35 | 350m: 3:41.33 | 32.47 | | |
| | 100m: 58.94 31.30 | 200m: 2:04.06 | 32.61 | 300m: 3:08.86 | 32.45 | 400m: 4:13.94 | 32.61 | | |
| 41. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | | | | | 4:13.95 | 583 |
| | 50m: 29.34 29.34 | 150m: 1:33.58 | 32.20 | 250m: 2:38.10 | 32.22 | 350m: 3:43.01 | 32.36 | | |
| | 100m: 1:01.38 32.04 | 200m: 2:05.88 | 32.30 | 300m: 3:10.65 | 32.55 | 400m: 4:13.95 | 30.94 | | |
| 42. | ACZEK Hubert | 08 | KS „Wisła" Puławy | | | | | 4:14.77 | 578 |
| | 50m: 28.88 28.88 | 150m: 1:34.45 | 32.98 | 250m: 2:40.27 | 32.69 | 350m: 3:44.89 | 32.11 | | |
| | 100m: 1:01.47 32.59 | 200m: 2:07.58 | 33.13 | 300m: 3:12.78 | 32.51 | 400m: 4:14.77 | 29.88 | | |
| 43. | VORONTSOV Maksym | 05 | TP Zielona Góra | | | | | 4:14.81 | 577 |
| | 50m: 29.57 29.57 | 150m: 1:33.78 | 32.23 | 250m: 2:38.32 | 32.25 | 350m: 3:43.09 | 32.21 | | |
| | 100m: 1:01.55 31.98 | 200m: 2:06.07 | 32.29 | 300m: 3:10.88 | 32.56 | 400m: 4:14.81 | 31.72 | | |
| 44. | KUREK Bartosz | 06 | UKS 190 Łód | | | | | 4:15.04 | 576 |
| | 50m: 29.33 29.33 | 150m: 1:32.90 | 32.12 | 250m: 2:37.73 | 32.27 | 350m: 3:43.43 | 32.86 | | |
| | 100m: 1:00.78 31.45 | 200m: 2:05.46 | 32.56 | 300m: 3:10.57 | 32.84 | 400m: 4:15.04 | 31.61 | | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 23, Mężczyźni, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|---------------------------------|---------------|---------|---|-------|-------|---------|----------------|-------|---------|-------|
| 45. | PONIEWA Oliwier | | 07 | KU AZS UMCS Lublin | | | | 4:15.14 | 575 | | |
| | 50m: | 29.43 29.43 | 150m: | 1:33.97 | 32.63 | 250m: | 2:39.52 | 32.51 | 350m: | 3:44.34 | 31.99 |
| | 100m: | 1:01.34 31.91 | 200m: | 2:07.01 | 33.04 | 300m: | 3:12.35 | 32.83 | 400m: | 4:15.14 | 30.80 |
| 46. | SZAREK Jan | | 06 | WKS I sk | | | | 4:15.35 | 574 | | |
| | 50m: | 28.74 28.74 | 150m: | 1:32.85 | 32.22 | 250m: | 2:37.91 | 32.81 | 350m: | 3:43.06 | 32.49 |
| | 100m: | 1:00.63 31.89 | 200m: | 2:05.10 | 32.25 | 300m: | 3:10.57 | 32.66 | 400m: | 4:15.35 | 32.29 |
| 47. | REDZI SKI VEL RYDZY SKI Mateusz | | 07 | UKP „Polonia Warszawa” | | | | 4:16.36 | 567 | | |
| | 50m: | 28.82 28.82 | 150m: | 1:33.53 | 32.95 | 250m: | 2:39.02 | 32.35 | 350m: | 3:44.04 | 32.49 |
| | 100m: | 1:00.58 31.76 | 200m: | 2:06.67 | 33.14 | 300m: | 3:11.55 | 32.53 | 400m: | 4:16.36 | 32.32 |
| 48. | OŁOWNIA Ignacy | | 07 | KS Delfin Gdynia | | | | 4:16.53 | 566 | | |
| | 50m: | 27.97 27.97 | 150m: | 1:30.47 | 31.88 | 250m: | 2:37.55 | 33.85 | 350m: | 3:44.97 | 33.46 |
| | 100m: | 58.59 30.62 | 200m: | 2:03.70 | 33.23 | 300m: | 3:11.51 | 33.96 | 400m: | 4:16.53 | 31.56 |
| 49. | SELDER Krystian | | 07 | MKS Trójka Łódź | | | | 4:17.30 | 561 | | |
| | 50m: | 28.40 28.40 | 150m: | 1:32.82 | 32.78 | 250m: | 2:38.40 | 32.86 | 350m: | 3:44.83 | 33.08 |
| | 100m: | 1:00.04 31.64 | 200m: | 2:05.54 | 32.72 | 300m: | 3:11.75 | 33.35 | 400m: | 4:17.30 | 32.47 |
| 50. | GORZE Norbert | | 06 | Uks Cityzen | | | | 4:17.60 | 559 | | |
| | 50m: | 28.72 28.72 | 150m: | 1:33.29 | 32.57 | 250m: | 2:38.61 | 32.53 | 350m: | 3:45.38 | 33.24 |
| | 100m: | 1:00.72 32.00 | 200m: | 2:06.08 | 32.79 | 300m: | 3:12.14 | 33.53 | 400m: | 4:17.60 | 32.22 |
| 51. | GWIAZDOWSKI Krzysztof | | 08 | MKS Piaseczno | | | | 4:17.94 | 557 | | |
| | 50m: | 28.95 28.95 | 150m: | 1:33.43 | 32.82 | 250m: | 2:39.85 | 33.18 | 350m: | 3:46.25 | 33.04 |
| | 100m: | 1:00.61 31.66 | 200m: | 2:06.67 | 33.24 | 300m: | 3:13.21 | 33.36 | 400m: | 4:17.94 | 31.69 |
| 52. | ZINKOVSKYI Nestor | | 05 | MKS Trójka Łódź | | | | 4:18.12 | 556 | | |
| | 50m: | 28.66 28.66 | 150m: | 1:33.09 | 32.08 | 250m: | 2:38.33 | 32.99 | 350m: | 3:45.32 | 33.40 |
| | 100m: | 1:01.01 32.35 | 200m: | 2:05.34 | 32.25 | 300m: | 3:11.92 | 33.59 | 400m: | 4:18.12 | 32.80 |
| 53. | NOWAK Aleksander | | 06 | MKP Szczecin | | | | 4:18.46 | 553 | | |
| | 50m: | 30.12 30.12 | 150m: | 1:35.78 | 33.22 | 250m: | 2:41.59 | 32.82 | 350m: | 3:47.32 | 32.60 |
| | 100m: | 1:02.56 32.44 | 200m: | 2:08.77 | 32.99 | 300m: | 3:14.72 | 33.13 | 400m: | 4:18.46 | 31.14 |
| 54. | BORKOWSKI Marcel | | 07 | KS Neptun widnica | | | | 4:18.86 | 551 | | |
| | 50m: | 29.53 29.53 | 150m: | 1:34.26 | 32.75 | 250m: | 2:40.20 | 32.81 | 350m: | 3:46.77 | 32.93 |
| | 100m: | 1:01.51 31.98 | 200m: | 2:07.39 | 33.13 | 300m: | 3:13.84 | 33.64 | 400m: | 4:18.86 | 32.09 |
| 55. | DWORAKOWSKI Błażej | | 07 | KS Delfin Gdynia | | | | 4:19.01 | 550 | | |
| | 50m: | 29.32 29.32 | 150m: | 1:35.60 | 33.02 | 250m: | 2:41.62 | 33.21 | 350m: | 3:47.93 | 32.87 |
| | 100m: | 1:02.58 33.26 | 200m: | 2:08.41 | 32.81 | 300m: | 3:15.06 | 33.44 | 400m: | 4:19.01 | 31.08 |
| 56. | PARADOWSKI Michał | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:19.26 | 548 | | |
| | 50m: | 29.34 29.34 | 150m: | 1:34.34 | 32.85 | 250m: | 2:40.61 | 33.23 | 350m: | 3:46.37 | 33.01 |
| | 100m: | 1:01.49 32.15 | 200m: | 2:07.38 | 33.04 | 300m: | 3:13.36 | 32.75 | 400m: | 4:19.26 | 32.89 |
| 57. | MAZUR Adam | | 07 | Grupa 5Styl | | | | 4:19.37 | 548 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.50 | 33.14 | 250m: | 2:42.06 | 33.34 | 350m: | 3:47.80 | 32.72 |
| | 100m: | 1:02.36 32.62 | 200m: | 2:08.72 | 33.22 | 300m: | 3:15.08 | 33.02 | 400m: | 4:19.37 | 31.57 |
| 58. | CHABOWSKI Nathaniel | | 06 | UKS abianka Gdańsk | | | | 4:19.39 | 547 | | |
| | 50m: | 29.19 29.19 | 150m: | 1:34.05 | 32.75 | 250m: | 2:40.25 | 33.26 | 350m: | 3:46.94 | 33.08 |
| | 100m: | 1:01.30 32.11 | 200m: | 2:06.99 | 32.94 | 300m: | 3:13.86 | 33.61 | 400m: | 4:19.39 | 32.45 |
| 59. | WENTLAND Miłosz | | 07 | MKS Trójka Łódź | | | | 4:19.85 | 544 | | |
| | 50m: | 29.28 29.28 | 150m: | 1:34.45 | 33.15 | 250m: | 2:40.75 | 33.29 | 350m: | 3:47.22 | 33.49 |
| | 100m: | 1:01.30 32.02 | 200m: | 2:07.46 | 33.01 | 300m: | 3:13.73 | 32.98 | 400m: | 4:19.85 | 32.63 |
| 60. | WASILEWSKI Mateusz | | 08 | KU AZS UMCS Lublin | | | | 4:20.08 | 543 | | |
| | 50m: | 29.86 29.86 | 150m: | 1:35.88 | 33.31 | 250m: | 2:42.71 | 33.31 | 350m: | 3:48.34 | 32.19 |
| | 100m: | 1:02.57 32.71 | 200m: | 2:09.40 | 33.52 | 300m: | 3:16.15 | 33.44 | 400m: | 4:20.08 | 31.74 |
| 61. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łódź | | | | 4:20.10 | 543 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.46 | 33.14 | 250m: | 2:42.01 | 33.39 | 350m: | 3:48.06 | 33.23 |
| | 100m: | 1:02.32 32.58 | 200m: | 2:08.62 | 33.16 | 300m: | 3:14.83 | 32.82 | 400m: | 4:20.10 | 32.04 |
| 62. | KUSEK Mateusz | | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:20.34 | 541 | | |
| | 50m: | 29.64 29.64 | 150m: | 1:34.38 | 32.82 | 250m: | 2:41.17 | 33.42 | 350m: | 3:48.38 | 33.62 |
| | 100m: | 1:01.56 31.92 | 200m: | 2:07.75 | 33.37 | 300m: | 3:14.76 | 33.59 | 400m: | 4:20.34 | 31.96 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|---------|------------------------------|-------|-------|---------------|----------------|---------------|
| 63. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 4:20.63 | 540 |
| | 50m: | 30.14 30.14 | 150m: | 1:35.88 | 32.90 | 250m: | 2:41.81 32.98 | 350m: | 3:48.66 33.33 |
| | 100m: | 1:02.98 32.84 | 200m: | 2:08.83 | 32.95 | 300m: | 3:15.33 33.52 | 400m: | 4:20.63 31.97 |
| 64. | ŁUBI SKI Szymon | | 08 | UKS „GIM 92 Ursynów” | | | | 4:20.75 | 539 |
| | 50m: | 29.29 29.29 | 150m: | 1:33.98 | 32.65 | 250m: | 2:40.30 33.36 | 350m: | 3:47.97 34.02 |
| | 100m: | 1:01.33 32.04 | 200m: | 2:06.94 | 32.96 | 300m: | 3:13.95 33.65 | 400m: | 4:20.75 32.78 |
| 65. | PRZE DZIAK Stanisław | | 06 | UKP „Polonia Warszawa” | | | | 4:21.27 | 536 |
| | 50m: | 29.49 29.49 | 150m: | 1:35.85 | 33.57 | 250m: | 2:43.17 33.64 | 350m: | 3:49.74 33.22 |
| | 100m: | 1:02.28 32.79 | 200m: | 2:09.53 | 33.68 | 300m: | 3:16.52 33.35 | 400m: | 4:21.27 31.53 |
| 66. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | | | 4:21.52 | 534 |
| | 50m: | 30.03 30.03 | 150m: | 1:36.62 | 33.33 | 250m: | 2:43.64 33.49 | 350m: | 3:49.24 32.27 |
| | 100m: | 1:03.29 33.26 | 200m: | 2:10.15 | 33.53 | 300m: | 3:16.97 33.33 | 400m: | 4:21.52 32.28 |
| 67. | ŁUSZCZY SKI Krzysztof | | 08 | UKS abianka Gda sk | | | | 4:22.76 | 527 |
| | 50m: | 29.42 29.42 | 150m: | 1:35.87 | 33.55 | 250m: | 2:43.33 33.74 | 350m: | 3:50.99 33.27 |
| | 100m: | 1:02.32 32.90 | 200m: | 2:09.59 | 33.72 | 300m: | 3:17.72 34.39 | 400m: | 4:22.76 31.77 |
| 68. | BIELIENKOV Nikita | | 08 | KS Warta Pozna | | | | 4:24.29 | 517 |
| | 50m: | 29.60 29.60 | 150m: | 1:35.44 | 33.69 | 250m: | | 350m: | 3:51.22 34.13 |
| | 100m: | 1:01.75 32.15 | 200m: | | | 300m: | 3:17.09 | 400m: | 4:24.29 33.07 |
| 69. | PERA Jan | | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:24.40 | 517 |
| | 50m: | 28.47 28.47 | 150m: | 1:34.63 | 33.48 | 250m: | 2:41.35 33.60 | 350m: | 3:50.05 34.29 |
| | 100m: | 1:01.15 32.68 | 200m: | 2:07.75 | 33.12 | 300m: | 3:15.76 34.41 | 400m: | 4:24.40 34.35 |
| 70. | LE NIEWSKI Wiktor | | 06 | UKP „Polonia Warszawa” | | | | 4:24.87 | 514 |
| | 50m: | 29.52 29.52 | 150m: | 1:34.74 | 32.82 | 250m: | 2:42.10 33.76 | 350m: | 3:50.61 34.59 |
| | 100m: | 1:01.92 32.40 | 200m: | 2:08.34 | 33.60 | 300m: | 3:16.02 33.92 | 400m: | 4:24.87 34.26 |
| 71. | TREDER Konrad | | 08 | UKS abianka Gda sk | | | | 4:25.57 | 510 |
| | 50m: | 29.67 29.67 | 150m: | 1:36.57 | 33.74 | 250m: | 2:45.15 34.29 | 350m: | 3:52.70 33.51 |
| | 100m: | 1:02.83 33.16 | 200m: | 2:10.86 | 34.29 | 300m: | 3:19.19 34.04 | 400m: | 4:25.57 32.87 |
| 72. | PRONIN Patryk | | 07 | MKP Szczecin | | | | 4:25.69 | 509 |
| | 50m: | 30.07 30.07 | 150m: | 1:37.57 | 34.02 | 250m: | 2:46.26 34.17 | 350m: | 3:53.31 33.17 |
| | 100m: | 1:03.55 33.48 | 200m: | 2:12.09 | 34.52 | 300m: | 3:20.14 33.88 | 400m: | 4:25.69 32.38 |
| 73. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | | | 4:26.36 | 505 |
| | 50m: | 28.39 28.39 | 150m: | 1:33.84 | 33.27 | 250m: | 2:41.99 34.22 | 350m: | 3:51.89 35.01 |
| | 100m: | 1:00.57 32.18 | 200m: | 2:07.77 | 33.93 | 300m: | 3:16.88 34.89 | 400m: | 4:26.36 34.47 |
| 74. | KOWOLIK Alex | | 04 | UKP Unia O wi cim | | | | 4:26.72 | 503 |
| | 50m: | 28.77 28.77 | 150m: | 1:35.16 | 34.09 | 250m: | 2:44.33 34.81 | 350m: | 3:52.97 34.58 |
| | 100m: | 1:01.07 32.30 | 200m: | 2:09.52 | 34.36 | 300m: | 3:18.39 34.06 | 400m: | 4:26.72 33.75 |
| 75. | MENTEL Igor | | 08 | KS Delfin Gdynia | | | | 4:27.58 | 499 |
| | 50m: | 30.18 30.18 | 150m: | 1:37.48 | 33.85 | 250m: | 2:46.05 34.24 | 350m: | 3:54.36 33.92 |
| | 100m: | 1:03.63 33.45 | 200m: | 2:11.81 | 34.33 | 300m: | 3:20.44 34.39 | 400m: | 4:27.58 33.22 |
| 76. | FEDASZ Alan | | 08 | UKP „Polonia Warszawa” | | | | 4:28.40 | 494 |
| | 50m: | 29.70 29.70 | 150m: | 1:37.98 | 34.39 | 250m: | 2:47.80 35.35 | 350m: | 3:56.09 34.02 |
| | 100m: | 1:03.59 33.89 | 200m: | 2:12.45 | 34.47 | 300m: | 3:22.07 34.27 | 400m: | 4:28.40 32.31 |
| 77. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:29.27 | 489 |
| | 50m: | 29.82 29.82 | 150m: | 1:36.81 | 34.13 | 250m: | 2:45.68 34.64 | 350m: | 3:55.73 35.19 |
| | 100m: | 1:02.68 32.86 | 200m: | 2:11.04 | 34.23 | 300m: | 3:20.54 34.86 | 400m: | 4:29.27 33.54 |
| 78. | DOMA SKI Franciszek | | 06 | MKS „Astoria” Bydgoszcz | | | | 4:30.08 | 485 |
| | 50m: | 30.11 30.11 | 150m: | 1:36.68 | 33.37 | 250m: | 2:44.74 34.21 | 350m: | 3:55.30 35.96 |
| | 100m: | 1:03.31 33.20 | 200m: | 2:10.53 | 33.85 | 300m: | 3:19.34 34.60 | 400m: | 4:30.08 34.78 |
| 79. | CIBA Mateusz | | 08 | MKP Szczecin | | | | 4:30.50 | 483 |
| | 50m: | 30.01 30.01 | 150m: | 1:38.27 | 34.70 | 250m: | 2:48.13 35.08 | 350m: | 3:57.28 35.12 |
| | 100m: | 1:03.57 33.56 | 200m: | 2:13.05 | 34.78 | 300m: | 3:22.16 34.03 | 400m: | 4:30.50 33.22 |
| 80. | PIETRZAK Michał | | 07 | KS Warta Pozna | | | | 4:30.86 | 481 |
| | 50m: | 30.46 30.46 | 150m: | 1:37.54 | 33.88 | 250m: | 2:47.07 35.12 | 350m: | 3:55.84 34.37 |
| | 100m: | 1:03.66 33.20 | 200m: | 2:11.95 | 34.41 | 300m: | 3:21.47 34.40 | 400m: | 4:30.86 35.02 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czynn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|------------------------------|-------|---------------|-------|---------------|--|----------------|------|
| 81. | WAWRZYNIAK Filip | | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | 4:31.64 | 477 |
| | 50m: | 29.64 29.64 | 150m: | 1:36.79 34.08 | 250m: | 2:46.96 35.45 | 350m: | 3:57.59 35.11 | | | |
| | 100m: | 1:02.71 33.07 | 200m: | 2:11.51 34.72 | 300m: | 3:22.48 35.52 | 400m: | 4:31.64 34.05 | | | |
| 82. | JANIEC Mateusz | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | 4:39.08 | 439 |
| | 50m: | 30.43 30.43 | 150m: | 1:40.09 35.87 | 250m: | 2:53.10 36.54 | 350m: | 4:04.42 35.23 | | | |
| | 100m: | 1:04.22 33.79 | 200m: | 2:16.56 36.47 | 300m: | 3:29.19 36.09 | 400m: | 4:39.08 34.66 | | | |
| 83. | CYGA SKI Krzysztof | | 07 | UKS „GIM 92 Ursynów" | | | | | | 4:43.84 | 418 |
| | 50m: | 31.54 31.54 | 150m: | 1:43.68 36.56 | 250m: | 2:57.12 36.96 | 350m: | 4:09.26 36.31 | | | |
| | 100m: | 1:07.12 35.58 | 200m: | 2:20.16 36.48 | 300m: | 3:32.95 35.83 | 400m: | 4:43.84 34.58 | | | |
| 84. | LITWI SKI Igor | | 07 | MUKP Korona-Swim Kielce | | | | | | 4:44.52 | 415 |
| | 50m: | 32.30 32.30 | 150m: | 1:43.97 35.95 | 250m: | 2:56.68 36.17 | 350m: | 4:09.24 36.23 | | | |
| | 100m: | 1:08.02 35.72 | 200m: | 2:20.51 36.54 | 300m: | 3:33.01 36.33 | 400m: | 4:44.52 35.28 | | | |
| 85. | NIEMCZURA Wiktor | | 08 | UKP „Polonia Warszawa" | | | | | | 5:04.60 | 338 |
| | 50m: | 35.06 35.06 | 150m: | 1:53.00 38.99 | 250m: | 3:11.09 39.05 | 350m: | 4:28.41 38.60 | | | |
| | 100m: | 1:14.01 38.95 | 200m: | 2:32.04 39.04 | 300m: | 3:49.81 38.72 | 400m: | 5:04.60 36.19 | | | |
| 86. | SZCZEPA SKI Cyprian | | 08 | MKP Astromal-Leszno | | | | | | 5:16.02 | 302 |
| | 50m: | 31.76 31.76 | 150m: | 1:50.92 40.64 | 250m: | 3:55.52 41.87 | 350m: | | | | |
| | 100m: | 1:10.28 38.52 | 200m: | 3:13.65 1:22.73 | 300m: | 4:38.13 42.61 | 400m: | 5:16.02 | | | |
| 87. | ŁATKA Aleksander | | 08 | KP Aquapark W growiec | | | | | | 5:16.25 | 302 |
| | 50m: | 33.26 33.26 | 150m: | 1:53.00 40.97 | 250m: | 3:14.99 40.93 | 350m: | 4:37.29 41.08 | | | |
| | 100m: | 1:12.03 38.77 | 200m: | 2:34.06 41.06 | 300m: | 3:56.21 41.22 | 400m: | 5:16.25 38.96 | | | |
| 88. | WŁODARCZAK Wiktor | | 08 | MKP Astromal-Leszno | | | | | | 5:16.62 | 301 |
| | 50m: | 34.95 34.95 | 150m: | 1:53.92 40.27 | 250m: | 3:15.00 40.96 | 350m: | 4:37.52 41.36 | | | |
| | 100m: | 1:13.65 38.70 | 200m: | 2:34.04 40.12 | 300m: | 3:56.16 41.16 | 400m: | 5:16.62 39.10 | | | |

17 - 18 lat

| | | | | | | | | | | | |
|----|-----------------------|-------------|-------|--------------------------|-------|---------------|-------|---------------|--|----------------|-----|
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka" Warszawa | | | | | | 3:43.05 | 861 |
| | 50m: | 25.36 25.36 | 150m: | 1:20.85 27.95 | 250m: | 2:17.25 28.32 | 350m: | 3:14.87 28.88 | | | |
| | 100m: | 52.90 27.54 | 200m: | 1:48.93 28.08 | 300m: | 2:45.99 28.74 | 400m: | 3:43.05 28.18 | | | |
| 2. | MASIUK Ksawery | | 04 | UKS G-8 Bielany Warszawa | | | | | | 3:54.76 | 739 |
| | 50m: | 26.21 26.21 | 150m: | 1:25.25 29.87 | 250m: | 2:26.08 30.27 | 350m: | 3:26.17 29.75 | | | |
| | 100m: | 55.38 29.17 | 200m: | 1:55.81 30.56 | 300m: | 2:56.42 30.34 | 400m: | 3:54.76 28.59 | | | |
| 3. | RADKIEWICZ Kajetan | | 05 | KS KSZO Ostrowiec w. | | | | | | 3:55.99 | 727 |
| | 50m: | 27.81 27.81 | 150m: | 1:28.70 30.57 | 250m: | 2:28.70 29.55 | 350m: | 3:27.91 29.42 | | | |
| | 100m: | 58.13 30.32 | 200m: | 1:59.15 30.45 | 300m: | 2:58.49 29.79 | 400m: | 3:55.99 28.08 | | | |
| 4. | CHMIELEWSKI Michał | | 04 | IUKS „Muszelka" Warszawa | | | | | | 3:56.72 | 720 |
| | 50m: | 27.76 27.76 | 150m: | 1:28.34 30.17 | 250m: | 2:28.84 30.17 | 350m: | 3:28.68 29.81 | | | |
| | 100m: | 58.17 30.41 | 200m: | 1:58.67 30.33 | 300m: | 2:58.87 30.03 | 400m: | 3:56.72 28.04 | | | |
| 5. | WALTER Jakub | | 04 | UKP Unia O wi cim | | | | | | 3:56.84 | 719 |
| | 50m: | 26.08 26.08 | 150m: | 1:25.79 30.56 | 250m: | 2:27.46 30.69 | 350m: | 3:28.21 30.22 | | | |
| | 100m: | 55.23 29.15 | 200m: | 1:56.77 30.98 | 300m: | 2:57.99 30.53 | 400m: | 3:56.84 28.63 | | | |
| 6. | ZDYBEL Adam | | 05 | KS Delfin Gdynia | | | | | | 3:58.54 | 704 |
| | 50m: | 27.88 27.88 | 150m: | 1:28.63 30.51 | 250m: | 2:29.22 30.43 | 350m: | 3:29.59 29.98 | | | |
| | 100m: | 58.12 30.24 | 200m: | 1:58.79 30.16 | 300m: | 2:59.61 30.39 | 400m: | 3:58.54 28.95 | | | |
| 7. | KOWALSKI Mateusz | | 05 | KS Delfin Gdynia | | | | | | 4:02.14 | 673 |
| | 50m: | 27.98 27.98 | 150m: | 1:29.45 30.96 | 250m: | 2:31.14 30.73 | 350m: | 3:32.16 30.43 | | | |
| | 100m: | 58.49 30.51 | 200m: | 2:00.41 30.96 | 300m: | 3:01.73 30.59 | 400m: | 4:02.14 29.98 | | | |
| 8. | PI TKA Hubert | | 04 | MKP Szczecin | | | | | | 4:02.41 | 671 |
| | 50m: | 28.10 28.10 | 150m: | 1:28.97 30.48 | 250m: | 2:30.20 30.58 | 350m: | 3:32.50 31.09 | | | |
| | 100m: | 58.49 30.39 | 200m: | 1:59.62 30.65 | 300m: | 3:01.41 31.21 | 400m: | 4:02.41 29.91 | | | |
| 9. | ZAREMBA Adam | | 05 | WKS I sk | | | | | | 4:03.19 | 664 |
| | 50m: | 27.50 27.50 | 150m: | 1:27.86 30.22 | 250m: | 2:30.09 31.20 | 350m: | 3:33.08 31.30 | | | |
| | 100m: | 57.64 30.14 | 200m: | 1:58.89 31.03 | 300m: | 3:01.78 31.69 | 400m: | 4:03.19 30.11 | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|-------|---------------|------------------------------|---------------|-------|----------------|-------|------|
| 10. | DRABCZYK Krystian | | 04 | UKP Unia O wi cim | | | 4:03.34 | 663 | |
| | 50m: 28.70 | 28.70 | 150m: 1:30.65 | 31.36 | 250m: 2:32.50 | 30.84 | 350m: 3:34.35 | 30.89 | |
| | 100m: 59.29 | 30.59 | 200m: 2:01.66 | 31.01 | 300m: 3:03.46 | 30.96 | 400m: 4:03.34 | 28.99 | |
| 11. | BELZYT Maksymilian | | 05 | UKS abianka Gda sk | | | 4:04.03 | 657 | |
| | 50m: 27.55 | 27.55 | 150m: 1:28.63 | 30.85 | 250m: 2:31.26 | 31.18 | 350m: 3:33.50 | 31.09 | |
| | 100m: 57.78 | 30.23 | 200m: 2:00.08 | 31.45 | 300m: 3:02.41 | 31.15 | 400m: 4:04.03 | 30.53 | |
| 12. | GOŁACKI Sergiusz | | 04 | UKS 190 Łód | | | 4:04.19 | 656 | |
| | 50m: 28.24 | 28.24 | 150m: 1:29.78 | 30.95 | 250m: 2:31.70 | 31.00 | 350m: 3:33.76 | 31.18 | |
| | 100m: 58.83 | 30.59 | 200m: 2:00.70 | 30.92 | 300m: 3:02.58 | 30.88 | 400m: 4:04.19 | 30.43 | |
| 13. | SETLAK Marcel | | 05 | UKS abianka Gda sk | | | 4:04.35 | 655 | |
| | 50m: 27.08 | 27.08 | 150m: 1:28.47 | 30.93 | 250m: 2:31.25 | 31.56 | 350m: 3:33.44 | 31.32 | |
| | 100m: 57.54 | 30.46 | 200m: 1:59.69 | 31.22 | 300m: 3:02.12 | 30.87 | 400m: 4:04.35 | 30.91 | |
| 14. | JANKOWSKI Antoni | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 4:06.09 | 641 | |
| | 50m: 28.18 | 28.18 | 150m: 1:29.52 | 30.85 | 250m: 2:31.77 | 31.05 | 350m: 3:34.46 | 31.31 | |
| | 100m: 58.67 | 30.49 | 200m: 2:00.72 | 31.20 | 300m: 3:03.15 | 31.38 | 400m: 4:06.09 | 31.63 | |
| 15. | MINISZEWSKI Sebastian | | 04 | MUKS "Pi tnastka" | | | 4:07.84 | 628 | |
| | 50m: 28.12 | 28.12 | 150m: 1:30.68 | 31.41 | 250m: 2:33.46 | 31.13 | 350m: 3:36.59 | 31.51 | |
| | 100m: 59.27 | 31.15 | 200m: 2:02.33 | 31.65 | 300m: 3:05.08 | 31.62 | 400m: 4:07.84 | 31.25 | |
| 16. | DOKTÓR Mateusz | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 4:10.14 | 610 | |
| | 50m: 29.26 | 29.26 | 150m: 1:31.80 | 31.75 | 250m: 2:35.63 | 31.86 | 350m: 3:39.43 | 31.92 | |
| | 100m: 1:00.05 | 30.79 | 200m: 2:03.77 | 31.97 | 300m: 3:07.51 | 31.88 | 400m: 4:10.14 | 30.71 | |
| 17. | SIENKIEWICZ Ignacy | | 05 | IKS Konstancin | | | 4:11.50 | 601 | |
| | 50m: 27.65 | 27.65 | 150m: 1:30.36 | 31.50 | 250m: 2:33.92 | 32.02 | 350m: 3:39.35 | 32.73 | |
| | 100m: 58.86 | 31.21 | 200m: 2:01.90 | 31.54 | 300m: 3:06.62 | 32.70 | 400m: 4:11.50 | 32.15 | |
| 18. | WIEK Bła ej | | 05 | UKS abianka Gda sk | | | 4:11.79 | 599 | |
| | 50m: 28.42 | 28.42 | 150m: 1:32.42 | 31.88 | 250m: 2:36.57 | 32.10 | 350m: 3:40.75 | 31.67 | |
| | 100m: 1:00.54 | 32.12 | 200m: 2:04.47 | 32.05 | 300m: 3:09.08 | 32.51 | 400m: 4:11.79 | 31.04 | |
| 19. | WIECZORKOWSKI Nikodem | | 04 | MKP Szczecin | | | 4:12.41 | 594 | |
| | 50m: 28.72 | 28.72 | 150m: 1:31.78 | 31.82 | 250m: 2:36.09 | 32.30 | 350m: 3:41.38 | 32.68 | |
| | 100m: 59.96 | 31.24 | 200m: 2:03.79 | 32.01 | 300m: 3:08.70 | 32.61 | 400m: 4:12.41 | 31.03 | |
| 20. | VORONTSOV Maksym | | 05 | TP Zielona Góra | | | 4:14.81 | 577 | |
| | 50m: 29.57 | 29.57 | 150m: 1:33.78 | 32.23 | 250m: 2:38.32 | 32.25 | 350m: 3:43.09 | 32.21 | |
| | 100m: 1:01.55 | 31.98 | 200m: 2:06.07 | 32.29 | 300m: 3:10.88 | 32.56 | 400m: 4:14.81 | 31.72 | |
| 21. | ZINKOVSKYI Nestor | | 05 | MKS Trójka Łód | | | 4:18.12 | 556 | |
| | 50m: 28.66 | 28.66 | 150m: 1:33.09 | 32.08 | 250m: 2:38.33 | 32.99 | 350m: 3:45.32 | 33.40 | |
| | 100m: 1:01.01 | 32.35 | 200m: 2:05.34 | 32.25 | 300m: 3:11.92 | 33.59 | 400m: 4:18.12 | 32.80 | |
| 22. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | 4:20.63 | 540 | |
| | 50m: 30.14 | 30.14 | 150m: 1:35.88 | 32.90 | 250m: 2:41.81 | 32.98 | 350m: 3:48.66 | 33.33 | |
| | 100m: 1:02.98 | 32.84 | 200m: 2:08.83 | 32.95 | 300m: 3:15.33 | 33.52 | 400m: 4:20.63 | 31.97 | |
| 23. | KOWOLIK Alex | | 04 | UKP Unia O wi cim | | | 4:26.72 | 503 | |
| | 50m: 28.77 | 28.77 | 150m: 1:35.16 | 34.09 | 250m: 2:44.33 | 34.81 | 350m: 3:52.97 | 34.58 | |
| | 100m: 1:01.07 | 32.30 | 200m: 2:09.52 | 34.36 | 300m: 3:18.39 | 34.06 | 400m: 4:26.72 | 33.75 | |
| 16 lat | | | | | | | | | |
| 1. | FILIPIAK Mikołaj | | 06 | KS Barrakuda Gda sk | | | 3:52.06 | 765 | |
| | 50m: 27.05 | 27.05 | 150m: 1:25.65 | 29.48 | 250m: 2:25.09 | 29.74 | 350m: 3:23.94 | 29.34 | |
| | 100m: 56.17 | 29.12 | 200m: 1:55.35 | 29.70 | 300m: 2:54.60 | 29.51 | 400m: 3:52.06 | 28.12 | |
| 2. | LARY Jerzy | | 06 | IUKS „Muszelka" Warszawa | | | 3:58.12 | 708 | |
| | 50m: 27.85 | 27.85 | 150m: 1:27.53 | 30.07 | 250m: 2:28.19 | 30.21 | 350m: 3:28.74 | 30.14 | |
| | 100m: 57.46 | 29.61 | 200m: 1:57.98 | 30.45 | 300m: 2:58.60 | 30.41 | 400m: 3:58.12 | 29.38 | |
| 3. | MIENICKI Rafał | | 06 | UKS 48 Warszawa ródnie cie | | | 4:01.81 | 676 | |
| | 50m: 27.45 | 27.45 | 150m: 1:28.34 | 30.76 | 250m: 2:29.80 | 30.94 | 350m: 3:31.64 | 30.75 | |
| | 100m: 57.58 | 30.13 | 200m: 1:58.86 | 30.52 | 300m: 3:00.89 | 31.09 | 400m: 4:01.81 | 30.17 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|-------|---------------|------------------------------------|---------------|-------|----------------|-------|------|
| 4. | CIECHOMSKI Rafał | | 06 | MKS „Astoria” Bydgoszcz | | | 4:06.60 | 637 | |
| | 50m: 27.76 | 27.76 | 150m: 1:30.78 | 31.63 | 250m: 2:33.46 | 31.00 | 350m: 3:36.16 | 31.42 | |
| | 100m: 59.15 | 31.39 | 200m: 2:02.46 | 31.68 | 300m: 3:04.74 | 31.28 | 400m: 4:06.60 | 30.44 | |
| 5. | JASI SKI Kacper | | 06 | MUKP Korona-Swim Kielce | | | 4:08.21 | 625 | |
| | 50m: 27.97 | 27.97 | 150m: 1:30.80 | 31.82 | 250m: 2:34.68 | 31.87 | 350m: 3:38.55 | 31.63 | |
| | 100m: 58.98 | 31.01 | 200m: 2:02.81 | 32.01 | 300m: 3:06.92 | 32.24 | 400m: 4:08.21 | 29.66 | |
| 6. | KOWALI SKI Adrian | | 06 | WKS I sk | | | 4:09.04 | 619 | |
| | 50m: 28.90 | 28.90 | 150m: 1:31.89 | 31.69 | 250m: 2:34.99 | 31.48 | 350m: 3:38.13 | 31.48 | |
| | 100m: 1:00.20 | 31.30 | 200m: 2:03.51 | 31.62 | 300m: 3:06.65 | 31.66 | 400m: 4:09.04 | 30.91 | |
| 7. | MICHNIEWICZ Marcel | | 06 | WKS I sk | | | 4:11.11 | 603 | |
| | 50m: 27.82 | 27.82 | 150m: 1:30.04 | 31.51 | 250m: 2:33.72 | 32.05 | 350m: 3:38.84 | 32.63 | |
| | 100m: 58.53 | 30.71 | 200m: 2:01.67 | 31.63 | 300m: 3:06.21 | 32.49 | 400m: 4:11.11 | 32.27 | |
| 8. | HLUSHCHENKO Zakhar | | 06 | UKS 190 Łód | | | 4:12.21 | 596 | |
| | 50m: 28.06 | 28.06 | 150m: 1:31.34 | 32.01 | 250m: 2:36.49 | 32.78 | 350m: 3:41.91 | 32.18 | |
| | 100m: 59.33 | 31.27 | 200m: 2:03.71 | 32.37 | 300m: 3:09.73 | 33.24 | 400m: 4:12.21 | 30.30 | |
| 9. | YEVDOKYMOV Dmytro | | 06 | Mokotowski UKP Warszawianka- Wodny | | | 4:13.77 | 585 | |
| | 50m: 27.81 | 27.81 | 150m: 1:30.03 | 31.08 | 250m: 2:34.46 | 32.74 | 350m: 3:41.54 | 33.78 | |
| | 100m: 58.95 | 31.14 | 200m: 2:01.72 | 31.69 | 300m: 3:07.76 | 33.30 | 400m: 4:13.77 | 32.23 | |
| 10. | RYSTWEJ Maksymilian | | 06 | UKS G-8 Bielany Warszawa | | | 4:13.94 | 583 | |
| | 50m: 27.64 | 27.64 | 150m: 1:31.45 | 32.51 | 250m: 2:36.41 | 32.35 | 350m: 3:41.33 | 32.47 | |
| | 100m: 58.94 | 31.30 | 200m: 2:04.06 | 32.61 | 300m: 3:08.86 | 32.45 | 400m: 4:13.94 | 32.61 | |
| 11. | KUREK Bartosz | | 06 | UKS 190 Łód | | | 4:15.04 | 576 | |
| | 50m: 29.33 | 29.33 | 150m: 1:32.90 | 32.12 | 250m: 2:37.73 | 32.27 | 350m: 3:43.43 | 32.86 | |
| | 100m: 1:00.78 | 31.45 | 200m: 2:05.46 | 32.56 | 300m: 3:10.57 | 32.84 | 400m: 4:15.04 | 31.61 | |
| 12. | SZAREK Jan | | 06 | WKS I sk | | | 4:15.35 | 574 | |
| | 50m: 28.74 | 28.74 | 150m: 1:32.85 | 32.22 | 250m: 2:37.91 | 32.81 | 350m: 3:43.06 | 32.49 | |
| | 100m: 1:00.63 | 31.89 | 200m: 2:05.10 | 32.25 | 300m: 3:10.57 | 32.66 | 400m: 4:15.35 | 32.29 | |
| 13. | GORZE Norbert | | 06 | Uks Cityzen | | | 4:17.60 | 559 | |
| | 50m: 28.72 | 28.72 | 150m: 1:33.29 | 32.57 | 250m: 2:38.61 | 32.53 | 350m: 3:45.38 | 33.24 | |
| | 100m: 1:00.72 | 32.00 | 200m: 2:06.08 | 32.79 | 300m: 3:12.14 | 33.53 | 400m: 4:17.60 | 32.22 | |
| 14. | NOWAK Aleksander | | 06 | MKP Szczecin | | | 4:18.46 | 553 | |
| | 50m: 30.12 | 30.12 | 150m: 1:35.78 | 33.22 | 250m: 2:41.59 | 32.82 | 350m: 3:47.32 | 32.60 | |
| | 100m: 1:02.56 | 32.44 | 200m: 2:08.77 | 32.99 | 300m: 3:14.72 | 33.13 | 400m: 4:18.46 | 31.14 | |
| 15. | PARADOWSKI Michał | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 4:19.26 | 548 | |
| | 50m: 29.34 | 29.34 | 150m: 1:34.34 | 32.85 | 250m: 2:40.61 | 33.23 | 350m: 3:46.37 | 33.01 | |
| | 100m: 1:01.49 | 32.15 | 200m: 2:07.38 | 33.04 | 300m: 3:13.36 | 32.75 | 400m: 4:19.26 | 32.89 | |
| 16. | CHABOWSKI Nathaniel | | 06 | UKS abianka Gda sk | | | 4:19.39 | 547 | |
| | 50m: 29.19 | 29.19 | 150m: 1:34.05 | 32.75 | 250m: 2:40.25 | 33.26 | 350m: 3:46.94 | 33.08 | |
| | 100m: 1:01.30 | 32.11 | 200m: 2:06.99 | 32.94 | 300m: 3:13.86 | 33.61 | 400m: 4:19.39 | 32.45 | |
| 17. | PRZE DZIAK Stanisław | | 06 | UKP „Polonia Warszawa” | | | 4:21.27 | 536 | |
| | 50m: 29.49 | 29.49 | 150m: 1:35.85 | 33.57 | 250m: 2:43.17 | 33.64 | 350m: 3:49.74 | 33.22 | |
| | 100m: 1:02.28 | 32.79 | 200m: 2:09.53 | 33.68 | 300m: 3:16.52 | 33.35 | 400m: 4:21.27 | 31.53 | |
| 18. | LE NIEWSKI Wiktor | | 06 | UKP „Polonia Warszawa” | | | 4:24.87 | 514 | |
| | 50m: 29.52 | 29.52 | 150m: 1:34.74 | 32.82 | 250m: 2:42.10 | 33.76 | 350m: 3:50.61 | 34.59 | |
| | 100m: 1:01.92 | 32.40 | 200m: 2:08.34 | 33.60 | 300m: 3:16.02 | 33.92 | 400m: 4:24.87 | 34.26 | |
| 19. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | | 4:26.36 | 505 | |
| | 50m: 28.39 | 28.39 | 150m: 1:33.84 | 33.77 | 250m: 2:41.99 | 34.22 | 350m: 3:51.89 | 35.01 | |
| | 100m: 1:00.57 | 32.18 | 200m: 2:07.77 | 33.93 | 300m: 3:16.88 | 34.89 | 400m: 4:26.36 | 34.47 | |
| 20. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 4:29.27 | 489 | |
| | 50m: 29.82 | 29.82 | 150m: 1:36.81 | 34.13 | 250m: 2:45.68 | 34.64 | 350m: 3:55.73 | 35.19 | |
| | 100m: 1:02.68 | 32.86 | 200m: 2:11.04 | 34.23 | 300m: 3:20.54 | 34.86 | 400m: 4:29.27 | 33.54 | |
| 21. | DOMA SKI Franciszek | | 06 | MKS „Astoria” Bydgoszcz | | | 4:30.08 | 485 | |
| | 50m: 30.11 | 30.11 | 150m: 1:36.68 | 33.37 | 250m: 2:44.74 | 34.21 | 350m: 3:55.30 | 35.96 | |
| | 100m: 1:03.31 | 33.20 | 200m: 2:10.53 | 33.85 | 300m: 3:19.34 | 34.60 | 400m: 4:30.08 | 34.78 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------------------|---------------|---------|--------------------------------------|-------|---------------|-------|----------------|------|
| 22. | WAWRZYNIAK Filip | | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:31.64 | 477 |
| | 50m: | 29.64 29.64 | 150m: | 1:36.79 34.08 | 250m: | 2:46.96 35.45 | 350m: | 3:57.59 35.11 | |
| | 100m: | 1:02.71 33.07 | 200m: | 2:11.51 34.72 | 300m: | 3:22.48 35.52 | 400m: | 4:31.64 34.05 | |
| 15 lat | | | | | | | | | |
| 1. | GNACZY SKI Michał | | 07 | MKP Szczecin | | | | 4:02.13 | 673 |
| | 50m: | 28.03 28.03 | 150m: | 1:29.22 30.87 | 250m: | 2:31.18 31.19 | 350m: | 3:32.77 30.64 | |
| | 100m: | 58.35 30.32 | 200m: | 1:59.99 30.77 | 300m: | 3:02.13 30.95 | 400m: | 4:02.13 29.36 | |
| 2. | PIETRO Przemysław | | 07 | KU AZS UMCS Lublin | | | | 4:02.86 | 667 |
| | 50m: | 27.60 27.60 | 150m: | 1:28.86 31.05 | 250m: | 2:31.01 31.20 | 350m: | 3:33.40 31.23 | |
| | 100m: | 57.81 30.21 | 200m: | 1:59.81 30.95 | 300m: | 3:02.17 31.16 | 400m: | 4:02.86 29.46 | |
| 3. | PI TKA Miłosz | | 07 | MKP Szczecin | | | | 4:07.70 | 629 |
| | 50m: | 28.61 28.61 | 150m: | 1:30.30 31.12 | 250m: | 2:34.06 31.87 | 350m: | 3:37.49 31.53 | |
| | 100m: | 59.18 30.57 | 200m: | 2:02.19 31.89 | 300m: | 3:05.96 31.90 | 400m: | 4:07.70 30.21 | |
| 4. | NOVOTNY Adam | | 07 | Sport Club Pardubice | | | | 4:10.17 | 610 |
| | 50m: | 27.50 27.50 | 150m: | 1:29.68 31.46 | 250m: | 2:33.68 31.90 | 350m: | 3:38.35 32.35 | |
| | 100m: | 58.22 30.72 | 200m: | 2:01.78 32.10 | 300m: | 3:06.00 32.32 | 400m: | 4:10.17 31.82 | |
| 5. | PONIEWA Oliwier | | 07 | KU AZS UMCS Lublin | | | | 4:15.14 | 575 |
| | 50m: | 29.43 29.43 | 150m: | 1:33.97 32.63 | 250m: | 2:39.52 32.51 | 350m: | 3:44.34 31.99 | |
| | 100m: | 1:01.34 31.91 | 200m: | 2:07.01 33.04 | 300m: | 3:12.35 32.83 | 400m: | 4:15.14 30.80 | |
| 6. | REDZI SKI VEL RYDZY SKI Mateusz | | 07 | UKP „Polonia Warszawa" | | | | 4:16.36 | 567 |
| | 50m: | 28.82 28.82 | 150m: | 1:33.53 32.95 | 250m: | 2:39.02 32.35 | 350m: | 3:44.04 32.49 | |
| | 100m: | 1:00.58 31.76 | 200m: | 2:06.67 33.14 | 300m: | 3:11.55 32.53 | 400m: | 4:16.36 32.32 | |
| 7. | OŁOWNIA Ignacy | | 07 | KS Delfin Gdynia | | | | 4:16.53 | 566 |
| | 50m: | 27.97 27.97 | 150m: | 1:30.47 31.88 | 250m: | 2:37.55 33.85 | 350m: | 3:44.97 33.46 | |
| | 100m: | 58.59 30.62 | 200m: | 2:03.70 33.23 | 300m: | 3:11.51 33.96 | 400m: | 4:16.53 31.56 | |
| 8. | SELDER Krystian | | 07 | MKS Trójka Łód | | | | 4:17.30 | 561 |
| | 50m: | 28.40 28.40 | 150m: | 1:32.82 32.78 | 250m: | 2:38.40 32.86 | 350m: | 3:44.83 33.08 | |
| | 100m: | 1:00.04 31.64 | 200m: | 2:05.54 32.72 | 300m: | 3:11.75 33.35 | 400m: | 4:17.30 32.47 | |
| 9. | BORKOWSKI Marcel | | 07 | KS Neptun widnica | | | | 4:18.86 | 551 |
| | 50m: | 29.53 29.53 | 150m: | 1:34.26 32.75 | 250m: | 2:40.20 32.81 | 350m: | 3:46.77 32.93 | |
| | 100m: | 1:01.51 31.98 | 200m: | 2:07.39 33.13 | 300m: | 3:13.84 33.64 | 400m: | 4:18.86 32.09 | |
| 10. | DWORAKOWSKI Bła ej | | 07 | KS Delfin Gdynia | | | | 4:19.01 | 550 |
| | 50m: | 29.32 29.32 | 150m: | 1:35.60 33.02 | 250m: | 2:41.62 33.21 | 350m: | 3:47.93 32.87 | |
| | 100m: | 1:02.58 33.26 | 200m: | 2:08.41 32.81 | 300m: | 3:15.06 33.44 | 400m: | 4:19.01 31.08 | |
| 11. | MAZUR Adam | | 07 | Grupa 5Styl | | | | 4:19.37 | 548 |
| | 50m: | 29.74 29.74 | 150m: | 1:35.50 33.14 | 250m: | 2:42.06 33.34 | 350m: | 3:47.80 32.72 | |
| | 100m: | 1:02.36 32.62 | 200m: | 2:08.72 33.22 | 300m: | 3:15.08 33.02 | 400m: | 4:19.37 31.57 | |
| 12. | WENTLAND Miłosz | | 07 | MKS Trójka Łód | | | | 4:19.85 | 544 |
| | 50m: | 29.28 29.28 | 150m: | 1:34.45 33.15 | 250m: | 2:40.75 33.29 | 350m: | 3:47.22 33.49 | |
| | 100m: | 1:01.30 32.02 | 200m: | 2:07.46 33.01 | 300m: | 3:13.73 32.98 | 400m: | 4:19.85 32.63 | |
| 13. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łód | | | | 4:20.10 | 543 |
| | 50m: | 29.74 29.74 | 150m: | 1:35.46 33.14 | 250m: | 2:42.01 33.39 | 350m: | 3:48.06 33.23 | |
| | 100m: | 1:02.32 32.58 | 200m: | 2:08.62 33.16 | 300m: | 3:14.83 32.82 | 400m: | 4:20.10 32.04 | |
| 14. | KUSEK Mateusz | | 07 | Mi dzyszkołny UKS „Olimpijczyk" Suwa | | | | 4:20.34 | 541 |
| | 50m: | 29.64 29.64 | 150m: | 1:34.38 32.82 | 250m: | 2:41.17 33.42 | 350m: | 3:48.38 33.62 | |
| | 100m: | 1:01.56 31.92 | 200m: | 2:07.75 33.37 | 300m: | 3:14.76 33.59 | 400m: | 4:20.34 31.96 | |
| 15. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | | | 4:21.52 | 534 |
| | 50m: | 30.03 30.03 | 150m: | 1:36.62 33.33 | 250m: | 2:43.64 33.49 | 350m: | 3:49.24 32.27 | |
| | 100m: | 1:03.29 33.26 | 200m: | 2:10.15 33.53 | 300m: | 3:16.97 33.33 | 400m: | 4:21.52 32.28 | |
| 16. | PERA Jan | | 07 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:24.40 | 517 |
| | 50m: | 28.47 28.47 | 150m: | 1:34.63 33.48 | 250m: | 2:41.35 33.60 | 350m: | 3:50.05 34.29 | |
| | 100m: | 1:01.15 32.68 | 200m: | 2:07.75 33.12 | 300m: | 3:15.76 34.41 | 400m: | 4:24.40 34.35 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 15 lat

| Pozycja | | Rok ur. | | | | | | Czas | Pkt. | | | | | | | | |
|---------|-----------------------|---------|-------------------------|----------------|-----|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 17. | PRONIN Patryk | 07 | MKP Szczecin | 4:25.69 | 509 | 50m: | 30.07 | 30.07 | 150m: | 1:37.57 | 34.02 | 250m: | 2:46.26 | 34.17 | 350m: | 3:53.31 | 33.17 |
| | | | | | | 100m: | 1:03.55 | 33.48 | 200m: | 2:12.09 | 34.52 | 300m: | 3:20.14 | 33.88 | 400m: | 4:25.69 | 32.38 |
| 18. | PIETRZAK Michał | 07 | KS Warta Pozna | 4:30.86 | 481 | 50m: | 30.46 | 30.46 | 150m: | 1:37.54 | 33.88 | 250m: | 2:47.07 | 35.12 | 350m: | 3:55.84 | 34.37 |
| | | | | | | 100m: | 1:03.66 | 33.20 | 200m: | 2:11.95 | 34.41 | 300m: | 3:21.47 | 34.40 | 400m: | 4:30.86 | 35.02 |
| 19. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 4:43.84 | 418 | 50m: | 31.54 | 31.54 | 150m: | 1:43.68 | 36.56 | 250m: | 2:57.12 | 36.96 | 350m: | 4:09.26 | 36.31 |
| | | | | | | 100m: | 1:07.12 | 35.58 | 200m: | 2:20.16 | 36.48 | 300m: | 3:32.95 | 35.83 | 400m: | 4:43.84 | 34.58 |
| 20. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 4:44.52 | 415 | 50m: | 32.30 | 32.30 | 150m: | 1:43.97 | 35.95 | 250m: | 2:56.68 | 36.17 | 350m: | 4:09.24 | 36.23 |
| | | | | | | 100m: | 1:08.02 | 35.72 | 200m: | 2:20.51 | 36.54 | 300m: | 3:33.01 | 36.33 | 400m: | 4:44.52 | 35.28 |
| 14 lat | | | | | | | | | | | | | | | | | |
| 1. | LITOBORSKI Mikołaj | 08 | KS Warta Pozna | 4:09.34 | 616 | 50m: | 27.99 | 27.99 | 150m: | 1:32.23 | 32.58 | 250m: | 2:36.84 | 32.06 | 350m: | 3:39.84 | 31.39 |
| | | | | | | 100m: | 59.65 | 31.66 | 200m: | 2:04.78 | 32.55 | 300m: | 3:08.45 | 31.61 | 400m: | 4:09.34 | 29.50 |
| 2. | BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 4:12.74 | 592 | 50m: | 28.29 | 28.29 | 150m: | 1:32.12 | 32.37 | 250m: | 2:36.70 | 32.37 | 350m: | 3:41.33 | 32.27 |
| | | | | | | 100m: | 59.75 | 31.46 | 200m: | 2:04.33 | 32.21 | 300m: | 3:09.06 | 32.36 | 400m: | 4:12.74 | 31.41 |
| 3. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 4:13.95 | 583 | 50m: | 29.34 | 29.34 | 150m: | 1:33.58 | 32.20 | 250m: | 2:38.10 | 32.22 | 350m: | 3:43.01 | 32.36 |
| | | | | | | 100m: | 1:01.38 | 32.04 | 200m: | 2:05.88 | 32.30 | 300m: | 3:10.65 | 32.55 | 400m: | 4:13.95 | 30.94 |
| 4. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 4:14.77 | 578 | 50m: | 28.88 | 28.88 | 150m: | 1:34.45 | 32.98 | 250m: | 2:40.27 | 32.69 | 350m: | 3:44.89 | 32.11 |
| | | | | | | 100m: | 1:01.47 | 32.59 | 200m: | 2:07.58 | 33.13 | 300m: | 3:12.78 | 32.51 | 400m: | 4:14.77 | 29.88 |
| 5. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 4:17.94 | 557 | 50m: | 28.95 | 28.95 | 150m: | 1:33.43 | 32.82 | 250m: | 2:39.85 | 33.18 | 350m: | 3:46.25 | 33.04 |
| | | | | | | 100m: | 1:00.61 | 31.66 | 200m: | 2:06.67 | 33.24 | 300m: | 3:13.21 | 33.36 | 400m: | 4:17.94 | 31.69 |
| 6. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 4:20.08 | 543 | 50m: | 29.86 | 29.86 | 150m: | 1:35.88 | 33.31 | 250m: | 2:42.71 | 33.31 | 350m: | 3:48.34 | 32.19 |
| | | | | | | 100m: | 1:02.57 | 32.71 | 200m: | 2:09.40 | 33.52 | 300m: | 3:16.15 | 33.44 | 400m: | 4:20.08 | 31.74 |
| 7. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 4:20.75 | 539 | 50m: | 29.29 | 29.29 | 150m: | 1:33.98 | 32.65 | 250m: | 2:40.30 | 33.36 | 350m: | 3:47.97 | 34.02 |
| | | | | | | 100m: | 1:01.33 | 32.04 | 200m: | 2:06.94 | 32.96 | 300m: | 3:13.95 | 33.65 | 400m: | 4:20.75 | 32.78 |
| 8. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 4:22.76 | 527 | 50m: | 29.42 | 29.42 | 150m: | 1:35.87 | 33.55 | 250m: | 2:43.33 | 33.74 | 350m: | 3:50.99 | 33.27 |
| | | | | | | 100m: | 1:02.32 | 32.90 | 200m: | 2:09.59 | 33.72 | 300m: | 3:17.72 | 34.39 | 400m: | 4:22.76 | 31.77 |
| 9. | BIELIENKOV Nikita | 08 | KS Warta Pozna | 4:24.29 | 517 | 50m: | 29.60 | 29.60 | 150m: | 1:35.44 | 33.69 | 250m: | | | 350m: | 3:51.22 | 34.13 |
| | | | | | | 100m: | 1:01.75 | 32.15 | 200m: | | | 300m: | 3:17.09 | | 400m: | 4:24.29 | 33.07 |
| 10. | TREDER Konrad | 08 | UKS abianka Gda sk | 4:25.57 | 510 | 50m: | 29.67 | 29.67 | 150m: | 1:36.57 | 33.74 | 250m: | 2:45.15 | 34.29 | 350m: | 3:52.70 | 33.51 |
| | | | | | | 100m: | 1:02.83 | 33.16 | 200m: | 2:10.86 | 34.29 | 300m: | 3:19.19 | 34.04 | 400m: | 4:25.57 | 32.87 |
| 11. | MENTEL Igor | 08 | KS Delfin Gdynia | 4:27.58 | 499 | 50m: | 30.18 | 30.18 | 150m: | 1:37.48 | 33.85 | 250m: | 2:46.05 | 34.24 | 350m: | 3:54.36 | 33.92 |
| | | | | | | 100m: | 1:03.63 | 33.45 | 200m: | 2:11.81 | 34.33 | 300m: | 3:20.44 | 34.39 | 400m: | 4:27.58 | 33.22 |
| 12. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 4:28.40 | 494 | 50m: | 29.70 | 29.70 | 150m: | 1:37.98 | 34.39 | 250m: | 2:47.80 | 35.35 | 350m: | 3:56.09 | 34.02 |
| | | | | | | 100m: | 1:03.59 | 33.89 | 200m: | 2:12.45 | 34.47 | 300m: | 3:22.07 | 34.27 | 400m: | 4:28.40 | 32.31 |
| 13. | CIBA Mateusz | 08 | MKP Szczecin | 4:30.50 | 483 | 50m: | 30.01 | 30.01 | 150m: | 1:38.27 | 34.70 | 250m: | 2:48.13 | 35.08 | 350m: | 3:57.28 | 35.12 |
| | | | | | | 100m: | 1:03.57 | 33.56 | 200m: | 2:13.05 | 34.78 | 300m: | 3:22.16 | 34.03 | 400m: | 4:30.50 | 33.22 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|---------------------|---------|---------|------------------------------|---------|---------|-------|----------------|-------|-------|---------|-------|
| 14. | JANIEC Mateusz | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:39.08 | 439 | | | |
| | 50m: | 30.43 | 30.43 | 150m: | 1:40.09 | 35.87 | 250m: | 2:53.10 | 36.54 | 350m: | 4:04.42 | 35.23 |
| | 100m: | 1:04.22 | 33.79 | 200m: | 2:16.56 | 36.47 | 300m: | 3:29.19 | 36.09 | 400m: | 4:39.08 | 34.66 |
| 15. | NIEMCZURA Wiktor | | 08 | UKP „Polonia Warszawa" | | | | 5:04.60 | 338 | | | |
| | 50m: | 35.06 | 35.06 | 150m: | 1:53.00 | 38.99 | 250m: | 3:11.09 | 39.05 | 350m: | 4:28.41 | 38.60 |
| | 100m: | 1:14.01 | 38.95 | 200m: | 2:32.04 | 39.04 | 300m: | 3:49.81 | 38.72 | 400m: | 5:04.60 | 36.19 |
| 16. | SZCZEPA SKI Cyprian | | 08 | MKP Astromal-Leszno | | | | 5:16.02 | 302 | | | |
| | 50m: | 31.76 | 31.76 | 150m: | 1:50.92 | 40.64 | 250m: | 3:55.52 | 41.87 | 350m: | | |
| | 100m: | 1:10.28 | 38.52 | 200m: | 3:13.65 | 1:22.73 | 300m: | 4:38.13 | 42.61 | 400m: | 5:16.02 | |
| 17. | ŁATKA Aleksander | | 08 | KP Aquapark W growiec | | | | 5:16.25 | 302 | | | |
| | 50m: | 33.26 | 33.26 | 150m: | 1:53.00 | 40.97 | 250m: | 3:14.99 | 40.93 | 350m: | 4:37.29 | 41.08 |
| | 100m: | 1:12.03 | 38.77 | 200m: | 2:34.06 | 41.06 | 300m: | 3:56.21 | 41.22 | 400m: | 5:16.25 | 38.96 |
| 18. | WŁODARCZAK Wiktor | | 08 | MKP Astromal-Leszno | | | | 5:16.62 | 301 | | | |
| | 50m: | 34.95 | 34.95 | 150m: | 1:53.92 | 40.27 | 250m: | 3:15.00 | 40.96 | 350m: | 4:37.52 | 41.36 |
| | 100m: | 1:13.65 | 38.70 | 200m: | 2:34.04 | 40.12 | 300m: | 3:56.16 | 41.16 | 400m: | 5:16.62 | 39.10 |

Konkurencja 12
2022.11.12 - 19:20

Kobiet, 100m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|--|-------|------------------|-----|--------------|------------|
| Rekord Polski | 51.44 | WASICK Katarzyna | POL | Neapol (ITA) | 2021.09.17 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 52.40 / Min. do sztafety na M (25m) Melbourne 2022 Open: 52.92 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | | | Rok ur. | | | Czas | Pkt. | 50m | 100m |
|------------------------|-------------------------|--|---------|-----------------------------------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | DOWGIERT Anna | | 90 | KS Warta Pozna | | 55.25 | 752 | 26.05 | 29.20 |
| 2. | POLA SKA Aleksandra | | 00 | UKS GOS Raszyn | | 55.92 | 725 | 26.61 | 29.31 |
| 3. | GU Wiktoria | | 04 | MKP Szczecin | | 55.93 | 725 | 27.58 | 28.35 |
| 4. | KRÓL Gabriela | | 06 | KS „Wisła" Puławy | | 56.13 | 717 | 27.29 | 28.84 |
| 5. | WO NIAK Zofia | | 01 | KU AZS Uniwersytetu Warszawskiego | | 56.85 | 690 | 27.20 | 29.65 |
| 6. | LEWANDOWSKA Natalia | | 01 | KS „OLIMPIA" Lublin | | 56.91 | 688 | 27.67 | 29.24 |
| 7. | KULIK Julia | | 05 | UKS GOS Raszyn | | 56.95 | 686 | 27.58 | 29.37 |
| 8. | GRACJASZ Wiktoria | | 08 | UKS „Jasie " Sucha Beskidzka | | 56.99 | 685 | 27.31 | 29.68 |
| 9. | SOBCZAK Zofia | | 06 | UKS G-8 Bielany Warszawa | | 57.27 | 675 | 27.23 | 30.04 |
| 10. | JANISZEWSKA Natalia | | 06 | WKS I sk | | 57.46 | 668 | 28.04 | 29.42 |
| 11. | CIEPLAK Aleksandra | | 01 | AZS AWF Katowice | | 57.94 | 652 | 27.87 | 30.07 |
| 12. | CHALUPOVA Adela | | 06 | Sport Club Pardubice | | 58.04 | 648 | 27.70 | 30.34 |
| 13. | TARASIEWICZ Klaudia | | 04 | MKP Szczecin | | 58.34 | 639 | 28.26 | 30.08 |
| 14. | SOLAK Anna | | 00 | KS AZS AGH Kraków | | 58.39 | 637 | 27.90 | 30.49 |
| 15. | NOWAK Maja | | 03 | UKS GOS Raszyn | | 58.49 | 634 | 27.85 | 30.64 |
| 16. | DOM ALSKA Wiktoria | | 00 | AZS AWF Katowice | | 58.74 | 626 | 27.70 | 31.04 |
| 17. | GÓRSKA Zofia | | 05 | UKS GOS Raszyn | | 58.76 | 625 | 28.31 | 30.45 |
| 18. | GAJDOWSKA Agnieszka | | 95 | KS Rekin wiebodzice | | 58.80 | 624 | 27.82 | 30.98 |
| 19. | OBAJTEK Aleksandra | | 03 | AZS AWF Warszawa | | 58.84 | 622 | 28.52 | 30.32 |
| 20. | HELLAK Emilia | | 03 | KS SWIM-ART Wrocław | | 58.99 | 618 | 28.47 | 30.52 |
| 21. | WRZESZCZY SKA Marta | | 07 | KS Posenania Pozna | | 59.02 | 617 | 28.25 | 30.77 |
| 22. | PIECHOTA Paulina | | 99 | UKS 190 Łód | | 59.12 | 614 | 29.08 | 30.04 |
| 23. | CRHOVA Charlene Daniela | | 08 | Sport Club Pardubice | | 59.33 | 607 | 28.36 | 30.97 |
| 24. | ADAMCZYK Karolina | | 06 | Mokotowski UKP Warszawianka- Wod | | 59.34 | 607 | 28.35 | 30.99 |
| 25. | KAMI SKA Zuzanna | | 06 | KS KSZO Ostrowiec w. | | 59.36 | 606 | 28.37 | 30.99 |
| 26. | MIKOŁAJCZAK Malwina | | 06 | KS Posenania Pozna | | 59.73 | 595 | 28.71 | 31.02 |
| 27. | JASI SKA Michalina | | 06 | Mokotowski UKP Warszawianka- Wod | | 59.77 | 594 | 28.59 | 31.18 |
| 28. | GULCZY SKA Natalia | | 07 | Uks Cityzen | | 59.92 | 589 | 28.44 | 31.48 |
| 29. | WŁODARCZYK Elena | | 06 | AZS AWF Warszawa | | 1:00.17 | 582 | 28.78 | 31.39 |
| 30. | KALKOWSKA Julia | | 05 | MUKS "Pi tnastka" | | 1:00.24 | 580 | 28.89 | 31.35 |
| 31. | SKALI SKA Ewa | | 05 | IKS Konstancin | | 1:00.30 | 578 | 29.22 | 31.08 |
| 32. | NOWAK Gabriela | | 05 | MUKS "Pi tnastka" | | 1:00.32 | 578 | 28.82 | 31.50 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------------|----------------|------|-------|-------|
| 33. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 1:00.34 | 577 | 28.48 | 31.86 |
| 34. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:00.42 | 575 | 28.98 | 31.44 |
| 35. | WIDNICKA Kamila | 06 | MKS Juwenia Wrocław | 1:00.47 | 573 | 29.41 | 31.06 |
| 36. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:00.51 | 572 | 29.53 | 30.98 |
| 37. | R P Apolonia | 06 | MKS Juwenia Wrocław | 1:00.57 | 570 | 29.39 | 31.18 |
| 38. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:00.61 | 569 | 29.28 | 31.33 |
| | CHMIELEWSKA Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:00.61 | 569 | 28.91 | 31.70 |
| 40. | JAKUBOWSKA Izabela | 98 | TP Olimpijczyk Aleksandrów Łódzki | 1:00.67 | 568 | 29.28 | 31.39 |
| 41. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:00.79 | 564 | 29.37 | 31.42 |
| | WI TEK Amelia | 08 | WKS I sk | 1:00.79 | 564 | 28.87 | 31.92 |
| 43. | NOWAK Zofia | 03 | AZS AWF Warszawa | 1:00.83 | 563 | 28.75 | 32.08 |
| 44. | RYBACKA Małgorzata | 08 | KS Posenania Pozna | 1:01.02 | 558 | 29.17 | 31.85 |
| | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów” | 1:01.02 | 558 | 29.00 | 32.02 |
| 46. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa” | 1:01.08 | 556 | 29.12 | 31.96 |
| 47. | DOLATA Olga | 08 | KS Posenania Pozna | 1:01.17 | 554 | 28.77 | 32.40 |
| 48. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa” | 1:01.19 | 553 | 29.45 | 31.74 |
| 49. | KRÓLIK Adrianna | 04 | MKP Szczecin | 1:01.25 | 552 | 28.34 | 32.91 |
| 50. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.27 | 551 | 29.75 | 31.52 |
| 51. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:01.28 | 551 | 29.76 | 31.52 |
| 52. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:01.31 | 550 | 29.45 | 31.86 |
| 53. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 1:01.37 | 548 | 29.22 | 32.15 |
| 54. | DOPART Marcelina | 03 | AZS AWF Warszawa | 1:01.55 | 544 | 29.21 | 32.34 |
| 55. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:01.59 | 543 | 29.57 | 32.02 |
| 56. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:01.60 | 542 | 30.00 | 31.60 |
| 57. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:01.76 | 538 | 29.67 | 32.09 |
| 58. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:01.96 | 533 | 29.18 | 32.78 |
| 59. | BORYCZKA Amelia | 08 | WKS I sk | 1:02.05 | 531 | 30.27 | 31.78 |
| 60. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:02.07 | 530 | 30.02 | 32.05 |
| 61. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:02.30 | 524 | 29.65 | 32.65 |
| 62. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:02.39 | 522 | 29.36 | 33.03 |
| 63. | HUBERT Julia | 06 | MKP Szczecin | 1:02.41 | 521 | 29.91 | 32.50 |
| 64. | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:02.49 | 519 | 30.10 | 32.39 |
| 65. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.54 | 518 | 30.25 | 32.29 |
| 66. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.60 | 517 | 30.24 | 32.36 |
| 67. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.70 | 514 | 30.16 | 32.54 |
| 68. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:02.71 | 514 | 30.31 | 32.40 |
| 69. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:02.73 | 514 | 30.82 | 31.91 |
| 70. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:02.82 | 511 | 30.00 | 32.82 |
| 71. | MAKOWSKA Maria | 07 | MKP Szczecin | 1:02.83 | 511 | 29.75 | 33.08 |
| 72. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:02.94 | 508 | 29.73 | 33.21 |
| 73. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:03.00 | 507 | 30.16 | 32.84 |
| 74. | SPYCHAŁSKA Dominika | 08 | KP Aquapark W growiec | 1:03.29 | 500 | 30.73 | 32.56 |
| 75. | GRACKA Hanna | 07 | MKP Szczecin | 1:03.31 | 500 | 30.93 | 32.38 |
| 76. | BUDZE Monika | 07 | MKP Astromal-Leszno | 1:03.36 | 498 | 30.40 | 32.96 |
| 77. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:03.38 | 498 | 30.54 | 32.84 |
| 78. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:03.54 | 494 | 29.81 | 33.73 |
| 79. | TOMASZEWSKA Maria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:03.63 | 492 | 30.48 | 33.15 |
| 80. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:03.75 | 489 | 30.96 | 32.79 |
| 81. | SELL Karolina | 07 | MUKP Korona-Swim Kielce | 1:03.78 | 489 | 30.74 | 33.04 |
| 82. | DOLGUN Maryia | 07 | MKP Szczecin | 1:03.80 | 488 | 29.76 | 34.04 |
| 83. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:03.87 | 486 | 29.90 | 33.97 |
| 84. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:04.04 | 483 | 31.24 | 32.80 |
| 85. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:04.32 | 476 | 30.35 | 33.97 |
| 86. | WOJTOWICZ Małgorzata | 06 | MTKP Delfin Toru | 1:04.34 | 476 | 31.13 | 33.21 |
| 87. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:04.92 | 463 | 30.76 | 34.16 |
| 88. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 1:05.02 | 461 | 30.80 | 34.22 |
| 89. | KRYSTEK Jagoda | 08 | SKS 137 Delfin Łód | 1:05.06 | 460 | 31.48 | 33.58 |
| 90. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:05.25 | 456 | 30.22 | 35.03 |
| 91. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 1:05.38 | 454 | 31.65 | 33.73 |
| 92. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:05.81 | 445 | 30.82 | 34.99 |
| 93. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 1:05.88 | 443 | 30.53 | 35.35 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-----------------------|------|------------------------------|----------------|------|-------|-------|
| 93. | LUTKOWSKA Pola | 07 | MUKS "Pi tnastka" | 1:05.88 | 443 | 31.45 | 34.43 |
| 95. | SIEDLECKA Alicja | 07 | KS Warta Pozna | 1:05.97 | 441 | 31.47 | 34.50 |
| 96. | TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 1:06.00 | 441 | 31.57 | 34.43 |
| 97. | BELZYT Maja | 08 | UKS abianka Gda sk | 1:06.03 | 440 | 31.97 | 34.06 |
| 98. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:06.17 | 437 | 32.06 | 34.11 |
| 99. | KOWALSKA Lena | 08 | UKS abianka Gda sk | 1:06.28 | 435 | 32.09 | 34.19 |
| 100. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 1:06.39 | 433 | 31.03 | 35.36 |
| 101. | MOLAK Aniela | 07 | UKS Ostrobramska | 1:06.48 | 431 | 31.33 | 35.15 |
| 102. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa" | 1:06.59 | 429 | 31.16 | 35.43 |
| 103. | MAY Matylda | 08 | MKP Astromal-Leszno | 1:06.86 | 424 | 32.57 | 34.29 |
| 104. | KRUTUL Aga | 08 | MKS Znicz Koszalin | 1:07.41 | 414 | 32.05 | 35.36 |
| | ST PKA Amelia | 08 | UKS 190 Łód | 1:07.41 | 414 | 32.63 | 34.78 |
| 106. | SOCHA Maria | 07 | UKS Ostrobramska | 1:07.71 | 408 | 32.71 | 35.00 |
| 107. | FARTUSZY SKA Weronika | 08 | UKS Junior Kluczbork | 1:07.85 | 406 | 32.67 | 35.18 |
| 108. | DORO Y SKA Zuzanna | 08 | MTKP Delfin Toru | 1:08.11 | 401 | 32.69 | 35.42 |
| 109. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 1:08.56 | 393 | 31.63 | 36.93 |
| 110. | NAJI Kamila | 08 | MKS Trójka Łód | 1:08.66 | 392 | 33.12 | 35.54 |
| 111. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:09.87 | 371 | 33.22 | 36.65 |
| 112. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:11.97 | 340 | 34.83 | 37.14 |
| 113. | WITKOWSKA Alicja | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:12.33 | 335 | 34.56 | 37.77 |
| 114. | KUNKEL Celina | 08 | Dwójka Morena Gda sk | 1:13.97 | 313 | 35.54 | 38.43 |
| 115. | PILARSKA Maja | 08 | KP Aquapark W growiec | 1:14.01 | 312 | 34.41 | 39.60 |

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | GU Wiktoria | 04 | MKP Szczecin | 55.93 | 725 | 27.58 | 28.35 |
| 2. | KULIK Julia | 05 | UKS GOS Raszyn | 56.95 | 686 | 27.58 | 29.37 |
| 3. | TARASIEWICZ Klaudia | 04 | MKP Szczecin | 58.34 | 639 | 28.26 | 30.08 |
| 4. | GÓRSKA Zofia | 05 | UKS GOS Raszyn | 58.76 | 625 | 28.31 | 30.45 |
| 5. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:00.24 | 580 | 28.89 | 31.35 |
| 6. | SKALI SKA Ewa | 05 | IKS Konstancin | 1:00.30 | 578 | 29.22 | 31.08 |
| 7. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 1:00.32 | 578 | 28.82 | 31.50 |
| 8. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 1:00.34 | 577 | 28.48 | 31.86 |
| 9. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:00.61 | 569 | 29.28 | 31.33 |
| 10. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów" | 1:01.02 | 558 | 29.00 | 32.02 |
| 11. | KRÓLIK Adrianna | 04 | MKP Szczecin | 1:01.25 | 552 | 28.34 | 32.91 |
| 12. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.27 | 551 | 29.75 | 31.52 |
| 13. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 1:01.59 | 543 | 29.57 | 32.02 |
| 14. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | 1:02.39 | 522 | 29.36 | 33.03 |
| 15. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.54 | 518 | 30.25 | 32.29 |
| 16. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:02.71 | 514 | 30.31 | 32.40 |
| 17. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:02.73 | 514 | 30.82 | 31.91 |
| 18. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:03.38 | 498 | 30.54 | 32.84 |
| 19. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk" Sl | 1:03.54 | 494 | 29.81 | 33.73 |
| 20. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:04.32 | 476 | 30.35 | 33.97 |
| 21. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 1:05.02 | 461 | 30.80 | 34.22 |
| 22. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 1:08.56 | 393 | 31.63 | 36.93 |

16 lat

| | | | | | | | |
|-----|---------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła" Puławy | 56.13 | 717 | 27.29 | 28.84 |
| 2. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 57.27 | 675 | 27.23 | 30.04 |
| 3. | JANISZEWSKA Natalia | 06 | WKS I sk | 57.46 | 668 | 28.04 | 29.42 |
| 4. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 58.04 | 648 | 27.70 | 30.34 |
| 5. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wod | 59.34 | 607 | 28.35 | 30.99 |
| 6. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 59.36 | 606 | 28.37 | 30.99 |
| 7. | MIKOŁAJCZAK Malwina | 06 | KS Posnania Pozna | 59.73 | 595 | 28.71 | 31.02 |
| 8. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wod | 59.77 | 594 | 28.59 | 31.18 |
| 9. | WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 1:00.17 | 582 | 28.78 | 31.39 |
| 10. | WIDNICKA Kamila | 06 | MKS Juwenia Wrocław | 1:00.47 | 573 | 29.41 | 31.06 |
| 11. | R P Apolonia | 06 | MKS Juwenia Wrocław | 1:00.57 | 570 | 29.39 | 31.18 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 12, Dziewcz t, 100m dowolny, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------------|------------------|------|-------|-------|
| 12. | CHMIELEWSKA Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:00.61 | 569 | 28.91 | 31.70 |
| 13. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa” | 1:01.08 | 556 | 29.12 | 31.96 |
| 14. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:01.76 | 538 | 29.67 | 32.09 |
| 15. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:02.30 | 524 | 29.65 | 32.65 |
| 16. | HUBERT Julia | 06 | MKP Szczecin | 1:02.41 | 521 | 29.91 | 32.50 |
| 17. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:02.82rk | 511 | 30.00 | 32.82 |
| 18. | WOJTOWICZ Małgorzata | 06 | MTKP Delfin Toru | 1:04.34 | 476 | 31.13 | 33.21 |
| 19. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:04.92 | 463 | 30.76 | 34.16 |
| 20. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:05.25 | 456 | 30.22 | 35.03 |
| 21. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:06.17 | 437 | 32.06 | 34.11 |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|------------------|-----|-------|-------|
| 1. | WRZESZCZY SKA Marta | 07 | KS Poshania Pozna | 59.02 | 617 | 28.25 | 30.77 |
| 2. | GULCZY SKA Natalia | 07 | Uks Cityzen | 59.92 | 589 | 28.44 | 31.48 |
| 3. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:00.51 | 572 | 29.53 | 30.98 |
| 4. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:00.79rk | 564 | 29.37 | 31.42 |
| 5. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa” | 1:01.19 | 553 | 29.45 | 31.74 |
| 6. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 1:01.28 | 551 | 29.76 | 31.52 |
| 7. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:01.31 | 550 | 29.45 | 31.86 |
| 8. | PALLUTH Aleksandra | 07 | KP Aquapark W growiec | 1:01.37 | 548 | 29.22 | 32.15 |
| 9. | PLAGA Olga | 07 | TP Skalar Stupsk | 1:01.60 | 542 | 30.00 | 31.60 |
| 10. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 1:02.07 | 530 | 30.02 | 32.05 |
| 11. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.60rk | 517 | 30.24 | 32.36 |
| 12. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:02.70rk | 514 | 30.16 | 32.54 |
| 13. | MAKOWSKA Maria | 07 | MKP Szczecin | 1:02.83 | 511 | 29.75 | 33.08 |
| 14. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:02.94 | 508 | 29.73 | 33.21 |
| 15. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:03.00rk | 507 | 30.16 | 32.84 |
| 16. | GRACKA Hanna | 07 | MKP Szczecin | 1:03.31 | 500 | 30.93 | 32.38 |
| 17. | BUDZE Monika | 07 | MKP Astromal-Leszno | 1:03.36 | 498 | 30.40 | 32.96 |
| 18. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:03.75 | 489 | 30.96 | 32.79 |
| 19. | SELL Karolina | 07 | MUKP Korona-Swim Kielce | 1:03.78 | 489 | 30.74 | 33.04 |
| 20. | DOLGUN Maryia | 07 | MKP Szczecin | 1:03.80 | 488 | 29.76 | 34.04 |
| 21. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:04.04 | 483 | 31.24 | 32.80 |
| 22. | LUTKOWSKA Pola | 07 | MUKS "Pi tnastka" | 1:05.88 | 443 | 31.45 | 34.43 |
| 23. | SIEDLECKA Alicja | 07 | KS Warta Pozna | 1:05.97 | 441 | 31.47 | 34.50 |
| 24. | TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 1:06.00 | 441 | 31.57 | 34.43 |
| 25. | MOLAK Aniela | 07 | UKS Ostrobramska | 1:06.48 | 431 | 31.33 | 35.15 |
| 26. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 1:06.59 | 429 | 31.16 | 35.43 |
| 27. | SOCHA Maria | 07 | UKS Ostrobramska | 1:07.71 | 408 | 32.71 | 35.00 |
| 28. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:09.87 | 371 | 33.22 | 36.65 |
| 29. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:11.97 | 340 | 34.83 | 37.14 |

14 lat

| | | | | | | | |
|-----|-------------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskidzka | 56.99 | 685 | 27.31 | 29.68 |
| 2. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 59.33 | 607 | 28.36 | 30.97 |
| 3. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:00.42 | 575 | 28.98 | 31.44 |
| 4. | WI TEK Amelia | 08 | WKS I sk | 1:00.79 | 564 | 28.87 | 31.92 |
| 5. | RYBACKA Małgorzata | 08 | KS Poshania Pozna | 1:01.02 | 558 | 29.17 | 31.85 |
| 6. | DOLATA Olga | 08 | KS Poshania Pozna | 1:01.17 | 554 | 28.77 | 32.40 |
| 7. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:01.96 | 533 | 29.18 | 32.78 |
| 8. | BORYCZKA Amelia | 08 | WKS I sk | 1:02.05 | 531 | 30.27 | 31.78 |
| 9. | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:02.49 | 519 | 30.10 | 32.39 |
| 10. | SPYCHAŁSKA Dominika | 08 | KP Aquapark W growiec | 1:03.29 | 500 | 30.73 | 32.56 |
| 11. | TOMASZEWSKA Maria | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:03.63 | 492 | 30.48 | 33.15 |
| 12. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:03.87 | 486 | 29.90 | 33.97 |
| 13. | KRYSTEK Jagoda | 08 | SKS 137 Delfin Łód | 1:05.06 | 460 | 31.48 | 33.58 |
| 14. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 1:05.38 | 454 | 31.65 | 33.73 |
| 15. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:05.81 | 445 | 30.82 | 34.99 |
| 16. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 1:05.88 | 443 | 30.53 | 35.35 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 12, Dziewcząt, 100m dowolny, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|-----------------------|---------------------------------|----------------|------|-------|-------|
| 17. | BELZYT Maja | 08 UKS abianka Gdańsk | 1:06.03 | 440 | 31.97 | 34.06 |
| 18. | KOWALSKA Lena | 08 UKS abianka Gdańsk | 1:06.28 | 435 | 32.09 | 34.19 |
| 19. | MAY Matylda | 08 MKP Astromal-Leszno | 1:06.86 | 424 | 32.57 | 34.29 |
| 20. | KRUTUL Aga | 08 MKS Znicz Koszalin | 1:07.41 | 414 | 32.05 | 35.36 |
| | ST PKA Amelia | 08 UKS 190 Łódź | 1:07.41 | 414 | 32.63 | 34.78 |
| 22. | FARTUSZY SKA Weronika | 08 UKS Junior Kluczbork | 1:07.85 | 406 | 32.67 | 35.18 |
| 23. | DORO Y SKA Zuzanna | 08 MTKP Delfin Toruń | 1:08.11 | 401 | 32.69 | 35.42 |
| 24. | NAJI Kamila | 08 MKS Trójka Łódź | 1:08.66 | 392 | 33.12 | 35.54 |
| 25. | WITKOWSKA Alicja | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:12.33 | 335 | 34.56 | 37.77 |
| 26. | KUNKEL Celina | 08 Dwójka Morena Gdańsk | 1:13.97 | 313 | 35.54 | 38.43 |
| 27. | PILARSKA Maja | 08 KP Aquapark Wągrowiec | 1:14.01 | 312 | 34.41 | 39.60 |
| PK | PRASAŁ Aleksandra | 09 MUKP Korona-Swim Kielce | 59.65 | 597 | 28.45 | 31.20 |

Konkurencja 13

Mężczyźni, 100m dowolny

14 lat i starsi

2022.11.12 - 19:32

Wyniki

Rekord Polski 46.19 MAJCHRZAK Kacper POL Berlin (GER) 2017.08.06

Min. indywidualne na M (25m) Melbourne 2022 Open: 46.70 / Min. do sztafety na M (25m) Melbourne 2022 Open: 47.17

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|-------------------------|---|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | MAJCHRZAK Kacper | 92 KS Warta Poznań | 46.84 | 877 | 22.41 | 24.43 |
| 2. | CHOWANIEC Mateusz | 03 AZS AWF Katowice | 48.35 | 797 | 23.18 | 25.17 |
| 3. | DUDYS Dominik | 02 AZS AWF Katowice | 48.38 | 796 | 22.93 | 25.45 |
| 4. | SMOLI SKI Paweł | 01 AZS AWF Katowice | 48.43 | 793 | 22.86 | 25.57 |
| 5. | GRACIK Daniel | 04 Sport Club Pardubice | 49.24 | 755 | 23.44 | 25.80 |
| 6. | MISIAK Szymon | 05 UKS Shark Rudna | 49.79 | 730 | 23.65 | 26.14 |
| 7. | GULI SKI Maciej | 04 KU AZS Uniwersytetu Warszawskiego | 50.04 | 719 | 23.94 | 26.10 |
| 8. | JAWORSKI Szymon | 01 AZS AWF Katowice | 50.11 | 716 | 23.79 | 26.32 |
| 9. | LUDWICZAK Piotr | 96 AZS AWF Katowice | 50.14 | 715 | 23.21 | 26.93 |
| 10. | MINICHOWSKI Maksymilian | 04 UKS "V" Łomianki | 50.16 | 714 | 24.16 | 26.00 |
| 11. | DUDKOWIAK Bartłomiej | 04 UKS Aquatica Pawłowice | 50.23 | 711 | 23.84 | 26.39 |
| 12. | PLAGA Dawid | 05 TP Skalar Słupsk | 50.34 | 706 | 24.28 | 26.06 |
| 13. | BIERO SKI Michał | 99 MKP Szczecin | 50.47 | 701 | 24.04 | 26.43 |
| 14. | STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 50.49 | 700 | 24.20 | 26.29 |
| 15. | PIETRO Przemysław | 07 KU AZS UMCS Lublin | 50.58 | 696 | 24.37 | 26.21 |
| 16. | WARZOCHA Gustaw | 04 KS Warta Poznań | 50.69 | 692 | 24.14 | 26.55 |
| 17. | KONARSKI Maciej | 04 UKS „GIM 92 Ursynów” | 50.71 | 691 | | |
| 18. | CIESIELSKI Artur | 04 AZS UŁ PŁ Łódź | 50.77 | 688 | 24.64 | 26.13 |
| 19. | TKACZ Wiktor | 05 MKS Piaseczno | 50.81 | 687 | 24.98 | 25.83 |
| 20. | KOLA CZYK Kacper | 02 MKP Szczecin | 50.83 | 686 | 24.01 | 26.82 |
| 21. | RÓYCKI Szymon | 05 UKS „GIM 92 Ursynów” | 50.89 | 684 | 24.44 | 26.45 |
| 22. | MIENICKI Rafał | 06 UKS 48 Warszawa rodzimie cie | 51.18 | 672 | 24.69 | 26.49 |
| 23. | KRUCKI Kajetan | 06 KS Posenania Poznań | 51.40 | 663 | 24.44 | 26.96 |
| 24. | LESIK Oskar | 07 UKS G-8 Bielany Warszawa | 51.48 | 660 | 24.64 | 26.84 |
| 25. | POPOW Igor | 06 Mokotowski UKP Warszawianka- Wodzisław | 51.58 | 656 | | |
| 26. | SEMERA Milan | 05 KPS Ostrava | 51.60 | 656 | 24.94 | 26.66 |
| 27. | PASZKOWSKI Błażej | 06 KU AZS UMCS Lublin | 51.61 | 655 | 24.51 | 27.10 |
| 28. | WOJNIAK Maciej | 00 UKS 190 Łódź | 51.62 | 655 | 24.79 | 26.83 |
| 29. | MALIK Dawid | 06 UKS G-8 Bielany Warszawa | 51.72 | 651 | 24.79 | 26.93 |
| 30. | ZAREMBA Adam | 05 WKS Łódź | 51.77 | 649 | 25.09 | 26.68 |
| 31. | CZAPLA Kacper | 04 MKP Szczecin | 51.96 | 642 | 24.32 | 27.64 |
| 32. | KUCA Przemysław | 94 KS Warta Poznań | 51.98 | 641 | 24.53 | 27.45 |
| 33. | KOWALSKI Mateusz | 05 KS Delfin Gdynia | 52.15 | 635 | 25.28 | 26.87 |
| 34. | WAŁCERZ Maksymilian | 04 MKP „SŁOWIANKA” Gorzów Wlkp. | 52.18 | 634 | 25.38 | 26.80 |
| 35. | CHUPKA Patryk | 05 WKS Łódź | 52.22 | 633 | 24.94 | 27.28 |
| 36. | MOC Albert | 04 Sport Club Pardubice | 52.37 | 627 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-------------------------|------|-------------------------------------|--------------|------|-------|-------|
| 37. | LANGOWSKI Maciej | 02 | KS Warta Pozna | 52.38 | 627 | 24.99 | 27.39 |
| 38. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 52.40 | 626 | 25.04 | 27.36 |
| 39. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 52.57 | 620 | 25.15 | 27.42 |
| 40. | ZIELI SKI Konrad | 03 | UKS 190 Łód | 52.88 | 609 | 25.10 | 27.78 |
| 41. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 52.90 | 609 | 24.84 | 28.06 |
| 42. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 53.15 | 600 | 25.54 | 27.61 |
| 43. | MIKULA Vilem | 06 | Sport Club Pardubice | 53.18 | 599 | 25.86 | 27.32 |
| 44. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wod | 53.20 | 598 | 25.55 | 27.65 |
| 45. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 53.22 | 598 | 24.91 | 28.31 |
| | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 53.22 | 598 | | |
| 47. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 53.32 | 594 | 25.81 | 27.51 |
| 48. | ROMANOWSKI Dawid | 03 | UKS Pi tka Konstantynów Łódzki | 53.37 | 593 | 25.04 | 28.33 |
| 49. | REDZI SKI VEL RYDZY SKI | 07 | UKP „Polonia Warszawa" | 53.45 | 590 | 25.54 | 27.91 |
| 50. | PINKOSZ Mateusz | 98 | KS AZS AWF Wrocław | 53.59 | 585 | 25.61 | 27.98 |
| 51. | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 53.60 | 585 | 25.37 | 28.23 |
| 52. | LIPIEC Maciej | 06 | WKS I sk | 53.70 | 582 | 26.07 | 27.63 |
| 53. | SKIERSKI Radosław | 00 | KS AZS AGH Kraków | 53.75 | 580 | | |
| | CHUDY Michał | 97 | UPKS Wodnik Rawicz | 53.75 | 580 | | |
| 55. | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 53.79 | 579 | 25.75 | 28.04 |
| 56. | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 53.86 | 577 | 25.56 | 28.30 |
| 57. | ZDANOWSKI Filip | 02 | AZS AWF Warszawa | 53.91 | 575 | | |
| | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 53.91 | 575 | 25.90 | 28.01 |
| 59. | ACZEK Hubert | 08 | KS „Wisła" Puławy | 53.92 | 575 | 26.22 | 27.70 |
| 60. | HETMAN Mikołaj | 07 | MUKS "Pi tnastka" | 54.00 | 572 | 26.08 | 27.92 |
| 61. | JUCHNO Mikołaj | 05 | IKS Konstancin | 54.01 | 572 | 25.91 | 28.10 |
| 62. | FILIPIAK Grzegorz | 03 | KS AZS AWF Wrocław | 54.02 | 571 | 25.12 | 28.90 |
| 63. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.04 | 571 | 26.01 | 28.03 |
| 64. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 54.09 | 569 | 25.54 | 28.55 |
| 65. | WIEK Bła ej | 05 | UKS abianka Gda sk | 54.11 | 569 | 26.42 | 27.69 |
| 66. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.12 | 568 | 25.87 | 28.25 |
| 67. | SZAREK Jan | 06 | WKS I sk | 54.14 | 568 | 26.28 | 27.86 |
| 68. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 54.15 | 567 | 25.73 | 28.42 |
| 69. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 54.19 | 566 | | |
| | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa" | 54.19 | 566 | 25.53 | 28.66 |
| | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 54.19 | 566 | 26.34 | 27.85 |
| 72. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.26 | 564 | 25.71 | 28.55 |
| 73. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 54.32 | 562 | 26.15 | 28.17 |
| 74. | G SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów" | 54.37 | 560 | 25.79 | 28.58 |
| 75. | MENTEL Igor | 08 | KS Delfin Gdynia | 54.45 | 558 | 26.17 | 28.28 |
| 76. | KRYSIK Kacper | 04 | MKS Trójka Łód | 54.58 | 554 | 25.96 | 28.62 |
| 77. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 54.59 | 554 | | |
| 78. | WITT Piotr | 91 | KS Warta Pozna | 54.62 | 553 | 26.45 | 28.17 |
| 79. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | 54.68 | 551 | 26.41 | 28.27 |
| 80. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 54.72 | 550 | 26.05 | 28.67 |
| | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 54.72 | 550 | 26.23 | 28.49 |
| 82. | LICKUN Tycjan | 05 | MKP Szczecin | 54.85 | 546 | 26.06 | 28.79 |
| 83. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 54.86 | 546 | 26.70 | 28.16 |
| 84. | BILSKI Bartosz | 02 | KS SWIM-ART Wrocław | 54.99 | 542 | 26.22 | 28.77 |
| 85. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 55.06 | 540 | 26.42 | 28.64 |
| 86. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk" Suw | 55.13 | 538 | 26.24 | 28.89 |
| 87. | CIECHOMSKI Rafał | 06 | MKS „Astoria" Bydgoszcz | 55.23 | 535 | 26.68 | 28.55 |
| 88. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 55.24 | 534 | 26.36 | 28.88 |
| | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 55.24 | 534 | 26.56 | 28.68 |
| 90. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 55.35 | 531 | 26.29 | 29.06 |
| 91. | PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 55.37 | 531 | 26.70 | 28.67 |
| 92. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 55.40 | 530 | 26.39 | 29.01 |
| 93. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa" | 55.42 | 529 | 26.10 | 29.32 |
| 94. | SELDER Krystian | 07 | MKS Trójka Łód | 55.49 | 527 | 26.77 | 28.72 |
| | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 55.49 | 527 | 25.66 | 29.83 |
| 96. | NOWAK Aleksander | 06 | MKP Szczecin | 55.59 | 524 | 26.75 | 28.84 |
| 97. | ZAPERT Korneliusz | 00 | KS AZS AWF Wrocław | 55.66 | 522 | 25.77 | 29.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|-----------------------------------|----------------|------|-------|-------|
| 98. | MICHNIEWICZ Marcel | 06 | WKS I sk | 55.75 | 520 | 26.68 | 29.07 |
| 99. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 55.81 | 518 | 26.64 | 29.17 |
| 100. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 55.84 | 517 | 26.64 | 29.20 |
| 101. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 55.85 | 517 | 26.56 | 29.29 |
| 102. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 55.88 | 516 | 26.29 | 29.59 |
| 103. | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 55.89 | 516 | 26.73 | 29.16 |
| 104. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 55.94 | 515 | 26.49 | 29.45 |
| 105. | VORONTSOV Maksym | 05 | TP Zielona Góra | 55.99 | 513 | 27.41 | 28.58 |
| 106. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 56.01 | 513 | 27.03 | 28.98 |
| 107. | WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 56.22 | 507 | 26.97 | 29.25 |
| 108. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 56.51 | 499 | 26.83 | 29.68 |
| 109. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 56.58 | 497 | 26.33 | 30.25 |
| 110. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 56.69 | 494 | 26.89 | 29.80 |
| 111. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 56.77 | 492 | 26.32 | 30.45 |
| 112. | POR BA Krzysztof | 07 | WKS I sk | 56.80 | 491 | 26.54 | 30.26 |
| 113. | JA CZAK Michał | 08 | Dwójka Morena Gda sk | 56.84 | 490 | 27.12 | 29.72 |
| 114. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 56.85 | 490 | 27.41 | 29.44 |
| 115. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 56.98 | 487 | 27.19 | 29.79 |
| 116. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 57.03 | 486 | 27.81 | 29.22 |
| 117. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 57.06 | 485 | 27.78 | 29.28 |
| 118. | KUŁTON Jakub | 07 | KS Warta Pozna | 57.15 | 483 | 27.42 | 29.73 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 57.15 | 483 | 27.61 | 29.54 |
| 120. | SAWI SKI Michał | 07 | ORKA Szamotuły | 57.30 | 479 | 27.63 | 29.67 |
| 121. | ROSADA Szymon | 08 | UKS Tri-Team Rumia | 57.31 | 478 | 27.24 | 30.07 |
| 122. | STARO Filip | 08 | UKS abianka Gda sk | 57.35 | 477 | 28.14 | 29.21 |
| 123. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.36 | 477 | 27.37 | 29.99 |
| 124. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 57.43 | 475 | 27.94 | 29.49 |
| 125. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 57.50 | 474 | 27.38 | 30.12 |
| 126. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 57.56 | 472 | 27.55 | 30.01 |
| 127. | JANIEC Mateusz | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.68 | 469 | 27.74 | 29.94 |
| 128. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 57.72 | 468 | 27.32 | 30.40 |
| 129. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 57.73 | 468 | 27.53 | 30.20 |
| 130. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 57.80 | 466 | 27.71 | 30.09 |
| 131. | WIELGOSZ Borys | 07 | MUKS "Pi tnaстка" | 57.85 | 465 | 27.39 | 30.46 |
| 132. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.99 | 462 | 27.99 | 30.00 |
| 133. | SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnaстка" | 58.03 | 461 | 27.84 | 30.19 |
| 134. | NIECKARZ Paweł | 06 | UKS 190 Łód | 58.05 | 460 | 27.65 | 30.40 |
| 135. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 58.14 | 458 | 27.42 | 30.72 |
| 136. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 58.36 | 453 | 27.88 | 30.48 |
| 137. | JURASZEK Paweł | 94 | AZS AWF Katowice | 58.58 | 448 | 21.30 | 37.28 |
| 138. | NIEPYTALSKI Maciej | 07 | MPKS Orka Ciechanów | 58.61 | 447 | 27.98 | 30.63 |
| 139. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 59.18 | 434 | 28.12 | 31.06 |
| 140. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 59.43 | 429 | 28.12 | 31.31 |
| 141. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 59.54 | 427 | 27.92 | 31.62 |
| 142. | LIBERSKI Mikołaj | 07 | KS Warta Pozna | 59.58 | 426 | 28.83 | 30.75 |
| 143. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 59.62 | 425 | 28.90 | 30.72 |
| 144. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 59.73 | 423 | 27.64 | 32.09 |
| 145. | KOLUCH Franciszek | 07 | UKS Kapry-Armexim Pruszków | 59.86 | 420 | 27.68 | 32.18 |
| 146. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 59.99 | 417 | 28.52 | 31.47 |
| 147. | OLSZEWSKI Jakub | 08 | MKP Szczecin | 1:00.04 | 416 | 28.69 | 31.35 |
| | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 1:00.04 | 416 | 29.24 | 30.80 |
| 149. | SZARSZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 1:00.86 | 399 | 28.47 | 32.39 |
| 150. | WIADERNY Maksym | 06 | MKS Trójka Łód | 1:01.49 | 387 | 29.27 | 32.22 |
| 151. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:01.56 | 386 | 28.96 | 32.60 |
| 152. | PASZEK Adam | 08 | KP Aquapark W growiec | 1:01.82 | 381 | 29.33 | 32.49 |
| 153. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:01.90 | 380 | 29.72 | 32.18 |
| 154. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 1:01.98 | 378 | 30.05 | 31.93 |
| 155. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:02.53 | 368 | 30.20 | 32.33 |
| 156. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 1:02.80 | 364 | 29.92 | 32.88 |
| 157. | ST PNIAC Kacper | 99 | KU AZS Uniwersytetu Warszawskiego | 1:02.94 | 361 | | |
| 158. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 1:03.56 | 351 | 30.49 | 33.07 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, M czynn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------|------|------------------------|---|------|-------|-------|
| 159. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 1:03.81 | 347 | 31.11 | 32.70 |
| 160. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 1:04.00 | 343 | 29.40 | 34.60 |
| 161. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.32 | 295 | 26.87 | 40.45 |
| 162. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 1:09.05 | 273 | 33.19 | 35.86 |
| DYSKW. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | |
| DYSKW. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | |
| NW | OSTROWSKI Karol | 99 | MKP Szczecin | | | | |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | | | |

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|-----------------------------------|--------------|-----|-------|-------|
| 1. | GRACIK Daniel | 04 | Sport Club Pardubice | 49.24 | 755 | 23.44 | 25.80 |
| 2. | MISIAK Szymon | 05 | UKS Shark Rudna | 49.79 | 730 | 23.65 | 26.14 |
| 3. | GULI SKI Maciej | 04 | KU AZS Uniwersytetu Warszawskiego | 50.04 | 719 | 23.94 | 26.10 |
| 4. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 50.16 | 714 | 24.16 | 26.00 |
| 5. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 50.23 | 711 | 23.84 | 26.39 |
| 6. | PLAGA Dawid | 05 | TP Skalar Słupsk | 50.34 | 706 | 24.28 | 26.06 |
| 7. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 50.49 | 700 | 24.20 | 26.29 |
| 8. | WARZOCHA Gustaw | 04 | KS Warta Pozna | 50.69 | 692 | 24.14 | 26.55 |
| 9. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 50.71 | 691 | | |
| 10. | CIESIELSKI Artur | 04 | AZS UŁ PŁ Łód | 50.77 | 688 | 24.64 | 26.13 |
| 11. | TKACZ Wiktor | 05 | MKS Piaseczno | 50.81 | 687 | 24.98 | 25.83 |
| 12. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 50.89 | 684 | 24.44 | 26.45 |
| 13. | SEMERA Milan | 05 | KPS Ostrava | 51.60 | 656 | 24.94 | 26.66 |
| 14. | ZAREMBA Adam | 05 | WKS I sk | 51.77 | 649 | 25.09 | 26.68 |
| 15. | CZAPLA Kacper | 04 | MKP Szczecin | 51.96 | 642 | 24.32 | 27.64 |
| 16. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 52.15 | 635 | 25.28 | 26.87 |
| 17. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 52.18 | 634 | 25.38 | 26.80 |
| 18. | CHUPKA Patryk | 05 | WKS I sk | 52.22 | 633 | 24.94 | 27.28 |
| 19. | MOC Albert | 04 | Sport Club Pardubice | 52.37 | 627 | | |
| 20. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 52.40 | 626 | 25.04 | 27.36 |
| 21. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 52.57 | 620 | 25.15 | 27.42 |
| 22. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 52.90 | 609 | 24.84 | 28.06 |
| 23. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów” | 53.15 | 600 | 25.54 | 27.61 |
| 24. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 53.22 | 598 | 24.91 | 28.31 |
| 25. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 53.32 | 594 | 25.81 | 27.51 |
| 26. | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 53.86 | 577 | 25.56 | 28.30 |
| 27. | PASTERNAK Tomasz | 05 | UKS MOS w Opolu | 53.91 | 575 | 25.90 | 28.01 |
| 28. | JUCHNO Mikołaj | 05 | IKS Konstancin | 54.01 | 572 | 25.91 | 28.10 |
| 29. | WIEK Bła ej | 05 | UKS abianka Gda sk | 54.11 | 569 | 26.42 | 27.69 |
| 30. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.12 | 568 | 25.87 | 28.25 |
| 31. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 54.15 | 567 | 25.73 | 28.42 |
| 32. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 54.19 | 566 | | |
| 33. | KRYSIAK Kacper | 04 | MKS Trójka Łód | 54.58 | 554 | 25.96 | 28.62 |
| 34. | LICKUN Tycjan | 05 | MKP Szczecin | 54.85 | 546 | 26.06 | 28.79 |
| 35. | SIENKIEWICZ Ignacy | 05 | IKS Konstancin | 55.06 | 540 | 26.42 | 28.64 |
| 36. | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 55.24 | 534 | 26.56 | 28.68 |
| 37. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 55.35 | 531 | 26.29 | 29.06 |
| 38. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 55.40 | 530 | 26.39 | 29.01 |
| 39. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 55.49 | 527 | 25.66 | 29.83 |
| 40. | VORONTSOV Maksym | 05 | TP Zielona Góra | 55.99 | 513 | 27.41 | 28.58 |
| 41. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 56.69 | 494 | 26.89 | 29.80 |
| 42. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 56.77 | 492 | 26.32 | 30.45 |
| 43. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 56.85 | 490 | 27.41 | 29.44 |
| 44. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 57.80 | 466 | 27.71 | 30.09 |
| 45. | NOWAKOWSKI Maksymilian | 05 | UKP „Polonia Warszawa” | 59.62 | 425 | 28.90 | 30.72 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, Chłopców, 100m dowolny, 17 - 18 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------------|------------------------|------|----------------------------------|----------------|------|-------|-------|
| 46. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 1:04.00 | 343 | 29.40 | 34.60 |
| 47. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.32 | 295 | 26.87 | 40.45 |
| 16 lat | | | | | | | |
| 1. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródmi cie | 51.18 | 672 | 24.69 | 26.49 |
| 2. | KRUCKI Kajetan | 06 | KS Posenania Pozna | 51.40 | 663 | 24.44 | 26.96 |
| 3. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wod | 51.58 | 656 | | |
| 4. | PASZKOWSKI Bła ej | 06 | KU AZS UMCS Lublin | 51.61 | 655 | 24.51 | 27.10 |
| 5. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 51.72 | 651 | 24.79 | 26.93 |
| 6. | MIKULA Vilem | 06 | Sport Club Pardubice | 53.18 | 599 | 25.86 | 27.32 |
| 7. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wod | 53.20 | 598 | 25.55 | 27.65 |
| 8. | LIPIEC Maciej | 06 | WKS I sk | 53.70 | 582 | 26.07 | 27.63 |
| 9. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.04 | 571 | 26.01 | 28.03 |
| 10. | SZAREK Jan | 06 | WKS I sk | 54.14 | 568 | 26.28 | 27.86 |
| 11. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 54.26 | 564 | 25.71 | 28.55 |
| 12. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 54.32 | 562 | 26.15 | 28.17 |
| 13. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 54.72 | 550 | 26.05 | 28.67 |
| | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 54.72 | 550 | 26.23 | 28.49 |
| 15. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 54.86 | 546 | 26.70 | 28.16 |
| 16. | CIECHOMSKI Rafał | 06 | MKS „Astoria” Bydgoszcz | 55.23 | 535 | 26.68 | 28.55 |
| 17. | LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 55.42 | 529 | 26.10 | 29.32 |
| 18. | NOWAK Aleksander | 06 | MKP Szczecin | 55.59 | 524 | 26.75 | 28.84 |
| 19. | MICHNIEWICZ Marcel | 06 | WKS I sk | 55.75 | 520 | 26.68 | 29.07 |
| 20. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wod | 55.81 | 518 | 26.64 | 29.17 |
| 21. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 55.84 | 517 | 26.64 | 29.20 |
| 22. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 55.85 | 517 | 26.56 | 29.29 |
| 23. | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 55.89 | 516 | 26.73 | 29.16 |
| 24. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 55.94 | 515 | 26.49 | 29.45 |
| 25. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 56.98 | 487 | 27.19 | 29.79 |
| 26. | WAWRZYNIAK Filip | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.36 | 477 | 27.37 | 29.99 |
| 27. | STARZY SKI Filip | 06 | KP Aquapark W growiec | 57.73 | 468 | 27.53 | 30.20 |
| 28. | ROZMIAREK Mateusz | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 57.99 | 462 | 27.99 | 30.00 |
| 29. | NIECKARZ Paweł | 06 | UKS 190 Łód | 58.05 | 460 | 27.65 | 30.40 |
| 30. | WIADERNY Maksym | 06 | MKS Trójka Łód | 1:01.49 | 387 | 29.27 | 32.22 |
| DYSKW. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

15 lat

| | | | | | | | |
|-----|-------------------------|----|-------------------------------------|--------------|-----|-------|-------|
| 1. | PIETRO Przemysław | 07 | KU AZS UMCS Lublin | 50.58 | 696 | 24.37 | 26.21 |
| 2. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 51.48 | 660 | 24.64 | 26.84 |
| 3. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 53.22 | 598 | | |
| 4. | REDZI SKI VEL RYDZY SKI | 07 | UKP „Polonia Warszawa” | 53.45 | 590 | 25.54 | 27.91 |
| 5. | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 53.60 | 585 | 25.37 | 28.23 |
| 6. | HETMAN Mikołaj | 07 | MUKS "Pi tnastka" | 54.00 | 572 | 26.08 | 27.92 |
| 7. | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | 54.68 | 551 | 26.41 | 28.27 |
| 8. | KUSEK Mateusz | 07 | Mi dzyszkołny UKS „Olimpijczyk” Suw | 55.13 | 538 | 26.24 | 28.89 |
| 9. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 55.24 | 534 | 26.36 | 28.88 |
| 10. | PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 55.37 | 531 | 26.70 | 28.67 |
| 11. | SELDER Krystian | 07 | MKS Trójka Łód | 55.49 | 527 | 26.77 | 28.72 |
| 12. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 55.88 | 516 | 26.29 | 29.59 |
| 13. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 56.58 | 497 | 26.33 | 30.25 |
| 14. | POR BA Krzysztof | 07 | WKS I sk | 56.80 | 491 | 26.54 | 30.26 |
| 15. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 57.03 | 486 | 27.81 | 29.22 |
| 16. | KUŁTON Jakub | 07 | KS Warta Pozna | 57.15 | 483 | 27.42 | 29.73 |
| | MICHALCZUK Bartosz | 07 | WKS I sk | 57.15 | 483 | 27.61 | 29.54 |
| 18. | SAWI SKI Michał | 07 | ORKA Szamotuły | 57.30 | 479 | 27.63 | 29.67 |
| 19. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 57.43 | 475 | 27.94 | 29.49 |
| 20. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 57.50 | 474 | 27.38 | 30.12 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 13, Chłopców, 100m dowolny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|-----------------------|-------------------------------|----------------|------|-------|-------|
| 21. | TROSZCZY SKI Szymon | 07 Uks Cityzen | 57.72 | 468 | 27.32 | 30.40 |
| 22. | WIELGOSZ Borys | 07 MUKS "Pi tnastka" | 57.85 | 465 | 27.39 | 30.46 |
| 23. | SYLWESTROWICZ Wiktor | 07 MUKS "Pi tnastka" | 58.03 | 461 | 27.84 | 30.19 |
| 24. | GORAJ Bartłomiej | 07 UKS „Omega” Olkusz | 58.14 | 458 | 27.42 | 30.72 |
| 25. | MIELCZAREK Maciej | 07 UKP „Polonia Warszawa” | 58.36 | 453 | 27.88 | 30.48 |
| 26. | NIEPYTALSKI Maciej | 07 MPKS Orka Ciechanów | 58.61 | 447 | 27.98 | 30.63 |
| 27. | STAWIARSKI Oskar | 07 UKP „Polonia Warszawa” | 59.54 | 427 | 27.92 | 31.62 |
| 28. | LIBERSKI Mikołaj | 07 KS Warta Pozna | 59.58 | 426 | 28.83 | 30.75 |
| 29. | KOLUCH Franciszek | 07 UKS Kapry-Armexim Pruszków | 59.86 | 420 | 27.68 | 32.18 |
| 30. | SZARSZEWSKI Krzysztof | 07 MKP Astromal-Lesno | 1:00.86 | 399 | 28.47 | 32.39 |
| 31. | LITWI SKI Igor | 07 MUKP Korona-Swim Kielce | 1:01.98 | 378 | 30.05 | 31.93 |
| 32. | ABI SKI Igor | 07 UKS Tri-Team Rumia | 1:03.56 | 351 | 30.49 | 33.07 |

14 lat

| | | | | | | |
|--------|-----------------------|--------------------------------------|----------------|-----|-------|-------|
| 1. | ACZEK Hubert | 08 KS „Wisła” Puławy | 53.92 | 575 | 26.22 | 27.70 |
| 2. | JACKIEWICZ Piotr | 08 UKS G-8 Bielany Warszawa | 54.09 | 569 | 25.54 | 28.55 |
| 3. | OSÓBKA-MORAWSKI Eryk | 08 UKP „Polonia Warszawa” | 54.19 | 566 | 25.53 | 28.66 |
| 4. | MENTEL Igor | 08 KS Delfin Gdynia | 54.45 | 558 | 26.17 | 28.28 |
| 5. | GWIAZDOWSKI Krzysztof | 08 MKS Piaseczno | 56.01 | 513 | 27.03 | 28.98 |
| 6. | WASILEWSKI Mateusz | 08 KU AZS UMCS Lublin | 56.22 | 507 | 26.97 | 29.25 |
| 7. | RUTKIEWICZ Łukasz | 08 KS Warta Pozna | 56.51 | 499 | 26.83 | 29.68 |
| 8. | JA CZAK Michał | 08 Dwójka Morena Gda sk | 56.84 | 490 | 27.12 | 29.72 |
| 9. | SKULSKI Ryszard | 08 UKS Olympic Warka | 57.06 | 485 | 27.78 | 29.28 |
| 10. | ROSADA Szymon | 08 UKS Tri-Team Rumia | 57.31 | 478 | 27.24 | 30.07 |
| 11. | STARO Filip | 08 UKS abianka Gda sk | 57.35 | 477 | 28.14 | 29.21 |
| 12. | FEDASZ Alan | 08 UKP „Polonia Warszawa” | 57.56 | 472 | 27.55 | 30.01 |
| 13. | JANIEC Mateusz | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 57.68 | 469 | 27.74 | 29.94 |
| 14. | PIETRZYK Antoni | 08 KU AZS UAM Pozna | 59.18 | 434 | 28.12 | 31.06 |
| 15. | PAWLAK Michał | 08 TP Olimpijczyk Aleksandrów Łódzki | 59.43 | 429 | 28.12 | 31.31 |
| 16. | OL DZKI Daniel | 08 UKP „Polonia Warszawa” | 59.73 | 423 | 27.64 | 32.09 |
| 17. | MACKIEWICZ Piotr | 08 UKS "V" Łomianki | 59.99 | 417 | 28.52 | 31.47 |
| 18. | OLSZEWSKI Jakub | 08 MKP Szczecin | 1:00.04 | 416 | 28.69 | 31.35 |
| 19. | KOWALCZYK Sebastian | 08 UKS G-8 Bielany Warszawa | 1:00.04 | 416 | 29.24 | 30.80 |
| 20. | LESZCZY SKI Filip | 08 UKS 190 Łód | 1:01.56 | 386 | 28.96 | 32.60 |
| 21. | PASZEK Adam | 08 KP Aquapark W growiec | 1:01.82 | 381 | 29.33 | 32.49 |
| 22. | WERTE Ludwik | 08 Dwójka Morena Gda sk | 1:01.90 | 380 | 29.72 | 32.18 |
| 23. | MAŁOLEPSZY Krzysztof | 08 TP Olimpijczyk Aleksandrów Łódzki | 1:02.53 | 368 | 30.20 | 32.33 |
| 24. | STOPCZY SKI Kornel | 08 MPKS Orka Ciechanów | 1:02.80 | 364 | 29.92 | 32.88 |
| 25. | PIOTROWSKI Jakub | 08 UKS Tri-Team Rumia | 1:03.81 | 347 | 31.11 | 32.70 |
| 26. | NIEMCZURA Wiktor | 08 UKP „Polonia Warszawa” | 1:09.05 | 273 | 33.19 | 35.86 |
| DYSKW. | KUNKEL Mikołaj | 08 Dwójka Morena Gda sk | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW POTEMPA Igor 08 Uks Cityzen

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 14 Kobiet, 50m klasyczny 14 lat i starsi
2022.11.12 - 19:52 Wyniki

Rekord Polski 29.82 SZTANDERA Dominika POL Kopenhaga (DEN) 2017.12.13

Min. indywidualne na M (25m) Melbourne 2022 Open: 29.55 / Min. do sztafety na M (25m) Melbourne 2022 Open: 29.85

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|-------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 97 | SZTANDERA Dominika | 30.21 | 844 |
| 2. | 01 | MAZURKIEWICZ Barbara | 30.38 | 830 |
| 3. | 00 | HALLMANN Weronika | 31.29 | 760 |
| 4. | 06 | SOBCZAK Zofia | 31.54 | 742 |
| 5. | 99 | PLÍHALOVÁ Anna | 31.98 | 712 |
| 6. | 04 | TYMI SKA Zofia | 32.15 | 701 |
| 7. | 07 | TURBA SKA Marta | 32.36 | 687 |
| 8. | 06 | WRONA Ewa | 32.50 | 678 |
| 9. | 05 | BAŁDA Aleksandra | 32.55 | 675 |
| 10. | 05 | FISEROVA Marketa | 32.90 | 654 |
| 11. | 98 | JAKUBOWSKA Izabela | 33.00 | 648 |
| 12. | 07 | BORKOWSKA Dominika | 33.01 | 647 |
| 13. | 04 | STRZ DAŁA Karolina | 33.06 | 644 |
| 14. | 03 | OBAJTEK Aleksandra | 33.09 | 642 |
| 15. | 07 | KOT Emilia | 33.24 | 634 |
| 16. | 06 | JANASZEK-SEYDLITZ Zofia | 33.27 | 632 |
| 17. | 06 | KAMI SKA Zuzanna | 33.38 | 626 |
| 18. | 07 | KAWKA Zuzanna | 33.46 | 621 |
| 19. | 04 | ZIELI SKA Maria | 33.51 | 619 |
| 20. | 07 | PIETRZYK Hanna | 33.54 | 617 |
| 21. | 07 | SKROK Julia | 33.60 | 614 |
| 22. | 06 | JAROSZ Helena | 33.62 | 613 |
| 23. | 04 | OFMAN Julia | 33.70 | 608 |
| 24. | 06 | GŁOWACKA Weronika | 33.72 | 607 |
| 25. | 05 | S DŁAK Alicja | 33.86 | 600 |
| 26. | 06 | BIELAWA Anna | 34.01 | 592 |
| 27. | 04 | SIENKIEWICZ Martyna | 34.06 | 589 |
| 28. | 07 | SZOPA Natalia | 34.22 | 581 |
| 29. | 06 | KOTENKO Mariia | 34.38 | 573 |
| 30. | 04 | STUDZI SKA Nadia | 34.39 | 572 |
| 31. | 04 | MACIUSZEK Wiktoria | 34.41 | 571 |
| 32. | 07 | POŁOK Dominika | 34.43 | 570 |
| 33. | 07 | HLAVATA Eliska | 34.87 | 549 |
| 34. | 05 | BERNAT Laura | 35.07 | 540 |
| 35. | 06 | KAROLCZAK Pola | 35.26 | 531 |
| 36. | 05 | KOWALSKA Oliwia | 35.47 | 522 |
| 37. | 08 | HABARTA Larysa | 35.67 | 513 |
| 38. | 08 | GRACA Maja | 35.68 | 512 |
| 39. | 06 | KOŁODZIEJSKA Stefania | 36.07 | 496 |
| 40. | 07 | JEZIORSKA Natalia | 36.24 | 489 |
| 41. | 06 | WISZNIEWSKA Zuzanna | 36.52 | 478 |
| 42. | 05 | RONKIEWICZ Dominika | 36.54 | 477 |
| 43. | 05 | KOMOR Agata | 36.63 | 473 |
| 44. | 08 | JADCZUK Estella | 36.64 | 473 |
| 45. | 04 | WACHOWIAK Zofia | 37.09 | 456 |
| | 06 | MI KUS Alicja | 37.09 | 456 |
| 47. | 00 | BLUGE Angelika | 37.11 | 455 |
| 48. | 07 | WARSI SKA Julia | 37.21 | 452 |
| 49. | 06 | PERUZKOVA Nela | 37.35 | 447 |
| 50. | 08 | ZIELI SKA Małgorzata | 37.37 | 446 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 14, Kobiet, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------------------|---------------------------------|--------------|------|
| 51. | MYKA Natalia | 08 MKP „SŁOWIANKA" Gorzów Wlkp. | 37.45 | 443 |
| 52. | MOLAK Aniela | 07 UKS Ostrobramska | 37.48 | 442 |
| 53. | CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 37.78 | 432 |
| 54. | R ANY Wiktoria | 02 UKP Gryf D bica | 38.28 | 415 |
| 55. | R ANY Blanka | 08 UKP Gryf D bica | 38.33 | 413 |
| 56. | NAJI Kamila | 08 MKS Trójka Łód | 39.32 | 383 |
| 57. | WAWRZY尼亚K Julia | 07 Grupa 5Styl | 40.35 | 354 |
| 58. | PACZESNA Laura | 07 KP Aquapark W growiec | 46.11 | 237 |
| 59. | GOROCKIEWICZ Sylwia | 75 KS Warta Pozna | 57.80 | 120 |

17 - 18 lat

| | | | | |
|-----|---------------------|---------------------------------|--------------|-----|
| 1. | TYMI SKA Zofia | 04 UKP „Polonia Warszawa" | 32.15 | 701 |
| 2. | BAŁDA Aleksandra | 05 MKS Piaseczno | 32.55 | 675 |
| 3. | FISEROVA Marketa | 05 Sport Club Pardubice | 32.90 | 654 |
| 4. | STRZ DAŁA Karolina | 04 UKP „Polonia Warszawa" | 33.06 | 644 |
| 5. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 33.51 | 619 |
| 6. | OFMAN Julia | 04 KS KSZO Ostrowiec w. | 33.70 | 608 |
| 7. | S DŁAK Alicja | 05 MKS Jedyńka Łód | 33.86 | 600 |
| 8. | SIENKIEWICZ Martyna | 04 MUKS "Pi tnastka" | 34.06 | 589 |
| 9. | STUDZI SKA Nadia | 04 MUKS "Pi tnastka" | 34.39 | 572 |
| 10. | MACIUSZEK Wiktoria | 04 KS SWIM-ART Wrocław | 34.41 | 571 |
| 11. | BERNAT Laura | 05 KU AZS UMCS Lublin | 35.07 | 540 |
| 12. | KOWALSKA Oliwia | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 35.47 | 522 |
| 13. | RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 36.54 | 477 |
| 14. | KOMOR Agata | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 36.63 | 473 |
| 15. | WACHOWIAK Zofia | 04 MKS „Astoria" Bydgoszcz | 37.09 | 456 |

16 lat

| | | | | |
|-----|-------------------------|---------------------------------|--------------|-----|
| 1. | SOBCZAK Zofia | 06 UKS G-8 Bielany Warszawa | 31.54 | 742 |
| 2. | WRONA Ewa | 06 UKS „Jasie " Sucha Beskidzka | 32.50 | 678 |
| 3. | JANASZEK-SEYDLITZ Zofia | 06 UKS „GIM 92 Ursynów" | 33.27 | 632 |
| 4. | KAMI SKA Zuzanna | 06 KS KSZO Ostrowiec w. | 33.38 | 626 |
| 5. | JAROSZ Helena | 06 UKP Unia O wi cim | 33.62 | 613 |
| 6. | GŁOWACKA Weronika | 06 IKS Konstancin | 33.72 | 607 |
| 7. | BIELAWA Anna | 06 WKS I sk | 34.01 | 592 |
| 8. | KOTENKO Mariia | 06 MKP Szczecin | 34.38 | 573 |
| 9. | KAROLCZAK Pola | 06 MUKS "Pi tnastka" | 35.26 | 531 |
| 10. | KOŁODZIEJSKA Stefania | 06 UKS Tri-Team Rumia | 36.07 | 496 |
| 11. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa" | 36.52 | 478 |
| 12. | MI KUS Alicja | 06 UKS Ostrobramska | 37.09 | 456 |
| 13. | PERUZKOVA Nela | 06 Sport Club Pardubice | 37.35 | 447 |
| 14. | CHOR ZIAK Nikola | 06 MKP „SŁOWIANKA" Gorzów Wlkp. | 37.78 | 432 |

15 lat

| | | | | |
|-----|--------------------|--------------------------------------|--------------|-----|
| 1. | TURBA SKA Marta | 07 WKS I sk | 32.36 | 687 |
| 2. | BORKOWSKA Dominika | 07 UKS „Omega" Olkusz | 33.01 | 647 |
| 3. | KOT Emilia | 07 TP Zielona Góra | 33.24 | 634 |
| 4. | KAWKA Zuzanna | 07 KU AZS UAM Pozna | 33.46 | 621 |
| 5. | PIETRZYK Hanna | 07 TP Olimpijczyk Aleksandrów Łódzki | 33.54 | 617 |
| 6. | SKROK Julia | 07 WKS I sk | 33.60 | 614 |
| 7. | SZOPA Natalia | 07 UKP Gryf D bica | 34.22 | 581 |
| 8. | POŁOK Dominika | 07 UKS MOS w Opolu | 34.43 | 570 |
| 9. | HLAVATA Eliska | 07 Sport Club Pardubice | 34.87 | 549 |
| 10. | JEZIORSKA Natalia | 07 MKS Trójka Łód | 36.24 | 489 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 14, Dziewcz t, 50m klasyczny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------|--------------|------|
| 11. | 07 | WARSKI SKA Julia | 37.21 | 452 |
| 12. | 07 | MOLAK Aniela | 37.48 | 442 |
| 13. | 07 | WAWRZY尼亚K Julia | 40.35 | 354 |
| 14. | 07 | PACZESNA Laura | 46.11 | 237 |

14 lat

| | | | | |
|----|----|----------------------|--------------|-----|
| 1. | 08 | HABARTA Larysa | 35.67 | 513 |
| 2. | 08 | GRACA Maja | 35.68 | 512 |
| 3. | 08 | JADCZUK Estella | 36.64 | 473 |
| 4. | 08 | ZIELI SKA Małgorzata | 37.37 | 446 |
| 5. | 08 | MYKA Natalia | 37.45 | 443 |
| 6. | 08 | R ANY Blanka | 38.33 | 413 |
| 7. | 08 | NAJI Kamila | 39.32 | 383 |

Konkurencja 15

M czyzn, 50m klasyczny

14 lat i starsi

2022.11.12 - 19:54

Wyniki

Rekord Polski 26.19 PLUTECKI Adam POL Gorzow Wielkopolski 2009.11.28

Min. indywidualne na M (25m) Melbourne 2022 Open: 25.80 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.06

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|-----------------|---------|-------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 00 | KAŁUSOWSKI Jan | 26.82 | 805 |
| 2. | 03 | SKÓRA Bartosz | 27.27 | 765 |
| 3. | 02 | WIEKIERA Dawid | 27.32 | 761 |
| 4. | 94 | JURASZEK Paweł | 27.91 | 714 |
| 5. | 99 | SOLAK Łukasz | 28.01 | 706 |
| 6. | 04 | ISKRA Szymon | 28.09 | 700 |
| 7. | 05 | ŁUPI SKI Mateusz | 28.13 | 697 |
| 8. | 04 | URBA SKI Filip | 28.16 | 695 |
| 9. | 00 | BEBEROK Filip | 28.26 | 688 |
| 10. | 04 | WARZOCHA Gustaw | 28.37 | 680 |
| 11. | 03 | BARCZYK Jan | 28.43 | 675 |
| 12. | 97 | ROMANOWSKI Kamil | 28.48 | 672 |
| 13. | 97 | LECHOWICZ Filip | 28.59 | 664 |
| 14. | 00 | CERLICH Maksymilian | 28.61 | 663 |
| 15. | 05 | LOTER Bartosz | 28.62 | 662 |
| 16. | 06 | MAKSAJDA Kacper | 28.69 | 657 |
| 17. | 00 | KRYSTY尼亚K Mateusz | 28.75 | 653 |
| 18. | 05 | FALARZ Mateusz | 28.92 | 642 |
| 19. | 01 | WIECI SKI Andrzej | 28.93 | 641 |
| 20. | 99 | JUNG Krzysztof | 29.01 | 636 |
| 21. | 02 | BIELAWA Dominik | 29.03 | 634 |
| 22. | 02 | TOMCZAK Tymoteusz | 29.04 | 634 |
| | 04 | MINICHOWSKI Maksymilian | 29.04 | 634 |
| 24. | 97 | LONG Bryar | 29.08 | 631 |
| 25. | 04 | KALISZEWSKI Adrian | 29.09 | 630 |
| 26. | 05 | TKACZ Wiktor | 29.20 | 623 |
| 27. | 04 | LIS Jan | 29.23 | 621 |
| 28. | 07 | LVUTIN Lev | 29.59 | 599 |
| 29. | 03 | FILIPIAK Grzegorz | 29.61 | 598 |
| 30. | 00 | WO NIAK Maciej | 29.67 | 594 |
| 31. | 07 | CZOGAŁA Grzegorz | 29.74 | 590 |
| 32. | 05 | KUCHARCZYK Paweł | 29.76 | 589 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 15, M czyzn, 50m klasyczny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|----------------------|---------|-----------------------------------|--------------|------|
| 33. | KRIUKOW Aleksander | 06 | IKS Konstancin | 29.92 | 579 |
| 34. | KRÓL Aleksander | 06 | MKP Szczecin | 30.06 | 571 |
| 35. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 30.16 | 566 |
| 36. | ALEKSANDER Jakub | 02 | MKP Szczecin | 30.19 | 564 |
| 37. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 30.22 | 562 |
| 38. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 30.34 | 556 |
| 39. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 30.40 | 552 |
| 40. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 30.42 | 551 |
| 41. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 30.46 | 549 |
| 42. | TEPLY Jan | 03 | Sport Club Pardubice | 30.62 | 540 |
| 43. | SZYMKOWIAK Marcin | 80 | KS Warta Pozna | 30.71 | 536 |
| 44. | WIERCI SKI Kacper | 04 | MKP Szczecin | 30.81 | 531 |
| 45. | BIE U SKI Jakub | 07 | Squatina Ostroł ka | 30.88 | 527 |
| 46. | KRASOWSKI Szymon | 06 | KS Posnania Pozna | 30.94 | 524 |
| 47. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 31.06 | 518 |
| 48. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 31.08 | 517 |
| 49. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 31.09 | 516 |
| 50. | JANIAK Jakub | 05 | TP Zielona Góra | 31.10 | 516 |
| 51. | BOSIACKI Kamil | 07 | KS Posnania Pozna | 31.16 | 513 |
| 52. | PIOTROWSKI Marcel | 07 | MKS Piast Głogów | 31.27 | 507 |
| 53. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 31.35 | 504 |
| 54. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 31.39 | 502 |
| 55. | RADZIKOWSKI Szymon | 08 | WKS I sk | 31.44 | 499 |
| 56. | SEMERA Milan | 05 | KPS Ostrava | 31.59 | 492 |
| 57. | NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.67 | 488 |
| 58. | WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 31.78 | 483 |
| 59. | PRONIN Patryk | 07 | MKP Szczecin | 31.88 | 479 |
| 60. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 31.90 | 478 |
| 61. | PORWIK Kacper | 06 | UKP Unia O wi cim | 31.94 | 476 |
| 62. | GERMANEK Alexander | 04 | MKP Szczecin | 32.19 | 465 |
| 63. | BIELEWICZ Jan | 05 | KS Warta Pozna | 32.45 | 454 |
| | WENTLAND Miłosz | 07 | MKS Trójka Łód | 32.45 | 454 |
| | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 32.45 | 454 |
| 66. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 32.52 | 451 |
| 67. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 32.82 | 439 |
| 68. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 32.83 | 438 |
| 69. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 32.88 | 436 |
| 70. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 32.93 | 434 |
| 71. | SE Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 32.95 | 434 |
| 72. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 32.97 | 433 |
| 73. | YWICKI Wiktor | 08 | UKS „Ósemka" Toru | 32.99 | 432 |
| 74. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 33.32 | 419 |
| 75. | GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | 33.33 | 419 |
| 76. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 33.42 | 416 |
| 77. | NIECKARZ Paweł | 06 | UKS 190 Łód | 33.47 | 414 |
| 78. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 33.76 | 403 |
| 79. | PAWLAK Dawid | 08 | UKS 190 Łód | 34.82 | 367 |
| 80. | BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 34.85 | 366 |
| 81. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 35.00 | 362 |
| 82. | PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów Łódzki | 35.03 | 361 |
| 83. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 36.06 | 331 |
| 84. | KAMI SKI Maciej | 08 | MKP Szczecin | 36.11 | 329 |
| 85. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródemie cie | 37.38 | 297 |
| 86. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 37.46 | 295 |
| 87. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 39.07 | 260 |
| 88. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 41.64 | 215 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 15, M czyzn, 50m klasyczny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------|---------|-----------------------------|--------------|------|
| 89. | KRUPI SKI Paweł | 87 | WOPR Województwa Lubuskiego | 47.16 | 148 |
| NW | LINARD Bartosz | 04 | IKS Konstancin | | |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |

17 - 18 lat

| | | | | | |
|-----|-------------------------|----|--------------------------------|--------------|-----|
| 1. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 28.09 | 700 |
| 2. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 28.13 | 697 |
| 3. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 28.16 | 695 |
| 4. | WARZOCHA Gustaw | 04 | KS Warta Pozna | 28.37 | 680 |
| 5. | LOTER Bartosz | 05 | UKP Unia O wi cim | 28.62 | 662 |
| 6. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 28.92 | 642 |
| 7. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 29.04 | 634 |
| 8. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 29.09 | 630 |
| 9. | TKACZ Wiktor | 05 | MKS Piaseczno | 29.20 | 623 |
| 10. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 29.23 | 621 |
| 11. | KUCHARCZYK Paweł | 05 | UKP „Polonia Warszawa” | 29.76 | 589 |
| 12. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 30.16 | 566 |
| 13. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 30.34 | 556 |
| 14. | WIERCI SKI Kacper | 04 | MKP Szczecin | 30.81 | 531 |
| 15. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 31.09 | 516 |
| 16. | JANIAK Jakub | 05 | TP Zielona Góra | 31.10 | 516 |
| 17. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 31.35 | 504 |
| 18. | SEMEREA Milan | 05 | KPS Ostrava | 31.59 | 492 |
| 19. | GERMANEK Alexander | 04 | MKP Szczecin | 32.19 | 465 |
| 20. | BIELEWICZ Jan | 05 | KS Warta Pozna | 32.45 | 454 |
| 21. | SE Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 32.95 | 434 |
| 22. | ANDRZEJEWSKI Jan | 04 | ORKA Szamotuły | 37.46 | 295 |
| NW | LINARD Bartosz | 04 | IKS Konstancin | | |

16 lat

| | | | | | |
|-----|----------------------|----|------------------------------|--------------|-----|
| 1. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 28.69 | 657 |
| 2. | KRIUKOW Aleksander | 06 | IKS Konstancin | 29.92 | 579 |
| 3. | KRÓL Aleksander | 06 | MKP Szczecin | 30.06 | 571 |
| 4. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 30.46 | 549 |
| 5. | KRASOWSKI Szymon | 06 | KS Posnania Pozna | 30.94 | 524 |
| 6. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 31.39 | 502 |
| 7. | NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.67 | 488 |
| 8. | PORWIK Kacper | 06 | UKP Unia O wi cim | 31.94 | 476 |
| 9. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 32.52 | 451 |
| 10. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 32.83 | 438 |
| 11. | NIECKARZ Paweł | 06 | UKS 190 Łód | 33.47 | 414 |

15 lat

| | | | | | |
|-----|-------------------|----|--------------------------|--------------|-----|
| 1. | LVUTIN Lev | 07 | UKS Tri-Team Rumia | 29.59 | 599 |
| 2. | CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 29.74 | 590 |
| 3. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 30.22 | 562 |
| 4. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów" | 30.42 | 551 |
| 5. | BIE U SKI Jakub | 07 | Squatina Ostroł ka | 30.88 | 527 |
| 6. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 31.06 | 518 |
| 7. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 31.08 | 517 |
| 8. | BOSIACKI Kamil | 07 | KS Posnania Pozna | 31.16 | 513 |
| 9. | PIOTROWSKI Marcel | 07 | MKS Piast Głogów | 31.27 | 507 |
| 10. | WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 31.78 | 483 |
| 11. | PRONIN Patryk | 07 | MKP Szczecin | 31.88 | 479 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 15, Chłopców, 50m klasyczny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|--------------|------|
| 12. | 07 | WENTLAND Miłosz MKS Trójka Łódź | 32.45 | 454 |
| 13. | 07 | CYGA SKI Krzysztof UKS „GIM 92 Ursynów” | 32.88 | 436 |
| 14. | 07 | KRAS Mateusz UKS „GIM 92 Ursynów” | 32.93 | 434 |
| 15. | 07 | GARSTKA Aleksander MPKS Orka Ciechanów | 33.33 | 419 |
| 16. | 07 | OŁOWNIA Ignacy KS Delfin Gdynia | 33.42 | 416 |
| 17. | 07 | ABI SKI Igor UKS Tri-Team Rumia | 35.00 | 362 |

14 lat

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 08 | MAISTRUK Yehor UKS Tri-Team Rumia | 30.40 | 552 |
| 2. | 08 | RADZIKOWSKI Szymon WKS I sk | 31.44 | 499 |
| 3. | 08 | WASZTYL Kacper UKS MOS w Opolu | 31.90 | 478 |
| 4. | 08 | NOWAKOWSKI Kuba Uks Cityzen | 32.45 | 454 |
| 5. | 08 | NOWAK Krzysztof UKP „Polonia Warszawa” | 32.82 | 439 |
| 6. | 08 | KALISZEWSKI Patryk Ks "Marlin Mława" | 32.97 | 433 |
| 7. | 08 | YWICKI Wiktor UKS „Ósemka" Toru | 32.99 | 432 |
| 8. | 08 | KUBICA Wiktor UKS "V" Łomianki | 33.32 | 419 |
| 9. | 08 | TRUDNOS Ignacy UKS 190 Łódź | 33.76 | 403 |
| 10. | 08 | PAWLAK Dawid UKS 190 Łódź | 34.82 | 367 |
| 11. | 08 | BALCEROWICZ Ryszard UKS abianka Gdańsk | 34.85 | 366 |
| 12. | 08 | PAWLAK Michał TP Olimpijczyk Aleksandrów Łódzki | 35.03 | 361 |
| 13. | 08 | LESZCZY SKI Filip UKS 190 Łódź | 36.06 | 331 |
| 14. | 08 | KAMI SKI Maciej MKP Szczecin | 36.11 | 329 |
| 15. | 08 | JARECKI Bartosz UKS 48 Warszawa ródnie cie | 37.38 | 297 |
| 16. | 08 | WERTE Ludwik Dwójka Morena Gdańsk | 39.07 | 260 |
| 17. | 08 | KUNKEL Mikołaj Dwójka Morena Gdańsk | 41.64 | 215 |
| NW | 08 | POTEMPA Igor Uks Cityzen | | |

Konkurencja 16
2022.11.12 - 20:02

Kobiet, 200m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|---|---------|--------------------|-----|----------------|------------|
| Rekord Polski | 2:03.53 | JEDRZEJCZAK Otylia | POL | Debrecen (HUN) | 2007.12.13 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 2:06.60 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------|---------|---|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 03 | MAIK Julia Kaliski Klub Sportowy „Włóczęgi” Kalisz | 2:12.27 | 739 | 28.82 | 33.25 | 34.55 | 35.65 |
| 2. | 03 | FAMULOK Zuzanna AZS AWF Katowice | 2:13.56 | 718 | 29.99 | 33.57 | 34.79 | 35.21 |
| 3. | 05 | KLUSEK Aleksandra UKP „Polonia Warszawa” | 2:15.47 | 688 | 30.82 | 35.26 | 34.27 | 35.12 |
| 4. | 06 | PIEKARSKA Natalia UKS 190 Łódź | 2:19.52 | 630 | 31.33 | 36.29 | 36.06 | 35.84 |
| 5. | 07 | GRZESIAK Oliwia WKS I sk | 2:22.27 | 594 | 31.79 | 36.78 | 36.40 | 37.30 |
| 6. | 05 | MICHALSKA Julia WKS I sk | 2:22.51 | 591 | 31.58 | 36.82 | 37.32 | 36.79 |
| 7. | 06 | JUDA Aleksandra UKP Unia Owiścim | 2:22.84 | 587 | 32.32 | 36.52 | 36.89 | 37.11 |
| 8. | 06 | MACIAK Julia IUKS „Muszelka" Warszawa | 2:23.31 | 581 | | | | |
| 9. | 05 | BUKOWSKA Olga MKP Szczecin | 2:25.06 | 560 | | | | |
| 10. | 05 | PASIEROWSKA Wiktoria UKS „GIM 92 Ursynów” | 2:25.43 | 556 | | | | |
| 11. | 04 | HAŁADYN Kamila UKS SP-149 Łódź | 2:25.63 | 554 | 32.97 | 36.87 | 38.11 | 37.68 |
| 12. | 03 | VOJTALOVÁ Andrea KPS Ostrava | 2:25.85 | 551 | 31.98 | 37.22 | 37.56 | 39.09 |
| 13. | 04 | RACZY SKA Wiktoria AZS UŁ PŁ Łódź | 2:26.07 | 549 | | | | |
| 14. | 05 | WIDERSKA Joanna UKS Nawa Skierniewice | 2:26.11 | 548 | 33.06 | 36.75 | 37.68 | 38.62 |
| 15. | 07 | GORGOSZ Małgorzata UKS Aquatica Pawłowice | 2:26.53 | 543 | | | | |
| 16. | 07 | GLI SKA Oliwia TP Zielona Góra | 2:26.63 | 542 | 32.12 | 37.27 | 37.98 | 39.26 |
| 17. | 07 | POPPE Marta KU AZS UMCS Lublin | 2:26.98 | 538 | | | | |
| 18. | 06 | CHALUPOVA Adela Sport Club Pardubice | 2:27.86 | 529 | 31.33 | 36.90 | 39.82 | 39.81 |
| 19. | 06 | SULAK Antonina UKS Piłka Konstantynów | 2:28.05 | 527 | 32.99 | 37.40 | 38.07 | 39.59 |
| 20. | 05 | SAMORAJ Oliwia MKS Piaseczno | 2:28.28 | 524 | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 16, Kobiet, 200m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 21. | DUDA Anna | 07 MKP Szczecin | 2:28.60 | 521 | | | | |
| | PLAGA Olga | 07 TP Skalar Słupsk | 2:28.60 | 521 | | | | |
| 23. | TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów | 2:31.06 | 496 | 33.26 | 38.28 | 39.52 | 40.00 |
| 24. | BERNACKA Wiktoria | 08 MKP „SŁOWIANKA” Gorzów | 2:31.31 | 493 | 33.82 | 38.70 | 39.04 | 39.75 |
| 25. | KONDRASIUK Zofia | 08 UKS „GIM 92 Ursynów” | 2:32.25 | 484 | 32.82 | 37.52 | 40.67 | 41.24 |
| 26. | BUBNOWICZ Waleria | 06 Grudzi dzki KP „Orka” | 2:33.18 | 476 | 33.59 | 39.00 | 39.95 | 40.64 |
| 27. | RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów | 2:33.53 | 472 | 33.74 | 39.51 | 40.65 | 39.63 |
| 28. | SKALI SKA Ewa | 05 IKS Konstancin | 2:34.61 | 463 | 34.83 | 39.22 | 40.04 | 40.52 |
| 29. | BA KOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:36.12 | 449 | 34.00 | 38.77 | 39.94 | 43.41 |
| 30. | BUDZE Monika | 07 MKP Astromal-Leszno | 2:37.04 | 441 | 33.50 | 39.51 | 41.28 | 42.75 |
| 31. | MIKUŁA Natalia | 06 UKS 190 Łód | 2:38.48 | 429 | 34.76 | 40.79 | 42.02 | 40.91 |
| 32. | ONICHIMIUK Alicja | 08 KU AZS UAM Pozna | 2:41.61 | 405 | 35.54 | 40.82 | 43.00 | 42.25 |
| | NW KNOP Aleksandra | 03 UKS 190 Łód | | | | | | |
| | NIE UK. ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | | | | | |

17 - 18 lat

| | | | | | | | | |
|----|----------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 2:15.47 | 688 | 30.82 | 35.26 | 34.27 | 35.12 |
| 2. | MICHALSKA Julia | 05 WKS I sk | 2:22.51 | 591 | 31.58 | 36.82 | 37.32 | 36.79 |
| 3. | BUKOWSKA Olga | 05 MKP Szczecin | 2:25.06 | 560 | | | | |
| 4. | PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 2:25.43 | 556 | | | | |
| 5. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 2:25.63 | 554 | 32.97 | 36.87 | 38.11 | 37.68 |
| 6. | RACZY SKA Wiktoria | 04 AZS UŁ PŁ Łód | 2:26.07 | 549 | | | | |
| 7. | WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 2:26.11 | 548 | 33.06 | 36.75 | 37.68 | 38.62 |
| 8. | SAMORAJ Oliwia | 05 MKS Piaseczno | 2:28.28 | 524 | | | | |
| 9. | SKALI SKA Ewa | 05 IKS Konstancin | 2:34.61 | 463 | 34.83 | 39.22 | 40.04 | 40.52 |

16 lat

| | | | | | | | | |
|----|---------------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PIEKARSKA Natalia | 06 UKS 190 Łód | 2:19.52 | 630 | 31.33 | 36.29 | 36.06 | 35.84 |
| 2. | JUDA Aleksandra | 06 UKP Unia O wi cim | 2:22.84 | 587 | 32.32 | 36.52 | 36.89 | 37.11 |
| 3. | MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 2:23.31 | 581 | | | | |
| 4. | CHALUPOVA Adela | 06 Sport Club Pardubice | 2:27.86 | 529 | 31.33 | 36.90 | 39.82 | 39.81 |
| 5. | SULAK Antonina | 06 UKS Pi tka Konstantynów | 2:28.05 | 527 | 32.99 | 37.40 | 38.07 | 39.59 |
| 6. | BUBNOWICZ Waleria | 06 Grudzi dzki KP „Orka” | 2:33.18 | 476 | 33.59 | 39.00 | 39.95 | 40.64 |
| 7. | MIKUŁA Natalia | 06 UKS 190 Łód | 2:38.48 | 429 | 34.76 | 40.79 | 42.02 | 40.91 |
| | NIE UK. ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | | | | | |

15 lat

| | | | | | | | | |
|----|--------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GRZESIAK Oliwia | 07 WKS I sk | 2:22.27 | 594 | 31.79 | 36.78 | 36.40 | 37.30 |
| 2. | GORGOSZ Małgorzata | 07 UKS Aquatica Pawłowice | 2:26.53 | 543 | | | | |
| 3. | GLI SKA Oliwia | 07 TP Zielona Góra | 2:26.63 | 542 | 32.12 | 37.27 | 37.98 | 39.26 |
| 4. | POPPE Marta | 07 KU AZS UMCS Lublin | 2:26.98 | 538 | | | | |
| 5. | DUDA Anna | 07 MKP Szczecin | 2:28.60 | 521 | | | | |
| | PLAGA Olga | 07 TP Skalar Słupsk | 2:28.60 | 521 | | | | |
| 7. | BUDZE Monika | 07 MKP Astromal-Leszno | 2:37.04 | 441 | 33.50 | 39.51 | 41.28 | 42.75 |

14 lat

| | | | | | | | | |
|----|--------------------|-------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów | 2:31.06 | 496 | 33.26 | 38.28 | 39.52 | 40.00 |
| 2. | BERNACKA Wiktoria | 08 MKP „SŁOWIANKA” Gorzów | 2:31.31 | 493 | 33.82 | 38.70 | 39.04 | 39.75 |
| 3. | KONDRASIUK Zofia | 08 UKS „GIM 92 Ursynów” | 2:32.25 | 484 | 32.82 | 37.52 | 40.67 | 41.24 |
| 4. | RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów | 2:33.53 | 472 | 33.74 | 39.51 | 40.65 | 39.63 |
| 5. | BA KOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:36.12 | 449 | 34.00 | 38.77 | 39.94 | 43.41 |
| 6. | ONICHIMIUK Alicja | 08 KU AZS UAM Pozna | 2:41.61 | 405 | 35.54 | 40.82 | 43.00 | 42.25 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 17
2022.11.12 - 20:02

M czyzn, 200m motylkowy

14 lat i starsi
Wyniki

Rekord Polski 1:50.13 KORZENIOWSKI Pawel POL Istanbul (TUR) 2009.12.12

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:51.83

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|--------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | CHMIELEWSKI Krzysztof 04 | IUKS „Muszelka” Warszawa | 1:51.84 | 906 | 25.56 | 28.55 | 28.79 | 28.94 |
| 2. | ZUBIK Jan 03 | UKP „Polonia Warszawa” | 1:53.65 | 863 | 25.63 | 29.19 | 29.24 | 29.59 |
| 3. | JA KIEWICZ Adrian 02 | UKS G-8 Bielany Warszawa | 1:55.29 | 827 | 26.24 | 29.25 | 29.94 | 29.86 |
| 4. | POPRAWA Michał 94 | AZS AWF Katowice | 1:55.37 | 825 | 25.86 | 28.88 | 29.67 | 30.96 |
| 5. | CHRZANOWSKI Damian 98 | WKS I sk | 1:56.81 | 795 | 26.06 | 29.13 | 30.46 | 31.16 |
| 6. | CHMIELEWSKI Michał 04 | IUKS „Muszelka” Warszawa | 1:58.57 | 760 | 27.25 | 30.37 | 30.49 | 30.46 |
| 7. | MICHTA Bartosz 05 | KS KSZO Ostrowiec w. | 1:59.99 | 734 | 27.63 | 30.63 | 30.82 | 30.91 |
| 8. | POPIEL Mikołaj 06 | KU AZS UMCS Lublin | 2:00.19 | 730 | 27.34 | 30.44 | 31.54 | 30.87 |
| 9. | TOMASZEWSKI Aleks 04 | KS KSZO Ostrowiec w. | 2:00.87 | 718 | 27.22 | 31.17 | 30.98 | 31.50 |
| 10. | WARZOCHA Albert 01 | KS Warta Pozna | 2:01.31 | 710 | 27.13 | 31.18 | 31.35 | 31.65 |
| 11. | OLEWNICZAK Maciej 05 | UKP „Polonia Warszawa” | 2:01.72 | 703 | 27.07 | 31.81 | 31.44 | 31.40 |
| 12. | DZIERKACZ Igor 05 | UKS G-8 Bielany Warszawa | 2:03.53 | 672 | 28.17 | 31.34 | 31.57 | 32.45 |
| 13. | STY Aleksander 06 | UKP „Polonia Warszawa” | 2:03.54 | 672 | 26.59 | 31.42 | 32.65 | 32.88 |
| 14. | GAJDA Jan 07 | MKS Trójka Łód | 2:05.17 | 646 | 27.46 | 31.82 | 32.73 | 33.16 |
| 15. | ZDYBEL Adam 05 | KS Delfin Gdynia | 2:05.91 | 635 | 28.70 | 32.42 | 32.39 | 32.40 |
| 16. | SZAL Mateusz 00 | UKS MOS w Opolu | 2:06.90 | 620 | 27.19 | 32.99 | 33.58 | 33.14 |
| 17. | LARY Jerzy 06 | IUKS „Muszelka” Warszawa | 2:07.47 | 612 | 29.01 | 32.40 | 32.98 | 33.08 |
| 18. | KNOPP Jarosław 04 | MUKS "Pi tnastka" | 2:08.25 | 601 | 28.74 | 32.39 | 32.82 | 34.30 |
| 19. | WO NICKI Dominik 06 | UKP Unia O wi cim | 2:08.32 | 600 | 29.37 | 32.82 | 33.23 | 32.90 |
| 20. | DRABCZYK Krystian 04 | UKP Unia O wi cim | 2:09.33 | 586 | 29.29 | 33.19 | 33.38 | 33.47 |
| 21. | WIERASZKA Bartosz 07 | TP Zielona Góra | 2:10.23 | 574 | 29.48 | 33.52 | 33.79 | 33.44 |
| 22. | GRZYWI SKI Jakub 07 | KU AZS UMCS Lublin | 2:11.09 | 562 | 29.40 | 33.68 | 34.16 | 33.85 |
| 23. | GRUDZI SKI Karol 06 | MKS Juwenia Wrocław | 2:11.11 | 562 | 30.59 | 34.27 | 34.13 | 32.12 |
| 24. | DRAHORAD Pavel 04 | Sport Club Pardubice | 2:11.52 | 557 | 28.86 | 33.83 | 34.71 | 34.12 |
| 25. | BORKOWSKI Marcel 07 | KS Neptun widnica | 2:11.94 | 552 | 29.24 | 33.23 | 34.40 | 35.07 |
| 26. | GORAJ Bartłomiej 07 | UKS „Omega” Olkusz | 2:12.22 | 548 | 28.67 | 35.48 | 33.41 | 34.66 |
| 27. | PARADOWSKI Michał 06 | MKP „SŁOWIANKA” Gorzów | 2:12.42 | 546 | 29.88 | 34.03 | 33.97 | 34.54 |
| 28. | DWORAKOWSKI Bła ej 07 | KS Delfin Gdynia | 2:12.43 | 546 | 29.42 | 34.23 | 34.63 | 34.15 |
| 29. | NOVOTNY Adam 07 | Sport Club Pardubice | 2:15.05 | 514 | 29.96 | 34.69 | 35.36 | 35.04 |
| 30. | GÓRSKI Antoni 08 | MUKP Korona-Swim Kielce | 2:15.32 | 511 | 29.59 | 34.15 | 35.62 | 35.96 |
| 31. | OKO Maksymilian 05 | UKS „GIM 92 Ursynów” | 2:15.66 | 507 | 29.53 | 33.72 | 35.50 | 36.91 |
| 32. | BURZY SKI Oskar 06 | MKP Szczecin | 2:16.01 | 504 | 30.19 | 34.81 | 35.36 | 35.65 |
| 33. | URBA SKI Maciej 06 | Mokotowski UKP Warszawa | 2:18.25 | 479 | 30.21 | 34.98 | 35.97 | 37.09 |
| 34. | BIELIENKOV Nikita 08 | KS Warta Pozna | 2:18.92 | 473 | 30.65 | 34.71 | 37.05 | 36.51 |
| 35. | OKTABOWICZ Piotr 06 | UKS Olympic Warka | 2:18.98 | 472 | 30.37 | 34.75 | 37.12 | 36.74 |
| 36. | TARCZY SKI Bartosz 07 | UKS 190 Łód | 2:19.79 | 464 | 31.87 | 36.59 | 36.08 | 35.25 |
| 37. | FILIPIAK Mateusz 07 | MUKS "Pi tnastka" | 2:19.97 | 462 | 29.20 | 35.22 | 37.40 | 38.15 |
| 38. | KOWOLIK Alex 04 | UKP Unia O wi cim | 2:21.11 | 451 | 29.15 | 34.48 | 38.64 | 38.84 |
| 39. | MATOFIJ Mikołaj 05 | UKS Siódemka Gdynia | 2:25.92 | 408 | 30.68 | 35.93 | 39.03 | 40.28 |
| 40. | HLUSHCHENKO Zakhar 06 | UKS 190 Łód | 2:29.09 | 382 | 30.94 | 37.29 | 40.48 | 40.38 |
| NW | CHOWANIEC Mateusz 03 | AZS AWF Katowice | | | | | | |
| NW | LINARD Bartosz 04 | IKS Konstancin | | | | | | |

17 - 18 lat

| | | | | | | | | |
|-----|--------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CHMIELEWSKI Krzysztof 04 | IUKS „Muszelka” Warszawa | 1:51.84 | 906 | 25.56 | 28.55 | 28.79 | 28.94 |
| 2. | CHMIELEWSKI Michał 04 | IUKS „Muszelka” Warszawa | 1:58.57 | 760 | 27.25 | 30.37 | 30.49 | 30.46 |
| 3. | MICHTA Bartosz 05 | KS KSZO Ostrowiec w. | 1:59.99 | 734 | 27.63 | 30.63 | 30.82 | 30.91 |
| 4. | TOMASZEWSKI Aleks 04 | KS KSZO Ostrowiec w. | 2:00.87 | 718 | 27.22 | 31.17 | 30.98 | 31.50 |
| 5. | OLEWNICZAK Maciej 05 | UKP „Polonia Warszawa” | 2:01.72 | 703 | 27.07 | 31.81 | 31.44 | 31.40 |
| 6. | DZIERKACZ Igor 05 | UKS G-8 Bielany Warszawa | 2:03.53 | 672 | 28.17 | 31.34 | 31.57 | 32.45 |
| 7. | ZDYBEL Adam 05 | KS Delfin Gdynia | 2:05.91 | 635 | 28.70 | 32.42 | 32.39 | 32.40 |
| 8. | KNOPP Jarosław 04 | MUKS "Pi tnastka" | 2:08.25 | 601 | 28.74 | 32.39 | 32.82 | 34.30 |
| 9. | DRABCZYK Krystian 04 | UKP Unia O wi cim | 2:09.33 | 586 | 29.29 | 33.19 | 33.38 | 33.47 |
| 10. | DRAHORAD Pavel 04 | Sport Club Pardubice | 2:11.52 | 557 | 28.86 | 33.83 | 34.71 | 34.12 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 17, Chłopców, 200m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------------------|---------|----------------------|----------------|------|-------|-------|-------|-------|
| 11. OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 2:15.66 | 507 | 29.53 | 33.72 | 35.50 | 36.91 |
| 12. KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:21.11 | 451 | 29.15 | 34.48 | 38.64 | 38.84 |
| 13. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:25.92 | 408 | 30.68 | 35.93 | 39.03 | 40.28 |
| NW LINARD Bartosz | 04 | IKS Konstancin | | | | | | |

16 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:00.19 | 730 | 27.34 | 30.44 | 31.54 | 30.87 |
| 2. STY Aleksander | 06 | UKP „Polonia Warszawa" | 2:03.54 | 672 | 26.59 | 31.42 | 32.65 | 32.88 |
| 3. LARY Jerzy | 06 | IUKS „Muszelka" Warszawa | 2:07.47 | 612 | 29.01 | 32.40 | 32.98 | 33.08 |
| 4. WO NICKI Dominik | 06 | UKP Unia O wi cim | 2:08.32 | 600 | 29.37 | 32.82 | 33.23 | 32.90 |
| 5. GRUDZI SKI Karol | 06 | MKS Juwenia Wrocław | 2:11.11 | 562 | 30.59 | 34.27 | 34.13 | 32.12 |
| 6. PARADOWSKI Michał | 06 | MKP „SŁOWIANKA" Gorzów | 2:12.42 | 546 | 29.88 | 34.03 | 33.97 | 34.54 |
| 7. BURZY SKI Oskar | 06 | MKP Szczecin | 2:16.01 | 504 | 30.19 | 34.81 | 35.36 | 35.65 |
| 8. URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:18.25 | 479 | 30.21 | 34.98 | 35.97 | 37.09 |
| 9. OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 2:18.98 | 472 | 30.37 | 34.75 | 37.12 | 36.74 |
| 10. HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 2:29.09 | 382 | 30.94 | 37.29 | 40.48 | 40.38 |

15 lat

| | | | | | | | | |
|-----------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. GAJDA Jan | 07 | MKS Trójka Łód | 2:05.17 | 646 | 27.46 | 31.82 | 32.73 | 33.16 |
| 2. WIERASZKA Bartosz | 07 | TP Zielona Góra | 2:10.23 | 574 | 29.48 | 33.52 | 33.79 | 33.44 |
| 3. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:11.09 | 562 | 29.40 | 33.68 | 34.16 | 33.85 |
| 4. BORKOWSKI Marcel | 07 | KS Neptun widnica | 2:11.94 | 552 | 29.24 | 33.23 | 34.40 | 35.07 |
| 5. GORAJ Bartłomiej | 07 | UKS „Omega" Olkusz | 2:12.22 | 548 | 28.67 | 35.48 | 33.41 | 34.66 |
| 6. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 2:12.43 | 546 | 29.42 | 34.23 | 34.63 | 34.15 |
| 7. NOVOTNY Adam | 07 | Sport Club Pardubice | 2:15.05 | 514 | 29.96 | 34.69 | 35.36 | 35.04 |
| 8. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:19.79 | 464 | 31.87 | 36.59 | 36.08 | 35.25 |
| 9. FILIPIAK Mateusz | 07 | MUKS "Pi tnastka" | 2:19.97 | 462 | 29.20 | 35.22 | 37.40 | 38.15 |

14 lat

| | | | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:15.32 | 511 | 29.59 | 34.15 | 35.62 | 35.96 |
| 2. BIELIENKOV Nikita | 08 | KS Warta Pozna | 2:18.92 | 473 | 30.65 | 34.71 | 37.05 | 36.51 |

Konkurencja 18

Kobiet, 100m grzbietowy

14 lat i starsi

2022.11.12 - 20:02

Wyniki

Rekord Polski 57.09 TCHÓRZ Alicja POL Budapeszt (HUN) 2020.10.27

Min. indywidualne na M (25m) Melbourne 2022 Open: 56.99 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.56

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|--------------------------|---------|---------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. PEDA Paulina | 98 | AZS AWF Katowice | 57.14 | 886 | 27.83 | 29.31 |
| 2. PISKORSKA Adela | 03 | KU AZS UMCS Lublin | 57.79 | 856 | 27.87 | 29.92 |
| 3. TRENTKIEWICZ Dominika | 04 | UKS MOS w Opolu | 1:00.01 | 765 | 29.07 | 30.94 |
| 4. HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 1:02.13 | 689 | 30.28 | 31.85 |
| 5. PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:02.65 | 672 | 30.34 | 32.31 |
| 6. WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 1:03.37 | 649 | 30.26 | 33.11 |
| 7. PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 1:03.59 | 643 | 30.77 | 32.82 |
| 8. HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 1:03.96 | 632 | 31.07 | 32.89 |
| 9. BATÓG Dominika | 05 | UKS abianka Gda sk | 1:04.22 | 624 | 31.01 | 33.21 |
| 10. BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.30 | 622 | 30.89 | 33.41 |
| 11. SOBU Julia | 04 | UKP Unia O wi cim | 1:04.53 | 615 | 31.35 | 33.18 |
| 12. MACURA Kinga | 06 | UKP Unia O wi cim | 1:04.94 | 603 | 31.55 | 33.39 |
| 13. SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 1:05.06 | 600 | 31.49 | 33.57 |
| 14. CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:05.11 | 599 | 31.63 | 33.48 |
| 15. KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:05.16 | 597 | 31.46 | 33.70 |
| 16. JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:05.48 | 589 | 31.80 | 33.68 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 18, Kobiety, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|-------------------------|----|-----------------------------------|-------------------|-----|-------|-------|
| 17. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:05.66 | 584 | 32.27 | 33.39 |
| 18. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" | 1:05.75 | 581 | 32.09 | 33.66 |
| 19. | NABOJ ENKO Daryna | 02 | Ústecká akademie plaveckých sport | 1:05.77 | 581 | 30.67 | 35.10 |
| 20. | KARLI SKA Paula | 05 | MKP Szczecin | 1:05.86 | 578 | 31.49 | 34.37 |
| 21. | NAPIERALCZYK Martyna | 08 | WKS I sk | 1:05.98 | 575 | 32.25 | 33.73 |
| 22. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 1:06.10 | 572 | 31.78 | 34.32 |
| 23. | JANIK Julia | 06 | UKS 190 Łódź | 1:06.28 | 567 | 32.24 | 34.04 |
| 24. | KEMPA Kinga | 05 | AZS AWF Katowice | 1:06.32 | 566 | 31.08 | 35.24 |
| 25. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:06.47 rk | 563 | 31.47 | 35.00 |
| 26. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 1:06.66 | 558 | 31.83 | 34.83 |
| 27. | MICHALSKA Weronika | 06 | Uks Cityzen | 1:07.11 | 547 | 32.50 | 34.61 |
| 28. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:07.51 | 537 | 32.19 | 35.32 |
| 29. | DZIADEK Amelia | 05 | KS Warta Poznań | 1:07.65 | 534 | 32.64 | 35.01 |
| 30. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:07.71 | 532 | 33.44 | 34.27 |
| 31. | RENNER Laura | 08 | KU AZS UAM Poznań | 1:08.06 | 524 | 32.54 | 35.52 |
| 32. | PARADOWSKA Oliwia | 06 | UKS abianka Gdańsk | 1:08.46 | 515 | 33.48 | 34.98 |
| 33. | JAKOWSKA Julia | 08 | UKS MOS w Opolu | 1:08.51 | 514 | 33.61 | 34.90 |
| 34. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 1:08.64 | 511 | 33.00 | 35.64 |
| 35. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wc | 1:08.76 rk | 508 | 32.96 | 35.80 |
| 36. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:08.82 | 507 | 33.17 | 35.65 |
| 37. | PITY SKA Klara | 06 | WKS I sk | 1:09.17 | 499 | 33.44 | 35.73 |
| 38. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:09.43 | 494 | 33.33 | 36.10 |
| 39. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 1:09.88 | 484 | 33.22 | 36.66 |
| 40. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:09.91 | 484 | 33.49 | 36.42 |
| 41. | YAKYMENKO Sofija | 07 | MKP Szczecin | 1:10.29 | 476 | 33.78 | 36.51 |
| 42. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 1:10.33 | 475 | 33.11 | 37.22 |
| 43. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.02 | 461 | 34.19 | 36.83 |
| 44. | CZECHYRA Agata | 03 | KS Warta Poznań | 1:11.39 | 454 | 34.42 | 36.97 |
| 45. | GRACKA Hanna | 07 | MKP Szczecin | 1:11.44 | 453 | 34.55 | 36.89 |
| 46. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.51 | 452 | 35.06 | 36.45 |
| 47. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:11.61 | 450 | 34.30 | 37.31 |
| 48. | MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 1:11.77 | 447 | 34.86 | 36.91 |
| 49. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa" | 1:13.26 | 420 | 34.79 | 38.47 |
| 50. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:14.17 | 405 | 35.54 | 38.63 |
| 51. | POŁE Hanna | 07 | MKS Trójka Łódź | 1:14.76 | 395 | 35.81 | 38.95 |
| 52. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:16.86 rk | 364 | 36.39 | 40.47 |
| 53. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:18.02 | 348 | 37.72 | 40.30 |
| 54. | POLI SKA Natalia | 07 | MKS Trójka Łódź | 1:18.69 | 339 | 38.30 | 40.39 |
| 55. | TRELKA Zuzanna | 08 | Dwójka Morena Gdańsk | 1:27.70 | 245 | 43.04 | 44.66 |
| NW | KRÓL Gabriela | 06 | KS „Wisła" Puławy | | | | |

17 - 18 lat

| | | | | | | | |
|-----|-----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | TRENTKIEWICZ Dominika | 04 | UKS MOS w Opolu | 1:00.01 | 765 | 29.07 | 30.94 |
| 2. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:02.65 | 672 | 30.34 | 32.31 |
| 3. | PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 1:03.59 | 643 | 30.77 | 32.82 |
| 4. | BATÓG Dominika | 05 | UKS abianka Gdańsk | 1:04.22 | 624 | 31.01 | 33.21 |
| 5. | SOBU Julia | 04 | UKP Unia O wi cim | 1:04.53 | 615 | 31.35 | 33.18 |
| 6. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:05.16 | 597 | 31.46 | 33.70 |
| 7. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:05.66 | 584 | 32.27 | 33.39 |
| 8. | KARLI SKA Paula | 05 | MKP Szczecin | 1:05.86 | 578 | 31.49 | 34.37 |
| 9. | KEMPA Kinga | 05 | AZS AWF Katowice | 1:06.32 | 566 | 31.08 | 35.24 |
| 10. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 1:06.66 | 558 | 31.83 | 34.83 |
| 11. | DZIADEK Amelia | 05 | KS Warta Poznań | 1:07.65 | 534 | 32.64 | 35.01 |
| 12. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:08.82 | 507 | 33.17 | 35.65 |
| 13. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.51 | 452 | 35.06 | 36.45 |
| 14. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:14.17 | 405 | 35.54 | 38.63 |
| 15. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:16.86 rk | 364 | 36.39 | 40.47 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 18, Kobiet, 100m grzbietowy

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 1:03.37 | 649 | 30.26 | 33.11 |
| 2. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:04.30 | 622 | 30.89 | 33.41 |
| 3. | MACURA Kinga | 06 | UKP Unia O wi cim | 1:04.94 | 603 | 31.55 | 33.39 |
| 4. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 1:05.06 | 600 | 31.49 | 33.57 |
| 5. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:05.48 | 589 | 31.80 | 33.68 |
| 6. | JANIK Julia | 06 | UKS 190 Łód | 1:06.28 | 567 | 32.24 | 34.04 |
| 7. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:06.47 | 563 | 31.47 | 35.00 |
| 8. | MICHALSKA Weronika | 06 | Uks Cityzen | 1:07.11 | 547 | 32.50 | 34.61 |
| 9. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:07.71 | 532 | 33.44 | 34.27 |
| 10. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 1:08.46 | 515 | 33.48 | 34.98 |
| 11. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 1:08.64 | 511 | 33.00 | 35.64 |
| 12. | PITY SKA Klara | 06 | WKS I sk | 1:09.17 | 499 | 33.44 | 35.73 |
| 13. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 1:09.88 | 484 | 33.22 | 36.66 |
| 14. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:09.91 | 484 | 33.49 | 36.42 |
| 15. | MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 1:11.77 | 447 | 34.86 | 36.91 |
| NW | KRÓL Gabriela | 06 | KS „Wisła" Puławy | | | | |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 1:05.11 | 599 | 31.63 | 33.48 |
| 2. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" | 1:05.75 | 581 | 32.09 | 33.66 |
| 3. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 1:06.10 | 572 | 31.78 | 34.32 |
| 4. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawianka- Wc | 1:08.76 | 508 | 32.96 | 35.80 |
| 5. | YAKYMENKO Sofija | 07 | MKP Szczecin | 1:10.29 | 476 | 33.78 | 36.51 |
| 6. | GRACKA Hanna | 07 | MKP Szczecin | 1:11.44 | 453 | 34.55 | 36.89 |
| 7. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa" | 1:13.26 | 420 | 34.79 | 38.47 |
| 8. | POŁE Hanna | 07 | MKS Trójka Łód | 1:14.76 | 395 | 35.81 | 38.95 |
| 9. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:18.02 | 348 | 37.72 | 40.30 |
| 10. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:18.69 | 339 | 38.30 | 40.39 |

14 lat

| | | | | | | | |
|----|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 1:03.96 | 632 | 31.07 | 32.89 |
| 2. | NAPIERALCZYK Martyna | 08 | WKS I sk | 1:05.98 | 575 | 32.25 | 33.73 |
| 3. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:07.51 | 537 | 32.19 | 35.32 |
| 4. | RENNER Laura | 08 | KU AZS UAM Pozna | 1:08.06 | 524 | 32.54 | 35.52 |
| 5. | JA KOWSKA Julia | 08 | UKS MOS w Opolu | 1:08.51 | 514 | 33.61 | 34.90 |
| 6. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:09.43 | 494 | 33.33 | 36.10 |
| 7. | KOZIEJSKA Zuzanna | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:11.02 | 461 | 34.19 | 36.83 |
| 8. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:11.61 | 450 | 34.30 | 37.31 |
| 9. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 1:27.70 | 245 | 43.04 | 44.66 |
| PK | PRASAŁ Aleksandra | 09 | MUKP Korona-Swim Kielce | 1:04.57 | 614 | 31.62 | 32.95 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 19
2022.11.12 - 20:04

Mężczyźni, 100m grzbietowy

14 lat i starsi
Wyniki

Rekord Polski 49.23 KAW CKI Radosław POL Lublin 2015.12.20

Min. indywidualne na M (25m) Melbourne 2022 Open: 49.93 / Min. do sztafety na M (25m) Melbourne 2022 Open: 50.43

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-----------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 94 | AZS AWF Katowice | 51.39 | 831 | 24.26 | 27.13 |
| 2. | 91 | UKS G-8 Bielany Warszawa | 52.26 | 790 | 25.95 | 26.31 |
| 3. | 04 | AZS AWF Warszawa | 52.27 | 790 | 25.52 | 26.75 |
| 4. | 03 | AZS AWF Katowice | 52.97 | 759 | 25.66 | 27.31 |
| 5. | 01 | Sport Club Pardubice | 53.10 | 753 | 25.61 | 27.49 |
| 6. | 04 | Sport Club Pardubice | 53.94 | 719 | 25.92 | 28.02 |
| 7. | 00 | AZS AWF Katowice | 54.57 | 694 | 26.08 | 28.49 |
| 8. | 99 | AZS AWF Katowice | 54.83 | 684 | 26.65 | 28.18 |
| 9. | 02 | KS AZS AGH Kraków | 55.15 | 672 | 26.21 | 28.94 |
| 10. | 03 | Ústecká akademie plaveckých sport | 55.51 | 659 | 26.40 | 29.11 |
| 11. | 04 | TP Zielona Góra | 55.55 | 658 | 26.20 | 29.35 |
| 12. | 06 | KU AZS UMCS Lublin | 56.12 | 638 | 27.37 | 28.75 |
| 13. | 05 | UKS abianka Gdańsk | 56.27 | 633 | 26.97 | 29.30 |
| 14. | 01 | MKP Szczecin | 56.33 | 631 | 26.50 | 29.83 |
| 15. | 05 | UKS 51 Lublin | 56.35 | 630 | 27.54 | 28.81 |
| 16. | 05 | TP Zielona Góra | 56.68 | 619 | 27.05 | 29.63 |
| 17. | 99 | MKP Szczecin | 57.10 | 606 | 27.38 | 29.72 |
| 18. | 05 | UKS abianka Gdańsk | 57.16 | 604 | 27.83 | 29.33 |
| 19. | 07 | MKS Trójka Łódź | 57.36 | 598 | 27.87 | 29.49 |
| 20. | 07 | UKS G-8 Bielany Warszawa | 57.41 | 596 | 27.47 | 29.94 |
| 21. | 06 | Mokotowski UKP Warszawianka- Wod | 57.58 | 591 | 27.92 | 29.66 |
| 22. | 04 | UKS „GIM 92 Ursynów” | 57.67 | 588 | 27.61 | 30.06 |
| 23. | 08 | UKP „Polonia Warszawa” | 57.68 | 588 | 27.80 | 29.88 |
| 24. | 06 | TP Skalar Słupsk | 58.14 | 574 | 28.16 | 29.98 |
| 25. | 04 | MKS Trójka Łódź | 58.90 | 552 | 28.76 | 30.14 |
| 26. | 08 | UKS G-8 Bielany Warszawa | 58.91 | 552 | 28.57 | 30.34 |
| 27. | 05 | UKS "V" Łomianki | 59.10 | 546 | 28.59 | 30.51 |
| 28. | 05 | UKS MOS w Opolu | 59.13 | 546 | 28.31 | 30.82 |
| 29. | 06 | UKS 190 Łódź | 59.34 | 540 | 28.84 | 30.50 |
| 30. | 05 | UKP „Polonia Warszawa” | 59.36 | 539 | 28.57 | 30.79 |
| 31. | 06 | UKS 48 Warszawa ródmi cie | 59.79 | 528 | 28.65 | 31.14 |
| 32. | 06 | UKP „Polonia Warszawa” | 59.80 | 527 | 28.60 | 31.20 |
| 33. | 04 | MKP Szczecin | 59.90 | 525 | 28.94 | 30.96 |
| 34. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.08 | 520 | 29.07 | 31.01 |
| 35. | 05 | MKP Szczecin | 1:00.15 | 518 | 28.83 | 31.32 |
| 36. | 07 | UKS 48 Warszawa ródmi cie | 1:00.22 | 516 | 28.58 | 31.64 |
| 37. | 06 | UKS abianka Gdańsk | 1:00.26 | 515 | 29.18 | 31.08 |
| 38. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.30 | 514 | 29.17 | 31.13 |
| 39. | 07 | MKS Trójka Łódź | 1:00.36 | 513 | 28.97 | 31.39 |
| 40. | 08 | UKS abianka Gdańsk | 1:00.77 | 503 | 29.86 | 30.91 |
| 41. | 08 | UKS abianka Gdańsk | 1:00.90 | 499 | 29.52 | 31.38 |
| 42. | 05 | IKS Konstancin | 1:01.26 | 491 | 29.54 | 31.72 |
| 43. | 07 | UKS „GIM 92 Ursynów” | 1:01.59 | 483 | 30.23 | 31.36 |
| 44. | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.13 | 470 | 29.86 | 32.27 |
| 45. | 07 | UKS "V" Łomianki | 1:02.30 | 466 | 30.68 | 31.62 |
| 46. | 07 | UKP „Polonia Warszawa” | 1:02.56 | 461 | 30.52 | 32.04 |
| 47. | 08 | UKS abianka Gdańsk | 1:02.70 | 457 | 30.42 | 32.28 |
| 48. | 00 | KS AZS AWF Wrocław | 1:02.81 | 455 | 30.43 | 32.38 |
| 49. | 05 | MKS Piaseczno | 1:03.18 | 447 | 30.32 | 32.86 |
| 50. | 08 | UKS „GIM 92 Ursynów” | 1:03.26 | 445 | 30.50 | 32.76 |
| 51. | 08 | UKS G-8 Bielany Warszawa | 1:03.50 | 440 | 30.93 | 32.57 |
| 52. | 06 | UKS MOS w Opolu | 1:03.63 | 438 | 30.56 | 33.07 |
| 53. | 05 | MKP Szczecin | 1:04.28 | 425 | 30.94 | 33.34 |
| 54. | 08 | UKS abianka Gdańsk | 1:05.19 | 407 | 31.91 | 33.28 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 19, M czynn, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|--|---------------------|---------------------------------|----------------|-----|-------|-------|
| 55. | FEDERKIEWICZ Hubert | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:05.52 | 401 | 31.79 | 33.73 |
| 56. | STAWIARSKI Oskar | 07 UKP „Polonia Warszawa” | 1:05.86 | 395 | 31.75 | 34.11 |
| 57. | RODZIEWICZ Bartosz | 07 MKP Szczecin | 1:07.90 | 360 | 32.54 | 35.36 |
| 58. | OLSZEWSKI Jakub | 08 MKP Szczecin | 1:08.92 | 344 | 33.25 | 35.67 |
| 59. | NIEPYTALSKI Maciej | 07 MPKS Orka Ciechanów | 1:10.56 | 321 | 34.63 | 35.93 |
| 60. | OL DZKI Daniel | 08 UKP „Polonia Warszawa” | 1:10.71 | 319 | 33.55 | 37.16 |
| 61. | STOPCZY SKI Kornel | 08 MPKS Orka Ciechanów | 1:16.45 | 252 | 36.97 | 39.48 |
| DYSKW. | KACZMAREK Michał | 06 UKS G-8 Bielany Warszawa | | | | |
| <i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i> | | | | | | |
| NW | LUDWICZAK Piotr | 96 AZS AWF Katowice | | | | |
| NW | JANYGA Dariusz | 66 KS Warta Pozna | | | | |
| NW | KOLUCH Franciszek | 07 UKS Kapry-Armexim Pruszków | | | | |

17 - 18 lat

| | | | | | | |
|-----|-----------------------|---------------------------------|----------------|-----|-------|-------|
| 1. | KOSI SKI Filip | 04 AZS AWF Warszawa | 52.27 | 790 | 25.52 | 26.75 |
| 2. | GRACIK Daniel | 04 Sport Club Pardubice | 53.94 | 719 | 25.92 | 28.02 |
| 3. | PRUSZY SKI Michał | 04 TP Zielona Góra | 55.55 | 658 | 26.20 | 29.35 |
| 4. | JANKOWSKI Przemysław | 05 UKS abianka Gda sk | 56.27 | 633 | 26.97 | 29.30 |
| 5. | SUCHA SKI Filip | 05 UKS 51 Lublin | 56.35 | 630 | 27.54 | 28.81 |
| 6. | SZPALER Jakub | 05 TP Zielona Góra | 56.68 | 619 | 27.05 | 29.63 |
| 7. | SETLAK Marcel | 05 UKS abianka Gda sk | 57.16 | 604 | 27.83 | 29.33 |
| 8. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów” | 57.67 | 588 | 27.61 | 30.06 |
| 9. | STANISŁAWSKI Bartosz | 04 MKS Trójka Łód | 58.90 | 552 | 28.76 | 30.14 |
| 10. | SZCZ SNY Stanisław | 05 UKS "V" Łomianki | 59.10 | 546 | 28.59 | 30.51 |
| 11. | PASTERNAK Tomasz | 05 UKS MOS w Opolu | 59.13 | 546 | 28.31 | 30.82 |
| 12. | SZEWCZYK Roch | 05 UKP „Polonia Warszawa” | 59.36 | 539 | 28.57 | 30.79 |
| 13. | MY LIWIEC Bartosz | 04 MKP Szczecin | 59.90 | 525 | 28.94 | 30.96 |
| 14. | JANKOWSKI Antoni | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.08 | 520 | 29.07 | 31.01 |
| 15. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 1:00.15 | 518 | 28.83 | 31.32 |
| 16. | WAŁCERZ Maksymilian | 04 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.30 | 514 | 29.17 | 31.13 |
| 17. | JUCHNO Mikołaj | 05 IKS Konstancin | 1:01.26 | 491 | 29.54 | 31.72 |
| 18. | KASPRZAK Krzysztof | 05 MKS Piaseczno | 1:03.18 | 447 | 30.32 | 32.86 |
| 19. | LICKUN Tycjan | 05 MKP Szczecin | 1:04.28 | 425 | 30.94 | 33.34 |

16 lat

| | | | | | | |
|--|------------------------|-------------------------------------|----------------|-----|-------|-------|
| 1. | PASZKOWSKI Bła ej | 06 KU AZS UMCS Lublin | 56.12 | 638 | 27.37 | 28.75 |
| 2. | POPOW Igor | 06 Mokotowski UKP Warszawianka- Wod | 57.58 | 591 | 27.92 | 29.66 |
| 3. | KONKEL Filip | 06 TP Skalar Słupsk | 58.14 | 574 | 28.16 | 29.98 |
| 4. | PACEWICZ Wiktor | 06 UKS 190 Łód | 59.34 | 540 | 28.84 | 30.50 |
| 5. | DUBINIAK Kacper | 06 UKS 48 Warszawa ródmi cie | 59.79 | 528 | 28.65 | 31.14 |
| 6. | LUCOW Jan | 06 UKP „Polonia Warszawa” | 59.80 | 527 | 28.60 | 31.20 |
| 7. | DUBIEL Wiktor | 06 UKS abianka Gda sk | 1:00.26 | 515 | 29.18 | 31.08 |
| 8. | TOPOLNICKI Maksymilian | 06 UKS MOS w Opolu | 1:03.63 | 438 | 30.56 | 33.07 |
| DYSKW. | KACZMAREK Michał | 06 UKS G-8 Bielany Warszawa | | | | |
| <i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i> | | | | | | |

15 lat

| | | | | | | |
|-----|--------------------|---------------------------------|----------------|-----|-------|-------|
| 1. | URBANIAC Olivier | 07 MKS Trójka Łód | 57.36 | 598 | 27.87 | 29.49 |
| 2. | LESIK Oskar | 07 UKS G-8 Bielany Warszawa | 57.41 | 596 | 27.47 | 29.94 |
| 3. | ŁAZAROWICZ Janusz | 07 UKS 48 Warszawa ródmi cie | 1:00.22 | 516 | 28.58 | 31.64 |
| 4. | GAJDA Jan | 07 MKS Trójka Łód | 1:00.36 | 513 | 28.97 | 31.39 |
| 5. | CUR Kacper | 07 UKS „GIM 92 Ursynów” | 1:01.59 | 483 | 30.23 | 31.36 |
| 6. | PERA Jan | 07 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.13 | 470 | 29.86 | 32.27 |
| 7. | WÓJCIAK Oliwier | 07 UKS "V" Łomianki | 1:02.30 | 466 | 30.68 | 31.62 |
| 8. | MRUGAŁA Michał | 07 UKP „Polonia Warszawa” | 1:02.56 | 461 | 30.52 | 32.04 |
| 9. | STAWIARSKI Oskar | 07 UKP „Polonia Warszawa” | 1:05.86 | 395 | 31.75 | 34.11 |
| 10. | RODZIEWICZ Bartosz | 07 MKP Szczecin | 1:07.90 | 360 | 32.54 | 35.36 |
| 11. | NIEPYTALSKI Maciej | 07 MPKS Orka Ciechanów | 1:10.56 | 321 | 34.63 | 35.93 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 19, Chłopców, 100m grzbietowy, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|--------------------------|---------------------------------|----------------|------|-------|-------|
| NW KOLUCH Franciszek | 07 UKS Kapry-Armexim Pruszków | | | | |
| 14 lat | | | | | |
| 1. ZGODA Szymon | 08 UKP „Polonia Warszawa” | 57.68 | 588 | 27.80 | 29.88 |
| 2. DOBRYJANOWICZ Michał | 08 UKS G-8 Bielany Warszawa | 58.91 | 552 | 28.57 | 30.34 |
| 3. ŁUSZCZY SKI Krzysztof | 08 UKS abianka Gda sk | 1:00.77 | 503 | 29.86 | 30.91 |
| 4. BIE KOWSKI Mateusz | 08 UKS abianka Gda sk | 1:00.90 | 499 | 29.52 | 31.38 |
| 5. TREDER Konrad | 08 UKS abianka Gda sk | 1:02.70 | 457 | 30.42 | 32.28 |
| 6. ŁUBI SKI Szymon | 08 UKS „GIM 92 Ursynów” | 1:03.26 | 445 | 30.50 | 32.76 |
| 7. KOWALCZYK Sebastian | 08 UKS G-8 Bielany Warszawa | 1:03.50 | 440 | 30.93 | 32.57 |
| 8. KONIECZNY Witold | 08 UKS abianka Gda sk | 1:05.19 | 407 | 31.91 | 33.28 |
| 9. FEDERKIEWICZ Hubert | 08 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:05.52 | 401 | 31.79 | 33.73 |
| 10. OLSZEWSKI Jakub | 08 MKP Szczecin | 1:08.92 | 344 | 33.25 | 35.67 |
| 11. OL DZKI Daniel | 08 UKP „Polonia Warszawa” | 1:10.71 | 319 | 33.55 | 37.16 |
| 12. STOPCZY SKI Kornel | 08 MPKS Orka Ciechanów | 1:16.45 | 252 | 36.97 | 39.48 |

Konkurencja 20

Kobiet, 200m zmienny

14 lat i starsi

2022.11.12 - 20:08

Wyniki

Rekord Polski 2:07.97 TCHÓRZ Alicja POL Lublin 2015.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:08.60

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. GU Wiktoria | 04 MKP Szczecin | 2:15.58 | 726 | 30.41 | 35.28 | 39.70 | 30.19 |
| 2. FAMULOK Zuzanna | 03 AZS AWF Katowice | 2:16.21 | 716 | 30.08 | 36.47 | 38.75 | 30.91 |
| 3. KRÓL Gabriela | 06 KS „Wisła” Puławy | 2:16.46 | 712 | 29.60 | 35.31 | 39.86 | 31.69 |
| 4. DZWONNIK Zuzanna | 00 TP Olimpijczyk Aleksandrów | 2:19.27 | 669 | 30.61 | 36.05 | 40.17 | 32.44 |
| 5. JAROSZ Helena | 06 UKP Unia O wi cim | 2:19.30 | 669 | 30.62 | 36.41 | 39.39 | 32.88 |
| 6. KAMI SKA Anna | 03 AZS AWF Warszawa | 2:19.67 | 664 | 30.59 | 36.12 | 40.61 | 32.35 |
| 7. WRONA Ewa | 06 UKS „Jasie ” Sucha Beskid | 2:20.54 | 651 | 31.11 | 36.02 | 39.39 | 34.02 |
| 8. GRACJASZ Wiktoria | 08 UKS „Jasie ” Sucha Beskid | 2:21.10 | 644 | 30.09 | 35.73 | 42.93 | 32.35 |
| 9. PALICKA Wiktoria | 05 TP Skalar Słupsk | 2:21.14 | 643 | 30.95 | 34.25 | 43.19 | 32.75 |
| 10. S DŁAK Alicja | 05 MKS Jedylnka Łód | 2:21.37 | 640 | 31.36 | 37.28 | 40.27 | 32.46 |
| 11. LECHOWSKA Magdalena | 06 WKS I sk | 2:22.12 | 630 | 31.10 | 35.84 | 41.50 | 33.68 |
| 12. SŁABOSZ Emilia | 05 SMS O wi cim | 2:22.85 | 620 | 31.66 | 36.46 | 42.50 | 32.23 |
| 13. VOJTALOVÁ Andrea | 03 KPS Ostrava | 2:22.96 | 619 | 31.77 | 35.75 | 41.76 | 33.68 |
| 14. GRO Weronika | 03 MKS „Astoria” Bydgoszcz | 2:23.10 | 617 | 31.58 | 36.11 | 40.39 | 35.02 |
| 15. JACH Tamara | 06 WKS I sk | 2:23.61 | 610 | 31.94 | 37.23 | 41.17 | 33.27 |
| 16. RAKOWSKA Marta | 06 DOKiS SP Vega Dobrodzie | 2:24.01 | 605 | 31.49 | 37.21 | 43.10 | 32.21 |
| 17. WO NICA Milena | 04 UKS abianka Gda sk | 2:24.10 | 604 | 32.07 | 38.94 | 40.01 | 33.08 |
| 18. SKROK Julia | 07 WKS I sk | 2:24.45 | 600 | 31.58 | 38.75 | 39.83 | 34.29 |
| 19. GŁOWACKA Weronika | 06 IKS Konstancin | 2:24.56 | 599 | 32.16 | 38.84 | 39.97 | 33.59 |
| 20. ZI BA Anastazja | 05 MUKS "Pi tnastka" | 2:24.92 | 594 | 30.15 | 37.38 | 42.49 | 34.90 |
| 21. ADAMCZYK Karolina | 06 Mokotowski UKP Warszawi | 2:25.40 | 588 | 30.96 | 36.73 | 43.44 | 34.27 |
| 22. PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 2:25.53 | 587 | 31.97 | 36.30 | 43.63 | 33.63 |
| 23. RYFKA Maja | 06 SMS O wi cim | 2:25.73 | 584 | 30.89 | 36.95 | 44.72 | 33.17 |
| 24. CIEPLUCHA Bianka | 08 SKS 137 Delfin Łód | 2:27.14 | 568 | 32.45 | 38.13 | 42.76 | 33.80 |
| 25. SZARGIEJ Aleksandra | 06 UKS abianka Gda sk | 2:27.42 | 564 | 32.03 | 36.00 | 45.91 | 33.48 |
| 26. BUKOWSKA Olga | 05 MKP Szczecin | 2:27.87 | 559 | 32.07 | 39.45 | 42.76 | 33.59 |
| 27. NOWAK Gabriela | 05 MUKS "Pi tnastka" | 2:29.87 | 537 | 30.36 | 37.00 | 44.67 | 37.84 |
| 28. HLAVATA Eliska | 07 Sport Club Pardubice | 2:30.64 | 529 | 31.75 | 39.80 | 43.30 | 35.79 |
| 29. KAROLCZAK Pola | 06 MUKS "Pi tnastka" | 2:30.74 | 528 | 32.37 | 38.36 | 43.44 | 36.57 |
| 30. BATÓG Dominika | 05 UKS abianka Gda sk | 2:31.03 | 525 | 30.86 | 37.13 | 46.43 | 36.61 |
| 31. SIEDLEWSKA Marcelina | 07 UKP „Polonia Warszawa” | 2:31.36 | 521 | 35.06 | 37.26 | 44.24 | 34.80 |
| 32. OFMAN Julia | 04 KS KSZO Ostrowiec w. | 2:31.37 | 521 | 34.12 | 39.56 | 41.69 | 36.00 |
| 33. BRANDYSKA Aneta | 07 Sport Club Pardubice | 2:31.49 | 520 | 32.71 | 38.70 | 43.64 | 36.44 |
| 34. POPPE Marta | 07 KU AZS UMCS Lublin | 2:32.09 | 514 | 33.25 | 39.76 | 44.77 | 34.31 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 20, Kobiet, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 35. | ŁOBODA Maria | 08 | Uks Cityzen | 2:32.29 | 512 | 32.19 | 39.10 | 45.48 | 35.52 |
| 36. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 2:32.39 | 511 | 31.61 | 38.51 | 45.55 | 36.72 |
| 37. | DUDA Anna | 07 | MKP Szczecin | 2:33.58 | 499 | 31.53 | 40.76 | 46.15 | 35.14 |
| 38. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów” | 2:33.69 | 498 | 34.04 | 38.61 | 44.69 | 36.35 |
| 39. | JEZIORSKA Natalia | 07 | MKS Trójka Łódź | 2:34.73 | 488 | 34.07 | 40.64 | 44.31 | 35.71 |
| 40. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 2:35.02 | 485 | 35.77 | 39.39 | 43.89 | 35.97 |
| 41. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawi | 2:35.18 | 484 | 31.71 | 39.34 | 47.22 | 36.91 |
| 42. | RUTKOWSKA Aneta | 07 | MKS Trójka Łódź | 2:37.07 | 466 | 34.50 | 40.14 | 43.58 | 38.85 |
| 43. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa” | 2:37.11 | 466 | 32.82 | 38.47 | 47.66 | 38.16 |
| 44. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 2:38.79 | 451 | 34.11 | 42.39 | 44.19 | 38.10 |
| 45. | ALEKSANDROWICZ H. | 06 | MKP Szczecin | 2:38.82 | 451 | 34.15 | 40.43 | 47.74 | 36.50 |
| 46. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 2:40.06 | 441 | 34.63 | 42.02 | 45.60 | 37.81 |
| 47. | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | 2:40.09 | 441 | 32.72 | 40.38 | 49.49 | 37.50 |
| 48. | KARLI SKA Paula | 05 | MKP Szczecin | 2:40.63 | 436 | 34.13 | 40.83 | 48.17 | 37.50 |
| 49. | ST PKA Amelia | 08 | UKS 190 Łódź | 2:44.87 | 403 | 36.53 | 43.93 | 47.97 | 36.44 |
| 50. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA” Gorzów | 2:48.27 | 379 | 36.61 | 45.71 | 46.32 | 39.63 |
| DYSKW. | GLI SKA Oliwia | 07 | TP Zielona Góra | | | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zajął ciu pozycji nieruchomej a przed sygnałem startu.

| | | | |
|---------|-----------------|----|--------------------------|
| NW | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa |
| NIE UK. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa |

17 - 18 lat

| | | | | | | | | | |
|---------|----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GU Wiktoria | 04 | MKP Szczecin | 2:15.58 | 726 | 30.41 | 35.28 | 39.70 | 30.19 |
| 2. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:21.14 | 643 | 30.95 | 34.25 | 43.19 | 32.75 |
| 3. | S DŁAK Alicja | 05 | MKS Jedynka Łódź | 2:21.37 | 640 | 31.36 | 37.28 | 40.27 | 32.46 |
| 4. | SŁABOSZ Emilia | 05 | SMS O wi cim | 2:22.85 | 620 | 31.66 | 36.46 | 42.50 | 32.23 |
| 5. | WO NICA Milena | 04 | UKS abianka Gda sk | 2:24.10 | 604 | 32.07 | 38.94 | 40.01 | 33.08 |
| 6. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 2:24.92 | 594 | 30.15 | 37.38 | 42.49 | 34.90 |
| 7. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów” | 2:25.53 | 587 | 31.97 | 36.30 | 43.63 | 33.63 |
| 8. | BUKOWSKA Olga | 05 | MKP Szczecin | 2:27.87 | 559 | 32.07 | 39.45 | 42.76 | 33.59 |
| 9. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 2:29.87 | 537 | 30.36 | 37.00 | 44.67 | 37.84 |
| 10. | BATÓG Dominika | 05 | UKS abianka Gda sk | 2:31.03 | 525 | 30.86 | 37.13 | 46.43 | 36.61 |
| 11. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 2:31.37 | 521 | 34.12 | 39.56 | 41.69 | 36.00 |
| 12. | KARLI SKA Paula | 05 | MKP Szczecin | 2:40.63 | 436 | 34.13 | 40.83 | 48.17 | 37.50 |
| NIE UK. | TUPALSKA Oliwia | 05 | UKS G-8 Bielany Warszawa | | | | | | |

16 lat

| | | | | | | | | | |
|-----|---------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KRÓL Gabriela | 06 | KS „Wisła” Puławy | 2:16.46 | 712 | 29.60 | 35.31 | 39.86 | 31.69 |
| 2. | JAROSZ Helena | 06 | UKP Unia O wi cim | 2:19.30 | 669 | 30.62 | 36.41 | 39.39 | 32.88 |
| 3. | WRONA Ewa | 06 | UKS „Jasie ” Sucha Beskid | 2:20.54 | 651 | 31.11 | 36.02 | 39.39 | 34.02 |
| 4. | LECHOWSKA Magdalena | 06 | WKS I sk | 2:22.12 | 630 | 31.10 | 35.84 | 41.50 | 33.68 |
| 5. | JACH Tamara | 06 | WKS I sk | 2:23.61 | 610 | 31.94 | 37.23 | 41.17 | 33.27 |
| 6. | RAKOWSKA Marta | 06 | DOKiS SP Vega Dobrodzie | 2:24.01 | 605 | 31.49 | 37.21 | 43.10 | 32.21 |
| 7. | GŁOWACKA Weronika | 06 | IKS Konstancin | 2:24.56 | 599 | 32.16 | 38.84 | 39.97 | 33.59 |
| 8. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawi | 2:25.40 | 588 | 30.96 | 36.73 | 43.44 | 34.27 |
| 9. | RYFKA Maja | 06 | SMS O wi cim | 2:25.73 | 584 | 30.89 | 36.95 | 44.72 | 33.17 |
| 10. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 2:27.42 | 564 | 32.03 | 36.00 | 45.91 | 33.48 |
| 11. | KAROLCZAK Pola | 06 | MUKS "Pi tnastka" | 2:30.74 | 528 | 32.37 | 38.36 | 43.44 | 36.57 |
| 12. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawi | 2:35.18 | 484 | 31.71 | 39.34 | 47.22 | 36.91 |
| 13. | SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa” | 2:37.11 | 466 | 32.82 | 38.47 | 47.66 | 38.16 |
| 14. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 2:38.79 | 451 | 34.11 | 42.39 | 44.19 | 38.10 |
| 15. | ALEKSANDROWICZ H. | 06 | MKP Szczecin | 2:38.82 | 451 | 34.15 | 40.43 | 47.74 | 36.50 |
| 16. | CHOR ZIAK Nikola | 06 | MKP „SŁOWIANKA” Gorzów | 2:48.27 | 379 | 36.61 | 45.71 | 46.32 | 39.63 |
| NW | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 20, Kobiet, 200m zmienny

15 lat

| | | | | | | | | | |
|--------|----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SKROK Julia | 07 | WKS I sk | 2:24.45 | 600 | 31.58 | 38.75 | 39.83 | 34.29 |
| 2. | HLAVATA Eliska | 07 | Sport Club Pardubice | 2:30.64 | 529 | 31.75 | 39.80 | 43.30 | 35.79 |
| 3. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 2:31.36 | 521 | 35.06 | 37.26 | 44.24 | 34.80 |
| 4. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 2:31.49 | 520 | 32.71 | 38.70 | 43.64 | 36.44 |
| 5. | POPPE Marta | 07 | KU AZS UMCS Lublin | 2:32.09 | 514 | 33.25 | 39.76 | 44.77 | 34.31 |
| 6. | DUDA Anna | 07 | MKP Szczecin | 2:33.58 | 499 | 31.53 | 40.76 | 46.15 | 35.14 |
| 7. | FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów” | 2:33.69 | 498 | 34.04 | 38.61 | 44.69 | 36.35 |
| 8. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 2:34.73 | 488 | 34.07 | 40.64 | 44.31 | 35.71 |
| 9. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 2:37.07 | 466 | 34.50 | 40.14 | 43.58 | 38.85 |
| DYSKW. | GLI SKA Oliwia | 07 | TP Zielona Góra | | | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

14 lat

| | | | | | | | | | |
|----|----------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GRACJASZ Wiktoria | 08 | UKS „Jasie " Sucha Beskid | 2:21.10 | 644 | 30.09 | 35.73 | 42.93 | 32.35 |
| 2. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 2:27.14 | 568 | 32.45 | 38.13 | 42.76 | 33.80 |
| 3. | ŁOBODA Maria | 08 | Uks Cityzen | 2:32.29 | 512 | 32.19 | 39.10 | 45.48 | 35.52 |
| 4. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 2:32.39 | 511 | 31.61 | 38.51 | 45.55 | 36.72 |
| 5. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 2:35.02 | 485 | 35.77 | 39.39 | 43.89 | 35.97 |
| 6. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 2:40.06 | 441 | 34.63 | 42.02 | 45.60 | 37.81 |
| 7. | CHUKHNO Kateryna | 08 | UKS abianka Gda sk | 2:40.09 | 441 | 32.72 | 40.38 | 49.49 | 37.50 |
| 8. | ST PKA Amelia | 08 | UKS 190 Łód | 2:44.87 | 403 | 36.53 | 43.93 | 47.97 | 36.44 |
| PK | PRASAŁ Aleksandra | 09 | MUKP Korona-Swim Kielce | 2:29.06 | 546 | 31.59 | 37.29 | 44.54 | 35.64 |

Konkurencja 21

M czyzn, 200m zmienny

14 lat i starsi

2022.11.12 - 20:12

Wyniki

Rekord Polski 1:53.39 WITKOWSKI Jan POL Lublin 2014.12.18

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:54.01

Punkt: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | POPRAWA Michał | 94 | AZS AWF Katowice | 1:57.88 | 804 | 25.08 | 30.45 | 33.86 | 28.49 |
| 2. | W GROWSKI Marcel | 99 | AZS UŁ PŁ Łód | 1:58.67 | 788 | 25.24 | 29.99 | 34.79 | 28.65 |
| 3. | WIEKIERA Dawid | 02 | MKP „Wodnik 29” Tychy | 2:02.03 | 725 | 26.34 | 31.58 | 33.33 | 30.78 |
| 4. | PIELA Michał | 04 | UKP Unia O wi cim | 2:02.26 | 720 | 26.67 | 32.10 | 35.17 | 28.32 |
| 5. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:02.59 | 715 | 25.55 | 31.22 | 36.48 | 29.34 |
| 6. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:03.71 | 695 | 26.88 | 31.81 | 36.64 | 28.38 |
| 7. | KUCZAK Adam | 00 | AZS AWF Katowice | 2:04.17 | 688 | 27.09 | 31.03 | 36.97 | 29.08 |
| 8. | SOLAK Łukasz | 99 | KS AZS AGH Kraków | 2:04.42 | 684 | 26.37 | 32.77 | 34.84 | 30.44 |
| 9. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 2:04.50 | 682 | 27.83 | 33.14 | 36.09 | 27.44 |
| 10. | CERLICH Maksymilian | 00 | AZS AWF Katowice | 2:04.60 | 681 | 27.25 | 32.16 | 34.72 | 30.47 |
| 11. | PLAGA Dawid | 05 | TP Skalar Słupsk | 2:05.49 | 666 | 26.92 | 32.71 | 37.11 | 28.75 |
| 12. | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 2:06.19 | 655 | 28.03 | 32.23 | 37.00 | 28.93 |
| | LONG Bryar | 97 | MKS Juvenia Wrocław | 2:06.19 | 655 | 27.63 | 32.71 | 35.26 | 30.59 |
| 14. | STASZAK Wiktor | 04 | WKS I sk | 2:06.29 | 654 | 27.84 | 32.37 | 37.19 | 28.89 |
| 15. | MOC Albert | 04 | Sport Club Pardubice | 2:06.59 | 649 | 26.78 | 34.20 | 35.10 | 30.51 |
| 16. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 2:07.25 | 639 | 27.47 | 34.27 | 35.30 | 30.21 |
| 17. | SEMERÁ Milan | 05 | KPS Ostrava | 2:08.00 | 628 | 27.44 | 32.34 | 38.49 | 29.73 |
| 18. | CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 2:08.03 | 627 | 27.35 | 34.40 | 35.90 | 30.38 |
| 19. | KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 2:08.47 | 621 | 27.70 | 34.02 | 36.96 | 29.79 |
| 20. | MIKULA Vilem | 06 | Sport Club Pardubice | 2:09.19 | 611 | 27.50 | 31.87 | 39.04 | 30.78 |
| 21. | SROKA Bła ej | 05 | UKS abianka Gda sk | 2:10.01 | 599 | 27.72 | 32.18 | 38.07 | 32.04 |
| 22. | ZIELI SKI Konrad | 03 | UKS 190 Łód | 2:10.43 | 593 | 26.84 | 34.60 | 39.51 | 29.48 |
| 23. | SKIERSKI Radosław | 00 | KS AZS AGH Kraków | 2:10.62 | 591 | 27.98 | 33.71 | 37.68 | 31.25 |
| 24. | TEPLY Jan | 03 | Sport Club Pardubice | 2:11.17 | 583 | 27.63 | 34.03 | 37.82 | 31.69 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 21, Mężczyźni, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---|---------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 25. KRUPA Jakub | 07 | UKP Unia O wi cim | 2:11.66 | 577 | 28.32 | 32.09 | 39.17 | 32.08 |
| 26. LOTER Bartosz | 05 | UKP Unia O wi cim | 2:11.81 | 575 | 28.58 | 35.61 | 36.87 | 30.75 |
| 27. MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 2:11.83 | 575 | 28.44 | 34.67 | 36.65 | 32.07 |
| 28. SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 2:12.89 | 561 | 28.67 | 34.23 | 40.61 | 29.38 |
| 29. HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.99 | 560 | 28.12 | 34.35 | 39.51 | 31.01 |
| 30. FRANKOWSKI Miłosz | 05 | MKS Juvenia Wrocław | 2:13.02 | 559 | 27.60 | 35.16 | 38.78 | 31.48 |
| LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 2:13.02 | 559 | 28.02 | 35.19 | 38.39 | 31.42 |
| 32. PORWIK Kacper | 06 | UKP Unia O wi cim | 2:13.52 | 553 | 29.52 | 34.54 | 37.99 | 31.47 |
| 33. SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 2:13.80 | 550 | 27.97 | 34.09 | 40.58 | 31.16 |
| 34. RYSAVKA Jachym | 07 | Sport Club Pardubice | 2:14.05 | 547 | 28.30 | 33.71 | 40.59 | 31.45 |
| 35. WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 2:14.32 | 543 | 28.23 | 35.30 | 39.62 | 31.17 |
| 36. JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 2:14.57 | 540 | 28.08 | 34.77 | 40.01 | 31.71 |
| 37. CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 2:14.81 | 537 | 29.67 | 33.62 | 39.84 | 31.68 |
| 38. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów | 2:15.38 | 531 | 28.66 | 35.89 | 40.16 | 30.67 |
| KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:15.38 | 531 | 29.41 | 35.65 | 39.22 | 31.10 |
| RADZIKOWSKI Szymon | 08 | WKS I sk | 2:15.38 | 531 | 30.34 | 35.42 | 37.40 | 32.22 |
| 41. DUBIEL Wiktor | 06 | UKS abianka Gdańsk | 2:15.55 | 529 | 29.07 | 33.83 | 40.34 | 32.31 |
| 42. GROT Szymon | 05 | MUKP Korona-Swim Kielce | 2:16.83 | 514 | 27.72 | 37.01 | 41.92 | 30.18 |
| 43. GORZE Norbert | 06 | Uks Cityzen | 2:16.84 | 514 | 30.26 | 35.03 | 40.29 | 31.26 |
| 44. KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 2:17.07 | 511 | 31.32 | 36.28 | 37.82 | 31.65 |
| 45. ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 2:17.38 | 508 | 29.86 | 33.79 | 42.35 | 31.38 |
| 46. WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:18.25 | 498 | 30.90 | 37.94 | 37.08 | 32.33 |
| 47. SZWEDZKI Jakub | 00 | MKS Trójka Łódź | 2:18.41 | 496 | 29.76 | 36.31 | 40.27 | 32.07 |
| 48. TARCZYSKI Bartosz | 07 | UKS 190 Łódź | 2:18.63 | 494 | 30.06 | 37.04 | 39.13 | 32.40 |
| 49. PUPKA Filip | 04 | Uks Cityzen | 2:18.93 | 491 | 30.62 | 35.70 | 40.05 | 32.56 |
| 50. URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:19.08 | 489 | 28.79 | 37.31 | 41.38 | 31.60 |
| 51. GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:20.12 | 478 | 29.43 | 38.08 | 41.09 | 31.52 |
| 52. KRIUKOW Aleksander | 06 | IKS Konstancin | 2:20.69 | 473 | 29.75 | 38.98 | 37.94 | 34.02 |
| 53. NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:21.47 | 465 | 30.01 | 39.96 | 37.43 | 34.07 |
| 54. MAZUR Adam | 07 | Grupa 5Styl | 2:21.58 | 464 | 30.38 | 36.75 | 41.49 | 32.96 |
| 55. TRUDNOS Ignacy | 08 | UKS 190 Łódź | 2:21.67 | 463 | 31.65 | 36.72 | 40.37 | 32.93 |
| 56. NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 2:23.04 | 450 | 32.95 | 37.62 | 38.42 | 34.05 |
| 57. PAWLAK Dawid | 08 | UKS 190 Łódź | 2:23.36 | 447 | 31.44 | 38.51 | 40.53 | 32.88 |
| 58. NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.55 | 436 | 31.01 | 36.68 | 44.27 | 32.59 |
| 59. WIELGOSZ Borys | 07 | MUKS "Piłnastka" | 2:24.91 | 433 | 29.95 | 37.73 | 42.92 | 34.31 |
| 60. YWICKI Wiktor | 08 | UKS „Ósemka” Toruń | 2:25.28 | 429 | 31.42 | 41.14 | 38.80 | 33.92 |
| 61. WIERCI SKI Kacper | 04 | MKP Szczecin | 2:25.63 | 426 | 32.75 | 39.18 | 38.06 | 35.64 |
| 62. BIEU SKI Jakub | 07 | Squatina Ostrołęka | 2:26.79 | 416 | 30.00 | 39.84 | 42.63 | 34.32 |
| 63. SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:27.16 | 413 | 31.25 | 39.19 | 41.69 | 35.03 |
| 64. JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:27.62 | 409 | 31.01 | 38.95 | 42.64 | 35.02 |
| 65. LECYK Jakub | 08 | MKP Astromal-Leszno | 2:30.69 | 385 | 32.70 | 39.73 | 41.44 | 36.82 |
| 66. KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 2:32.69 | 370 | 34.21 | 41.23 | 40.73 | 36.52 |
| 67. SZARSZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 2:34.48 | 357 | 31.69 | 42.10 | 43.54 | 37.15 |
| 68. KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:34.96 | 354 | 31.66 | 40.99 | 47.09 | 35.22 |
| 69. MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:35.11 | 353 | 33.01 | 41.58 | 46.72 | 33.80 |
| 70. ROZBICKI Kacper | 08 | UKS 48 Warszawa | 3:27.23 | 338 | 34.20 | 41.78 | 44.14 | 37.11 |
| 71. KRUPI SKI Paweł | 87 | WOPR Województwa Lubuskiego | 3:29.01 | 144 | 40.32 | 59.69 | 54.60 | 54.40 |
| DYSKW. LUCOW Jan | 06 | UKP „Polonia Warszawa” | | | | | | |
| <i>K1 - Pływak wykonał kopnięcie delfinowe po pierwszym kopnięciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).</i> | | | | | | | | |
| DYSKW. JARECKI Bartosz | 08 | UKS 48 Warszawa | | | | | | |
| <i>Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu., /G8</i> | | | | | | | | |
| NW URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 21, M czyzn, 200m zmienny

17 - 18 lat

| | | | | | | | | |
|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. PIELA Michał | 04 | UKP Unia O wi cim | 2:02.26 | 720 | 26.67 | 32.10 | 35.17 | 28.32 |
| 2. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 2:04.50 | 682 | 27.83 | 33.14 | 36.09 | 27.44 |
| 3. PLAGA Dawid | 05 | TP Skalar Słupsk | 2:05.49 | 666 | 26.92 | 32.71 | 37.11 | 28.75 |
| 4. STASZAK Wiktor | 04 | WKS I sk | 2:06.29 | 654 | 27.84 | 32.37 | 37.19 | 28.89 |
| 5. MOC Albert | 04 | Sport Club Pardubice | 2:06.59 | 649 | 26.78 | 34.20 | 35.10 | 30.51 |
| 6. ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 2:07.25 | 639 | 27.47 | 34.27 | 35.30 | 30.21 |
| 7. SEMERA Milan | 05 | KPS Ostrava | 2:08.00 | 628 | 27.44 | 32.34 | 38.49 | 29.73 |
| 8. KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 2:08.47 | 621 | 27.70 | 34.02 | 36.96 | 29.79 |
| 9. SROKA Bła ej | 05 | UKS abianka Gda sk | 2:10.01 | 599 | 27.72 | 32.18 | 38.07 | 32.04 |
| 10. LOTER Bartosz | 05 | UKP Unia O wi cim | 2:11.81 | 575 | 28.58 | 35.61 | 36.87 | 30.75 |
| 11. HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.99 | 560 | 28.12 | 34.35 | 39.51 | 31.01 |
| 12. FRANKOWSKI Miłosz | 05 | MKS Juvenia Wrocław | 2:13.02 | 559 | 27.60 | 35.16 | 38.78 | 31.48 |
| LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 2:13.02 | 559 | 28.02 | 35.19 | 38.39 | 31.42 |
| 14. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów | 2:15.38 | 531 | 28.66 | 35.89 | 40.16 | 30.67 |
| 15. GROT Szymon | 05 | MUKP Korona-Swim Kielce | 2:16.83 | 514 | 27.72 | 37.01 | 41.92 | 30.18 |
| 16. PUPKA Filip | 04 | Uks Cityzen | 2:18.93 | 491 | 30.62 | 35.70 | 40.05 | 32.56 |
| 17. NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.55 | 436 | 31.01 | 36.68 | 44.27 | 32.59 |
| 18. WIERCI SKI Kacper | 04 | MKP Szczecin | 2:25.63 | 426 | 32.75 | 39.18 | 38.06 | 35.64 |
| 19. SE Jakub | 05 | MKP „SŁOWIANKA” Gorzów | 2:27.16 | 413 | 31.25 | 39.19 | 41.69 | 35.03 |
| NW URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | | | |

16 lat

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 2:03.71 | 695 | 26.88 | 31.81 | 36.64 | 28.38 |
| 2. MIKULA Vilem | 06 | Sport Club Pardubice | 2:09.19 | 611 | 27.50 | 31.87 | 39.04 | 30.78 |
| 3. SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 2:12.89 | 561 | 28.67 | 34.23 | 40.61 | 29.38 |
| 4. PORWIK Kacper | 06 | UKP Unia O wi cim | 2:13.52 | 553 | 29.52 | 34.54 | 37.99 | 31.47 |
| 5. DUBIEL Wiktor | 06 | UKS abianka Gda sk | 2:15.55 | 529 | 29.07 | 33.83 | 40.34 | 32.31 |
| 6. GORZE Norbert | 06 | Uks Cityzen | 2:16.84 | 514 | 30.26 | 35.03 | 40.29 | 31.26 |
| 7. URBA SKI Maciej | 06 | Mokotowski UKP Warszawi | 2:19.08 | 489 | 28.79 | 37.31 | 41.38 | 31.60 |
| 8. KRIUKOW Aleksander | 06 | IKS Konstancin | 2:20.69 | 473 | 29.75 | 38.98 | 37.94 | 34.02 |
| 9. NIEGUŁA Wojciech | 06 | MKP „SŁOWIANKA” Gorzów | 2:21.47 | 465 | 30.01 | 39.96 | 37.43 | 34.07 |
| 10. JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 2:27.62 | 409 | 31.01 | 38.95 | 42.64 | 35.02 |
| DYSKW. LUCOW Jan | 06 | UKP „Polonia Warszawa” | | | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

15 lat

| | | | | | | | | |
|---------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 2:08.03 | 627 | 27.35 | 34.40 | 35.90 | 30.38 |
| 2. KRUPA Jakub | 07 | UKP Unia O wi cim | 2:11.66 | 577 | 28.32 | 32.09 | 39.17 | 32.08 |
| 3. SHYPIN Aliksandr | 07 | UKS G-8 Bielany Warszawa | 2:13.80 | 550 | 27.97 | 34.09 | 40.58 | 31.16 |
| 4. RYSAVKA Jachym | 07 | Sport Club Pardubice | 2:14.05 | 547 | 28.30 | 33.71 | 40.59 | 31.45 |
| 5. WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 2:14.32 | 543 | 28.23 | 35.30 | 39.62 | 31.17 |
| 6. CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 2:14.81 | 537 | 29.67 | 33.62 | 39.84 | 31.68 |
| 7. KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:15.38 | 531 | 29.41 | 35.65 | 39.22 | 31.10 |
| 8. KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 2:17.07 | 511 | 31.32 | 36.28 | 37.82 | 31.65 |
| 9. WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 2:18.25 | 498 | 30.90 | 37.94 | 37.08 | 32.33 |
| 10. TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:18.63 | 494 | 30.06 | 37.04 | 39.13 | 32.40 |
| 11. MAZUR Adam | 07 | Grupa 5Styl | 2:21.58 | 464 | 30.38 | 36.75 | 41.49 | 32.96 |
| 12. WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 2:24.91 | 433 | 29.95 | 37.73 | 42.92 | 34.31 |
| 13. BIE U SKI Jakub | 07 | Squatina Ostroł ka | 2:26.79 | 416 | 30.00 | 39.84 | 42.63 | 34.32 |
| 14. KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 2:32.69 | 370 | 34.21 | 41.23 | 40.73 | 36.52 |
| 15. SZARSZEWSKI Krzysztof | 07 | MKP Astromal-Leszno | 2:34.48 | 357 | 31.69 | 42.10 | 43.54 | 37.15 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 21, Mężczyźni, 200m zmienny

14 lat

| | | | | | | | | | |
|--------|---------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 2:11.83 | 575 | 28.44 | 34.67 | 36.65 | 32.07 |
| 2. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 2:14.57 | 540 | 28.08 | 34.77 | 40.01 | 31.71 |
| 3. | RADZIKOWSKI Szymon | 08 | WKS I sk | 2:15.38 | 531 | 30.34 | 35.42 | 37.40 | 32.22 |
| 4. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 2:17.38 | 508 | 29.86 | 33.79 | 42.35 | 31.38 |
| 5. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 2:20.12 | 478 | 29.43 | 38.08 | 41.09 | 31.52 |
| 6. | TRUDNOS Ignacy | 08 | UKS 190 Łódź | 2:21.67 | 463 | 31.65 | 36.72 | 40.37 | 32.93 |
| 7. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 2:23.04 | 450 | 32.95 | 37.62 | 38.42 | 34.05 |
| 8. | PAWLAK Dawid | 08 | UKS 190 Łódź | 2:23.36 | 447 | 31.44 | 38.51 | 40.53 | 32.88 |
| 9. | YWICKI Wiktor | 08 | UKS „Ósemka” Toruń | 2:25.28 | 429 | 31.42 | 41.14 | 38.80 | 33.92 |
| 10. | LECYK Jakub | 08 | MKP Astromal-Leszno | 2:30.69 | 385 | 32.70 | 39.73 | 41.44 | 36.82 |
| 11. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 2:34.96 | 354 | 31.66 | 40.99 | 47.09 | 35.22 |
| 12. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:35.11 | 353 | 33.01 | 41.58 | 46.72 | 33.80 |
| 13. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmię | 2:37.23 | 338 | 34.20 | 41.78 | 44.14 | 37.11 |
| DYSKW. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmię | | | | | | |

Z3 - Pływak ukończył wszystkie odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu., /G8

Konkurencja 22

Kobiet, 400m dowolny

14 lat i starsi

2022.11.12 - 20:24

Wyniki

Rekord Polski 4:02.68 POLA SKA Aleksandra POL Olsztyn 2020.12.18

Min. indywidualne na M (25m) Melbourne 2022 Open: 4:02.11

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|---|-----------------------------|--------------------|
| 14 lat i starsi | | | |
| 1. | GU Wiktoria | 04 MKP Szczecin | 4:11.21 807 |
| | 50m: 30.35 30.35 150m: 1:35.19 32.43 250m: 2:39.36 31.71 350m: 3:42.21 31.10 | | |
| | 100m: 1:02.76 32.41 200m: 2:07.65 32.46 300m: 3:11.11 31.75 400m: 4:11.21 29.00 | | |
| 2. | TARASIEWICZ Klaudia | 04 MKP Szczecin | 4:11.22 807 |
| | 50m: 30.28 30.28 150m: 1:34.08 31.78 250m: 2:37.47 31.31 350m: 3:40.87 31.78 | | |
| | 100m: 1:02.30 32.02 200m: 2:06.16 32.08 300m: 3:09.09 31.62 400m: 4:11.22 30.35 | | |
| 3. | POLA SKA Aleksandra | 00 UKS GOS Raszyn | 4:16.37 759 |
| | 50m: 30.08 30.08 150m: 1:34.84 32.30 250m: 2:39.18 32.11 350m: 3:43.79 32.55 | | |
| | 100m: 1:02.54 32.46 200m: 2:07.07 32.23 300m: 3:11.24 32.06 400m: 4:16.37 32.58 | | |
| 4. | ŁUCZAK Dominika | 02 TP Zielona Góra | 4:20.69 722 |
| | 50m: 30.63 30.63 150m: 1:36.51 33.14 250m: 350m: 3:48.14 | | |
| | 100m: 1:03.37 32.74 200m: 2:09.46 32.95 300m: 400m: 4:20.69 32.55 | | |
| 5. | MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 4:21.18 718 |
| | 50m: 30.22 30.22 150m: 1:36.20 32.99 250m: 2:42.25 32.96 350m: 3:48.98 33.41 | | |
| | 100m: 1:03.21 32.99 200m: 2:09.29 33.09 300m: 3:15.57 33.32 400m: 4:21.18 32.20 | | |
| 6. | KULIK Julia | 05 UKS GOS Raszyn | 4:24.12 694 |
| | 50m: 31.40 31.40 150m: 1:41.46 35.13 250m: 2:48.86 32.18 350m: 3:52.52 31.77 | | |
| | 100m: 1:06.33 34.93 200m: 2:16.68 35.22 300m: 3:20.75 31.89 400m: 4:24.12 31.60 | | |
| 7. | HELLAK Emilia | 03 KS SWIM-ART Wrocław | 4:24.18 694 |
| | 50m: 30.02 30.02 150m: 1:36.25 33.38 250m: 2:43.70 33.71 350m: 3:51.13 33.86 | | |
| | 100m: 1:02.87 32.85 200m: 2:09.99 33.74 300m: 3:17.27 33.57 400m: 4:24.18 33.05 | | |
| 8. | MAŁOLEPSZA Weronika | 07 MKP Szczecin | 4:25.03 687 |
| | 50m: 30.42 30.42 150m: 1:36.79 33.45 250m: 2:44.61 34.01 350m: 3:52.69 34.19 | | |
| | 100m: 1:03.34 32.92 200m: 2:10.60 33.81 300m: 3:18.50 33.89 400m: 4:25.03 32.34 | | |
| 9. | PRZYBYLSKA Oliwia | 07 KU AZS UMCS Lublin | 4:25.28 685 |
| | 50m: 30.60 30.60 150m: 1:37.28 33.38 250m: 2:44.18 33.44 350m: 3:52.45 34.32 | | |
| | 100m: 1:03.90 33.30 200m: 2:10.74 33.46 300m: 3:18.13 33.95 400m: 4:25.28 32.83 | | |
| 10. | NOWAK Maja | 03 UKS GOS Raszyn | 4:25.30 685 |
| | 50m: 32.58 32.58 150m: 1:43.72 35.61 250m: 2:50.27 31.49 350m: 3:54.29 32.10 | | |
| | 100m: 1:08.11 35.53 200m: 2:18.78 35.06 300m: 3:22.19 31.92 400m: 4:25.30 31.01 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|------------------------|---------------|---------|---|-------|-------|---------|----------------|-------|---------|-------|
| 11. | KOSSOWSKA Julita | | 05 | UKS 190 Łód | | | | 4:25.59 | 683 | | |
| | 50m: | 31.14 31.14 | 150m: | 1:37.93 | 33.65 | 250m: | 2:45.44 | 33.88 | 350m: | 3:53.40 | 33.94 |
| | 100m: | 1:04.28 33.14 | 200m: | 2:11.56 | 33.63 | 300m: | 3:19.46 | 34.02 | 400m: | 4:25.59 | 32.19 |
| 12. | FIGAS Alicja | | 04 | MKP Szczecin | | | | 4:25.60 | 683 | | |
| | 50m: | 31.24 31.24 | 150m: | 1:37.79 | 33.51 | 250m: | 2:45.09 | 33.59 | 350m: | 3:52.76 | 33.82 |
| | 100m: | 1:04.28 33.04 | 200m: | 2:11.50 | 33.71 | 300m: | 3:18.94 | 33.85 | 400m: | 4:25.60 | 32.84 |
| 13. | GÓRSKA Zofia | | 05 | UKS GOS Raszyn | | | | 4:29.72 | 652 | | |
| | 50m: | 30.41 30.41 | 150m: | 1:37.91 | 34.15 | 250m: | 2:46.67 | 34.42 | 350m: | 3:55.95 | 34.66 |
| | 100m: | 1:03.76 33.35 | 200m: | 2:12.25 | 34.34 | 300m: | 3:21.29 | 34.62 | 400m: | 4:29.72 | 33.77 |
| 14. | KUCZMAR Zuzanna | | 07 | UKP „Polonia Warszawa” | | | | 4:30.91 | 643 | | |
| | 50m: | 30.24 30.24 | 150m: | 1:37.39 | 34.14 | 250m: | 2:46.58 | 34.53 | 350m: | 3:56.73 | 35.11 |
| | 100m: | 1:03.25 33.01 | 200m: | 2:12.05 | 34.66 | 300m: | 3:21.62 | 35.04 | 400m: | 4:30.91 | 34.18 |
| 15. | WIDNICKA Kamila | | 06 | MKS Juvenia Wrocław | | | | 4:31.55 | 639 | | |
| | 50m: | 31.01 31.01 | 150m: | 1:38.64 | 34.29 | 250m: | 2:48.00 | 34.68 | 350m: | 3:57.65 | 34.94 |
| | 100m: | 1:04.35 33.34 | 200m: | 2:13.32 | 34.68 | 300m: | 3:22.71 | 34.71 | 400m: | 4:31.55 | 33.90 |
| | R P Apolonia | | 06 | MKS Juvenia Wrocław | | | | 4:31.55 | 639 | | |
| | 50m: | 31.87 31.87 | 150m: | 1:40.76 | 34.62 | 250m: | 2:49.60 | 34.34 | 350m: | 3:58.93 | 34.56 |
| | 100m: | 1:06.14 34.27 | 200m: | 2:15.26 | 34.50 | 300m: | 3:24.37 | 34.77 | 400m: | 4:31.55 | 32.62 |
| 17. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:32.90 | 629 | | |
| | 50m: | 31.19 31.19 | 150m: | 1:40.03 | 34.61 | 250m: | 2:50.04 | 35.08 | 350m: | 3:59.69 | 34.78 |
| | 100m: | 1:05.42 34.23 | 200m: | 2:14.96 | 34.93 | 300m: | 3:24.91 | 34.87 | 400m: | 4:32.90 | 33.21 |
| 18. | ZAGDA SKA Oliwia | | 05 | MKS Juvenia Wrocław | | | | 4:33.37 | 626 | | |
| | 50m: | 31.64 31.64 | 150m: | 1:39.71 | 34.28 | 250m: | 2:49.24 | 34.93 | 350m: | 3:59.18 | 34.88 |
| | 100m: | 1:05.43 33.79 | 200m: | 2:14.31 | 34.60 | 300m: | 3:24.30 | 35.06 | 400m: | 4:33.37 | 34.19 |
| 19. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 4:33.82 | 623 | | |
| | 50m: | 31.26 31.26 | 150m: | 1:40.08 | 34.85 | 250m: | 2:50.34 | 35.03 | 350m: | 4:00.79 | 35.40 |
| | 100m: | 1:05.23 33.97 | 200m: | 2:15.31 | 35.23 | 300m: | 3:25.39 | 35.05 | 400m: | 4:33.82 | 33.03 |
| 20. | PIEKARSKA Natalia | | 06 | UKS 190 Łód | | | | 4:34.19 | 620 | | |
| | 50m: | 31.73 31.73 | 150m: | 1:41.50 | 34.90 | 250m: | 2:51.04 | 34.88 | 350m: | 4:00.34 | 34.65 |
| | 100m: | 1:06.60 34.87 | 200m: | 2:16.16 | 34.66 | 300m: | 3:25.69 | 34.65 | 400m: | 4:34.19 | 33.85 |
| 21. | GULCZY SKA Natalia | | 07 | Uks Cityzen | | | | 4:34.45 | 619 | | |
| | 50m: | 30.25 30.25 | 150m: | 1:39.03 | 34.76 | 250m: | 2:49.59 | 35.20 | 350m: | 3:59.76 | 34.26 |
| | 100m: | 1:04.27 34.02 | 200m: | 2:14.39 | 35.36 | 300m: | 3:25.50 | 35.91 | 400m: | 4:34.45 | 34.69 |
| 22. | KOWALCZYK Katarzyna | | 05 | MKP Szczecin | | | | 4:35.56 | 611 | | |
| | 50m: | 32.36 32.36 | 150m: | 1:41.68 | 34.93 | 250m: | 2:52.07 | 35.09 | 350m: | 4:02.32 | 35.14 |
| | 100m: | 1:06.75 34.39 | 200m: | 2:16.98 | 35.30 | 300m: | 3:27.18 | 35.11 | 400m: | 4:35.56 | 33.24 |
| 23. | CHMIELEWSKA Aleksandra | | 06 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:36.08 | 608 | | |
| | 50m: | 31.93 31.93 | 150m: | 1:40.02 | 34.21 | 250m: | 2:49.82 | 35.18 | 350m: | 4:01.78 | 36.16 |
| | 100m: | 1:05.81 33.88 | 200m: | 2:14.64 | 34.62 | 300m: | 3:25.62 | 35.80 | 400m: | 4:36.08 | 34.30 |
| 24. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łód | | | | 4:36.80 | 603 | | |
| | 50m: | 32.14 32.14 | 150m: | 1:42.81 | 35.13 | 250m: | 2:53.40 | 35.18 | 350m: | 4:02.47 | 34.33 |
| | 100m: | 1:07.68 35.54 | 200m: | 2:18.22 | 35.41 | 300m: | 3:28.14 | 34.74 | 400m: | 4:36.80 | 34.33 |
| 25. | HUBERT Julia | | 06 | MKP Szczecin | | | | 4:37.60 | 598 | | |
| | 50m: | 31.60 31.60 | 150m: | 1:41.79 | 35.27 | 250m: | 2:52.58 | 35.29 | 350m: | 4:03.39 | 35.14 |
| | 100m: | 1:06.52 34.92 | 200m: | 2:17.29 | 35.50 | 300m: | 3:28.25 | 35.67 | 400m: | 4:37.60 | 34.21 |
| 26. | MIKUŁA Natalia | | 06 | UKS 190 Łód | | | | 4:40.15 | 582 | | |
| | 50m: | 31.62 31.62 | 150m: | 1:41.84 | 35.45 | 250m: | 2:53.20 | 35.37 | 350m: | 4:05.05 | 35.94 |
| | 100m: | 1:06.39 34.77 | 200m: | 2:17.83 | 35.99 | 300m: | 3:29.11 | 35.91 | 400m: | 4:40.15 | 35.10 |
| 27. | JANIK Julia | | 06 | UKS 190 Łód | | | | 4:40.46 | 580 | | |
| | 50m: | 31.43 31.43 | 150m: | 1:42.03 | 35.62 | 250m: | 2:54.30 | 35.87 | 350m: | 4:05.63 | 35.56 |
| | 100m: | 1:06.41 34.98 | 200m: | 2:18.43 | 36.40 | 300m: | 3:30.07 | 35.77 | 400m: | 4:40.46 | 34.83 |
| 28. | BISZEWSKA Gabriela | | 05 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:41.54 | 573 | | |
| | 50m: | 31.92 31.92 | 150m: | 1:42.38 | 35.44 | 250m: | 2:53.72 | 35.74 | 350m: | 4:06.07 | 36.30 |
| | 100m: | 1:06.94 35.02 | 200m: | 2:17.98 | 35.60 | 300m: | 3:29.77 | 36.05 | 400m: | 4:41.54 | 35.47 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|---------|------------------------------------|-------|---------------|-------|----------------|------|
| 29. | SZOPA Natalia | | 07 | UKP Gryf D bica | | | | 4:42.03 | 570 |
| | 50m: | 29.72 29.72 | 150m: | 1:38.88 35.72 | 250m: | 2:52.86 37.49 | 350m: | 4:06.51 36.61 | |
| | 100m: | 1:03.16 33.44 | 200m: | 2:15.37 36.49 | 300m: | 3:29.90 37.04 | 400m: | 4:42.03 35.52 | |
| 30. | SKORYKOW Lena | | 08 | UKS Ostrobramska | | | | 4:42.29 | 569 |
| | 50m: | 31.61 31.61 | 150m: | 1:42.43 35.89 | 250m: | 2:54.52 35.76 | 350m: | 4:05.40 35.50 | |
| | 100m: | 1:06.54 34.93 | 200m: | 2:18.76 36.33 | 300m: | 3:29.90 35.38 | 400m: | 4:42.29 36.89 | |
| 31. | TARASZKIEWICZ Zofia | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:44.93 | 553 |
| | 50m: | 31.60 31.60 | 150m: | 1:42.11 35.66 | 250m: | 2:54.33 36.03 | 350m: | 4:07.70 37.21 | |
| | 100m: | 1:06.45 34.85 | 200m: | 2:18.30 36.19 | 300m: | 3:30.49 36.16 | 400m: | 4:44.93 37.23 | |
| 32. | GRZECH Maja | | 08 | UKS abianka Gdańsk | | | | 4:45.13 | 552 |
| | 50m: | 32.52 32.52 | 150m: | 1:43.81 35.87 | 250m: | 2:56.77 36.57 | 350m: | 4:10.06 36.65 | |
| | 100m: | 1:07.94 35.42 | 200m: | 2:20.20 36.39 | 300m: | 3:33.41 36.64 | 400m: | 4:45.13 35.07 | |
| 33. | ORASZEK Karolina | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:45.49 | 550 |
| | 50m: | 31.13 31.13 | 150m: | 1:41.91 35.81 | 250m: | 2:55.78 37.17 | 350m: | 4:09.52 36.67 | |
| | 100m: | 1:06.10 34.97 | 200m: | 2:18.61 36.70 | 300m: | 3:32.85 37.07 | 400m: | 4:45.49 35.97 | |
| 34. | KOWALSKA Oliwia | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:46.33 | 545 |
| | 50m: | 33.01 33.01 | 150m: | 1:45.12 36.56 | 250m: | 2:58.26 36.58 | 350m: | 4:11.37 36.68 | |
| | 100m: | 1:08.56 35.55 | 200m: | 2:21.68 36.56 | 300m: | 3:34.69 36.43 | 400m: | 4:46.33 34.96 | |
| 35. | HLUSHCHENKO Varvara | | 08 | UKS 190 Łódź | | | | 4:46.88 | 542 |
| | 50m: | 31.90 31.90 | 150m: | 1:44.28 36.58 | 250m: | 2:58.10 36.68 | 350m: | 4:12.01 36.60 | |
| | 100m: | 1:07.70 35.80 | 200m: | 2:21.42 37.14 | 300m: | 3:35.41 37.31 | 400m: | 4:46.88 34.87 | |
| 36. | JAWORSKA Wiktoria | | 05 | MUKS "Piłastka" | | | | 4:47.06 | 541 |
| | 50m: | 31.55 31.55 | 150m: | 1:42.72 36.23 | 250m: | 2:55.89 36.81 | 350m: | 4:10.39 37.38 | |
| | 100m: | 1:06.49 34.94 | 200m: | 2:19.08 36.36 | 300m: | 3:33.01 37.12 | 400m: | 4:47.06 36.67 | |
| 37. | TOMASZEWSKA Maria | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:48.90 | 530 |
| | 50m: | 32.14 32.14 | 150m: | 1:47.11 37.85 | 250m: | 3:01.81 37.32 | 350m: | 4:15.71 36.95 | |
| | 100m: | 1:09.26 37.12 | 200m: | 2:24.49 37.38 | 300m: | 3:38.76 36.95 | 400m: | 4:48.90 33.19 | |
| 38. | MICHALSKA Pola | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:50.11 | 524 |
| | 50m: | 32.59 32.59 | 150m: | 1:45.34 37.05 | 250m: | 2:59.03 37.34 | 350m: | 4:13.55 37.39 | |
| | 100m: | 1:08.29 35.70 | 200m: | 2:21.69 36.35 | 300m: | 3:36.16 37.13 | 400m: | 4:50.11 36.56 | |
| 39. | W GRZYCKA Małgorzata | | 07 | MKS Trójka Łódź | | | | 4:50.77 | 520 |
| | 50m: | 32.42 32.42 | 150m: | 1:45.18 36.59 | 250m: | 2:59.69 37.23 | 350m: | 4:14.34 37.17 | |
| | 100m: | 1:08.59 36.17 | 200m: | 2:22.46 37.28 | 300m: | 3:37.17 37.48 | 400m: | 4:50.77 36.43 | |
| | MAJEWSKA Martyna | | 08 | MKS Znicz Koszalin | | | | 4:50.77 | 520 |
| | 50m: | 31.34 31.34 | 150m: | 1:43.99 36.78 | 250m: | 2:59.12 37.83 | 350m: | 4:15.38 38.48 | |
| | 100m: | 1:07.21 35.87 | 200m: | 2:21.29 37.30 | 300m: | 3:36.90 37.78 | 400m: | 4:50.77 35.39 | |
| 41. | WICHULSKA Małgorzata | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:52.17 | 513 |
| | 50m: | 31.18 31.18 | 150m: | 1:43.69 37.02 | 250m: | 2:59.47 38.33 | 350m: | 4:15.80 38.13 | |
| | 100m: | 1:06.67 35.49 | 200m: | 2:21.14 37.45 | 300m: | 3:37.67 38.20 | 400m: | 4:52.17 36.37 | |
| 42. | WOJTOWICZ Małgorzata | | 06 | MTKP Delfin Toru | | | | 4:53.03 | 508 |
| | 50m: | 34.17 34.17 | 150m: | 1:47.78 36.90 | 250m: | 3:02.11 37.12 | 350m: | 4:17.25 37.60 | |
| | 100m: | 1:10.88 36.71 | 200m: | 2:24.99 37.21 | 300m: | 3:39.65 37.54 | 400m: | 4:53.03 35.78 | |
| 43. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczbork | | | | 4:54.53 | 500 |
| | 50m: | 33.18 33.18 | 150m: | 1:48.56 38.37 | 250m: | 3:03.27 36.29 | 350m: | 4:17.45 37.12 | |
| | 100m: | 1:10.19 37.01 | 200m: | 2:26.98 38.42 | 300m: | 3:40.33 37.06 | 400m: | 4:54.53 37.08 | |
| 44. | MORITZ Marcelina | | 05 | MUKS "Piłastka" | | | | 4:54.74 | 499 |
| | 50m: | 33.03 33.03 | 150m: | 1:46.51 37.11 | 250m: | 3:02.17 38.14 | 350m: | 4:17.82 37.87 | |
| | 100m: | 1:09.40 36.37 | 200m: | 2:24.03 37.52 | 300m: | 3:39.95 37.78 | 400m: | 4:54.74 36.92 | |
| 45. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 4:55.37 | 496 |
| | 50m: | 31.88 31.88 | 150m: | 1:45.52 37.52 | 250m: | 3:02.33 38.64 | 350m: | 4:19.30 37.92 | |
| | 100m: | 1:08.00 36.12 | 200m: | 2:23.69 38.17 | 300m: | 3:41.38 39.05 | 400m: | 4:55.37 36.07 | |
| 46. | SPYCHALSKA Dominika | | 08 | KP Aquapark Wągrowiec | | | | 4:55.79 | 494 |
| | 50m: | 32.82 32.82 | 150m: | 1:48.47 38.28 | 250m: | 3:04.97 38.12 | 350m: | 4:20.26 37.43 | |
| | 100m: | 1:10.19 37.37 | 200m: | 2:26.85 38.38 | 300m: | 3:42.83 37.86 | 400m: | 4:55.79 35.53 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|------------------------------|---------------|-------|---------------|----------------|------|
| 47. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łód | | | | 4:56.17 | 492 |
| | 50m: 33.11 33.11 | 150m: 1:47.81 | | 37.69 | 250m: 3:03.93 | 37.91 | 350m: 4:19.44 | 37.76 | |
| | 100m: 1:10.12 37.01 | 200m: 2:26.02 | | 38.21 | 300m: 3:41.68 | 37.75 | 400m: 4:56.17 | 36.73 | |
| 48. | STANKO Khrystyna | | 08 | MUKS "Pi tnastka" | | | | 5:02.49 | 462 |
| | 50m: 31.75 31.75 | 150m: 1:46.19 | | 38.01 | 250m: 3:04.40 | 39.25 | 350m: 4:24.95 | 39.46 | |
| | 100m: 1:08.18 36.43 | 200m: 2:25.15 | | 38.96 | 300m: 3:45.49 | 41.09 | 400m: 5:02.49 | 37.54 | |
| 49. | MAY Matylda | | 08 | MKP Astromal-Leszno | | | | 5:02.76 | 461 |
| | 50m: 34.61 34.61 | 150m: 1:50.51 | | 38.40 | 250m: 3:08.25 | 39.02 | 350m: 4:26.10 | 38.85 | |
| | 100m: 1:12.11 37.50 | 200m: 2:29.23 | | 38.72 | 300m: 3:47.25 | 39.00 | 400m: 5:02.76 | 36.66 | |
| 50. | KANIASTA Matylda | | 05 | KS Warta Pozna | | | | 5:09.39 | 432 |
| | 50m: 33.47 33.47 | 150m: 1:48.58 | | 37.73 | 250m: 3:07.22 | 39.54 | 350m: 4:29.32 | 41.69 | |
| | 100m: 1:10.85 37.38 | 200m: 2:27.68 | | 39.10 | 300m: 3:47.63 | 40.41 | 400m: 5:09.39 | 40.07 | |
| 51. | DORO Y SKA Zuzanna | | 08 | MTKP Delfin Toru | | | | 5:09.99 | 429 |
| | 50m: 35.74 35.74 | 150m: 1:54.85 | | 39.68 | 250m: 3:13.71 | 39.21 | 350m: 4:32.31 | 38.83 | |
| | 100m: 1:15.17 39.43 | 200m: 2:34.50 | | 39.65 | 300m: 3:53.48 | 39.77 | 400m: 5:09.99 | 37.68 | |
| 52. | KOMOR Agata | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:15.13 | 409 |
| | 50m: 33.84 33.84 | 150m: 1:49.91 | | 38.90 | 250m: 3:11.28 | 41.33 | 350m: 4:34.08 | 41.57 | |
| | 100m: 1:11.01 37.17 | 200m: 2:29.95 | | 40.04 | 300m: 3:52.51 | 41.23 | 400m: 5:15.13 | 41.05 | |
| 53. | PILARSKA Maja | | 08 | KP Aquapark W growiec | | | | 5:23.92 | 376 |
| | 50m: 37.01 37.01 | 150m: 1:58.84 | | 41.31 | 250m: 3:20.33 | 40.46 | 350m: 4:43.73 | 41.29 | |
| | 100m: 1:17.53 40.52 | 200m: 2:39.87 | | 41.03 | 300m: 4:02.44 | 42.11 | 400m: 5:23.92 | 40.19 | |
| 54. | KRUTUL Aga | | 08 | MKS Znicz Koszalin | | | | 5:25.83 | 370 |
| | 50m: 34.30 34.30 | 150m: 1:53.07 | | 40.27 | 250m: 3:17.71 | 43.01 | 350m: 4:43.45 | 42.38 | |
| | 100m: 1:12.80 38.50 | 200m: 2:34.70 | | 41.63 | 300m: 4:01.07 | 43.36 | 400m: 5:25.83 | 42.38 | |
| 55. | WITKOWSKA Alicja | | 08 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 5:28.44 | 361 |
| | 50m: 36.48 36.48 | 150m: 1:59.85 | | 42.36 | 250m: 3:23.78 | 41.59 | 350m: 4:47.71 | 41.85 | |
| | 100m: 1:17.49 41.01 | 200m: 2:42.19 | | 42.34 | 300m: 4:05.86 | 42.08 | 400m: 5:28.44 | 40.73 | |
| 56. | DEREWECKA Kamila | | 08 | MKS Znicz Koszalin | | | | 5:33.13 | 346 |
| | 50m: 35.38 35.38 | 150m: 1:57.36 | | 41.73 | 250m: 3:25.39 | 44.59 | 350m: 4:52.04 | 43.27 | |
| | 100m: 1:15.63 40.25 | 200m: 2:40.80 | | 43.44 | 300m: 4:08.77 | 43.38 | 400m: 5:33.13 | 41.09 | |
| NW | KNOP Aleksandra | | 03 | UKS 190 Łód | | | | | |

17 - 18 lat

| | | | | | | | | | |
|----|---------------------|---------------|----|------------------------------|---------------|-------|---------------|----------------|-----|
| 1. | GU Wiktoria | | 04 | MKP Szczecin | | | | 4:11.21 | 807 |
| | 50m: 30.35 30.35 | 150m: 1:35.19 | | 32.43 | 250m: 2:39.36 | 31.71 | 350m: 3:42.21 | 31.10 | |
| | 100m: 1:02.76 32.41 | 200m: 2:07.65 | | 32.46 | 300m: 3:11.11 | 31.75 | 400m: 4:11.21 | 29.00 | |
| 2. | TARASIEWICZ Klaudia | | 04 | MKP Szczecin | | | | 4:11.22 | 807 |
| | 50m: 30.28 30.28 | 150m: 1:34.08 | | 31.78 | 250m: 2:37.47 | 31.31 | 350m: 3:40.87 | 31.78 | |
| | 100m: 1:02.30 32.02 | 200m: 2:06.16 | | 32.08 | 300m: 3:09.09 | 31.62 | 400m: 4:11.22 | 30.35 | |
| 3. | KULIK Julia | | 05 | UKS GOS Raszyn | | | | 4:24.12 | 694 |
| | 50m: 31.40 31.40 | 150m: 1:41.46 | | 35.13 | 250m: 2:48.86 | 32.18 | 350m: 3:52.52 | 31.77 | |
| | 100m: 1:06.33 34.93 | 200m: 2:16.68 | | 35.22 | 300m: 3:20.75 | 31.89 | 400m: 4:24.12 | 31.60 | |
| 4. | KOSSOWSKA Julita | | 05 | UKS 190 Łód | | | | 4:25.59 | 683 |
| | 50m: 31.14 31.14 | 150m: 1:37.93 | | 33.65 | 250m: 2:45.44 | 33.88 | 350m: 3:53.40 | 33.94 | |
| | 100m: 1:04.28 33.14 | 200m: 2:11.56 | | 33.63 | 300m: 3:19.46 | 34.02 | 400m: 4:25.59 | 32.19 | |
| 5. | FIGAS Alicja | | 04 | MKP Szczecin | | | | 4:25.60 | 683 |
| | 50m: 31.24 31.24 | 150m: 1:37.79 | | 33.51 | 250m: 2:45.09 | 33.59 | 350m: 3:52.76 | 33.82 | |
| | 100m: 1:04.28 33.04 | 200m: 2:11.50 | | 33.71 | 300m: 3:18.94 | 33.85 | 400m: 4:25.60 | 32.84 | |
| 6. | GÓRSKA Zofia | | 05 | UKS GOS Raszyn | | | | 4:29.72 | 652 |
| | 50m: 30.41 30.41 | 150m: 1:37.91 | | 34.15 | 250m: 2:46.67 | 34.42 | 350m: 3:55.95 | 34.66 | |
| | 100m: 1:03.76 33.35 | 200m: 2:12.25 | | 34.34 | 300m: 3:21.29 | 34.62 | 400m: 4:29.72 | 33.77 | |
| 7. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 4:32.90 | 629 |
| | 50m: 31.19 31.19 | 150m: 1:40.03 | | 34.61 | 250m: 2:50.04 | 35.08 | 350m: 3:59.69 | 34.78 | |
| | 100m: 1:05.42 34.23 | 200m: 2:14.96 | | 34.93 | 300m: 3:24.91 | 34.87 | 400m: 4:32.90 | 33.21 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 22, Kobiet, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------|---------------|---------|---|-------|---------------|----------------|---------------|------|
| 8. | ZAGDA | SKA Oliwia | 05 | MKS Juvenia Wrocław | | | 4:33.37 | 626 | |
| | 50m: | 31.64 31.64 | 150m: | 1:39.71 34.28 | 250m: | 2:49.24 34.93 | 350m: | 3:59.18 34.88 | |
| | 100m: | 1:05.43 33.79 | 200m: | 2:14.31 34.60 | 300m: | 3:24.30 35.06 | 400m: | 4:33.37 34.19 | |
| 9. | SAMORAJ | Oliwia | 05 | MKS Piaseczno | | | 4:33.82 | 623 | |
| | 50m: | 31.26 31.26 | 150m: | 1:40.08 34.85 | 250m: | 2:50.34 35.03 | 350m: | 4:00.79 35.40 | |
| | 100m: | 1:05.23 33.97 | 200m: | 2:15.31 35.23 | 300m: | 3:25.39 35.05 | 400m: | 4:33.82 33.03 | |
| 10. | KOWALCZYK | Katarzyna | 05 | MKP Szczecin | | | 4:35.56 | 611 | |
| | 50m: | 32.36 32.36 | 150m: | 1:41.68 34.93 | 250m: | 2:52.07 35.09 | 350m: | 4:02.32 35.14 | |
| | 100m: | 1:06.75 34.39 | 200m: | 2:16.98 35.30 | 300m: | 3:27.18 35.11 | 400m: | 4:35.56 33.24 | |
| 11. | BISZEWSKA | Gabriela | 05 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | 4:41.54 | 573 | |
| | 50m: | 31.92 31.92 | 150m: | 1:42.38 35.44 | 250m: | 2:53.72 35.74 | 350m: | 4:06.07 36.30 | |
| | 100m: | 1:06.94 35.02 | 200m: | 2:17.98 35.60 | 300m: | 3:29.77 36.05 | 400m: | 4:41.54 35.47 | |
| 12. | KOWALSKA | Oliwia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 4:46.33 | 545 | |
| | 50m: | 33.01 33.01 | 150m: | 1:45.12 36.56 | 250m: | 2:58.26 36.58 | 350m: | 4:11.37 36.68 | |
| | 100m: | 1:08.56 35.55 | 200m: | 2:21.68 36.56 | 300m: | 3:34.69 36.43 | 400m: | 4:46.33 34.96 | |
| 13. | JAWORSKA | Wiktoria | 05 | MUKS "Pi tnatka" | | | 4:47.06 | 541 | |
| | 50m: | 31.55 31.55 | 150m: | 1:42.72 36.23 | 250m: | 2:55.89 36.81 | 350m: | 4:10.39 37.38 | |
| | 100m: | 1:06.49 34.94 | 200m: | 2:19.08 36.36 | 300m: | 3:33.01 37.12 | 400m: | 4:47.06 36.67 | |
| 14. | MORITZ | Marcelina | 05 | MUKS "Pi tnatka" | | | 4:54.74 | 499 | |
| | 50m: | 33.03 33.03 | 150m: | 1:46.51 37.11 | 250m: | 3:02.17 38.14 | 350m: | 4:17.82 37.87 | |
| | 100m: | 1:09.40 36.37 | 200m: | 2:24.03 37.52 | 300m: | 3:39.95 37.78 | 400m: | 4:54.74 36.92 | |
| 15. | KANIASTA | Matylda | 05 | KS Warta Pozna | | | 5:09.39 | 432 | |
| | 50m: | 33.47 33.47 | 150m: | 1:48.58 37.73 | 250m: | 3:07.22 39.54 | 350m: | 4:29.32 41.69 | |
| | 100m: | 1:10.85 37.38 | 200m: | 2:27.68 39.10 | 300m: | 3:47.63 40.41 | 400m: | 5:09.39 40.07 | |
| 16. | KOMOR | Agata | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 5:15.13 | 409 | |
| | 50m: | 33.84 33.84 | 150m: | 1:49.91 38.90 | 250m: | 3:11.28 41.33 | 350m: | 4:34.08 41.57 | |
| | 100m: | 1:11.01 37.17 | 200m: | 2:29.95 40.04 | 300m: | 3:52.51 41.23 | 400m: | 5:15.13 41.05 | |

16 lat

| | | | | | | | | |
|----|-------------|---------------|-------|---|-------|---------------|----------------|---------------|
| 1. | MACIAK | Julia | 06 | IUKS „Muszelka” Warszawa | | | 4:21.18 | 718 |
| | 50m: | 30.22 30.22 | 150m: | 1:36.20 32.99 | 250m: | 2:42.25 32.96 | 350m: | 3:48.98 33.41 |
| | 100m: | 1:03.21 32.99 | 200m: | 2:09.29 33.09 | 300m: | 3:15.57 33.32 | 400m: | 4:21.18 32.20 |
| 2. | WIDNICKA | Kamila | 06 | MKS Juvenia Wrocław | | | 4:31.55 | 639 |
| | 50m: | 31.01 31.01 | 150m: | 1:38.64 34.29 | 250m: | 2:48.00 34.68 | 350m: | 3:57.65 34.94 |
| | 100m: | 1:04.35 33.34 | 200m: | 2:13.32 34.68 | 300m: | 3:22.71 34.71 | 400m: | 4:31.55 33.90 |
| | R P | Apolonia | 06 | MKS Juvenia Wrocław | | | 4:31.55 | 639 |
| | 50m: | 31.87 31.87 | 150m: | 1:40.76 34.62 | 250m: | 2:49.60 34.34 | 350m: | 3:58.93 34.56 |
| | 100m: | 1:06.14 34.27 | 200m: | 2:15.26 34.50 | 300m: | 3:24.37 34.77 | 400m: | 4:31.55 32.62 |
| 4. | PIEKARSKA | Natalia | 06 | UKS 190 Łód | | | 4:34.19 | 620 |
| | 50m: | 31.73 31.73 | 150m: | 1:41.50 34.90 | 250m: | 2:51.04 34.88 | 350m: | 4:00.34 34.65 |
| | 100m: | 1:06.60 34.87 | 200m: | 2:16.16 34.66 | 300m: | 3:25.69 34.65 | 400m: | 4:34.19 33.85 |
| 5. | CHMIELEWSKA | Aleksandra | 06 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | 4:36.08 | 608 |
| | 50m: | 31.93 31.93 | 150m: | 1:40.02 34.21 | 250m: | 2:49.82 35.18 | 350m: | 4:01.78 36.16 |
| | 100m: | 1:05.81 33.88 | 200m: | 2:14.64 34.62 | 300m: | 3:25.62 35.80 | 400m: | 4:36.08 34.30 |
| 6. | HUBERT | Julia | 06 | MKP Szczecin | | | 4:37.60 | 598 |
| | 50m: | 31.60 31.60 | 150m: | 1:41.79 35.27 | 250m: | 2:52.58 35.29 | 350m: | 4:03.39 35.14 |
| | 100m: | 1:06.52 34.92 | 200m: | 2:17.29 35.50 | 300m: | 3:28.25 35.67 | 400m: | 4:37.60 34.21 |
| 7. | MIKUŁA | Natalia | 06 | UKS 190 Łód | | | 4:40.15 | 582 |
| | 50m: | 31.62 31.62 | 150m: | 1:41.84 35.45 | 250m: | 2:53.20 35.37 | 350m: | 4:05.05 35.94 |
| | 100m: | 1:06.39 34.77 | 200m: | 2:17.83 35.99 | 300m: | 3:29.11 35.91 | 400m: | 4:40.15 35.10 |
| 8. | JANIK | Julia | 06 | UKS 190 Łód | | | 4:40.46 | 580 |
| | 50m: | 31.43 31.43 | 150m: | 1:42.03 35.62 | 250m: | 2:54.30 35.87 | 350m: | 4:05.63 35.56 |
| | 100m: | 1:06.41 34.98 | 200m: | 2:18.43 36.40 | 300m: | 3:30.07 35.77 | 400m: | 4:40.46 34.83 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22, Dziewcząt, 400m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|------------------|-------|-------|---------|----------------|-------|---------|-------|
| 9. | WOJTOWICZ Małgorzata | | 06 | MTKP Delfin Toru | | | | 4:53.03 | 508 | | |
| | 50m: | 34.17 34.17 | 150m: | 1:47.78 | 36.90 | 250m: | 3:02.11 | 37.12 | 350m: | 4:17.25 | 37.60 |
| | 100m: | 1:10.88 36.71 | 200m: | 2:24.99 | 37.21 | 300m: | 3:39.65 | 37.54 | 400m: | 4:53.03 | 35.78 |

15 lat

| | | | | | | | | | | | |
|-----|----------------------|---------------|-------|------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MAŁOLEPSZA Weronika | | 07 | MKP Szczecin | | | | 4:25.03 | 687 | | |
| | 50m: | 30.42 30.42 | 150m: | 1:36.79 | 33.45 | 250m: | 2:44.61 | 34.01 | 350m: | 3:52.69 | 34.19 |
| | 100m: | 1:03.34 32.92 | 200m: | 2:10.60 | 33.81 | 300m: | 3:18.50 | 33.89 | 400m: | 4:25.03 | 32.34 |
| 2. | PRZYBYLSKA Oliwia | | 07 | KU AZS UMCS Lublin | | | | 4:25.28 | 685 | | |
| | 50m: | 30.60 30.60 | 150m: | 1:37.28 | 33.38 | 250m: | 2:44.18 | 33.44 | 350m: | 3:52.45 | 34.32 |
| | 100m: | 1:03.90 33.30 | 200m: | 2:10.74 | 33.46 | 300m: | 3:18.13 | 33.95 | 400m: | 4:25.28 | 32.83 |
| 3. | KUCZMAR Zuzanna | | 07 | UKP „Polonia Warszawa” | | | | 4:30.91 | 643 | | |
| | 50m: | 30.24 30.24 | 150m: | 1:37.39 | 34.14 | 250m: | 2:46.58 | 34.53 | 350m: | 3:56.73 | 35.11 |
| | 100m: | 1:03.25 33.01 | 200m: | 2:12.05 | 34.66 | 300m: | 3:21.62 | 35.04 | 400m: | 4:30.91 | 34.18 |
| 4. | GULCZY SKA Natalia | | 07 | Uks Cityzen | | | | 4:34.45 | 619 | | |
| | 50m: | 30.25 30.25 | 150m: | 1:39.03 | 34.76 | 250m: | 2:49.59 | 35.20 | 350m: | 3:59.76 | 34.26 |
| | 100m: | 1:04.27 34.02 | 200m: | 2:14.39 | 35.36 | 300m: | 3:25.50 | 35.91 | 400m: | 4:34.45 | 34.69 |
| 5. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łódź | | | | 4:36.80 | 603 | | |
| | 50m: | 32.14 32.14 | 150m: | 1:42.81 | 35.13 | 250m: | 2:53.40 | 35.18 | 350m: | 4:02.47 | 34.33 |
| | 100m: | 1:07.68 35.54 | 200m: | 2:18.22 | 35.41 | 300m: | 3:28.14 | 34.74 | 400m: | 4:36.80 | 34.33 |
| 6. | SZOPA Natalia | | 07 | UKP Gryf D bica | | | | 4:42.03 | 570 | | |
| | 50m: | 29.72 29.72 | 150m: | 1:38.88 | 35.72 | 250m: | 2:52.86 | 37.49 | 350m: | 4:06.51 | 36.61 |
| | 100m: | 1:03.16 33.44 | 200m: | 2:15.37 | 36.49 | 300m: | 3:29.90 | 37.04 | 400m: | 4:42.03 | 35.52 |
| 7. | TARASZKIEWICZ Zofia | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:44.93 | 553 | | |
| | 50m: | 31.60 31.60 | 150m: | 1:42.11 | 35.66 | 250m: | 2:54.33 | 36.03 | 350m: | 4:07.70 | 37.21 |
| | 100m: | 1:06.45 34.85 | 200m: | 2:18.30 | 36.19 | 300m: | 3:30.49 | 36.16 | 400m: | 4:44.93 | 37.23 |
| 8. | ORASZEK Karolina | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:45.49 | 550 | | |
| | 50m: | 31.13 31.13 | 150m: | 1:41.91 | 35.81 | 250m: | 2:55.78 | 37.17 | 350m: | 4:09.52 | 36.67 |
| | 100m: | 1:06.10 34.97 | 200m: | 2:18.61 | 36.70 | 300m: | 3:32.85 | 37.07 | 400m: | 4:45.49 | 35.97 |
| 9. | MICHALSKA Pola | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:50.11 | 524 | | |
| | 50m: | 32.59 32.59 | 150m: | 1:45.34 | 37.05 | 250m: | 2:59.03 | 37.34 | 350m: | 4:13.55 | 37.39 |
| | 100m: | 1:08.29 35.70 | 200m: | 2:21.69 | 36.35 | 300m: | 3:36.16 | 37.13 | 400m: | 4:50.11 | 36.56 |
| 10. | W GRZYCKA Małgorzata | | 07 | MKS Trójka Łódź | | | | 4:50.77 | 520 | | |
| | 50m: | 32.42 32.42 | 150m: | 1:45.18 | 36.59 | 250m: | 2:59.69 | 37.23 | 350m: | 4:14.34 | 37.17 |
| | 100m: | 1:08.59 36.17 | 200m: | 2:22.46 | 37.28 | 300m: | 3:37.17 | 37.48 | 400m: | 4:50.77 | 36.43 |
| 11. | WICHULSKA Małgorzata | | 07 | Mokotowski UKP Warszawianka- Wodny | | | | 4:52.17 | 513 | | |
| | 50m: | 31.18 31.18 | 150m: | 1:43.69 | 37.02 | 250m: | 2:59.47 | 38.33 | 350m: | 4:15.80 | 38.13 |
| | 100m: | 1:06.67 35.49 | 200m: | 2:21.14 | 37.45 | 300m: | 3:37.67 | 38.20 | 400m: | 4:52.17 | 36.37 |
| 12. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 4:55.37 | 496 | | |
| | 50m: | 31.88 31.88 | 150m: | 1:45.52 | 37.52 | 250m: | 3:02.33 | 38.64 | 350m: | 4:19.30 | 37.92 |
| | 100m: | 1:08.00 36.12 | 200m: | 2:23.69 | 38.17 | 300m: | 3:41.38 | 39.05 | 400m: | 4:55.37 | 36.07 |

14 lat

| | | | | | | | | | | | |
|----|---------------------|---------------|-------|--------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | SKORYKOW Lena | | 08 | UKS Ostrobramska | | | | 4:42.29 | 569 | | |
| | 50m: | 31.61 31.61 | 150m: | 1:42.43 | 35.89 | 250m: | 2:54.52 | 35.76 | 350m: | 4:05.40 | 35.50 |
| | 100m: | 1:06.54 34.93 | 200m: | 2:18.76 | 36.33 | 300m: | 3:29.90 | 35.38 | 400m: | 4:42.29 | 36.89 |
| 2. | GRZECH Maja | | 08 | UKS abianka Gdańsk | | | | 4:45.13 | 552 | | |
| | 50m: | 32.52 32.52 | 150m: | 1:43.81 | 35.87 | 250m: | 2:56.77 | 36.57 | 350m: | 4:10.06 | 36.65 |
| | 100m: | 1:07.94 35.42 | 200m: | 2:20.20 | 36.39 | 300m: | 3:33.41 | 36.64 | 400m: | 4:45.13 | 35.07 |
| 3. | HLUSHCHENKO Varvara | | 08 | UKS 190 Łódź | | | | 4:46.88 | 542 | | |
| | 50m: | 31.90 31.90 | 150m: | 1:44.28 | 36.58 | 250m: | 2:58.10 | 36.68 | 350m: | 4:12.01 | 36.60 |
| | 100m: | 1:07.70 35.80 | 200m: | 2:21.42 | 37.14 | 300m: | 3:35.41 | 37.31 | 400m: | 4:46.88 | 34.87 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 22, Dziewcz. t., 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|---------|------------------------------|-------|-------|---------------|----------------|---------------|
| 4. | TOMASZEWSKA Maria | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:48.90 | 530 |
| | 50m: | 32.14 32.14 | 150m: | 1:47.11 | 37.85 | 250m: | 3:01.81 37.32 | 350m: | 4:15.71 36.95 |
| | 100m: | 1:09.26 37.12 | 200m: | 2:24.49 | 37.38 | 300m: | 3:38.76 36.95 | 400m: | 4:48.90 33.19 |
| 5. | MAJEWSKA Martyna | | 08 | MKS Znicz Koszalin | | | | 4:50.77 | 520 |
| | 50m: | 31.34 31.34 | 150m: | 1:43.99 | 36.78 | 250m: | 2:59.12 37.83 | 350m: | 4:15.38 38.48 |
| | 100m: | 1:07.21 35.87 | 200m: | 2:21.29 | 37.30 | 300m: | 3:36.90 37.78 | 400m: | 4:50.77 35.39 |
| 6. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczbork | | | | 4:54.53 | 500 |
| | 50m: | 33.18 33.18 | 150m: | 1:48.56 | 38.37 | 250m: | 3:03.27 36.29 | 350m: | 4:17.45 37.12 |
| | 100m: | 1:10.19 37.01 | 200m: | 2:26.98 | 38.42 | 300m: | 3:40.33 37.06 | 400m: | 4:54.53 37.08 |
| 7. | SPYCHALSKA Dominika | | 08 | KP Aquapark W growiec | | | | 4:55.79 | 494 |
| | 50m: | 32.82 32.82 | 150m: | 1:48.47 | 38.28 | 250m: | 3:04.97 38.12 | 350m: | 4:20.26 37.43 |
| | 100m: | 1:10.19 37.37 | 200m: | 2:26.85 | 38.38 | 300m: | 3:42.83 37.86 | 400m: | 4:55.79 35.53 |
| 8. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łódź | | | | 4:56.17 | 492 |
| | 50m: | 33.11 33.11 | 150m: | 1:47.81 | 37.69 | 250m: | 3:03.93 37.91 | 350m: | 4:19.44 37.76 |
| | 100m: | 1:10.12 37.01 | 200m: | 2:26.02 | 38.21 | 300m: | 3:41.68 37.75 | 400m: | 4:56.17 36.73 |
| 9. | STANKO Khrystyna | | 08 | MUKS "Pi tnastrka" | | | | 5:02.49 | 462 |
| | 50m: | 31.75 31.75 | 150m: | 1:46.19 | 38.01 | 250m: | 3:04.40 39.25 | 350m: | 4:24.95 39.46 |
| | 100m: | 1:08.18 36.43 | 200m: | 2:25.15 | 38.96 | 300m: | 3:45.49 41.09 | 400m: | 5:02.49 37.54 |
| 10. | MAY Matylda | | 08 | MKP Astromal-Leszno | | | | 5:02.76 | 461 |
| | 50m: | 34.61 34.61 | 150m: | 1:50.51 | 38.40 | 250m: | 3:08.25 39.02 | 350m: | 4:26.10 38.85 |
| | 100m: | 1:12.11 37.50 | 200m: | 2:29.23 | 38.72 | 300m: | 3:47.25 39.00 | 400m: | 5:02.76 36.66 |
| 11. | DORO Y SKA Zuzanna | | 08 | MTKP Delfin Toru | | | | 5:09.99 | 429 |
| | 50m: | 35.74 35.74 | 150m: | 1:54.85 | 39.68 | 250m: | 3:13.71 39.21 | 350m: | 4:32.31 38.83 |
| | 100m: | 1:15.17 39.43 | 200m: | 2:34.50 | 39.65 | 300m: | 3:53.48 39.77 | 400m: | 5:09.99 37.68 |
| 12. | PILARSKA Maja | | 08 | KP Aquapark W growiec | | | | 5:23.92 | 376 |
| | 50m: | 37.01 37.01 | 150m: | 1:58.84 | 41.31 | 250m: | 3:20.33 40.46 | 350m: | 4:43.73 41.29 |
| | 100m: | 1:17.53 40.52 | 200m: | 2:39.87 | 41.03 | 300m: | 4:02.44 42.11 | 400m: | 5:23.92 40.19 |
| 13. | KRUTUL Aga | | 08 | MKS Znicz Koszalin | | | | 5:25.83 | 370 |
| | 50m: | 34.30 34.30 | 150m: | 1:53.07 | 40.27 | 250m: | 3:17.71 43.01 | 350m: | 4:43.45 42.38 |
| | 100m: | 1:12.80 38.50 | 200m: | 2:34.70 | 41.63 | 300m: | 4:01.07 43.36 | 400m: | 5:25.83 42.38 |
| 14. | WITKOWSKA Alicja | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 5:28.44 | 361 |
| | 50m: | 36.48 36.48 | 150m: | 1:59.85 | 42.36 | 250m: | 3:23.78 41.59 | 350m: | 4:47.71 41.85 |
| | 100m: | 1:17.49 41.01 | 200m: | 2:42.19 | 42.34 | 300m: | 4:05.86 42.08 | 400m: | 5:28.44 40.73 |
| 15. | DEREWECKA Kamila | | 08 | MKS Znicz Koszalin | | | | 5:33.13 | 346 |
| | 50m: | 35.38 35.38 | 150m: | 1:57.36 | 41.73 | 250m: | 3:25.39 44.59 | 350m: | 4:52.04 43.27 |
| | 100m: | 1:15.63 40.25 | 200m: | 2:40.80 | 43.44 | 300m: | 4:08.77 43.38 | 400m: | 5:33.13 41.09 |

Konkurencja 23
2022.11.12 - 20:40

M. czynn., 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski 3:37.57 WOJDAK Wojciech POL Netanya (ISR) 2015.12.02

Min. indywidualne na M (25m) Melbourne 2022 Open: 3:39.45

Punkty: FINA 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-----------------|-----------------------|-------------|---------|--------------------------|-------|-------|---------------|----------------|---------------|
| 14 lat i starsi | | | | | | | | | |
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka” Warszawa | | | | 3:43.05 | 861 |
| | 50m: | 25.36 25.36 | 150m: | 1:20.85 | 27.95 | 250m: | 2:17.25 28.32 | 350m: | 3:14.87 28.88 |
| | 100m: | 52.90 27.54 | 200m: | 1:48.93 | 28.08 | 300m: | 2:45.99 28.74 | 400m: | 3:43.05 28.18 |
| 2. | FILIPIAK Mikołaj | | 06 | KS Barrakuda Gdańsk | | | | 3:52.06 | 765 |
| | 50m: | 27.05 27.05 | 150m: | 1:25.65 | 29.48 | 250m: | 2:25.09 29.74 | 350m: | 3:23.94 29.34 |
| | 100m: | 56.17 29.12 | 200m: | 1:55.35 | 29.70 | 300m: | 2:54.60 29.51 | 400m: | 3:52.06 28.12 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|---------------|---------------------------|---------------|-------|---------------|-------|----------------|------|
| 3. | ZABOROWSKI Filip | 94 | MKP Szczecin | | | | | 3:52.79 | 757 |
| | 50m: 27.19 27.19 | 150m: 1:26.73 | 29.90 | 250m: 2:26.12 | 29.69 | 350m: 3:24.64 | 29.25 | | |
| | 100m: 56.83 29.64 | 200m: 1:56.43 | 29.70 | 300m: 2:55.39 | 29.27 | 400m: 3:52.79 | 28.15 | | |
| 4. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | | | | | 3:54.76 | 739 |
| | 50m: 26.21 26.21 | 150m: 1:25.25 | 29.87 | 250m: 2:26.08 | 30.27 | 350m: 3:26.17 | 29.75 | | |
| | 100m: 55.38 29.17 | 200m: 1:55.81 | 30.56 | 300m: 2:56.42 | 30.34 | 400m: 3:54.76 | 28.59 | | |
| 5. | RADKIEWICZ Kajetan | 05 | KS KSZO Ostrowiec w. | | | | | 3:55.99 | 727 |
| | 50m: 27.81 27.81 | 150m: 1:28.70 | 30.57 | 250m: 2:28.70 | 29.55 | 350m: 3:27.91 | 29.42 | | |
| | 100m: 58.13 30.32 | 200m: 1:59.15 | 30.45 | 300m: 2:58.49 | 29.79 | 400m: 3:55.99 | 28.08 | | |
| 6. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | | | | | 3:56.72 | 720 |
| | 50m: 27.76 27.76 | 150m: 1:28.34 | 30.17 | 250m: 2:28.84 | 30.17 | 350m: 3:28.68 | 29.81 | | |
| | 100m: 58.17 30.41 | 200m: 1:58.67 | 30.33 | 300m: 2:58.87 | 30.03 | 400m: 3:56.72 | 28.04 | | |
| 7. | WALTER Jakub | 04 | UKP Unia O wi cim | | | | | 3:56.84 | 719 |
| | 50m: 26.08 26.08 | 150m: 1:25.79 | 30.56 | 250m: 2:27.46 | 30.69 | 350m: 3:28.21 | 30.22 | | |
| | 100m: 55.23 29.15 | 200m: 1:56.77 | 30.98 | 300m: 2:57.99 | 30.53 | 400m: 3:56.84 | 28.63 | | |
| 8. | CHRZANOWSKI Damian | 98 | WKS I sk | | | | | 3:56.90 | 719 |
| | 50m: 26.93 26.93 | 150m: 1:26.43 | 30.04 | 250m: 2:26.63 | 30.09 | 350m: 3:27.33 | 30.39 | | |
| | 100m: 56.39 29.46 | 200m: 1:56.54 | 30.11 | 300m: 2:56.94 | 30.31 | 400m: 3:56.90 | 29.57 | | |
| 9. | KAPAŁA Szymon | 03 | AZS AWF Warszawa | | | | | 3:57.68 | 712 |
| | 50m: 27.77 27.77 | 150m: 1:27.67 | 29.97 | 250m: 2:28.06 | 30.06 | 350m: 3:28.76 | 30.20 | | |
| | 100m: 57.70 29.93 | 200m: 1:58.00 | 30.33 | 300m: 2:58.56 | 30.50 | 400m: 3:57.68 | 28.92 | | |
| 10. | LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | | | | | 3:58.12 | 708 |
| | 50m: 27.85 27.85 | 150m: 1:27.53 | 30.07 | 250m: 2:28.19 | 30.21 | 350m: 3:28.74 | 30.14 | | |
| | 100m: 57.46 29.61 | 200m: 1:57.98 | 30.45 | 300m: 2:58.60 | 30.41 | 400m: 3:58.12 | 29.38 | | |
| 11. | ZDYBEL Adam | 05 | KS Delfin Gdynia | | | | | 3:58.54 | 704 |
| | 50m: 27.88 27.88 | 150m: 1:28.63 | 30.51 | 250m: 2:29.22 | 30.43 | 350m: 3:29.59 | 29.98 | | |
| | 100m: 58.12 30.24 | 200m: 1:58.79 | 30.16 | 300m: 2:59.61 | 30.39 | 400m: 3:58.54 | 28.95 | | |
| 12. | GRZEGORCZYK Wiktor | 02 | AZS AWF Warszawa | | | | | 4:01.56 | 678 |
| | 50m: 28.49 28.49 | 150m: 1:30.47 | 31.26 | 250m: 2:32.09 | 30.14 | 350m: 3:32.45 | 30.05 | | |
| | 100m: 59.21 30.72 | 200m: 2:01.95 | 31.48 | 300m: 3:02.40 | 30.31 | 400m: 4:01.56 | 29.11 | | |
| 13. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródmi cie | | | | | 4:01.81 | 676 |
| | 50m: 27.45 27.45 | 150m: 1:28.34 | 30.76 | 250m: 2:29.80 | 30.94 | 350m: 3:31.64 | 30.75 | | |
| | 100m: 57.58 30.13 | 200m: 1:58.86 | 30.52 | 300m: 3:00.89 | 31.09 | 400m: 4:01.81 | 30.17 | | |
| 14. | GNACZY SKI Michał | 07 | MKP Szczecin | | | | | 4:02.13 | 673 |
| | 50m: 28.03 28.03 | 150m: 1:29.22 | 30.87 | 250m: 2:31.18 | 31.19 | 350m: 3:32.77 | 30.64 | | |
| | 100m: 58.35 30.32 | 200m: 1:59.99 | 30.77 | 300m: 3:02.13 | 30.95 | 400m: 4:02.13 | 29.36 | | |
| 15. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | | | | | 4:02.14 | 673 |
| | 50m: 27.98 27.98 | 150m: 1:29.45 | 30.96 | 250m: 2:31.14 | 30.73 | 350m: 3:32.16 | 30.43 | | |
| | 100m: 58.49 30.51 | 200m: 2:00.41 | 30.96 | 300m: 3:01.73 | 30.59 | 400m: 4:02.14 | 29.98 | | |
| 16. | PI TKA Hubert | 04 | MKP Szczecin | | | | | 4:02.41 | 671 |
| | 50m: 28.10 28.10 | 150m: 1:28.97 | 30.48 | 250m: 2:30.20 | 30.58 | 350m: 3:32.50 | 31.09 | | |
| | 100m: 58.49 30.39 | 200m: 1:59.62 | 30.65 | 300m: 3:01.41 | 31.21 | 400m: 4:02.41 | 29.91 | | |
| 17. | PIETRO Przemysław | 07 | KU AZS UMCS Lublin | | | | | 4:02.86 | 667 |
| | 50m: 27.60 27.60 | 150m: 1:28.86 | 31.05 | 250m: 2:31.01 | 31.20 | 350m: 3:33.40 | 31.23 | | |
| | 100m: 57.81 30.21 | 200m: 1:59.81 | 30.95 | 300m: 3:02.17 | 31.16 | 400m: 4:02.86 | 29.46 | | |
| 18. | ZAREMBA Adam | 05 | WKS I sk | | | | | 4:03.19 | 664 |
| | 50m: 27.50 27.50 | 150m: 1:27.86 | 30.22 | 250m: 2:30.09 | 31.20 | 350m: 3:33.08 | 31.30 | | |
| | 100m: 57.64 30.14 | 200m: 1:58.89 | 31.03 | 300m: 3:01.78 | 31.69 | 400m: 4:03.19 | 30.11 | | |
| 19. | DRABCZYK Krystian | 04 | UKP Unia O wi cim | | | | | 4:03.34 | 663 |
| | 50m: 28.70 28.70 | 150m: 1:30.65 | 31.36 | 250m: 2:32.50 | 30.84 | 350m: 3:34.35 | 30.89 | | |
| | 100m: 59.29 30.59 | 200m: 2:01.66 | 31.01 | 300m: 3:03.46 | 30.96 | 400m: 4:03.34 | 28.99 | | |
| 20. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | | | | | 4:04.03 | 657 |
| | 50m: 27.55 27.55 | 150m: 1:28.63 | 30.85 | 250m: 2:31.26 | 31.18 | 350m: 3:33.50 | 31.09 | | |
| | 100m: 57.78 30.23 | 200m: 2:00.08 | 31.45 | 300m: 3:02.41 | 31.15 | 400m: 4:04.03 | 30.53 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------|---------------|---------|-------------------------------|-------|---------------|----------------|---------------|------|
| 21. | GOŁACKI | Sergiusz | 04 | UKS 190 Łód | | | 4:04.19 | 656 | |
| | 50m: | 28.24 28.24 | 150m: | 1:29.78 30.95 | 250m: | 2:31.70 31.00 | 350m: | 3:33.76 31.18 | |
| | 100m: | 58.83 30.59 | 200m: | 2:00.70 30.92 | 300m: | 3:02.58 30.88 | 400m: | 4:04.19 30.43 | |
| 22. | SETLAK | Marcel | 05 | UKS abianka Gda sk | | | 4:04.35 | 655 | |
| | 50m: | 27.08 27.08 | 150m: | 1:28.47 30.93 | 250m: | 2:31.25 31.56 | 350m: | 3:33.44 31.32 | |
| | 100m: | 57.54 30.46 | 200m: | 1:59.69 31.22 | 300m: | 3:02.12 30.87 | 400m: | 4:04.35 30.91 | |
| 23. | MUSZY SKI | Jakub | 01 | MKS „Astoria” Bydgoszcz | | | 4:04.76 | 652 | |
| | 50m: | 27.64 27.64 | 150m: | 1:28.93 30.89 | 250m: | 2:31.04 31.11 | 350m: | 3:33.58 31.04 | |
| | 100m: | 58.04 30.40 | 200m: | 1:59.93 31.00 | 300m: | 3:02.54 31.50 | 400m: | 4:04.76 31.18 | |
| 24. | JANKOWSKI | Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wilkp. | | | 4:06.09 | 641 | |
| | 50m: | 28.18 28.18 | 150m: | 1:29.52 30.85 | 250m: | 2:31.77 31.05 | 350m: | 3:34.46 31.31 | |
| | 100m: | 58.67 30.49 | 200m: | 2:00.72 31.20 | 300m: | 3:03.15 31.38 | 400m: | 4:06.09 31.63 | |
| 25. | CIECHOMSKI | Rafał | 06 | MKS „Astoria” Bydgoszcz | | | 4:06.60 | 637 | |
| | 50m: | 27.76 27.76 | 150m: | 1:30.78 31.63 | 250m: | 2:33.46 31.00 | 350m: | 3:36.16 31.42 | |
| | 100m: | 59.15 31.39 | 200m: | 2:02.46 31.68 | 300m: | 3:04.74 31.28 | 400m: | 4:06.60 30.44 | |
| 26. | PI TKA | Miłosz | 07 | MKP Szczecin | | | 4:07.70 | 629 | |
| | 50m: | 28.61 28.61 | 150m: | 1:30.30 31.12 | 250m: | 2:34.06 31.87 | 350m: | 3:37.49 31.53 | |
| | 100m: | 59.18 30.57 | 200m: | 2:02.19 31.89 | 300m: | 3:05.96 31.90 | 400m: | 4:07.70 30.21 | |
| 27. | MINISZEWSKI | Sebastian | 04 | MUKS "Pi tnastka" | | | 4:07.84 | 628 | |
| | 50m: | 28.12 28.12 | 150m: | 1:30.68 31.41 | 250m: | 2:33.46 31.13 | 350m: | 3:36.59 31.51 | |
| | 100m: | 59.27 31.15 | 200m: | 2:02.33 31.65 | 300m: | 3:05.08 31.62 | 400m: | 4:07.84 31.25 | |
| 28. | JASI SKI | Kacper | 06 | MUKP Korona-Swim Kielce | | | 4:08.21 | 625 | |
| | 50m: | 27.97 27.97 | 150m: | 1:30.80 31.82 | 250m: | 2:34.68 31.87 | 350m: | 3:38.55 31.63 | |
| | 100m: | 58.98 31.01 | 200m: | 2:02.81 32.01 | 300m: | 3:06.92 32.24 | 400m: | 4:08.21 29.66 | |
| 29. | KOWALI SKI | Adrian | 06 | WKS l sk | | | 4:09.04 | 619 | |
| | 50m: | 28.90 28.90 | 150m: | 1:31.89 31.69 | 250m: | 2:34.99 31.48 | 350m: | 3:38.13 31.48 | |
| | 100m: | 1:00.20 31.30 | 200m: | 2:03.51 31.62 | 300m: | 3:06.65 31.66 | 400m: | 4:09.04 30.91 | |
| 30. | LITOBORSKI | Mikołaj | 08 | KS Warta Pozna | | | 4:09.34 | 616 | |
| | 50m: | 27.99 27.99 | 150m: | 1:32.23 32.58 | 250m: | 2:36.84 32.06 | 350m: | 3:39.84 31.39 | |
| | 100m: | 59.65 31.66 | 200m: | 2:04.78 32.55 | 300m: | 3:08.45 31.61 | 400m: | 4:09.34 29.50 | |
| 31. | DOKTÓR | Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wilkp. | | | 4:10.14 | 610 | |
| | 50m: | 29.26 29.26 | 150m: | 1:31.80 31.75 | 250m: | 2:35.63 31.86 | 350m: | 3:39.43 31.92 | |
| | 100m: | 1:00.05 30.79 | 200m: | 2:03.77 31.97 | 300m: | 3:07.51 31.88 | 400m: | 4:10.14 30.71 | |
| 32. | NOVOTNY | Adam | 07 | Sport Club Pardubice | | | 4:10.17 | 610 | |
| | 50m: | 27.50 27.50 | 150m: | 1:29.68 31.46 | 250m: | 2:33.68 31.90 | 350m: | 3:38.35 32.35 | |
| | 100m: | 58.22 30.72 | 200m: | 2:01.78 32.10 | 300m: | 3:06.00 32.32 | 400m: | 4:10.17 31.82 | |
| 33. | MICHNIEWICZ | Marcel | 06 | WKS l sk | | | 4:11.11 | 603 | |
| | 50m: | 27.82 27.82 | 150m: | 1:30.04 31.51 | 250m: | 2:33.72 32.05 | 350m: | 3:38.84 32.63 | |
| | 100m: | 58.53 30.71 | 200m: | 2:01.67 31.63 | 300m: | 3:06.21 32.49 | 400m: | 4:11.11 32.27 | |
| 34. | SIENKIEWICZ | Ignacy | 05 | IKS Konstancin | | | 4:11.50 | 601 | |
| | 50m: | 27.65 27.65 | 150m: | 1:30.36 31.50 | 250m: | 2:33.92 32.02 | 350m: | 3:39.35 32.73 | |
| | 100m: | 58.86 31.21 | 200m: | 2:01.90 31.54 | 300m: | 3:06.62 32.70 | 400m: | 4:11.50 32.15 | |
| 35. | WIEK Bła ej | | 05 | UKS abianka Gda sk | | | 4:11.79 | 599 | |
| | 50m: | 28.42 28.42 | 150m: | 1:32.42 31.88 | 250m: | 2:36.57 32.10 | 350m: | 3:40.75 31.67 | |
| | 100m: | 1:00.54 32.12 | 200m: | 2:04.47 32.05 | 300m: | 3:09.08 32.51 | 400m: | 4:11.79 31.04 | |
| 36. | HLUSHCHENKO | Zakhar | 06 | UKS 190 Łód | | | 4:12.21 | 596 | |
| | 50m: | 28.06 28.06 | 150m: | 1:31.34 32.01 | 250m: | 2:36.49 32.78 | 350m: | 3:41.91 32.18 | |
| | 100m: | 59.33 31.27 | 200m: | 2:03.71 32.37 | 300m: | 3:09.73 33.24 | 400m: | 4:12.21 30.30 | |
| 37. | WIECZORKOWSKI | Nikodem | 04 | MKP Szczecin | | | 4:12.41 | 594 | |
| | 50m: | 28.72 28.72 | 150m: | 1:31.78 31.82 | 250m: | 2:36.09 32.30 | 350m: | 3:41.38 32.68 | |
| | 100m: | 59.96 31.24 | 200m: | 2:03.79 32.01 | 300m: | 3:08.70 32.61 | 400m: | 4:12.41 31.03 | |
| 38. | BIE KOWSKI | Mateusz | 08 | UKS abianka Gda sk | | | 4:12.74 | 592 | |
| | 50m: | 28.29 28.29 | 150m: | 1:32.12 32.37 | 250m: | 2:36.70 32.37 | 350m: | 3:41.33 32.27 | |
| | 100m: | 59.75 31.46 | 200m: | 2:04.33 32.21 | 300m: | 3:09.06 32.36 | 400m: | 4:12.74 31.41 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 23, Mężczyźni, 400m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------------------|---------------|------------------------------|---------------|----------------|---------------|-------|------|
| 39. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawianka- | Wodny | 4:13.77 | 585 | | |
| | 50m: 27.81 27.81 | 150m: 1:30.03 | 31.08 | 250m: 2:34.46 | 32.74 | 350m: 3:41.54 | 33.78 | |
| | 100m: 58.95 31.14 | 200m: 2:01.72 | 31.69 | 300m: 3:07.76 | 33.30 | 400m: 4:13.77 | 32.23 | |
| 40. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | | 4:13.94 | 583 | | |
| | 50m: 27.64 27.64 | 150m: 1:31.45 | 32.51 | 250m: 2:36.41 | 32.35 | 350m: 3:41.33 | 32.47 | |
| | 100m: 58.94 31.30 | 200m: 2:04.06 | 32.61 | 300m: 3:08.86 | 32.45 | 400m: 4:13.94 | 32.61 | |
| 41. | PIÓRKOWSKI Adrian | 08 | MKP Szczecin | | 4:13.95 | 583 | | |
| | 50m: 29.34 29.34 | 150m: 1:33.58 | 32.20 | 250m: 2:38.10 | 32.22 | 350m: 3:43.01 | 32.36 | |
| | 100m: 1:01.38 32.04 | 200m: 2:05.88 | 32.30 | 300m: 3:10.65 | 32.55 | 400m: 4:13.95 | 30.94 | |
| 42. | ACZEK Hubert | 08 | KS „Wisła” Puławy | | 4:14.77 | 578 | | |
| | 50m: 28.88 28.88 | 150m: 1:34.45 | 32.98 | 250m: 2:40.27 | 32.69 | 350m: 3:44.89 | 32.11 | |
| | 100m: 1:01.47 32.59 | 200m: 2:07.58 | 33.13 | 300m: 3:12.78 | 32.51 | 400m: 4:14.77 | 29.88 | |
| 43. | VORONTSOV Maksym | 05 | TP Zielona Góra | | 4:14.81 | 577 | | |
| | 50m: 29.57 29.57 | 150m: 1:33.78 | 32.23 | 250m: 2:38.32 | 32.25 | 350m: 3:43.09 | 32.21 | |
| | 100m: 1:01.55 31.98 | 200m: 2:06.07 | 32.29 | 300m: 3:10.88 | 32.56 | 400m: 4:14.81 | 31.72 | |
| 44. | KUREK Bartosz | 06 | UKS 190 Łódź | | 4:15.04 | 576 | | |
| | 50m: 29.33 29.33 | 150m: 1:32.90 | 32.12 | 250m: 2:37.73 | 32.27 | 350m: 3:43.43 | 32.86 | |
| | 100m: 1:00.78 31.45 | 200m: 2:05.46 | 32.56 | 300m: 3:10.57 | 32.84 | 400m: 4:15.04 | 31.61 | |
| 45. | PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | | 4:15.14 | 575 | | |
| | 50m: 29.43 29.43 | 150m: 1:33.97 | 32.63 | 250m: 2:39.52 | 32.51 | 350m: 3:44.34 | 31.99 | |
| | 100m: 1:01.34 31.91 | 200m: 2:07.01 | 33.04 | 300m: 3:12.35 | 32.83 | 400m: 4:15.14 | 30.80 | |
| 46. | SZAREK Jan | 06 | WKS I sk | | 4:15.35 | 574 | | |
| | 50m: 28.74 28.74 | 150m: 1:32.85 | 32.22 | 250m: 2:37.91 | 32.81 | 350m: 3:43.06 | 32.49 | |
| | 100m: 1:00.63 31.89 | 200m: 2:05.10 | 32.25 | 300m: 3:10.57 | 32.66 | 400m: 4:15.35 | 32.29 | |
| 47. | REDZI ŹSKI VEL RYDZY ŹSKI Mateusz | 07 | UKP „Polonia Warszawa” | | 4:16.36 | 567 | | |
| | 50m: 28.82 28.82 | 150m: 1:33.53 | 32.95 | 250m: 2:39.02 | 32.35 | 350m: 3:44.04 | 32.49 | |
| | 100m: 1:00.58 31.76 | 200m: 2:06.67 | 33.14 | 300m: 3:11.55 | 32.53 | 400m: 4:16.36 | 32.32 | |
| 48. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | | 4:16.53 | 566 | | |
| | 50m: 27.97 27.97 | 150m: 1:30.47 | 31.88 | 250m: 2:37.55 | 33.85 | 350m: 3:44.97 | 33.46 | |
| | 100m: 58.59 30.62 | 200m: 2:03.70 | 33.23 | 300m: 3:11.51 | 33.96 | 400m: 4:16.53 | 31.56 | |
| 49. | SELDER Krystian | 07 | MKS Trójka Łódź | | 4:17.30 | 561 | | |
| | 50m: 28.40 28.40 | 150m: 1:32.82 | 32.78 | 250m: 2:38.40 | 32.86 | 350m: 3:44.83 | 33.08 | |
| | 100m: 1:00.04 31.64 | 200m: 2:05.54 | 32.72 | 300m: 3:11.75 | 33.35 | 400m: 4:17.30 | 32.47 | |
| 50. | GORZE Norbert | 06 | Uks Cityzen | | 4:17.60 | 559 | | |
| | 50m: 28.72 28.72 | 150m: 1:33.29 | 32.57 | 250m: 2:38.61 | 32.53 | 350m: 3:45.38 | 33.24 | |
| | 100m: 1:00.72 32.00 | 200m: 2:06.08 | 32.79 | 300m: 3:12.14 | 33.53 | 400m: 4:17.60 | 32.22 | |
| 51. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | | 4:17.94 | 557 | | |
| | 50m: 28.95 28.95 | 150m: 1:33.43 | 32.82 | 250m: 2:39.85 | 33.18 | 350m: 3:46.25 | 33.04 | |
| | 100m: 1:00.61 31.66 | 200m: 2:06.67 | 33.24 | 300m: 3:13.21 | 33.36 | 400m: 4:17.94 | 31.69 | |
| 52. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łódź | | 4:18.12 | 556 | | |
| | 50m: 28.66 28.66 | 150m: 1:33.09 | 32.08 | 250m: 2:38.33 | 32.99 | 350m: 3:45.32 | 33.40 | |
| | 100m: 1:01.01 32.35 | 200m: 2:05.34 | 32.25 | 300m: 3:11.92 | 33.59 | 400m: 4:18.12 | 32.80 | |
| 53. | NOWAK Aleksander | 06 | MKP Szczecin | | 4:18.46 | 553 | | |
| | 50m: 30.12 30.12 | 150m: 1:35.78 | 33.22 | 250m: 2:41.59 | 32.82 | 350m: 3:47.32 | 32.60 | |
| | 100m: 1:02.56 32.44 | 200m: 2:08.77 | 32.99 | 300m: 3:14.72 | 33.13 | 400m: 4:18.46 | 31.14 | |
| 54. | BORKOWSKI Marcel | 07 | KS Neptun Widnica | | 4:18.86 | 551 | | |
| | 50m: 29.53 29.53 | 150m: 1:34.26 | 32.75 | 250m: 2:40.20 | 32.81 | 350m: 3:46.77 | 32.93 | |
| | 100m: 1:01.51 31.98 | 200m: 2:07.39 | 33.13 | 300m: 3:13.84 | 33.64 | 400m: 4:18.86 | 32.09 | |
| 55. | DWORAKOWSKI Błażej | 07 | KS Delfin Gdynia | | 4:19.01 | 550 | | |
| | 50m: 29.32 29.32 | 150m: 1:35.60 | 33.02 | 250m: 2:41.62 | 33.21 | 350m: 3:47.93 | 32.87 | |
| | 100m: 1:02.58 33.26 | 200m: 2:08.41 | 32.81 | 300m: 3:15.06 | 33.44 | 400m: 4:19.01 | 31.08 | |
| 56. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | 4:19.26 | 548 | | |
| | 50m: 29.34 29.34 | 150m: 1:34.34 | 32.85 | 250m: 2:40.61 | 33.23 | 350m: 3:46.37 | 33.01 | |
| | 100m: 1:01.49 32.15 | 200m: 2:07.38 | 33.04 | 300m: 3:13.36 | 32.75 | 400m: 4:19.26 | 32.89 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|-------|---------------|---|---------------|-------|---------------|----------------|------|
| 57. | MAZUR Adam | | 07 | Grupa 5Styl | | | | 4:19.37 | 548 |
| | 50m: 29.74 | 29.74 | 150m: 1:35.50 | 33.14 | 250m: 2:42.06 | 33.34 | 350m: 3:47.80 | 32.72 | |
| | 100m: 1:02.36 | 32.62 | 200m: 2:08.72 | 33.22 | 300m: 3:15.08 | 33.02 | 400m: 4:19.37 | 31.57 | |
| 58. | CHABOWSKI Nathaniel | | 06 | UKS abianka Gda sk | | | | 4:19.39 | 547 |
| | 50m: 29.19 | 29.19 | 150m: 1:34.05 | 32.75 | 250m: 2:40.25 | 33.26 | 350m: 3:46.94 | 33.08 | |
| | 100m: 1:01.30 | 32.11 | 200m: 2:06.99 | 32.94 | 300m: 3:13.86 | 33.61 | 400m: 4:19.39 | 32.45 | |
| 59. | WENTLAND Miłosz | | 07 | MKS Trójka Łód | | | | 4:19.85 | 544 |
| | 50m: 29.28 | 29.28 | 150m: 1:34.45 | 33.15 | 250m: 2:40.75 | 33.29 | 350m: 3:47.22 | 33.49 | |
| | 100m: 1:01.30 | 32.02 | 200m: 2:07.46 | 33.01 | 300m: 3:13.73 | 32.98 | 400m: 4:19.85 | 32.63 | |
| 60. | WASILEWSKI Mateusz | | 08 | KU AZS UMCS Lublin | | | | 4:20.08 | 543 |
| | 50m: 29.86 | 29.86 | 150m: 1:35.88 | 33.31 | 250m: 2:42.71 | 33.31 | 350m: 3:48.34 | 32.19 | |
| | 100m: 1:02.57 | 32.71 | 200m: 2:09.40 | 33.52 | 300m: 3:16.15 | 33.44 | 400m: 4:20.08 | 31.74 | |
| 61. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łód | | | | 4:20.10 | 543 |
| | 50m: 29.74 | 29.74 | 150m: 1:35.46 | 33.14 | 250m: 2:42.01 | 33.39 | 350m: 3:48.06 | 33.23 | |
| | 100m: 1:02.32 | 32.58 | 200m: 2:08.62 | 33.16 | 300m: 3:14.83 | 32.82 | 400m: 4:20.10 | 32.04 | |
| 62. | KUSEK Mateusz | | 07 | Mi dzyszkołny UKS „Olimpijczyk” Suwałki | | | | 4:20.34 | 541 |
| | 50m: 29.64 | 29.64 | 150m: 1:34.38 | 32.82 | 250m: 2:41.17 | 33.42 | 350m: 3:48.38 | 33.62 | |
| | 100m: 1:01.56 | 31.92 | 200m: 2:07.75 | 33.37 | 300m: 3:14.76 | 33.59 | 400m: 4:20.34 | 31.96 | |
| 63. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 4:20.63 | 540 |
| | 50m: 30.14 | 30.14 | 150m: 1:35.88 | 32.90 | 250m: 2:41.81 | 32.98 | 350m: 3:48.66 | 33.33 | |
| | 100m: 1:02.98 | 32.84 | 200m: 2:08.83 | 32.95 | 300m: 3:15.33 | 33.52 | 400m: 4:20.63 | 31.97 | |
| 64. | ŁUBI SKI Szymon | | 08 | UKS „GIM 92 Ursynów” | | | | 4:20.75 | 539 |
| | 50m: 29.29 | 29.29 | 150m: 1:33.98 | 32.65 | 250m: 2:40.30 | 33.36 | 350m: 3:47.97 | 34.02 | |
| | 100m: 1:01.33 | 32.04 | 200m: 2:06.94 | 32.96 | 300m: 3:13.95 | 33.65 | 400m: 4:20.75 | 32.78 | |
| 65. | PRZE DZIAK Stanisław | | 06 | UKP „Polonia Warszawa” | | | | 4:21.27 | 536 |
| | 50m: 29.49 | 29.49 | 150m: 1:35.85 | 33.57 | 250m: 2:43.17 | 33.64 | 350m: 3:49.74 | 33.22 | |
| | 100m: 1:02.28 | 32.79 | 200m: 2:09.53 | 33.68 | 300m: 3:16.52 | 33.35 | 400m: 4:21.27 | 31.53 | |
| 66. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | | | 4:21.52 | 534 |
| | 50m: 30.03 | 30.03 | 150m: 1:36.62 | 33.33 | 250m: 2:43.64 | 33.49 | 350m: 3:49.24 | 32.27 | |
| | 100m: 1:03.29 | 33.26 | 200m: 2:10.15 | 33.53 | 300m: 3:16.97 | 33.33 | 400m: 4:21.52 | 32.28 | |
| 67. | ŁUSZCZY SKI Krzysztof | | 08 | UKS abianka Gda sk | | | | 4:22.76 | 527 |
| | 50m: 29.42 | 29.42 | 150m: 1:35.87 | 33.55 | 250m: 2:43.33 | 33.74 | 350m: 3:50.99 | 33.27 | |
| | 100m: 1:02.32 | 32.90 | 200m: 2:09.59 | 33.72 | 300m: 3:17.72 | 34.39 | 400m: 4:22.76 | 31.77 | |
| 68. | BIELIENKOV Nikita | | 08 | KS Warta Pozna | | | | 4:24.29 | 517 |
| | 50m: 29.60 | 29.60 | 150m: 1:35.44 | 33.69 | 250m: | | 350m: 3:51.22 | 34.13 | |
| | 100m: 1:01.75 | 32.15 | 200m: | | 300m: 3:17.09 | | 400m: 4:24.29 | 33.07 | |
| 69. | PERA Jan | | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:24.40 | 517 |
| | 50m: 28.47 | 28.47 | 150m: 1:34.63 | 33.48 | 250m: 2:41.35 | 33.60 | 350m: 3:50.05 | 34.29 | |
| | 100m: 1:01.15 | 32.68 | 200m: 2:07.75 | 33.12 | 300m: 3:15.76 | 34.41 | 400m: 4:24.40 | 34.35 | |
| 70. | LE NIEWSKI Wiktor | | 06 | UKP „Polonia Warszawa” | | | | 4:24.87 | 514 |
| | 50m: 29.52 | 29.52 | 150m: 1:34.74 | 32.82 | 250m: 2:42.10 | 33.76 | 350m: 3:50.61 | 34.59 | |
| | 100m: 1:01.92 | 32.40 | 200m: 2:08.34 | 33.60 | 300m: 3:16.02 | 33.92 | 400m: 4:24.87 | 34.26 | |
| 71. | TREDER Konrad | | 08 | UKS abianka Gda sk | | | | 4:25.57 | 510 |
| | 50m: 29.67 | 29.67 | 150m: 1:36.57 | 33.74 | 250m: 2:45.15 | 34.29 | 350m: 3:52.70 | 33.51 | |
| | 100m: 1:02.83 | 33.16 | 200m: 2:10.86 | 34.29 | 300m: 3:19.19 | 34.04 | 400m: 4:25.57 | 32.87 | |
| 72. | PRONIN Patryk | | 07 | MKP Szczecin | | | | 4:25.69 | 509 |
| | 50m: 30.07 | 30.07 | 150m: 1:37.57 | 34.02 | 250m: 2:46.26 | 34.17 | 350m: 3:53.31 | 33.17 | |
| | 100m: 1:03.55 | 33.48 | 200m: 2:12.09 | 34.52 | 300m: 3:20.14 | 33.88 | 400m: 4:25.69 | 32.38 | |
| 73. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | | | 4:26.36 | 505 |
| | 50m: 28.39 | 28.39 | 150m: 1:33.84 | 33.27 | 250m: 2:41.99 | 34.22 | 350m: 3:51.89 | 35.01 | |
| | 100m: 1:00.57 | 32.18 | 200m: 2:07.77 | 33.93 | 300m: 3:16.88 | 34.89 | 400m: 4:26.36 | 34.47 | |
| 74. | KOWOLIK Alex | | 04 | UKP Unia O wi cim | | | | 4:26.72 | 503 |
| | 50m: 28.77 | 28.77 | 150m: 1:35.16 | 34.09 | 250m: 2:44.33 | 34.81 | 350m: 3:52.97 | 34.58 | |
| | 100m: 1:01.07 | 32.30 | 200m: 2:09.52 | 34.36 | 300m: 3:18.39 | 34.06 | 400m: 4:26.72 | 33.75 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|-------|---------------|------------------------------|---------------|-------|---------------|----------------|------|
| 75. | MENTEL Igor | | 08 | KS Delfin Gdynia | | | | 4:27.58 | 499 |
| | 50m: 30.18 | 30.18 | 150m: 1:37.48 | 33.85 | 250m: 2:46.05 | 34.24 | 350m: 3:54.36 | 33.92 | |
| | 100m: 1:03.63 | 33.45 | 200m: 2:11.81 | 34.33 | 300m: 3:20.44 | 34.39 | 400m: 4:27.58 | 33.22 | |
| 76. | FEDASZ Alan | | 08 | UKP „Polonia Warszawa” | | | | 4:28.40 | 494 |
| | 50m: 29.70 | 29.70 | 150m: 1:37.98 | 34.39 | 250m: 2:47.80 | 35.35 | 350m: 3:56.09 | 34.02 | |
| | 100m: 1:03.59 | 33.89 | 200m: 2:12.45 | 34.47 | 300m: 3:22.07 | 34.27 | 400m: 4:28.40 | 32.31 | |
| 77. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:29.27 | 489 |
| | 50m: 29.82 | 29.82 | 150m: 1:36.81 | 34.13 | 250m: 2:45.68 | 34.64 | 350m: 3:55.73 | 35.19 | |
| | 100m: 1:02.68 | 32.86 | 200m: 2:11.04 | 34.23 | 300m: 3:20.54 | 34.86 | 400m: 4:29.27 | 33.54 | |
| 78. | DOMA SKI Franciszek | | 06 | MKS „Astoria” Bydgoszcz | | | | 4:30.08 | 485 |
| | 50m: 30.11 | 30.11 | 150m: 1:36.68 | 33.37 | 250m: 2:44.74 | 34.21 | 350m: 3:55.30 | 35.96 | |
| | 100m: 1:03.31 | 33.20 | 200m: 2:10.53 | 33.85 | 300m: 3:19.34 | 34.60 | 400m: 4:30.08 | 34.78 | |
| 79. | CIBA Mateusz | | 08 | MKP Szczecin | | | | 4:30.50 | 483 |
| | 50m: 30.01 | 30.01 | 150m: 1:38.27 | 34.70 | 250m: 2:48.13 | 35.08 | 350m: 3:57.28 | 35.12 | |
| | 100m: 1:03.57 | 33.56 | 200m: 2:13.05 | 34.78 | 300m: 3:22.16 | 34.03 | 400m: 4:30.50 | 33.22 | |
| 80. | PIETRZAK Michał | | 07 | KS Warta Pozna | | | | 4:30.86 | 481 |
| | 50m: 30.46 | 30.46 | 150m: 1:37.54 | 33.88 | 250m: 2:47.07 | 35.12 | 350m: 3:55.84 | 34.37 | |
| | 100m: 1:03.66 | 33.20 | 200m: 2:11.95 | 34.41 | 300m: 3:21.47 | 34.40 | 400m: 4:30.86 | 35.02 | |
| 81. | WAWRZYNIAK Filip | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:31.64 | 477 |
| | 50m: 29.64 | 29.64 | 150m: 1:36.79 | 34.08 | 250m: 2:46.96 | 35.45 | 350m: 3:57.59 | 35.11 | |
| | 100m: 1:02.71 | 33.07 | 200m: 2:11.51 | 34.72 | 300m: 3:22.48 | 35.52 | 400m: 4:31.64 | 34.05 | |
| 82. | JANIEC Mateusz | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:39.08 | 439 |
| | 50m: 30.43 | 30.43 | 150m: 1:40.09 | 35.87 | 250m: 2:53.10 | 36.54 | 350m: 4:04.42 | 35.23 | |
| | 100m: 1:04.22 | 33.79 | 200m: 2:16.56 | 36.47 | 300m: 3:29.19 | 36.09 | 400m: 4:39.08 | 34.66 | |
| 83. | CYGA SKI Krzysztof | | 07 | UKS „GIM 92 Ursynów” | | | | 4:43.84 | 418 |
| | 50m: 31.54 | 31.54 | 150m: 1:43.68 | 36.56 | 250m: 2:57.12 | 36.96 | 350m: 4:09.26 | 36.31 | |
| | 100m: 1:07.12 | 35.58 | 200m: 2:20.16 | 36.48 | 300m: 3:32.95 | 35.83 | 400m: 4:43.84 | 34.58 | |
| 84. | LITWI SKI Igor | | 07 | MUKP Korona-Swim Kielce | | | | 4:44.52 | 415 |
| | 50m: 32.30 | 32.30 | 150m: 1:43.97 | 35.95 | 250m: 2:56.68 | 36.17 | 350m: 4:09.24 | 36.23 | |
| | 100m: 1:08.02 | 35.72 | 200m: 2:20.51 | 36.54 | 300m: 3:33.01 | 36.33 | 400m: 4:44.52 | 35.28 | |
| 85. | NIEMCZURA Wiktor | | 08 | UKP „Polonia Warszawa” | | | | 5:04.60 | 338 |
| | 50m: 35.06 | 35.06 | 150m: 1:53.00 | 38.99 | 250m: 3:11.09 | 39.05 | 350m: 4:28.41 | 38.60 | |
| | 100m: 1:14.01 | 38.95 | 200m: 2:32.04 | 39.04 | 300m: 3:49.81 | 38.72 | 400m: 5:04.60 | 36.19 | |
| 86. | SZCZEPA SKI Cyprian | | 08 | MKP Astromal-Leszno | | | | 5:16.02 | 302 |
| | 50m: 31.76 | 31.76 | 150m: 1:50.92 | 40.64 | 250m: 3:55.52 | 41.87 | 350m: | | |
| | 100m: 1:10.28 | 38.52 | 200m: 3:13.65 | 1:22.73 | 300m: 4:38.13 | 42.61 | 400m: 5:16.02 | | |
| 87. | ŁATKA Aleksander | | 08 | KP Aquapark W growiec | | | | 5:16.25 | 302 |
| | 50m: 33.26 | 33.26 | 150m: 1:53.00 | 40.97 | 250m: 3:14.99 | 40.93 | 350m: 4:37.29 | 41.08 | |
| | 100m: 1:12.03 | 38.77 | 200m: 2:34.06 | 41.06 | 300m: 3:56.21 | 41.22 | 400m: 5:16.25 | 38.96 | |
| 88. | WŁODARCZAK Wiktor | | 08 | MKP Astromal-Leszno | | | | 5:16.62 | 301 |
| | 50m: 34.95 | 34.95 | 150m: 1:53.92 | 40.27 | 250m: 3:15.00 | 40.96 | 350m: 4:37.52 | 41.36 | |
| | 100m: 1:13.65 | 38.70 | 200m: 2:34.04 | 40.12 | 300m: 3:56.16 | 41.16 | 400m: 5:16.62 | 39.10 | |

17 - 18 lat

| | | | | | | | | | |
|----|-----------------------|-------|---------------|--------------------------|---------------|-------|---------------|----------------|-----|
| 1. | CHMIELEWSKI Krzysztof | | 04 | IUKS „Muszelka” Warszawa | | | | 3:43.05 | 861 |
| | 50m: 25.36 | 25.36 | 150m: 1:20.85 | 27.95 | 250m: 2:17.25 | 28.32 | 350m: 3:14.87 | 28.88 | |
| | 100m: 52.90 | 27.54 | 200m: 1:48.93 | 28.08 | 300m: 2:45.99 | 28.74 | 400m: 3:43.05 | 28.18 | |
| 2. | MASIUK Ksawery | | 04 | UKS G-8 Bielany Warszawa | | | | 3:54.76 | 739 |
| | 50m: 26.21 | 26.21 | 150m: 1:25.25 | 29.87 | 250m: 2:26.08 | 30.27 | 350m: 3:26.17 | 29.75 | |
| | 100m: 55.38 | 29.17 | 200m: 1:55.81 | 30.56 | 300m: 2:56.42 | 30.34 | 400m: 3:54.76 | 28.59 | |
| 3. | RADKIEWICZ Kajetan | | 05 | KS KSZO Ostrowiec w. | | | | 3:55.99 | 727 |
| | 50m: 27.81 | 27.81 | 150m: 1:28.70 | 30.57 | 250m: 2:28.70 | 29.55 | 350m: 3:27.91 | 29.42 | |
| | 100m: 58.13 | 30.32 | 200m: 1:59.15 | 30.45 | 300m: 2:58.49 | 29.79 | 400m: 3:55.99 | 28.08 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 17 - 18 lat

| Pozycja | | | | | Rok ur. | | | | | Czas | Pkt. | |
|---------|------------------------------|---------|-------|-------|---------|------------------------------|-------|---------|-------|----------------|---------|-------|
| 4. | CHMIELEWSKI Michał | | | | 04 | IUKS „Muszelka” Warszawa | | | | 3:56.72 | 720 | |
| | 50m: | 27.76 | 27.76 | 150m: | 1:28.34 | 30.17 | 250m: | 2:28.84 | 30.17 | 350m: | 3:28.68 | 29.81 |
| | 100m: | 58.17 | 30.41 | 200m: | 1:58.67 | 30.33 | 300m: | 2:58.87 | 30.03 | 400m: | 3:56.72 | 28.04 |
| 5. | WALTER Jakub | | | | 04 | UKP Unia O wi cim | | | | 3:56.84 | 719 | |
| | 50m: | 26.08 | 26.08 | 150m: | 1:25.79 | 30.56 | 250m: | 2:27.46 | 30.69 | 350m: | 3:28.21 | 30.22 |
| | 100m: | 55.23 | 29.15 | 200m: | 1:56.77 | 30.98 | 300m: | 2:57.99 | 30.53 | 400m: | 3:56.84 | 28.63 |
| 6. | ZDYBEL Adam | | | | 05 | KS Delfin Gdynia | | | | 3:58.54 | 704 | |
| | 50m: | 27.88 | 27.88 | 150m: | 1:28.63 | 30.51 | 250m: | 2:29.22 | 30.43 | 350m: | 3:29.59 | 29.98 |
| | 100m: | 58.12 | 30.24 | 200m: | 1:58.79 | 30.16 | 300m: | 2:59.61 | 30.39 | 400m: | 3:58.54 | 28.95 |
| 7. | KOWALSKI Mateusz | | | | 05 | KS Delfin Gdynia | | | | 4:02.14 | 673 | |
| | 50m: | 27.98 | 27.98 | 150m: | 1:29.45 | 30.96 | 250m: | 2:31.14 | 30.73 | 350m: | 3:32.16 | 30.43 |
| | 100m: | 58.49 | 30.51 | 200m: | 2:00.41 | 30.96 | 300m: | 3:01.73 | 30.59 | 400m: | 4:02.14 | 29.98 |
| 8. | PI TKA Hubert | | | | 04 | MKP Szczecin | | | | 4:02.41 | 671 | |
| | 50m: | 28.10 | 28.10 | 150m: | 1:28.97 | 30.48 | 250m: | 2:30.20 | 30.58 | 350m: | 3:32.50 | 31.09 |
| | 100m: | 58.49 | 30.39 | 200m: | 1:59.62 | 30.65 | 300m: | 3:01.41 | 31.21 | 400m: | 4:02.41 | 29.91 |
| 9. | ZAREMBA Adam | | | | 05 | WKS I sk | | | | 4:03.19 | 664 | |
| | 50m: | 27.50 | 27.50 | 150m: | 1:27.86 | 30.22 | 250m: | 2:30.09 | 31.20 | 350m: | 3:33.08 | 31.30 |
| | 100m: | 57.64 | 30.14 | 200m: | 1:58.89 | 31.03 | 300m: | 3:01.78 | 31.69 | 400m: | 4:03.19 | 30.11 |
| 10. | DRABCZYK Krystian | | | | 04 | UKP Unia O wi cim | | | | 4:03.34 | 663 | |
| | 50m: | 28.70 | 28.70 | 150m: | 1:30.65 | 31.36 | 250m: | 2:32.50 | 30.84 | 350m: | 3:34.35 | 30.89 |
| | 100m: | 59.29 | 30.59 | 200m: | 2:01.66 | 31.01 | 300m: | 3:03.46 | 30.96 | 400m: | 4:03.34 | 28.99 |
| 11. | BELZYT Maksymilian | | | | 05 | UKS abianka Gda sk | | | | 4:04.03 | 657 | |
| | 50m: | 27.55 | 27.55 | 150m: | 1:28.63 | 30.85 | 250m: | 2:31.26 | 31.18 | 350m: | 3:33.50 | 31.09 |
| | 100m: | 57.78 | 30.23 | 200m: | 2:00.08 | 31.45 | 300m: | 3:02.41 | 31.15 | 400m: | 4:04.03 | 30.53 |
| 12. | GOŁACKI Sergiusz | | | | 04 | UKS 190 Łód | | | | 4:04.19 | 656 | |
| | 50m: | 28.24 | 28.24 | 150m: | 1:29.78 | 30.95 | 250m: | 2:31.70 | 31.00 | 350m: | 3:33.76 | 31.18 |
| | 100m: | 58.83 | 30.59 | 200m: | 2:00.70 | 30.92 | 300m: | 3:02.58 | 30.88 | 400m: | 4:04.19 | 30.43 |
| 13. | SETLAK Marcel | | | | 05 | UKS abianka Gda sk | | | | 4:04.35 | 655 | |
| | 50m: | 27.08 | 27.08 | 150m: | 1:28.47 | 30.93 | 250m: | 2:31.25 | 31.56 | 350m: | 3:33.44 | 31.32 |
| | 100m: | 57.54 | 30.46 | 200m: | 1:59.69 | 31.22 | 300m: | 3:02.12 | 30.87 | 400m: | 4:04.35 | 30.91 |
| 14. | JANKOWSKI Antoni | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:06.09 | 641 | |
| | 50m: | 28.18 | 28.18 | 150m: | 1:29.52 | 30.85 | 250m: | 2:31.77 | 31.05 | 350m: | 3:34.46 | 31.31 |
| | 100m: | 58.67 | 30.49 | 200m: | 2:00.72 | 31.20 | 300m: | 3:03.15 | 31.38 | 400m: | 4:06.09 | 31.63 |
| 15. | MINISZEWSKI Sebastian | | | | 04 | MUKS "Pi tnastka" | | | | 4:07.84 | 628 | |
| | 50m: | 28.12 | 28.12 | 150m: | 1:30.68 | 31.41 | 250m: | 2:33.46 | 31.13 | 350m: | 3:36.59 | 31.51 |
| | 100m: | 59.27 | 31.15 | 200m: | 2:02.33 | 31.65 | 300m: | 3:05.08 | 31.62 | 400m: | 4:07.84 | 31.25 |
| 16. | DOKTÓR Mateusz | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:10.14 | 610 | |
| | 50m: | 29.26 | 29.26 | 150m: | 1:31.80 | 31.75 | 250m: | 2:35.63 | 31.86 | 350m: | 3:39.43 | 31.92 |
| | 100m: | 1:00.05 | 30.79 | 200m: | 2:03.77 | 31.97 | 300m: | 3:07.51 | 31.88 | 400m: | 4:10.14 | 30.71 |
| 17. | SIENKIEWICZ Ignacy | | | | 05 | IKS Konstancin | | | | 4:11.50 | 601 | |
| | 50m: | 27.65 | 27.65 | 150m: | 1:30.36 | 31.50 | 250m: | 2:33.92 | 32.02 | 350m: | 3:39.35 | 32.73 |
| | 100m: | 58.86 | 31.21 | 200m: | 2:01.90 | 31.54 | 300m: | 3:06.62 | 32.70 | 400m: | 4:11.50 | 32.15 |
| 18. | WIEK Bła ej | | | | 05 | UKS abianka Gda sk | | | | 4:11.79 | 599 | |
| | 50m: | 28.42 | 28.42 | 150m: | 1:32.42 | 31.88 | 250m: | 2:36.57 | 32.10 | 350m: | 3:40.75 | 31.67 |
| | 100m: | 1:00.54 | 32.12 | 200m: | 2:04.47 | 32.05 | 300m: | 3:09.08 | 32.51 | 400m: | 4:11.79 | 31.04 |
| 19. | WIECZORKOWSKI Nikodem | | | | 04 | MKP Szczecin | | | | 4:12.41 | 594 | |
| | 50m: | 28.72 | 28.72 | 150m: | 1:31.78 | 31.82 | 250m: | 2:36.09 | 32.30 | 350m: | 3:41.38 | 32.68 |
| | 100m: | 59.96 | 31.24 | 200m: | 2:03.79 | 32.01 | 300m: | 3:08.70 | 32.61 | 400m: | 4:12.41 | 31.03 |
| 20. | VORONTSOV Maksym | | | | 05 | TP Zielona Góra | | | | 4:14.81 | 577 | |
| | 50m: | 29.57 | 29.57 | 150m: | 1:33.78 | 32.23 | 250m: | 2:38.32 | 32.25 | 350m: | 3:43.09 | 32.21 |
| | 100m: | 1:01.55 | 31.98 | 200m: | 2:06.07 | 32.29 | 300m: | 3:10.88 | 32.56 | 400m: | 4:14.81 | 31.72 |
| 21. | ZINKOVSKYI Nestor | | | | 05 | MKS Trójka Łód | | | | 4:18.12 | 556 | |
| | 50m: | 28.66 | 28.66 | 150m: | 1:33.09 | 32.08 | 250m: | 2:38.33 | 32.99 | 350m: | 3:45.32 | 33.40 |
| | 100m: | 1:01.01 | 32.35 | 200m: | 2:05.34 | 32.25 | 300m: | 3:11.92 | 33.59 | 400m: | 4:18.12 | 32.80 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|------------------------------------|-------|-------|---------------|----------------|---------------|
| 22. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 4:20.63 | 540 |
| | 50m: | 30.14 30.14 | 150m: | 1:35.88 | 32.90 | 250m: | 2:41.81 32.98 | 350m: | 3:48.66 33.33 |
| | 100m: | 1:02.98 32.84 | 200m: | 2:08.83 | 32.95 | 300m: | 3:15.33 33.52 | 400m: | 4:20.63 31.97 |
| 23. | KOWOLIK Alex | | 04 | UKP Unia Owiścim | | | | 4:26.72 | 503 |
| | 50m: | 28.77 28.77 | 150m: | 1:35.16 | 34.09 | 250m: | 2:44.33 34.81 | 350m: | 3:52.97 34.58 |
| | 100m: | 1:01.07 32.30 | 200m: | 2:09.52 | 34.36 | 300m: | 3:18.39 34.06 | 400m: | 4:26.72 33.75 |
| 16 lat | | | | | | | | | |
| 1. | FILIPIAK Mikołaj | | 06 | KS Barrakuda Gdańsk | | | | 3:52.06 | 765 |
| | 50m: | 27.05 27.05 | 150m: | 1:25.65 | 29.48 | 250m: | 2:25.09 29.74 | 350m: | 3:23.94 29.34 |
| | 100m: | 56.17 29.12 | 200m: | 1:55.35 | 29.70 | 300m: | 2:54.60 29.51 | 400m: | 3:52.06 28.12 |
| 2. | LARY Jerzy | | 06 | IUKS „Muszelka” Warszawa | | | | 3:58.12 | 708 |
| | 50m: | 27.85 27.85 | 150m: | 1:27.53 | 30.07 | 250m: | 2:28.19 30.21 | 350m: | 3:28.74 30.14 |
| | 100m: | 57.46 29.61 | 200m: | 1:57.98 | 30.45 | 300m: | 2:58.60 30.41 | 400m: | 3:58.12 29.38 |
| 3. | MIENICKI Rafał | | 06 | UKS 48 Warszawa rodzimie cię | | | | 4:01.81 | 676 |
| | 50m: | 27.45 27.45 | 150m: | 1:28.34 | 30.76 | 250m: | 2:29.80 30.94 | 350m: | 3:31.64 30.75 |
| | 100m: | 57.58 30.13 | 200m: | 1:58.86 | 30.52 | 300m: | 3:00.89 31.09 | 400m: | 4:01.81 30.17 |
| 4. | CIECHOMSKI Rafał | | 06 | MKS „Astoria” Bydgoszcz | | | | 4:06.60 | 637 |
| | 50m: | 27.76 27.76 | 150m: | 1:30.78 | 31.63 | 250m: | 2:33.46 31.00 | 350m: | 3:36.16 31.42 |
| | 100m: | 59.15 31.39 | 200m: | 2:02.46 | 31.68 | 300m: | 3:04.74 31.28 | 400m: | 4:06.60 30.44 |
| 5. | JASI SKI Kacper | | 06 | MUKP Korona-Swim Kielce | | | | 4:08.21 | 625 |
| | 50m: | 27.97 27.97 | 150m: | 1:30.80 | 31.82 | 250m: | 2:34.68 31.87 | 350m: | 3:38.55 31.63 |
| | 100m: | 58.98 31.01 | 200m: | 2:02.81 | 32.01 | 300m: | 3:06.92 32.24 | 400m: | 4:08.21 29.66 |
| 6. | KOWALI SKI Adrian | | 06 | WKS I sk | | | | 4:09.04 | 619 |
| | 50m: | 28.90 28.90 | 150m: | 1:31.89 | 31.69 | 250m: | 2:34.99 31.48 | 350m: | 3:38.13 31.48 |
| | 100m: | 1:00.20 31.30 | 200m: | 2:03.51 | 31.62 | 300m: | 3:06.65 31.66 | 400m: | 4:09.04 30.91 |
| 7. | MICHNIEWICZ Marcel | | 06 | WKS I sk | | | | 4:11.11 | 603 |
| | 50m: | 27.82 27.82 | 150m: | 1:30.04 | 31.51 | 250m: | 2:33.72 32.05 | 350m: | 3:38.84 32.63 |
| | 100m: | 58.53 30.71 | 200m: | 2:01.67 | 31.63 | 300m: | 3:06.21 32.49 | 400m: | 4:11.11 32.27 |
| 8. | HLUSHCHENKO Zakhar | | 06 | UKS 190 Łódź | | | | 4:12.21 | 596 |
| | 50m: | 28.06 28.06 | 150m: | 1:31.34 | 32.01 | 250m: | 2:36.49 32.78 | 350m: | 3:41.91 32.18 |
| | 100m: | 59.33 31.27 | 200m: | 2:03.71 | 32.37 | 300m: | 3:09.73 33.24 | 400m: | 4:12.21 30.30 |
| 9. | YEVDOKYMOV Dmytro | | 06 | Mokotowski UKP Warszawianka- Wodny | | | | 4:13.77 | 585 |
| | 50m: | 27.81 27.81 | 150m: | 1:30.03 | 31.08 | 250m: | 2:34.46 32.74 | 350m: | 3:41.54 33.78 |
| | 100m: | 58.95 31.14 | 200m: | 2:01.72 | 31.69 | 300m: | 3:07.76 33.30 | 400m: | 4:13.77 32.23 |
| 10. | RYSTWEJ Maksymilian | | 06 | UKS G-8 Bielany Warszawa | | | | 4:13.94 | 583 |
| | 50m: | 27.64 27.64 | 150m: | 1:31.45 | 32.51 | 250m: | 2:36.41 32.35 | 350m: | 3:41.33 32.47 |
| | 100m: | 58.94 31.30 | 200m: | 2:04.06 | 32.61 | 300m: | 3:08.86 32.45 | 400m: | 4:13.94 32.61 |
| 11. | KUREK Bartosz | | 06 | UKS 190 Łódź | | | | 4:15.04 | 576 |
| | 50m: | 29.33 29.33 | 150m: | 1:32.90 | 32.12 | 250m: | 2:37.73 32.27 | 350m: | 3:43.43 32.86 |
| | 100m: | 1:00.78 31.45 | 200m: | 2:05.46 | 32.56 | 300m: | 3:10.57 32.84 | 400m: | 4:15.04 31.61 |
| 12. | SZAREK Jan | | 06 | WKS I sk | | | | 4:15.35 | 574 |
| | 50m: | 28.74 28.74 | 150m: | 1:32.85 | 32.22 | 250m: | 2:37.91 32.81 | 350m: | 3:43.06 32.49 |
| | 100m: | 1:00.63 31.89 | 200m: | 2:05.10 | 32.25 | 300m: | 3:10.57 32.66 | 400m: | 4:15.35 32.29 |
| 13. | GORZE Norbert | | 06 | Uks Cityzen | | | | 4:17.60 | 559 |
| | 50m: | 28.72 28.72 | 150m: | 1:33.29 | 32.57 | 250m: | 2:38.61 32.53 | 350m: | 3:45.38 33.24 |
| | 100m: | 1:00.72 32.00 | 200m: | 2:06.08 | 32.79 | 300m: | 3:12.14 33.53 | 400m: | 4:17.60 32.22 |
| 14. | NOWAK Aleksander | | 06 | MKP Szczecin | | | | 4:18.46 | 553 |
| | 50m: | 30.12 30.12 | 150m: | 1:35.78 | 33.22 | 250m: | 2:41.59 32.82 | 350m: | 3:47.32 32.60 |
| | 100m: | 1:02.56 32.44 | 200m: | 2:08.77 | 32.99 | 300m: | 3:14.72 33.13 | 400m: | 4:18.46 31.14 |
| 15. | PARADOWSKI Michał | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:19.26 | 548 |
| | 50m: | 29.34 29.34 | 150m: | 1:34.34 | 32.85 | 250m: | 2:40.61 33.23 | 350m: | 3:46.37 33.01 |
| | 100m: | 1:01.49 32.15 | 200m: | 2:07.38 | 33.04 | 300m: | 3:13.36 32.75 | 400m: | 4:19.26 32.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|-------|---------------|------------------------------|---------------|-------|----------------|-------|------|
| 16. | CHABOWSKI Nathaniel | | 06 | UKS abianka Gda sk | | | 4:19.39 | 547 | |
| | 50m: 29.19 | 29.19 | 150m: 1:34.05 | 32.75 | 250m: 2:40.25 | 33.26 | 350m: 3:46.94 | 33.08 | |
| | 100m: 1:01.30 | 32.11 | 200m: 2:06.99 | 32.94 | 300m: 3:13.86 | 33.61 | 400m: 4:19.39 | 32.45 | |
| 17. | PRZE DZIAK Stanisław | | 06 | UKP „Polonia Warszawa” | | | 4:21.27 | 536 | |
| | 50m: 29.49 | 29.49 | 150m: 1:35.85 | 33.57 | 250m: 2:43.17 | 33.64 | 350m: 3:49.74 | 33.22 | |
| | 100m: 1:02.28 | 32.79 | 200m: 2:09.53 | 33.68 | 300m: 3:16.52 | 33.35 | 400m: 4:21.27 | 31.53 | |
| 18. | LE NIEWSKI Wiktor | | 06 | UKP „Polonia Warszawa” | | | 4:24.87 | 514 | |
| | 50m: 29.52 | 29.52 | 150m: 1:34.74 | 32.82 | 250m: 2:42.10 | 33.76 | 350m: 3:50.61 | 34.59 | |
| | 100m: 1:01.92 | 32.40 | 200m: 2:08.34 | 33.60 | 300m: 3:16.02 | 33.92 | 400m: 4:24.87 | 34.26 | |
| 19. | W SIK Marek | | 06 | DOKiS SP Vega Dobrodzie | | | 4:26.36 | 505 | |
| | 50m: 28.39 | 28.39 | 150m: 1:33.84 | 33.27 | 250m: 2:41.99 | 34.22 | 350m: 3:51.89 | 35.01 | |
| | 100m: 1:00.57 | 32.18 | 200m: 2:07.77 | 33.93 | 300m: 3:16.88 | 34.89 | 400m: 4:26.36 | 34.47 | |
| 20. | ROZMIAREK Mateusz | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 4:29.27 | 489 | |
| | 50m: 29.82 | 29.82 | 150m: 1:36.81 | 34.13 | 250m: 2:45.68 | 34.64 | 350m: 3:55.73 | 35.19 | |
| | 100m: 1:02.68 | 32.86 | 200m: 2:11.04 | 34.23 | 300m: 3:20.54 | 34.86 | 400m: 4:29.27 | 33.54 | |
| 21. | DOMA SKI Franciszek | | 06 | MKS „Astoria” Bydgoszcz | | | 4:30.08 | 485 | |
| | 50m: 30.11 | 30.11 | 150m: 1:36.68 | 33.37 | 250m: 2:44.74 | 34.21 | 350m: 3:55.30 | 35.96 | |
| | 100m: 1:03.31 | 33.20 | 200m: 2:10.53 | 33.85 | 300m: 3:19.34 | 34.60 | 400m: 4:30.08 | 34.78 | |
| 22. | WAWRZYNIAK Filip | | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 4:31.64 | 477 | |
| | 50m: 29.64 | 29.64 | 150m: 1:36.79 | 34.08 | 250m: 2:46.96 | 35.45 | 350m: 3:57.59 | 35.11 | |
| | 100m: 1:02.71 | 33.07 | 200m: 2:11.51 | 34.72 | 300m: 3:22.48 | 35.52 | 400m: 4:31.64 | 34.05 | |

15 lat

| | | | | | | | | |
|-----|---------------------------------|-------|---------------|------------------------|---------------|-------|----------------|-------|
| 1. | GNACZY SKI Michał | | 07 | MKP Szczecin | | | 4:02.13 | 673 |
| | 50m: 28.03 | 28.03 | 150m: 1:29.22 | 30.87 | 250m: 2:31.18 | 31.19 | 350m: 3:32.77 | 30.64 |
| | 100m: 58.35 | 30.32 | 200m: 1:59.99 | 30.77 | 300m: 3:02.13 | 30.95 | 400m: 4:02.13 | 29.36 |
| 2. | PIETRO Przemysław | | 07 | KU AZS UMCS Lublin | | | 4:02.86 | 667 |
| | 50m: 27.60 | 27.60 | 150m: 1:28.86 | 31.05 | 250m: 2:31.01 | 31.20 | 350m: 3:33.40 | 31.23 |
| | 100m: 57.81 | 30.21 | 200m: 1:59.81 | 30.95 | 300m: 3:02.17 | 31.16 | 400m: 4:02.86 | 29.46 |
| 3. | PI TKA Miłosz | | 07 | MKP Szczecin | | | 4:07.70 | 629 |
| | 50m: 28.61 | 28.61 | 150m: 1:30.30 | 31.12 | 250m: 2:34.06 | 31.87 | 350m: 3:37.49 | 31.53 |
| | 100m: 59.18 | 30.57 | 200m: 2:02.19 | 31.89 | 300m: 3:05.96 | 31.90 | 400m: 4:07.70 | 30.21 |
| 4. | NOVOTNY Adam | | 07 | Sport Club Pardubice | | | 4:10.17 | 610 |
| | 50m: 27.50 | 27.50 | 150m: 1:29.68 | 31.46 | 250m: 2:33.68 | 31.90 | 350m: 3:38.35 | 32.35 |
| | 100m: 58.22 | 30.72 | 200m: 2:01.78 | 32.10 | 300m: 3:06.00 | 32.32 | 400m: 4:10.17 | 31.82 |
| 5. | PONIEWA Oliwier | | 07 | KU AZS UMCS Lublin | | | 4:15.14 | 575 |
| | 50m: 29.43 | 29.43 | 150m: 1:33.97 | 32.63 | 250m: 2:39.52 | 32.51 | 350m: 3:44.34 | 31.99 |
| | 100m: 1:01.34 | 31.91 | 200m: 2:07.01 | 33.04 | 300m: 3:12.35 | 32.83 | 400m: 4:15.14 | 30.80 |
| 6. | REDZI SKI VEL RYDZY SKI Mateusz | 07 | 07 | UKP „Polonia Warszawa” | | | 4:16.36 | 567 |
| | 50m: 28.82 | 28.82 | 150m: 1:33.53 | 32.95 | 250m: 2:39.02 | 32.35 | 350m: 3:44.04 | 32.49 |
| | 100m: 1:00.58 | 31.76 | 200m: 2:06.67 | 33.14 | 300m: 3:11.55 | 32.53 | 400m: 4:16.36 | 32.32 |
| 7. | OŁOWNIA Ignacy | | 07 | KS Delfin Gdynia | | | 4:16.53 | 566 |
| | 50m: 27.97 | 27.97 | 150m: 1:30.47 | 31.88 | 250m: 2:37.55 | 33.85 | 350m: 3:44.97 | 33.46 |
| | 100m: 58.59 | 30.62 | 200m: 2:03.70 | 33.23 | 300m: 3:11.51 | 33.96 | 400m: 4:16.53 | 31.56 |
| 8. | SELDER Krystian | | 07 | MKS Trójka Łód | | | 4:17.30 | 561 |
| | 50m: 28.40 | 28.40 | 150m: 1:32.82 | 32.78 | 250m: 2:38.40 | 32.86 | 350m: 3:44.83 | 33.08 |
| | 100m: 1:00.04 | 31.64 | 200m: 2:05.54 | 32.72 | 300m: 3:11.75 | 33.35 | 400m: 4:17.30 | 32.47 |
| 9. | BORKOWSKI Marcel | | 07 | KS Neptun widnica | | | 4:18.86 | 551 |
| | 50m: 29.53 | 29.53 | 150m: 1:34.26 | 32.75 | 250m: 2:40.20 | 32.81 | 350m: 3:46.77 | 32.93 |
| | 100m: 1:01.51 | 31.98 | 200m: 2:07.39 | 33.13 | 300m: 3:13.84 | 33.64 | 400m: 4:18.86 | 32.09 |
| 10. | DWORAKOWSKI Bła ej | | 07 | KS Delfin Gdynia | | | 4:19.01 | 550 |
| | 50m: 29.32 | 29.32 | 150m: 1:35.60 | 33.02 | 250m: 2:41.62 | 33.21 | 350m: 3:47.93 | 32.87 |
| | 100m: 1:02.58 | 33.26 | 200m: 2:08.41 | 32.81 | 300m: 3:15.06 | 33.44 | 400m: 4:19.01 | 31.08 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|--------------------|---------------|---------|---|-------|-------|---------|----------------|-------|---------|-------|
| 11. | MAZUR Adam | | 07 | Grupa 5Styl | | | | 4:19.37 | 548 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.50 | 33.14 | 250m: | 2:42.06 | 33.34 | 350m: | 3:47.80 | 32.72 |
| | 100m: | 1:02.36 32.62 | 200m: | 2:08.72 | 33.22 | 300m: | 3:15.08 | 33.02 | 400m: | 4:19.37 | 31.57 |
| 12. | WENTLAND Miłosz | | 07 | MKS Trójka Łód | | | | 4:19.85 | 544 | | |
| | 50m: | 29.28 29.28 | 150m: | 1:34.45 | 33.15 | 250m: | 2:40.75 | 33.29 | 350m: | 3:47.22 | 33.49 |
| | 100m: | 1:01.30 32.02 | 200m: | 2:07.46 | 33.01 | 300m: | 3:13.73 | 32.98 | 400m: | 4:19.85 | 32.63 |
| 13. | MIKOŁAJCZYK Adrian | | 07 | MKS Trójka Łód | | | | 4:20.10 | 543 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.46 | 33.14 | 250m: | 2:42.01 | 33.39 | 350m: | 3:48.06 | 33.23 |
| | 100m: | 1:02.32 32.58 | 200m: | 2:08.62 | 33.16 | 300m: | 3:14.83 | 32.82 | 400m: | 4:20.10 | 32.04 |
| 14. | KUSEK Mateusz | | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:20.34 | 541 | | |
| | 50m: | 29.64 29.64 | 150m: | 1:34.38 | 32.82 | 250m: | 2:41.17 | 33.42 | 350m: | 3:48.38 | 33.62 |
| | 100m: | 1:01.56 31.92 | 200m: | 2:07.75 | 33.37 | 300m: | 3:14.76 | 33.59 | 400m: | 4:20.34 | 31.96 |
| 15. | GRZYWI SKI Jakub | | 07 | KU AZS UMCS Lublin | | | | 4:21.52 | 534 | | |
| | 50m: | 30.03 30.03 | 150m: | 1:36.62 | 33.33 | 250m: | 2:43.64 | 33.49 | 350m: | 3:49.24 | 32.27 |
| | 100m: | 1:03.29 33.26 | 200m: | 2:10.15 | 33.53 | 300m: | 3:16.97 | 33.33 | 400m: | 4:21.52 | 32.28 |
| 16. | PERA Jan | | 07 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:24.40 | 517 | | |
| | 50m: | 28.47 28.47 | 150m: | 1:34.63 | 33.48 | 250m: | 2:41.35 | 33.60 | 350m: | 3:50.05 | 34.29 |
| | 100m: | 1:01.15 32.68 | 200m: | 2:07.75 | 33.12 | 300m: | 3:15.76 | 34.41 | 400m: | 4:24.40 | 34.35 |
| 17. | PRONIN Patryk | | 07 | MKP Szczecin | | | | 4:25.69 | 509 | | |
| | 50m: | 30.07 30.07 | 150m: | 1:37.57 | 34.02 | 250m: | 2:46.26 | 34.17 | 350m: | 3:53.31 | 33.17 |
| | 100m: | 1:03.55 33.48 | 200m: | 2:12.09 | 34.52 | 300m: | 3:20.14 | 33.88 | 400m: | 4:25.69 | 32.38 |
| 18. | PIETRZAK Michał | | 07 | KS Warta Pozna | | | | 4:30.86 | 481 | | |
| | 50m: | 30.46 30.46 | 150m: | 1:37.54 | 33.88 | 250m: | 2:47.07 | 35.12 | 350m: | 3:55.84 | 34.37 |
| | 100m: | 1:03.66 33.20 | 200m: | 2:11.95 | 34.41 | 300m: | 3:21.47 | 34.40 | 400m: | 4:30.86 | 35.02 |
| 19. | CYGA SKI Krzysztof | | 07 | UKS „GIM 92 Ursynów” | | | | 4:43.84 | 418 | | |
| | 50m: | 31.54 31.54 | 150m: | 1:43.68 | 36.56 | 250m: | 2:57.12 | 36.96 | 350m: | 4:09.26 | 36.31 |
| | 100m: | 1:07.12 35.58 | 200m: | 2:20.16 | 36.48 | 300m: | 3:32.95 | 35.83 | 400m: | 4:43.84 | 34.58 |
| 20. | LITWI SKI Igor | | 07 | MUKP Korona-Swim Kielce | | | | 4:44.52 | 415 | | |
| | 50m: | 32.30 32.30 | 150m: | 1:43.97 | 35.95 | 250m: | 2:56.68 | 36.17 | 350m: | 4:09.24 | 36.23 |
| | 100m: | 1:08.02 35.72 | 200m: | 2:20.51 | 36.54 | 300m: | 3:33.01 | 36.33 | 400m: | 4:44.52 | 35.28 |

14 lat

| | | | | | | | | | | | |
|----|-----------------------|---------------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | LITOBORSKI Mikołaj | | 08 | KS Warta Pozna | | | | 4:09.34 | 616 | | |
| | 50m: | 27.99 27.99 | 150m: | 1:32.23 | 32.58 | 250m: | 2:36.84 | 32.06 | 350m: | 3:39.84 | 31.39 |
| | 100m: | 59.65 31.66 | 200m: | 2:04.78 | 32.55 | 300m: | 3:08.45 | 31.61 | 400m: | 4:09.34 | 29.50 |
| 2. | BIE KOWSKI Mateusz | | 08 | UKS abianka Gdańsk | | | | 4:12.74 | 592 | | |
| | 50m: | 28.29 28.29 | 150m: | 1:32.12 | 32.37 | 250m: | 2:36.70 | 32.37 | 350m: | 3:41.33 | 32.27 |
| | 100m: | 59.75 31.46 | 200m: | 2:04.33 | 32.21 | 300m: | 3:09.06 | 32.36 | 400m: | 4:12.74 | 31.41 |
| 3. | PIÓRKOWSKI Adrian | | 08 | MKP Szczecin | | | | 4:13.95 | 583 | | |
| | 50m: | 29.34 29.34 | 150m: | 1:33.58 | 32.20 | 250m: | 2:38.10 | 32.22 | 350m: | 3:43.01 | 32.36 |
| | 100m: | 1:01.38 32.04 | 200m: | 2:05.88 | 32.30 | 300m: | 3:10.65 | 32.55 | 400m: | 4:13.95 | 30.94 |
| 4. | ACZEK Hubert | | 08 | KS „Wisła” Puławy | | | | 4:14.77 | 578 | | |
| | 50m: | 28.88 28.88 | 150m: | 1:34.45 | 32.98 | 250m: | 2:40.27 | 32.69 | 350m: | 3:44.89 | 32.11 |
| | 100m: | 1:01.47 32.59 | 200m: | 2:07.58 | 33.13 | 300m: | 3:12.78 | 32.51 | 400m: | 4:14.77 | 29.88 |
| 5. | GWIAZDOWSKI Krzysztof | | 08 | MKS Piaseczno | | | | 4:17.94 | 557 | | |
| | 50m: | 28.95 28.95 | 150m: | 1:33.43 | 32.82 | 250m: | 2:39.85 | 33.18 | 350m: | 3:46.25 | 33.04 |
| | 100m: | 1:00.61 31.66 | 200m: | 2:06.67 | 33.24 | 300m: | 3:13.21 | 33.36 | 400m: | 4:17.94 | 31.69 |
| 6. | WASILEWSKI Mateusz | | 08 | KU AZS UMCS Lublin | | | | 4:20.08 | 543 | | |
| | 50m: | 29.86 29.86 | 150m: | 1:35.88 | 33.31 | 250m: | 2:42.71 | 33.31 | 350m: | 3:48.34 | 32.19 |
| | 100m: | 1:02.57 32.71 | 200m: | 2:09.40 | 33.52 | 300m: | 3:16.15 | 33.44 | 400m: | 4:20.08 | 31.74 |
| 7. | ŁUBI SKI Szymon | | 08 | UKS „GIM 92 Ursynów” | | | | 4:20.75 | 539 | | |
| | 50m: | 29.29 29.29 | 150m: | 1:33.98 | 32.65 | 250m: | 2:40.30 | 33.36 | 350m: | 3:47.97 | 34.02 |
| | 100m: | 1:01.33 32.04 | 200m: | 2:06.94 | 32.96 | 300m: | 3:13.95 | 33.65 | 400m: | 4:20.75 | 32.78 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 23, Chłopców, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|-----------------------|---------------|---------|------------------------------|---------|-------|---------|----------------|-------|---------|-------|
| 8. | ŁUSZCZY SKI Krzysztof | | 08 | UKS abianka Gda sk | | | | 4:22.76 | 527 | | |
| | 50m: | 29.42 29.42 | 150m: | 1:35.87 | 33.55 | 250m: | 2:43.33 | 33.74 | 350m: | 3:50.99 | 33.27 |
| | 100m: | 1:02.32 32.90 | 200m: | 2:09.59 | 33.72 | 300m: | 3:17.72 | 34.39 | 400m: | 4:22.76 | 31.77 |
| 9. | BIELIENKOV Nikita | | 08 | KS Warta Pozna | | | | 4:24.29 | 517 | | |
| | 50m: | 29.60 29.60 | 150m: | 1:35.44 | 33.69 | 250m: | | | 350m: | 3:51.22 | 34.13 |
| | 100m: | 1:01.75 32.15 | 200m: | | | 300m: | 3:17.09 | | 400m: | 4:24.29 | 33.07 |
| 10. | TREDER Konrad | | 08 | UKS abianka Gda sk | | | | 4:25.57 | 510 | | |
| | 50m: | 29.67 29.67 | 150m: | 1:36.57 | 33.74 | 250m: | 2:45.15 | 34.29 | 350m: | 3:52.70 | 33.51 |
| | 100m: | 1:02.83 33.16 | 200m: | 2:10.86 | 34.29 | 300m: | 3:19.19 | 34.04 | 400m: | 4:25.57 | 32.87 |
| 11. | MENTEL Igor | | 08 | KS Delfin Gdynia | | | | 4:27.58 | 499 | | |
| | 50m: | 30.18 30.18 | 150m: | 1:37.48 | 33.85 | 250m: | 2:46.05 | 34.24 | 350m: | 3:54.36 | 33.92 |
| | 100m: | 1:03.63 33.45 | 200m: | 2:11.81 | 34.33 | 300m: | 3:20.44 | 34.39 | 400m: | 4:27.58 | 33.22 |
| 12. | FEDASZ Alan | | 08 | UKP „Polonia Warszawa” | | | | 4:28.40 | 494 | | |
| | 50m: | 29.70 29.70 | 150m: | 1:37.98 | 34.39 | 250m: | 2:47.80 | 35.35 | 350m: | 3:56.09 | 34.02 |
| | 100m: | 1:03.59 33.89 | 200m: | 2:12.45 | 34.47 | 300m: | 3:22.07 | 34.27 | 400m: | 4:28.40 | 32.31 |
| 13. | CIBA Mateusz | | 08 | MKP Szczecin | | | | 4:30.50 | 483 | | |
| | 50m: | 30.01 30.01 | 150m: | 1:38.27 | 34.70 | 250m: | 2:48.13 | 35.08 | 350m: | 3:57.28 | 35.12 |
| | 100m: | 1:03.57 33.56 | 200m: | 2:13.05 | 34.78 | 300m: | 3:22.16 | 34.03 | 400m: | 4:30.50 | 33.22 |
| 14. | JANIEC Mateusz | | 08 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:39.08 | 439 | | |
| | 50m: | 30.43 30.43 | 150m: | 1:40.09 | 35.87 | 250m: | 2:53.10 | 36.54 | 350m: | 4:04.42 | 35.23 |
| | 100m: | 1:04.22 33.79 | 200m: | 2:16.56 | 36.47 | 300m: | 3:29.19 | 36.09 | 400m: | 4:39.08 | 34.66 |
| 15. | NIEMCZURA Wiktor | | 08 | UKP „Polonia Warszawa” | | | | 5:04.60 | 338 | | |
| | 50m: | 35.06 35.06 | 150m: | 1:53.00 | 38.99 | 250m: | 3:11.09 | 39.05 | 350m: | 4:28.41 | 38.60 |
| | 100m: | 1:14.01 38.95 | 200m: | 2:32.04 | 39.04 | 300m: | 3:49.81 | 38.72 | 400m: | 5:04.60 | 36.19 |
| 16. | SZCZEPA SKI Cyprian | | 08 | MKP Astromal-Leszno | | | | 5:16.02 | 302 | | |
| | 50m: | 31.76 31.76 | 150m: | 1:50.92 | 40.64 | 250m: | 3:55.52 | 41.87 | 350m: | | |
| | 100m: | 1:10.28 38.52 | 200m: | 3:13.65 | 1:22.73 | 300m: | 4:38.13 | 42.61 | 400m: | 5:16.02 | |
| 17. | ŁATKA Aleksander | | 08 | KP Aquapark W growiec | | | | 5:16.25 | 302 | | |
| | 50m: | 33.26 33.26 | 150m: | 1:53.00 | 40.97 | 250m: | 3:14.99 | 40.93 | 350m: | 4:37.29 | 41.08 |
| | 100m: | 1:12.03 38.77 | 200m: | 2:34.06 | 41.06 | 300m: | 3:56.21 | 41.22 | 400m: | 5:16.25 | 38.96 |
| 18. | WŁODARCZAK Wiktor | | 08 | MKP Astromal-Leszno | | | | 5:16.62 | 301 | | |
| | 50m: | 34.95 34.95 | 150m: | 1:53.92 | 40.27 | 250m: | 3:15.00 | 40.96 | 350m: | 4:37.52 | 41.36 |
| | 100m: | 1:13.65 38.70 | 200m: | 2:34.04 | 40.12 | 300m: | 3:56.16 | 41.16 | 400m: | 5:16.62 | 39.10 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24
2022.11.13 - 9:00

M ężczyzn, 200m dowolny

14 lat i starsi
Wyniki

Rekord Polski 1:41.62 MAJCHRZAK Kacper POL Berlin (GER) 2017.08.07

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:42.76 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:43.79

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|-----------------------|---------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 92 | MAJCHRZAK Kacper | 1:44.86 | 851 | 23.98 | 26.66 | 27.08 | 27.14 |
| 2. | 04 | MASIUK Ksawery | 1:46.67 | 808 | 24.77 | 27.07 | 27.31 | 27.52 |
| 3. | 03 | CHOWANIEC Mateusz | 1:47.16 | 797 | 24.62 | 27.24 | 27.74 | 27.56 |
| 4. | 06 | FILIPIAK Mikołaj | 1:49.32 | 751 | 25.97 | 27.48 | 27.81 | 28.06 |
| 5. | 03 | ZUBIK Jan | 1:49.49 | 747 | 25.61 | 28.06 | 27.95 | 27.87 |
| 6. | 04 | WALTER Jakub | 1:50.14 | 734 | 25.31 | 28.12 | 28.79 | 27.92 |
| 7. | 07 | PIETRO Przemysław | 1:50.26 | 732 | 25.69 | 28.14 | 28.40 | 28.03 |
| 8. | 01 | JAWORSKI Szymon | 1:50.39 | 729 | 25.59 | 27.93 | 28.34 | 28.53 |
| 9. | 94 | ZABOROWSKI Filip | 1:50.44 | 728 | 26.14 | 28.33 | 28.16 | 27.81 |
| 10. | 02 | JA KIEWICZ Adrian | 1:50.63 | 724 | 25.87 | 28.38 | 28.11 | 28.27 |
| 11. | 05 | PLAGA Dawid | 1:50.64 | 724 | 25.98 | 28.28 | 28.37 | 28.01 |
| 12. | 04 | KONARSKI Maciej | 1:50.87 | 719 | 25.36 | 27.59 | 28.70 | 29.22 |
| 13. | 05 | ZDYBEL Adam | 1:51.15 | 714 | 26.11 | 28.21 | 28.54 | 28.29 |
| 14. | 04 | GULI SKI Maciej | 1:51.24 | 712 | 26.16 | 28.22 | 28.92 | 27.94 |
| 15. | 04 | CIESIELSKI Artur | 1:52.06 | 697 | 25.44 | 28.36 | 29.06 | 29.20 |
| 16. | 98 | CHRZANOWSKI Damian | 1:52.14 | 695 | 26.35 | 28.34 | 29.03 | 28.42 |
| 17. | 05 | SEMERA Milan | 1:52.59 | 687 | 26.08 | 28.66 | 28.69 | 29.16 |
| 18. | 05 | JANKOWSKI Przemysław | 1:52.63 | 686 | 25.91 | 28.12 | 29.09 | 29.51 |
| 19. | 00 | KUCZAK Adam | 1:52.67 | 686 | 26.10 | 28.47 | 29.06 | 29.04 |
| 20. | 99 | BIERO SKI Michał | 1:52.69 | 685 | 25.29 | 28.55 | 29.51 | 29.34 |
| 21. | 05 | RADKIEWICZ Kajetan | 1:52.74 | 684 | 26.82 | 29.03 | 28.80 | 28.09 |
| 22. | 05 | ZAREMBA Adam | 1:53.10 | 678 | 26.71 | 28.66 | 28.91 | 28.82 |
| 23. | 04 | CHMIELEWSKI Krzysztof | 1:53.14 | 677 | 25.13 | 28.68 | 29.03 | 30.30 |
| 24. | 04 | PIELA Michał | 1:53.27 | 675 | 27.37 | 29.55 | 28.97 | 27.38 |
| 25. | 04 | CHMIELEWSKI Michał | 1:53.33 | 674 | 26.68 | 29.23 | 29.32 | 28.10 |
| 26. | 05 | TKACZ Wiktor | 1:53.38 | 673 | 25.64 | 27.98 | 30.01 | 29.75 |
| 27. | 03 | KAPAŁA Szymon | 1:53.63 | 668 | 26.88 | 28.72 | 29.27 | 28.76 |
| 28. | 06 | MIENICKI Rafał | 1:53.77 | 666 | 25.92 | 28.51 | 29.39 | 29.95 |
| 29. | 06 | MAKSAJDA Kacper | 1:53.87 | 664 | 25.70 | 29.13 | 29.65 | 29.39 |
| 30. | 05 | KOWALSKI Mateusz | 1:53.97 | 662 | 26.15 | 28.67 | 29.70 | 29.45 |
| | 03 | ZIELI SKI Konrad | 1:53.97 | 662 | 26.73 | 28.86 | 29.83 | 28.55 |
| 32. | 04 | MOC Albert | 1:54.17 | 659 | 26.27 | 29.12 | 29.55 | 29.23 |
| 33. | 99 | BRYŁA Kamil | 1:54.28 | 657 | 25.74 | 28.41 | 29.39 | 30.74 |
| 34. | 06 | YEVDOKYMOV Dmytro | 1:54.71 | 650 | 26.64 | 28.99 | 29.40 | 29.68 |
| 35. | 07 | GNACZY SKI Michał | 1:55.42 | 638 | 26.96 | 29.24 | 30.38 | 28.84 |
| 36. | 07 | LESIK Oskar | 1:55.87 | 630 | 26.61 | 29.08 | 29.75 | 30.43 |
| 37. | 05 | JANKOWSKI Antoni | 1:55.91 | 630 | 26.20 | 28.79 | 30.16 | 30.76 |
| 38. | 06 | CIECHOMSKI Rafał | 1:55.96 | 629 | 26.86 | 29.39 | 29.93 | 29.78 |
| 39. | 05 | BELZYT Maksymilian | 1:56.23 | 624 | 26.39 | 28.73 | 30.27 | 30.84 |
| 40. | 06 | LARY Jerzy | 1:56.33 | 623 | 27.73 | 29.57 | 29.76 | 29.27 |
| 41. | 04 | MINISZEWSKI Sebastian | 1:56.42 | 621 | 26.69 | 28.97 | 29.82 | 30.94 |
| 42. | 01 | MUSZY SKI Jakub | 1:56.51 | 620 | 26.78 | 29.13 | 30.17 | 30.43 |
| 43. | 04 | PI TKA Hubert | 1:56.57 | 619 | 27.08 | 29.09 | 30.24 | 30.16 |
| 44. | 05 | DOKTÓR Mateusz | 1:56.79 | 615 | 27.69 | 29.66 | 30.11 | 29.33 |
| 45. | 05 | SETLAK Marcel | 1:56.89 | 614 | 27.57 | 29.81 | 29.98 | 29.53 |
| 46. | 05 | WIEK Bła ej | 1:56.95 | 613 | 27.86 | 30.70 | 29.31 | 29.08 |
| 47. | 05 | ZINKOVSKYI Nestor | 1:57.00 | 612 | 26.40 | 28.50 | 30.55 | 31.55 |
| 48. | 04 | WAŁCERZ Maksymilian | 1:57.07 | 611 | 26.78 | 29.82 | 31.57 | 28.90 |
| 49. | 06 | JASI SKI Kacper | 1:57.28 | 608 | 27.06 | 29.93 | 30.35 | 29.94 |
| 50. | 05 | BULI SKI Hektor | 1:57.40 | 606 | 26.70 | 29.10 | 30.65 | 30.95 |
| 51. | 06 | SZAREK Jan | 1:57.46 | 605 | 27.36 | 30.02 | 30.33 | 29.75 |
| 52. | 04 | DRABCZYK Krystian | 1:57.63 | 602 | 28.25 | 29.88 | 30.07 | 29.43 |
| 53. | 06 | HLUSHCHENKO Zakhar | 1:58.00 | 597 | 27.66 | 30.19 | 30.67 | 29.48 |
| 54. | 05 | KOBUS Tymoteusz | 1:58.06 | 596 | 27.93 | 29.74 | 30.41 | 29.98 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, M czyzn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|----------------------------|---------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 55. SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:58.09 | 595 | 27.46 | 30.29 | 30.65 | 29.69 |
| 56. MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:58.14 | 595 | 26.41 | 29.49 | 30.70 | 31.54 |
| 57. WO NICKI Dominik | 06 | UKP Unia O wi cim | 1:58.15 | 594 | 27.54 | 30.13 | 30.55 | 29.93 |
| 58. GRZEGORCZYK Wiktor | 02 | AZS AWF Warszawa | 1:58.20 | 594 | 27.84 | 29.95 | 29.97 | 30.44 |
| 59. DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 1:58.65 | 587 | 27.18 | 30.43 | 30.76 | 30.28 |
| 60. DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:58.67 | 587 | 27.44 | 30.03 | 31.05 | 30.15 |
| 61. ACZEK Hubert | 08 | KS „Wisła” Puławy | 1:58.71 | 586 | 27.67 | 30.61 | 30.92 | 29.51 |
| 62. TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 1:58.79 | 585 | 27.17 | 31.12 | 30.99 | 29.51 |
| 63. LITOBORSKI Mikołaj | 08 | KS Warta Pozna | 1:58.86 | 584 | 26.86 | 29.99 | 31.57 | 30.44 |
| 64. MICHNIEWICZ Marcel | 06 | WKS I sk | 1:59.39 | 576 | 27.71 | 29.76 | 30.54 | 31.38 |
| 65. BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 1:59.46 | 575 | 27.31 | 30.04 | 31.34 | 30.77 |
| 66. KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpia | 1:59.47 | 575 | 27.34 | 29.80 | 30.71 | 31.62 |
| OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 1:59.47 | 575 | 27.57 | 30.28 | 30.87 | 30.75 |
| 68. REDZI SKI VEL RYDZY | 07 | M. UKP „Polonia Warszawa” | 1:59.65 | 572 | 27.52 | 30.36 | 30.81 | 30.96 |
| 69. SELDER Krystian | 07 | MKS Trójka Łód | 1:59.74 | 571 | 27.56 | 30.25 | 31.36 | 30.57 |
| CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 1:59.74 | 571 | 27.38 | 31.04 | 31.60 | 29.72 |
| 71. PI TKA Miłosz | 07 | MKP Szczecin | 1:59.91 | 569 | 28.36 | 30.53 | 30.81 | 30.21 |
| 72. OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 2:00.01 | 567 | 28.06 | 30.33 | 30.82 | 30.80 |
| 73. ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 2:00.32 | 563 | 27.72 | 30.46 | 31.39 | 30.75 |
| 74. SZWEDZKI Jakub | 00 | MKS Trójka Łód | 2:00.40 | 562 | 27.38 | 30.67 | 31.72 | 30.63 |
| 75. WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 2:00.58 | 559 | 28.24 | 31.07 | 30.98 | 30.29 |
| 76. RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 2:00.75 | 557 | 26.73 | 29.33 | 31.79 | 32.90 |
| 77. SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 2:00.81 | 556 | 27.81 | 30.66 | 31.18 | 31.16 |
| 78. DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 2:00.90 | 555 | 26.85 | 31.22 | 32.20 | 30.63 |
| 79. PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 2:01.01 | 553 | 28.23 | 30.39 | 31.56 | 30.83 |
| 80. PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów | 2:01.07 | 552 | 27.90 | 31.22 | 31.66 | 30.29 |
| KUREK Bartosz | 06 | UKS 190 Łód | 2:01.07 | 552 | 28.05 | 30.51 | 31.47 | 31.04 |
| 82. WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 2:01.19 | 551 | 28.23 | 30.92 | 31.45 | 30.59 |
| 83. GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 2:01.48 | 547 | 27.91 | 30.97 | 31.64 | 30.96 |
| 84. KOWALI SKI Adrian | 06 | WKS I sk | 2:01.63 | 545 | 28.30 | 31.03 | 31.54 | 30.76 |
| 85. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstanyńów | 2:01.91 | 541 | 27.08 | 31.72 | 33.02 | 30.09 |
| 86. MAKOWSKI Dominik | 03 | KS Warta Pozna | 2:01.93 | 541 | 27.78 | 30.72 | 31.77 | 31.66 |
| 87. KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:01.96 | 540 | 28.07 | 30.81 | 31.98 | 31.10 |
| 88. GORZE Norbert | 06 | Uks Cityzen | 2:02.10 | 539 | 28.85 | 31.45 | 31.09 | 30.71 |
| 89. URBA SKI Maciej | 06 | Mokotowski UKP Warszawi | 2:02.25 | 537 | 28.50 | 30.71 | 32.08 | 30.96 |
| 90. M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 2:02.32 | 536 | 26.98 | 30.42 | 32.54 | 32.38 |
| 91. VORONTSOV Maksym | 05 | TP Zielona Góra | 2:02.39 | 535 | 28.48 | 31.56 | 31.50 | 30.85 |
| 92. DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 2:02.41 | 534 | 28.25 | 30.60 | 31.67 | 31.89 |
| 93. KONKEL Filip | 06 | TP Skalar Słupsk | 2:02.50 | 533 | 28.98 | 31.47 | 31.70 | 30.35 |
| 94. SROKA Bła ej | 05 | UKS abianka Gda sk | 2:02.62 | 532 | 27.53 | 30.33 | 31.81 | 32.95 |
| 95. NOWAK Aleksander | 06 | MKP Szczecin | 2:02.89 | 528 | 27.72 | 31.08 | 32.76 | 31.33 |
| 96. GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 2:02.98 | 527 | 27.60 | 30.92 | 32.08 | 32.38 |
| 97. KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:03.05 | 526 | 27.94 | 31.32 | 32.48 | 31.31 |
| 98. JA CZAK Michał | 08 | Dwójka Morena Gda sk | 2:03.19 | 524 | 28.92 | 31.60 | 31.88 | 30.79 |
| 99. PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:03.27 | 523 | 28.07 | 31.86 | 32.73 | 30.61 |
| 100. MENTEL Igor | 08 | KS Delfin Gdynia | 2:03.49 | 521 | 27.64 | 31.15 | 32.49 | 32.21 |
| 101. HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 2:03.54 | 520 | 28.48 | 31.27 | 31.70 | 32.09 |
| 102. WENTLAND Miłosz | 07 | MKS Trójka Łód | 2:03.69 | 518 | 28.26 | 30.97 | 32.70 | 31.76 |
| 103. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 2:03.94 | 515 | 28.38 | 31.33 | 32.44 | 31.79 |
| 104. MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 2:04.14 | 512 | 27.95 | 31.60 | 32.81 | 31.78 |
| 105. WIECZORKOWSKI N. | 04 | MKP Szczecin | 2:04.17 | 512 | 27.99 | 31.13 | 32.42 | 32.63 |
| 106. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:04.35 | 510 | 28.80 | 31.16 | 32.35 | 32.04 |
| 107. WITT Piotr | 91 | KS Warta Pozna | 2:04.44 | 509 | 27.32 | 31.04 | 32.67 | 33.41 |
| 108. GOŁACKI Sergiusz | 04 | UKS 190 Łód | 2:04.83 | 504 | 28.76 | 32.17 | 32.23 | 31.67 |
| 109. PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:04.85 | 504 | 28.40 | 31.81 | 32.61 | 32.03 |
| 110. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:04.86 | 504 | 29.03 | 31.97 | 32.53 | 31.33 |
| CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:04.86 | 504 | 28.55 | 31.55 | 32.59 | 32.17 |
| 112. PUPKA Filip | 04 | Uks Cityzen | 2:05.08 | 501 | 28.23 | 31.70 | 32.59 | 32.56 |
| 113. RODZIEWICZ Bartosz | 07 | MKP Szczecin | 2:05.42 | 497 | 27.65 | 31.11 | 33.33 | 33.33 |
| 114. SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 2:05.48 | 496 | 29.11 | 32.42 | 31.43 | 32.52 |
| 115. PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 2:05.60 | 495 | 29.03 | 31.79 | 32.42 | 32.36 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|----------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 116. | WŁOCZEWSKI Karol | 06 MPKS Orka Ciechanów | 2:05.92 | 491 | 28.67 | 31.97 | 32.68 | 32.60 |
| 117. | NOWAKOWSKI M. | 05 UKP „Polonia Warszawa” | 2:06.00 | 490 | 29.11 | 32.08 | 32.49 | 32.32 |
| 118. | MRUGAŁA Michał | 07 UKP „Polonia Warszawa” | 2:06.07 | 489 | 28.67 | 31.93 | 33.10 | 32.37 |
| 119. | OSÓBKA-MORAWSKI Eryk | 08 UKP „Polonia Warszawa” | 2:06.36 | 486 | 27.62 | 31.88 | 33.55 | 33.31 |
| 120. | LE NIEWSKI Wiktor | 06 UKP „Polonia Warszawa” | 2:06.50 | 484 | 27.77 | 31.44 | 33.48 | 33.81 |
| 121. | MAZUR Adam | 07 Grupa 5Styl | 2:06.51 | 484 | 28.62 | 32.16 | 32.89 | 32.84 |
| 122. | STARO Filip | 08 UKS abianka Gda sk | 2:06.56 | 484 | 29.07 | 31.50 | 33.52 | 32.47 |
| 123. | WIELGOSZ Borys | 07 MUKS "Pi tnastka" | 2:06.65 | 483 | 28.05 | 32.26 | 33.62 | 32.72 |
| 124. | FEDASZ Alan | 08 UKP „Polonia Warszawa” | 2:06.70 | 482 | 29.01 | 32.40 | 33.42 | 31.87 |
| 125. | KOWOLIK Alex | 04 UKP Unia O wi cim | 2:06.96 | 479 | 28.35 | 31.71 | 32.99 | 33.91 |
| 126. | SKULSKI Ryszard | 08 UKS Olympic Warka | 2:07.44 | 474 | 29.43 | 32.29 | 33.29 | 32.43 |
| 127. | PIETRZAK Michał | 07 KS Warta Pozna | 2:07.77 | 470 | 29.19 | 31.96 | 33.56 | 33.06 |
| 128. | CIBA Mateusz | 08 MKP Szczecin | 2:07.85 | 469 | 29.73 | 32.85 | 33.50 | 31.77 |
| 129. | KONIECZNY Witold | 08 UKS abianka Gda sk | 2:08.41 | 463 | 30.16 | 32.82 | 32.64 | 32.79 |
| 130. | HUBI SKI Olivier | 07 KS Delfin Gdynia | 2:08.45 | 462 | 28.91 | 32.90 | 33.98 | 32.66 |
| 131. | MATOFIJ Mikołaj | 05 UKS Siódemka Gdynia | 2:08.87 | 458 | 29.29 | 32.56 | 33.72 | 33.30 |
| 132. | SYLWESTROWICZ Wiktor | 07 MUKS "Pi tnastka" | 2:09.21 | 454 | 29.82 | 32.39 | 33.69 | 33.31 |
| 133. | TROSZCZY SKI Szymon | 07 Uks Cityzen | 2:09.38 | 453 | 28.95 | 33.03 | 34.50 | 32.90 |
| 134. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 2:10.72 | 439 | 29.42 | 32.89 | 34.22 | 34.19 |
| 135. | BALCEROWICZ Ryszard | 08 UKS abianka Gda sk | 2:10.99 | 436 | 30.11 | 33.49 | 33.61 | 33.78 |
| 136. | KRUPA Borys | 06 UKP „Polonia Warszawa” | 2:11.14 | 435 | 29.88 | 33.27 | 34.38 | 33.61 |
| 137. | MIELCZAREK Maciej | 07 UKP „Polonia Warszawa” | 2:11.38 | 432 | 30.24 | 33.90 | 34.60 | 32.64 |
| 138. | PAWLAK Michał | 08 TP Olimpijczyk Aleksandrów | 2:11.65 | 430 | 29.42 | 33.79 | 35.28 | 33.16 |
| 139. | OL DZKI Daniel | 08 UKP „Polonia Warszawa” | 2:12.14 | 425 | 29.09 | 34.07 | 35.02 | 33.96 |
| 140. | SKROBISZ Michał | 07 UKS 190 Łód | 2:12.17 | 424 | 31.64 | 33.18 | 33.97 | 33.38 |
| 141. | LITWI SKI Igor | 07 MUKP Korona-Swim Kielce | 2:12.20 | 424 | 30.48 | 33.29 | 34.52 | 33.91 |
| 142. | OLSZEWSKI Jakub | 08 MKP Szczecin | 2:12.32 | 423 | 30.24 | 33.08 | 34.38 | 34.62 |
| 143. | KOWALCZYK Sebastian | 08 UKS G-8 Bielany Warszawa | 2:13.85 | 409 | 30.35 | 34.62 | 35.18 | 33.70 |
| 144. | MACKIEWICZ Piotr | 08 UKS "V" Łomianki | 2:14.10 | 406 | 30.86 | 33.69 | 35.51 | 34.04 |
| 145. | WIADERNY Maksym | 06 MKS Trójka Łód | 2:16.42 | 386 | 30.11 | 36.69 | 36.45 | 33.17 |
| 146. | WACHOWSKI Bła ej | 80 KS Warta Pozna | 2:17.79 | 375 | 31.42 | 34.98 | 35.75 | 35.64 |
| 147. | LESZCZY SKI Filip | 08 UKS 190 Łód | 2:18.12 | 372 | 30.64 | 35.70 | 36.38 | 35.40 |
| 148. | JANYGA Dariusz | 66 KS Warta Pozna | 2:18.70 | 367 | 31.52 | 34.56 | 36.03 | 36.59 |
| 149. | STOPCZY SKI Kornel | 08 MPKS Orka Ciechanów | 2:18.82 | 366 | 30.91 | 35.53 | 36.31 | 36.07 |
| 150. | WERWI SKI Mateusz | 07 MKP Astromal-Leszno | 2:18.98 | 365 | 29.20 | 33.42 | 37.42 | 38.94 |
| 151. | MAŁOLEPSZY Krzysztof | 08 TP Olimpijczyk Aleksandrów | 2:19.75 | 359 | 30.76 | 35.79 | 37.68 | 35.52 |
| 152. | PASZEK Adam | 08 KP Aquapark W growiec | 2:20.18 | 356 | 30.16 | 35.44 | 37.74 | 36.84 |
| 153. | ROZBICKI Kacper | 08 UKS 48 Warszawa ródmie | 2:20.50 | 353 | 31.28 | 36.10 | 37.50 | 35.62 |
| 154. | PIOTROWSKI Jakub | 08 UKS Tri-Team Rumia | 2:23.55 | 331 | 32.14 | 37.19 | 38.17 | 36.05 |
| 155. | NIEMCZURA Wiktor | 08 UKP „Polonia Warszawa” | 2:24.58 | 324 | 33.16 | 37.07 | 37.77 | 36.58 |
| 156. | SZCZEPA SKI Cyprian | 08 MKP Astromal-Leszno | 2:25.02 | 321 | 32.05 | 38.04 | 39.31 | 35.62 |
| 157. | WŁODARCZAK Wiktor | 08 MKP Astromal-Leszno | 2:34.18 | 267 | 33.99 | 39.48 | 41.18 | 39.53 |
| NW | DUDYS Dominik | 02 AZS AWF Katowice | | | | | | |
| NW | ZDANOWSKI Filip | 02 AZS AWF Warszawa | | | | | | |
| NW | LASIK Olgierd | 05 KU AZS UAM Pozna | | | | | | |
| NW | GARSTKA Aleksander | 07 MPKS Orka Ciechanów | | | | | | |

17 - 18 lat

| | | | | | | | | |
|-----|-----------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 1:46.67 | 808 | 24.77 | 27.07 | 27.31 | 27.52 |
| 2. | WALTER Jakub | 04 UKP Unia O wi cim | 1:50.14 | 734 | 25.31 | 28.12 | 28.79 | 27.92 |
| 3. | PLAGA Dawid | 05 TP Skalar Słupsk | 1:50.64 | 724 | 25.98 | 28.28 | 28.37 | 28.01 |
| 4. | KONARSKI Maciej | 04 UKS „GIM 92 Ursynów” | 1:50.87 | 719 | 25.36 | 27.59 | 28.70 | 29.22 |
| 5. | ZDYBEL Adam | 05 KS Delfin Gdynia | 1:51.15 | 714 | 26.11 | 28.21 | 28.54 | 28.29 |
| 6. | GULI SKI Maciej | 04 KU AZS Uniwersytetu Wars | 1:51.24 | 712 | 26.16 | 28.22 | 28.92 | 27.94 |
| 7. | CIESIELSKI Artur | 04 AZS UŁ PŁ Łód | 1:52.06 | 697 | 25.44 | 28.36 | 29.06 | 29.20 |
| 8. | SEMERA Milan | 05 KPS Ostrava | 1:52.59 | 687 | 26.08 | 28.66 | 28.69 | 29.16 |
| 9. | JANKOWSKI Przemysław | 05 UKS abianka Gda sk | 1:52.63 | 686 | 25.91 | 28.12 | 29.09 | 29.51 |
| 10. | RADKIEWICZ Kajetan | 05 KS KSZO Ostrowiec w. | 1:52.74 | 684 | 26.82 | 29.03 | 28.80 | 28.09 |
| 11. | ZAREMBA Adam | 05 WKS I sk | 1:53.10 | 678 | 26.71 | 28.66 | 28.91 | 28.82 |
| 12. | CHMIELEWSKI Krzysztof | 04 IUKS „Muszelka” Warszawa | 1:53.14 | 677 | 25.13 | 28.68 | 29.03 | 30.30 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, Chłopców, 200m dowolny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 13. | PIELA Michał | 04 | UKP Unia O wi cim | 1:53.27 | 675 | 27.37 | 29.55 | 28.97 | 27.38 |
| 14. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 1:53.33 | 674 | 26.68 | 29.23 | 29.32 | 28.10 |
| 15. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:53.38 | 673 | 25.64 | 27.98 | 30.01 | 29.75 |
| 16. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 1:53.97 | 662 | 26.15 | 28.67 | 29.70 | 29.45 |
| 17. | MOC Albert | 04 | Sport Club Pardubice | 1:54.17 | 659 | 26.27 | 29.12 | 29.55 | 29.23 |
| 18. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 1:55.91 | 630 | 26.20 | 28.79 | 30.16 | 30.76 |
| 19. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 1:56.23 | 624 | 26.39 | 28.73 | 30.27 | 30.84 |
| 20. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 1:56.42 | 621 | 26.69 | 28.97 | 29.82 | 30.94 |
| 21. | PI TKA Hubert | 04 | MKP Szczecin | 1:56.57 | 619 | 27.08 | 29.09 | 30.24 | 30.16 |
| 22. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów | 1:56.79 | 615 | 27.69 | 29.66 | 30.11 | 29.33 |
| 23. | SETLAK Marcel | 05 | UKS abianka Gda sk | 1:56.89 | 614 | 27.57 | 29.81 | 29.98 | 29.53 |
| 24. | WIEK Bła ej | 05 | UKS abianka Gda sk | 1:56.95 | 613 | 27.86 | 30.70 | 29.31 | 29.08 |
| 25. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 1:57.00 | 612 | 26.40 | 28.50 | 30.55 | 31.55 |
| 26. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów | 1:57.07 | 611 | 26.78 | 29.82 | 31.57 | 28.90 |
| 27. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów" | 1:57.40 | 606 | 26.70 | 29.10 | 30.65 | 30.95 |
| 28. | DRABCZYK Krystian | 04 | UKP Unia O wi cim | 1:57.63 | 602 | 28.25 | 29.88 | 30.07 | 29.43 |
| 29. | KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 1:58.06 | 596 | 27.93 | 29.74 | 30.41 | 29.98 |
| 30. | DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 1:58.65 | 587 | 27.18 | 30.43 | 30.76 | 30.28 |
| 31. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:58.67 | 587 | 27.44 | 30.03 | 31.05 | 30.15 |
| 32. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 1:59.47 | 575 | 27.57 | 30.28 | 30.87 | 30.75 |
| 33. | VORONTOV Maksym | 05 | TP Zielona Góra | 2:02.39 | 535 | 28.48 | 31.56 | 31.50 | 30.85 |
| 34. | SROKA Bła ej | 05 | UKS abianka Gda sk | 2:02.62 | 532 | 27.53 | 30.33 | 31.81 | 32.95 |
| 35. | GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 2:02.98 | 527 | 27.60 | 30.92 | 32.08 | 32.38 |
| 36. | HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 2:03.54 | 520 | 28.48 | 31.27 | 31.70 | 32.09 |
| 37. | WIECZORKOWSKI N. | 04 | MKP Szczecin | 2:04.17 | 512 | 27.99 | 31.13 | 32.42 | 32.63 |
| 38. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:04.35 | 510 | 28.80 | 31.16 | 32.35 | 32.04 |
| 39. | GOŁACKI Sergiusz | 04 | UKS 190 Łód | 2:04.83 | 504 | 28.76 | 32.17 | 32.23 | 31.67 |
| 40. | PUPKA Filip | 04 | Uks Cityzen | 2:05.08 | 501 | 28.23 | 31.70 | 32.59 | 32.56 |
| 41. | SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 2:05.48 | 496 | 29.11 | 32.42 | 31.43 | 32.52 |
| 42. | NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa" | 2:06.00 | 490 | 29.11 | 32.08 | 32.49 | 32.32 |
| 43. | KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:06.96 | 479 | 28.35 | 31.71 | 32.99 | 33.91 |
| 44. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:08.87 | 458 | 29.29 | 32.56 | 33.72 | 33.30 |
| NW | LASIK Olgierd | 05 | KU AZS UAM Pozna | | | | | | |

16 lat

| | | | | | | | | | |
|-----|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FILIPIAK Mikołaj | 06 | KS Barrakuda Gda sk | 1:49.32 | 751 | 25.97 | 27.48 | 27.81 | 28.06 |
| 2. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródmi | 1:53.77 | 666 | 25.92 | 28.51 | 29.39 | 29.95 |
| 3. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 1:53.87 | 664 | 25.70 | 29.13 | 29.65 | 29.39 |
| 4. | YEVDOKYMOV Dmytro | 06 | Mokotowski UKP Warszawa | 1:54.71 | 650 | 26.64 | 28.99 | 29.40 | 29.68 |
| 5. | CIECHOMSKI Rafał | 06 | MKS „Astoria” Bydgoszcz | 1:55.96 | 629 | 26.86 | 29.39 | 29.93 | 29.78 |
| 6. | LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 1:56.33 | 623 | 27.73 | 29.57 | 29.76 | 29.27 |
| 7. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 1:57.28 | 608 | 27.06 | 29.93 | 30.35 | 29.94 |
| 8. | SZAREK Jan | 06 | WKS I sk | 1:57.46 | 605 | 27.36 | 30.02 | 30.33 | 29.75 |
| 9. | HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 1:58.00 | 597 | 27.66 | 30.19 | 30.67 | 29.48 |
| 10. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:58.09 | 595 | 27.46 | 30.29 | 30.65 | 29.69 |
| 11. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:58.14 | 595 | 26.41 | 29.49 | 30.70 | 31.54 |
| 12. | WO NICKI Dominik | 06 | UKP Unia O wi cim | 1:58.15 | 594 | 27.54 | 30.13 | 30.55 | 29.93 |
| 13. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 1:58.79 | 585 | 27.17 | 31.12 | 30.99 | 29.51 |
| 14. | MICHNIEWICZ Marcel | 06 | WKS I sk | 1:59.39 | 576 | 27.71 | 29.76 | 30.54 | 31.38 |
| 15. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 2:00.75 | 557 | 26.73 | 29.33 | 31.79 | 32.90 |
| 16. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów | 2:01.07 | 552 | 27.90 | 31.22 | 31.66 | 30.29 |
| | KUREK Bartosz | 06 | UKS 190 Łód | 2:01.07 | 552 | 28.05 | 30.51 | 31.47 | 31.04 |
| 18. | KOWALI SKI Adrian | 06 | WKS I sk | 2:01.63 | 545 | 28.30 | 31.03 | 31.54 | 30.76 |
| 19. | GORZE Norbert | 06 | Uks Cityzen | 2:02.10 | 539 | 28.85 | 31.45 | 31.09 | 30.71 |
| 20. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawa | 2:02.25 | 537 | 28.50 | 30.71 | 32.08 | 30.96 |
| 21. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 2:02.32 | 536 | 26.98 | 30.42 | 32.54 | 32.38 |
| 22. | DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 2:02.41 | 534 | 28.25 | 30.60 | 31.67 | 31.89 |
| 23. | KONKEL Filip | 06 | TP Skalar Słupsk | 2:02.50 | 533 | 28.98 | 31.47 | 31.70 | 30.35 |
| 24. | NOWAK Aleksander | 06 | MKP Szczecin | 2:02.89 | 528 | 27.72 | 31.08 | 32.76 | 31.33 |
| 25. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:03.05 | 526 | 27.94 | 31.32 | 32.48 | 31.31 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, Chłopców, 200m dowolny, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|---------|------------------------|--------------------|-------|-------|-------|-------|
| 26. PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:04.85 504 | 28.40 | 31.81 | 32.61 | 32.03 |
| 27. CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:04.86 504 | 28.55 | 31.55 | 32.59 | 32.17 |
| 28. WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 2:05.92 491 | 28.67 | 31.97 | 32.68 | 32.60 |
| 29. LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 2:06.50 484 | 27.77 | 31.44 | 33.48 | 33.81 |
| 30. KRUPA Borys | 06 | UKP „Polonia Warszawa” | 2:11.14 435 | 29.88 | 33.27 | 34.38 | 33.61 |
| 31. WIADERNY Maksym | 06 | MKS Trójka Łód | 2:16.42 386 | 30.11 | 36.69 | 36.45 | 33.17 |

15 lat

| | | | | | | | |
|--------------------------|----|----------------------------|--------------------|-------|-------|-------|-------|
| 1. PIETRO Przemysław | 07 | KU AZS UMCS Lublin | 1:50.26 732 | 25.69 | 28.14 | 28.40 | 28.03 |
| 2. GNACZY SKI Michał | 07 | MKP Szczecin | 1:55.42 638 | 26.96 | 29.24 | 30.38 | 28.84 |
| 3. LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 1:55.87 630 | 26.61 | 29.08 | 29.75 | 30.43 |
| 4. KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpia | 1:59.47 575 | 27.34 | 29.80 | 30.71 | 31.62 |
| 5. REDZI SKI VEL RYDZY | 07 | M.UKP „Polonia Warszawa” | 1:59.65 572 | 27.52 | 30.36 | 30.81 | 30.96 |
| 6. SELDER Krystian | 07 | MKS Trójka Łód | 1:59.74 571 | 27.56 | 30.25 | 31.36 | 30.57 |
| CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 1:59.74 571 | 27.38 | 31.04 | 31.60 | 29.72 |
| 8. PI TKA Miłosz | 07 | MKP Szczecin | 1:59.91 569 | 28.36 | 30.53 | 30.81 | 30.21 |
| 9. OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 2:00.01 567 | 28.06 | 30.33 | 30.82 | 30.80 |
| 10. ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 2:00.32 563 | 27.72 | 30.46 | 31.39 | 30.75 |
| 11. WI NIEWSKI Wiktor | 07 | UKP Unia O wi cim | 2:00.58 559 | 28.24 | 31.07 | 30.98 | 30.29 |
| 12. SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 2:00.81 556 | 27.81 | 30.66 | 31.18 | 31.16 |
| 13. PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 2:01.01 553 | 28.23 | 30.39 | 31.56 | 30.83 |
| 14. KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:01.96 540 | 28.07 | 30.81 | 31.98 | 31.10 |
| 15. PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:03.27 523 | 28.07 | 31.86 | 32.73 | 30.61 |
| 16. WENTLAND Miłosz | 07 | MKS Trójka Łód | 2:03.69 518 | 28.26 | 30.97 | 32.70 | 31.76 |
| 17. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 2:03.94 515 | 28.38 | 31.33 | 32.44 | 31.79 |
| 18. MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 2:04.14 512 | 27.95 | 31.60 | 32.81 | 31.78 |
| 19. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:04.86 504 | 29.03 | 31.97 | 32.53 | 31.33 |
| 20. RODZIEWICZ Bartosz | 07 | MKP Szczecin | 2:05.42 497 | 27.65 | 31.11 | 33.33 | 33.33 |
| 21. MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 2:06.07 489 | 28.67 | 31.93 | 33.10 | 32.37 |
| 22. MAZUR Adam | 07 | Grupa 5Styl | 2:06.51 484 | 28.62 | 32.16 | 32.89 | 32.84 |
| 23. WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 2:06.65 483 | 28.05 | 32.26 | 33.62 | 32.72 |
| 24. PIETRZAK Michał | 07 | KS Warta Pozna | 2:07.77 470 | 29.19 | 31.96 | 33.56 | 33.06 |
| 25. HUBI SKI Olivier | 07 | KS Delfin Gdynia | 2:08.45 462 | 28.91 | 32.90 | 33.98 | 32.66 |
| 26. SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 2:09.21 454 | 29.82 | 32.39 | 33.69 | 33.31 |
| 27. TROSZCZY SKI Szymon | 07 | Uks Cityzen | 2:09.38 453 | 28.95 | 33.03 | 34.50 | 32.90 |
| 28. MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 2:11.38 432 | 30.24 | 33.90 | 34.60 | 32.64 |
| 29. SKROBISZ Michał | 07 | UKS 190 Łód | 2:12.17 424 | 31.64 | 33.18 | 33.97 | 33.38 |
| 30. LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 2:12.20 424 | 30.48 | 33.29 | 34.52 | 33.91 |
| 31. WERWI SKI Mateusz | 07 | MKP Astromal-Lesno | 2:18.98 365 | 29.20 | 33.42 | 37.42 | 38.94 |
| NW GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | | | | | |

14 lat

| | | | | | | | |
|--------------------------|----|--------------------------|--------------------|-------|-------|-------|-------|
| 1. ACZEK Hubert | 08 | KS „Wisła” Puławy | 1:58.71 586 | 27.67 | 30.61 | 30.92 | 29.51 |
| 2. LITOBORSKI Mikołaj | 08 | KS Warta Pozna | 1:58.86 584 | 26.86 | 29.99 | 31.57 | 30.44 |
| 3. BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 1:59.46 575 | 27.31 | 30.04 | 31.34 | 30.77 |
| 4. DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 2:00.90 555 | 26.85 | 31.22 | 32.20 | 30.63 |
| 5. WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 2:01.19 551 | 28.23 | 30.92 | 31.45 | 30.59 |
| 6. GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 2:01.48 547 | 27.91 | 30.97 | 31.64 | 30.96 |
| 7. JA CZAK Michał | 08 | Dwójka Morena Gda sk | 2:03.19 524 | 28.92 | 31.60 | 31.88 | 30.79 |
| 8. MENDEL Igor | 08 | KS Delfin Gdynia | 2:03.49 521 | 27.64 | 31.15 | 32.49 | 32.21 |
| 9. PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 2:05.60 495 | 29.03 | 31.79 | 32.42 | 32.36 |
| 10. OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 2:06.36 486 | 27.62 | 31.88 | 33.55 | 33.31 |
| 11. STARO Filip | 08 | UKS abianka Gda sk | 2:06.56 484 | 29.07 | 31.50 | 33.52 | 32.47 |
| 12. FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 2:06.70 482 | 29.01 | 32.40 | 33.42 | 31.87 |
| 13. SKULSKI Ryszard | 08 | UKS Olympic Warka | 2:07.44 474 | 29.43 | 32.29 | 33.29 | 32.43 |
| 14. CIBA Mateusz | 08 | MKP Szczecin | 2:07.85 469 | 29.73 | 32.85 | 33.50 | 31.77 |
| 15. KONIECZNY Witold | 08 | UKS abianka Gda sk | 2:08.41 463 | 30.16 | 32.82 | 32.64 | 32.79 |
| 16. NOWAKOWSKI Kuba | 08 | Uks Cityzen | 2:10.72 439 | 29.42 | 32.89 | 34.22 | 34.19 |
| 17. BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 2:10.99 436 | 30.11 | 33.49 | 33.61 | 33.78 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, Chłopców, 200m dowolny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|--------------------------|---------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 18. PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów | 2:11.65 | 430 | 29.42 | 33.79 | 35.28 | 33.16 |
| 19. OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 2:12.14 | 425 | 29.09 | 34.07 | 35.02 | 33.96 |
| 20. OLSZEWSKI Jakub | 08 | MKP Szczecin | 2:12.32 | 423 | 30.24 | 33.08 | 34.38 | 34.62 |
| 21. KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:13.85 | 409 | 30.35 | 34.62 | 35.18 | 33.70 |
| 22. MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:14.10 | 406 | 30.86 | 33.69 | 35.51 | 34.04 |
| 23. LESZCZY SKI Filip | 08 | UKS 190 Łód | 2:18.12 | 372 | 30.64 | 35.70 | 36.38 | 35.40 |
| 24. STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:18.82 | 366 | 30.91 | 35.53 | 36.31 | 36.07 |
| 25. MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów | 2:19.75 | 359 | 30.76 | 35.79 | 37.68 | 35.52 |
| 26. PASZEK Adam | 08 | KP Aquapark W growiec | 2:20.18 | 356 | 30.16 | 35.44 | 37.74 | 36.84 |
| 27. ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmię | 2:20.50 | 353 | 31.28 | 36.10 | 37.50 | 35.62 |
| 28. PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 2:23.55 | 331 | 32.14 | 37.19 | 38.17 | 36.05 |
| 29. NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 2:24.58 | 324 | 33.16 | 37.07 | 37.77 | 36.58 |
| 30. SZCZEPA SKI Cyprian | 08 | MKP Astromal-Leszno | 2:25.02 | 321 | 32.05 | 38.04 | 39.31 | 35.62 |
| 31. WŁODARCZAK Wiktor | 08 | MKP Astromal-Leszno | 2:34.18 | 267 | 33.99 | 39.48 | 41.18 | 39.53 |

Konkurencja 25
2022.11.13 - 9:14

Kobiet, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|--|---------|--------------------|-----|----------------|------------|
| Rekord Polski | 1:54.39 | JEDRZEJCZAK Otylia | POL | Helsinki (FIN) | 2006.12.10 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 1:54.70 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:55.85 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|--------------------------|---------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. GU Wiktoria | 04 | MKP Szczecin | 1:58.77 | 801 | 28.20 | 30.01 | 30.43 | 30.13 |
| 2. POLA SKA Aleksandra | 00 | UKS GOS Raszyn | 1:59.24 | 791 | 28.28 | 30.41 | 30.19 | 30.36 |
| 3. GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskid | 2:02.98 | 721 | 28.53 | 31.24 | 31.72 | 31.49 |
| 4. TARASIEWICZ Klaudia | 04 | MKP Szczecin | 2:03.57 | 711 | 29.61 | 31.46 | 31.37 | 31.13 |
| 5. KULIK Julia | 05 | UKS GOS Raszyn | 2:04.46 | 696 | 28.78 | 31.26 | 32.21 | 32.21 |
| 6. CHALUPOVA Adela | 06 | Sport Club Pardubice | 2:04.69 | 692 | 28.56 | 31.43 | 32.60 | 32.10 |
| 7. JANISZEWSKA Natalia | 06 | WKS I sk | 2:05.61 | 677 | 28.81 | 31.44 | 32.52 | 32.84 |
| 8. NOWAK Maja | 03 | UKS GOS Raszyn | 2:05.72 | 675 | 30.77 | 31.93 | 31.78 | 31.24 |
| 9. LEWANDOWSKA Natalia | 01 | KS „OLIMPIA” Lublin | 2:05.75 | 675 | 28.95 | 31.53 | 32.75 | 32.52 |
| 10. KRÓL Gabriela | 06 | KS „Wisła” Puławy | 2:06.04 | 670 | 29.42 | 31.62 | 32.19 | 32.81 |
| 11. ŁUCZAK Dominika | 02 | TP Zielona Góra | 2:06.07 | 669 | 29.76 | 32.08 | 32.20 | 32.03 |
| 12. HELLAK Emilia | 03 | KS SWIM-ART Wrocław | 2:06.99 | 655 | 29.46 | 31.82 | 32.76 | 32.95 |
| 13. KAMI SKA Anna | 03 | AZS AWF Warszawa | 2:07.13 | 653 | 29.09 | 32.43 | 32.75 | 32.86 |
| 14. SOBU Julia | 04 | UKP Unia O wi cim | 2:07.59 | 646 | 30.46 | 33.01 | 32.88 | 31.24 |
| 15. SŁABOSZ Emilia | 05 | SMS O wi cim | 2:07.66 | 645 | 29.93 | 32.44 | 33.41 | 31.88 |
| 16. ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawi | 2:07.88 | 641 | 29.81 | 32.48 | 32.42 | 33.17 |
| 17. KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa” | 2:08.05 | 639 | 29.99 | 32.01 | 32.94 | 33.11 |
| 18. GÓRSKA Zofia | 05 | UKS GOS Raszyn | 2:08.15 | 637 | 29.30 | 32.37 | 33.36 | 33.12 |
| 19. GULCZY SKA Natalia | 07 | Uks Cityzen | 2:08.75 | 628 | 30.37 | 32.40 | 33.08 | 32.90 |
| 20. PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów” | 2:08.81 | 628 | 30.37 | 32.25 | 32.76 | 33.43 |
| 21. POPPE Marta | 07 | KU AZS UMCS Lublin | 2:09.03 | 624 | 30.57 | 32.39 | 32.87 | 33.20 |
| 22. KOSSOWSKA Julita | 05 | UKS 190 Łód | 2:09.20 | 622 | 30.37 | 32.62 | 33.63 | 32.58 |
| 23. BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 2:09.24 | 621 | 30.06 | 32.89 | 32.94 | 33.35 |
| 24. MACIAK Julia | 06 | IUKS „Muszelka” Warszawi | 2:09.83 | 613 | 30.47 | | | 33.17 |
| 25. WRZESZCZY SKA Marta | 07 | KS Posenania Pozna | 2:10.00 | 610 | 29.29 | 32.87 | 34.19 | 33.65 |
| 26. MICHALSKA Julia | 05 | WKS I sk | 2:10.23 | 607 | 30.01 | 33.46 | 33.67 | 33.09 |
| 27. JACH Tamara | 06 | WKS I sk | 2:10.28 | 607 | 30.97 | 32.94 | 33.56 | 32.81 |
| 28. SAMORAJ Oliwia | 05 | MKS Piaseczno | 2:10.97 | 597 | 30.77 | 33.26 | 33.70 | 33.24 |
| 29. SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 2:11.05 | 596 | 30.67 | 33.56 | 33.75 | 33.07 |
| 30. GLI SKA Oliwia | 07 | TP Zielona Góra | 2:11.30 | 592 | 31.16 | 33.21 | 33.46 | 33.47 |
| 31. MACURA Kinga | 06 | UKP Unia O wi cim | 2:11.45 | 590 | 30.23 | 33.33 | 33.88 | 34.01 |
| 32. JASI SKA Michalina | 06 | Mokotowski UKP Warszawi | 2:11.56 | 589 | 30.00 | 33.41 | 33.78 | 34.37 |
| 33. KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa” | 2:11.61 | 588 | 29.81 | 32.89 | 34.64 | 34.27 |
| 34. FIGAS Alicja | 04 | MKP Szczecin | 2:12.54 | 576 | 31.02 | 33.36 | 34.13 | 34.03 |
| 35. JUDA Aleksandra | 06 | UKP Unia O wi cim | 2:12.58 | 575 | 30.99 | 33.73 | 34.18 | 33.68 |
| 36. BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpi | 2:12.61 | 575 | 31.65 | 33.18 | 33.83 | 33.95 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 25, Kobiety, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|--------------------------|---------|----------------|------|-------|-------|-------|-------|
| 37. WO NIAK Zofia | 01 | 2:12.62 | 575 | 29.05 | 32.82 | 34.71 | 36.04 |
| 38. WI TEK Amelia | 08 | 2:12.89 | 571 | 30.41 | 33.97 | 34.85 | 33.66 |
| 39. NOWAK Gabriela | 05 | 2:12.94 | 571 | 30.02 | 33.74 | 34.58 | 34.60 |
| 40. PINKOWICZ Alicja | 04 | 2:13.01 | 570 | 29.80 | 34.74 | 35.24 | 33.23 |
| 41. TARASZKIEWICZ Zofia | 07 | 2:13.61 | 562 | 30.43 | 33.79 | 34.51 | 34.88 |
| 42. WIDERSKA Joanna | 05 | 2:13.66 | 562 | 31.00 | 34.14 | 34.42 | 34.10 |
| 43. PITY SKA Klara | 06 | 2:13.68 | 561 | 31.24 | 33.74 | 34.33 | 34.37 |
| 44. JANIK Julia | 06 | 2:13.78 | 560 | 30.84 | 33.97 | 35.11 | 33.86 |
| 45. SOBIECKA Małgorzata | 06 | 2:14.44 | 552 | 30.33 | 34.06 | 35.20 | 34.85 |
| 46. RACZY SKA Wiktoria | 04 | 2:14.51 | 551 | 31.42 | 34.22 | 34.73 | 34.14 |
| 47. ORASZEK Karolina | 07 | 2:15.63 | 537 | 30.83 | 34.52 | 35.07 | 35.21 |
| 48. PAWLAK Lena | 08 | 2:15.95 | 534 | 31.01 | 35.09 | 35.35 | 34.50 |
| 49. CIBIOREK Dominika | 07 | 2:15.97 | 533 | 30.73 | 34.22 | 35.35 | 35.67 |
| 50. WICHULSKA Małgorzata | 07 | 2:16.12 | 532 | 30.72 | 33.98 | 35.71 | 35.71 |
| 51. W GRZYCKA Małgorzata | 07 | 2:16.97 | 522 | 31.47 | 34.40 | 35.46 | 35.64 |
| 52. POŁE Hanna | 07 | 2:16.98 | 522 | 31.97 | 35.01 | 35.78 | 34.22 |
| 53. MICHALSKA Pola | 07 | 2:17.02 | 521 | 31.07 | 34.52 | 35.50 | 35.93 |
| 54. BA KOWSKA Wiktoria | 08 | 2:17.03 | 521 | 31.80 | 34.38 | 35.54 | 35.31 |
| 55. WISZNIEWSKA Zuzanna | 06 | 2:17.19 | 519 | 30.83 | 34.40 | 35.71 | 36.25 |
| 56. GRZECH Maja | 08 | 2:17.21 | 519 | 32.13 | 35.46 | 35.91 | 33.71 |
| 57. PIEKARSKA Natalia | 06 | 2:17.45 | 516 | 32.62 | 35.43 | 35.30 | 34.10 |
| 58. SPYCHALSKA Dominika | 08 | 2:17.83 | 512 | 32.14 | 36.49 | 36.06 | 33.14 |
| 59. CHMIELEWSKA A. | 06 | 2:18.67 | 503 | 30.93 | 34.19 | 36.39 | 37.16 |
| 60. BORYCZKA Amelia | 08 | 2:18.72 | 502 | 31.36 | 35.60 | 36.90 | 34.86 |
| 61. ŁOBODA Maria | 08 | 2:18.82 | 501 | 31.30 | 35.92 | 36.83 | 34.77 |
| 62. HLUSHCHENKO Varvara | 08 | 2:18.92 | 500 | 31.82 | 35.29 | 36.07 | 35.74 |
| 63. CHUKHNO Kateryna | 08 | 2:18.96 | 500 | 31.11 | 35.25 | 36.18 | 36.42 |
| 64. MAKOWSKA Maria | 07 | 2:19.05 | 499 | 30.61 | 35.38 | 38.45 | 34.61 |
| 65. TOMKIEL Anna | 07 | 2:19.32 | 496 | 31.98 | 35.19 | 36.25 | 35.90 |
| 66. JAWORSKA Wiktoria | 05 | 2:19.54 | 494 | 30.90 | 34.38 | 36.61 | 37.65 |
| TRAFALSKA Antonina | 08 | 2:19.54 | 494 | 31.97 | 35.66 | 36.99 | 34.92 |
| 68. SADOWSKA Maria | 08 | 2:19.56 | 493 | 34.31 | 35.27 | 35.95 | 34.03 |
| 69. TRAFALSKA Zuzanna | 07 | 2:19.64 | 492 | 32.22 | 35.07 | 36.19 | 36.16 |
| 70. MA LEJ Iga | 03 | 2:19.78 | 491 | 31.76 | 35.05 | 36.41 | 36.56 |
| 71. WACHOWIAK Zofia | 04 | 2:20.19 | 487 | 31.63 | 35.36 | 36.73 | 36.47 |
| 72. KULCZY SKA Adriana | 06 | 2:20.72 | 481 | 31.49 | 35.65 | 36.70 | 36.88 |
| 73. JEZIORSKA Natalia | 07 | 2:20.76 | 481 | 31.96 | 36.00 | 37.12 | 35.68 |
| 74. KOWALSKA Lena | 08 | 2:21.10 | 477 | 32.70 | 35.90 | 36.34 | 36.16 |
| 75. JADCZUK Estella | 08 | 2:21.36 | 475 | 31.91 | 35.79 | 37.54 | 36.12 |
| 76. SZYSZKO Karolina | 03 | 2:21.72 | 471 | 31.51 | 35.49 | 37.22 | 37.50 |
| 77. STANKO Khrystyna | 08 | 2:22.05 | 468 | 31.12 | 36.01 | 38.02 | 36.90 |
| 78. MIKUŁA Natalia | 06 | 2:22.57 | 463 | 31.41 | 35.60 | 37.91 | 37.65 |
| 79. MAY Matylda | 08 | 2:22.71 | 461 | 32.55 | 36.03 | 37.63 | 36.50 |
| 80. SELL Karolina | 07 | 2:22.96 | 459 | 32.03 | 36.56 | 37.70 | 36.67 |
| 81. WALCZAK Nadia | 06 | 2:23.56 | 453 | 32.89 | 37.25 | 37.42 | 36.00 |
| 82. BELZYT Maja | 08 | 2:23.64 | 452 | 33.46 | 36.90 | 37.68 | 35.60 |
| 83. PLUTA Aleksandra | 07 | 2:24.43 | 445 | 32.48 | 36.67 | 37.79 | 37.49 |
| 84. SIEDLECKA Alicja | 07 | 2:24.88 | 441 | 32.52 | 37.14 | 38.92 | 36.30 |
| 85. BRUCKA Julia | 06 | 2:26.13 | 430 | 32.45 | 36.48 | 38.76 | 38.44 |
| 86. DEREWECKA Kamila | 08 | 2:28.50 | 409 | 32.21 | 37.45 | 39.67 | 39.17 |
| 87. WASYLISZYN Julia | 04 | 2:29.14 | 404 | 32.81 | 38.41 | 39.99 | 37.93 |
| 88. KRUTUL Aga | 08 | 2:30.82 | 391 | 32.63 | 37.26 | 40.08 | 40.85 |
| 89. KUNKEL Celina | 08 | 2:37.39 | 344 | 36.14 | 40.18 | 40.53 | 40.54 |
| 90. PILARSKA Maja | 08 | 2:39.80 | 328 | 35.20 | 41.21 | 42.70 | 40.69 |
| NW ŁYSAKOWSKA Karina | 06 | | | 33.99 | | | |
| NW KNOP Aleksandra | 03 | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 25, Kobiet, 200m dowolny

17 - 18 lat

| | | | | | | | | | |
|-----|----------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GU Wiktoria | 04 | MKP Szczecin | 1:58.77 | 801 | 28.20 | 30.01 | 30.43 | 30.13 |
| 2. | TARASIEWICZ Klaudia | 04 | MKP Szczecin | 2:03.57 | 711 | 29.61 | 31.46 | 31.37 | 31.13 |
| 3. | KULIK Julia | 05 | UKS GOS Raszyn | 2:04.46 | 696 | 28.78 | 31.26 | 32.21 | 32.21 |
| 4. | SOBU Julia | 04 | UKP Unia O wi cim | 2:07.59 | 646 | 30.46 | 33.01 | 32.88 | 31.24 |
| 5. | SŁABOSZ Emilia | 05 | SMS O wi cim | 2:07.66 | 645 | 29.93 | 32.44 | 33.41 | 31.88 |
| 6. | KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa” | 2:08.05 | 639 | 29.99 | 32.01 | 32.94 | 33.11 |
| 7. | GÓRSKA Zofia | 05 | UKS GOS Raszyn | 2:08.15 | 637 | 29.30 | 32.37 | 33.36 | 33.12 |
| 8. | PASIEROWSKA Wiktoria | 05 | UKS „GIM 92 Ursynów” | 2:08.81 | 628 | 30.37 | 32.25 | 32.76 | 33.43 |
| 9. | KOSSOWSKA Julita | 05 | UKS 190 Łód | 2:09.20 | 622 | 30.37 | 32.62 | 33.63 | 32.58 |
| 10. | MICHALSKA Julia | 05 | WKS I sk | 2:10.23 | 607 | 30.01 | 33.46 | 33.67 | 33.09 |
| 11. | SAMORAJ Oliwia | 05 | MKS Piaseczno | 2:10.97 | 597 | 30.77 | 33.26 | 33.70 | 33.24 |
| 12. | FIGAS Alicja | 04 | MKP Szczecin | 2:12.54 | 576 | 31.02 | 33.36 | 34.13 | 34.03 |
| 13. | BISZEWSKA Gabriela | 05 | Mi dzyszkolny UKS „Olimpi | 2:12.61 | 575 | 31.65 | 33.18 | 33.83 | 33.95 |
| 14. | NOWAK Gabriela | 05 | MUKS "Pi tnastka" | 2:12.94 | 571 | 30.02 | 33.74 | 34.58 | 34.60 |
| 15. | PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 2:13.01 | 570 | 29.80 | 34.74 | 35.24 | 33.23 |
| 16. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 2:13.66 | 562 | 31.00 | 34.14 | 34.42 | 34.10 |
| 17. | RACZY SKA Wiktoria | 04 | AZS UŁ PŁ Łód | 2:14.51 | 551 | 31.42 | 34.22 | 34.73 | 34.14 |
| 18. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 2:19.54 | 494 | 30.90 | 34.38 | 36.61 | 37.65 |
| 19. | WACHOWIAK Zofia | 04 | MKS „Astoria” Bydgoszcz | 2:20.19 | 487 | 31.63 | 35.36 | 36.73 | 36.47 |
| 20. | WASYLISZYN Julia | 04 | UKS "ORKA" Luba | 2:29.14 | 404 | 32.81 | 38.41 | 39.99 | 37.93 |

16 lat

| | | | | | | | | | |
|-----|---------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CHALUPOVA Adela | 06 | Sport Club Pardubice | 2:04.69 | 692 | 28.56 | 31.43 | 32.60 | 32.10 |
| 2. | JANISZEWSKA Natalia | 06 | WKS I sk | 2:05.61 | 677 | 28.81 | 31.44 | 32.52 | 32.84 |
| 3. | KRÓL Gabriela | 06 | KS „Wisła” Puławy | 2:06.04 | 670 | 29.42 | 31.62 | 32.19 | 32.81 |
| 4. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawi | 2:07.88 | 641 | 29.81 | 32.48 | 32.42 | 33.17 |
| 5. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 2:09.24 | 621 | 30.06 | 32.89 | 32.94 | 33.35 |
| 6. | MACIAK Julia | 06 | IUKS „Muszelka” Warszawa | 2:09.83 | 613 | 30.47 | | | 33.17 |
| 7. | JACH Tamara | 06 | WKS I sk | 2:10.28 | 607 | 30.97 | 32.94 | 33.56 | 32.81 |
| 8. | SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 2:11.05 | 596 | 30.67 | 33.56 | 33.75 | 33.07 |
| 9. | MACURA Kinga | 06 | UKP Unia O wi cim | 2:11.45 | 590 | 30.23 | 33.33 | 33.88 | 34.01 |
| 10. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawi | 2:11.56 | 589 | 30.00 | 33.41 | 33.78 | 34.37 |
| 11. | JUDA Aleksandra | 06 | UKP Unia O wi cim | 2:12.58 | 575 | 30.99 | 33.73 | 34.18 | 33.68 |
| 12. | PITY SKA Klara | 06 | WKS I sk | 2:13.68 | 561 | 31.24 | 33.74 | 34.33 | 34.37 |
| 13. | JANIK Julia | 06 | UKS 190 Łód | 2:13.78 | 560 | 30.84 | 33.97 | 35.11 | 33.86 |
| 14. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 2:14.44 | 552 | 30.33 | 34.06 | 35.20 | 34.85 |
| 15. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa” | 2:17.19 | 519 | 30.83 | 34.40 | 35.71 | 36.25 |
| 16. | PIEKARSKA Natalia | 06 | UKS 190 Łód | 2:17.45 | 516 | 32.62 | 35.43 | 35.30 | 34.10 |
| 17. | CHMIELEWSKA A. | 06 | Mi dzyszkolny UKS „Olimpi | 2:18.67 | 503 | 30.93 | 34.19 | 36.39 | 37.16 |
| 18. | KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 2:20.72 | 481 | 31.49 | 35.65 | 36.70 | 36.88 |
| 19. | MIKUŁA Natalia | 06 | UKS 190 Łód | 2:22.57 | 463 | 31.41 | 35.60 | 37.91 | 37.65 |
| 20. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów | 2:23.56 | 453 | 32.89 | 37.25 | 37.42 | 36.00 |
| 21. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 2:26.13 | 430 | 32.45 | 36.48 | 38.76 | 38.44 |
| NW | ŁYSAKOWSKA Karina | 06 | MKS Trójka Łód | | | 33.99 | | | |

15 lat

| | | | | | | | | | |
|-----|----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GULCZY SKA Natalia | 07 | Uks Cityzen | 2:08.75 | 628 | 30.37 | 32.40 | 33.08 | 32.90 |
| 2. | POPPE Marta | 07 | KU AZS UMCS Lublin | 2:09.03 | 624 | 30.57 | 32.39 | 32.87 | 33.20 |
| 3. | WRZESZCZY SKA Marta | 07 | KS Poshania Pozna | 2:10.00 | 610 | 29.29 | 32.87 | 34.19 | 33.65 |
| 4. | GLI SKA Oliwia | 07 | TP Zielona Góra | 2:11.30 | 592 | 31.16 | 33.21 | 33.46 | 33.47 |
| 5. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa” | 2:11.61 | 588 | 29.81 | 32.89 | 34.64 | 34.27 |
| 6. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawi | 2:13.61 | 562 | 30.43 | 33.79 | 34.51 | 34.88 |
| 7. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawi | 2:15.63 | 537 | 30.83 | 34.52 | 35.07 | 35.21 |
| 8. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 2:15.97 | 533 | 30.73 | 34.22 | 35.35 | 35.67 |
| 9. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawi | 2:16.12 | 532 | 30.72 | 33.98 | 35.71 | 35.71 |
| 10. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 2:16.97 | 522 | 31.47 | 34.40 | 35.46 | 35.64 |
| 11. | POŁE Hanna | 07 | MKS Trójka Łód | 2:16.98 | 522 | 31.97 | 35.01 | 35.78 | 34.22 |
| 12. | MICHALSKA Pola | 07 | Mokotowski UKP Warszawi | 2:17.02 | 521 | 31.07 | 34.52 | 35.50 | 35.93 |
| 13. | MAKOWSKA Maria | 07 | MKP Szczecin | 2:19.05 | 499 | 30.61 | 35.38 | 38.45 | 34.61 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 25, Dziewcz t, 200m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-----------------------|---------|-------------------------|----------------|-----|-------|-------|-------|-------|
| 14. TOMKIEL Anna | 07 | Mokotowski UKP Warszawi | 2:19.32 | 496 | 31.98 | 35.19 | 36.25 | 35.90 |
| 15. TRAFALSKA Zuzanna | 07 | UKS 190 Łód | 2:19.64 | 492 | 32.22 | 35.07 | 36.19 | 36.16 |
| 16. JEZIORSKA Natalia | 07 | MKS Trójka Łód | 2:20.76 | 481 | 31.96 | 36.00 | 37.12 | 35.68 |
| 17. SELL Karolina | 07 | MUKP Korona-Swim Kielce | 2:22.96 | 459 | 32.03 | 36.56 | 37.70 | 36.67 |
| 18. PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 2:24.43 | 445 | 32.48 | 36.67 | 37.79 | 37.49 |
| 19. SIEDLECKA Alicja | 07 | KS Warta Pozna | 2:24.88 | 441 | 32.52 | 37.14 | 38.92 | 36.30 |

14 lat

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskid | 2:02.98 | 721 | 28.53 | 31.24 | 31.72 | 31.49 |
| 2. WI TEK Amelia | 08 | WKS I sk | 2:12.89 | 571 | 30.41 | 33.97 | 34.85 | 33.66 |
| 3. PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów | 2:15.95 | 534 | 31.01 | 35.09 | 35.35 | 34.50 |
| 4. BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 2:17.03 | 521 | 31.80 | 34.38 | 35.54 | 35.31 |
| 5. GRZECH Maja | 08 | UKS abianka Gda sk | 2:17.21 | 519 | 32.13 | 35.46 | 35.91 | 33.71 |
| 6. SPYCHALSKA Dominika | 08 | KP Aquapark W growiec | 2:17.83 | 512 | 32.14 | 36.49 | 36.06 | 33.14 |
| 7. BORYCZKA Amelia | 08 | WKS I sk | 2:18.72 | 502 | 31.36 | 35.60 | 36.90 | 34.86 |
| 8. ŁOBODA Maria | 08 | Uks Cityzen | 2:18.82 | 501 | 31.30 | 35.92 | 36.83 | 34.77 |
| 9. HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 2:18.92 | 500 | 31.82 | 35.29 | 36.07 | 35.74 |
| 10. CHUKHNO Kateryna | 08 | UKS abianka Gda sk | 2:18.96 | 500 | 31.11 | 35.25 | 36.18 | 36.42 |
| 11. TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów | 2:19.54 | 494 | 31.97 | 35.66 | 36.99 | 34.92 |
| 12. SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów" | 2:19.56 | 493 | 34.31 | 35.27 | 35.95 | 34.03 |
| 13. KOWALSKA Lena | 08 | UKS abianka Gda sk | 2:21.10 | 477 | 32.70 | 35.90 | 36.34 | 36.16 |
| 14. JADCZUK Estella | 08 | MKS Znicz Koszalin | 2:21.36 | 475 | 31.91 | 35.79 | 37.54 | 36.12 |
| 15. STANKO Khrystyna | 08 | MUKS "Pi tnastka" | 2:22.05 | 468 | 31.12 | 36.01 | 38.02 | 36.90 |
| 16. MAY Matylda | 08 | MKP Astromal-Leszno | 2:22.71 | 461 | 32.55 | 36.03 | 37.63 | 36.50 |
| 17. BELZYT Maja | 08 | UKS abianka Gda sk | 2:23.64 | 452 | 33.46 | 36.90 | 37.68 | 35.60 |
| 18. DEREWIECKA Kamila | 08 | MKS Znicz Koszalin | 2:28.50 | 409 | 32.21 | 37.45 | 39.67 | 39.17 |
| 19. KRUTUL Aga | 08 | MKS Znicz Koszalin | 2:30.82 | 391 | 32.63 | 37.26 | 40.08 | 40.85 |
| 20. KUNKEL Celina | 08 | Dwójka Morena Gda sk | 2:37.39 | 344 | 36.14 | 40.18 | 40.53 | 40.54 |
| 21. PILARSKA Maja | 08 | KP Aquapark W growiec | 2:39.80 | 328 | 35.20 | 41.21 | 42.70 | 40.69 |
| PK PRASAŁ Aleksandra | 09 | MUKP Korona-Swim Kielce | | | | | | |

Konkurencja 26
2022.11.13 - 9:28

M czyzn, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|--|-------|-----------------|-----|---------|------------|
| Rekord Polski | 57.80 | KOZAKIEWICZ Jan | POL | Wrocław | 2021.11.12 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 57.17 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.74 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|------------------------|---------|--------------------------------|----------------|-----|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. KAŁUSOWSKI Jan | 00 | MKS Trójka Łód | 58.25 | 854 | 27.48 | 30.77 |
| 2. WIEKIERA Dawid | 02 | MKP „Wodnik 29" Tychy | 58.29 | 852 | 27.65 | 30.64 |
| 3. SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 1:00.82 | 750 | 28.29 | 32.53 |
| 4. WARZOCHA Gustaw | 04 | KS Warta Pozna | 1:02.12 | 704 | 28.86 | 33.26 |
| 5. ROMANOWSKI Kamil | 97 | AZS AWF Katowice | 1:02.57 | 689 | 29.21 | 33.36 |
| 6. URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 1:02.63 | 687 | 29.47 | 33.16 |
| 7. BIELAWA Dominik | 02 | WKS I sk | 1:02.70 | 685 | 29.44 | 33.26 |
| 8. CERLICH Maksymilian | 00 | AZS AWF Katowice | 1:02.85 | 680 | 29.14 | 33.71 |
| 9. KRYSZYNIAK Mateusz | 00 | AZS AWF Katowice | 1:02.86 | 680 | 29.05 | 33.81 |
| 10. ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 1:03.15 | 670 | 29.82 | 33.33 |
| 11. LECHOWICZ Filip | 97 | UKS "Feniks" D bica | 1:03.29 | 666 | 29.33 | 33.96 |
| 12. ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa" | 1:03.45 | 661 | 28.91 | 34.54 |
| 13. LOTER Bartosz | 05 | UKP Unia O wi cim | 1:03.48 | 660 | 29.93 | 33.55 |
| 14. JUNG Krzysztof | 99 | AZS AWF Katowice | 1:03.49 | 660 | 29.49 | 34.00 |
| 15. MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 1:03.51 | 659 | 30.00 | 33.51 |
| 16. LONG Bryar | 97 | MKS Juwenia Wrocław | 1:03.59 | 656 | 29.90 | 33.69 |
| 17. BEBEROK Filip | 00 | AZS AWF Katowice | 1:04.07 | 642 | 29.25 | 34.82 |
| 18. LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:04.08 | 642 | 29.85 | 34.23 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26, M czynn, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|----------------------|------|-----------------------------|----------------|------|-------|-------|
| 19. | BARCZYK Jan | 03 | UKS „Omega” Olkusz | 1:04.32 | 634 | 29.21 | 35.11 |
| 20. | LVUTIN Lev | 07 | UKS Tri-Team Rumia | 1:04.38 | 633 | 30.35 | 34.03 |
| 21. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 1:04.63 | 625 | 29.81 | 34.82 |
| 22. | KRÓL Aleksander | 06 | MKP Szczecin | 1:05.93 | 589 | 30.71 | 35.22 |
| 23. | KUCHARCZYK Paweł | 05 | UKP „Polonia Warszawa" | 1:06.19 | 582 | 30.49 | 35.70 |
| 24. | FILIPIAK Grzegorz | 03 | KS AZS AWF Wrocław | 1:06.53 | 573 | 30.77 | 35.76 |
| 25. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 1:06.58 | 572 | 31.43 | 35.15 |
| 26. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 1:06.62 | 571 | 31.18 | 35.44 |
| 27. | WIERCI SKI Kacper | 04 | MKP Szczecin | 1:06.87 | 564 | 31.97 | 34.90 |
| 28. | TEPLY Jan | 03 | Sport Club Pardubice | 1:07.60 | 546 | 31.33 | 36.27 |
| 29. | RADZIKOWSKI Szymon | 08 | WKS I sk | 1:07.70 | 544 | 31.85 | 35.85 |
| 30. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 1:07.73 | 543 | 31.64 | 36.09 |
| 31. | JANIAK Jakub | 05 | TP Zielona Góra | 1:07.78 | 542 | 31.23 | 36.55 |
| 32. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów" | 1:08.15 | 533 | 30.98 | 37.17 |
| 33. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 1:08.20 | 532 | 32.10 | 36.10 |
| 34. | KRASOWSKI Szymon | 06 | KS Posnania Pozna | 1:08.25 | 531 | 31.48 | 36.77 |
| 35. | PRONIN Patryk | 07 | MKP Szczecin | 1:08.33 | 529 | 32.11 | 36.22 |
| 36. | SZYMKOWIAK Marcin | 80 | KS Warta Pozna | 1:08.42 | 527 | 32.04 | 36.38 |
| 37. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:08.64 | 522 | 32.37 | 36.27 |
| 38. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:08.68 | 521 | 31.24 | 37.44 |
| 39. | PORWIK Kacper | 06 | UKP Unia O wi cim | 1:08.71 | 520 | 32.80 | 35.91 |
| 40. | GAJDA Jan | 07 | MKS Trójka Łód | 1:08.72 | 520 | 31.86 | 36.86 |
| 41. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 1:08.92 | 516 | 32.09 | 36.83 |
| 42. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:09.01 | 514 | 32.07 | 36.94 |
| 43. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa" | 1:09.64 | 500 | 32.25 | 37.39 |
| 44. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:09.74 | 498 | 32.10 | 37.64 |
| 45. | BOSIACKI Kamil | 07 | KS Posnania Pozna | 1:09.76 | 497 | 31.63 | 38.13 |
| 46. | NIECKARZ Paweł | 06 | UKS 190 Łód | 1:09.85 | 495 | 32.67 | 37.18 |
| 47. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:10.06 | 491 | 32.37 | 37.69 |
| 48. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 1:10.41 | 483 | 32.68 | 37.73 |
| 49. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:10.99 | 472 | 33.06 | 37.93 |
| 50. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 1:11.13 | 469 | 33.86 | 37.27 |
| 51. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa" | 1:11.17 | 468 | 33.53 | 37.64 |
| 52. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 1:11.57 | 460 | 33.44 | 38.13 |
| 53. | YWICKI Wiktor | 08 | UKS „Ósemka" Toru | 1:12.02 | 452 | 33.90 | 38.12 |
| 54. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa" | 1:12.11 | 450 | 33.46 | 38.65 |
| 55. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 1:12.20 | 448 | 34.02 | 38.18 |
| 56. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 1:12.39 | 445 | 34.69 | 37.70 |
| 57. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów" | 1:12.52 | 442 | 33.96 | 38.56 |
| 58. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa" | 1:12.58 | 441 | 34.33 | 38.25 |
| 59. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów" | 1:13.02 | 433 | 34.42 | 38.60 |
| 60. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 1:13.77 | 420 | 35.70 | 38.07 |
| 61. | SKROBISZ Michał | 07 | UKS 190 Łód | 1:14.17 | 414 | 34.93 | 39.24 |
| 62. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 1:14.71 | 405 | 34.55 | 40.16 |
| 63. | PAWLAK Dawid | 08 | UKS 190 Łód | 1:15.01 | 400 | 35.90 | 39.11 |
| 64. | KAMI SKI Maciej | 08 | MKP Szczecin | 1:17.47 | 363 | 36.89 | 40.58 |
| 65. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:18.50 | 349 | 36.69 | 41.81 |
| 66. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:23.81 | 286 | 38.68 | 45.13 |
| 67. | ŁATKA Aleksander | 08 | KP Aquapark W growiec | 1:27.46 | 252 | 40.85 | 46.61 |
| 68. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 1:31.10 | 223 | 43.29 | 47.81 |
| 69. | KRUPI SKI Paweł | 87 | WOPR Województwa Lubuskiego | 1:40.15 | 168 | 46.84 | 53.31 |
| DYSKW. | SOLAK Łukasz | 99 | KS AZS AGH Kraków | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

DYSKW. ZDANOWICZ Paweł 05 MKP „Atoł" Ole nica

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26, M czynn, 100m klasyczny

17 - 18 lat

| | | | | | | | |
|--------|--------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | WARZOCHA Gustaw | 04 | KS Warta Pozna | 1:02.12 | 704 | 28.86 | 33.26 |
| 2. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | 1:02.63 | 687 | 29.47 | 33.16 |
| 3. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 1:03.15 | 670 | 29.82 | 33.33 |
| 4. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 1:03.45 | 661 | 28.91 | 34.54 |
| 5. | LOTER Bartosz | 05 | UKP Unia O wi cim | 1:03.48 | 660 | 29.93 | 33.55 |
| 6. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:04.08 | 642 | 29.85 | 34.23 |
| 7. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 1:04.63 | 625 | 29.81 | 34.82 |
| 8. | KUCHARCZYK Paweł | 05 | UKP „Polonia Warszawa” | 1:06.19 | 582 | 30.49 | 35.70 |
| 9. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 1:06.58 | 572 | 31.43 | 35.15 |
| 10. | WIERCI SKI Kacper | 04 | MKP Szczecin | 1:06.87 | 564 | 31.97 | 34.90 |
| 11. | JANIAK Jakub | 05 | TP Zielona Góra | 1:07.78 | 542 | 31.23 | 36.55 |
| 12. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 1:09.64 | 500 | 32.25 | 37.39 |
| 13. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:10.99 | 472 | 33.06 | 37.93 |
| DYSKW. | ZDANOWICZ Paweł | 05 | MKP „Atol" Ole nica | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

16 lat

| | | | | | | | |
|-----|----------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 1:03.51 | 659 | 30.00 | 33.51 |
| 2. | KRÓL Aleksander | 06 | MKP Szczecin | 1:05.93 | 589 | 30.71 | 35.22 |
| 3. | KRASOWSKI Szymon | 06 | KS Posnania Pozna | 1:08.25 | 531 | 31.48 | 36.77 |
| 4. | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:08.68 | 521 | 31.24 | 37.44 |
| 5. | PORWIK Kacper | 06 | UKP Unia O wi cim | 1:08.71 | 520 | 32.80 | 35.91 |
| 6. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 1:08.92 | 516 | 32.09 | 36.83 |
| 7. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:09.01 | 514 | 32.07 | 36.94 |
| 8. | NIECKARZ Paweł | 06 | UKS 190 Łód | 1:09.85 | 495 | 32.67 | 37.18 |
| 9. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 1:10.41 | 483 | 32.68 | 37.73 |
| 10. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 1:11.17 | 468 | 33.53 | 37.64 |
| 11. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 1:12.11 | 450 | 33.46 | 38.65 |

15 lat

| | | | | | | | |
|-----|--------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | LVUTIN Lev | 07 | UKS Tri-Team Rumia | 1:04.38 | 633 | 30.35 | 34.03 |
| 2. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 1:07.73 | 543 | 31.64 | 36.09 |
| 3. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 1:08.15 | 533 | 30.98 | 37.17 |
| 4. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 1:08.20 | 532 | 32.10 | 36.10 |
| 5. | PRONIN Patryk | 07 | MKP Szczecin | 1:08.33 | 529 | 32.11 | 36.22 |
| 6. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:08.64 | 522 | 32.37 | 36.27 |
| 7. | GAJDA Jan | 07 | MKS Trójka Łód | 1:08.72 | 520 | 31.86 | 36.86 |
| 8. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:09.74 | 498 | 32.10 | 37.64 |
| 9. | BOSIACKI Kamil | 07 | KS Posnania Pozna | 1:09.76 | 497 | 31.63 | 38.13 |
| 10. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 1:11.13 | 469 | 33.86 | 37.27 |
| 11. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 1:12.52 | 442 | 33.96 | 38.56 |
| 12. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 1:13.02 | 433 | 34.42 | 38.60 |
| 13. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 1:13.77 | 420 | 35.70 | 38.07 |
| 14. | SKROBISZ Michał | 07 | UKS 190 Łód | 1:14.17 | 414 | 34.93 | 39.24 |

14 lat

| | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 1:06.62 | 571 | 31.18 | 35.44 |
| 2. | RADZIKOWSKI Szymon | 08 | WKS l sk | 1:07.70 | 544 | 31.85 | 35.85 |
| 3. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:10.06 | 491 | 32.37 | 37.69 |
| 4. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 1:11.57 | 460 | 33.44 | 38.13 |
| 5. | YWICKI Wiktor | 08 | UKS „Ósemka" Toru | 1:12.02 | 452 | 33.90 | 38.12 |
| 6. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 1:12.20 | 448 | 34.02 | 38.18 |
| 7. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 1:12.39 | 445 | 34.69 | 37.70 |
| 8. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 1:12.58 | 441 | 34.33 | 38.25 |
| 9. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 1:14.71 | 405 | 34.55 | 40.16 |
| 10. | PAWLAK Dawid | 08 | UKS 190 Łód | 1:15.01 | 400 | 35.90 | 39.11 |
| 11. | KAMI SKI Maciej | 08 | MKP Szczecin | 1:17.47 | 363 | 36.89 | 40.58 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26, Chłopców, 100m klasyczny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-------------------|------|-----------------------|----------------|------|-------|-------|
| 12. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:18.50 | 349 | 36.69 | 41.81 |
| 13. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:23.81 | 286 | 38.68 | 45.13 |
| 14. | ŁATKA Aleksander | 08 | KP Aquapark W growiec | 1:27.46 | 252 | 40.85 | 46.61 |
| 15. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 1:31.10 | 223 | 43.29 | 47.81 |

Konkurencja 27

Kobiet, 100m klasyczny

14 lat i starsi

2022.11.13 - 9:36

Wyniki

Rekord Polski 1:04.01 SZTANDERA Dominika POL Olsztyn 2020.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:04.81 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:05.46

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|------------------------|-------------------------|------|-----------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | SZTANDERA Dominika | 97 | MKS Juvenia Wrocław | 1:05.18 | 875 | 30.60 | 34.58 |
| 2. | MAZURKIEWICZ Barbara | 01 | KU AZS Uniwersytetu Warszawskiego | 1:06.93 | 808 | 31.51 | 35.42 |
| 3. | HALLMANN Weronika | 00 | AZS AWF Warszawa | 1:07.72 | 780 | 31.54 | 36.18 |
| 4. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 1:08.94 | 740 | 32.34 | 36.60 |
| 5. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa” | 1:09.68 | 716 | 32.73 | 36.95 |
| 6. | WRONA Ewa | 06 | UKS „Jasie ” Sucha Beskidzka | 1:09.82 | 712 | 32.87 | 36.95 |
| 7. | PLÍHALOVÁ Anna | 99 | Ústecká akademie plaveckých sport | 1:10.12 | 703 | 33.08 | 37.04 |
| 8. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:10.81 | 683 | 33.28 | 37.53 |
| 9. | OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:11.06 | 675 | 33.76 | 37.30 |
| 10. | BORKOWSKA Dominika | 07 | UKS „Omega” Olkusz | 1:11.13 | 673 | 33.04 | 38.09 |
| 11. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:11.83 | 654 | 33.81 | 38.02 |
| 12. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 1:12.25 | 642 | 34.14 | 38.11 |
| 13. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów” | 1:12.34 | 640 | 33.89 | 38.45 |
| 14. | TURBA SKA Marta | 07 | WKS I sk | 1:12.37 | 639 | 34.29 | 38.08 |
| 15. | FISEROVA Marketa | 05 | Sport Club Pardubice | 1:12.50 | 636 | 33.85 | 38.65 |
| 16. | KOT Emilia | 07 | TP Zielona Góra | 1:12.73 | 630 | 34.44 | 38.29 |
| 17. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa” | 1:13.54 | 609 | 34.26 | 39.28 |
| 18. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:13.66 | 606 | 34.25 | 39.41 |
| 19. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:13.68 | 606 | 34.49 | 39.19 |
| | JAKUBOWSKA Izabela | 98 | TP Olimpijczyk Aleksandrów Łódzki | 1:13.68 | 606 | 34.12 | 39.56 |
| 21. | BIELAWA Anna | 06 | WKS I sk | 1:13.88 | 601 | 34.39 | 39.49 |
| 22. | JAROSZ Helena | 06 | UKP Unia O wi cim | 1:14.01 | 598 | 34.64 | 39.37 |
| 23. | FAMULOK Zuzanna | 03 | AZS AWF Katowice | 1:14.07 | 596 | 35.70 | 38.37 |
| 24. | ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 1:14.08 | 596 | 34.36 | 39.72 |
| 25. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:14.12 | 595 | 35.06 | 39.06 |
| 26. | S DŁAK Alicja | 05 | MKS Jedyńka Łód | 1:14.24 | 592 | 34.97 | 39.27 |
| 27. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:14.31 | 590 | 35.00 | 39.31 |
| 28. | RUSSEK Agata | 03 | KU AZS Uniwersytetu Warszawskiego | 1:14.55 | 585 | 35.04 | 39.51 |
| 29. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:14.72 | 581 | 35.34 | 39.38 |
| 30. | SKROK Julia | 07 | WKS I sk | 1:14.96 | 575 | 35.05 | 39.91 |
| 31. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 1:15.93 | 553 | 35.72 | 40.21 |
| 32. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:16.20 | 548 | 36.60 | 39.60 |
| 33. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:16.41 | 543 | 35.95 | 40.46 |
| 34. | KOTENKO Mariia | 06 | MKP Szczecin | 1:16.64 | 538 | 35.30 | 41.34 |
| 35. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:16.76 | 536 | 36.56 | 40.20 |
| 36. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:16.96 | 532 | 36.29 | 40.67 |
| 37. | KAROLCZAK Pola | 06 | MUKS "Pi tnastka" | 1:17.18 | 527 | 35.76 | 41.42 |
| 38. | HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 1:17.50 | 520 | 36.25 | 41.25 |
| 39. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:17.59 | 519 | 36.04 | 41.55 |
| 40. | POLOK Dominika | 07 | UKS MOS w Opolu | 1:18.20 | 507 | 36.26 | 41.94 |
| 41. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:18.97 | 492 | 37.06 | 41.91 |
| 42. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:19.13 | 489 | 37.43 | 41.70 |
| 43. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 1:20.45 | 465 | 37.99 | 42.46 |
| 44. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:20.52 | 464 | 37.88 | 42.64 |
| 45. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:20.69 | 461 | 38.53 | 42.16 |
| 46. | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:20.95 | 457 | 37.59 | 43.36 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 27, Kobiet, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|-----------------------|----------------|------|-------|---------|
| 47. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:21.30 | 451 | 38.27 | 43.03 |
| 48. | WARSI SKA Julia | 07 | MUKS "Pi tnastka" | 1:22.31 | 434 | 38.65 | 43.66 |
| 49. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:22.36 | 434 | 37.90 | 44.46 |
| 50. | MOLAK Aniela | 07 | UKS Ostrobramska | 1:22.93 | 425 | 38.15 | 44.78 |
| 51. | NAJI Kamila | 08 | MKS Trójka Łód | 1:23.62 | 414 | 40.26 | 43.36 |
| 52. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:23.95 | 409 | 38.13 | 45.82 |
| 53. | WAWRZY尼亚K Julia | 07 | Grupa 5Styl | 1:29.14 | 342 | 42.30 | 46.84 |
| 54. | PACZESNA Laura | 07 | KP Aquapark W growiec | 1:41.91 | 229 | 47.07 | 54.84 |
| 55. | GOROCKIEWICZ Sylwia | 75 | KS Warta Pozna | 2:10.03 | 110 | 59.35 | 1:10.68 |

17 - 18 lat

| | | | | | | | |
|-----|---------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa" | 1:09.68 | 716 | 32.73 | 36.95 |
| 2. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:10.81 | 683 | 33.28 | 37.53 |
| 3. | FISEROVA Marketa | 05 | Sport Club Pardubice | 1:12.50 | 636 | 33.85 | 38.65 |
| 4. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa" | 1:13.54 | 609 | 34.26 | 39.28 |
| 5. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:13.66 | 606 | 34.25 | 39.41 |
| 6. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:13.68 | 606 | 34.49 | 39.19 |
| 7. | ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 1:14.08 | 596 | 34.36 | 39.72 |
| 8. | S DŁAK Alicja | 05 | MKS Jedyńka Łód | 1:14.24 | 592 | 34.97 | 39.27 |
| 9. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 1:15.93 | 553 | 35.72 | 40.21 |
| 10. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:16.96 | 532 | 36.29 | 40.67 |
| 11. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:18.97 | 492 | 37.06 | 41.91 |

16 lat

| | | | | | | | |
|-----|-------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 1:08.94 | 740 | 32.34 | 36.60 |
| 2. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | 1:09.82 | 712 | 32.87 | 36.95 |
| 3. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 1:12.25 | 642 | 34.14 | 38.11 |
| 4. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 1:12.34 | 640 | 33.89 | 38.45 |
| 5. | BIELAWA Anna | 06 | WKS I sk | 1:13.88 | 601 | 34.39 | 39.49 |
| 6. | JAROSZ Helena | 06 | UKP Unia O wi cim | 1:14.01 | 598 | 34.64 | 39.37 |
| 7. | SULAK Antonina | 06 | UKS Pi tka Konstantynów Łódzki | 1:16.20 | 548 | 36.60 | 39.60 |
| 8. | KOTENKO Mariia | 06 | MKP Szczecin | 1:16.64 | 538 | 35.30 | 41.34 |
| 9. | KAROLCZAK Pola | 06 | MUKS "Pi tnastka" | 1:17.18 | 527 | 35.76 | 41.42 |
| 10. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:20.69 | 461 | 38.53 | 42.16 |
| 11. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:21.30 | 451 | 38.27 | 43.03 |
| 12. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:23.95 | 409 | 38.13 | 45.82 |

15 lat

| | | | | | | | |
|-----|--------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 1:11.13 | 673 | 33.04 | 38.09 |
| 2. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:11.83 | 654 | 33.81 | 38.02 |
| 3. | TURBA SKA Marta | 07 | WKS I sk | 1:12.37 | 639 | 34.29 | 38.08 |
| 4. | KOT Emilia | 07 | TP Zielona Góra | 1:12.73 | 630 | 34.44 | 38.29 |
| 5. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:14.12 | 595 | 35.06 | 39.06 |
| 6. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:14.72 | 581 | 35.34 | 39.38 |
| 7. | SKROK Julia | 07 | WKS I sk | 1:14.96 | 575 | 35.05 | 39.91 |
| 8. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:16.76 | 536 | 36.56 | 40.20 |
| 9. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:17.59 | 519 | 36.04 | 41.55 |
| 10. | POLOK Dominika | 07 | UKS MOS w Opolu | 1:18.20 | 507 | 36.26 | 41.94 |
| 11. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:20.52 | 464 | 37.88 | 42.64 |
| 12. | WARSI SKA Julia | 07 | MUKS "Pi tnastka" | 1:22.31 | 434 | 38.65 | 43.66 |
| 13. | MOLAK Aniela | 07 | UKS Ostrobramska | 1:22.93 | 425 | 38.15 | 44.78 |
| 14. | WAWRZY尼亚K Julia | 07 | Grupa 5Styl | 1:29.14 | 342 | 42.30 | 46.84 |
| 15. | PACZESNA Laura | 07 | KP Aquapark W growiec | 1:41.91 | 229 | 47.07 | 54.84 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 27, Kobiet, 100m klasyczny

14 lat

| | | | | | | | |
|----|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:14.31 | 590 | 35.00 | 39.31 |
| 2. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:16.41 | 543 | 35.95 | 40.46 |
| 3. | HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 1:17.50 | 520 | 36.25 | 41.25 |
| 4. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:19.13 | 489 | 37.43 | 41.70 |
| 5. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 1:20.45 | 465 | 37.99 | 42.46 |
| 6. | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:20.95 | 457 | 37.59 | 43.36 |
| 7. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:22.36 | 434 | 37.90 | 44.46 |
| 8. | NAJI Kamila | 08 | MKS Trójka Łód | 1:23.62 | 414 | 40.26 | 43.36 |

Konkurencja 28

M czyzn, 50m motylkowy

14 lat i starsi

2022.11.13 - 9:46

Wyniki

Rekord Polski 22.08 CIE LAK Marcin POL Olsztyn 2020.12.18

Min. indywidualne na M (25m) Melbourne 2022 Open: 22.02 / Min. do sztafety na M (25m) Melbourne 2022 Open: 22.24

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|-------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 90 | ŠEFL Jan | 23.14 | 830 |
| 2. | 01 | SMOLI SKI Paweł | 23.15 | 829 |
| 3. | 04 | GRACIK Daniel | 23.27 | 816 |
| 4. | 04 | MASIUK Ksawery | 23.58 | 784 |
| 5. | 94 | POPRAWA Michał | 23.64 | 778 |
| 6. | 02 | JA KIEWICZ Adrian | 23.77 | 766 |
| 7. | 03 | CHOWANIEC Mateusz | 23.82 | 761 |
| 8. | 04 | CZAPLA Kacper | 23.95 | 748 |
| 9. | 05 | FALARZ Mateusz | 24.33 | 714 |
| 10. | 97 | CHUDY Michał | 24.42 | 706 |
| 11. | 00 | SZAL Mateusz | 24.44 | 704 |
| 12. | 04 | GULI SKI Maciej | 24.47 | 702 |
| | 01 | CZESZEWSKI Krystian | 24.47 | 702 |
| 14. | 04 | PRUSZY SKI Michał | 24.61 | 690 |
| 15. | 04 | CHMIELEWSKI Krzysztof | 24.67 | 685 |
| 16. | 04 | STACHURSKI Jerzy | 24.74 | 679 |
| 17. | 05 | RÓ YCKI Szymon | 24.77 | 677 |
| 18. | 98 | CHRZANOWSKI Damian | 24.81 | 673 |
| 19. | 06 | STY Aleksander | 24.83 | 672 |
| 20. | 01 | CIARCZY SKI Janusz | 24.92 | 664 |
| 21. | 99 | BIERO SKI Michał | 24.95 | 662 |
| 22. | 04 | MINICHOWSKI Maksymilian | 25.09 | 651 |
| 23. | 04 | CHMIELEWSKI Michał | 25.12 | 649 |
| 24. | 04 | TOMASZEWSKI Aleks | 25.26 | 638 |
| 25. | 02 | KOLA CZYK Kacper | 25.28 | 636 |
| 26. | 05 | OLEWNICZAK Maciej | 25.30 | 635 |
| 27. | 05 | MICHTA Bartosz | 25.38 | 629 |
| 28. | 02 | ŁANGOWSKI Maciej | 25.45 | 624 |
| | 04 | STANISŁAWSKI Bartosz | 25.45 | 624 |
| 30. | 91 | KOWALIK Piotr | 25.49 | 621 |
| 31. | 03 | BARCZYK Jan | 25.55 | 616 |
| 32. | 06 | POPOW Igor | 25.60 | 613 |
| 33. | 06 | PASZKOWSKI Bła ej | 25.70 | 606 |
| | 05 | TKACZ Wiktor | 25.70 | 606 |
| 35. | 03 | ZIELI SKI Konrad | 25.71 | 605 |
| 36. | 04 | KNOPP Jarosław | 25.74 | 603 |
| 37. | 02 | BILSKI Bartosz | 25.88 | 593 |
| 38. | 00 | WO NIAK Maciej | 26.00 | 585 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|---|--------------|------|
| 39. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 26.05 | 582 |
| 40. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 26.10 | 578 |
| 41. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 26.23 | 570 |
| 42. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 26.24 | 569 |
| 43. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 26.25 | 568 |
| 44. | WIEK Bła ej | 05 | UKS abianka Gda sk | 26.26 | 568 |
| 45. | SZCZ SNY Stanisław | 05 | UKS "V" Łomianki | 26.28 | 566 |
| 46. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 26.29 | 566 |
| 47. | G SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów” | 26.34 | 563 |
| 48. | CHUPKA Patryk | 05 | WKS I sk | 26.36 | 561 |
| 49. | MIGLAK Maksymilian | 07 | KU AZS UAM Pozna | 26.41 | 558 |
| | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 26.41 | 558 |
| 51. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 26.47 | 554 |
| 52. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.50 | 552 |
| 53. | LICKUN Tycjan | 05 | MKP Szczecin | 26.55 | 549 |
| 54. | ROMANOWSKI Dawid | 03 | UKS Pi tka Konstantynów Łódzki | 26.61 | 546 |
| 55. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 26.76 | 536 |
| 56. | KRYSIKAC Kacper | 04 | MKS Trójka Łód | 26.77 | 536 |
| 57. | KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 26.79 | 535 |
| 58. | OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 26.80 | 534 |
| 59. | ZDANOWSKI Filip | 02 | AZS AWF Warszawa | 26.81 | 533 |
| | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 26.81 | 533 |
| 61. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 26.88 | 529 |
| 62. | BELZYT Maksymilian | 05 | UKS abianka Gda sk | 26.90 | 528 |
| 63. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 27.04 | 520 |
| 64. | FILIPIAK Mateusz | 07 | MUKS "Pi tnastka" | 27.13 | 515 |
| 65. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.20 | 511 |
| 66. | NOVOTNY Adam | 07 | Sport Club Pardubice | 27.21 | 510 |
| | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 27.21 | 510 |
| 68. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 27.25 | 508 |
| | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 27.25 | 508 |
| 70. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.34 | 503 |
| | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wodny | 27.34 | 503 |
| 72. | WO NICKI Dominik | 06 | UKP Unia O wi cim | 27.39 | 500 |
| 73. | YEVDOKYMOW Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | 27.43 | 498 |
| 74. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 27.44 | 497 |
| 75. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 27.48 | 495 |
| 76. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 27.51 | 494 |
| 77. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 27.54 | 492 |
| 78. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 27.57 | 490 |
| | HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 27.57 | 490 |
| 80. | DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 27.65 | 486 |
| 81. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 27.67 | 485 |
| 82. | KUŁTON Jakub | 07 | KS Warta Pozna | 27.70 | 484 |
| | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 27.70 | 484 |
| 84. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 27.73 | 482 |
| 85. | LIPIEC Maciej | 06 | WKS I sk | 27.77 | 480 |
| 86. | ALEKSANDER Jakub | 02 | MKP Szczecin | 27.80 | 478 |
| 87. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 27.90 | 473 |
| 88. | GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 27.92 | 472 |
| 89. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 27.94 | 471 |
| 90. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 27.99 | 469 |
| 91. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 28.18 | 459 |
| 92. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 28.40 | 449 |
| 93. | BURZY SKI Oskar | 06 | MKP Szczecin | 29.06 | 419 |
| 94. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 29.15 | 415 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, M czynn, 50m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---|----------------------|---------------------------|--------------|------|
| 95. | STARO Filip | 08 UKS abianka Gda sk | 29.39 | 405 |
| 96. | ZAWIEJA Stanisław | 05 KS Warta Pozna | 29.56 | 398 |
| 97. | KRUPA Borys | 06 UKP „Polonia Warszawa” | 29.79 | 389 |
| 98. | KUBICA Wiktor | 08 UKS "V" Łomianki | 30.19 | 373 |
| 99. | PAWLAK Dawid | 08 UKS 190 Łód | 30.36 | 367 |
| 100. | MACKIEWICZ Piotr | 08 UKS "V" Łomianki | 30.51 | 362 |
| 101. | WERWI SKI Mateusz | 07 MKP Astromal-Leszno | 30.58 | 359 |
| 102. | MIELCZAREK Maciej | 07 UKP „Polonia Warszawa” | 30.63 | 358 |
| 103. | CYGA SKI Krzysztof | 07 UKS „GIM 92 Ursynów” | 31.21 | 338 |
| 104. | PIOTROWSKI Jakub | 08 UKS Tri-Team Rumia | 31.52 | 328 |
| 105. | WIADERNY Maksym | 06 MKS Trójka Łód | 32.02 | 313 |
| 106. | KRAS Mateusz | 07 UKS „GIM 92 Ursynów” | 34.01 | 261 |
| 107. | NIEMCZURA Wiktor | 08 UKP „Polonia Warszawa” | 36.19 | 217 |
| DYSKW. | WIERASZKA Bartosz | 07 TP Zielona Góra | | |
| <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | |
| DYSKW. | JANKOWSKI Przemysław | 05 UKS abianka Gda sk | | |
| <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | | |
| NW | OSTROWSKI Karol | 99 MKP Szczecin | | |
| NW | POTEMPA Igor | 08 Uks Cityzen | | |
| NW | MATOFIJ Mikołaj | 05 UKS Siódemka Gdynia | | |

17 - 18 lat

| | | | | |
|-----|-------------------------|--------------------------------------|--------------|-----|
| 1. | GRACIK Daniel | 04 Sport Club Pardubice | 23.27 | 816 |
| 2. | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 23.58 | 784 |
| 3. | CZAPLA Kacper | 04 MKP Szczecin | 23.95 | 748 |
| 4. | FALARZ Mateusz | 05 UKS G-8 Bielany Warszawa | 24.33 | 714 |
| 5. | GULI SKI Maciej | 04 KU AZS Uniwersytetu Warszawskiego | 24.47 | 702 |
| 6. | PRUSZY SKI Michał | 04 TP Zielona Góra | 24.61 | 690 |
| 7. | CHMIELEWSKI Krzysztof | 04 IUKS „Muszelka” Warszawa | 24.67 | 685 |
| 8. | STACHURSKI Jerzy | 04 UKS G-8 Bielany Warszawa | 24.74 | 679 |
| 9. | RÓ YCKI Szymon | 05 UKS „GIM 92 Ursynów” | 24.77 | 677 |
| 10. | MINICHOWSKI Maksymilian | 04 UKS "V" Łomianki | 25.09 | 651 |
| 11. | CHMIELEWSKI Michał | 04 IUKS „Muszelka” Warszawa | 25.12 | 649 |
| 12. | TOMASZEWSKI Aleks | 04 KS KSZO Ostrowiec w. | 25.26 | 638 |
| 13. | OLEWNICZAK Maciej | 05 UKP „Polonia Warszawa” | 25.30 | 635 |
| 14. | MICHTA Bartosz | 05 KS KSZO Ostrowiec w. | 25.38 | 629 |
| 15. | STANISŁAWSKI Bartosz | 04 MKS Trójka Łód | 25.45 | 624 |
| 16. | TKACZ Wiktor | 05 MKS Piaseczno | 25.70 | 606 |
| 17. | KNOPP Jarosław | 04 MUKS "Pi tnastka" | 25.74 | 603 |
| 18. | GROT Szymon | 05 MUKP Korona-Swim Kielce | 26.05 | 582 |
| 19. | WIEK Bła ej | 05 UKS abianka Gda sk | 26.26 | 568 |
| 20. | SZCZ SNY Stanisław | 05 UKS "V" Łomianki | 26.28 | 566 |
| 21. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów” | 26.29 | 566 |
| 22. | CHUPKA Patryk | 05 WKS I sk | 26.36 | 561 |
| 23. | PAWŁOWSKI Michał | 05 UKS "V" Łomianki | 26.41 | 558 |
| 24. | UJEC Maksymilian | 04 KS SWIM-ART Wrocław | 26.47 | 554 |
| 25. | WAŁCERZ Maksymilian | 04 MKP „SŁOWIANKA” Gorzów Wlkp. | 26.50 | 552 |
| 26. | LICKUN Tycjan | 05 MKP Szczecin | 26.55 | 549 |
| 27. | WOLSKI Kuba | 04 KS KSZO Ostrowiec w. | 26.76 | 536 |
| 28. | KRYSIKAC Kacper | 04 MKS Trójka Łód | 26.77 | 536 |
| 29. | KOBUS Tymoteusz | 05 UKS abianka Gda sk | 26.79 | 535 |
| 30. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów” | 26.88 | 529 |
| 31. | BELZYT Maksymilian | 05 UKS abianka Gda sk | 26.90 | 528 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 28, Chłopców, 50m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---|---------|--|--------------|------|
| 32. | 04 | DRAHORAD Pavel Sport Club Pardubice | 27.04 | 520 |
| 33. | 04 | PI TEK Olivier MUKS "Pi tnastrka" | 27.21 | 510 |
| 34. | 04 | MINISZEWSKI Sebastian MUKS "Pi tnastrka" | 27.57 | 490 |
| 35. | 05 | KASPRZAK Krzysztof MKS Piaseczno | 27.67 | 485 |
| 36. | 05 | WENERSKI Eryk UKP „Polonia Warszawa” | 27.90 | 473 |
| 37. | 05 | ZAWIEJA Stanisław KS Warta Poznań | 29.56 | 398 |
| DYSKW. | 05 | JANKOWSKI Przemysław UKS abianka Gdańsk | | |
| <i>O1 - Pływak wystartował po komendzie na miejsca i zajął swoją pozycję nieruchomej a przed sygnałem startu.</i> | | | | |
| NW | 05 | MATOFIJ Mikołaj UKS Siódemka Gdynia | | |

16 lat

| | | | | |
|-----|----|--|---------------|-----|
| 1. | 06 | STY Aleksander UKP „Polonia Warszawa” | 24.83 | 672 |
| 2. | 06 | POPOW Igor Mokotowski UKP Warszawianka- Wodny | F25.60 | 613 |
| 3. | 06 | PASZKOWSKI Błażej KU AZS UMCS Lublin | 25.70 | 606 |
| 4. | 06 | OKTABOWICZ Piotr UKS Olimpic Warka | 26.80 | 534 |
| 5. | 06 | PARADOWSKI Michał MKP „SŁOWIANKA” Gorzów Wlkp. | 27.34 | 503 |
| | 06 | URBA SKI Maciej Mokotowski UKP Warszawianka- Wodny | F27.34 | 503 |
| 7. | 06 | WO NICKI Dominik UKP Unia Owiścim | 27.39 | 500 |
| 8. | 06 | YEVDOKYMOV Dmytro Mokotowski UKP Warszawianka- Wodny | F27.43 | 498 |
| 9. | 06 | JASI SKI Kacper MUKP Korona-Swim Kielce | 27.48 | 495 |
| 10. | 06 | DUBIEL Wiktor UKS abianka Gdańsk | 27.54 | 492 |
| 11. | 06 | HLUSHCHENKO Zakhar UKS 190 Łódź | 27.57 | 490 |
| 12. | 06 | M DREK Krzysztof UKS „Omega” Olkusz | 27.70 | 484 |
| 13. | 06 | LIPIEC Maciej WKS I sk | 27.77 | 480 |
| 14. | 06 | BURZY SKI Oskar MKP Szczecin | 29.06 | 419 |
| 15. | 06 | KRUPA Borys UKP „Polonia Warszawa” | 29.79 | 389 |
| 16. | 06 | WIADERNY Maksym MKS Trójka Łódź | 32.02 | 313 |

15 lat

| | | | | |
|---|----|---|--------------|-----|
| 1. | 07 | GORAJ Bartłomiej UKS „Omega” Olkusz | 26.10 | 578 |
| 2. | 07 | WÓJCIAK Oliwier UKS "V" Łomianki | 26.24 | 569 |
| 3. | 07 | MIGLAK Maksymilian KU AZS UAM Poznań | 26.41 | 558 |
| 4. | 07 | ANTOSIK Kacper UKS G-8 Bielany Warszawa | 26.81 | 533 |
| 5. | 07 | FILIPIAK Mateusz MUKS "Pi tnastrka" | 27.13 | 515 |
| 6. | 07 | RYSAVKA Jachym Sport Club Pardubice | 27.20 | 511 |
| 7. | 07 | NOVOTNY Adam Sport Club Pardubice | 27.21 | 510 |
| 8. | 07 | HUBI SKI Olivier KS Delfin Gdynia | 27.25 | 508 |
| 9. | 07 | MRUGAŁA Michał UKP „Polonia Warszawa” | 27.51 | 494 |
| 10. | 07 | DWORAKOWSKI Błażej KS Delfin Gdynia | 27.65 | 486 |
| 11. | 07 | KUŁTON Jakub KS Warta Poznań | 27.70 | 484 |
| 12. | 07 | KUSEK Mateusz Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 27.73 | 482 |
| 13. | 07 | GRZYWI SKI Jakub KU AZS UMCS Lublin | 27.92 | 472 |
| 14. | 07 | TROSZCZY SKI Szymon Uks Cityzen | 27.99 | 469 |
| 15. | 07 | WERWI SKI Mateusz MKP Astromal-Leszno | 30.58 | 359 |
| 16. | 07 | MIELCZAREK Maciej UKP „Polonia Warszawa” | 30.63 | 358 |
| 17. | 07 | CYGA SKI Krzysztof UKS „GIM 92 Ursynów” | 31.21 | 338 |
| 18. | 07 | KRAS Mateusz UKS „GIM 92 Ursynów” | 34.01 | 261 |
| DYSKW. | 07 | WIERASZKA Bartosz TP Zielona Góra | | |
| <i>M10 - Pływak nie dotknął ciany dwiema dłońmi przy nawrocie lub na zakończenie wyścigu.</i> | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, M czynn, 50m motylkowy

14 lat

| | | | | | |
|-----|-----------------------|----|--------------------------|--------------|-----|
| 1. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 26.23 | 570 |
| 2. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 26.25 | 568 |
| 3. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 27.25 | 508 |
| 4. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 27.44 | 497 |
| 5. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 27.94 | 471 |
| 6. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 28.18 | 459 |
| 7. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 28.40 | 449 |
| 8. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 29.15 | 415 |
| 9. | STARO Filip | 08 | UKS abianka Gda sk | 29.39 | 405 |
| 10. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 30.19 | 373 |
| 11. | PAWLAK Dawid | 08 | UKS 190 Łód | 30.36 | 367 |
| 12. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 30.51 | 362 |
| 13. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 31.52 | 328 |
| 14. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 36.19 | 217 |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |

Konkurencja 29

Kobiet, 50m motylkowy

14 lat i starsi

2022.11.13 - 9:52

Wyniki

| | | | | | |
|--|-------|----------------------|-----|--------------|------------|
| Rekord Polski | 25.36 | URBANCZYK Aleksandra | POL | Berlin (GER) | 2017.08.06 |
| Min. indywidualne na M (25m) Melbourne 2022 Open: 24.55 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.80 | | | | | |
| Punkty: FINA 2022 | | | | | |

| Pozycja | | Rok ur. | | Czas | Pkt. |
|-----------------|-----------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | | |
| 1. | PEDA Paulina | 98 | AZS AWF Katowice | 25.88 | 836 |
| 2. | DOWGIERT Anna | 90 | KS Warta Pozna | 26.18 | 807 |
| 3. | MAIK Julia | 03 | Kaliski Klub Sportowy „Włókniarz” 1925 | 26.60 | 769 |
| 4. | WI TEK Joanna | 02 | UKS "Feniks" D bica | 26.94 | 741 |
| 5. | CIERPIAŁOWSKA Paulina | 05 | KS Barrakuda Gda sk | 27.29 | 713 |
| 6. | NABOJ ENKO Daryna | 02 | Ústecká akademie plaveckých sport | 27.45 | 700 |
| 7. | CIEPLAK Aleksandra | 01 | AZS AWF Katowice | 27.87 | 669 |
| | KOLA CZYK Wiktoria | 06 | KS Posnania Pozna | 27.87 | 669 |
| 9. | SOLAK Anna | 00 | KS AZS AGH Kraków | 27.94 | 664 |
| 10. | DOM ALSKA Wiktoria | 00 | AZS AWF Katowice | 28.32 | 638 |
| 11. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 28.51 | 625 |
| 12. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka” | 28.58 | 620 |
| 13. | WO NICA Milena | 04 | UKS abianka Gda sk | 28.96 | 596 |
| 14. | WIDERSKA Joanna | 05 | UKS Nawa Skierniewice | 29.09 | 588 |
| 15. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 29.17 | 583 |
| 16. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 29.23 | 580 |
| 17. | MICHALSKA Julia | 05 | WKS I sk | 29.26 | 578 |
| 18. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 29.31 | 575 |
| 19. | KEMPA Kinga | 05 | AZS AWF Katowice | 29.39 | 570 |
| 20. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 29.52 | 563 |
| 21. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 29.56 | 561 |
| 22. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 29.61 | 558 |
| 23. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 29.64 | 556 |
| 24. | GRZESIAK Oliwia | 07 | WKS I sk | 29.76 | 549 |
| 25. | NOWAK Zofia | 03 | AZS AWF Warszawa | 29.82 | 546 |
| 26. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 29.83 | 545 |
| 27. | SMEKTAŁA Oliwia | 04 | KS Warta Pozna | 29.86 | 544 |
| 28. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka” | 29.94 | 539 |
| 29. | WRZESZCZY SKA Marta | 07 | KS Posnania Pozna | 30.00 | 536 |
| 30. | DUDA Anna | 07 | MKP Szczecin | 30.04 | 534 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 29, Kobiet, 50m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|---------------------------|---------------------------------------|---------------|------|
| 30. KONDRASIUK Zofia | 08 UKS „GIM 92 Ursynów" | 30.04 | 534 |
| 32. NOWAK Gabriela | 05 MUKS "Pi tnastrka" | 30.18 | 527 |
| 33. SZYSZKO Karolina | 03 UKP „Polonia Warszawa" | 30.20 | 526 |
| 34. GULCZY SKA Natalia | 07 Uks Cityzen | 30.25 | 523 |
| 35. RYFKA Maja | 06 SMS O wi cim | 30.26 | 522 |
| 36. KOTENKO Mariia | 06 MKP Szczecin | 30.28 | 521 |
| 37. WI TEK Amelia | 08 WKS I sk | 30.31 | 520 |
| 38. BOBROWSKA Zofia | 07 UKS MOS w Opolu | 30.32 | 519 |
| 39. BAŁDA Aleksandra | 05 MKS Piaseczno | 30.35 | 518 |
| 40. BUKOWSKA Olga | 05 MKP Szczecin | 30.40 | 515 |
| 41. CIESIELSKA Inga | 05 MUKS "Pi tnastrka" | 30.57 | 507 |
| 42. KOŁODZIEJSKA Stefania | 06 UKS Tri-Team Rumia | 30.75 | 498 |
| 43. MICHALSKA Weronika | 06 Uks Cityzen | 30.79 | 496 |
| 44. PRZYBYLSKA Maja | 05 UKS „GIM 92 Ursynów" | 30.81 | 495 |
| 45. KAROLCZAK Pola | 06 MUKS "Pi tnastrka" | 30.89 | 491 |
| 46. SAMORAJ Oliwia | 05 MKS Piaseczno | 31.04 | 484 |
| BORYCZKA Amelia | 08 WKS I sk | 31.04 | 484 |
| 48. SADOWSKA Maria | 08 UKS „GIM 92 Ursynów" | 31.05 | 484 |
| 49. MACURA Kinga | 06 UKP Unia O wi cim | 31.11 | 481 |
| 50. BŁASZCZYK Wiktoria | 06 Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |
| TOMKIEL Anna | 07 Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |
| 52. PYTLOCH Zuzanna | 05 MKP Szczecin | 31.31 | 472 |
| 53. DOLGUN Maryia | 07 MKP Szczecin | 31.37 | 469 |
| 54. PAWLAK Lena | 08 TP Olimpijczyk Aleksandrów Łódzki | 31.53 | 462 |
| 55. BUDZE Monika | 07 MKP Astromal-Leszno | 31.57 | 460 |
| 56. DOŁOWY Małgorzata | 07 UKP „Polonia Warszawa" | 32.00 | 442 |
| 57. W GRZYCKA Małgorzata | 07 MKS Trójka Łód | 32.11 | 437 |
| 58. TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów Łódzki | 32.17 | 435 |
| 59. DEREWECKA Kamila | 08 MKS Znicz Koszalin | 32.19 | 434 |
| 60. PARADOWSKA Oliwia | 06 UKS abianka Gda sk | 32.25 | 432 |
| 61. WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa" | 32.31 | 429 |
| 62. MATJAKOWSKA Julia | 06 MUKS "Pi tnastrka" | 32.77 | 411 |
| 63. ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | 32.83 | 409 |
| 64. KRUTUL Aga | 08 MKS Znicz Koszalin | 33.09 | 399 |
| 65. WALCZAK Nadia | 06 TP Olimpijczyk Aleksandrów Łódzki | 33.15 | 397 |
| 66. WORONIECKA Emilia | 05 MUKS "Pi tnastrka" | 33.21 | 395 |
| 67. ONICHIMIUK Alicja | 08 KU AZS UAM Poznań | 33.59 | 382 |
| 68. WAWRZYNIAK Julia | 07 Grupa 5Styl | 33.79 | 375 |
| 69. CHUMACHENKO Daryna | 06 MKP Szczecin | 34.11 | 365 |
| 70. WASYLISZYN Julia | 04 UKS "ORKA" Luba | 34.31 | 358 |
| 71. JO KO Julita | 04 UKS "ORKA" Luba | 34.33 | 358 |
| 72. SOCHA Maria | 07 UKS Ostrobramska | 35.73 | 317 |
| 73. TRELKA Zuzanna | 08 Dwójka Morena Gda sk | 46.53 | 143 |
| DYSKW. KRÓLIK Adrianna | 04 MKP Szczecin | | |

O1 - Pływak wystartował po komendzie na miejsca i zajęciu pozycji nieruchomej a przed sygnałem startu.

NW TUPALSKA Oliwia 05 UKS G-8 Bielany Warszawa

17 - 18 lat

| | | | |
|--------------------------|--------------------------|--------------|-----|
| 1. CIERPIAŁOWSKA Paulina | 05 KS Barrakuda Gda sk | 27.29 | 713 |
| 2. SIENKIEWICZ Martyna | 04 MUKS "Pi tnastrka" | 28.58 | 620 |
| 3. WO NICA Milena | 04 UKS abianka Gda sk | 28.96 | 596 |
| 4. WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 29.09 | 588 |
| 5. MACIUSZEK Wiktoria | 04 KS SWIM-ART Wrocław | 29.23 | 580 |
| 6. MICHALSKA Julia | 05 WKS I sk | 29.26 | 578 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 29, Kobiet, 50m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 7. | | KEMPA Kinga 05 AZS AWF Katowice | 29.39 | 570 |
| 8. | | KRAWCZYK Maja 05 AZS AWF Warszawa | 29.61 | 558 |
| 9. | | SMEKTAŁA Oliwia 04 KS Warta Pozna | 29.86 | 544 |
| 10. | | KALKOWSKA Julia 05 MUKS "Pi tnaстка" | 29.94 | 539 |
| 11. | | NOWAK Gabriela 05 MUKS "Pi tnaстка" | 30.18 | 527 |
| 12. | | BAŁDA Aleksandra 05 MKS Piaseczno | 30.35 | 518 |
| 13. | | BUKOWSKA Olga 05 MKP Szczecin | 30.40 | 515 |
| 14. | | CIESIELSKA Inga 05 MUKS "Pi tnaстка" | 30.57 | 507 |
| 15. | | PRZYBYLSKA Maja 05 UKS „GIM 92 Ursynów" | 30.81 | 495 |
| 16. | | SAMORAJ Oliwia 05 MKS Piaseczno | 31.04 | 484 |
| 17. | | PYTLOCH Zuzanna 05 MKP Szczecin | 31.31 | 472 |
| 18. | | WORONIECKA Emilia 05 MUKS "Pi tnaстка" | 33.21 | 395 |
| 19. | | WASYLISZYN Julia 04 UKS "ORKA" Luba | 34.31 | 358 |
| 20. | | JO KO Julita 04 UKS "ORKA" Luba | 34.33 | 358 |
| DYSKW. | | KRÓLIK Adrianna 04 MKP Szczecin | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW TUPALSKA Oliwia 05 UKS G-8 Bielany Warszawa

16 lat

| | | | | |
|-----|--|--|---------------|-----|
| 1. | | KOLA CZYK Wiktoria 06 KS Posenania Pozna | 27.87 | 669 |
| 2. | | BUBNOWICZ Waleria 06 Grudzi dzki KP „Orka" | 28.51 | 625 |
| 3. | | BIEGA SKA Aleksandra 06 UKS Ostrobramska | 29.17 | 583 |
| 4. | | SOBIECKA Małgorzata 06 UKP „Polonia Warszawa" | 29.64 | 556 |
| 5. | | RYFKA Maja 06 SMS O wi cim | 30.26 | 522 |
| 6. | | KOTENKO Mariia 06 MKP Szczecin | 30.28 | 521 |
| 7. | | KOŁODZIEJSKA Stefania 06 UKS Tri-Team Rumia | 30.75 | 498 |
| 8. | | MICHALSKA Weronika 06 Uks Cityzen | 30.79 | 496 |
| 9. | | KAROLCZAK Pola 06 MUKS "Pi tnaстка" | 30.89 | 491 |
| 10. | | MACURA Kinga 06 UKP Unia O wi cim | 31.11 | 481 |
| 11. | | BŁASZCZYK Wiktoria 06 Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |
| 12. | | PARADOWSKA Oliwia 06 UKS abianka Gda sk | 32.25 | 432 |
| 13. | | WISZNIEWSKA Zuzanna 06 UKP „Polonia Warszawa" | 32.31 | 429 |
| 14. | | MATJAKOWSKA Julia 06 MUKS "Pi tnaстка" | 32.77 | 411 |
| 15. | | ŁYSAKOWSKA Karina 06 MKS Trójka Łód | 32.83 | 409 |
| 16. | | WALCZAK Nadia 06 TP Olimpijczyk Aleksandrów Łódzki | 33.15 | 397 |
| 17. | | CHUMACHENKO Daryna 06 MKP Szczecin | 34.11 | 365 |

15 lat

| | | | | |
|-----|--|--|---------------|-----|
| 1. | | CIBIOREK Dominika 07 UKS G-8 Bielany Warszawa | 29.31 | 575 |
| 2. | | GORGOSZ Małgorzata 07 UKS Aquatica Pawłowice | 29.52 | 563 |
| 3. | | GRZESIAK Oliwia 07 WKS l sk | 29.76 | 549 |
| 4. | | WRZESZCZY SKA Marta 07 KS Posenania Pozna | 30.00 | 536 |
| 5. | | DUDA Anna 07 MKP Szczecin | 30.04 | 534 |
| 6. | | GULCZY SKA Natalia 07 Uks Cityzen | 30.25 | 523 |
| 7. | | BOBROWSKA Zofia 07 UKS MOS w Opolu | 30.32 | 519 |
| 8. | | TOMKIEL Anna 07 Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |
| 9. | | DOLGUN Maryia 07 MKP Szczecin | 31.37 | 469 |
| 10. | | BUDZE Monika 07 MKP Astromal-Leszno | 31.57 | 460 |
| 11. | | DOŁOWY Małgorzata 07 UKP „Polonia Warszawa" | 32.00 | 442 |
| 12. | | W GRZYCKA Małgorzata 07 MKS Trójka Łód | 32.11 | 437 |
| 13. | | WAWRZYNIAK Julia 07 Grupa 5Styl | 33.79 | 375 |
| 14. | | SOCHA Maria 07 UKS Ostrobramska | 35.73 | 317 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 29, Kobiet, 50m motylkowy

14 lat

| | | | | | |
|-----|--------------------|----|-----------------------------------|--------------|-----|
| 1. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 29.56 | 561 |
| 2. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 29.83 | 545 |
| 3. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 30.04 | 534 |
| 4. | WI TEK Amelia | 08 | WKS I sk | 30.31 | 520 |
| 5. | BORYCZKA Amelia | 08 | WKS I sk | 31.04 | 484 |
| 6. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów" | 31.05 | 484 |
| 7. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 31.53 | 462 |
| 8. | TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów Łódzki | 32.17 | 435 |
| 9. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 32.19 | 434 |
| 10. | KRUTUL Aga | 08 | MKS Znicz Koszalin | 33.09 | 399 |
| 11. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 33.59 | 382 |
| 12. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 46.53 | 143 |

Konkurencja 30

M czyzn, 200m grzbietowy

14 lat i starsi

2022.11.13 - 9:58

Wyniki

Rekord Polski 1:47.38 KAW CKI Radosław POL Doha (QAT) 2014.12.07

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:52.35

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---|---------------------------|---------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | KAW CKI Radosław 91 | UKS G-8 Bielany Warszawa | 1:52.21 | 834 | 26.68 | 28.42 | 28.48 | 28.63 |
| <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | | |
| 2. | KOSI SKI Filip 04 | AZS AWF Warszawa | 1:54.84 | 778 | 26.94 | 29.19 | 29.14 | 29.57 |
| 3. | POLEWKA Tomasz 94 | AZS AWF Katowice | 1:56.78 | 740 | 26.86 | 29.92 | 30.47 | 29.53 |
| 4. | CEJKA Jan 01 | Sport Club Pardubice | 1:56.93 | 737 | 27.17 | 30.05 | 29.91 | 29.80 |
| 5. | CHMIELEWSKI Krzysztof 04 | IUKS „Muszelka" Warszawa | 2:00.66 | 670 | 28.47 | 30.54 | 30.92 | 30.73 |
| 6. | SUCHA SKI Filip 05 | UKS 51 Lublin | 2:00.80 | 668 | 28.17 | 30.55 | 31.21 | 30.87 |
| 7. | KRÓL Jan 02 | KS AZS AGH Kraków | 2:01.00 | 665 | 27.12 | 30.49 | 31.73 | 31.66 |
| 8. | KUCZAK Adam 00 | AZS AWF Katowice | 2:01.41 | 658 | 27.84 | 31.26 | 31.66 | 30.65 |
| 9. | MATULA Vojt ch 03 | Ústecká akademie plavecký | 2:02.49 | 641 | 28.04 | 31.10 | 31.56 | 31.79 |
| | PIELA Michał 04 | UKP Unia O wi cim | 2:02.49 | 641 | 29.89 | 31.77 | 31.01 | 29.82 |
| 11. | SIENKIEWICZ Aleksander 03 | AZS AWF Katowice | 2:02.58 | 639 | 27.12 | 30.05 | 30.66 | 34.75 |
| 12. | CHMIELEWSKI Michał 04 | IUKS „Muszelka" Warszawa | 2:02.60 | 639 | 29.14 | 31.42 | 31.58 | 30.46 |
| 13. | URBANIAK Olivier 07 | MKS Trójka Łód | 2:03.27 | 629 | 29.26 | 31.25 | 31.80 | 30.96 |
| 14. | STY Aleksander 06 | UKP „Polonia Warszawa" | 2:03.32 | 628 | 27.86 | 30.90 | 32.37 | 32.19 |
| 15. | ZUBIK Jan 03 | UKP „Polonia Warszawa" | 2:04.25 | 614 | 28.43 | 31.15 | 32.00 | 32.67 |
| 16. | ZGODA Szymon 08 | UKP „Polonia Warszawa" | 2:04.93 | 604 | 28.96 | 31.92 | 31.42 | 32.63 |
| 17. | PACEWICZ Wiktor 06 | UKS 190 Łód | 2:05.56 | 595 | 29.26 | 32.00 | 32.42 | 31.88 |
| 18. | SETLAK Marcel 05 | UKS abianka Gda sk | 2:06.06 | 588 | 29.36 | 32.41 | 32.69 | 31.60 |
| 19. | SZPALER Jakub 05 | TP Zielona Góra | 2:06.62 | 580 | 28.22 | 32.18 | 33.71 | 32.51 |
| 20. | KRUPA Jakub 07 | UKP Unia O wi cim | 2:07.10 | 574 | 30.42 | 32.36 | 32.32 | 32.00 |
| 21. | KONKEL Filip 06 | TP Skalar Słupsk | 2:07.18 | 572 | 29.21 | 32.24 | 33.34 | 32.39 |
| 22. | JANKOWSKI Antoni 05 | MKP „SŁOWIANKA" Gorzów | 2:07.86 | 563 | 29.82 | 32.33 | 33.00 | 32.71 |
| 23. | LUCOW Jan 06 | UKP „Polonia Warszawa" | 2:07.90 | 563 | 29.44 | 32.20 | 33.35 | 32.91 |
| 24. | DUBINIAK Kacper 06 | UKS 48 Warszawa ródmi | 2:09.19 | 546 | 29.30 | 32.71 | 33.72 | 33.46 |
| 25. | DUBIEL Wiktor 06 | UKS abianka Gda sk | 2:09.65 | 540 | 30.81 | 32.88 | 33.51 | 32.45 |
| 26. | MY LIWIEC Bartosz 04 | MKP Szczecin | 2:09.67 | 540 | 29.96 | 32.74 | 33.63 | 33.34 |
| 27. | LESIK Oskar 07 | UKS G-8 Bielany Warszawa | 2:10.12 | 534 | 29.99 | 32.00 | 31.48 | 36.65 |
| 28. | ZALEWSKI Jacek 06 | KS Posnania Pozna | 2:10.13 | 534 | 29.06 | 32.52 | 34.37 | 34.18 |
| 29. | CUR Kacper 07 | UKS „GIM 92 Ursynów" | 2:10.61 | 528 | 31.31 | 33.39 | 33.61 | 32.30 |
| 30. | J DRZEJKIEWICZ Ignacy 04 | UKS „GIM 92 Ursynów" | 2:10.80 | 526 | 29.57 | 33.12 | 34.04 | 34.07 |
| 31. | PIE KOWSKI Bartłomiej 05 | MKP Szczecin | 2:11.12 | 522 | 31.04 | 33.74 | 33.49 | 32.85 |
| 32. | STANISŁAWSKI Bartosz 04 | MKS Trójka Łód | 2:11.34 | 520 | 30.93 | 32.27 | 34.16 | 33.98 |
| 33. | ŁUSZCZY SKI Krzysztof 08 | UKS abianka Gda sk | 2:11.36 | 519 | 30.41 | 34.16 | 34.17 | 32.62 |
| 34. | LARY Jerzy 06 | IUKS „Muszelka" Warszawa | 2:12.14 | 510 | 31.73 | 33.43 | 33.87 | 33.11 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 30, M czynn, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 35. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa" | 2:12.25 | 509 | 29.95 | 32.99 | 34.04 | 35.27 |
| 36. | HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.95 | 501 | 30.92 | 34.07 | 34.14 | 33.82 |
| 37. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów" | 2:13.75 | 492 | 31.32 | 33.30 | 34.34 | 34.79 |
| 38. | KRYSIKAC Kacper | 04 | MKS Trójka Łód | 2:14.00 | 489 | 31.50 | 33.89 | 34.34 | 34.27 |
| 39. | TREDER Konrad | 08 | UKS abianka Gda sk | 2:14.44 | 485 | 31.08 | 34.77 | 35.13 | 33.46 |
| 40. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:14.76 | 481 | 30.40 | 34.89 | 35.13 | 34.34 |
| 41. | PERA Jan | 07 | MKP „SŁOWIANKA" Gorzów | 2:15.64 | 472 | 31.23 | 34.54 | 35.52 | 34.35 |
| 42. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:17.25 | 455 | 31.66 | 35.34 | 35.38 | 34.87 |
| 43. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:17.53 | 453 | 33.56 | 34.59 | 35.05 | 34.33 |
| 44. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:18.23 | 446 | 32.33 | 35.81 | 35.84 | 34.25 |
| 45. | SZWEDZKI Jakub | 00 | MKS Trójka Łód | 2:20.30 | 426 | 32.61 | 35.62 | 36.93 | 35.14 |
| 46. | NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa" | 2:24.21 | 392 | 33.74 | 36.90 | 36.76 | 36.81 |
| 47. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa" | 2:25.30 | 384 | 33.18 | 37.62 | 38.43 | 36.07 |
| 48. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi | 2:25.75 | 380 | 33.58 | 36.90 | 37.69 | 37.58 |
| 49. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:26.27 | 376 | 34.65 | 37.65 | 38.34 | 35.63 |
| 50. | JANYGA Dariusz | 66 | KS Warta Pozna | 2:37.34 | 302 | 36.80 | 40.04 | 40.64 | 39.86 |
| 51. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:39.87 | 288 | 36.50 | 40.43 | 41.34 | 41.60 |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi | cie | | | | | |

17 - 18 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 1:54.84 | 778 | 26.94 | 29.19 | 29.14 | 29.57 |
| 2. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka" Warszawa | 2:00.66 | 670 | 28.47 | 30.54 | 30.92 | 30.73 |
| 3. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 2:00.80 | 668 | 28.17 | 30.55 | 31.21 | 30.87 |
| 4. | PIELA Michał | 04 | UKP Unia O wi cim | 2:02.49 | 641 | 29.89 | 31.77 | 31.01 | 29.82 |
| 5. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka" Warszawa | 2:02.60 | 639 | 29.14 | 31.42 | 31.58 | 30.46 |
| 6. | SETLAK Marcel | 05 | UKS abianka Gda sk | 2:06.06 | 588 | 29.36 | 32.41 | 32.69 | 31.60 |
| 7. | SZPALER Jakub | 05 | TP Zielona Góra | 2:06.62 | 580 | 28.22 | 32.18 | 33.71 | 32.51 |
| 8. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów | 2:07.86 | 563 | 29.82 | 32.33 | 33.00 | 32.71 |
| 9. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 2:09.67 | 540 | 29.96 | 32.74 | 33.63 | 33.34 |
| 10. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 2:10.80 | 526 | 29.57 | 33.12 | 34.04 | 34.07 |
| 11. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:11.12 | 522 | 31.04 | 33.74 | 33.49 | 32.85 |
| 12. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 2:11.34 | 520 | 30.93 | 32.27 | 34.16 | 33.98 |
| 13. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa" | 2:12.25 | 509 | 29.95 | 32.99 | 34.04 | 35.27 |
| 14. | HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.95 | 501 | 30.92 | 34.07 | 34.14 | 33.82 |
| 15. | KRYSIKAC Kacper | 04 | MKS Trójka Łód | 2:14.00 | 489 | 31.50 | 33.89 | 34.34 | 34.27 |
| 16. | NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa" | 2:24.21 | 392 | 33.74 | 36.90 | 36.76 | 36.81 |

16 lat

| | | | | | | | | | |
|-----|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | STY Aleksander | 06 | UKP „Polonia Warszawa" | 2:03.32 | 628 | 27.86 | 30.90 | 32.37 | 32.19 |
| 2. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 2:05.56 | 595 | 29.26 | 32.00 | 32.42 | 31.88 |
| 3. | KONKEL Filip | 06 | TP Skalar Stupsk | 2:07.18 | 572 | 29.21 | 32.24 | 33.34 | 32.39 |
| 4. | LUCOW Jan | 06 | UKP „Polonia Warszawa" | 2:07.90 | 563 | 29.44 | 32.20 | 33.35 | 32.91 |
| 5. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi | 2:09.19 | 546 | 29.30 | 32.71 | 33.72 | 33.46 |
| 6. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 2:09.65 | 540 | 30.81 | 32.88 | 33.51 | 32.45 |
| 7. | ZALEWSKI Jacek | 06 | KS Posnania Pozna | 2:10.13 | 534 | 29.06 | 32.52 | 34.37 | 34.18 |
| 8. | LARY Jerzy | 06 | IUKS „Muszelka" Warszawa | 2:12.14 | 510 | 31.73 | 33.43 | 33.87 | 33.11 |
| 9. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:14.76 | 481 | 30.40 | 34.89 | 35.13 | 34.34 |
| 10. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:17.25 | 455 | 31.66 | 35.34 | 35.38 | 34.87 |

15 lat

| | | | | | | | | | |
|----|--------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | URBANIAK Olivier | 07 | MKS Trójka Łód | 2:03.27 | 629 | 29.26 | 31.25 | 31.80 | 30.96 |
| 2. | KRUPA Jakub | 07 | UKP Unia O wi cim | 2:07.10 | 574 | 30.42 | 32.36 | 32.32 | 32.00 |
| 3. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 2:10.12 | 534 | 29.99 | 32.00 | 31.48 | 36.65 |
| 4. | CUR Kacper | 07 | UKS „GIM 92 Ursynów" | 2:10.61 | 528 | 31.31 | 33.39 | 33.61 | 32.30 |
| 5. | PERA Jan | 07 | MKP „SŁOWIANKA" Gorzów | 2:15.64 | 472 | 31.23 | 34.54 | 35.52 | 34.35 |
| 6. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:17.53 | 453 | 33.56 | 34.59 | 35.05 | 34.33 |
| 7. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa" | 2:25.30 | 384 | 33.18 | 37.62 | 38.43 | 36.07 |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi | cie | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 30, M czynn, 200m grzbietowy

14 lat

| | | | | | | | | |
|--------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. ZGODA Szymon | 08 | UKP „Polonia Warszawa" | 2:04.93 | 604 | 28.96 | 31.92 | 31.42 | 32.63 |
| 2. ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 2:11.36 | 519 | 30.41 | 34.16 | 34.17 | 32.62 |
| 3. ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów" | 2:13.75 | 492 | 31.32 | 33.30 | 34.34 | 34.79 |
| 4. TREDER Konrad | 08 | UKS abianka Gda sk | 2:14.44 | 485 | 31.08 | 34.77 | 35.13 | 33.46 |
| 5. KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:18.23 | 446 | 32.33 | 35.81 | 35.84 | 34.25 |
| 6. JARECKI Bartosz | 08 | UKS 48 Warszawa ródnie | 2:25.75 | 380 | 33.58 | 36.90 | 37.69 | 37.58 |
| 7. TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:26.27 | 376 | 34.65 | 37.65 | 38.34 | 35.63 |
| 8. STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:39.87 | 288 | 36.50 | 40.43 | 41.34 | 41.60 |

Konkurencja 31

Kobiet, 200m grzbietowy

14 lat i starsi

2022.11.13 - 10:14

Wyniki

Rekord Polski 2:04.64 PISKORSKA Adela POL Bydgoszcz 2021.12.03

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:05.36

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---|---------|--------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. BERNAT Laura | 05 | KU AZS UMCS Lublin | 2:05.18 | 857 | 30.03 | 31.68 | 31.93 | 31.54 |
| <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | | |
| 2. PISKORSKA Adela | 03 | KU AZS UMCS Lublin | 2:06.44 | 832 | 29.55 | 31.41 | 32.36 | 33.12 |
| 3. HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:09.34 | 777 | 31.19 | 33.07 | 32.78 | 32.30 |
| 4. PEDA Paulina | 98 | AZS AWF Katowice | 2:12.32 | 726 | 30.26 | 33.18 | 34.41 | 34.47 |
| 5. TRENTKIEWICZ Dominika | 04 | UKS MOS w Opolu | 2:12.81 | 718 | 30.51 | 33.77 | 34.44 | 34.09 |
| 6. PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:13.85 | 701 | 31.01 | 33.79 | 34.45 | 34.60 |
| 7. WŁODARCZYK Elena | 06 | AZS AWF Warszawa | 2:17.04 | 653 | 31.25 | 34.68 | 35.60 | 35.51 |
| 8. KRÓL Gabriela | 06 | KS „Wisła" Puławy | 2:18.53 | 632 | 32.10 | 35.03 | 35.88 | 35.52 |
| 9. HLUSHCHENKO Varvara | 08 | UKS 190 Łód | 2:19.16 | 624 | 33.18 | 35.45 | 36.18 | 34.35 |
| 10. SZARGIEJ Aleksandra | 06 | UKS abianka Gda sk | 2:19.26 | 623 | 32.28 | 35.43 | 36.30 | 35.25 |
| 11. TARASIEWICZ Klaudia | 04 | MKP Szczecin | 2:19.29 | 622 | 33.67 | 35.59 | 35.51 | 34.52 |
| 12. PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 2:20.39 | 608 | 33.09 | 35.45 | 36.30 | 35.55 |
| 13. PINKOWICZ Alicja | 04 | UKP Unia O wi cim | 2:20.73 | 603 | 32.97 | 35.45 | 36.07 | 36.24 |
| 14. KLUSEK Aleksandra | 05 | UKP „Polonia Warszawa" | 2:20.86 | 602 | 32.71 | 35.20 | 36.58 | 36.37 |
| 15. KARLI SKA Paula | 05 | MKP Szczecin | 2:21.41 | 595 | 32.28 | 35.97 | 37.06 | 36.10 |
| 16. VOJTALOVÁ Andrea | 03 | KPS Ostrava | 2:21.56 | 593 | 33.69 | 35.49 | 36.09 | 36.29 |
| 17. BATÓG Dominika | 05 | UKS abianka Gda sk | 2:21.86 | 589 | 32.06 | 35.99 | 36.97 | 36.84 |
| 18. NAPIERALCZYK Martyna | 08 | WKS I sk | 2:22.79 | 577 | 33.22 | 36.27 | 36.56 | 36.74 |
| 19. CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:22.96 | 575 | 33.19 | 36.38 | 36.98 | 36.41 |
| 20. JA KOWSKA Julia | 08 | UKS MOS w Opolu | 2:24.00 | 563 | 34.44 | 36.75 | 37.25 | 35.56 |
| 21. JASI SKA Michalina | 06 | Mokotowski UKP Warszawa | 2:24.46 | 558 | 32.95 | 36.37 | 37.13 | 38.01 |
| 22. SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" | 2:24.70 | 555 | 33.03 | 36.62 | 37.91 | 37.14 |
| 23. JANIK Julia | 06 | UKS 190 Łód | 2:24.94 | 552 | 33.15 | 36.71 | 37.52 | 37.56 |
| 24. SULAK Antonina | 06 | UKS Pi tka Konstanyńów Ł | 2:25.15 | 550 | 34.28 | 37.07 | 37.10 | 36.70 |
| 25. SOLI SKA Patrycja | 06 | UKP „Polonia Warszawa" | 2:27.77 | 521 | 33.40 | 37.37 | 38.78 | 38.22 |
| 26. KULCZY SKA Adriana | 06 | MUKS "Pi tnastka" | 2:28.42 | 514 | 34.29 | 37.58 | 38.83 | 37.72 |
| 27. BA KOWSKA Wiktoria | 08 | UKS MOS w Opolu | 2:29.26 | 506 | 35.50 | 37.71 | 37.80 | 38.25 |
| 28. JUDA Aleksandra | 06 | UKP Unia O wi cim | 2:29.27 | 505 | 34.85 | 37.47 | 38.30 | 38.65 |
| 29. FILIPOWICZ Barbara | 07 | UKS „GIM 92 Ursynów" | 2:29.60 | 502 | 33.75 | 38.15 | 39.00 | 38.70 |
| 30. KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:30.14 | 497 | 35.50 | 37.62 | 38.74 | 38.28 |
| 31. MICHALSKA Weronika | 06 | Uks Cityzen | 2:30.26 | 495 | 33.88 | 37.34 | 39.53 | 39.51 |
| 32. MICHALSKA Pola | 07 | Mokotowski UKP Warszawa | 2:30.35 | 495 | 35.01 | 38.33 | 39.07 | 37.94 |
| 33. CZECHYRA Agata | 03 | KS Warta Pozna | 2:31.74 | 481 | 35.36 | 38.38 | 39.33 | 38.67 |
| 34. SMEKTAŁA Oliwia | 04 | KS Warta Pozna | 2:32.69 | 472 | 35.71 | 39.64 | 39.39 | 37.95 |
| 35. BRANDYSKA Aneta | 07 | Sport Club Pardubice | 2:34.21 | 458 | 35.06 | 38.77 | 40.20 | 40.18 |
| 36. MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 2:34.32 | 457 | 36.32 | 39.35 | 41.00 | 37.65 |
| 37. HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:34.70 | 454 | 35.87 | 39.50 | 40.37 | 38.96 |
| 38. ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 2:34.99 | 451 | 36.05 | 39.83 | 39.90 | 39.21 |
| 39. YAKYMENKO Sofija | 07 | MKP Szczecin | 2:35.88 | 444 | 35.62 | 40.01 | 40.71 | 39.54 |
| 40. DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa" | 2:39.29 | 416 | 35.60 | 40.72 | 42.08 | 40.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 31, Kobiet, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---|---------|---|----------------|------|-------|-------|-------|-------|
| 41. | 07 | GRACKA Hanna MKP Szczecin | 2:40.04 | 410 | 36.61 | 40.19 | 42.03 | 41.21 |
| 42. | 04 | ZAKRZEWSKA Oliwia Mokotowski UKP Warszawi | 2:50.14 | 341 | 39.09 | 42.79 | 44.61 | 43.65 |
| 17 - 18 lat | | | | | | | | |
| 1. | 05 | BERNAT Laura KU AZS UMCS Lublin | 2:05.18 | 857 | 30.03 | 31.68 | 31.93 | 31.54 |
| <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | | |
| 2. | 04 | TRENTKIEWICZ Dominika UKS MOS w Opolu | 2:12.81 | 718 | 30.51 | 33.77 | 34.44 | 34.09 |
| 3. | 05 | PALICKA Wiktoria TP Skalar Słupsk | 2:13.85 | 701 | 31.01 | 33.79 | 34.45 | 34.60 |
| 4. | 04 | TARASIEWICZ Klaudia MKP Szczecin | 2:19.29 | 622 | 33.67 | 35.59 | 35.51 | 34.52 |
| 5. | 04 | PINKOWICZ Alicja UKP Unia O wi cim | 2:20.73 | 603 | 32.97 | 35.45 | 36.07 | 36.24 |
| 6. | 05 | KLUSEK Aleksandra UKP „Polonia Warszawa" | 2:20.86 | 602 | 32.71 | 35.20 | 36.58 | 36.37 |
| 7. | 05 | KARLI SKA Paula MKP Szczecin | 2:21.41 | 595 | 32.28 | 35.97 | 37.06 | 36.10 |
| 8. | 05 | BATÓG Dominika UKS abianka Gda sk | 2:21.86 | 589 | 32.06 | 35.99 | 36.97 | 36.84 |
| 9. | 05 | CIESIELSKA Inga MUKS "Pi tnastka" | 2:22.96 | 575 | 33.19 | 36.38 | 36.98 | 36.41 |
| 10. | 05 | KLIMIUK Zuzanna MKP „SŁOWIANKA" Gorzów | 2:30.14 | 497 | 35.50 | 37.62 | 38.74 | 38.28 |
| 11. | 04 | SMEKTAŁA Oliwia KS Warta Pozna | 2:32.69 | 472 | 35.71 | 39.64 | 39.39 | 37.95 |
| 12. | 04 | HAŁADYN Kamila UKS SP-149 Łód | 2:34.70 | 454 | 35.87 | 39.50 | 40.37 | 38.96 |
| 13. | 04 | ZIELI SKA Maria MPKS Orka Ciechanów | 2:34.99 | 451 | 36.05 | 39.83 | 39.90 | 39.21 |
| 14. | 04 | ZAKRZEWSKA Oliwia Mokotowski UKP Warszawi | 2:50.14 | 341 | 39.09 | 42.79 | 44.61 | 43.65 |
| 16 lat | | | | | | | | |
| 1. | 06 | WŁODARCZYK Elena AZS AWF Warszawa | 2:17.04 | 653 | 31.25 | 34.68 | 35.60 | 35.51 |
| 2. | 06 | KRÓL Gabriela KS „Wisła" Puławy | 2:18.53 | 632 | 32.10 | 35.03 | 35.88 | 35.52 |
| 3. | 06 | SZARGIEJ Aleksandra UKS abianka Gda sk | 2:19.26 | 623 | 32.28 | 35.43 | 36.30 | 35.25 |
| 4. | 06 | JASI SKA Michalina Mokotowski UKP Warszawi | 2:24.46 | 558 | 32.95 | 36.37 | 37.13 | 38.01 |
| 5. | 06 | JANIK Julia UKS 190 Łód | 2:24.94 | 552 | 33.15 | 36.71 | 37.52 | 37.56 |
| 6. | 06 | SULAK Antonina UKS Pi tka Konstanczyn | 2:25.15 | 550 | 34.28 | 37.07 | 37.10 | 36.70 |
| 7. | 06 | SOLI SKA Patrycja UKP „Polonia Warszawa" | 2:27.77 | 521 | 33.40 | 37.37 | 38.78 | 38.22 |
| 8. | 06 | KULCZY SKA Adriana MUKS "Pi tnastka" | 2:28.42 | 514 | 34.29 | 37.58 | 38.83 | 37.72 |
| 9. | 06 | JUDA Aleksandra UKP Unia O wi cim | 2:29.27 | 505 | 34.85 | 37.47 | 38.30 | 38.65 |
| 10. | 06 | MICHALSKA Weronika Uks Cityzen | 2:30.26 | 495 | 33.88 | 37.34 | 39.53 | 39.51 |
| 11. | 06 | MATJAKOWSKA Julia MUKS "Pi tnastka" | 2:34.32 | 457 | 36.32 | 39.35 | 41.00 | 37.65 |
| 15 lat | | | | | | | | |
| 1. | 07 | PRZYBYLSKA Oliwia KU AZS UMCS Lublin | 2:20.39 | 608 | 33.09 | 35.45 | 36.30 | 35.55 |
| 2. | 07 | SIEDLEWSKA Marcelina UKP „Polonia Warszawa" | 2:24.70 | 555 | 33.03 | 36.62 | 37.91 | 37.14 |
| 3. | 07 | FILIPOWICZ Barbara UKS „GIM 92 Ursynów" | 2:29.60 | 502 | 33.75 | 38.15 | 39.00 | 38.70 |
| 4. | 07 | MICHALSKA Pola Mokotowski UKP Warszawi | 2:30.35 | 495 | 35.01 | 38.33 | 39.07 | 37.94 |
| 5. | 07 | BRANDYSKA Aneta Sport Club Pardubice | 2:34.21 | 458 | 35.06 | 38.77 | 40.20 | 40.18 |
| 6. | 07 | YAKYMENKO Sofija MKP Szczecin | 2:35.88 | 444 | 35.62 | 40.01 | 40.71 | 39.54 |
| 7. | 07 | DOŁOWY Małgorzata UKP „Polonia Warszawa" | 2:39.29 | 416 | 35.60 | 40.72 | 42.08 | 40.89 |
| 8. | 07 | GRACKA Hanna MKP Szczecin | 2:40.04 | 410 | 36.61 | 40.19 | 42.03 | 41.21 |
| 14 lat | | | | | | | | |
| 1. | 08 | HLUSHCHENKO Varvara UKS 190 Łód | 2:19.16 | 624 | 33.18 | 35.45 | 36.18 | 34.35 |
| 2. | 08 | NAPIERALCZYK Martyna WKS I sk | 2:22.79 | 577 | 33.22 | 36.27 | 36.56 | 36.74 |
| 3. | 08 | JA KOWSKA Julia UKS MOS w Opolu | 2:24.00 | 563 | 34.44 | 36.75 | 37.25 | 35.56 |
| 4. | 08 | BA KOWSKA Wiktoria UKS MOS w Opolu | 2:29.26 | 506 | 35.50 | 37.71 | 37.80 | 38.25 |
| PK | 09 | PRASAŁ Aleksandra MUKP Korona-Swim Kielce | 2:19.94 | 613 | 31.41 | 34.14 | 36.50 | 37.89 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32
2022.11.13 - 10:32

M cyczn, 100m zmienny

14 lat i starsi
Wyniki

Rekord Polski 51.14 CIE LAK Marcin POL Budapeszt (HUN) 2020.11.16

Min. indywidualne na M (25m) Melbourne 2022 Open: 51.40

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|-------------------------|---|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | SMOLI SKI Paweł | 01 AZS AWF Katowice | 53.10 | 799 | 23.87 | 29.23 |
| 2. | POPRAWA Michał | 94 AZS AWF Katowice | 54.12 | 754 | 24.77 | 29.35 |
| 3. | KALUSOWSKI Jan | 00 MKS Trójka Łód | 54.46 | 740 | 26.20 | 28.26 |
| 4. | GRACIK Daniel | 04 Sport Club Pardubice | 54.48 | 740 | 24.27 | 30.21 |
| 5. | W GROWSKI Marcel | 99 AZS UŁ PŁ Łód | 54.64 | 733 | 24.58 | 30.06 |
| 6. | CEJKA Jan | 01 Sport Club Pardubice | 54.82 | 726 | 25.02 | 29.80 |
| 7. | CHUDY Michał | 97 UPKS Wodnik Rawicz | 56.23 | 673 | 24.78 | 31.45 |
| 8. | FALARZ Mateusz | 05 UKS G-8 Bielany Warszawa | 56.27 | 671 | 25.60 | 30.67 |
| 9. | WARZOCHA Albert | 01 KS Warta Pozna | 56.84 | 651 | 26.46 | 30.38 |
| 10. | MINICHOWSKI Maksymilian | 04 UKS "V" Łomianki | 56.96 | 647 | 25.95 | 31.01 |
| 11. | DUDKOWIAK Bartłomiej | 04 UKS Aquatica Pawłowice | 57.11 | 642 | 26.16 | 30.95 |
| 12. | RÓ YCKI Szymon | 05 UKS „GIM 92 Ursynów” | 57.32 | 635 | 25.84 | 31.48 |
| 13. | MOC Albert | 04 Sport Club Pardubice | 57.34 | 634 | 26.64 | 30.70 |
| 14. | KONARSKI Maciej | 04 UKS „GIM 92 Ursynów” | 57.55 | 627 | 27.01 | 30.54 |
| 15. | POPIEL Mikołaj | 06 KU AZS UMCS Lublin | 57.66 | 624 | 26.14 | 31.52 |
| 16. | LECHOWICZ Filip | 97 UKS "Feniks" D bica | 57.85 | 618 | 26.72 | 31.13 |
| 17. | WO NIAK Maciej | 00 UKS 190 Łód | 57.86 | 617 | 26.21 | 31.65 |
| 18. | CZESZEWSKI Krystian | 01 MKP Szczecin | 57.95 | 614 | 25.61 | 32.34 |
| 19. | CERLICH Maksymilian | 00 AZS AWF Katowice | 58.15 | 608 | 27.09 | 31.06 |
| 20. | PLAGA Dawid | 05 TP Skalar Słupsk | 58.82 | 588 | 27.01 | 31.81 |
| 21. | MIKULA Vilem | 06 Sport Club Pardubice | 58.84 | 587 | 26.44 | 32.40 |
| 22. | MAKSAJDA Kacper | 06 TP Skalar Słupsk | 58.98 | 583 | 27.49 | 31.49 |
| 23. | OLEWNICZAK Maciej | 05 UKP „Polonia Warszawa” | 59.10 | 579 | 27.26 | 31.84 |
| 24. | SEMERA Milan | 05 KPS Ostrava | 59.18 | 577 | 27.44 | 31.74 |
| 25. | ŁUPI SKI Mateusz | 05 UKP „Polonia Warszawa” | 59.26 | 575 | 27.79 | 31.47 |
| 26. | URBANIAK Olivier | 07 MKS Trójka Łód | 59.29 | 574 | 27.38 | 31.91 |
| 27. | MIENICKI Rafał | 06 UKS 48 Warszawa ródnie cie | 59.30 | 573 | 27.38 | 31.92 |
| 28. | STASZAK Wiktor | 04 WKS l sk | 59.31 | 573 | 27.41 | 31.90 |
| 29. | ALEKSANDER Jakub | 02 MKP Szczecin | 59.43 | 570 | 27.33 | 32.10 |
| 30. | TOMASZEWSKI Aleks | 04 KS KSZO Ostrowiec w. | 59.44 | 569 | 26.73 | 32.71 |
| 31. | KNOPP Jarosław | 04 MUKS "Pi tnastka" | 59.64 | 564 | 27.25 | 32.39 |
| 32. | SROKA Bła ej | 05 UKS abianka Gda sk | 59.82 | 559 | 27.29 | 32.53 |
| 33. | KALISZEWSKI Adrian | 04 Ks "Marlin Mława" | 59.85 | 558 | 27.74 | 32.11 |
| 34. | JUNG Krzysztof | 99 AZS AWF Katowice | 59.98 | 554 | 27.92 | 32.06 |
| 35. | KOWALSKI Mateusz | 05 KS Delfin Gdynia | 1:00.05 | 552 | 27.70 | 32.35 |
| 36. | GAJDA Jan | 07 MKS Trójka Łód | 1:00.11 | 551 | 27.61 | 32.50 |
| 37. | ADAMCZYK Jan | 03 KS AZS AGH Kraków | 1:00.13 | 550 | 27.56 | 32.57 |
| 38. | KRUPA Jakub | 07 UKP Unia O wi cim | 1:00.39 | 543 | 27.54 | 32.85 |
| 39. | TEPLY Jan | 03 Sport Club Pardubice | 1:00.52 | 539 | 28.16 | 32.36 |
| 40. | SHYPIN Aliaksandr | 07 UKS G-8 Bielany Warszawa | 1:00.60 | 537 | 27.06 | 33.54 |
| 41. | MAISTRUK Yehor | 08 UKS Tri-Team Rumia | 1:00.61 | 537 | 28.38 | 32.23 |
| 42. | SKIERSKI Radosław | 00 KS AZS AGH Kraków | 1:00.77 | 533 | 27.53 | 33.24 |
| 43. | TKACZ Wiktor | 05 MKS Piaseczno | 1:00.79 | 532 | 27.55 | 33.24 |
| 44. | REDZI SKI VEL RYDZY SKI | 07 UKP „Polonia Warszawa” | 1:00.92 | 529 | 28.78 | 32.14 |
| 45. | POPOW Igor | 06 Mokotowski UKP Warszawianka- Wc1:01.04rk | 1:01.04 | 526 | 27.45 | 33.59 |
| | WASILEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 1:01.04 | 526 | 27.87 | 33.17 |
| 47. | WOLSKI Kuba | 04 KS KSZO Ostrowiec w. | 1:01.16 | 523 | 28.28 | 32.88 |
| 48. | BULI SKI Hektor | 05 UKS „GIM 92 Ursynów” | 1:01.18 | 522 | 27.82 | 33.36 |
| 49. | GROT Szymon | 05 MUKP Korona-Swim Kielce | 1:01.21 | 521 | 27.84 | 33.37 |
| 50. | LUCOW Jan | 06 UKP „Polonia Warszawa” | 1:01.24 | 521 | 28.18 | 33.06 |
| 51. | CHALUPNIK Jiri | 04 Sport Club Pardubice | 1:01.48 | 515 | 29.21 | 32.27 |
| 52. | LITEWSKI Mikołaj | 04 UKP „Polonia Warszawa” | 1:01.57 | 512 | 28.82 | 32.75 |
| 53. | HAVLENA Maxim | 04 Sport Club Pardubice | 1:01.64 | 511 | 28.77 | 32.87 |
| 54. | JOACHIMOWICZ Patryk | 08 KU AZS UMCS Lublin | 1:01.65 | 510 | 27.89 | 33.76 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32, M czynn, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|----------------------|------|-----------------------------------|----------------|------|-------|-------|
| 55. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:01.67 | 510 | 29.43 | 32.24 |
| 56. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.74 | 508 | 27.72 | 34.02 |
| 57. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 1:02.02 | 501 | 27.64 | 34.38 |
| 58. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 1:02.10 | 499 | 27.93 | 34.17 |
| 59. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:02.11 | 499 | 28.55 | 33.56 |
| 60. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:02.23 | 496 | 29.90 | 32.33 |
| 61. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:02.59 | 488 | 28.74 | 33.85 |
| 62. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 1:02.63 | 487 | 28.43 | 34.20 |
| 63. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.80 | 483 | 28.76 | 34.04 |
| 64. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:02.85 | 482 | 29.37 | 33.48 |
| 65. | G SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów” | 1:02.92 | 480 | 28.54 | 34.38 |
| 66. | MIGLAK Maksymilian | 07 | KU AZS UAM Pozna | 1:03.08 | 476 | 27.96 | 35.12 |
| | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 1:03.08 | 476 | 29.42 | 33.66 |
| 68. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 1:03.09 | 476 | 28.68 | 34.41 |
| 69. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:03.10 | 476 | 29.83 | 33.27 |
| 70. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:03.35 | 470 | 29.00 | 34.35 |
| 71. | WIERASZKA Bartosz | 07 | TP Zielona Góra | 1:03.46 | 468 | 28.75 | 34.71 |
| 72. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 1:03.50 | 467 | 27.88 | 35.62 |
| 73. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 1:03.65 | 464 | 27.99 | 35.66 |
| 74. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 1:03.86 | 459 | 29.36 | 34.50 |
| 75. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 1:03.99 | 456 | 29.10 | 34.89 |
| 76. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:04.11 | 454 | 29.66 | 34.45 |
| 77. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:04.33 | 449 | 29.58 | 34.75 |
| 78. | ZDANOWICZ Paweł | 05 | MKP „Atoł” Ole nica | 1:04.45 | 447 | 30.41 | 34.04 |
| 79. | WIERCY SKI Kacper | 04 | MKP Szczecin | 1:04.62 | 443 | 31.32 | 33.30 |
| 80. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 1:04.65 | 442 | 30.17 | 34.48 |
| 81. | WENTLAND Miłosz | 07 | MKS Trójka Łód | 1:04.74 | 441 | 30.17 | 34.57 |
| 82. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 1:05.33 | 429 | 28.78 | 36.55 |
| 83. | PRONIN Patryk | 07 | MKP Szczecin | 1:05.65 | 422 | 31.58 | 34.07 |
| 84. | MAZUR Adam | 07 | Grupa 5Styl | 1:05.75 | 421 | 30.35 | 35.40 |
| 85. | PUPKA Filip | 04 | Uks Cityzen | 1:05.92 | 417 | 31.15 | 34.77 |
| 86. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 1:06.52 | 406 | 31.12 | 35.40 |
| 87. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 1:06.59 | 405 | 31.79 | 34.80 |
| 88. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:06.68 | 403 | 31.52 | 35.16 |
| 89. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 1:06.86 | 400 | 29.97 | 36.89 |
| 90. | YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 1:07.65 | 386 | 32.64 | 35.01 |
| 91. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 1:08.88 | 366 | 32.58 | 36.30 |
| 92. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 1:10.86 | 336 | 32.01 | 38.85 |
| 93. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.27 | 330 | 33.10 | 38.17 |
| 94. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:11.95 | 321 | 32.93 | 39.02 |
| 95. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 1:12.71 | 311 | 34.60 | 38.11 |
| 96. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi cie | 1:12.78 | 310 | 34.30 | 38.48 |
| 97. | KRUPI SKI Paweł | 87 | WOPR Województwa Lubuskiego | 1:34.12 | 143 | 44.53 | 49.59 |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | |
|----|-------------------|----|---------------------------|
| NW | LASIK Olgierd | 05 | KU AZS UAM Pozna |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie |
| NW | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia |

17 - 18 lat

| | | | | | | | |
|----|-------------------------|----|--------------------------|--------------|-----|-------|-------|
| 1. | GRACIK Daniel | 04 | Sport Club Pardubice | 54.48 | 740 | 24.27 | 30.21 |
| 2. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 56.27 | 671 | 25.60 | 30.67 |
| 3. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 56.96 | 647 | 25.95 | 31.01 |
| 4. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 57.11 | 642 | 26.16 | 30.95 |
| 5. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 57.32 | 635 | 25.84 | 31.48 |
| 6. | MOC Albert | 04 | Sport Club Pardubice | 57.34 | 634 | 26.64 | 30.70 |
| 7. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 57.55 | 627 | 27.01 | 30.54 |
| 8. | PLAGA Dawid | 05 | TP Skalar Słupsk | 58.82 | 588 | 27.01 | 31.81 |
| 9. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 59.10 | 579 | 27.26 | 31.84 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 32, Chłopców, 100m zmienny, 17 - 18 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|------------------------------|----------------|------|-------|-------|
| 10. | SEMERA Milan | 05 | KPS Ostrava | 59.18 | 577 | 27.44 | 31.74 |
| 11. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 59.26 | 575 | 27.79 | 31.47 |
| 12. | STASZAK Wiktor | 04 | WKS I sk | 59.31 | 573 | 27.41 | 31.90 |
| 13. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 59.44 | 569 | 26.73 | 32.71 |
| 14. | KNOPP Jarosław | 04 | MUKS "Pi tnaстка" | 59.64 | 564 | 27.25 | 32.39 |
| 15. | SROKA Bła ej | 05 | UKS abianka Gda sk | 59.82 | 559 | 27.29 | 32.53 |
| 16. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 59.85 | 558 | 27.74 | 32.11 |
| 17. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 1:00.05 | 552 | 27.70 | 32.35 |
| 18. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:00.79 | 532 | 27.55 | 33.24 |
| 19. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 1:01.16 | 523 | 28.28 | 32.88 |
| 20. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów” | 1:01.18 | 522 | 27.82 | 33.36 |
| 21. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 1:01.21 | 521 | 27.84 | 33.37 |
| 22. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 1:01.48 | 515 | 29.21 | 32.27 |
| 23. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 1:01.57 | 512 | 28.82 | 32.75 |
| 24. | HAVLENA Maxim | 04 | Sport Club Pardubice | 1:01.64 | 511 | 28.77 | 32.87 |
| 25. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:01.67 | 510 | 29.43 | 32.24 |
| 26. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.74 | 508 | 27.72 | 34.02 |
| 27. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.80 | 483 | 28.76 | 34.04 |
| 28. | PI TEK Olivier | 04 | MUKS "Pi tnaстка" | 1:03.08 | 476 | 29.42 | 33.66 |
| 29. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 1:03.09 | 476 | 28.68 | 34.41 |
| 30. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:03.10 | 476 | 29.83 | 33.27 |
| 31. | ZDANOWICZ Paweł | 05 | MKP „Atol" Ole nica | 1:04.45 | 447 | 30.41 | 34.04 |
| 32. | WIERCI SKI Kacper | 04 | MKP Szczecin | 1:04.62 | 443 | 31.32 | 33.30 |
| 33. | PUPKA Filip | 04 | Uks Cityzen | 1:05.92 | 417 | 31.15 | 34.77 |
| DYSKW. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zajął tę pozycję nieruchomej a przed sygnałem startu.

NW LASIK Olgierd 05 KU AZS UAM Poznań

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 57.66 | 624 | 26.14 | 31.52 |
| 2. | MIKULA Vilem | 06 | Sport Club Pardubice | 58.84 | 587 | 26.44 | 32.40 |
| 3. | MAKSAJDA Kacper | 06 | TP Skalar Stupsk | 58.98 | 583 | 27.49 | 31.49 |
| 4. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródmi cie | 59.30 | 573 | 27.38 | 31.92 |
| 5. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wc | 1:01.04 | 526 | 27.45 | 33.59 |
| | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:01.04 | 526 | 27.87 | 33.17 |
| 7. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 1:01.24 | 521 | 28.18 | 33.06 |
| 8. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 1:02.02 | 501 | 27.64 | 34.38 |
| 9. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:02.11 | 499 | 28.55 | 33.56 |
| 10. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:02.59 | 488 | 28.74 | 33.85 |
| 11. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 1:02.63 | 487 | 28.43 | 34.20 |
| 12. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 1:06.52 | 406 | 31.12 | 35.40 |
| 13. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:11.95 | 321 | 32.93 | 39.02 |

15 lat

| | | | | | | | |
|-----|-------------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | URBANIAK Olivier | 07 | MKS Trójka Łód | 59.29 | 574 | 27.38 | 31.91 |
| 2. | GAJDA Jan | 07 | MKS Trójka Łód | 1:00.11 | 551 | 27.61 | 32.50 |
| 3. | KRUPA Jakub | 07 | UKP Unia O wi cim | 1:00.39 | 543 | 27.54 | 32.85 |
| 4. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 1:00.60 | 537 | 27.06 | 33.54 |
| 5. | REDZI SKI VEL RYDZY SKI | 07 | UKP „Polonia Warszawa” | 1:00.92 | 529 | 28.78 | 32.14 |
| 6. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 1:02.10 | 499 | 27.93 | 34.17 |
| 7. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:02.23 | 496 | 29.90 | 32.33 |
| 8. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:02.85 | 482 | 29.37 | 33.48 |
| 9. | MIGLAK Maksymilian | 07 | KU AZS UAM Poznań | 1:03.08 | 476 | 27.96 | 35.12 |
| 10. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:03.35 | 470 | 29.00 | 34.35 |
| 11. | WIERSZKA Bartosz | 07 | TP Zielona Góra | 1:03.46 | 468 | 28.75 | 34.71 |
| 12. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 1:03.86 | 459 | 29.36 | 34.50 |
| 13. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 1:03.99 | 456 | 29.10 | 34.89 |
| 14. | WENTLAND Miłosz | 07 | MKS Trójka Łód | 1:04.74 | 441 | 30.17 | 34.57 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32, Chłopców, 100m zmienny, 15 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|---------|---|----------------|------|-------|-------|
| 15. | 07 | PRONIN Patryk MKP Szczecin | 1:05.65 | 422 | 31.58 | 34.07 |
| 16. | 07 | MAZUR Adam Grupa 5Styl | 1:05.75 | 421 | 30.35 | 35.40 |
| 17. | 07 | STAWI SKI Mikołaj MKP Astromal-Leszno | 1:06.68 | 403 | 31.52 | 35.16 |
| 18. | 07 | MIKOŁAJCZYK Adrian MKS Trójka Łód | 1:06.86 | 400 | 29.97 | 36.89 |
| 19. | 07 | LITWI SKI Igor MUKP Korona-Swim Kielce | 1:12.71 | 311 | 34.60 | 38.11 |
| NW | 07 | ŁAZAROWICZ Janusz UKS 48 Warszawa ródmi cie | | | | |
| NW | 07 | SPIREWSKI Mikołaj UKS Siódemka Gdynia | | | | |

14 lat

| | | | | | | |
|-----|----|--|----------------|-----|-------|-------|
| 1. | 08 | MAISTRUK Yehor UKS Tri-Team Rumia | 1:00.61 | 537 | 28.38 | 32.23 |
| 2. | 08 | JOACHIMOWICZ Patryk KU AZS UMCS Lublin | 1:01.65 | 510 | 27.89 | 33.76 |
| 3. | 08 | ZGODA Szymon UKP „Polonia Warszawa” | 1:03.50 | 467 | 27.88 | 35.62 |
| 4. | 08 | JACKIEWICZ Piotr UKS G-8 Bielany Warszawa | 1:03.65 | 464 | 27.99 | 35.66 |
| 5. | 08 | WASZTYL Kacper UKS MOS w Opolu | 1:04.11 | 454 | 29.66 | 34.45 |
| 6. | 08 | MENTEL Igor KS Delfin Gdynia | 1:04.33 | 449 | 29.58 | 34.75 |
| 7. | 08 | GÓRSKI Antoni MUKP Korona-Swim Kielce | 1:04.65 | 442 | 30.17 | 34.48 |
| 8. | 08 | DOBRYJANOWICZ Michał UKS G-8 Bielany Warszawa | 1:05.33 | 429 | 28.78 | 36.55 |
| 9. | 08 | NOWAK Krzysztof UKP „Polonia Warszawa” | 1:06.59 | 405 | 31.79 | 34.80 |
| 10. | 08 | YWICKI Wiktor UKS „Ósemka” Toru | 1:07.65 | 386 | 32.64 | 35.01 |
| 11. | 08 | FEDASZ Alan UKP „Polonia Warszawa” | 1:08.88 | 366 | 32.58 | 36.30 |
| 12. | 08 | OL DZKI Daniel UKP „Polonia Warszawa” | 1:10.86 | 336 | 32.01 | 38.85 |
| 13. | 08 | MAŁOLEPSZY Krzysztof TP Olimpijczyk Aleksandrów Łódzki | 1:11.27 | 330 | 33.10 | 38.17 |
| 14. | 08 | ROZBICKI Kacper UKS 48 Warszawa ródmi cie | 1:12.78 | 310 | 34.30 | 38.48 |

Konkurencja 33

Kobiet, 100m zmienny

14 lat i starsi

2022.11.13 - 10:42

Wyniki

Rekord Polski 57.82 TCHÓRZ Alicja POL Kaza (RUS) 2021.11.04

Min. indywidualne na M (25m) Melbourne 2022 Open: 58.15

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 90 | DOWGIERT Anna KS Warta Pozna | 1:02.93 | 724 | 28.69 | 34.24 |
| 2. | 04 | TYMI SKA Zofia UKP „Polonia Warszawa” | 1:03.07 | 719 | 29.29 | 33.78 |
| 3. | 04 | GU Wiktoria MKP Szczecin | 1:03.52 | 704 | 30.10 | 33.42 |
| 4. | 01 | LEWANDOWSKA Natalia KS „OLIMPIA” Lublin | 1:03.94 | 690 | 29.63 | 34.31 |
| 5. | 08 | GRACJASZ Wiktoria UKS „Jasie ” Sucha Beskidzka | 1:04.36 | 676 | 29.55 | 34.81 |
| 6. | 00 | DZWONNIK Zuzanna TP Olimpijczyk Aleksandrów Łódzki | 1:04.93 | 659 | 29.63 | 35.30 |
| 7. | 05 | PALICKA Wiktoria TP Skalar Słupsk | 1:05.85 | 631 | 30.04 | 35.81 |
| 8. | 06 | LECHOWSKA Magdalena WKS I sk | 1:06.23 | 621 | 30.77 | 35.46 |
| 9. | 04 | WO NICA Milena UKS abianka Gda sk | 1:06.36 | 617 | 30.94 | 35.42 |
| 10. | 05 | ZI BA Anastazja MUKS "Pi tnastka" | 1:06.53 | 612 | 30.98 | 35.55 |
| 11. | 03 | GRO Weronika MKS „Astoria” Bydgoszcz | 1:06.75 | 606 | 30.76 | 35.99 |
| 12. | 06 | JANASZEK-SEYDLITZ Zofia UKS „GIM 92 Ursynów” | 1:06.78 | 605 | 31.19 | 35.59 |
| 13. | 03 | KAMI SKA Anna AZS AWF Warszawa | 1:06.80 | 605 | 30.98 | 35.82 |
| 14. | 07 | TURBA SKA Marta WKS I sk | 1:07.21 | 594 | 32.14 | 35.07 |
| 15. | 08 | CRHOVA Charlene Daniela Sport Club Pardubice | 1:07.28 | 592 | 31.39 | 35.89 |
| 16. | 05 | BATÓG Dominika UKS abianka Gda sk | 1:07.43 | 588 | 30.45 | 36.98 |
| 17. | 06 | ADAMCZYK Karolina Mokotowski UKP Warszawianka- Wc1:07.62rk | 1:07.62 | 583 | 30.70 | 36.92 |
| 18. | 07 | PIETRZYK Hanna TP Olimpijczyk Aleksandrów Łódzki | 1:07.74 | 580 | 31.11 | 36.63 |
| 19. | 05 | S DŁAK Alicja MKS Jedynka Łód | 1:07.75 | 580 | 31.58 | 36.17 |
| 20. | 04 | SIENKIEWICZ Martyna MUKS "Pi tnastka" | 1:07.83 | 578 | 30.76 | 37.07 |
| 21. | 98 | JAKUBOWSKA Izabela TP Olimpijczyk Aleksandrów Łódzki | 1:08.00 | 573 | 31.98 | 36.02 |
| 22. | 04 | STRZ DAŁA Karolina UKP „Polonia Warszawa” | 1:08.10 | 571 | 32.11 | 35.99 |
| 23. | 06 | BIELAWA Anna WKS I sk | 1:08.19 | 569 | 31.68 | 36.51 |
| 24. | 07 | SKROK Julia WKS I sk | 1:08.20 | 568 | 32.89 | 35.31 |
| 25. | 05 | BAŁDA Aleksandra MKS Piaseczno | 1:08.35 | 565 | 31.78 | 36.57 |
| 26. | 07 | BORKOWSKA Dominika UKS „Omega” Olkusz | 1:08.54 | 560 | 31.76 | 36.78 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 33, Kobiet, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---|-----------------------|------|-----------------------------------|------------------|------|---------|---------|
| 27. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:08.67 | 557 | 29.78 | 38.89 |
| 28. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:08.99 | 549 | 32.81 | 36.18 |
| 29. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:09.25 | 543 | 30.22 | 39.03 |
| 30. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:09.30 | 542 | 33.67 | 35.63 |
| 31. | KOTENKO Mariia | 06 | MKP Szczecin | 1:09.35 | 541 | 32.76 | 36.59 |
| 32. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:09.37 | 540 | 31.31 | 38.06 |
| 33. | KARLI SKA Paula | 05 | MKP Szczecin | 1:09.42 | 539 | 30.53 | 38.89 |
| 34. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 1:09.45 | 538 | 31.73 | 37.72 |
| 35. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:09.53 | 536 | 32.64 | 36.89 |
| 36. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:09.58 | 535 | 32.57 | 37.01 |
| 37. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:09.66rk | 533 | 32.02 | 37.64 |
| 38. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:09.67 | 533 | 32.30 | 37.37 |
| 39. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:09.70 | 532 | 33.75 | 35.95 |
| 40. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:09.72 | 532 | 32.79 | 36.93 |
| 41. | PITY SKA Klara | 06 | WKS I sk | 1:09.73 | 532 | 32.71 | 37.02 |
| 42. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 1:09.75 | 531 | 31.34 | 38.41 |
| 43. | DUDA Anna | 07 | MKP Szczecin | 1:09.95 | 527 | 32.17 | 37.78 |
| 44. | RENNER Laura | 08 | KU AZS UAM Pozna | 1:10.08 | 524 | 31.19 | 38.89 |
| 45. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów” | 1:10.39 | 517 | 33.18 | 37.21 |
| 46. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 1:10.48 | 515 | 31.31 | 39.17 |
| 47. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:10.60rk | 512 | 33.13 | 37.47 |
| 48. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:10.82 | 508 | 32.36 | 38.46 |
| 49. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:11.34 | 497 | 32.15 | 39.19 |
| 50. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:11.39rk | 495 | 33.02 | 38.37 |
| 51. | ŁOBODA Maria | 08 | Uks Cityzen | 1:11.46 | 494 | 32.95 | 38.51 |
| 52. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:11.49 | 493 | 32.18 | 39.31 |
| 53. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:12.01 | 483 | 33.01 | 39.00 |
| | ZABRANIAK Karina | 08 | MKP Szczecin | 1:12.01 | 483 | 33.08 | 38.93 |
| 55. | WACHOWIAK Zofia | 04 | MKS „Astoria” Bydgoszcz | 1:12.07 | 482 | 33.70 | 38.37 |
| 56. | DOLGUN Maryia | 07 | MKP Szczecin | 1:12.32 | 477 | 33.02 | 39.30 |
| 57. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:12.35rk | 476 | 32.39 | 39.96 |
| 58. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:12.53rk | 472 | 32.30 | 40.23 |
| 59. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:12.56 | 472 | 33.40 | 39.16 |
| 60. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:12.83 | 467 | 34.17 | 38.66 |
| 61. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:12.97 | 464 | 33.56 | 39.41 |
| 62. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:13.39 | 456 | 33.98 | 39.41 |
| 63. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:14.28 | 440 | 34.13 | 40.15 |
| 64. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:14.78rk | 431 | 34.83 | 39.95 |
| 65. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:15.03 | 427 | 36.68 | 38.35 |
| 66. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:15.14 | 425 | 34.87 | 40.27 |
| 67. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:15.33 | 422 | 36.22 | 39.11 |
| 68. | ALEKSANDROWICZ Hanna | 06 | MKP Szczecin | 1:15.43 | 420 | 34.52 | 40.91 |
| 69. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:15.74 | 415 | 33.75 | 41.99 |
| 70. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:16.07 | 409 | 35.12 | 40.95 |
| 71. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:16.15 | 408 | 34.31 | 41.84 |
| 72. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:19.62 | 357 | 36.42 | 43.20 |
| 73. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:20.57rk | 345 | 35.30 | 45.27 |
| 74. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:21.41 | 334 | 37.50 | 43.91 |
| 75. | GOROCKIEWICZ Sylwia | 75 | KS Warta Pozna | 2:13.08 | 76 | 1:02.60 | 1:10.48 |
| DYSKW. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | | | | |
| <i>O11 - Pływak przeszkadzał innemu zawodnikowi (przez wpłynięcie na tor zajmowany przez innego zawodnika lub w inny sposób).</i> | | | | | | | |
| NW | SZTANDERA Dominika | 97 | MKS Juvenia Wrocław | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 33, Kobiet, 100m zmienny

17 - 18 lat

| | | | | | | | |
|-----|---------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa” | 1:03.07 | 719 | 29.29 | 33.78 |
| 2. | GU Wiktoria | 04 | MKP Szczecin | 1:03.52 | 704 | 30.10 | 33.42 |
| 3. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:05.85 | 631 | 30.04 | 35.81 |
| 4. | WO NICA Milena | 04 | UKS abianka Gda sk | 1:06.36 | 617 | 30.94 | 35.42 |
| 5. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:06.53 | 612 | 30.98 | 35.55 |
| 6. | BATÓG Dominika | 05 | UKS abianka Gda sk | 1:07.43 | 588 | 30.45 | 36.98 |
| 7. | S DŁAK Alicja | 05 | MKS Jedyńka Łód | 1:07.75 | 580 | 31.58 | 36.17 |
| 8. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:07.83 | 578 | 30.76 | 37.07 |
| 9. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa” | 1:08.10 | 571 | 32.11 | 35.99 |
| 10. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:08.35 | 565 | 31.78 | 36.57 |
| 11. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:08.99 | 549 | 32.81 | 36.18 |
| 12. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:09.25 | 543 | 30.22 | 39.03 |
| 13. | KARLI SKA Paula | 05 | MKP Szczecin | 1:09.42 | 539 | 30.53 | 38.89 |
| 14. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:09.72 | 532 | 32.79 | 36.93 |
| 15. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów” | 1:10.39 | 517 | 33.18 | 37.21 |
| 16. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:11.49 | 493 | 32.18 | 39.31 |
| 17. | WACHOWIAK Zofia | 04 | MKS „Astoria” Bydgoszcz | 1:12.07 | 482 | 33.70 | 38.37 |
| 18. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:12.56 | 472 | 33.40 | 39.16 |
| 19. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:12.97 | 464 | 33.56 | 39.41 |
| 20. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:15.74 | 415 | 33.75 | 41.99 |
| 21. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:20.57 | 345 | 35.30 | 45.27 |

16 lat

| | | | | | | | |
|--------|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | LECHOWSKA Magdalena | 06 | WKS I sk | 1:06.23 | 621 | 30.77 | 35.46 |
| 2. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów” | 1:06.78 | 605 | 31.19 | 35.59 |
| 3. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:07.62 | 583 | 30.70 | 36.92 |
| 4. | BIELAWA Anna | 06 | WKS I sk | 1:08.19 | 569 | 31.68 | 36.51 |
| 5. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:08.67 | 557 | 29.78 | 38.89 |
| 6. | KOTENKO Mariia | 06 | MKP Szczecin | 1:09.35 | 541 | 32.76 | 36.59 |
| 7. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:09.37 | 540 | 31.31 | 38.06 |
| 8. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:09.66 | 533 | 32.02 | 37.64 |
| 9. | PITY SKA Klara | 06 | WKS I sk | 1:09.73 | 532 | 32.71 | 37.02 |
| 10. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:10.82 | 508 | 32.36 | 38.46 |
| 11. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:12.53 | 472 | 32.30 | 40.23 |
| 12. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:13.39 | 456 | 33.98 | 39.41 |
| 13. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:15.14 | 425 | 34.87 | 40.27 |
| 14. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:15.33 | 422 | 36.22 | 39.11 |
| 15. | ALEKSANDROWICZ Hanna | 06 | MKP Szczecin | 1:15.43 | 420 | 34.52 | 40.91 |
| 16. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:16.07 | 409 | 35.12 | 40.95 |
| 17. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:16.15 | 408 | 34.31 | 41.84 |
| DYSKW. | WRONA Ewa | 06 | UKS „Jasie ” Sucha Beskidzka | | | | |

O11 - Pływak przeszkadzał innemu zawodnikowi (przez wpłyni cie na tor zajmowany przez innego zawodnika lub w inny sposób).

15 lat

| | | | | | | | |
|-----|----------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | TURBA SKA Marta | 07 | WKS I sk | 1:07.21 | 594 | 32.14 | 35.07 |
| 2. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:07.74 | 580 | 31.11 | 36.63 |
| 3. | SKROK Julia | 07 | WKS I sk | 1:08.20 | 568 | 32.89 | 35.31 |
| 4. | BORKOWSKA Dominika | 07 | UKS „Omega” Olkusz | 1:08.54 | 560 | 31.76 | 36.78 |
| 5. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:09.30 | 542 | 33.67 | 35.63 |
| 6. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 1:09.45 | 538 | 31.73 | 37.72 |
| 7. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:09.53 | 536 | 32.64 | 36.89 |
| 8. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:09.58 | 535 | 32.57 | 37.01 |
| 9. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:09.70 | 532 | 33.75 | 35.95 |
| 10. | DUDA Anna | 07 | MKP Szczecin | 1:09.95 | 527 | 32.17 | 37.78 |
| 11. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:10.60 | 512 | 33.13 | 37.47 |
| 12. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:11.39 | 495 | 33.02 | 38.37 |
| 13. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:12.01 | 483 | 33.01 | 39.00 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 33, Dziewcząt, 100m zmienny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|-----------------------|------------------------------------|----------------|------|-------|-------|
| 14. DOLGUN Maryia | 07 MKP Szczecin | 1:12.32 | 477 | 33.02 | 39.30 |
| 15. ORASZEK Karolina | 07 Mokotowski UKP Warszawianka- Wc | 1:12.35 | 476 | 32.39 | 39.96 |
| 16. JEZIORSKA Natalia | 07 MKS Trójka Łódź | 1:12.83 | 467 | 34.17 | 38.66 |
| 17. BRANDYSKA Aneta | 07 Sport Club Pardubice | 1:14.28 | 440 | 34.13 | 40.15 |
| 18. TOMKIEL Anna | 07 Mokotowski UKP Warszawianka- Wc | 1:14.78 | 431 | 34.83 | 39.95 |
| 19. POLI SKA Natalia | 07 MKS Trójka Łódź | 1:19.62 | 357 | 36.42 | 43.20 |
| 20. ŁAB CKA Jolanta | 07 UKS Ostrobramska | 1:21.41 | 334 | 37.50 | 43.91 |

14 lat

| | | | | | |
|----------------------------|--------------------------------|----------------|-----|-------|-------|
| 1. GRACJASZ Wiktoria | 08 UKS „Jasie” Sucha Beskidzka | 1:04.36 | 676 | 29.55 | 34.81 |
| 2. CRHOVA Charlene Daniela | 08 Sport Club Pardubice | 1:07.28 | 592 | 31.39 | 35.89 |
| 3. CIEPLUCHA Bianka | 08 SKS 137 Delfin Łódź | 1:09.67 | 533 | 32.30 | 37.37 |
| 4. KONDRASIUK Zofia | 08 UKS „GIM 92 Ursynów” | 1:09.75 | 531 | 31.34 | 38.41 |
| 5. RENNER Laura | 08 KU AZS UAM Poznań | 1:10.08 | 524 | 31.19 | 38.89 |
| 6. CHABOWSKA Gabriela | 08 UKS abianka Gdańsk | 1:10.48 | 515 | 31.31 | 39.17 |
| 7. MAJEWSKA Martyna | 08 MKS Znicz Koszalin | 1:11.34 | 497 | 32.15 | 39.19 |
| 8. ŁOBODA Maria | 08 Uks Cityzen | 1:11.46 | 494 | 32.95 | 38.51 |
| 9. ZABRANIAK Karina | 08 MKP Szczecin | 1:12.01 | 483 | 33.08 | 38.93 |
| 10. JADCZUK Estella | 08 MKS Znicz Koszalin | 1:15.03 | 427 | 36.68 | 38.35 |

Konkurencja 34

2022.11.13 - 10:50

Kobiet, 1500m dowolny

14 lat i starsi

Wyniki

Min. indywidualne na M (25m) Melbourne 2022 Open: 15:52.23

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|-----------------------------|-------------------------|-------------------------|
| 14 lat i starsi | | | |
| 1. PIECHOTA Paulina | 99 UKS 190 Łódź | 16:10.21 | 847 |
| 100m: 1:02.33 1:02.33 | 500m: 5:19.07 1:04.22 | 900m: 9:37.68 1:05.13 | 1300m: 13:59.59 1:05.51 |
| 200m: 2:06.74 1:04.41 | 600m: 6:23.47 1:04.40 | 1000m: 10:43.15 1:05.47 | 1400m: 15:05.70 1:06.11 |
| 300m: 3:10.74 1:04.00 | 700m: 7:27.81 1:04.34 | 1100m: 11:48.48 1:05.33 | 1500m: 16:10.21 1:04.51 |
| 400m: 4:14.85 1:04.11 | 800m: 8:32.55 1:04.74 | 1200m: 12:54.08 1:05.60 | |
| 2. TARASIEWICZ Klaudia | 04 MKP Szczecin | 16:46.67 | 758 |
| 100m: 1:03.93 1:03.93 | 500m: 5:33.49 1:07.97 | 900m: 10:05.50 1:08.38 | 1300m: 14:36.47 1:07.28 |
| 200m: 2:10.73 1:06.80 | 600m: 6:41.32 1:07.83 | 1000m: 11:13.94 1:08.44 | 1400m: 15:43.27 1:06.80 |
| 300m: 3:17.93 1:07.20 | 700m: 7:49.02 1:07.70 | 1100m: 12:21.66 1:07.72 | 1500m: 16:46.67 1:03.40 |
| 400m: 4:25.52 1:07.59 | 800m: 8:57.12 1:08.10 | 1200m: 13:29.19 1:07.53 | |
| 3. MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 16:47.00 | 757 |
| 100m: 1:06.52 1:06.52 | 500m: 5:38.64 1:07.84 | 900m: 10:07.31 1:07.18 | 1300m: 14:36.35 1:07.17 |
| 200m: 2:14.65 1:08.13 | 600m: 6:45.98 1:07.34 | 1000m: 11:14.78 1:07.47 | 1400m: 15:43.24 1:06.89 |
| 300m: 3:22.48 1:07.83 | 700m: 7:53.14 1:07.16 | 1100m: 12:21.83 1:07.05 | 1500m: 16:47.00 1:03.76 |
| 400m: 4:30.80 1:08.32 | 800m: 9:00.13 1:06.99 | 1200m: 13:29.18 1:07.35 | |
| 4. PIEKARSKA Natalia | 06 UKS 190 Łódź | 17:15.69 | 696 |
| 100m: 1:06.20 1:06.20 | 500m: 5:40.41 1:08.37 | 900m: 10:16.81 1:09.36 | 1300m: 14:56.99 1:10.50 |
| 200m: 2:14.95 1:08.75 | 600m: 6:49.38 1:08.97 | 1000m: 11:27.07 1:10.26 | 1400m: 16:06.49 1:09.50 |
| 300m: 3:23.27 1:08.32 | 700m: 7:58.53 1:09.15 | 1100m: 12:36.69 1:09.62 | 1500m: 17:15.69 1:09.20 |
| 400m: 4:32.04 1:08.77 | 800m: 9:07.45 1:08.92 | 1200m: 13:46.49 1:09.80 | |
| 5. ŁUCZAK Dominika | 02 TP Zielona Góra | 17:23.28 | 681 |
| 100m: 1:06.83 1:06.83 | 500m: 5:45.46 1:10.08 | 900m: 10:25.22 1:09.71 | 1300m: 15:04.38 1:09.94 |
| 200m: 2:16.15 1:09.32 | 600m: 6:55.64 1:10.18 | 1000m: 11:35.06 1:09.84 | 1400m: 16:14.45 1:10.07 |
| 300m: 3:25.56 1:09.41 | 700m: 8:05.69 1:10.05 | 1100m: 12:44.72 1:09.66 | 1500m: 17:23.28 1:08.83 |
| 400m: 4:35.38 1:09.82 | 800m: 9:15.51 1:09.82 | 1200m: 13:54.44 1:09.72 | |
| 6. MAŁOLEPSZA Weronika | 07 MKP Szczecin | 17:23.51 | 680 |
| 100m: 1:03.94 1:03.94 | 500m: 5:39.99 1:09.98 | 900m: 10:20.28 1:10.10 | 1300m: 15:04.85 1:11.55 |
| 200m: 2:11.70 1:07.76 | 600m: 6:49.18 1:09.19 | 1000m: 11:30.78 1:10.50 | 1400m: 16:15.53 1:10.68 |
| 300m: 3:20.24 1:08.54 | 700m: 7:59.52 1:10.34 | 1100m: 12:42.28 1:11.50 | 1500m: 17:23.51 1:07.98 |
| 400m: 4:30.01 1:09.77 | 800m: 9:10.18 1:10.66 | 1200m: 13:53.30 1:11.02 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34, Kobiet, 1500m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|-------------------------------|------------------------------------|-------------------------|-------------------------|
| 19. GRZECH Maja | 08 UKS abianka Gda sk | 19:00.42 | 521 |
| 100m: 1:11.00 1:11.00 | 500m: 6:14.26 1:16.15 | 900m: 11:20.40 1:16.50 | 1300m: 16:29.10 1:17.24 |
| 200m: 2:26.01 1:15.01 | 600m: 7:30.60 1:16.34 | 1000m: 12:37.73 1:17.33 | 1400m: 17:45.83 1:16.73 |
| 300m: 3:41.81 1:15.80 | 700m: 8:47.33 1:16.73 | 1100m: 13:55.32 1:17.59 | 1500m: 19:00.42 1:14.59 |
| 400m: 4:58.11 1:16.30 | 800m: 10:03.90 1:16.57 | 1200m: 15:11.86 1:16.54 | |
| 20. MA LEJ Iga | 03 UKS "Kro nicka Przysta " | 19:09.66 | 509 |
| 100m: 1:10.10 1:10.10 | 500m: 6:14.62 1:16.82 | 900m: 11:25.08 1:17.75 | 1300m: 16:35.38 1:17.69 |
| 200m: 2:25.64 1:15.54 | 600m: 7:31.88 1:17.26 | 1000m: 12:42.61 1:17.53 | 1400m: 17:52.88 1:17.50 |
| 300m: 3:41.47 1:15.83 | 700m: 8:49.69 1:17.81 | 1100m: 14:00.08 1:17.47 | 1500m: 19:09.66 1:16.78 |
| 400m: 4:57.80 1:16.33 | 800m: 10:07.33 1:17.64 | 1200m: 15:17.69 1:17.61 | |
| 21. BUDZE Monika | 07 MKP Astromal-Leszno | 19:22.95 | 491 |
| 100m: 1:11.10 1:11.10 | 500m: 6:18.66 1:18.55 | 900m: 11:38.85 1:19.61 | 1300m: 16:53.83 1:17.58 |
| 200m: 2:26.97 1:15.87 | 600m: 7:38.79 1:20.13 | 1000m: 12:57.12 1:18.27 | 1400m: 18:10.23 1:16.40 |
| 300m: 3:43.00 1:16.03 | 700m: 8:58.97 1:20.18 | 1100m: 14:17.02 1:19.90 | 1500m: 19:22.95 1:12.72 |
| 400m: 5:00.11 1:17.11 | 800m: 10:19.24 1:20.27 | 1200m: 15:36.25 1:19.23 | |
| 22. KRYSZEK Jagoda | 08 SKS 137 Delfin Łód | 19:37.10 | 474 |
| 100m: 1:10.59 1:10.59 | 500m: 6:22.05 1:18.72 | 900m: 11:39.14 1:19.08 | 1300m: 17:00.09 1:19.92 |
| 200m: 2:27.15 1:16.56 | 600m: 7:41.01 1:18.96 | 1000m: 12:59.76 1:20.62 | 1400m: 18:20.37 1:20.28 |
| 300m: 3:45.01 1:17.86 | 700m: 9:00.44 1:19.43 | 1100m: 14:20.25 1:20.49 | 1500m: 19:37.10 1:16.73 |
| 400m: 5:03.33 1:18.32 | 800m: 10:20.06 1:19.62 | 1200m: 15:40.17 1:19.92 | |
| 23. SELL Karolina | 07 MUKP Korona-Swim Kielce | 19:57.11 | 450 |
| 100m: 1:12.36 1:12.36 | 500m: 6:27.49 1:19.61 | 900m: 11:52.55 1:20.56 | 1300m: 17:19.02 1:22.29 |
| 200m: 2:30.45 1:18.09 | 600m: 7:48.22 1:20.73 | 1000m: 13:14.92 1:22.37 | 1400m: 18:40.72 1:21.70 |
| 300m: 3:49.43 1:18.98 | 700m: 9:09.04 1:20.82 | 1100m: 14:35.42 1:20.50 | 1500m: 19:57.11 1:16.39 |
| 400m: 5:07.88 1:18.45 | 800m: 10:31.99 1:22.95 | 1200m: 15:56.73 1:21.31 | |
| NW KNOP Aleksandra | 03 UKS 190 Łód | | |
| NW POLA SKA Aleksandra | 00 UKS GOS Raszyn | | |

17 - 18 lat

| | | | |
|-------------------------------|--|-------------------------|-------------------------|
| 1. TARASIEWICZ Klaudia | 04 MKP Szczecin | 16:46.67 | 758 |
| 100m: 1:03.93 1:03.93 | 500m: 5:33.49 1:07.97 | 900m: 10:05.50 1:08.38 | 1300m: 14:36.47 1:07.28 |
| 200m: 2:10.73 1:06.80 | 600m: 6:41.32 1:07.83 | 1000m: 11:13.94 1:08.44 | 1400m: 15:43.27 1:06.80 |
| 300m: 3:17.93 1:07.20 | 700m: 7:49.02 1:07.70 | 1100m: 12:21.66 1:07.72 | 1500m: 16:46.67 1:03.40 |
| 400m: 4:25.52 1:07.59 | 800m: 8:57.12 1:08.10 | 1200m: 13:29.19 1:07.53 | |
| 2. KOSSOWSKA Julita | 05 UKS 190 Łód | 17:32.72 | 663 |
| 100m: 1:06.61 1:06.61 | 500m: 5:48.03 1:10.56 | 900m: 10:29.86 1:10.89 | 1300m: 15:13.54 1:10.26 |
| 200m: 2:16.95 1:10.34 | 600m: 6:58.50 1:10.47 | 1000m: 11:41.19 1:11.33 | 1400m: 16:23.88 1:10.34 |
| 300m: 3:27.46 1:10.51 | 700m: 8:08.54 1:10.04 | 1100m: 12:51.87 1:10.68 | 1500m: 17:32.72 1:08.84 |
| 400m: 4:37.47 1:10.01 | 800m: 9:18.97 1:10.43 | 1200m: 14:03.28 1:11.41 | |
| 3. FIGAS Alicja | 04 MKP Szczecin | 17:33.62 | 661 |
| 100m: 1:06.87 1:06.87 | 500m: 5:46.22 1:10.92 | 900m: 10:29.48 1:10.89 | 1300m: 15:14.00 1:10.63 |
| 200m: 2:16.19 1:09.32 | 600m: 6:56.63 1:10.41 | 1000m: 11:41.02 1:11.54 | 1400m: 16:24.83 1:10.83 |
| 300m: 3:25.63 1:09.44 | 700m: 8:07.53 1:10.90 | 1100m: 12:52.10 1:11.08 | 1500m: 17:33.62 1:08.79 |
| 400m: 4:35.30 1:09.67 | 800m: 9:18.59 1:11.06 | 1200m: 14:03.37 1:11.27 | |
| 4. SŁABOSZ Emilia | 05 SMS O wi cim | 17:44.83 | 640 |
| 100m: 1:07.44 1:07.44 | 500m: 5:51.02 1:11.15 | 900m: 10:36.50 1:11.41 | 1300m: 15:22.90 1:11.33 |
| 200m: 2:18.39 1:10.95 | 600m: 7:02.05 1:11.03 | 1000m: 11:48.40 1:11.90 | 1400m: 16:34.33 1:11.43 |
| 300m: 3:29.13 1:10.74 | 700m: 8:13.63 1:11.58 | 1100m: 13:00.11 1:11.71 | 1500m: 17:44.83 1:10.50 |
| 400m: 4:39.87 1:10.74 | 800m: 9:25.09 1:11.46 | 1200m: 14:11.57 1:11.46 | |
| 5. MAZUR Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 17:49.57 | 632 |
| 100m: 1:08.35 1:08.35 | 500m: 5:55.71 1:11.72 | 900m: 10:42.04 1:11.31 | 1300m: 15:28.46 1:11.92 |
| 200m: 2:20.21 1:11.86 | 600m: 7:07.40 1:11.69 | 1000m: 11:53.02 1:10.98 | 1400m: 16:40.42 1:11.96 |
| 300m: 3:32.02 1:11.81 | 700m: 8:19.07 1:11.67 | 1100m: 13:04.72 1:11.70 | 1500m: 17:49.57 1:09.15 |
| 400m: 4:43.99 1:11.97 | 800m: 9:30.73 1:11.66 | 1200m: 14:16.54 1:11.82 | |
| 6. BUKOWSKA Olga | 05 MKP Szczecin | 17:51.84 | 628 |
| 100m: 1:07.44 1:07.44 | 500m: 5:52.48 1:11.60 | 900m: 10:40.09 1:12.77 | 1300m: 15:29.96 1:12.50 |
| 200m: 2:18.11 1:10.67 | 600m: 7:03.38 1:10.90 | 1000m: 11:52.66 1:12.57 | 1400m: 16:42.59 1:12.63 |
| 300m: 3:29.44 1:11.33 | 700m: 8:14.95 1:11.57 | 1100m: 13:05.02 1:12.36 | 1500m: 17:51.84 1:09.25 |
| 400m: 4:40.88 1:11.44 | 800m: 9:27.32 1:12.37 | 1200m: 14:17.46 1:12.44 | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 34, Kobiet, 1500m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | | | | | Czas | Pkt. |
|---------|-----------------------|-----------------------|-------------------------|-------------------------|--|--|--|-----------------|------|
| 7. | KOWALCZYK Katarzyna | 05 | MKP Szczecin | | | | | 18:10.44 | 596 |
| | 100m: 1:07.92 1:07.92 | 500m: 5:51.77 1:11.34 | 900m: 10:46.76 1:19.58 | 1300m: 15:45.57 1:12.21 | | | | | |
| | 200m: 2:18.55 1:10.63 | 600m: 7:03.49 1:11.72 | 1000m: 12:05.06 1:18.30 | 1400m: 16:58.55 1:12.98 | | | | | |
| | 300m: 3:29.44 1:10.89 | 700m: 8:15.36 1:11.87 | 1100m: 13:22.00 1:16.94 | 1500m: 18:10.44 1:11.89 | | | | | |
| | 400m: 4:40.43 1:10.99 | 800m: 9:27.18 1:11.82 | 1200m: 14:33.36 1:11.36 | | | | | | |
| 8. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastrka" | | | | | 18:37.52 | 554 |
| | 100m: 1:09.51 1:09.51 | 500m: 6:08.75 1:15.03 | 900m: 11:08.81 1:15.33 | 1300m: 16:09.54 1:15.15 | | | | | |
| | 200m: 2:24.06 1:14.55 | 600m: 7:23.23 1:14.48 | 1000m: 12:23.88 1:15.07 | 1400m: 17:24.92 1:15.38 | | | | | |
| | 300m: 3:38.69 1:14.63 | 700m: 8:38.14 1:14.91 | 1100m: 13:39.54 1:15.66 | 1500m: 18:37.52 1:12.60 | | | | | |
| | 400m: 4:53.72 1:15.03 | 800m: 9:53.48 1:15.34 | 1200m: 14:54.39 1:14.85 | | | | | | |

16 lat

| | | | | | | | | | |
|----|-----------------------|-----------------------|--------------------------|-------------------------|--|--|--|-----------------|-----|
| 1. | MACIAK Julia | 06 | IUKS „Muszelka” Warszawa | | | | | 16:47.00 | 757 |
| | 100m: 1:06.52 1:06.52 | 500m: 5:38.64 1:07.84 | 900m: 10:07.31 1:07.18 | 1300m: 14:36.35 1:07.17 | | | | | |
| | 200m: 2:14.65 1:08.13 | 600m: 6:45.98 1:07.34 | 1000m: 11:14.78 1:07.47 | 1400m: 15:43.24 1:06.89 | | | | | |
| | 300m: 3:22.48 1:07.83 | 700m: 7:53.14 1:07.16 | 1100m: 12:21.83 1:07.05 | 1500m: 16:47.00 1:03.76 | | | | | |
| | 400m: 4:30.80 1:08.32 | 800m: 9:00.13 1:06.99 | 1200m: 13:29.18 1:07.35 | | | | | | |
| 2. | PIEKARSKA Natalia | 06 | UKS 190 Łódź | | | | | 17:15.69 | 696 |
| | 100m: 1:06.20 1:06.20 | 500m: 5:40.41 1:08.37 | 900m: 10:16.81 1:09.36 | 1300m: 14:56.99 1:10.50 | | | | | |
| | 200m: 2:14.95 1:08.75 | 600m: 6:49.38 1:08.97 | 1000m: 11:27.07 1:10.26 | 1400m: 16:06.49 1:09.50 | | | | | |
| | 300m: 3:23.27 1:08.32 | 700m: 7:58.53 1:09.15 | 1100m: 12:36.69 1:09.62 | 1500m: 17:15.69 1:09.20 | | | | | |
| | 400m: 4:32.04 1:08.77 | 800m: 9:07.45 1:08.92 | 1200m: 13:46.49 1:09.80 | | | | | | |
| 3. | HUBERT Julia | 06 | MKP Szczecin | | | | | 18:25.73 | 572 |
| | 100m: 1:07.65 1:07.65 | 500m: 5:58.68 1:13.58 | 900m: 10:55.81 1:14.47 | 1300m: 15:56.42 1:15.92 | | | | | |
| | 200m: 2:19.74 1:12.09 | 600m: 7:12.67 1:13.99 | 1000m: 12:10.00 1:14.19 | 1400m: 17:12.43 1:16.01 | | | | | |
| | 300m: 3:32.07 1:12.33 | 700m: 8:26.95 1:14.28 | 1100m: 13:25.10 1:15.10 | 1500m: 18:25.73 1:13.30 | | | | | |
| | 400m: 4:45.10 1:13.03 | 800m: 9:41.34 1:14.39 | 1200m: 14:40.50 1:15.40 | | | | | | |

15 lat

| | | | | | | | | | |
|----|-----------------------|------------------------|-------------------------|-------------------------|--|--|--|-----------------|-----|
| 1. | MAŁOLEPSZA Weronika | 07 | MKP Szczecin | | | | | 17:23.51 | 680 |
| | 100m: 1:03.94 1:03.94 | 500m: 5:39.99 1:09.98 | 900m: 10:20.28 1:10.10 | 1300m: 15:04.85 1:11.55 | | | | | |
| | 200m: 2:11.70 1:07.76 | 600m: 6:49.18 1:09.19 | 1000m: 11:30.78 1:10.50 | 1400m: 16:15.53 1:10.68 | | | | | |
| | 300m: 3:20.24 1:08.54 | 700m: 7:59.52 1:10.34 | 1100m: 12:42.28 1:11.50 | 1500m: 17:23.51 1:07.98 | | | | | |
| | 400m: 4:30.01 1:09.77 | 800m: 9:10.18 1:10.66 | 1200m: 13:53.30 1:11.02 | | | | | | |
| 2. | KUCZMAR Zuzanna | 07 | UKP „Polonia Warszawa” | | | | | 17:48.67 | 633 |
| | 100m: 1:05.99 1:05.99 | 500m: 5:51.79 1:11.54 | 900m: 10:38.85 1:12.52 | 1300m: 15:28.49 1:12.54 | | | | | |
| | 200m: 2:17.22 1:11.23 | 600m: 7:03.36 1:11.57 | 1000m: 11:51.22 1:12.37 | 1400m: 16:40.06 1:11.57 | | | | | |
| | 300m: 3:28.73 1:11.51 | 700m: 8:15.02 1:11.66 | 1100m: 13:02.90 1:11.68 | 1500m: 17:48.67 1:08.61 | | | | | |
| | 400m: 4:40.25 1:11.52 | 800m: 9:26.33 1:11.31 | 1200m: 14:15.95 1:13.05 | | | | | | |
| 3. | TRAFALSKA Zuzanna | 07 | UKS 190 Łódź | | | | | 18:14.53 | 590 |
| | 100m: 1:11.86 1:11.86 | 500m: 6:09.62 1:13.56 | 900m: 11:02.91 1:12.86 | 1300m: 15:52.01 1:12.21 | | | | | |
| | 200m: 2:26.99 1:15.13 | 600m: 7:23.32 1:13.70 | 1000m: 12:15.78 1:12.87 | 1400m: 17:03.60 1:11.59 | | | | | |
| | 300m: 3:41.58 1:14.59 | 700m: 8:37.13 1:13.81 | 1100m: 13:27.60 1:11.82 | 1500m: 18:14.53 1:10.93 | | | | | |
| | 400m: 4:56.06 1:14.48 | 800m: 9:50.05 1:12.92 | 1200m: 14:39.80 1:12.20 | | | | | | |
| 4. | BUDZE Monika | 07 | MKP Astromal-Leszno | | | | | 19:22.95 | 491 |
| | 100m: 1:11.10 1:11.10 | 500m: 6:18.66 1:18.55 | 900m: 11:38.85 1:19.61 | 1300m: 16:53.83 1:17.58 | | | | | |
| | 200m: 2:26.97 1:15.87 | 600m: 7:38.79 1:20.13 | 1000m: 12:57.12 1:18.27 | 1400m: 18:10.23 1:16.40 | | | | | |
| | 300m: 3:43.00 1:16.03 | 700m: 8:58.97 1:20.18 | 1100m: 14:17.02 1:19.90 | 1500m: 19:22.95 1:12.72 | | | | | |
| | 400m: 5:00.11 1:17.11 | 800m: 10:19.24 1:20.27 | 1200m: 15:36.25 1:19.23 | | | | | | |
| 5. | SELL Karolina | 07 | MUKP Korona-Swim Kielce | | | | | 19:57.11 | 450 |
| | 100m: 1:12.36 1:12.36 | 500m: 6:27.49 1:19.61 | 900m: 11:52.55 1:20.56 | 1300m: 17:19.02 1:22.29 | | | | | |
| | 200m: 2:30.45 1:18.09 | 600m: 7:48.22 1:20.73 | 1000m: 13:14.92 1:22.37 | 1400m: 18:40.72 1:21.70 | | | | | |
| | 300m: 3:49.43 1:18.98 | 700m: 9:09.04 1:20.82 | 1100m: 14:35.42 1:20.50 | 1500m: 19:57.11 1:16.39 | | | | | |
| | 400m: 5:07.88 1:18.45 | 800m: 10:31.99 1:22.95 | 1200m: 15:56.73 1:21.31 | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34, Kobiet, 1500m dowolny

14 lat

| | | | | |
|--------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. SKORYKOW Lena | 08 | UKS Ostrobramska | 18:50.42 | 535 |
| 100m: 1:09.82 1:09.82 | 500m: 6:13.44 1:15.37 | 900m: 11:19.47 1:16.86 | 1300m: 16:23.38 1:15.83 | |
| 200m: 2:25.43 1:15.61 | 600m: 7:29.76 1:16.32 | 1000m: 12:35.73 1:16.26 | 1400m: 17:38.42 1:15.04 | |
| 300m: 3:41.49 1:16.06 | 700m: 8:46.73 1:16.97 | 1100m: 13:51.56 1:15.83 | 1500m: 18:50.42 1:12.00 | |
| 400m: 4:58.07 1:16.58 | 800m: 10:02.61 1:15.88 | 1200m: 15:07.55 1:15.99 | | |
| 2. FARTUSZY SKA Weronika | 08 | UKS Junior Kluczbork | 19:00.18 | 521 |
| 100m: 1:09.88 1:09.88 | 500m: 6:11.44 1:16.09 | 900m: 11:21.42 1:18.59 | 1300m: 16:29.02 1:16.02 | |
| 200m: 2:24.77 1:14.89 | 600m: 7:28.86 1:17.42 | 1000m: 12:39.88 1:18.46 | 1400m: 17:46.89 1:17.87 | |
| 300m: 3:39.93 1:15.16 | 700m: 8:45.41 1:16.55 | 1100m: 13:55.62 1:15.74 | 1500m: 19:00.18 1:13.29 | |
| 400m: 4:55.35 1:15.42 | 800m: 10:02.83 1:17.42 | 1200m: 15:13.00 1:17.38 | | |
| 3. GRZECH Maja | 08 | UKS abianka Gda sk | 19:00.42 | 521 |
| 100m: 1:11.00 1:11.00 | 500m: 6:14.26 1:16.15 | 900m: 11:20.40 1:16.50 | 1300m: 16:29.10 1:17.24 | |
| 200m: 2:26.01 1:15.01 | 600m: 7:30.60 1:16.34 | 1000m: 12:37.73 1:17.33 | 1400m: 17:45.83 1:16.73 | |
| 300m: 3:41.81 1:15.80 | 700m: 8:47.33 1:16.73 | 1100m: 13:55.32 1:17.59 | 1500m: 19:00.42 1:14.59 | |
| 400m: 4:58.11 1:16.30 | 800m: 10:03.90 1:16.57 | 1200m: 15:11.86 1:16.54 | | |
| 4. KRYSTEK Jagoda | 08 | SKS 137 Delfin Łód | 19:37.10 | 474 |
| 100m: 1:10.59 1:10.59 | 500m: 6:22.05 1:18.72 | 900m: 11:39.14 1:19.08 | 1300m: 17:00.09 1:19.92 | |
| 200m: 2:27.15 1:16.56 | 600m: 7:41.01 1:18.96 | 1000m: 12:59.76 1:20.62 | 1400m: 18:20.37 1:20.28 | |
| 300m: 3:45.01 1:17.86 | 700m: 9:00.44 1:19.43 | 1100m: 14:20.25 1:20.49 | 1500m: 19:37.10 1:16.73 | |
| 400m: 5:03.33 1:18.32 | 800m: 10:20.06 1:19.62 | 1200m: 15:40.17 1:19.92 | | |

Konkurencja 24

M czyzn, 200m dowolny

14 lat i starsi

2022.11.13 - 11:30

Wyniki

Rekord Polski 1:41.62 MAJCHRZAK Kacper POL Berlin (GER) 2017.08.07

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:42.76 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:43.79

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-----------------|---------|-----------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | 92 | MAJCHRZAK Kacper | KS Warta Pozna | 1:44.86 | 851 | 23.98 | 26.66 | 27.08 | 27.14 |
| 2. | 04 | MASIUK Ksawery | UKS G-8 Bielany Warszawa | 1:46.67 | 808 | 24.77 | 27.07 | 27.31 | 27.52 |
| 3. | 03 | CHOWANIEC Mateusz | AZS AWF Katowice | 1:47.16 | 797 | 24.62 | 27.24 | 27.74 | 27.56 |
| 4. | 06 | FILIPIAK Mikołaj | KS Barrakuda Gda sk | 1:49.32 | 751 | 25.97 | 27.48 | 27.81 | 28.06 |
| 5. | 03 | ZUBIK Jan | UKP „Polonia Warszawa” | 1:49.49 | 747 | 25.61 | 28.06 | 27.95 | 27.87 |
| 6. | 04 | WALTER Jakub | UKP Unia O wi cim | 1:50.14 | 734 | 25.31 | 28.12 | 28.79 | 27.92 |
| 7. | 07 | PIETRO Przemysław | KU AZS UMCS Lublin | 1:50.26 | 732 | 25.69 | 28.14 | 28.40 | 28.03 |
| 8. | 01 | JAWORSKI Szymon | AZS AWF Katowice | 1:50.39 | 729 | 25.59 | 27.93 | 28.34 | 28.53 |
| 9. | 94 | ZABOROWSKI Filip | MKP Szczecin | 1:50.44 | 728 | 26.14 | 28.33 | 28.16 | 27.81 |
| 10. | 02 | JA KIEWICZ Adrian | UKS G-8 Bielany Warszawa | 1:50.63 | 724 | 25.87 | 28.38 | 28.11 | 28.27 |
| 11. | 05 | PLAGA Dawid | TP Skalar Słupsk | 1:50.64 | 724 | 25.98 | 28.28 | 28.37 | 28.01 |
| 12. | 04 | KONARSKI Maciej | UKS „GIM 92 Ursynów” | 1:50.87 | 719 | 25.36 | 27.59 | 28.70 | 29.22 |
| 13. | 05 | ZDYBEL Adam | KS Delfin Gdynia | 1:51.15 | 714 | 26.11 | 28.21 | 28.54 | 28.29 |
| 14. | 04 | GULI SKI Maciej | KU AZS Uniwersytetu Wars | 1:51.24 | 712 | 26.16 | 28.22 | 28.92 | 27.94 |
| 15. | 04 | CIESIELSKI Artur | AZS UŁ PŁ Łód | 1:52.06 | 697 | 25.44 | 28.36 | 29.06 | 29.20 |
| 16. | 98 | CHRZANOWSKI Damian | WKS I sk | 1:52.14 | 695 | 26.35 | 28.34 | 29.03 | 28.42 |
| 17. | 05 | SEMERÁ Milan | KPS Ostrava | 1:52.59 | 687 | 26.08 | 28.66 | 28.69 | 29.16 |
| 18. | 05 | JANKOWSKI Przemysław | UKS abianka Gda sk | 1:52.63 | 686 | 25.91 | 28.12 | 29.09 | 29.51 |
| 19. | 00 | KUCZAK Adam | AZS AWF Katowice | 1:52.67 | 686 | 26.10 | 28.47 | 29.06 | 29.04 |
| 20. | 99 | BIERO SKI Michał | MKP Szczecin | 1:52.69 | 685 | 25.29 | 28.55 | 29.51 | 29.34 |
| 21. | 05 | RADKIEWICZ Kajetan | KS KSZO Ostrowiec w. | 1:52.74 | 684 | 26.82 | 29.03 | 28.80 | 28.09 |
| 22. | 05 | ZAREMBA Adam | WKS I sk | 1:53.10 | 678 | 26.71 | 28.66 | 28.91 | 28.82 |
| 23. | 04 | CHMIELEWSKI Krzysztof | IUKS „Muszelka” Warszawa | 1:53.14 | 677 | 25.13 | 28.68 | 29.03 | 30.30 |
| 24. | 04 | PIELA Michał | UKP Unia O wi cim | 1:53.27 | 675 | 27.37 | 29.55 | 28.97 | 27.38 |
| 25. | 04 | CHMIELEWSKI Michał | IUKS „Muszelka” Warszawa | 1:53.33 | 674 | 26.68 | 29.23 | 29.32 | 28.10 |
| 26. | 05 | TKACZ Wiktor | MKS Piaseczno | 1:53.38 | 673 | 25.64 | 27.98 | 30.01 | 29.75 |
| 27. | 03 | KAPAŁA Szymon | AZS AWF Warszawa | 1:53.63 | 668 | 26.88 | 28.72 | 29.27 | 28.76 |
| 28. | 06 | MIENICKI Rafał | UKS 48 Warszawa ródmi | 1:53.77 | 666 | 25.92 | 28.51 | 29.39 | 29.95 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------------------------|---------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 90. M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 2:02.32 | 536 | 26.98 | 30.42 | 32.54 | 32.38 |
| 91. VORONTSOV Maksym | 05 | TP Zielona Góra | 2:02.39 | 535 | 28.48 | 31.56 | 31.50 | 30.85 |
| 92. DOMA SKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 2:02.41 | 534 | 28.25 | 30.60 | 31.67 | 31.89 |
| 93. KONKEL Filip | 06 | TP Skalar Słupsk | 2:02.50 | 533 | 28.98 | 31.47 | 31.70 | 30.35 |
| 94. SROKA Bła ej | 05 | UKS abianka Gda sk | 2:02.62 | 532 | 27.53 | 30.33 | 31.81 | 32.95 |
| 95. NOWAK Aleksander | 06 | MKP Szczecin | 2:02.89 | 528 | 27.72 | 31.08 | 32.76 | 31.33 |
| 96. GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 2:02.98 | 527 | 27.60 | 30.92 | 32.08 | 32.38 |
| 97. KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:03.05 | 526 | 27.94 | 31.32 | 32.48 | 31.31 |
| 98. JA CZAK Michał | 08 | Dwójka Morena Gda sk | 2:03.19 | 524 | 28.92 | 31.60 | 31.88 | 30.79 |
| 99. PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:03.27 | 523 | 28.07 | 31.86 | 32.73 | 30.61 |
| 100. MENDEL Igor | 08 | KS Delfin Gdynia | 2:03.49 | 521 | 27.64 | 31.15 | 32.49 | 32.21 |
| 101. HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 2:03.54 | 520 | 28.48 | 31.27 | 31.70 | 32.09 |
| 102. WENTLAND Miłosz | 07 | MKS Trójka Łód | 2:03.69 | 518 | 28.26 | 30.97 | 32.70 | 31.76 |
| 103. DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 2:03.94 | 515 | 28.38 | 31.33 | 32.44 | 31.79 |
| 104. MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 2:04.14 | 512 | 27.95 | 31.60 | 32.81 | 31.78 |
| 105. WIECZORKOWSKI N. | 04 | MKP Szczecin | 2:04.17 | 512 | 27.99 | 31.13 | 32.42 | 32.63 |
| 106. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:04.35 | 510 | 28.80 | 31.16 | 32.35 | 32.04 |
| 107. WITT Piotr | 91 | KS Warta Pozna | 2:04.44 | 509 | 27.32 | 31.04 | 32.67 | 33.41 |
| 108. GOŁACKI Sergiusz | 04 | UKS 190 Łód | 2:04.83 | 504 | 28.76 | 32.17 | 32.23 | 31.67 |
| 109. PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:04.85 | 504 | 28.40 | 31.81 | 32.61 | 32.03 |
| 110. GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 2:04.86 | 504 | 29.03 | 31.97 | 32.53 | 31.33 |
| CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:04.86 | 504 | 28.55 | 31.55 | 32.59 | 32.17 |
| 112. PUPKA Filip | 04 | Uks Cityzen | 2:05.08 | 501 | 28.23 | 31.70 | 32.59 | 32.56 |
| 113. RODZIEWICZ Bartosz | 07 | MKP Szczecin | 2:05.42 | 497 | 27.65 | 31.11 | 33.33 | 33.33 |
| 114. SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 2:05.48 | 496 | 29.11 | 32.42 | 31.43 | 32.52 |
| 115. PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 2:05.60 | 495 | 29.03 | 31.79 | 32.42 | 32.36 |
| 116. WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 2:05.92 | 491 | 28.67 | 31.97 | 32.68 | 32.60 |
| 117. NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:06.00 | 490 | 29.11 | 32.08 | 32.49 | 32.32 |
| 118. MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 2:06.07 | 489 | 28.67 | 31.93 | 33.10 | 32.37 |
| 119. OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 2:06.36 | 486 | 27.62 | 31.88 | 33.55 | 33.31 |
| 120. LE NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 2:06.50 | 484 | 27.77 | 31.44 | 33.48 | 33.81 |
| 121. MAZUR Adam | 07 | Grupa 5Styl | 2:06.51 | 484 | 28.62 | 32.16 | 32.89 | 32.84 |
| 122. STARO Filip | 08 | UKS abianka Gda sk | 2:06.56 | 484 | 29.07 | 31.50 | 33.52 | 32.47 |
| 123. WIELGOSZ Borys | 07 | MUKS "Pi tnastka" | 2:06.65 | 483 | 28.05 | 32.26 | 33.62 | 32.72 |
| 124. FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 2:06.70 | 482 | 29.01 | 32.40 | 33.42 | 31.87 |
| 125. KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:06.96 | 479 | 28.35 | 31.71 | 32.99 | 33.91 |
| 126. SKULSKI Ryszard | 08 | UKS Olympic Warka | 2:07.44 | 474 | 29.43 | 32.29 | 33.29 | 32.43 |
| 127. PIETRZAK Michał | 07 | KS Warta Pozna | 2:07.77 | 470 | 29.19 | 31.96 | 33.56 | 33.06 |
| 128. CIBA Mateusz | 08 | MKP Szczecin | 2:07.85 | 469 | 29.73 | 32.85 | 33.50 | 31.77 |
| 129. KONIECZNY Witold | 08 | UKS abianka Gda sk | 2:08.41 | 463 | 30.16 | 32.82 | 32.64 | 32.79 |
| 130. HUBI SKI Olivier | 07 | KS Delfin Gdynia | 2:08.45 | 462 | 28.91 | 32.90 | 33.98 | 32.66 |
| 131. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:08.87 | 458 | 29.29 | 32.56 | 33.72 | 33.30 |
| 132. SYLWESTROWICZ Wiktor | 07 | MUKS "Pi tnastka" | 2:09.21 | 454 | 29.82 | 32.39 | 33.69 | 33.31 |
| 133. TROSZCZY SKI Szymon | 07 | Uks Cityzen | 2:09.38 | 453 | 28.95 | 33.03 | 34.50 | 32.90 |
| 134. NOWAKOWSKI Kuba | 08 | Uks Cityzen | 2:10.72 | 439 | 29.42 | 32.89 | 34.22 | 34.19 |
| 135. BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 2:10.99 | 436 | 30.11 | 33.49 | 33.61 | 33.78 |
| 136. KRUPA Borys | 06 | UKP „Polonia Warszawa” | 2:11.14 | 435 | 29.88 | 33.27 | 34.38 | 33.61 |
| 137. MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 2:11.38 | 432 | 30.24 | 33.90 | 34.60 | 32.64 |
| 138. PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów | 2:11.65 | 430 | 29.42 | 33.79 | 35.28 | 33.16 |
| 139. OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 2:12.14 | 425 | 29.09 | 34.07 | 35.02 | 33.96 |
| 140. SKROBISZ Michał | 07 | UKS 190 Łód | 2:12.17 | 424 | 31.64 | 33.18 | 33.97 | 33.38 |
| 141. LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 2:12.20 | 424 | 30.48 | 33.29 | 34.52 | 33.91 |
| 142. OLSZEWSKI Jakub | 08 | MKP Szczecin | 2:12.32 | 423 | 30.24 | 33.08 | 34.38 | 34.62 |
| 143. KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:13.85 | 409 | 30.35 | 34.62 | 35.18 | 33.70 |
| 144. MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:14.10 | 406 | 30.86 | 33.69 | 35.51 | 34.04 |
| 145. WIADERNY Maksym | 06 | MKS Trójka Łód | 2:16.42 | 386 | 30.11 | 36.69 | 36.45 | 33.17 |
| 146. WACHOWSKI Bła ej | 80 | KS Warta Pozna | 2:17.79 | 375 | 31.42 | 34.98 | 35.75 | 35.64 |
| 147. LESZCZY SKI Filip | 08 | UKS 190 Łód | 2:18.12 | 372 | 30.64 | 35.70 | 36.38 | 35.40 |
| 148. JANYGA Dariusz | 66 | KS Warta Pozna | 2:18.70 | 367 | 31.52 | 34.56 | 36.03 | 36.59 |
| 149. STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:18.82 | 366 | 30.91 | 35.53 | 36.31 | 36.07 |
| 150. WERWI SKI Mateusz | 07 | MKP Astromal-Leszno | 2:18.98 | 365 | 29.20 | 33.42 | 37.42 | 38.94 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------------------------|---------|----------------------------|----------------|-------|-------|-------|-------|
| 151. MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów | 2:19.75 | 30.76 | 35.79 | 37.68 | 35.52 |
| 152. PASZEK Adam | 08 | KP Aquapark W growiec | 2:20.18 | 30.16 | 35.44 | 37.74 | 36.84 |
| 153. ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmie | 2:20.50 | 31.28 | 36.10 | 37.50 | 35.62 |
| 154. PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 2:23.55 | 32.14 | 37.19 | 38.17 | 36.05 |
| 155. NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 2:24.58 | 33.16 | 37.07 | 37.77 | 36.58 |
| 156. SZCZEPA SKI Cyprian | 08 | MKP Astromal-Leszno | 2:25.02 | 32.05 | 38.04 | 39.31 | 35.62 |
| 157. WŁODARCZAK Wiktor | 08 | MKP Astromal-Leszno | 2:34.18 | 33.99 | 39.48 | 41.18 | 39.53 |
| NW DUDYS Dominik | 02 | AZS AWF Katowice | | | | | |
| NW ZDANOWSKI Filip | 02 | AZS AWF Warszawa | | | | | |
| NW LASIK Olgierd | 05 | KU AZS UAM Pozna | | | | | |
| NW GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | | | | | |

17 - 18 lat

| | | | | | | | |
|---------------------------|----|--------------------------|----------------|-------|-------|-------|-------|
| 1. MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 1:46.67 | 24.77 | 27.07 | 27.31 | 27.52 |
| 2. WALTER Jakub | 04 | UKP Unia O wi cim | 1:50.14 | 25.31 | 28.12 | 28.79 | 27.92 |
| 3. PLAGA Dawid | 05 | TP Skalar Słupsk | 1:50.64 | 25.98 | 28.28 | 28.37 | 28.01 |
| 4. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 1:50.87 | 25.36 | 27.59 | 28.70 | 29.22 |
| 5. ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:51.15 | 26.11 | 28.21 | 28.54 | 28.29 |
| 6. GULI SKI Maciej | 04 | KU AZS Uniwersytetu Wars | 1:51.24 | 26.16 | 28.22 | 28.92 | 27.94 |
| 7. CIESIELSKI Artur | 04 | AZS UŁ PŁ Łód | 1:52.06 | 25.44 | 28.36 | 29.06 | 29.20 |
| 8. SEMERA Milan | 05 | KPS Ostrava | 1:52.59 | 26.08 | 28.66 | 28.69 | 29.16 |
| 9. JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | 1:52.63 | 25.91 | 28.12 | 29.09 | 29.51 |
| 10. RADKIEWICZ Kajetan | 05 | KS KSZO Ostrowiec w. | 1:52.74 | 26.82 | 29.03 | 28.80 | 28.09 |
| 11. ZAREMBA Adam | 05 | WKS I sk | 1:53.10 | 26.71 | 28.66 | 28.91 | 28.82 |
| 12. CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 1:53.14 | 25.13 | 28.68 | 29.03 | 30.30 |
| 13. PIELA Michał | 04 | UKP Unia O wi cim | 1:53.27 | 27.37 | 29.55 | 28.97 | 27.38 |
| 14. CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 1:53.33 | 26.68 | 29.23 | 29.32 | 28.10 |
| 15. TKACZ Wiktor | 05 | MKS Piaseczno | 1:53.38 | 25.64 | 27.98 | 30.01 | 29.75 |
| 16. KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 1:53.97 | 26.15 | 28.67 | 29.70 | 29.45 |
| 17. MOC Albert | 04 | Sport Club Pardubice | 1:54.17 | 26.27 | 29.12 | 29.55 | 29.23 |
| 18. JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 1:55.91 | 26.20 | 28.79 | 30.16 | 30.76 |
| 19. BELZYT Maksymilian | 05 | UKS abianka Gda sk | 1:56.23 | 26.39 | 28.73 | 30.27 | 30.84 |
| 20. MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 1:56.42 | 26.69 | 28.97 | 29.82 | 30.94 |
| 21. PI TKA Hubert | 04 | MKP Szczecin | 1:56.57 | 27.08 | 29.09 | 30.24 | 30.16 |
| 22. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów | 1:56.79 | 27.69 | 29.66 | 30.11 | 29.33 |
| 23. SETLAK Marcel | 05 | UKS abianka Gda sk | 1:56.89 | 27.57 | 29.81 | 29.98 | 29.53 |
| 24. WIEK Bła ej | 05 | UKS abianka Gda sk | 1:56.95 | 27.86 | 30.70 | 29.31 | 29.08 |
| 25. ZINKOVSKYI Nestor | 05 | MKS Trójka Łód | 1:57.00 | 26.40 | 28.50 | 30.55 | 31.55 |
| 26. WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów | 1:57.07 | 26.78 | 29.82 | 31.57 | 28.90 |
| 27. BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów” | 1:57.40 | 26.70 | 29.10 | 30.65 | 30.95 |
| 28. DRABCZYK Krystian | 04 | UKP Unia O wi cim | 1:57.63 | 28.25 | 29.88 | 30.07 | 29.43 |
| 29. KOBUS Tymoteusz | 05 | UKS abianka Gda sk | 1:58.06 | 27.93 | 29.74 | 30.41 | 29.98 |
| 30. DZIERKACZ Igor | 05 | UKS G-8 Bielany Warszawa | 1:58.65 | 27.18 | 30.43 | 30.76 | 30.28 |
| 31. DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:58.67 | 27.44 | 30.03 | 31.05 | 30.15 |
| 32. OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 1:59.47 | 27.57 | 30.28 | 30.87 | 30.75 |
| 33. VORONTSOV Maksym | 05 | TP Zielona Góra | 2:02.39 | 28.48 | 31.56 | 31.50 | 30.85 |
| 34. SROKA Bła ej | 05 | UKS abianka Gda sk | 2:02.62 | 27.53 | 30.33 | 31.81 | 32.95 |
| 35. GR DZIK Bła ej | 04 | MPKS Orka Ciechanów | 2:02.98 | 27.60 | 30.92 | 32.08 | 32.38 |
| 36. HASPERT Bartłomiej | 04 | UKS Aquatica Pawłowice | 2:03.54 | 28.48 | 31.27 | 31.70 | 32.09 |
| 37. WIECZORKOWSKI N. | 04 | MKP Szczecin | 2:04.17 | 27.99 | 31.13 | 32.42 | 32.63 |
| 38. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:04.35 | 28.80 | 31.16 | 32.35 | 32.04 |
| 39. GOŁACKI Sergiusz | 04 | UKS 190 Łód | 2:04.83 | 28.76 | 32.17 | 32.23 | 31.67 |
| 40. PUPKA Filip | 04 | Uks Cityzen | 2:05.48 | 28.23 | 31.70 | 32.59 | 32.56 |
| 41. SOSNOWSKI Oliwier | 05 | UKS MOS w Opolu | 2:05.48 | 29.11 | 32.42 | 31.43 | 32.52 |
| 42. NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:06.00 | 29.11 | 32.08 | 32.49 | 32.32 |
| 43. KOWOLIK Alex | 04 | UKP Unia O wi cim | 2:06.96 | 28.35 | 31.71 | 32.99 | 33.91 |
| 44. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:08.87 | 29.29 | 32.56 | 33.72 | 33.30 |
| NW LASIK Olgierd | 05 | KU AZS UAM Pozna | | | | | |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 24, Mężczyźni, 200m dowolny

16 lat

| | | | | | | | | | |
|-----|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FILIPIAK Mikołaj | 06 | KS Barrakuda Gdańsk | 1:49.32 | 751 | 25.97 | 27.48 | 27.81 | 28.06 |
| 2. | MIENICKI Rafał | 06 | UKS 48 Warszawa - ródmi | 1:53.77 | 666 | 25.92 | 28.51 | 29.39 | 29.95 |
| 3. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 1:53.87 | 664 | 25.70 | 29.13 | 29.65 | 29.39 |
| 4. | YEVDOKIMOV Dmytro | 06 | Mokotowski UKP Warszawa | 1:54.71 | 650 | 26.64 | 28.99 | 29.40 | 29.68 |
| 5. | CIECHOMSKI Rafał | 06 | MKS „Astoria” Bydgoszcz | 1:55.96 | 629 | 26.86 | 29.39 | 29.93 | 29.78 |
| 6. | LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 1:56.33 | 623 | 27.73 | 29.57 | 29.76 | 29.27 |
| 7. | JASI ŹSKI Kacper | 06 | MUKP Korona-Swim Kielce | 1:57.28 | 608 | 27.06 | 29.93 | 30.35 | 29.94 |
| 8. | SZAREK Jan | 06 | WKS I sk | 1:57.46 | 605 | 27.36 | 30.02 | 30.33 | 29.75 |
| 9. | HLUSHCHENKO Zakhar | 06 | UKS 190 Łódź | 1:58.00 | 597 | 27.66 | 30.19 | 30.67 | 29.48 |
| 10. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:58.09 | 595 | 27.46 | 30.29 | 30.65 | 29.69 |
| 11. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:58.14 | 595 | 26.41 | 29.49 | 30.70 | 31.54 |
| 12. | WOŃNICKI Dominik | 06 | UKP Unia Owiścim | 1:58.15 | 594 | 27.54 | 30.13 | 30.55 | 29.93 |
| 13. | TOPOLNICKI Maksymilian | 06 | UKS MOS w Opolu | 1:58.79 | 585 | 27.17 | 31.12 | 30.99 | 29.51 |
| 14. | MICHNIEWICZ Marcel | 06 | WKS I sk | 1:59.39 | 576 | 27.71 | 29.76 | 30.54 | 31.38 |
| 15. | RYSTWEJ Maksymilian | 06 | UKS G-8 Bielany Warszawa | 2:00.75 | 557 | 26.73 | 29.33 | 31.79 | 32.90 |
| 16. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów | 2:01.07 | 552 | 27.90 | 31.22 | 31.66 | 30.29 |
| | KUREK Bartosz | 06 | UKS 190 Łódź | 2:01.07 | 552 | 28.05 | 30.51 | 31.47 | 31.04 |
| 18. | KOWALI ŹSKI Adrian | 06 | WKS I sk | 2:01.63 | 545 | 28.30 | 31.03 | 31.54 | 30.76 |
| 19. | GORZE Norbert | 06 | Uks Cityzen | 2:02.10 | 539 | 28.85 | 31.45 | 31.09 | 30.71 |
| 20. | URBA ŹSKI Maciej | 06 | Mokotowski UKP Warszawa | 2:02.25 | 537 | 28.50 | 30.71 | 32.08 | 30.96 |
| 21. | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 2:02.32 | 536 | 26.98 | 30.42 | 32.54 | 32.38 |
| 22. | DOMA ŹSKI Franciszek | 06 | MKS „Astoria” Bydgoszcz | 2:02.41 | 534 | 28.25 | 30.60 | 31.67 | 31.89 |
| 23. | KONKEL Filip | 06 | TP Skalar Słupsk | 2:02.50 | 533 | 28.98 | 31.47 | 31.70 | 30.35 |
| 24. | NOWAK Aleksander | 06 | MKP Szczecin | 2:02.89 | 528 | 27.72 | 31.08 | 32.76 | 31.33 |
| 25. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:03.05 | 526 | 27.94 | 31.32 | 32.48 | 31.31 |
| 26. | PRZE DZIAK Stanisław | 06 | UKP „Polonia Warszawa” | 2:04.85 | 504 | 28.40 | 31.81 | 32.61 | 32.03 |
| 27. | CHABOWSKI Nathaniel | 06 | UKS abianka Gdańsk | 2:04.86 | 504 | 28.55 | 31.55 | 32.59 | 32.17 |
| 28. | WŁOCZEWSKI Karol | 06 | MPKS Orka Ciechanów | 2:05.92 | 491 | 28.67 | 31.97 | 32.68 | 32.60 |
| 29. | LEŃ NIEWSKI Wiktor | 06 | UKP „Polonia Warszawa” | 2:06.50 | 484 | 27.77 | 31.44 | 33.48 | 33.81 |
| 30. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 2:11.14 | 435 | 29.88 | 33.27 | 34.38 | 33.61 |
| 31. | WIADERNY Maksym | 06 | MKS Trójka Łódź | 2:16.42 | 386 | 30.11 | 36.69 | 36.45 | 33.17 |

15 lat

| | | | | | | | | | |
|-----|----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PIETRO Przemysław | 07 | KU AZS UMCS Lublin | 1:50.26 | 732 | 25.69 | 28.14 | 28.40 | 28.03 |
| 2. | GNACZY ŹSKI Michał | 07 | MKP Szczecin | 1:55.42 | 638 | 26.96 | 29.24 | 30.38 | 28.84 |
| 3. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 1:55.87 | 630 | 26.61 | 29.08 | 29.75 | 30.43 |
| 4. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpia | 1:59.47 | 575 | 27.34 | 29.80 | 30.71 | 31.62 |
| 5. | REDZI ŹSKI VEL RYDZY | 07 | M. UKP „Polonia Warszawa” | 1:59.65 | 572 | 27.52 | 30.36 | 30.81 | 30.96 |
| 6. | SELDER Krystian | 07 | MKS Trójka Łódź | 1:59.74 | 571 | 27.56 | 30.25 | 31.36 | 30.57 |
| | CZOGAŁA Grzegorz | 07 | UKS G-8 Bielany Warszawa | 1:59.74 | 571 | 27.38 | 31.04 | 31.60 | 29.72 |
| 8. | PIŃTKA Miłosz | 07 | MKP Szczecin | 1:59.91 | 569 | 28.36 | 30.53 | 30.81 | 30.21 |
| 9. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 2:00.01 | 567 | 28.06 | 30.33 | 30.82 | 30.80 |
| 10. | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 2:00.32 | 563 | 27.72 | 30.46 | 31.39 | 30.75 |
| 11. | WIŃ NIEWSKI Wiktor | 07 | UKP Unia Owiścim | 2:00.58 | 559 | 28.24 | 31.07 | 30.98 | 30.29 |
| 12. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 2:00.81 | 556 | 27.81 | 30.66 | 31.18 | 31.16 |
| 13. | PONIEWA Oliwier | 07 | KU AZS UMCS Lublin | 2:01.01 | 553 | 28.23 | 30.39 | 31.56 | 30.83 |
| 14. | KOZŁOWSKI Julian | 07 | MKS „Astoria” Bydgoszcz | 2:01.96 | 540 | 28.07 | 30.81 | 31.98 | 31.10 |
| 15. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:03.27 | 523 | 28.07 | 31.86 | 32.73 | 30.61 |
| 16. | WENTLAND Miłosz | 07 | MKS Trójka Łódź | 2:03.69 | 518 | 28.26 | 30.97 | 32.70 | 31.76 |
| 17. | DWORAKOWSKI Błażej | 07 | KS Delfin Gdynia | 2:03.94 | 515 | 28.38 | 31.33 | 32.44 | 31.79 |
| 18. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łódź | 2:04.14 | 512 | 27.95 | 31.60 | 32.81 | 31.78 |
| 19. | GRZYWI ŹSKI Jakub | 07 | KU AZS UMCS Lublin | 2:04.86 | 504 | 29.03 | 31.97 | 32.53 | 31.33 |
| 20. | RODZIEWICZ Bartosz | 07 | MKP Szczecin | 2:05.42 | 497 | 27.65 | 31.11 | 33.33 | 33.33 |
| 21. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 2:06.07 | 489 | 28.67 | 31.93 | 33.10 | 32.37 |
| 22. | MAZUR Adam | 07 | Grupa 5Styl | 2:06.51 | 484 | 28.62 | 32.16 | 32.89 | 32.84 |
| 23. | WIELGOSZ Borys | 07 | MUKS "Piłnastka" | 2:06.65 | 483 | 28.05 | 32.26 | 33.62 | 32.72 |
| 24. | PIETRZAK Michał | 07 | KS Warta Poznań | 2:07.77 | 470 | 29.19 | 31.96 | 33.56 | 33.06 |
| 25. | HUBI ŹSKI Olivier | 07 | KS Delfin Gdynia | 2:08.45 | 462 | 28.91 | 32.90 | 33.98 | 32.66 |
| 26. | SYLWESTROWICZ Wiktor | 07 | MUKS "Piłnastka" | 2:09.21 | 454 | 29.82 | 32.39 | 33.69 | 33.31 |
| 27. | TROSZCZY ŹSKI Szymon | 07 | Uks Cityzen | 2:09.38 | 453 | 28.95 | 33.03 | 34.50 | 32.90 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 24, Chłopców, 200m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------------|---------|-------------------------|--------------------|-------|-------|-------|-------|
| 28. MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 2:11.38 432 | 30.24 | 33.90 | 34.60 | 32.64 |
| 29. SKROBISZ Michał | 07 | UKS 190 Łód | 2:12.17 424 | 31.64 | 33.18 | 33.97 | 33.38 |
| 30. LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 2:12.20 424 | 30.48 | 33.29 | 34.52 | 33.91 |
| 31. WERWI SKI Mateusz | 07 | MKP Astromal-Leszno | 2:18.98 365 | 29.20 | 33.42 | 37.42 | 38.94 |
| NW GARSTKA Aleksander | 07 | MPKS Orka Ciechanów | | | | | |

14 lat

| | | | | | | | |
|--------------------------|----|----------------------------|--------------------|-------|-------|-------|-------|
| 1. ACZEK Hubert | 08 | KS „Wisła” Puławy | 1:58.71 586 | 27.67 | 30.61 | 30.92 | 29.51 |
| 2. LITOBORSKI Mikołaj | 08 | KS Warta Pozna | 1:58.86 584 | 26.86 | 29.99 | 31.57 | 30.44 |
| 3. BIE KOWSKI Mateusz | 08 | UKS abianka Gda sk | 1:59.46 575 | 27.31 | 30.04 | 31.34 | 30.77 |
| 4. DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 2:00.90 555 | 26.85 | 31.22 | 32.20 | 30.63 |
| 5. WASILEWSKI Mateusz | 08 | KU AZS UMCS Lublin | 2:01.19 551 | 28.23 | 30.92 | 31.45 | 30.59 |
| 6. GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 2:01.48 547 | 27.91 | 30.97 | 31.64 | 30.96 |
| 7. JA CZAK Michał | 08 | Dwójka Morena Gda sk | 2:03.19 524 | 28.92 | 31.60 | 31.88 | 30.79 |
| 8. MENDEL Igor | 08 | KS Delfin Gdynia | 2:03.49 521 | 27.64 | 31.15 | 32.49 | 32.21 |
| 9. PIÓRKOWSKI Adrian | 08 | MKP Szczecin | 2:05.60 495 | 29.03 | 31.79 | 32.42 | 32.36 |
| 10. OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 2:06.36 486 | 27.62 | 31.88 | 33.55 | 33.31 |
| 11. STARO Filip | 08 | UKS abianka Gda sk | 2:06.56 484 | 29.07 | 31.50 | 33.52 | 32.47 |
| 12. FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 2:06.70 482 | 29.01 | 32.40 | 33.42 | 31.87 |
| 13. SKULSKI Ryszard | 08 | UKS Olimpic Warka | 2:07.44 474 | 29.43 | 32.29 | 33.29 | 32.43 |
| 14. CIBA Mateusz | 08 | MKP Szczecin | 2:07.85 469 | 29.73 | 32.85 | 33.50 | 31.77 |
| 15. KONIECZNY Witold | 08 | UKS abianka Gda sk | 2:08.41 463 | 30.16 | 32.82 | 32.64 | 32.79 |
| 16. NOWAKOWSKI Kuba | 08 | Uks Cityzen | 2:10.72 439 | 29.42 | 32.89 | 34.22 | 34.19 |
| 17. BALCEROWICZ Ryszard | 08 | UKS abianka Gda sk | 2:10.99 436 | 30.11 | 33.49 | 33.61 | 33.78 |
| 18. PAWLAK Michał | 08 | TP Olimpijczyk Aleksandrów | 2:11.65 430 | 29.42 | 33.79 | 35.28 | 33.16 |
| 19. OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 2:12.14 425 | 29.09 | 34.07 | 35.02 | 33.96 |
| 20. OLSZEWSKI Jakub | 08 | MKP Szczecin | 2:12.32 423 | 30.24 | 33.08 | 34.38 | 34.62 |
| 21. KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:13.85 409 | 30.35 | 34.62 | 35.18 | 33.70 |
| 22. MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 2:14.10 406 | 30.86 | 33.69 | 35.51 | 34.04 |
| 23. LESZCZY SKI Filip | 08 | UKS 190 Łód | 2:18.12 372 | 30.64 | 35.70 | 36.38 | 35.40 |
| 24. STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:18.82 366 | 30.91 | 35.53 | 36.31 | 36.07 |
| 25. MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów | 2:19.75 359 | 30.76 | 35.79 | 37.68 | 35.52 |
| 26. PASZEK Adam | 08 | KP Aquapark W growiec | 2:20.18 356 | 30.16 | 35.44 | 37.74 | 36.84 |
| 27. ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmie | 2:20.50 353 | 31.28 | 36.10 | 37.50 | 35.62 |
| 28. PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 2:23.55 331 | 32.14 | 37.19 | 38.17 | 36.05 |
| 29. NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 2:24.58 324 | 33.16 | 37.07 | 37.77 | 36.58 |
| 30. SZCZEPA SKI Cyprian | 08 | MKP Astromal-Leszno | 2:25.02 321 | 32.05 | 38.04 | 39.31 | 35.62 |
| 31. WŁODARCZAK Wiktor | 08 | MKP Astromal-Leszno | 2:34.18 267 | 33.99 | 39.48 | 41.18 | 39.53 |

Konkurencja 25

Kobiet, 200m dowolny

14 lat i starsi

2022.11.13 - 12:06

Wyniki

Rekord Polski 1:54.39 JEDRZEJCZAK Otylia POL Helsinki (FIN) 2006.12.10

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:54.70 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:55.85

Punkt: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|---------------------------|--------------------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. GU Wiktoria | 04 | MKP Szczecin | 1:58.77 801 | 28.20 | 30.01 | 30.43 | 30.13 |
| 2. POLA SKA Aleksandra | 00 | UKS GOS Raszyn | 1:59.24 791 | 28.28 | 30.41 | 30.19 | 30.36 |
| 3. GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskid | 2:02.98 721 | 28.53 | 31.24 | 31.72 | 31.49 |
| 4. TARASIEWICZ Klaudia | 04 | MKP Szczecin | 2:03.57 711 | 29.61 | 31.46 | 31.37 | 31.13 |
| 5. KULIK Julia | 05 | UKS GOS Raszyn | 2:04.46 696 | 28.78 | 31.26 | 32.21 | 32.21 |
| 6. CHALUPOVA Adela | 06 | Sport Club Pardubice | 2:04.69 692 | 28.56 | 31.43 | 32.60 | 32.10 |
| 7. JANISZEWSKA Natalia | 06 | WKS I sk | 2:05.61 677 | 28.81 | 31.44 | 32.52 | 32.84 |
| 8. NOWAK Maja | 03 | UKS GOS Raszyn | 2:05.72 675 | 30.77 | 31.93 | 31.78 | 31.24 |
| 9. LEWANDOWSKA Natalia | 01 | KS „OLIMPIA” Lublin | 2:05.75 675 | 28.95 | 31.53 | 32.75 | 32.52 |
| 10. KRÓL Gabriela | 06 | KS „Wisła” Puławy | 2:06.04 670 | 29.42 | 31.62 | 32.19 | 32.81 |
| 11. ŁUCZAK Dominika | 02 | TP Zielona Góra | 2:06.07 669 | 29.76 | 32.08 | 32.20 | 32.03 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 25, Kobiet, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|----------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 12. | HELLAK Emilia | 03 KS SWIM-ART Wrocław | 2:06.99 | 655 | 29.46 | 31.82 | 32.76 | 32.95 |
| 13. | KAMI SKA Anna | 03 AZS AWF Warszawa | 2:07.13 | 653 | 29.09 | 32.43 | 32.75 | 32.86 |
| 14. | SOBU Julia | 04 UKP Unia O wi cim | 2:07.59 | 646 | 30.46 | 33.01 | 32.88 | 31.24 |
| 15. | SŁABOSZ Emilia | 05 SMS O wi cim | 2:07.66 | 645 | 29.93 | 32.44 | 33.41 | 31.88 |
| 16. | ADAMCZYK Karolina | 06 Mokotowski UKP Warszawa | 2:07.88 | 641 | 29.81 | 32.48 | 32.42 | 33.17 |
| 17. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 2:08.05 | 639 | 29.99 | 32.01 | 32.94 | 33.11 |
| 18. | GÓRSKA Zofia | 05 UKS GOS Raszyn | 2:08.15 | 637 | 29.30 | 32.37 | 33.36 | 33.12 |
| 19. | GULCZY SKA Natalia | 07 Uks Cityzen | 2:08.75 | 628 | 30.37 | 32.40 | 33.08 | 32.90 |
| 20. | PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 2:08.81 | 628 | 30.37 | 32.25 | 32.76 | 33.43 |
| 21. | POPPE Marta | 07 KU AZS UMCS Lublin | 2:09.03 | 624 | 30.57 | 32.39 | 32.87 | 33.20 |
| 22. | KOSSOWSKA Julita | 05 UKS 190 Łód | 2:09.20 | 622 | 30.37 | 32.62 | 33.63 | 32.58 |
| 23. | BUBNOWICZ Waleria | 06 Grudzi „dzki KP „Orka” | 2:09.24 | 621 | 30.06 | 32.89 | 32.94 | 33.35 |
| 24. | MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 2:09.83 | 613 | 30.47 | | | 33.17 |
| 25. | WRZESZCZY SKA Marta | 07 KS Posenania Pozna | 2:10.00 | 610 | 29.29 | 32.87 | 34.19 | 33.65 |
| 26. | MICHALSKA Julia | 05 WKS I sk | 2:10.23 | 607 | 30.01 | 33.46 | 33.67 | 33.09 |
| 27. | JACH Tamara | 06 WKS I sk | 2:10.28 | 607 | 30.97 | 32.94 | 33.56 | 32.81 |
| 28. | SAMORAJ Oliwia | 05 MKS Piaseczno | 2:10.97 | 597 | 30.77 | 33.26 | 33.70 | 33.24 |
| 29. | SZARGIEJ Aleksandra | 06 UKS abianka Gda sk | 2:11.05 | 596 | 30.67 | 33.56 | 33.75 | 33.07 |
| 30. | GLI SKA Oliwia | 07 TP Zielona Góra | 2:11.30 | 592 | 31.16 | 33.21 | 33.46 | 33.47 |
| 31. | MACURA Kinga | 06 UKP Unia O wi cim | 2:11.45 | 590 | 30.23 | 33.33 | 33.88 | 34.01 |
| 32. | JASI SKA Michalina | 06 Mokotowski UKP Warszawa | 2:11.56 | 589 | 30.00 | 33.41 | 33.78 | 34.37 |
| 33. | KUCZMAR Zuzanna | 07 UKP „Polonia Warszawa” | 2:11.61 | 588 | 29.81 | 32.89 | 34.64 | 34.27 |
| 34. | FIGAS Alicja | 04 MKP Szczecin | 2:12.54 | 576 | 31.02 | 33.36 | 34.13 | 34.03 |
| 35. | JUDA Aleksandra | 06 UKP Unia O wi cim | 2:12.58 | 575 | 30.99 | 33.73 | 34.18 | 33.68 |
| 36. | BISZEWSKA Gabriela | 05 Mi dzyszkolny UKS „Olimpi | 2:12.61 | 575 | 31.65 | 33.18 | 33.83 | 33.95 |
| 37. | WO NIAK Zofia | 01 KU AZS Uniwersytetu Wars | 2:12.62 | 575 | 29.05 | 32.82 | 34.71 | 36.04 |
| 38. | WI TEK Amelia | 08 WKS I sk | 2:12.89 | 571 | 30.41 | 33.97 | 34.85 | 33.66 |
| 39. | NOWAK Gabriela | 05 MUKS "Pi tnastka" | 2:12.94 | 571 | 30.02 | 33.74 | 34.58 | 34.60 |
| 40. | PINKOWICZ Alicja | 04 UKP Unia O wi cim | 2:13.01 | 570 | 29.80 | 34.74 | 35.24 | 33.23 |
| 41. | TARASZKIEWICZ Zofia | 07 Mokotowski UKP Warszawa | 2:13.61 | 562 | 30.43 | 33.79 | 34.51 | 34.88 |
| 42. | WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 2:13.66 | 562 | 31.00 | 34.14 | 34.42 | 34.10 |
| 43. | PITY SKA Klara | 06 WKS I sk | 2:13.68 | 561 | 31.24 | 33.74 | 34.33 | 34.37 |
| 44. | JANIK Julia | 06 UKS 190 Łód | 2:13.78 | 560 | 30.84 | 33.97 | 35.11 | 33.86 |
| 45. | SOBIECKA Małgorzata | 06 UKP „Polonia Warszawa” | 2:14.44 | 552 | 30.33 | 34.06 | 35.20 | 34.85 |
| 46. | RACZY SKA Wiktoria | 04 AZS UŁ Łód | 2:14.51 | 551 | 31.42 | 34.22 | 34.73 | 34.14 |
| 47. | ORASZEK Karolina | 07 Mokotowski UKP Warszawa | 2:15.63 | 537 | 30.83 | 34.52 | 35.07 | 35.21 |
| 48. | PAWLAK Lena | 08 TP Olimpijczyk Aleksandrów | 2:15.95 | 534 | 31.01 | 35.09 | 35.35 | 34.50 |
| 49. | CIBIOREK Dominika | 07 UKS G-8 Bielany Warszawa | 2:15.97 | 533 | 30.73 | 34.22 | 35.35 | 35.67 |
| 50. | WICHULSKA Małgorzata | 07 Mokotowski UKP Warszawa | 2:16.12 | 532 | 30.72 | 33.98 | 35.71 | 35.71 |
| 51. | W GRZYCKA Małgorzata | 07 MKS Trójka Łód | 2:16.97 | 522 | 31.47 | 34.40 | 35.46 | 35.64 |
| 52. | POŁE Hanna | 07 MKS Trójka Łód | 2:16.98 | 522 | 31.97 | 35.01 | 35.78 | 34.22 |
| 53. | MICHALSKA Pola | 07 Mokotowski UKP Warszawa | 2:17.02 | 521 | 31.07 | 34.52 | 35.50 | 35.93 |
| 54. | BA KOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:17.03 | 521 | 31.80 | 34.38 | 35.54 | 35.31 |
| 55. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa” | 2:17.19 | 519 | 30.83 | 34.40 | 35.71 | 36.25 |
| 56. | GRZECH Maja | 08 UKS abianka Gda sk | 2:17.21 | 519 | 32.13 | 35.46 | 35.91 | 33.71 |
| 57. | PIEKARSKA Natalia | 06 UKS 190 Łód | 2:17.45 | 516 | 32.62 | 35.43 | 35.30 | 34.10 |
| 58. | SPYCHALSKA Dominika | 08 KP Aquapark W growiec | 2:17.83 | 512 | 32.14 | 36.49 | 36.06 | 33.14 |
| 59. | CHMIELEWSKA A. | 06 Mi dzyszkolny UKS „Olimpi | 2:18.67 | 503 | 30.93 | 34.19 | 36.39 | 37.16 |
| 60. | BORYCZKA Amelia | 08 WKS I sk | 2:18.72 | 502 | 31.36 | 35.60 | 36.90 | 34.86 |
| 61. | ŁOBODA Maria | 08 Uks Cityzen | 2:18.82 | 501 | 31.30 | 35.92 | 36.83 | 34.77 |
| 62. | HLUSHCHENKO Varvara | 08 UKS 190 Łód | 2:18.92 | 500 | 31.82 | 35.29 | 36.07 | 35.74 |
| 63. | CHUKHNO Kateryna | 08 UKS abianka Gda sk | 2:18.96 | 500 | 31.11 | 35.25 | 36.18 | 36.42 |
| 64. | MAKOWSKA Maria | 07 MKP Szczecin | 2:19.05 | 499 | 30.61 | 35.38 | 38.45 | 34.61 |
| 65. | TOMKIEL Anna | 07 Mokotowski UKP Warszawa | 2:19.32 | 496 | 31.98 | 35.19 | 36.25 | 35.90 |
| 66. | JAWORSKA Wiktoria | 05 MUKS "Pi tnastka" | 2:19.54 | 494 | 30.90 | 34.38 | 36.61 | 37.65 |
| | TRAFALSKA Antonina | 08 TP Olimpijczyk Aleksandrów | 2:19.54 | 494 | 31.97 | 35.66 | 36.99 | 34.92 |
| 68. | SADOWSKA Maria | 08 UKS „GIM 92 Ursynów” | 2:19.56 | 493 | 34.31 | 35.27 | 35.95 | 34.03 |
| 69. | TRAFALSKA Zuzanna | 07 UKS 190 Łód | 2:19.64 | 492 | 32.22 | 35.07 | 36.19 | 36.16 |
| 70. | MA LEJ Iga | 03 UKS "Kro nicka Przysta " | 2:19.78 | 491 | 31.76 | 35.05 | 36.41 | 36.56 |
| 71. | WACHOWIAK Zofia | 04 MKS „Astoria” Bydgoszcz | 2:20.19 | 487 | 31.63 | 35.36 | 36.73 | 36.47 |
| 72. | KULCZY SKA Adriana | 06 MUKS "Pi tnastka" | 2:20.72 | 481 | 31.49 | 35.65 | 36.70 | 36.88 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 25, Kobiet, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|-------------------|-------------------------------|----------------|------|-------|-------|-------|-------|
| 73. | JEZIORSKA Natalia | 07 MKS Trójka Łód | 2:20.76 | 481 | 31.96 | 36.00 | 37.12 | 35.68 |
| 74. | KOWALSKA Lena | 08 UKS abianka Gda sk | 2:21.10 | 477 | 32.70 | 35.90 | 36.34 | 36.16 |
| 75. | JADCZUK Estella | 08 MKS Znicz Koszalin | 2:21.36 | 475 | 31.91 | 35.79 | 37.54 | 36.12 |
| 76. | SZYSZKO Karolina | 03 UKP „Polonia Warszawa” | 2:21.72 | 471 | 31.51 | 35.49 | 37.22 | 37.50 |
| 77. | STANKO Khrystyna | 08 MUKS "Pi tnastka" | 2:22.05 | 468 | 31.12 | 36.01 | 38.02 | 36.90 |
| 78. | MIKUŁA Natalia | 06 UKS 190 Łód | 2:22.57 | 463 | 31.41 | 35.60 | 37.91 | 37.65 |
| 79. | MAY Matylda | 08 MKP Astromal-Leszno | 2:22.71 | 461 | 32.55 | 36.03 | 37.63 | 36.50 |
| 80. | SELL Karolina | 07 MUKP Korona-Swim Kielce | 2:22.96 | 459 | 32.03 | 36.56 | 37.70 | 36.67 |
| 81. | WALCZAK Nadia | 06 TP Olimpijczyk Aleksandrów | 2:23.56 | 453 | 32.89 | 37.25 | 37.42 | 36.00 |
| 82. | BELZYT Maja | 08 UKS abianka Gda sk | 2:23.64 | 452 | 33.46 | 36.90 | 37.68 | 35.60 |
| 83. | PLUTA Aleksandra | 07 KS SWIM-ART Wrocław | 2:24.43 | 445 | 32.48 | 36.67 | 37.79 | 37.49 |
| 84. | SIEDLECKA Alicja | 07 KS Warta Pozna | 2:24.88 | 441 | 32.52 | 37.14 | 38.92 | 36.30 |
| 85. | BRUCKA Julia | 06 MUKS "Pi tnastka" | 2:26.13 | 430 | 32.45 | 36.48 | 38.76 | 38.44 |
| 86. | DEREWECKA Kamila | 08 MKS Znicz Koszalin | 2:28.50 | 409 | 32.21 | 37.45 | 39.67 | 39.17 |
| 87. | WASYLISZYN Julia | 04 UKS "ORKA" Luba | 2:29.14 | 404 | 32.81 | 38.41 | 39.99 | 37.93 |
| 88. | KRUTUL Aga | 08 MKS Znicz Koszalin | 2:30.82 | 391 | 32.63 | 37.26 | 40.08 | 40.85 |
| 89. | KUNKEL Celina | 08 Dwójka Morena Gda sk | 2:37.39 | 344 | 36.14 | 40.18 | 40.53 | 40.54 |
| 90. | PILARSKA Maja | 08 KP Aquapark W growiec | 2:39.80 | 328 | 35.20 | 41.21 | 42.70 | 40.69 |
| NW | ŁYSAKOWSKA Karina | 06 MKS Trójka Łód | | | 33.99 | | | |
| NW | KNOP Aleksandra | 03 UKS 190 Łód | | | | | | |

17 - 18 lat

| | | | | | | | | |
|-----|----------------------|------------------------------|----------------|-------|-------|-------|-------|-------|
| 1. | GU Wiktoria | 04 MKP Szczecin | 1:58.77 | 801 | 28.20 | 30.01 | 30.43 | 30.13 |
| 2. | TARASIEWICZ Klaudia | 04 MKP Szczecin | 2:03.57 | 711 | 29.61 | 31.46 | 31.37 | 31.13 |
| 3. | KULIK Julia | 05 UKS GOS Raszyn | 2:04.46 | 696 | 28.78 | 31.26 | 32.21 | 32.21 |
| 4. | SOBU Julia | 04 UKP Unia O wi cim | 2:07.59 | 646 | 30.46 | 33.01 | 32.88 | 31.24 |
| 5. | SŁABOSZ Emilia | 05 SMS O wi cim | 2:07.66 | 645 | 29.93 | 32.44 | 33.41 | 31.88 |
| 6. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 2:08.05 | 639 | 29.99 | 32.01 | 32.94 | 33.11 |
| 7. | GÓRSKA Zofia | 05 UKS GOS Raszyn | 2:08.15 | 637 | 29.30 | 32.37 | 33.36 | 33.12 |
| 8. | PASIEROWSKA Wiktoria | 05 UKS „GIM 92 Ursynów” | 2:08.81 | 628 | 30.37 | 32.25 | 32.76 | 33.43 |
| 9. | KOSSOWSKA Julita | 05 UKS 190 Łód | 2:09.20 | 622 | 30.37 | 32.62 | 33.63 | 32.58 |
| 10. | MICHALSKA Julia | 05 WKS I sk | 2:10.23 | 607 | 30.01 | 33.46 | 33.67 | 33.09 |
| 11. | SAMORAJ Oliwia | 05 MKS Piaseczno | 2:10.97 | 597 | 30.77 | 33.26 | 33.70 | 33.24 |
| 12. | FIGAS Alicja | 04 MKP Szczecin | 2:12.54 | 576 | 31.02 | 33.36 | 34.13 | 34.03 |
| 13. | BISZEWSKA Gabriela | 05 Mi dzyszkolny UKS „Olimpi | 2:12.61 | 575ki | 31.65 | 33.18 | 33.83 | 33.95 |
| 14. | NOWAK Gabriela | 05 MUKS "Pi tnastka" | 2:12.94 | 571 | 30.02 | 33.74 | 34.58 | 34.60 |
| 15. | PINKOWICZ Alicja | 04 UKP Unia O wi cim | 2:13.01 | 570 | 29.80 | 34.74 | 35.24 | 33.23 |
| 16. | WIDERSKA Joanna | 05 UKS Nawa Skierniewice | 2:13.66 | 562 | 31.00 | 34.14 | 34.42 | 34.10 |
| 17. | RACZY SKA Wiktoria | 04 AZS UŁ PŁ Łód | 2:14.51 | 551 | 31.42 | 34.22 | 34.73 | 34.14 |
| 18. | JAWORSKA Wiktoria | 05 MUKS "Pi tnastka" | 2:19.54 | 494 | 30.90 | 34.38 | 36.61 | 37.65 |
| 19. | WACHOWIAK Zofia | 04 MKS „Astoria” Bydgoszcz | 2:20.19 | 487 | 31.63 | 35.36 | 36.73 | 36.47 |
| 20. | WASYLISZYN Julia | 04 UKS "ORKA" Luba | 2:29.14 | 404 | 32.81 | 38.41 | 39.99 | 37.93 |

16 lat

| | | | | | | | | |
|-----|---------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CHALUPOVA Adela | 06 Sport Club Pardubice | 2:04.69 | 692 | 28.56 | 31.43 | 32.60 | 32.10 |
| 2. | JANISZEWSKA Natalia | 06 WKS I sk | 2:05.61 | 677 | 28.81 | 31.44 | 32.52 | 32.84 |
| 3. | KRÓL Gabriela | 06 KS „Wisła” Puławy | 2:06.04 | 670 | 29.42 | 31.62 | 32.19 | 32.81 |
| 4. | ADAMCZYK Karolina | 06 Mokotowski UKP Warszawi | 2:07.88 | 641 | 29.81 | 32.48 | 32.42 | 33.17 |
| 5. | BUBNOWICZ Waleria | 06 Grudzi dzki KP „Orka" | 2:09.24 | 621 | 30.06 | 32.89 | 32.94 | 33.35 |
| 6. | MACIAK Julia | 06 IUKS „Muszelka" Warszaw | 2:09.83 | 613 | 30.47 | | | 33.17 |
| 7. | JACH Tamara | 06 WKS I sk | 2:10.28 | 607 | 30.97 | 32.94 | 33.56 | 32.81 |
| 8. | SZARGIEJ Aleksandra | 06 UKS abianka Gda sk | 2:11.05 | 596 | 30.67 | 33.56 | 33.75 | 33.07 |
| 9. | MACURA Kinga | 06 UKP Unia O wi cim | 2:11.45 | 590 | 30.23 | 33.33 | 33.88 | 34.01 |
| 10. | JASI SKA Michalina | 06 Mokotowski UKP Warszawi | 2:11.56 | 589 | 30.00 | 33.41 | 33.78 | 34.37 |
| 11. | JUDA Aleksandra | 06 UKP Unia O wi cim | 2:12.58 | 575 | 30.99 | 33.73 | 34.18 | 33.68 |
| 12. | PITY SKA Klara | 06 WKS I sk | 2:13.68 | 561 | 31.24 | 33.74 | 34.33 | 34.37 |
| 13. | JANIK Julia | 06 UKS 190 Łód | 2:13.78 | 560 | 30.84 | 33.97 | 35.11 | 33.86 |
| 14. | SOBIECKA Małgorzata | 06 UKP „Polonia Warszawa" | 2:14.44 | 552 | 30.33 | 34.06 | 35.20 | 34.85 |
| 15. | WISZNIEWSKA Zuzanna | 06 UKP „Polonia Warszawa" | 2:17.19 | 519 | 30.83 | 34.40 | 35.71 | 36.25 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 25, Dziewcz t, 200m dowolny, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|---------|----------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 16. | 06 | PIEKARSKA Natalia | UKS 190 Łód | 2:17.45 | 516 | 32.62 | 35.43 | 35.30 | 34.10 |
| 17. | 06 | CHMIELEWSKA A. | Mi dzyszkolny UKS „Olimpi | 2:18.67 | 503 | 30.93 | 34.19 | 36.39 | 37.16 |
| 18. | 06 | KULCZY SKA Adriana | MUKS "Pi tnastka" | 2:20.72 | 481 | 31.49 | 35.65 | 36.70 | 36.88 |
| 19. | 06 | MIKUŁA Natalia | UKS 190 Łód | 2:22.57 | 463 | 31.41 | 35.60 | 37.91 | 37.65 |
| 20. | 06 | WALCZAK Nadia | TP Olimpijczyk Aleksandrów | 2:23.56 | 453 | 32.89 | 37.25 | 37.42 | 36.00 |
| 21. | 06 | BRUCKA Julia | MUKS "Pi tnastka" | 2:26.13 | 430 | 32.45 | 36.48 | 38.76 | 38.44 |
| | 06 | NW ŁYSAKOWSKA Karina | MKS Trójka Łód | | | 33.99 | | | |

15 lat

| | | | | | | | | | |
|-----|----|----------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 07 | GULCZY SKA Natalia | Uks Cityzen | 2:08.75 | 628 | 30.37 | 32.40 | 33.08 | 32.90 |
| 2. | 07 | POPPE Marta | KU AZS UMCS Lublin | 2:09.03 | 624 | 30.57 | 32.39 | 32.87 | 33.20 |
| 3. | 07 | WRZESZCZY SKA Marta | KS Posnania Pozna | 2:10.00 | 610 | 29.29 | 32.87 | 34.19 | 33.65 |
| 4. | 07 | GLI SKA Oliwia | TP Zielona Góra | 2:11.30 | 592 | 31.16 | 33.21 | 33.46 | 33.47 |
| 5. | 07 | KUCZMAR Zuzanna | UKP „Polonia Warszawa" | 2:11.61 | 588 | 29.81 | 32.89 | 34.64 | 34.27 |
| 6. | 07 | TARASZKIEWICZ Zofia | Mokotowski UKP Warszawi | 2:13.61 | 562 | 30.43 | 33.79 | 34.51 | 34.88 |
| 7. | 07 | ORASZEK Karolina | Mokotowski UKP Warszawi | 2:15.63 | 537 | 30.83 | 34.52 | 35.07 | 35.21 |
| 8. | 07 | CIBIOREK Dominika | UKS G-8 Bielany Warszawa | 2:15.97 | 533 | 30.73 | 34.22 | 35.35 | 35.67 |
| 9. | 07 | WICHULSKA Małgorzata | Mokotowski UKP Warszawi | 2:16.12 | 532 | 30.72 | 33.98 | 35.71 | 35.71 |
| 10. | 07 | W GRZYCKA Małgorzata | MKS Trójka Łód | 2:16.97 | 522 | 31.47 | 34.40 | 35.46 | 35.64 |
| 11. | 07 | POŁE Hanna | MKS Trójka Łód | 2:16.98 | 522 | 31.97 | 35.01 | 35.78 | 34.22 |
| 12. | 07 | MICHALSKA Pola | Mokotowski UKP Warszawi | 2:17.02 | 521 | 31.07 | 34.52 | 35.50 | 35.93 |
| 13. | 07 | MAKOWSKA Maria | MKP Szczecin | 2:19.05 | 499 | 30.61 | 35.38 | 38.45 | 34.61 |
| 14. | 07 | TOMKIEL Anna | Mokotowski UKP Warszawi | 2:19.32 | 496 | 31.98 | 35.19 | 36.25 | 35.90 |
| 15. | 07 | TRAFALSKA Zuzanna | UKS 190 Łód | 2:19.64 | 492 | 32.22 | 35.07 | 36.19 | 36.16 |
| 16. | 07 | JEZIORSKA Natalia | MKS Trójka Łód | 2:20.76 | 481 | 31.96 | 36.00 | 37.12 | 35.68 |
| 17. | 07 | SELL Karolina | MUKP Korona-Swim Kielce | 2:22.96 | 459 | 32.03 | 36.56 | 37.70 | 36.67 |
| 18. | 07 | PLUTA Aleksandra | KS SWIM-ART Wrocław | 2:24.43 | 445 | 32.48 | 36.67 | 37.79 | 37.49 |
| 19. | 07 | SIEDLECKA Alicja | KS Warta Pozna | 2:24.88 | 441 | 32.52 | 37.14 | 38.92 | 36.30 |

14 lat

| | | | | | | | | | |
|-----|----|----------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 08 | GRACJASZ Wiktoria | UKS „Jasie " Sucha Beskid | 2:02.98 | 721 | 28.53 | 31.24 | 31.72 | 31.49 |
| 2. | 08 | WI TEK Amelia | WKS l sk | 2:12.89 | 571 | 30.41 | 33.97 | 34.85 | 33.66 |
| 3. | 08 | PAWLAK Lena | TP Olimpijczyk Aleksandrów | 2:15.95 | 534 | 31.01 | 35.09 | 35.35 | 34.50 |
| 4. | 08 | BA KOWSKA Wiktoria | UKS MOS w Opolu | 2:17.03 | 521 | 31.80 | 34.38 | 35.54 | 35.31 |
| 5. | 08 | GRZECH Maja | UKS abianka Gda sk | 2:17.21 | 519 | 32.13 | 35.46 | 35.91 | 33.71 |
| 6. | 08 | SPYCHALSKA Dominika | KP Aquapark W growiec | 2:17.83 | 512 | 32.14 | 36.49 | 36.06 | 33.14 |
| 7. | 08 | BORYCZKA Amelia | WKS l sk | 2:18.72 | 502 | 31.36 | 35.60 | 36.90 | 34.86 |
| 8. | 08 | ŁOBODA Maria | Uks Cityzen | 2:18.82 | 501 | 31.30 | 35.92 | 36.83 | 34.77 |
| 9. | 08 | HLUSHCHENKO Varvara | UKS 190 Łód | 2:18.92 | 500 | 31.82 | 35.29 | 36.07 | 35.74 |
| 10. | 08 | CHUKHNO Kateryna | UKS abianka Gda sk | 2:18.96 | 500 | 31.11 | 35.25 | 36.18 | 36.42 |
| 11. | 08 | TRAFALSKA Antonina | TP Olimpijczyk Aleksandrów | 2:19.54 | 494 | 31.97 | 35.66 | 36.99 | 34.92 |
| 12. | 08 | SADOWSKA Maria | UKS „GIM 92 Ursynów" | 2:19.56 | 493 | 34.31 | 35.27 | 35.95 | 34.03 |
| 13. | 08 | KOWALSKA Lena | UKS abianka Gda sk | 2:21.10 | 477 | 32.70 | 35.90 | 36.34 | 36.16 |
| 14. | 08 | JADCZUK Estella | MKS Znicz Koszalin | 2:21.36 | 475 | 31.91 | 35.79 | 37.54 | 36.12 |
| 15. | 08 | STANKO Khrystyna | MUKS "Pi tnastka" | 2:22.05 | 468 | 31.12 | 36.01 | 38.02 | 36.90 |
| 16. | 08 | MAY Matylda | MKP Astromal-Leszno | 2:22.71 | 461 | 32.55 | 36.03 | 37.63 | 36.50 |
| 17. | 08 | BELZYT Maja | UKS abianka Gda sk | 2:23.64 | 452 | 33.46 | 36.90 | 37.68 | 35.60 |
| 18. | 08 | DEREWECKA Kamila | MKS Znicz Koszalin | 2:28.50 | 409 | 32.21 | 37.45 | 39.67 | 39.17 |
| 19. | 08 | KRUTUL Aga | MKS Znicz Koszalin | 2:30.82 | 391 | 32.63 | 37.26 | 40.08 | 40.85 |
| 20. | 08 | KUNKEL Celina | Dwójka Morena Gda sk | 2:37.39 | 344 | 36.14 | 40.18 | 40.53 | 40.54 |
| 21. | 08 | PILARSKA Maja | KP Aquapark W growiec | 2:39.80 | 328 | 35.20 | 41.21 | 42.70 | 40.69 |
| | 09 | PK PRASAŁ Aleksandra | MUKP Korona-Swim Kielce | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26
2022.11.13 - 12:22

M czyzn, 100m klasyczny

14 lat i starsi
Wyniki

Rekord Polski 57.80 KOZAKIEWICZ Jan POL Wrocław 2021.11.12

Min. indywidualne na M (25m) Melbourne 2022 Open: 57.17 / Min. do sztafety na M (25m) Melbourne 2022 Open: 57.74

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|----------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 00 | KALUSOWSKI Jan | 58.25 | 854 | 27.48 | 30.77 |
| 2. | 02 | WIEKIERA Dawid | 58.29 | 852 | 27.65 | 30.64 |
| 3. | 03 | SKÓRA Bartosz | 1:00.82 | 750 | 28.29 | 32.53 |
| 4. | 04 | WARZOCHA Gustaw | 1:02.12 | 704 | 28.86 | 33.26 |
| 5. | 97 | ROMANOWSKI Kamil | 1:02.57 | 689 | 29.21 | 33.36 |
| 6. | 04 | URBA SKI Filip | 1:02.63 | 687 | 29.47 | 33.16 |
| 7. | 02 | BIELAWA Dominik | 1:02.70 | 685 | 29.44 | 33.26 |
| 8. | 00 | CERLICH Maksymilian | 1:02.85 | 680 | 29.14 | 33.71 |
| 9. | 00 | KRYSTYNIAK Mateusz | 1:02.86 | 680 | 29.05 | 33.81 |
| 10. | 04 | ISKRA Szymon | 1:03.15 | 670 | 29.82 | 33.33 |
| 11. | 97 | LECHOWICZ Filip | 1:03.29 | 666 | 29.33 | 33.96 |
| 12. | 05 | ŁUPI SKI Mateusz | 1:03.45 | 661 | 28.91 | 34.54 |
| 13. | 05 | LOTER Bartosz | 1:03.48 | 660 | 29.93 | 33.55 |
| 14. | 99 | JUNG Krzysztof | 1:03.49 | 660 | 29.49 | 34.00 |
| 15. | 06 | MAKSAJDA Kacper | 1:03.51 | 659 | 30.00 | 33.51 |
| 16. | 97 | LONG Bryar | 1:03.59 | 656 | 29.90 | 33.69 |
| 17. | 00 | BEBEROK Filip | 1:04.07 | 642 | 29.25 | 34.82 |
| 18. | 04 | LIS Jan | 1:04.08 | 642 | 29.85 | 34.23 |
| 19. | 03 | BARCZYK Jan | 1:04.32 | 634 | 29.21 | 35.11 |
| 20. | 07 | LVUTIN Lev | 1:04.38 | 633 | 30.35 | 34.03 |
| 21. | 04 | KALISZEWSKI Adrian | 1:04.63 | 625 | 29.81 | 34.82 |
| 22. | 06 | KRÓL Aleksander | 1:05.93 | 589 | 30.71 | 35.22 |
| 23. | 05 | KUCHARCZYK Paweł | 1:06.19 | 582 | 30.49 | 35.70 |
| 24. | 03 | FILIPIAK Grzegorz | 1:06.53 | 573 | 30.77 | 35.76 |
| 25. | 04 | CHALUPNIK Jiri | 1:06.58 | 572 | 31.43 | 35.15 |
| 26. | 08 | MAISTRUK Yehor | 1:06.62 | 571 | 31.18 | 35.44 |
| 27. | 04 | WIERCI SKI Kacper | 1:06.87 | 564 | 31.97 | 34.90 |
| 28. | 03 | TEPLY Jan | 1:07.60 | 546 | 31.33 | 36.27 |
| 29. | 08 | RADZIKOWSKI Szymon | 1:07.70 | 544 | 31.85 | 35.85 |
| 30. | 07 | SZAFRA SKI Kamil | 1:07.73 | 543 | 31.64 | 36.09 |
| 31. | 05 | JANIAK Jakub | 1:07.78 | 542 | 31.23 | 36.55 |
| 32. | 07 | KRUK Franciszek | 1:08.15 | 533 | 30.98 | 37.17 |
| 33. | 07 | SPIREWSKI Mikołaj | 1:08.20 | 532 | 32.10 | 36.10 |
| 34. | 06 | KRASOWSKI Szymon | 1:08.25 | 531 | 31.48 | 36.77 |
| 35. | 07 | PRONIN Patryk | 1:08.33 | 529 | 32.11 | 36.22 |
| 36. | 80 | SZYMKOWIAK Marcin | 1:08.42 | 527 | 32.04 | 36.38 |
| 37. | 07 | WI NIEWSKI Jakub | 1:08.64 | 522 | 32.37 | 36.27 |
| 38. | 06 | WASILEWSKI Kacper | 1:08.68 | 521 | 31.24 | 37.44 |
| 39. | 06 | PORWIK Kacper | 1:08.71 | 520 | 32.80 | 35.91 |
| 40. | 07 | GAJDA Jan | 1:08.72 | 520 | 31.86 | 36.86 |
| 41. | 06 | JASI SKI Kacper | 1:08.92 | 516 | 32.09 | 36.83 |
| 42. | 06 | MAJEWSKI Kacper | 1:09.01 | 514 | 32.07 | 36.94 |
| 43. | 04 | LITEWSKI Mikołaj | 1:09.64 | 500 | 32.25 | 37.39 |
| 44. | 07 | STAWI SKI Mikołaj | 1:09.74 | 498 | 32.10 | 37.64 |
| 45. | 07 | BOSIACKI Kamil | 1:09.76 | 497 | 31.63 | 38.13 |
| 46. | 06 | NIECKARZ Paweł | 1:09.85 | 495 | 32.67 | 37.18 |
| 47. | 08 | WASZTYL Kacper | 1:10.06 | 491 | 32.37 | 37.69 |
| 48. | 06 | WŁOCZEWSKI Karol | 1:10.41 | 483 | 32.68 | 37.73 |
| 49. | 05 | BIELEWICZ Jan | 1:10.99 | 472 | 33.06 | 37.93 |
| 50. | 07 | TARCZY SKI Bartosz | 1:11.13 | 469 | 33.86 | 37.27 |
| 51. | 06 | PRZE DZIAK Stanisław | 1:11.17 | 468 | 33.53 | 37.64 |
| 52. | 08 | KALISZEWSKI Patryk | 1:11.57 | 460 | 33.44 | 38.13 |
| 53. | 08 | YWICKI Wiktor | 1:12.02 | 452 | 33.90 | 38.12 |
| 54. | 06 | JEDLI SKI Mateusz | 1:12.11 | 450 | 33.46 | 38.65 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26, M czynn, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|--------------------|--------------------------------|----------------|------|-------|-------|
| 55. | NOWAKOWSKI Kuba | 08 Uks Cityzen | 1:12.20 | 448 | 34.02 | 38.18 |
| 56. | TRUDNOS Ignacy | 08 UKS 190 Łód | 1:12.39 | 445 | 34.69 | 37.70 |
| 57. | KRAS Mateusz | 07 UKS „GIM 92 Ursynów" | 1:12.52 | 442 | 33.96 | 38.56 |
| 58. | NOWAK Krzysztof | 08 UKP „Polonia Warszawa" | 1:12.58 | 441 | 34.33 | 38.25 |
| 59. | CYGA SKI Krzysztof | 07 UKS „GIM 92 Ursynów" | 1:13.02 | 433 | 34.42 | 38.60 |
| 60. | ABI SKI Igor | 07 UKS Tri-Team Rumia | 1:13.77 | 420 | 35.70 | 38.07 |
| 61. | SKROBISZ Michał | 07 UKS 190 Łód | 1:14.17 | 414 | 34.93 | 39.24 |
| 62. | KUBICA Wiktor | 08 UKS "V" Łomianki | 1:14.71 | 405 | 34.55 | 40.16 |
| 63. | PAWLAK Dawid | 08 UKS 190 Łód | 1:15.01 | 400 | 35.90 | 39.11 |
| 64. | KAMI SKI Maciej | 08 MKP Szczecin | 1:17.47 | 363 | 36.89 | 40.58 |
| 65. | LESZCZY SKI Filip | 08 UKS 190 Łód | 1:18.50 | 349 | 36.69 | 41.81 |
| 66. | WERTE Ludwik | 08 Dwójka Morena Gda sk | 1:23.81 | 286 | 38.68 | 45.13 |
| 67. | ŁATKA Aleksander | 08 KP Aquapark W growiec | 1:27.46 | 252 | 40.85 | 46.61 |
| 68. | KUNKEL Mikołaj | 08 Dwójka Morena Gda sk | 1:31.10 | 223 | 43.29 | 47.81 |
| 69. | KRUPI SKI Paweł | 87 WOPR Województwa Lubuskiego | 1:40.15 | 168 | 46.84 | 53.31 |
| DYSKW. | SOLAK Łukasz | 99 KS AZS AGH Kraków | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

DYSKW. ZDANOWICZ Paweł 05 MKP „Atol" Ole nica

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

17 - 18 lat

| | | | | | | |
|--------|--------------------|-----------------------------------|----------------|-----|-------|-------|
| 1. | WARZOCHA Gustaw | 04 KS Warta Pozna | 1:02.12 | 704 | 28.86 | 33.26 |
| 2. | URBA SKI Filip | 04 UKS G-8 Bielany Warszawa | 1:02.63 | 687 | 29.47 | 33.16 |
| 3. | ISKRA Szymon | 04 UKS Pi tka Konstantynów Łódzki | 1:03.15 | 670 | 29.82 | 33.33 |
| 4. | ŁUPI SKI Mateusz | 05 UKP „Polonia Warszawa" | 1:03.45 | 661 | 28.91 | 34.54 |
| 5. | LOTER Bartosz | 05 UKP Unia O wi cim | 1:03.48 | 660 | 29.93 | 33.55 |
| 6. | LIS Jan | 04 KS KSZO Ostrowiec w. | 1:04.08 | 642 | 29.85 | 34.23 |
| 7. | KALISZEWSKI Adrian | 04 Ks "Marlin Mława" | 1:04.63 | 625 | 29.81 | 34.82 |
| 8. | KUCHARCZYK Paweł | 05 UKP „Polonia Warszawa" | 1:06.19 | 582 | 30.49 | 35.70 |
| 9. | CHALUPNIK Jiri | 04 Sport Club Pardubice | 1:06.58 | 572 | 31.43 | 35.15 |
| 10. | WIERCI SKI Kacper | 04 MKP Szczecin | 1:06.87 | 564 | 31.97 | 34.90 |
| 11. | JANIAK Jakub | 05 TP Zielona Góra | 1:07.78 | 542 | 31.23 | 36.55 |
| 12. | LITEWSKI Mikołaj | 04 UKP „Polonia Warszawa" | 1:09.64 | 500 | 32.25 | 37.39 |
| 13. | BIELEWICZ Jan | 05 KS Warta Pozna | 1:10.99 | 472 | 33.06 | 37.93 |
| DYSKW. | ZDANOWICZ Paweł | 05 MKP „Atol" Ole nica | | | | |

K1 - Pływak wykonał kopni cie delfinowe po pierwszym kopni ciu do stylu klasycznego (pierwszy ruch po starcie lub nawrocie).

16 lat

| | | | | | | |
|-----|----------------------|-----------------------------|----------------|-----|-------|-------|
| 1. | MAKSAJDA Kacper | 06 TP Skalar Słupsk | 1:03.51 | 659 | 30.00 | 33.51 |
| 2. | KRÓL Aleksander | 06 MKP Szczecin | 1:05.93 | 589 | 30.71 | 35.22 |
| 3. | KRASOWSKI Szymon | 06 KS Poshania Pozna | 1:08.25 | 531 | 31.48 | 36.77 |
| 4. | WASILEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 1:08.68 | 521 | 31.24 | 37.44 |
| 5. | PORWIK Kacper | 06 UKP Unia O wi cim | 1:08.71 | 520 | 32.80 | 35.91 |
| 6. | JASI SKI Kacper | 06 MUKP Korona-Swim Kielce | 1:08.92 | 516 | 32.09 | 36.83 |
| 7. | MAJEWSKI Kacper | 06 UKS G-8 Bielany Warszawa | 1:09.01 | 514 | 32.07 | 36.94 |
| 8. | NIECKARZ Paweł | 06 UKS 190 Łód | 1:09.85 | 495 | 32.67 | 37.18 |
| 9. | WŁOCZEWSKI Karol | 06 MPKS Orka Ciechanów | 1:10.41 | 483 | 32.68 | 37.73 |
| 10. | PRZE DZIAK Stanisław | 06 UKP „Polonia Warszawa" | 1:11.17 | 468 | 33.53 | 37.64 |
| 11. | JEDLI SKI Mateusz | 06 UKP „Polonia Warszawa" | 1:12.11 | 450 | 33.46 | 38.65 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 26, M czynn, 100m klasyczny

15 lat

| | | | | | | | |
|-----|--------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | LVUTIN Lev | 07 | UKS Tri-Team Rumia | 1:04.38 | 633 | 30.35 | 34.03 |
| 2. | SZAFRA SKI Kamil | 07 | KS Warta Pozna | 1:07.73 | 543 | 31.64 | 36.09 |
| 3. | KRUK Franciszek | 07 | UKS „GIM 92 Ursynów” | 1:08.15 | 533 | 30.98 | 37.17 |
| 4. | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | 1:08.20 | 532 | 32.10 | 36.10 |
| 5. | PRONIN Patryk | 07 | MKP Szczecin | 1:08.33 | 529 | 32.11 | 36.22 |
| 6. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:08.64 | 522 | 32.37 | 36.27 |
| 7. | GAJDA Jan | 07 | MKS Trójka Łód | 1:08.72 | 520 | 31.86 | 36.86 |
| 8. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:09.74 | 498 | 32.10 | 37.64 |
| 9. | BOSIACKI Kamil | 07 | KS Posenania Pozna | 1:09.76 | 497 | 31.63 | 38.13 |
| 10. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 1:11.13 | 469 | 33.86 | 37.27 |
| 11. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 1:12.52 | 442 | 33.96 | 38.56 |
| 12. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 1:13.02 | 433 | 34.42 | 38.60 |
| 13. | ABI SKI Igor | 07 | UKS Tri-Team Rumia | 1:13.77 | 420 | 35.70 | 38.07 |
| 14. | SKROBISZ Michał | 07 | UKS 190 Łód | 1:14.17 | 414 | 34.93 | 39.24 |

14 lat

| | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 1:06.62 | 571 | 31.18 | 35.44 |
| 2. | RADZIKOWSKI Szymon | 08 | WKS I sk | 1:07.70 | 544 | 31.85 | 35.85 |
| 3. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:10.06 | 491 | 32.37 | 37.69 |
| 4. | KALISZEWSKI Patryk | 08 | Ks "Marlin Mława" | 1:11.57 | 460 | 33.44 | 38.13 |
| 5. | YWICKI Wiktor | 08 | UKS „Ósemka" Toru | 1:12.02 | 452 | 33.90 | 38.12 |
| 6. | NOWAKOWSKI Kuba | 08 | Uks Cityzen | 1:12.20 | 448 | 34.02 | 38.18 |
| 7. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 1:12.39 | 445 | 34.69 | 37.70 |
| 8. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa" | 1:12.58 | 441 | 34.33 | 38.25 |
| 9. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 1:14.71 | 405 | 34.55 | 40.16 |
| 10. | PAWLAK Dawid | 08 | UKS 190 Łód | 1:15.01 | 400 | 35.90 | 39.11 |
| 11. | KAMI SKI Maciej | 08 | MKP Szczecin | 1:17.47 | 363 | 36.89 | 40.58 |
| 12. | LESZCZY SKI Filip | 08 | UKS 190 Łód | 1:18.50 | 349 | 36.69 | 41.81 |
| 13. | WERTE Ludwik | 08 | Dwójka Morena Gda sk | 1:23.81 | 286 | 38.68 | 45.13 |
| 14. | ŁATKA Aleksander | 08 | KP Aquapark W growiec | 1:27.46 | 252 | 40.85 | 46.61 |
| 15. | KUNKEL Mikołaj | 08 | Dwójka Morena Gda sk | 1:31.10 | 223 | 43.29 | 47.81 |

Konkurencja 27

Kobiet, 100m klasyczny

14 lat i starsi

2022.11.13 - 12:28

Wyniki

Rekord Polski 1:04.01 SZTANDERA Dominika POL Olsztyn 2020.12.17

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:04.81 / Min. do sztafety na M (25m) Melbourne 2022 Open: 1:05.46

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|------------------------|-------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | SZTANDERA Dominika | 97 | MKS Juvenia Wrocław | 1:05.18 | 875 | 30.60 | 34.58 |
| 2. | MAZURKIEWICZ Barbara | 01 | KU AZS Uniwersytetu Warszawskiego | 1:06.93 | 808 | 31.51 | 35.42 |
| 3. | HALLMANN Weronika | 00 | AZS AWF Warszawa | 1:07.72 | 780 | 31.54 | 36.18 |
| 4. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 1:08.94 | 740 | 32.34 | 36.60 |
| 5. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa" | 1:09.68 | 716 | 32.73 | 36.95 |
| 6. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | 1:09.82 | 712 | 32.87 | 36.95 |
| 7. | PLÍHALOVÁ Anna | 99 | Ústecká akademie plaveckých sport | 1:10.12 | 703 | 33.08 | 37.04 |
| 8. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:10.81 | 683 | 33.28 | 37.53 |
| 9. | OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:11.06 | 675 | 33.76 | 37.30 |
| 10. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 1:11.13 | 673 | 33.04 | 38.09 |
| 11. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:11.83 | 654 | 33.81 | 38.02 |
| 12. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 1:12.25 | 642 | 34.14 | 38.11 |
| 13. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 1:12.34 | 640 | 33.89 | 38.45 |
| 14. | TURBA SKA Marta | 07 | WKS I sk | 1:12.37 | 639 | 34.29 | 38.08 |
| 15. | FISEROVA Marketa | 05 | Sport Club Pardubice | 1:12.50 | 636 | 33.85 | 38.65 |
| 16. | KOT Emilia | 07 | TP Zielona Góra | 1:12.73 | 630 | 34.44 | 38.29 |
| 17. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa" | 1:13.54 | 609 | 34.26 | 39.28 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 27, Kobiety, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-------------------------|------|-----------------------------------|----------------|------|-------|---------|
| 18. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:13.66 | 606 | 34.25 | 39.41 |
| 19. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:13.68 | 606 | 34.49 | 39.19 |
| | JAKUBOWSKA Izabela | 98 | TP Olimpijczyk Aleksandrów Łódzki | 1:13.68 | 606 | 34.12 | 39.56 |
| 21. | BIELAWA Anna | 06 | WKS I sk | 1:13.88 | 601 | 34.39 | 39.49 |
| 22. | JAROSZ Helena | 06 | UKP Unia O wi cim | 1:14.01 | 598 | 34.64 | 39.37 |
| 23. | FAMULOK Zuzanna | 03 | AZS AWF Katowice | 1:14.07 | 596 | 35.70 | 38.37 |
| 24. | ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 1:14.08 | 596 | 34.36 | 39.72 |
| 25. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:14.12 | 595 | 35.06 | 39.06 |
| 26. | S DŁAK Alicja | 05 | MKS Jedyńka Łód | 1:14.24 | 592 | 34.97 | 39.27 |
| 27. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:14.31 | 590 | 35.00 | 39.31 |
| 28. | RUSSEK Agata | 03 | KU AZS Uniwersytetu Warszawskiego | 1:14.55 | 585 | 35.04 | 39.51 |
| 29. | PRZYBYLSKA Oliwia | 07 | KU AZS UMCS Lublin | 1:14.72 | 581 | 35.34 | 39.38 |
| 30. | SKROK Julia | 07 | WKS I sk | 1:14.96 | 575 | 35.05 | 39.91 |
| 31. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 1:15.93 | 553 | 35.72 | 40.21 |
| 32. | SULAK Antonina | 06 | UKS Pi tka Konstanyńów Łódzki | 1:16.20 | 548 | 36.60 | 39.60 |
| 33. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:16.41 | 543 | 35.95 | 40.46 |
| 34. | KOTENKO Mariia | 06 | MKP Szczecin | 1:16.64 | 538 | 35.30 | 41.34 |
| 35. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:16.76 | 536 | 36.56 | 40.20 |
| 36. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:16.96 | 532 | 36.29 | 40.67 |
| 37. | KAROLCZAK Pola | 06 | MUKS "Pi tnastka" | 1:17.18 | 527 | 35.76 | 41.42 |
| 38. | HABARTA Larysa | 08 | UKS Aquatica Pawłowice | 1:17.50 | 520 | 36.25 | 41.25 |
| 39. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:17.59 | 519 | 36.04 | 41.55 |
| 40. | POLOK Dominika | 07 | UKS MOS w Opolu | 1:18.20 | 507 | 36.26 | 41.94 |
| 41. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:18.97 | 492 | 37.06 | 41.91 |
| 42. | RYCHTER Marta | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:19.13 | 489 | 37.43 | 41.70 |
| 43. | ZIELI SKA Małgorzata | 08 | UKS abianka Gda sk | 1:20.45 | 465 | 37.99 | 42.46 |
| 44. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:20.52 | 464 | 37.88 | 42.64 |
| 45. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:20.69 | 461 | 38.53 | 42.16 |
| 46. | SKORYKOW Lena | 08 | UKS Ostrobramska | 1:20.95 | 457 | 37.59 | 43.36 |
| 47. | MIKUŁA Natalia | 06 | UKS 190 Łód | 1:21.30 | 451 | 38.27 | 43.03 |
| 48. | WARSI SKA Julia | 07 | MUKS "Pi tnastka" | 1:22.31 | 434 | 38.65 | 43.66 |
| 49. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:22.36 | 434 | 37.90 | 44.46 |
| 50. | MOLAK Aniela | 07 | UKS Ostrobramska | 1:22.93 | 425 | 38.15 | 44.78 |
| 51. | NAJI Kamila | 08 | MKS Trójka Łód | 1:23.62 | 414 | 40.26 | 43.36 |
| 52. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:23.95 | 409 | 38.13 | 45.82 |
| 53. | WAWRZYŃIAK Julia | 07 | Grupa 5Styl | 1:29.14 | 342 | 42.30 | 46.84 |
| 54. | PACZESNA Laura | 07 | KP Aquapark W growiec | 1:41.91 | 229 | 47.07 | 54.84 |
| 55. | GOROCKIEWICZ Sylwia | 75 | KS Warta Pozna | 2:10.03 | 110 | 59.35 | 1:10.68 |

17 - 18 lat

| | | | | | | | |
|-----|---------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa" | 1:09.68 | 716 | 32.73 | 36.95 |
| 2. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:10.81 | 683 | 33.28 | 37.53 |
| 3. | FISEROVA Marketa | 05 | Sport Club Pardubice | 1:12.50 | 636 | 33.85 | 38.65 |
| 4. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa" | 1:13.54 | 609 | 34.26 | 39.28 |
| 5. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:13.66 | 606 | 34.25 | 39.41 |
| 6. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:13.68 | 606 | 34.49 | 39.19 |
| 7. | ZIELI SKA Maria | 04 | MPKS Orka Ciechanów | 1:14.08 | 596 | 34.36 | 39.72 |
| 8. | S DŁAK Alicja | 05 | MKS Jedyńka Łód | 1:14.24 | 592 | 34.97 | 39.27 |
| 9. | MACIUSZEK Wiktoria | 04 | KS SWIM-ART Wrocław | 1:15.93 | 553 | 35.72 | 40.21 |
| 10. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:16.96 | 532 | 36.29 | 40.67 |
| 11. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:18.97 | 492 | 37.06 | 41.91 |

16 lat

| | | | | | | | |
|----|-------------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | SOBCZAK Zofia | 06 | UKS G-8 Bielany Warszawa | 1:08.94 | 740 | 32.34 | 36.60 |
| 2. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | 1:09.82 | 712 | 32.87 | 36.95 |
| 3. | KAMI SKA Zuzanna | 06 | KS KSZO Ostrowiec w. | 1:12.25 | 642 | 34.14 | 38.11 |
| 4. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 1:12.34 | 640 | 33.89 | 38.45 |
| 5. | BIELAWA Anna | 06 | WKS I sk | 1:13.88 | 601 | 34.39 | 39.49 |
| 6. | JAROSZ Helena | 06 | UKP Unia O wi cim | 1:14.01 | 598 | 34.64 | 39.37 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 27, Dziewcząt, 100m klasyczny, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|----------------|----------------------------------|----------------|------|-------|-------|
| 7. | SULAK Antonina | 06 UKS Piłka Konstantynów Łódzki | 1:16.20 | 548 | 36.60 | 39.60 |
| 8. | KOTENKO Mariia | 06 MKP Szczecin | 1:16.64 | 538 | 35.30 | 41.34 |
| 9. | KAROLCZAK Pola | 06 MUKS "Piłkarska" | 1:17.18 | 527 | 35.76 | 41.42 |
| 10. | PERUZKOVA Nela | 06 Sport Club Pardubice | 1:20.69 | 461 | 38.53 | 42.16 |
| 11. | MIKULA Natalia | 06 UKS 190 Łódź | 1:21.30 | 451 | 38.27 | 43.03 |
| 12. | MILKUS Alicja | 06 UKS Ostrobramska | 1:23.95 | 409 | 38.13 | 45.82 |

15 lat

| | | | | | | |
|-----|--------------------|--------------------------------------|----------------|-----|-------|-------|
| 1. | BORKOWSKA Dominika | 07 UKS „Omega” Olkusz | 1:11.13 | 673 | 33.04 | 38.09 |
| 2. | KAWKA Zuzanna | 07 KU AZS UAM Poznań | 1:11.83 | 654 | 33.81 | 38.02 |
| 3. | TURBASKA Marta | 07 WKS Łódź | 1:12.37 | 639 | 34.29 | 38.08 |
| 4. | KOT Emilia | 07 TP Zielona Góra | 1:12.73 | 630 | 34.44 | 38.29 |
| 5. | PIETRZYK Hanna | 07 TP Olimpijczyk Aleksandrów Łódzki | 1:14.12 | 595 | 35.06 | 39.06 |
| 6. | PRZYBYLSKA Oliwia | 07 KU AZS UMCS Lublin | 1:14.72 | 581 | 35.34 | 39.38 |
| 7. | SKROK Julia | 07 WKS Łódź | 1:14.96 | 575 | 35.05 | 39.91 |
| 8. | PLAGA Olga | 07 TP Skalar Słupsk | 1:16.76 | 536 | 36.56 | 40.20 |
| 9. | HLAVATA Eliska | 07 Sport Club Pardubice | 1:17.59 | 519 | 36.04 | 41.55 |
| 10. | POLOK Dominika | 07 UKS MOS w Opolu | 1:18.20 | 507 | 36.26 | 41.94 |
| 11. | BRANDYSKA Aneta | 07 Sport Club Pardubice | 1:20.52 | 464 | 37.88 | 42.64 |
| 12. | WARSI SKA Julia | 07 MUKS "Piłkarska" | 1:22.31 | 434 | 38.65 | 43.66 |
| 13. | MOLAK Aniela | 07 UKS Ostrobramska | 1:22.93 | 425 | 38.15 | 44.78 |
| 14. | WAWRZYNIAK Julia | 07 Grupa 5Styl | 1:29.14 | 342 | 42.30 | 46.84 |
| 15. | PACZESNA Laura | 07 KP Aquapark Wągrowiec | 1:41.91 | 229 | 47.07 | 54.84 |

14 lat

| | | | | | | |
|----|-------------------------|--------------------------------------|----------------|-----|-------|-------|
| 1. | CRHOVA Charlene Daniela | 08 Sport Club Pardubice | 1:14.31 | 590 | 35.00 | 39.31 |
| 2. | CIEPLUCHA Bianka | 08 SKS 137 Delfin Łódź | 1:16.41 | 543 | 35.95 | 40.46 |
| 3. | HABARTA Larysa | 08 UKS Aquatica Pawłowie | 1:17.50 | 520 | 36.25 | 41.25 |
| 4. | RYCHTER Marta | 08 TP Olimpijczyk Aleksandrów Łódzki | 1:19.13 | 489 | 37.43 | 41.70 |
| 5. | ZIELI SKA Małgorzata | 08 UKS Łabianka Gdańsk | 1:20.45 | 465 | 37.99 | 42.46 |
| 6. | SKORYKOW Lena | 08 UKS Ostrobramska | 1:20.95 | 457 | 37.59 | 43.36 |
| 7. | JADCZUK Estella | 08 MKS Znicz Koszalin | 1:22.36 | 434 | 37.90 | 44.46 |
| 8. | NAJI Kamila | 08 MKS Trójka Łódź | 1:23.62 | 414 | 40.26 | 43.36 |

Konkurencja 28

Mężczyźni, 50m motylkowy

14 lat i starsi

2022.11.13 - 12:32

Wyniki

Rekord Polski 22.08 CIEPLAK Marcin POL Olsztyn 2020.12.18

Min. indywidualne na M (25m) Melbourne 2022 Open: 22.02 / Min. do sztafety na M (25m) Melbourne 2022 Open: 22.24

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|----------------------|--------------------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | ŠEFL Jan | 90 Ústecká akademie plaveckých sport | 23.14 | 830 |
| 2. | SMOLIKSKI Paweł | 01 AZS AWF Katowice | 23.15 | 829 |
| 3. | GRACIK Daniel | 04 Sport Club Pardubice | 23.27 | 816 |
| 4. | MASIUK Ksawery | 04 UKS G-8 Bielany Warszawa | 23.58 | 784 |
| 5. | POPRAWA Michał | 94 AZS AWF Katowice | 23.64 | 778 |
| 6. | JAKUB KIEWICZ Adrian | 02 UKS G-8 Bielany Warszawa | 23.77 | 766 |
| 7. | CHOWANIEC Mateusz | 03 AZS AWF Katowice | 23.82 | 761 |
| 8. | CZAPLA Kacper | 04 MKP Szczecin | 23.95 | 748 |
| 9. | FALARZ Mateusz | 05 UKS G-8 Bielany Warszawa | 24.33 | 714 |
| 10. | CHUDY Michał | 97 UPKS Wodnik Rawicz | 24.42 | 706 |
| 11. | SZAL Mateusz | 00 UKS MOS w Opolu | 24.44 | 704 |
| 12. | GULIKSKI Maciej | 04 KU AZS Uniwersytetu Warszawskiego | 24.47 | 702 |
| | CZESZEWSKI Krystian | 01 MKP Szczecin | 24.47 | 702 |
| 14. | PRUSZYNSKI Michał | 04 TP Zielona Góra | 24.61 | 690 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 28, Mężczyźni, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------------|---------|------------------------------------|--------------|------|
| 15. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 24.67 | 685 |
| 16. | STACHURSKI Jerzy | 04 | UKS G-8 Bielany Warszawa | 24.74 | 679 |
| 17. | RÓŻYCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 24.77 | 677 |
| 18. | CHRZANOWSKI Damian | 98 | WKS I sk | 24.81 | 673 |
| 19. | STYBICKI Aleksander | 06 | UKP „Polonia Warszawa” | 24.83 | 672 |
| 20. | CIARCZYŃSKI Janusz | 01 | MKP Szczecin | 24.92 | 664 |
| 21. | BIEROŃSKI Michał | 99 | MKP Szczecin | 24.95 | 662 |
| 22. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 25.09 | 651 |
| 23. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 25.12 | 649 |
| 24. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 25.26 | 638 |
| 25. | KOLAŃCZYK Kacper | 02 | MKP Szczecin | 25.28 | 636 |
| 26. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 25.30 | 635 |
| 27. | MICHTA Bartosz | 05 | KS KSZO Ostrowiec w. | 25.38 | 629 |
| 28. | ŁANGOWSKI Maciej | 02 | KS Warta Poznań | 25.45 | 624 |
| | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łódź | 25.45 | 624 |
| 30. | KOWALIK Piotr | 91 | KU AZS UAM Poznań | 25.49 | 621 |
| 31. | BARCZYK Jan | 03 | UKS „Omega” Olkusz | 25.55 | 616 |
| 32. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wodny | 25.60 | 613 |
| 33. | PASZKOWSKI Błażej | 06 | KU AZS UMCS Lublin | 25.70 | 606 |
| | TKACZ Wiktor | 05 | MKS Piaseczno | 25.70 | 606 |
| 35. | ZIELIŃSKI Konrad | 03 | UKS 190 Łódź | 25.71 | 605 |
| 36. | KNOPP Jarosław | 04 | MUKS "Piłkarska" | 25.74 | 603 |
| 37. | BILSKI Bartosz | 02 | KS SWIM-ART Wrocław | 25.88 | 593 |
| 38. | WOJNIAK Maciej | 00 | UKS 190 Łódź | 26.00 | 585 |
| 39. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 26.05 | 582 |
| 40. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 26.10 | 578 |
| 41. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa” | 26.23 | 570 |
| 42. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 26.24 | 569 |
| 43. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 26.25 | 568 |
| 44. | WIEK Błażej | 05 | UKS abianka Gdańsk | 26.26 | 568 |
| 45. | SZCZEPANIUK Stanisław | 05 | UKS "V" Łomianki | 26.28 | 566 |
| 46. | JĘDRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 26.29 | 566 |
| 47. | GOSIŃSKI Michał | 03 | UKS „GIM 92 Ursynów” | 26.34 | 563 |
| 48. | CHUPKA Patryk | 05 | WKS I sk | 26.36 | 561 |
| 49. | MIGLAK Maksymilian | 07 | KU AZS UAM Poznań | 26.41 | 558 |
| | PAWŁOWSKI Michał | 05 | UKS "V" Łomianki | 26.41 | 558 |
| 51. | UJEC Maksymilian | 04 | KS SWIM-ART Wrocław | 26.47 | 554 |
| 52. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.50 | 552 |
| 53. | LICKUN Tycjan | 05 | MKP Szczecin | 26.55 | 549 |
| 54. | ROMANOWSKI Dawid | 03 | UKS Piłkarska Konstancinów Łódzki | 26.61 | 546 |
| 55. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 26.76 | 536 |
| 56. | KRYSIAK Kacper | 04 | MKS Trójka Łódź | 26.77 | 536 |
| 57. | KOBUS Tymoteusz | 05 | UKS abianka Gdańsk | 26.79 | 535 |
| 58. | OKTABOWICZ Piotr | 06 | UKS Olympic Warka | 26.80 | 534 |
| 59. | ZDANOWSKI Filip | 02 | AZS AWF Warszawa | 26.81 | 533 |
| | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 26.81 | 533 |
| 61. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 26.88 | 529 |
| 62. | BELZYŃSKI Maksymilian | 05 | UKS abianka Gdańsk | 26.90 | 528 |
| 63. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 27.04 | 520 |
| 64. | FILIPIAK Mateusz | 07 | MUKS "Piłkarska" | 27.13 | 515 |
| 65. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.20 | 511 |
| 66. | NOVOTNY Adam | 07 | Sport Club Pardubice | 27.21 | 510 |
| | PIŁKARSKI Olivier | 04 | MUKS "Piłkarska" | 27.21 | 510 |
| 68. | HUBIŃSKI Olivier | 07 | KS Delfin Gdynia | 27.25 | 508 |
| | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 27.25 | 508 |
| 70. | PARADOWSKI Michał | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.34 | 503 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---|---------|--|---------------|------|
| 70. | URBA SKI Maciej | 06 | Mokotowski UKP Warszawianka- Wodny | F27.34 | 503 |
| 72. | WO NICKI Dominik | 06 | UKP Unia O wi cim | 27.39 | 500 |
| 73. | YEVDOKIMOV Dmytro | 06 | Mokotowski UKP Warszawianka- Wodny | F27.43 | 498 |
| 74. | ACZEK Hubert | 08 | KS „Wisła” Puławy | 27.44 | 497 |
| 75. | JASI SKI Kacper | 06 | MUKP Korona-Swim Kielce | 27.48 | 495 |
| 76. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa” | 27.51 | 494 |
| 77. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 27.54 | 492 |
| 78. | MINISZEWSKI Sebastian | 04 | MUKS "Pi tnastka" | 27.57 | 490 |
| | HLUSHCHENKO Zakhar | 06 | UKS 190 Łód | 27.57 | 490 |
| 80. | DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 27.65 | 486 |
| 81. | KASPRZAK Krzysztof | 05 | MKS Piaseczno | 27.67 | 485 |
| 82. | KUŁTON Jakub | 07 | KS Warta Pozna | 27.70 | 484 |
| | M DREK Krzysztof | 06 | UKS „Omega” Olkusz | 27.70 | 484 |
| 84. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 27.73 | 482 |
| 85. | LIPIEC Maciej | 06 | WKS I sk | 27.77 | 480 |
| 86. | ALEKSANDER Jakub | 02 | MKP Szczecin | 27.80 | 478 |
| 87. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa” | 27.90 | 473 |
| 88. | GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 27.92 | 472 |
| 89. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 27.94 | 471 |
| 90. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 27.99 | 469 |
| 91. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 28.18 | 459 |
| 92. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 28.40 | 449 |
| 93. | BURZY SKI Oskar | 06 | MKP Szczecin | 29.06 | 419 |
| 94. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 29.15 | 415 |
| 95. | STARO Filip | 08 | UKS abianka Gda sk | 29.39 | 405 |
| 96. | ZAWIEJA Stanisław | 05 | KS Warta Pozna | 29.56 | 398 |
| 97. | KRUPA Borys | 06 | UKP „Polonia Warszawa” | 29.79 | 389 |
| 98. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 30.19 | 373 |
| 99. | PAWLAK Dawid | 08 | UKS 190 Łód | 30.36 | 367 |
| 100. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 30.51 | 362 |
| 101. | WERWI SKI Mateusz | 07 | MKP Astromal-Leszno | 30.58 | 359 |
| 102. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa” | 30.63 | 358 |
| 103. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów” | 31.21 | 338 |
| 104. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 31.52 | 328 |
| 105. | WIADERNY Maksym | 06 | MKS Trójka Łód | 32.02 | 313 |
| 106. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów” | 34.01 | 261 |
| 107. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa” | 36.19 | 217 |
| DYSKW. | WIERASZKA Bartosz | 07 | TP Zielona Góra | | |
| | <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | |
| DYSKW. | JANKOWSKI Przemysław | 05 | UKS abianka Gda sk | | |
| | <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | | |
| NW | OSTROWSKI Karol | 99 | MKP Szczecin | | |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |
| NW | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | | |

17 - 18 lat

| | | | | | |
|----|-----------------------|----|-----------------------------------|--------------|-----|
| 1. | GRACIK Daniel | 04 | Sport Club Pardubice | 23.27 | 816 |
| 2. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 23.58 | 784 |
| 3. | CZAPLA Kacper | 04 | MKP Szczecin | 23.95 | 748 |
| 4. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 24.33 | 714 |
| 5. | GULI SKI Maciej | 04 | KU AZS Uniwersytetu Warszawskiego | 24.47 | 702 |
| 6. | PRUSZY SKI Michał | 04 | TP Zielona Góra | 24.61 | 690 |
| 7. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 24.67 | 685 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, Chłopców, 50m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------|--------------|------|
| 8. | 04 | UKS G-8 Bielany Warszawa | 24.74 | 679 |
| 9. | 05 | UKS „GIM 92 Ursynów” | 24.77 | 677 |
| 10. | 04 | UKS "V" Łomianki | 25.09 | 651 |
| 11. | 04 | IUKS „Muszelka” Warszawa | 25.12 | 649 |
| 12. | 04 | KS KSZO Ostrowiec w. | 25.26 | 638 |
| 13. | 05 | UKP „Polonia Warszawa” | 25.30 | 635 |
| 14. | 05 | KS KSZO Ostrowiec w. | 25.38 | 629 |
| 15. | 04 | MKS Trójka Łód | 25.45 | 624 |
| 16. | 05 | MKS Piaseczno | 25.70 | 606 |
| 17. | 04 | MUKS "Pi tnaстка" | 25.74 | 603 |
| 18. | 05 | MUKP Korona-Swim Kielce | 26.05 | 582 |
| 19. | 05 | UKS abianka Gda sk | 26.26 | 568 |
| 20. | 05 | UKS "V" Łomianki | 26.28 | 566 |
| 21. | 04 | UKS „GIM 92 Ursynów” | 26.29 | 566 |
| 22. | 05 | WKS I sk | 26.36 | 561 |
| 23. | 05 | UKS "V" Łomianki | 26.41 | 558 |
| 24. | 04 | KS SWIM-ART Wrocław | 26.47 | 554 |
| 25. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.50 | 552 |
| 26. | 05 | MKP Szczecin | 26.55 | 549 |
| 27. | 04 | KS KSZO Ostrowiec w. | 26.76 | 536 |
| 28. | 04 | MKS Trójka Łód | 26.77 | 536 |
| 29. | 05 | UKS abianka Gda sk | 26.79 | 535 |
| 30. | 05 | UKS „GIM 92 Ursynów” | 26.88 | 529 |
| 31. | 05 | UKS abianka Gda sk | 26.90 | 528 |
| 32. | 04 | Sport Club Pardubice | 27.04 | 520 |
| 33. | 04 | MUKS "Pi tnaстка" | 27.21 | 510 |
| 34. | 04 | MUKS "Pi tnaстка" | 27.57 | 490 |
| 35. | 05 | MKS Piaseczno | 27.67 | 485 |
| 36. | 05 | UKP „Polonia Warszawa” | 27.90 | 473 |
| 37. | 05 | KS Warta Pozna | 29.56 | 398 |
| DYSKW. | 05 | UKS abianka Gda sk | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW MATOFIJ Mikołaj 05 UKS Siódemka Gdynia

16 lat

| | | | | |
|-----|----|------------------------------------|---------------|-----|
| 1. | 06 | UKP „Polonia Warszawa” | 24.83 | 672 |
| 2. | 06 | Mokotowski UKP Warszawianka- Wodny | F25.60 | 613 |
| 3. | 06 | KU AZS UMCS Lublin | 25.70 | 606 |
| 4. | 06 | UKS Olympic Warka | 26.80 | 534 |
| 5. | 06 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.34 | 503 |
| | 06 | Mokotowski UKP Warszawianka- Wodny | F27.34 | 503 |
| 7. | 06 | UKP Unia O wi cim | 27.39 | 500 |
| 8. | 06 | Mokotowski UKP Warszawianka- Wodny | F27.43 | 498 |
| 9. | 06 | MUKP Korona-Swim Kielce | 27.48 | 495 |
| 10. | 06 | UKS abianka Gda sk | 27.54 | 492 |
| 11. | 06 | UKS 190 Łód | 27.57 | 490 |
| 12. | 06 | UKS „Omega” Olkusz | 27.70 | 484 |
| 13. | 06 | WKS I sk | 27.77 | 480 |
| 14. | 06 | MKP Szczecin | 29.06 | 419 |
| 15. | 06 | UKP „Polonia Warszawa” | 29.79 | 389 |
| 16. | 06 | MKS Trójka Łód | 32.02 | 313 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 28, M czynn, 50m motylkowy

15 lat

| | | | | | |
|--------|---------------------|----|--|--------------|-----|
| 1. | GORAJ Bartłomiej | 07 | UKS „Omega” Olkusz | 26.10 | 578 |
| 2. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 26.24 | 569 |
| 3. | MIGŁAK Maksymilian | 07 | KU AZS UAM Pozna | 26.41 | 558 |
| 4. | ANTOSIK Kacper | 07 | UKS G-8 Bielany Warszawa | 26.81 | 533 |
| 5. | FILIPIAK Mateusz | 07 | MUKS "Pi tnastrka" | 27.13 | 515 |
| 6. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 27.20 | 511 |
| 7. | NOVOTNY Adam | 07 | Sport Club Pardubice | 27.21 | 510 |
| 8. | HUBI SKI Olivier | 07 | KS Delfin Gdynia | 27.25 | 508 |
| 9. | MRUGAŁA Michał | 07 | UKP „Polonia Warszawa" | 27.51 | 494 |
| 10. | DWORAKOWSKI Bła ej | 07 | KS Delfin Gdynia | 27.65 | 486 |
| 11. | KUŁTON Jakub | 07 | KS Warta Pozna | 27.70 | 484 |
| 12. | KUSEK Mateusz | 07 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 27.73 | 482 |
| 13. | GRZYWI SKI Jakub | 07 | KU AZS UMCS Lublin | 27.92 | 472 |
| 14. | TROSZCZY SKI Szymon | 07 | Uks Cityzen | 27.99 | 469 |
| 15. | WERWI SKI Mateusz | 07 | MKP Astromal-Leszno | 30.58 | 359 |
| 16. | MIELCZAREK Maciej | 07 | UKP „Polonia Warszawa" | 30.63 | 358 |
| 17. | CYGA SKI Krzysztof | 07 | UKS „GIM 92 Ursynów" | 31.21 | 338 |
| 18. | KRAS Mateusz | 07 | UKS „GIM 92 Ursynów" | 34.01 | 261 |
| DYSKW. | WIERASZKA Bartosz | 07 | TP Zielona Góra | | |

M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

14 lat

| | | | | | |
|-----|-----------------------|----|--------------------------|--------------|-----|
| 1. | OSÓBKA-MORAWSKI Eryk | 08 | UKP „Polonia Warszawa" | 26.23 | 570 |
| 2. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 26.25 | 568 |
| 3. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 27.25 | 508 |
| 4. | ACZEK Hubert | 08 | KS „Wisła" Puławy | 27.44 | 497 |
| 5. | GWIAZDOWSKI Krzysztof | 08 | MKS Piaseczno | 27.94 | 471 |
| 6. | RUTKIEWICZ Łukasz | 08 | KS Warta Pozna | 28.18 | 459 |
| 7. | PIETRZYK Antoni | 08 | KU AZS UAM Pozna | 28.40 | 449 |
| 8. | SKULSKI Ryszard | 08 | UKS Olympic Warka | 29.15 | 415 |
| 9. | STARO Filip | 08 | UKS abianka Gda sk | 29.39 | 405 |
| 10. | KUBICA Wiktor | 08 | UKS "V" Łomianki | 30.19 | 373 |
| 11. | PAWLAK Dawid | 08 | UKS 190 Łód | 30.36 | 367 |
| 12. | MACKIEWICZ Piotr | 08 | UKS "V" Łomianki | 30.51 | 362 |
| 13. | PIOTROWSKI Jakub | 08 | UKS Tri-Team Rumia | 31.52 | 328 |
| 14. | NIEMCZURA Wiktor | 08 | UKP „Polonia Warszawa" | 36.19 | 217 |
| NW | POTEMPA Igor | 08 | Uks Cityzen | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 29 Kobiet, 50m motylkowy 14 lat i starsi
2022.11.13 - 12:42 Wyniki

Rekord Polski 25.36 URBANCZYK Aleksandra POL Berlin (GER) 2017.08.06

Min. indywidualne na M (25m) Melbourne 2022 Open: 24.55 / Min. do sztafety na M (25m) Melbourne 2022 Open: 26.80

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|---|---------------|------|
| 14 lat i starsi | | | | |
| 1. | 98 | PEDA Paulina AZS AWF Katowice | 25.88 | 836 |
| 2. | 90 | DOWGIERT Anna KS Warta Pozna | 26.18 | 807 |
| 3. | 03 | MAIK Julia Kaliski Klub Sportowy „Włókniarz” 1925 | 26.60 | 769 |
| 4. | 02 | WI TEK Joanna UKS "Feniks" D bica | 26.94 | 741 |
| 5. | 05 | CIERPIAŁOWSKA Paulina KS Barrakuda Gda sk | 27.29 | 713 |
| 6. | 02 | NABOJ ENKO Daryna Ústecká akademie plaveckých sport | 27.45 | 700 |
| 7. | 01 | CIEPLAK Aleksandra AZS AWF Katowice | 27.87 | 669 |
| | 06 | KOLA CZYK Wiktoria KS Posnania Pozna | 27.87 | 669 |
| 9. | 00 | SOLAK Anna KS AZS AGH Kraków | 27.94 | 664 |
| 10. | 00 | DOM ALSKA Wiktoria AZS AWF Katowice | 28.32 | 638 |
| 11. | 06 | BUBNOWICZ Waleria Grudzi dzki KP „Orka” | 28.51 | 625 |
| 12. | 04 | SIENKIEWICZ Martyna MUKS "Pi tnastka” | 28.58 | 620 |
| 13. | 04 | WO NICA Milena UKS abianka Gda sk | 28.96 | 596 |
| 14. | 05 | WIDERSKA Joanna UKS Nawa Skierniewice | 29.09 | 588 |
| 15. | 06 | BIEGA SKA Aleksandra UKS Ostrobramska | 29.17 | 583 |
| 16. | 04 | MACIUSZEK Wiktoria KS SWIM-ART Wrocław | 29.23 | 580 |
| 17. | 05 | MICHALSKA Julia WKS I sk | 29.26 | 578 |
| 18. | 07 | CIBIOREK Dominika UKS G-8 Bielany Warszawa | 29.31 | 575 |
| 19. | 05 | KEMPA Kinga AZS AWF Katowice | 29.39 | 570 |
| 20. | 07 | GORGOSZ Małgorzata UKS Aquatica Pawłowice | 29.52 | 563 |
| 21. | 08 | CHABOWSKA Gabriela UKS abianka Gda sk | 29.56 | 561 |
| 22. | 05 | KRAWCZYK Maja AZS AWF Warszawa | 29.61 | 558 |
| 23. | 06 | SOBIECKA Małgorzata UKP „Polonia Warszawa” | 29.64 | 556 |
| 24. | 07 | GRZESIAK Oliwia WKS I sk | 29.76 | 549 |
| 25. | 03 | NOWAK Zofia AZS AWF Warszawa | 29.82 | 546 |
| 26. | 08 | MAJEWSKA Martyna MKS Znicz Koszalin | 29.83 | 545 |
| 27. | 04 | SMEKTAŁA Oliwia KS Warta Pozna | 29.86 | 544 |
| 28. | 05 | KALKOWSKA Julia MUKS "Pi tnastka” | 29.94 | 539 |
| 29. | 07 | WRZESZCZY SKA Marta KS Posnania Pozna | 30.00 | 536 |
| 30. | 07 | DUDA Anna MKP Szczecin | 30.04 | 534 |
| | 08 | KONDRASIUK Zofia UKS „GIM 92 Ursynów” | 30.04 | 534 |
| 32. | 05 | NOWAK Gabriela MUKS "Pi tnastka” | 30.18 | 527 |
| 33. | 03 | SZYSZKO Karolina UKP „Polonia Warszawa” | 30.20 | 526 |
| 34. | 07 | GULCZY SKA Natalia Uks Cityzen | 30.25 | 523 |
| 35. | 06 | RYFKA Maja SMS O wi cim | 30.26 | 522 |
| 36. | 06 | KOTENKO Mariia MKP Szczecin | 30.28 | 521 |
| 37. | 08 | WI TEK Amelia WKS I sk | 30.31 | 520 |
| 38. | 07 | BOBROWSKA Zofia UKS MOS w Opolu | 30.32 | 519 |
| 39. | 05 | BAŁDA Aleksandra MKS Piaseczno | 30.35 | 518 |
| 40. | 05 | BUKOWSKA Olga MKP Szczecin | 30.40 | 515 |
| 41. | 05 | CIESIELSKA Inga MUKS "Pi tnastka” | 30.57 | 507 |
| 42. | 06 | KOŁODZIEJSKA Stefania UKS Tri-Team Rumia | 30.75 | 498 |
| 43. | 06 | MICHALSKA Weronika Uks Cityzen | 30.79 | 496 |
| 44. | 05 | PRZYBYLSKA Maja UKS „GIM 92 Ursynów” | 30.81 | 495 |
| 45. | 06 | KAROLCZAK Pola MUKS "Pi tnastka” | 30.89 | 491 |
| 46. | 05 | SAMORAJ Oliwia MKS Piaseczno | 31.04 | 484 |
| | 08 | BORYCZKA Amelia WKS I sk | 31.04 | 484 |
| 48. | 08 | SADOWSKA Maria UKS „GIM 92 Ursynów” | 31.05 | 484 |
| 49. | 06 | MACURA Kinga UKP Unia O wi cim | 31.11 | 481 |
| 50. | 06 | BŁASZCZYK Wiktoria Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 29, Kobiet, 50m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------------|---------------|------|
| 50. | 07 | Mokotowski UKP Warszawianka- Wodny | F31.29 | 473 |
| 52. | 05 | MKP Szczecin | 31.31 | 472 |
| 53. | 07 | MKP Szczecin | 31.37 | 469 |
| 54. | 08 | TP Olimpijczyk Aleksandrów Łódzki | 31.53 | 462 |
| 55. | 07 | MKP Astromal-Leszno | 31.57 | 460 |
| 56. | 07 | UKP „Polonia Warszawa” | 32.00 | 442 |
| 57. | 07 | MKS Trójka Łód | 32.11 | 437 |
| 58. | 08 | TP Olimpijczyk Aleksandrów Łódzki | 32.17 | 435 |
| 59. | 08 | MKS Znicz Koszalin | 32.19 | 434 |
| 60. | 06 | UKS abianka Gda sk | 32.25 | 432 |
| 61. | 06 | UKP „Polonia Warszawa” | 32.31 | 429 |
| 62. | 06 | MUKS "Pi tnastka" | 32.77 | 411 |
| 63. | 06 | MKS Trójka Łód | 32.83 | 409 |
| 64. | 08 | MKS Znicz Koszalin | 33.09 | 399 |
| 65. | 06 | TP Olimpijczyk Aleksandrów Łódzki | 33.15 | 397 |
| 66. | 05 | MUKS "Pi tnastka" | 33.21 | 395 |
| 67. | 08 | KU AZS UAM Pozna | 33.59 | 382 |
| 68. | 07 | Grupa 5Styl | 33.79 | 375 |
| 69. | 06 | MKP Szczecin | 34.11 | 365 |
| 70. | 04 | UKS "ORKA" Luba | 34.31 | 358 |
| 71. | 04 | UKS "ORKA" Luba | 34.33 | 358 |
| 72. | 07 | UKS Ostrobramska | 35.73 | 317 |
| 73. | 08 | Dwójka Morena Gda sk | 46.53 | 143 |
| DYSKW. | 04 | MKP Szczecin | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW TUPALSKA Oliwia 05 UKS G-8 Bielany Warszawa

17 - 18 lat

| | | | | |
|--------|----|-----------------------|--------------|-----|
| 1. | 05 | KS Barrakuda Gda sk | 27.29 | 713 |
| 2. | 04 | MUKS "Pi tnastka" | 28.58 | 620 |
| 3. | 04 | UKS abianka Gda sk | 28.96 | 596 |
| 4. | 05 | UKS Nawa Skierniewice | 29.09 | 588 |
| 5. | 04 | KS SWIM-ART Wrocław | 29.23 | 580 |
| 6. | 05 | WKS I sk | 29.26 | 578 |
| 7. | 05 | AZS AWF Katowice | 29.39 | 570 |
| 8. | 05 | AZS AWF Warszawa | 29.61 | 558 |
| 9. | 04 | KS Warta Pozna | 29.86 | 544 |
| 10. | 05 | MUKS "Pi tnastka" | 29.94 | 539 |
| 11. | 05 | MUKS "Pi tnastka" | 30.18 | 527 |
| 12. | 05 | MKS Piaseczno | 30.35 | 518 |
| 13. | 05 | MKP Szczecin | 30.40 | 515 |
| 14. | 05 | MUKS "Pi tnastka" | 30.57 | 507 |
| 15. | 05 | UKS „GIM 92 Ursynów" | 30.81 | 495 |
| 16. | 05 | MKS Piaseczno | 31.04 | 484 |
| 17. | 05 | MKP Szczecin | 31.31 | 472 |
| 18. | 05 | MUKS "Pi tnastka" | 33.21 | 395 |
| 19. | 04 | UKS "ORKA" Luba | 34.31 | 358 |
| 20. | 04 | UKS "ORKA" Luba | 34.33 | 358 |
| DYSKW. | 04 | MKP Szczecin | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW TUPALSKA Oliwia 05 UKS G-8 Bielany Warszawa

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 29, Kobiet, 50m motylkowy

16 lat

| | | | | | |
|-----|-----------------------|----|------------------------------------|--------------|-----|
| 1. | KOLA CZYK Wiktoria | 06 | KS Posnania Pozna | 27.87 | 669 |
| 2. | BUBNOWICZ Waleria | 06 | Grudzi dzki KP „Orka” | 28.51 | 625 |
| 3. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 29.17 | 583 |
| 4. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 29.64 | 556 |
| 5. | RYFKA Maja | 06 | SMS O wi cim | 30.26 | 522 |
| 6. | KOTENKO Mariia | 06 | MKP Szczecin | 30.28 | 521 |
| 7. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 30.75 | 498 |
| 8. | MICHALSKA Weronika | 06 | Uks Cityzen | 30.79 | 496 |
| 9. | KAROLCZAK Pola | 06 | MUKS "Pi tnastka" | 30.89 | 491 |
| 10. | MACURA Kinga | 06 | UKP Unia O wi cim | 31.11 | 481 |
| 11. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wodny | 31.29 | 473 |
| 12. | PARADOWSKA Oliwia | 06 | UKS abianka Gda sk | 32.25 | 432 |
| 13. | WISZNIEWSKA Zuzanna | 06 | UKP „Polonia Warszawa” | 32.31 | 429 |
| 14. | MATJAKOWSKA Julia | 06 | MUKS "Pi tnastka" | 32.77 | 411 |
| 15. | ŁYSAKOWSKA Karina | 06 | MKS Trójka Łód | 32.83 | 409 |
| 16. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 33.15 | 397 |
| 17. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 34.11 | 365 |

15 lat

| | | | | | |
|-----|----------------------|----|------------------------------------|--------------|-----|
| 1. | CIBIOREK Dominika | 07 | UKS G-8 Bielany Warszawa | 29.31 | 575 |
| 2. | GORGOSZ Małgorzata | 07 | UKS Aquatica Pawłowice | 29.52 | 563 |
| 3. | GRZESIAK Oliwia | 07 | WKS I sk | 29.76 | 549 |
| 4. | WRZESZCZY SKA Marta | 07 | KS Posnania Pozna | 30.00 | 536 |
| 5. | DUDA Anna | 07 | MKP Szczecin | 30.04 | 534 |
| 6. | GULCZY SKA Natalia | 07 | Uks Cityzen | 30.25 | 523 |
| 7. | BOBROWSKA Zofia | 07 | UKS MOS w Opolu | 30.32 | 519 |
| 8. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wodny | 31.29 | 473 |
| 9. | DOLGUN Maryia | 07 | MKP Szczecin | 31.37 | 469 |
| 10. | BUDZE Monika | 07 | MKP Astromal-Leszno | 31.57 | 460 |
| 11. | DOŁOWY Małgorzata | 07 | UKP „Polonia Warszawa” | 32.00 | 442 |
| 12. | W GRZYCKA Małgorzata | 07 | MKS Trójka Łód | 32.11 | 437 |
| 13. | WAWRZYNIAK Julia | 07 | Grupa 5Styl | 33.79 | 375 |
| 14. | SOCHA Maria | 07 | UKS Ostrobramska | 35.73 | 317 |

14 lat

| | | | | | |
|-----|--------------------|----|-----------------------------------|--------------|-----|
| 1. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 29.56 | 561 |
| 2. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 29.83 | 545 |
| 3. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 30.04 | 534 |
| 4. | WI TEK Amelia | 08 | WKS I sk | 30.31 | 520 |
| 5. | BORYCZKA Amelia | 08 | WKS I sk | 31.04 | 484 |
| 6. | SADOWSKA Maria | 08 | UKS „GIM 92 Ursynów” | 31.05 | 484 |
| 7. | PAWLAK Lena | 08 | TP Olimpijczyk Aleksandrów Łódzki | 31.53 | 462 |
| 8. | TRAFALSKA Antonina | 08 | TP Olimpijczyk Aleksandrów Łódzki | 32.17 | 435 |
| 9. | DEREWECKA Kamila | 08 | MKS Znicz Koszalin | 32.19 | 434 |
| 10. | KRUTUL Aga | 08 | MKS Znicz Koszalin | 33.09 | 399 |
| 11. | ONICHIMIUK Alicja | 08 | KU AZS UAM Pozna | 33.59 | 382 |
| 12. | TRELKA Zuzanna | 08 | Dwójka Morena Gda sk | 46.53 | 143 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 30
2022.11.13 - 12:46

M czyzn, 200m grzbietowy

14 lat i starsi
Wyniki

Rekord Polski 1:47.38 KAW CKI Radosław POL Doha (QAT) 2014.12.07

Min. indywidualne na M (25m) Melbourne 2022 Open: 1:52.35

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | KAW CKI Radosław | 91 | UKS G-8 Bielany Warszawa | 1:52.21 | 834 | 26.68 | 28.42 | 28.48 | 28.63 |
| | <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | | |
| 2. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 1:54.84 | 778 | 26.94 | 29.19 | 29.14 | 29.57 |
| 3. | POLEWKA Tomasz | 94 | AZS AWF Katowice | 1:56.78 | 740 | 26.86 | 29.92 | 30.47 | 29.53 |
| 4. | CEJKA Jan | 01 | Sport Club Pardubice | 1:56.93 | 737 | 27.17 | 30.05 | 29.91 | 29.80 |
| 5. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 2:00.66 | 670 | 28.47 | 30.54 | 30.92 | 30.73 |
| 6. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 2:00.80 | 668 | 28.17 | 30.55 | 31.21 | 30.87 |
| 7. | KRÓL Jan | 02 | KS AZS AGH Kraków | 2:01.00 | 665 | 27.12 | 30.49 | 31.73 | 31.66 |
| 8. | KUCZAK Adam | 00 | AZS AWF Katowice | 2:01.41 | 658 | 27.84 | 31.26 | 31.66 | 30.65 |
| 9. | MATULA Wojt ch | 03 | Ústecká akademie plavecký | 2:02.49 | 641 | 28.04 | 31.10 | 31.56 | 31.79 |
| | PIELA Michał | 04 | UKP Unia O wi cim | 2:02.49 | 641 | 29.89 | 31.77 | 31.01 | 29.82 |
| 11. | SIENKIEWICZ Aleksander | 03 | AZS AWF Katowice | 2:02.58 | 639 | 27.12 | 30.05 | 30.66 | 34.75 |
| 12. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 2:02.60 | 639 | 29.14 | 31.42 | 31.58 | 30.46 |
| 13. | URBANIAK Olivier | 07 | MKS Trójka Łód | 2:03.27 | 629 | 29.26 | 31.25 | 31.80 | 30.96 |
| 14. | STY Aleksander | 06 | UKP „Polonia Warszawa” | 2:03.32 | 628 | 27.86 | 30.90 | 32.37 | 32.19 |
| 15. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:04.25 | 614 | 28.43 | 31.15 | 32.00 | 32.67 |
| 16. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 2:04.93 | 604 | 28.96 | 31.92 | 31.42 | 32.63 |
| 17. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 2:05.56 | 595 | 29.26 | 32.00 | 32.42 | 31.88 |
| 18. | SETLAK Marcel | 05 | UKS abianka Gda sk | 2:06.06 | 588 | 29.36 | 32.41 | 32.69 | 31.60 |
| 19. | SZPALER Jakub | 05 | TP Zielona Góra | 2:06.62 | 580 | 28.22 | 32.18 | 33.71 | 32.51 |
| 20. | KRUPA Jakub | 07 | UKP Unia O wi cim | 2:07.10 | 574 | 30.42 | 32.36 | 32.32 | 32.00 |
| 21. | KONKEL Filip | 06 | TP Skalar Słupsk | 2:07.18 | 572 | 29.21 | 32.24 | 33.34 | 32.39 |
| 22. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:07.86 | 563 | 29.82 | 32.33 | 33.00 | 32.71 |
| 23. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 2:07.90 | 563 | 29.44 | 32.20 | 33.35 | 32.91 |
| 24. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi | 2:09.19 | 546 | 29.30 | 32.71 | 33.72 | 33.46 |
| 25. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 2:09.65 | 540 | 30.81 | 32.88 | 33.51 | 32.45 |
| 26. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 2:09.67 | 540 | 29.96 | 32.74 | 33.63 | 33.34 |
| 27. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 2:10.12 | 534 | 29.99 | 32.00 | 31.48 | 36.65 |
| 28. | ZALEWSKI Jacek | 06 | KS Posnania Pozna | 2:10.13 | 534 | 29.06 | 32.52 | 34.37 | 34.18 |
| 29. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 2:10.61 | 528 | 31.31 | 33.39 | 33.61 | 32.30 |
| 30. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:10.80 | 526 | 29.57 | 33.12 | 34.04 | 34.07 |
| 31. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:11.12 | 522 | 31.04 | 33.74 | 33.49 | 32.85 |
| 32. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 2:11.34 | 520 | 30.93 | 32.27 | 34.16 | 33.98 |
| 33. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 2:11.36 | 519 | 30.41 | 34.16 | 34.17 | 32.62 |
| 34. | LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 2:12.14 | 510 | 31.73 | 33.43 | 33.87 | 33.11 |
| 35. | SZEWICZYK Roch | 05 | UKP „Polonia Warszawa” | 2:12.25 | 509 | 29.95 | 32.99 | 34.04 | 35.27 |
| 36. | HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.95 | 501 | 30.92 | 34.07 | 34.14 | 33.82 |
| 37. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 2:13.75 | 492 | 31.32 | 33.30 | 34.34 | 34.79 |
| 38. | KRYSIAK Kacper | 04 | MKS Trójka Łód | 2:14.00 | 489 | 31.50 | 33.89 | 34.34 | 34.27 |
| 39. | TREDER Konrad | 08 | UKS abianka Gda sk | 2:14.44 | 485 | 31.08 | 34.77 | 35.13 | 33.46 |
| 40. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:14.76 | 481 | 30.40 | 34.89 | 35.13 | 34.34 |
| 41. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:15.64 | 472 | 31.23 | 34.54 | 35.52 | 34.35 |
| 42. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:17.25 | 455 | 31.66 | 35.34 | 35.38 | 34.87 |
| 43. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:17.53 | 453 | 33.56 | 34.59 | 35.05 | 34.33 |
| 44. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:18.23 | 446 | 32.33 | 35.81 | 35.84 | 34.25 |
| 45. | SZWEDZKI Jakub | 00 | MKS Trójka Łód | 2:20.30 | 426 | 32.61 | 35.62 | 36.93 | 35.14 |
| 46. | NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.21 | 392 | 33.74 | 36.90 | 36.76 | 36.81 |
| 47. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 2:25.30 | 384 | 33.18 | 37.62 | 38.43 | 36.07 |
| 48. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi | 2:25.75 | 380 | 33.58 | 36.90 | 37.69 | 37.58 |
| 49. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:26.27 | 376 | 34.65 | 37.65 | 38.34 | 35.63 |
| 50. | JANYGA Dariusz | 66 | KS Warta Pozna | 2:37.34 | 302 | 36.80 | 40.04 | 40.64 | 39.86 |
| 51. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:39.87 | 288 | 36.50 | 40.43 | 41.34 | 41.60 |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi | | | | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 30, M czynn, 200m grzbietowy

17 - 18 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KOSI SKI Filip | 04 | AZS AWF Warszawa | 1:54.84 | 778 | 26.94 | 29.19 | 29.14 | 29.57 |
| 2. | CHMIELEWSKI Krzysztof | 04 | IUKS „Muszelka” Warszawa | 2:00.66 | 670 | 28.47 | 30.54 | 30.92 | 30.73 |
| 3. | SUCHA SKI Filip | 05 | UKS 51 Lublin | 2:00.80 | 668 | 28.17 | 30.55 | 31.21 | 30.87 |
| 4. | PIELA Michał | 04 | UKP Unia O wi cim | 2:02.49 | 641 | 29.89 | 31.77 | 31.01 | 29.82 |
| 5. | CHMIELEWSKI Michał | 04 | IUKS „Muszelka” Warszawa | 2:02.60 | 639 | 29.14 | 31.42 | 31.58 | 30.46 |
| 6. | SETLAK Marcel | 05 | UKS abianka Gda sk | 2:06.06 | 588 | 29.36 | 32.41 | 32.69 | 31.60 |
| 7. | SZPALER Jakub | 05 | TP Zielona Góra | 2:06.62 | 580 | 28.22 | 32.18 | 33.71 | 32.51 |
| 8. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:07.86 | 563 | 29.82 | 32.33 | 33.00 | 32.71 |
| 9. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 2:09.67 | 540 | 29.96 | 32.74 | 33.63 | 33.34 |
| 10. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:10.80 | 526 | 29.57 | 33.12 | 34.04 | 34.07 |
| 11. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:11.12 | 522 | 31.04 | 33.74 | 33.49 | 32.85 |
| 12. | STANISŁAWSKI Bartosz | 04 | MKS Trójka Łód | 2:11.34 | 520 | 30.93 | 32.27 | 34.16 | 33.98 |
| 13. | SZEWCZYK Roch | 05 | UKP „Polonia Warszawa” | 2:12.25 | 509 | 29.95 | 32.99 | 34.04 | 35.27 |
| 14. | HAVLENA Maxim | 04 | Sport Club Pardubice | 2:12.95 | 501 | 30.92 | 34.07 | 34.14 | 33.82 |
| 15. | KRYSIKAC Kacper | 04 | MKS Trójka Łód | 2:14.00 | 489 | 31.50 | 33.89 | 34.34 | 34.27 |
| 16. | NOWAKOWSKI M. | 05 | UKP „Polonia Warszawa” | 2:24.21 | 392 | 33.74 | 36.90 | 36.76 | 36.81 |

16 lat

| | | | | | | | | | |
|-----|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | STY Aleksander | 06 | UKP „Polonia Warszawa” | 2:03.32 | 628 | 27.86 | 30.90 | 32.37 | 32.19 |
| 2. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 2:05.56 | 595 | 29.26 | 32.00 | 32.42 | 31.88 |
| 3. | KONKEL Filip | 06 | TP Skalar Słupsk | 2:07.18 | 572 | 29.21 | 32.24 | 33.34 | 32.39 |
| 4. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 2:07.90 | 563 | 29.44 | 32.20 | 33.35 | 32.91 |
| 5. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi | 2:09.19 | 546 | 29.30 | 32.71 | 33.72 | 33.46 |
| 6. | DUBIEL Wiktor | 06 | UKS abianka Gda sk | 2:09.65 | 540 | 30.81 | 32.88 | 33.51 | 32.45 |
| 7. | ZALEWSKI Jacek | 06 | KS Poshania Pozna | 2:10.13 | 534 | 29.06 | 32.52 | 34.37 | 34.18 |
| 8. | LARY Jerzy | 06 | IUKS „Muszelka” Warszawa | 2:12.14 | 510 | 31.73 | 33.43 | 33.87 | 33.11 |
| 9. | KACZMAREK Michał | 06 | UKS G-8 Bielany Warszawa | 2:14.76 | 481 | 30.40 | 34.89 | 35.13 | 34.34 |
| 10. | CHABOWSKI Nathaniel | 06 | UKS abianka Gda sk | 2:17.25 | 455 | 31.66 | 35.34 | 35.38 | 34.87 |

15 lat

| | | | | | | | | | |
|----|----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | URBANIAK Olivier | 07 | MKS Trójka Łód | 2:03.27 | 629 | 29.26 | 31.25 | 31.80 | 30.96 |
| 2. | KRUPA Jakub | 07 | UKP Unia O wi cim | 2:07.10 | 574 | 30.42 | 32.36 | 32.32 | 32.00 |
| 3. | LESIK Oskar | 07 | UKS G-8 Bielany Warszawa | 2:10.12 | 534 | 29.99 | 32.00 | 31.48 | 36.65 |
| 4. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 2:10.61 | 528 | 31.31 | 33.39 | 33.61 | 32.30 |
| 5. | PERA Jan | 07 | MKP „SŁOWIANKA” Gorzów | 2:15.64 | 472 | 31.23 | 34.54 | 35.52 | 34.35 |
| 6. | TARCZY SKI Bartosz | 07 | UKS 190 Łód | 2:17.53 | 453 | 33.56 | 34.59 | 35.05 | 34.33 |
| 7. | STAWIARSKI Oskar | 07 | UKP „Polonia Warszawa” | 2:25.30 | 384 | 33.18 | 37.62 | 38.43 | 36.07 |
| | NW ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi | | | | | | |

14 lat

| | | | | | | | | | |
|----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 2:04.93 | 604 | 28.96 | 31.92 | 31.42 | 32.63 |
| 2. | ŁUSZCZY SKI Krzysztof | 08 | UKS abianka Gda sk | 2:11.36 | 519 | 30.41 | 34.16 | 34.17 | 32.62 |
| 3. | ŁUBI SKI Szymon | 08 | UKS „GIM 92 Ursynów” | 2:13.75 | 492 | 31.32 | 33.30 | 34.34 | 34.79 |
| 4. | TREDER Konrad | 08 | UKS abianka Gda sk | 2:14.44 | 485 | 31.08 | 34.77 | 35.13 | 33.46 |
| 5. | KOWALCZYK Sebastian | 08 | UKS G-8 Bielany Warszawa | 2:18.23 | 446 | 32.33 | 35.81 | 35.84 | 34.25 |
| 6. | JARECKI Bartosz | 08 | UKS 48 Warszawa ródmi | 2:25.75 | 380 | 33.58 | 36.90 | 37.69 | 37.58 |
| 7. | TRUDNOS Ignacy | 08 | UKS 190 Łód | 2:26.27 | 376 | 34.65 | 37.65 | 38.34 | 35.63 |
| 8. | STOPCZY SKI Kornel | 08 | MPKS Orka Ciechanów | 2:39.87 | 288 | 36.50 | 40.43 | 41.34 | 41.60 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 31
2022.11.13 - 12:50

Kobiet, 200m grzbietowy

14 lat i starsi
Wyniki

Rekord Polski 2:04.64 PISKORSKA Adela POL Bydgoszcz 2021.12.03

Min. indywidualne na M (25m) Melbourne 2022 Open: 2:05.36

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---|------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | BERNAT Laura | 05 KU AZS UMCS Lublin | 2:05.18 | 857 | 30.03 | 31.68 | 31.93 | 31.54 |
| | <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | |
| 2. | PISKORSKA Adela | 03 KU AZS UMCS Lublin | 2:06.44 | 832 | 29.55 | 31.41 | 32.36 | 33.12 |
| 3. | HERASIMOWICZ Zuzanna | 02 AZS AWF Warszawa | 2:09.34 | 777 | 31.19 | 33.07 | 32.78 | 32.30 |
| 4. | PEDA Paulina | 98 AZS AWF Katowice | 2:12.32 | 726 | 30.26 | 33.18 | 34.41 | 34.47 |
| 5. | TRENTKIEWICZ Dominika | 04 UKS MOS w Opolu | 2:12.81 | 718 | 30.51 | 33.77 | 34.44 | 34.09 |
| 6. | PALICKA Wiktoria | 05 TP Skalar Słupsk | 2:13.85 | 701 | 31.01 | 33.79 | 34.45 | 34.60 |
| 7. | WŁODARCZYK Elena | 06 AZS AWF Warszawa | 2:17.04 | 653 | 31.25 | 34.68 | 35.60 | 35.51 |
| 8. | KRÓL Gabriela | 06 KS „Wisła” Puławy | 2:18.53 | 632 | 32.10 | 35.03 | 35.88 | 35.52 |
| 9. | HLUSHCHENKO Varvara | 08 UKS 190 Łód | 2:19.16 | 624 | 33.18 | 35.45 | 36.18 | 34.35 |
| 10. | SZARGIEJ Aleksandra | 06 UKS abianka Gda sk | 2:19.26 | 623 | 32.28 | 35.43 | 36.30 | 35.25 |
| 11. | TARASIEWICZ Klaudia | 04 MKP Szczecin | 2:19.29 | 622 | 33.67 | 35.59 | 35.51 | 34.52 |
| 12. | PRZYBYLSKA Oliwia | 07 KU AZS UMCS Lublin | 2:20.39 | 608 | 33.09 | 35.45 | 36.30 | 35.55 |
| 13. | PINKOWICZ Alicja | 04 UKP Unia O wi cim | 2:20.73 | 603 | 32.97 | 35.45 | 36.07 | 36.24 |
| 14. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 2:20.86 | 602 | 32.71 | 35.20 | 36.58 | 36.37 |
| 15. | KARLI SKA Paula | 05 MKP Szczecin | 2:21.41 | 595 | 32.28 | 35.97 | 37.06 | 36.10 |
| 16. | VOJTALOVÁ Andrea | 03 KPS Ostrava | 2:21.56 | 593 | 33.69 | 35.49 | 36.09 | 36.29 |
| 17. | BATÓG Dominika | 05 UKS abianka Gda sk | 2:21.86 | 589 | 32.06 | 35.99 | 36.97 | 36.84 |
| 18. | NAPIERALCZYK Martyna | 08 WKS I sk | 2:22.79 | 577 | 33.22 | 36.27 | 36.56 | 36.74 |
| 19. | CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 2:22.96 | 575 | 33.19 | 36.38 | 36.98 | 36.41 |
| 20. | JA KOWSKA Julia | 08 UKS MOS w Opolu | 2:24.00 | 563 | 34.44 | 36.75 | 37.25 | 35.56 |
| 21. | JASI SKA Michalina | 06 Mokotowski UKP Warszawi | 2:24.46 | 558 | 32.95 | 36.37 | 37.13 | 38.01 |
| 22. | SIEDLEWSKA Marcelina | 07 UKP „Polonia Warszawa” | 2:24.70 | 555 | 33.03 | 36.62 | 37.91 | 37.14 |
| 23. | JANIK Julia | 06 UKS 190 Łód | 2:24.94 | 552 | 33.15 | 36.71 | 37.52 | 37.56 |
| 24. | SULAK Antonina | 06 UKS Pi tka Konstantynów Ł | 2:25.15 | 550 | 34.28 | 37.07 | 37.10 | 36.70 |
| 25. | SOLI SKA Patrycja | 06 UKP „Polonia Warszawa” | 2:27.77 | 521 | 33.40 | 37.37 | 38.78 | 38.22 |
| 26. | KULCZY SKA Adriana | 06 MUKS "Pi tnastka" | 2:28.42 | 514 | 34.29 | 37.58 | 38.83 | 37.72 |
| 27. | BA KOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:29.26 | 506 | 35.50 | 37.71 | 37.80 | 38.25 |
| 28. | JUDA Aleksandra | 06 UKP Unia O wi cim | 2:29.27 | 505 | 34.85 | 37.47 | 38.30 | 38.65 |
| 29. | FILIPOWICZ Barbara | 07 UKS „GIM 92 Ursynów” | 2:29.60 | 502 | 33.75 | 38.15 | 39.00 | 38.70 |
| 30. | KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów | 2:30.14 | 497 | 35.50 | 37.62 | 38.74 | 38.28 |
| 31. | MICHALSKA Weronika | 06 Uks Cityzen | 2:30.26 | 495 | 33.88 | 37.34 | 39.53 | 39.51 |
| 32. | MICHALSKA Pola | 07 Mokotowski UKP Warszawi | 2:30.35 | 495 | 35.01 | 38.33 | 39.07 | 37.94 |
| 33. | CZECHYRA Agata | 03 KS Warta Pozna | 2:31.74 | 481 | 35.36 | 38.38 | 39.33 | 38.67 |
| 34. | SMEKTAŁA Oliwia | 04 KS Warta Pozna | 2:32.69 | 472 | 35.71 | 39.64 | 39.39 | 37.95 |
| 35. | BRANDYSKA Aneta | 07 Sport Club Pardubice | 2:34.21 | 458 | 35.06 | 38.77 | 40.20 | 40.18 |
| 36. | MATJAKOWSKA Julia | 06 MUKS "Pi tnastka" | 2:34.32 | 457 | 36.32 | 39.35 | 41.00 | 37.65 |
| 37. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 2:34.70 | 454 | 35.87 | 39.50 | 40.37 | 38.96 |
| 38. | ZIELI SKA Maria | 04 MPKS Orka Ciechanów | 2:34.99 | 451 | 36.05 | 39.83 | 39.90 | 39.21 |
| 39. | YAKYMENKO Sofija | 07 MKP Szczecin | 2:35.88 | 444 | 35.62 | 40.01 | 40.71 | 39.54 |
| 40. | DOŁOWY Małgorzata | 07 UKP „Polonia Warszawa” | 2:39.29 | 416 | 35.60 | 40.72 | 42.08 | 40.89 |
| 41. | GRACKA Hanna | 07 MKP Szczecin | 2:40.04 | 410 | 36.61 | 40.19 | 42.03 | 41.21 |
| 42. | ZAKRZEWSKA Oliwia | 04 Mokotowski UKP Warszawi | 2:50.14 | 341 | 39.09 | 42.79 | 44.61 | 43.65 |

17 - 18 lat

| | | | | | | | | |
|----|---|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | BERNAT Laura | 05 KU AZS UMCS Lublin | 2:05.18 | 857 | 30.03 | 31.68 | 31.93 | 31.54 |
| | <i>Min. na Mistrzostwa wiata Melbourne 2022</i> | | | | | | | |
| 2. | TRENTKIEWICZ Dominika | 04 UKS MOS w Opolu | 2:12.81 | 718 | 30.51 | 33.77 | 34.44 | 34.09 |
| 3. | PALICKA Wiktoria | 05 TP Skalar Słupsk | 2:13.85 | 701 | 31.01 | 33.79 | 34.45 | 34.60 |
| 4. | TARASIEWICZ Klaudia | 04 MKP Szczecin | 2:19.29 | 622 | 33.67 | 35.59 | 35.51 | 34.52 |
| 5. | PINKOWICZ Alicja | 04 UKP Unia O wi cim | 2:20.73 | 603 | 32.97 | 35.45 | 36.07 | 36.24 |
| 6. | KLUSEK Aleksandra | 05 UKP „Polonia Warszawa” | 2:20.86 | 602 | 32.71 | 35.20 | 36.58 | 36.37 |
| 7. | KARLI SKA Paula | 05 MKP Szczecin | 2:21.41 | 595 | 32.28 | 35.97 | 37.06 | 36.10 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 31, Kobiety, 200m grzbietowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|-------------------|----------------------------|----------------|------|-------|-------|-------|-------|
| 8. | BATÓG Dominika | 05 UKS abianka Gdańsk | 2:21.86 | 589 | 32.06 | 35.99 | 36.97 | 36.84 |
| 9. | CIESIELSKA Inga | 05 MUKS "Piłastka" | 2:22.96 | 575 | 33.19 | 36.38 | 36.98 | 36.41 |
| 10. | KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów | 2:30.14 | 497 | 35.50 | 37.62 | 38.74 | 38.28 |
| 11. | SMEKTAŁA Oliwia | 04 KS Warta Poznań | 2:32.69 | 472 | 35.71 | 39.64 | 39.39 | 37.95 |
| 12. | HAŁADYN Kamila | 04 UKS SP-149 Łódź | 2:34.70 | 454 | 35.87 | 39.50 | 40.37 | 38.96 |
| 13. | ZIELIŃSKA Maria | 04 MPKS Orka Ciechanów | 2:34.99 | 451 | 36.05 | 39.83 | 39.90 | 39.21 |
| 14. | ZAKRZEWSKA Oliwia | 04 Mokotowski UKP Warszawa | 2:50.14 | 341 | 39.09 | 42.79 | 44.61 | 43.65 |

16 lat

| | | | | | | | | |
|-----|---------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | WŁODARCZYK Elena | 06 AZS AWF Warszawa | 2:17.04 | 653 | 31.25 | 34.68 | 35.60 | 35.51 |
| 2. | KRÓL Gabriela | 06 KS „Wisła” Puławy | 2:18.53 | 632 | 32.10 | 35.03 | 35.88 | 35.52 |
| 3. | SZARGIEJ Aleksandra | 06 UKS abianka Gdańsk | 2:19.26 | 623 | 32.28 | 35.43 | 36.30 | 35.25 |
| 4. | JASIŃSKA Michalina | 06 Mokotowski UKP Warszawa | 2:24.46 | 558 | 32.95 | 36.37 | 37.13 | 38.01 |
| 5. | JANIK Julia | 06 UKS 190 Łódź | 2:24.94 | 552 | 33.15 | 36.71 | 37.52 | 37.56 |
| 6. | SULAK Antonina | 06 UKS Piłastka Konstancja | 2:25.15 | 550 | 34.28 | 37.07 | 37.10 | 36.70 |
| 7. | SOLIŃSKA Patrycja | 06 UKP „Polonia Warszawa” | 2:27.77 | 521 | 33.40 | 37.37 | 38.78 | 38.22 |
| 8. | KULCZYŃSKA Adriana | 06 MUKS "Piłastka" | 2:28.42 | 514 | 34.29 | 37.58 | 38.83 | 37.72 |
| 9. | JUDA Aleksandra | 06 UKP Unia Opole | 2:29.27 | 505 | 34.85 | 37.47 | 38.30 | 38.65 |
| 10. | MICHALSKA Weronika | 06 Uks Cityzen | 2:30.26 | 495 | 33.88 | 37.34 | 39.53 | 39.51 |
| 11. | MATJAKOWSKA Julia | 06 MUKS "Piłastka" | 2:34.32 | 457 | 36.32 | 39.35 | 41.00 | 37.65 |

15 lat

| | | | | | | | | |
|----|----------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PRZYBYLSKA Oliwia | 07 KU AZS UMCS Lublin | 2:20.39 | 608 | 33.09 | 35.45 | 36.30 | 35.55 |
| 2. | SIEDLEWSKA Marcelina | 07 UKP „Polonia Warszawa” | 2:24.70 | 555 | 33.03 | 36.62 | 37.91 | 37.14 |
| 3. | FILIPOWICZ Barbara | 07 UKS „GIM 92 Ursynów” | 2:29.60 | 502 | 33.75 | 38.15 | 39.00 | 38.70 |
| 4. | MICHALSKA Pola | 07 Mokotowski UKP Warszawa | 2:30.35 | 495 | 35.01 | 38.33 | 39.07 | 37.94 |
| 5. | BRANDYSKA Aneta | 07 Sport Club Pardubice | 2:34.21 | 458 | 35.06 | 38.77 | 40.20 | 40.18 |
| 6. | YAKYMENKO Sofija | 07 MKP Szczecin | 2:35.88 | 444 | 35.62 | 40.01 | 40.71 | 39.54 |
| 7. | DOŁOWY Małgorzata | 07 UKP „Polonia Warszawa” | 2:39.29 | 416 | 35.60 | 40.72 | 42.08 | 40.89 |
| 8. | GRACKA Hanna | 07 MKP Szczecin | 2:40.04 | 410 | 36.61 | 40.19 | 42.03 | 41.21 |

14 lat

| | | | | | | | | |
|----|----------------------|--------------------|----------------|-----|-------|-------|-------|-------|
| 1. | HLUSHCHENKO Varvara | 08 UKS 190 Łódź | 2:19.16 | 624 | 33.18 | 35.45 | 36.18 | 34.35 |
| 2. | NAPIERALCZYK Martyna | 08 WKS I sk | 2:22.79 | 577 | 33.22 | 36.27 | 36.56 | 36.74 |
| 3. | JAKUBOWSKA Julia | 08 UKS MOS w Opolu | 2:24.00 | 563 | 34.44 | 36.75 | 37.25 | 35.56 |
| 4. | BARANOWSKA Wiktoria | 08 UKS MOS w Opolu | 2:29.26 | 506 | 35.50 | 37.71 | 37.80 | 38.25 |

| | | | | | | | | |
|----|-------------------|----------------------------|----------------|-----|-------|-------|-------|-------|
| PK | PRASAŁ Aleksandra | 09 MUKP Korona-Swim Kielce | 2:19.94 | 613 | 31.41 | 34.14 | 36.50 | 37.89 |
|----|-------------------|----------------------------|----------------|-----|-------|-------|-------|-------|

Konkurencja 32

Mężczyźni, 100m zmienny

14 lat i starsi

2022.11.13 - 12:50

Wyniki

Rekord Polski 51.14 CIEŁAK Marcin POL Budapeszt (HUN) 2020.11.16

Min. indywidualne na M (25m) Melbourne 2022 Open: 51.40

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|-----------------|------------------|-----------------------------|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | SMOLIŃSKI Paweł | 01 AZS AWF Katowice | 53.10 | 799 | 23.87 | 29.23 |
| 2. | POPRAWA Michał | 94 AZS AWF Katowice | 54.12 | 754 | 24.77 | 29.35 |
| 3. | KAŁUSOWSKI Jan | 00 MKS Trójka Łódź | 54.46 | 740 | 26.20 | 28.26 |
| 4. | GRACIK Daniel | 04 Sport Club Pardubice | 54.48 | 740 | 24.27 | 30.21 |
| 5. | WARGROSKI Marcel | 99 AZS UŁP Łódź | 54.64 | 733 | 24.58 | 30.06 |
| 6. | CEJKA Jan | 01 Sport Club Pardubice | 54.82 | 726 | 25.02 | 29.80 |
| 7. | CHUDY Michał | 97 UPKS Wodnik Rawicz | 56.23 | 673 | 24.78 | 31.45 |
| 8. | FALARZ Mateusz | 05 UKS G-8 Bielany Warszawa | 56.27 | 671 | 25.60 | 30.67 |
| 9. | WARZOCHA Albert | 01 KS Warta Poznań | 56.84 | 651 | 26.46 | 30.38 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 32, Mężczyźni, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-------------------------|------|----------------------------------|----------------|------|-------|-------|
| 10. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 56.96 | 647 | 25.95 | 31.01 |
| 11. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 57.11 | 642 | 26.16 | 30.95 |
| 12. | RÓŻYCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 57.32 | 635 | 25.84 | 31.48 |
| 13. | MOC Albert | 04 | Sport Club Pardubice | 57.34 | 634 | 26.64 | 30.70 |
| 14. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 57.55 | 627 | 27.01 | 30.54 |
| 15. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 57.66 | 624 | 26.14 | 31.52 |
| 16. | LECHOWICZ Filip | 97 | UKS "Feniks" Dębica | 57.85 | 618 | 26.72 | 31.13 |
| 17. | WOJNIAK Maciej | 00 | UKS 190 Łódź | 57.86 | 617 | 26.21 | 31.65 |
| 18. | CZESZEWSKI Krystian | 01 | MKP Szczecin | 57.95 | 614 | 25.61 | 32.34 |
| 19. | CERLICH Maksymilian | 00 | AZS AWF Katowice | 58.15 | 608 | 27.09 | 31.06 |
| 20. | PLAGA Dawid | 05 | TP Skalar Słupsk | 58.82 | 588 | 27.01 | 31.81 |
| 21. | MIKULA Vilem | 06 | Sport Club Pardubice | 58.84 | 587 | 26.44 | 32.40 |
| 22. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 58.98 | 583 | 27.49 | 31.49 |
| 23. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 59.10 | 579 | 27.26 | 31.84 |
| 24. | SEMERA Milan | 05 | KPS Ostrava | 59.18 | 577 | 27.44 | 31.74 |
| 25. | ŁUPIŃSKI Mateusz | 05 | UKP „Polonia Warszawa” | 59.26 | 575 | 27.79 | 31.47 |
| 26. | URBANIAK Olivier | 07 | MKS Trójka Łódź | 59.29 | 574 | 27.38 | 31.91 |
| 27. | MIENICKI Rafał | 06 | UKS 48 Warszawa - rodzimie cie | 59.30 | 573 | 27.38 | 31.92 |
| 28. | STASZAK Wiktor | 04 | WKS I sk | 59.31 | 573 | 27.41 | 31.90 |
| 29. | ALEKSANDER Jakub | 02 | MKP Szczecin | 59.43 | 570 | 27.33 | 32.10 |
| 30. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 59.44 | 569 | 26.73 | 32.71 |
| 31. | KNOPP Jarosław | 04 | MUKS "Piłastka" | 59.64 | 564 | 27.25 | 32.39 |
| 32. | SROKA Błażej | 05 | UKS abianka Gdańsk | 59.82 | 559 | 27.29 | 32.53 |
| 33. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 59.85 | 558 | 27.74 | 32.11 |
| 34. | JUNG Krzysztof | 99 | AZS AWF Katowice | 59.98 | 554 | 27.92 | 32.06 |
| 35. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 1:00.05 | 552 | 27.70 | 32.35 |
| 36. | GAJDA Jan | 07 | MKS Trójka Łódź | 1:00.11 | 551 | 27.61 | 32.50 |
| 37. | ADAMCZYK Jan | 03 | KS AZS AGH Kraków | 1:00.13 | 550 | 27.56 | 32.57 |
| 38. | KRUPA Jakub | 07 | UKP Unia Olimpijczyków | 1:00.39 | 543 | 27.54 | 32.85 |
| 39. | TEPLY Jan | 03 | Sport Club Pardubice | 1:00.52 | 539 | 28.16 | 32.36 |
| 40. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 1:00.60 | 537 | 27.06 | 33.54 |
| 41. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 1:00.61 | 537 | 28.38 | 32.23 |
| 42. | SKIERSKI Radosław | 00 | KS AZS AGH Kraków | 1:00.77 | 533 | 27.53 | 33.24 |
| 43. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:00.79 | 532 | 27.55 | 33.24 |
| 44. | REDZIŃSKI WEL RYDZYŃSKI | 07 | UKP „Polonia Warszawa” | 1:00.92 | 529 | 28.78 | 32.14 |
| 45. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wc1 | 1:01.04 | 526 | 27.45 | 33.59 |
| | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:01.04 | 526 | 27.87 | 33.17 |
| 47. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 1:01.16 | 523 | 28.28 | 32.88 |
| 48. | BULIŃSKI Hektor | 05 | UKS „GIM 92 Ursynów” | 1:01.18 | 522 | 27.82 | 33.36 |
| 49. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 1:01.21 | 521 | 27.84 | 33.37 |
| 50. | LUCOW Jan | 06 | UKP „Polonia Warszawa” | 1:01.24 | 521 | 28.18 | 33.06 |
| 51. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 1:01.48 | 515 | 29.21 | 32.27 |
| 52. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 1:01.57 | 512 | 28.82 | 32.75 |
| 53. | HAVLENA Maxim | 04 | Sport Club Pardubice | 1:01.64 | 511 | 28.77 | 32.87 |
| 54. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 1:01.65 | 510 | 27.89 | 33.76 |
| 55. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:01.67 | 510 | 29.43 | 32.24 |
| 56. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:01.74 | 508 | 27.72 | 34.02 |
| 57. | DUBINIAK Kacper | 06 | UKS 48 Warszawa - rodzimie cie | 1:02.02 | 501 | 27.64 | 34.38 |
| 58. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 1:02.10 | 499 | 27.93 | 34.17 |
| 59. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:02.11 | 499 | 28.55 | 33.56 |
| 60. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:02.23 | 496 | 29.90 | 32.33 |
| 61. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:02.59 | 488 | 28.74 | 33.85 |
| 62. | PACEWICZ Wiktor | 06 | UKS 190 Łódź | 1:02.63 | 487 | 28.43 | 34.20 |
| 63. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.80 | 483 | 28.76 | 34.04 |
| 64. | WIŚNIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:02.85 | 482 | 29.37 | 33.48 |
| 65. | GÓRSKI SIOROWSKI Michał | 03 | UKS „GIM 92 Ursynów” | 1:02.92 | 480 | 28.54 | 34.38 |
| 66. | MIGLAK Maksymilian | 07 | KU AZS UAM Poznań | 1:03.08 | 476 | 27.96 | 35.12 |
| | PIŃTEK Olivier | 04 | MUKS "Piłastka" | 1:03.08 | 476 | 29.42 | 33.66 |
| 68. | ZINKOVSKYI Nestor | 05 | MKS Trójka Łódź | 1:03.09 | 476 | 28.68 | 34.41 |
| 69. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:03.10 | 476 | 29.83 | 33.27 |
| 70. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:03.35 | 470 | 29.00 | 34.35 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32, M czynn, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|----------------------|------|-----------------------------------|----------------|------|-------|-------|
| 71. | WIERASZKA Bartosz | 07 | TP Zielona Góra | 1:03.46 | 468 | 28.75 | 34.71 |
| 72. | ZGODA Szymon | 08 | UKP „Polonia Warszawa” | 1:03.50 | 467 | 27.88 | 35.62 |
| 73. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 1:03.65 | 464 | 27.99 | 35.66 |
| 74. | CUR Kacper | 07 | UKS „GIM 92 Ursynów” | 1:03.86 | 459 | 29.36 | 34.50 |
| 75. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 1:03.99 | 456 | 29.10 | 34.89 |
| 76. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:04.11 | 454 | 29.66 | 34.45 |
| 77. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:04.33 | 449 | 29.58 | 34.75 |
| 78. | ZDANOWICZ Paweł | 05 | MKP „Atoł” Ole nica | 1:04.45 | 447 | 30.41 | 34.04 |
| 79. | WIERCI SKI Kacper | 04 | MKP Szczecin | 1:04.62 | 443 | 31.32 | 33.30 |
| 80. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 1:04.65 | 442 | 30.17 | 34.48 |
| 81. | WENTLAND Miłosz | 07 | MKS Trójka Łód | 1:04.74 | 441 | 30.17 | 34.57 |
| 82. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 1:05.33 | 429 | 28.78 | 36.55 |
| 83. | PRONIN Patryk | 07 | MKP Szczecin | 1:05.65 | 422 | 31.58 | 34.07 |
| 84. | MAZUR Adam | 07 | Grupa 5Styl | 1:05.75 | 421 | 30.35 | 35.40 |
| 85. | PUPKA Filip | 04 | Uks Cityzen | 1:05.92 | 417 | 31.15 | 34.77 |
| 86. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa” | 1:06.52 | 406 | 31.12 | 35.40 |
| 87. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 1:06.59 | 405 | 31.79 | 34.80 |
| 88. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:06.68 | 403 | 31.52 | 35.16 |
| 89. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 1:06.86 | 400 | 29.97 | 36.89 |
| 90. | YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 1:07.65 | 386 | 32.64 | 35.01 |
| 91. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 1:08.88 | 366 | 32.58 | 36.30 |
| 92. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 1:10.86 | 336 | 32.01 | 38.85 |
| 93. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.27 | 330 | 33.10 | 38.17 |
| 94. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:11.95 | 321 | 32.93 | 39.02 |
| 95. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 1:12.71 | 311 | 34.60 | 38.11 |
| 96. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi cie | 1:12.78 | 310 | 34.30 | 38.48 |
| 97. | KRUPI SKI Paweł | 87 | WOPR Województwa Lubuskiego | 1:34.12 | 143 | 44.53 | 49.59 |
| DYSKW. | URBA SKI Filip | 04 | UKS G-8 Bielany Warszawa | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | |
|----|-------------------|----|---------------------------|
| NW | LASIK Olgierd | 05 | KU AZS UAM Pozna |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie |
| NW | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia |

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | GRACIK Daniel | 04 | Sport Club Pardubice | 54.48 | 740 | 24.27 | 30.21 |
| 2. | FALARZ Mateusz | 05 | UKS G-8 Bielany Warszawa | 56.27 | 671 | 25.60 | 30.67 |
| 3. | MINICHOWSKI Maksymilian | 04 | UKS "V" Łomianki | 56.96 | 647 | 25.95 | 31.01 |
| 4. | DUDKOWIAK Bartłomiej | 04 | UKS Aquatica Pawłowice | 57.11 | 642 | 26.16 | 30.95 |
| 5. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 57.32 | 635 | 25.84 | 31.48 |
| 6. | MOC Albert | 04 | Sport Club Pardubice | 57.34 | 634 | 26.64 | 30.70 |
| 7. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 57.55 | 627 | 27.01 | 30.54 |
| 8. | PLAGA Dawid | 05 | TP Skalar Słupsk | 58.82 | 588 | 27.01 | 31.81 |
| 9. | OLEWNICZAK Maciej | 05 | UKP „Polonia Warszawa” | 59.10 | 579 | 27.26 | 31.84 |
| 10. | SEMERA Milan | 05 | KPS Ostrava | 59.18 | 577 | 27.44 | 31.74 |
| 11. | ŁUPI SKI Mateusz | 05 | UKP „Polonia Warszawa” | 59.26 | 575 | 27.79 | 31.47 |
| 12. | STASZAK Wiktor | 04 | WKS I sk | 59.31 | 573 | 27.41 | 31.90 |
| 13. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 59.44 | 569 | 26.73 | 32.71 |
| 14. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 59.64 | 564 | 27.25 | 32.39 |
| 15. | SROKA Bła ej | 05 | UKS abianka Gda sk | 59.82 | 559 | 27.29 | 32.53 |
| 16. | KALISZEWSKI Adrian | 04 | Ks "Marlin Mława" | 59.85 | 558 | 27.74 | 32.11 |
| 17. | KOWALSKI Mateusz | 05 | KS Delfin Gdynia | 1:00.05 | 552 | 27.70 | 32.35 |
| 18. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:00.79 | 532 | 27.55 | 33.24 |
| 19. | WOLSKI Kuba | 04 | KS KSZO Ostrowiec w. | 1:01.16 | 523 | 28.28 | 32.88 |
| 20. | BULI SKI Hektor | 05 | UKS „GIM 92 Ursynów” | 1:01.18 | 522 | 27.82 | 33.36 |
| 21. | GROT Szymon | 05 | MUKP Korona-Swim Kielce | 1:01.21 | 521 | 27.84 | 33.37 |
| 22. | CHALUPNIK Jiri | 04 | Sport Club Pardubice | 1:01.48 | 515 | 29.21 | 32.27 |
| 23. | LITEWSKI Mikołaj | 04 | UKP „Polonia Warszawa” | 1:01.57 | 512 | 28.82 | 32.75 |
| 24. | HAVLENA Maxim | 04 | Sport Club Pardubice | 1:01.64 | 511 | 28.77 | 32.87 |
| 25. | LIS Jan | 04 | KS KSZO Ostrowiec w. | 1:01.67 | 510 | 29.43 | 32.24 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32, Chłopców, 100m zmienny, 17 - 18 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|------------------------------|----------------|------|-------|-------|
| 26. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:01.74 | 508 | 27.72 | 34.02 |
| 27. | WAŁCERZ Maksymilian | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:02.80 | 483 | 28.76 | 34.04 |
| 28. | PI TEK Olivier | 04 | MUKS "Pi tnastka" | 1:03.08 | 476 | 29.42 | 33.66 |
| 29. | ZINKOVSKI Nestor | 05 | MKS Trójka Łód | 1:03.09 | 476 | 28.68 | 34.41 |
| 30. | DRAHORAD Pavel | 04 | Sport Club Pardubice | 1:03.10 | 476 | 29.83 | 33.27 |
| 31. | ZDANOWICZ Paweł | 05 | MKP „Atoł” Ole nica | 1:04.45 | 447 | 30.41 | 34.04 |
| 32. | WIERCI SKI Kacper | 04 | MKP Szczecin | 1:04.62 | 443 | 31.32 | 33.30 |
| 33. | PUPKA Filip | 04 | Uks Cityzen | 1:05.92 | 417 | 31.15 | 34.77 |

DYSKW. URBA SKI Filip 04 UKS G-8 Bielany Warszawa
O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

NW LASIK Olgierd 05 KU AZS UAM Pozna

16 lat

| | | | | | | | |
|-----|----------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | POPIEL Mikołaj | 06 | KU AZS UMCS Lublin | 57.66 | 624 | 26.14 | 31.52 |
| 2. | MIKULA Vilem | 06 | Sport Club Pardubice | 58.84 | 587 | 26.44 | 32.40 |
| 3. | MAKSAJDA Kacper | 06 | TP Skalar Słupsk | 58.98 | 583 | 27.49 | 31.49 |
| 4. | MIENICKI Rafał | 06 | UKS 48 Warszawa ródmi cie | 59.30 | 573 | 27.38 | 31.92 |
| 5. | POPOW Igor | 06 | Mokotowski UKP Warszawianka- Wc1 | 1:01.04 | 526 | 27.45 | 33.59 |
| | WASILEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:01.04 | 526 | 27.87 | 33.17 |
| 7. | LUCOW Jan | 06 | UKP „Polonia Warszawa" | 1:01.24 | 521 | 28.18 | 33.06 |
| 8. | DUBINIAK Kacper | 06 | UKS 48 Warszawa ródmi cie | 1:02.02 | 501 | 27.64 | 34.38 |
| 9. | SOBIECHOWSKI Kajetan | 06 | TP Zielona Góra | 1:02.11 | 499 | 28.55 | 33.56 |
| 10. | MAJEWSKI Kacper | 06 | UKS G-8 Bielany Warszawa | 1:02.59 | 488 | 28.74 | 33.85 |
| 11. | PACEWICZ Wiktor | 06 | UKS 190 Łód | 1:02.63 | 487 | 28.43 | 34.20 |
| 12. | JEDLI SKI Mateusz | 06 | UKP „Polonia Warszawa" | 1:06.52 | 406 | 31.12 | 35.40 |
| 13. | MALIK Dawid | 06 | UKS G-8 Bielany Warszawa | 1:11.95 | 321 | 32.93 | 39.02 |

15 lat

| | | | | | | | |
|-----|-------------------------|----|---------------------------|----------------|-----|-------|-------|
| 1. | URBANIAK Olivier | 07 | MKS Trójka Łód | 59.29 | 574 | 27.38 | 31.91 |
| 2. | GAJDA Jan | 07 | MKS Trójka Łód | 1:00.11 | 551 | 27.61 | 32.50 |
| 3. | KRUPA Jakub | 07 | UKP Unia O wi cim | 1:00.39 | 543 | 27.54 | 32.85 |
| 4. | SHYPIN Aliaksandr | 07 | UKS G-8 Bielany Warszawa | 1:00.60 | 537 | 27.06 | 33.54 |
| 5. | REDZI SKI VEL RYDZY SKI | 07 | UKP „Polonia Warszawa" | 1:00.92 | 529 | 28.78 | 32.14 |
| 6. | RYSAVKA Jachym | 07 | Sport Club Pardubice | 1:02.10 | 499 | 27.93 | 34.17 |
| 7. | NOVOTNY Adam | 07 | Sport Club Pardubice | 1:02.23 | 496 | 29.90 | 32.33 |
| 8. | WI NIEWSKI Jakub | 07 | UKS G-8 Bielany Warszawa | 1:02.85 | 482 | 29.37 | 33.48 |
| 9. | MIGLAK Maksymilian | 07 | KU AZS UAM Pozna | 1:03.08 | 476 | 27.96 | 35.12 |
| 10. | WÓJCIAK Oliwier | 07 | UKS "V" Łomianki | 1:03.35 | 470 | 29.00 | 34.35 |
| 11. | WIERASZKA Bartosz | 07 | TP Zielona Góra | 1:03.46 | 468 | 28.75 | 34.71 |
| 12. | CUR Kacper | 07 | UKS „GIM 92 Ursynów" | 1:03.86 | 459 | 29.36 | 34.50 |
| 13. | OŁOWNIA Ignacy | 07 | KS Delfin Gdynia | 1:03.99 | 456 | 29.10 | 34.89 |
| 14. | WENTLAND Miłosz | 07 | MKS Trójka Łód | 1:04.74 | 441 | 30.17 | 34.57 |
| 15. | PRONIN Patryk | 07 | MKP Szczecin | 1:05.65 | 422 | 31.58 | 34.07 |
| 16. | MAZUR Adam | 07 | Grupa 5Styl | 1:05.75 | 421 | 30.35 | 35.40 |
| 17. | STAWI SKI Mikołaj | 07 | MKP Astromal-Leszno | 1:06.68 | 403 | 31.52 | 35.16 |
| 18. | MIKOŁAJCZYK Adrian | 07 | MKS Trójka Łód | 1:06.86 | 400 | 29.97 | 36.89 |
| 19. | LITWI SKI Igor | 07 | MUKP Korona-Swim Kielce | 1:12.71 | 311 | 34.60 | 38.11 |
| NW | ŁAZAROWICZ Janusz | 07 | UKS 48 Warszawa ródmi cie | | | | |
| NW | SPIREWSKI Mikołaj | 07 | UKS Siódemka Gdynia | | | | |

14 lat

| | | | | | | | |
|----|---------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | MAISTRUK Yehor | 08 | UKS Tri-Team Rumia | 1:00.61 | 537 | 28.38 | 32.23 |
| 2. | JOACHIMOWICZ Patryk | 08 | KU AZS UMCS Lublin | 1:01.65 | 510 | 27.89 | 33.76 |
| 3. | ZGODA Szymon | 08 | UKP „Polonia Warszawa" | 1:03.50 | 467 | 27.88 | 35.62 |
| 4. | JACKIEWICZ Piotr | 08 | UKS G-8 Bielany Warszawa | 1:03.65 | 464 | 27.99 | 35.66 |
| 5. | WASZTYL Kacper | 08 | UKS MOS w Opolu | 1:04.11 | 454 | 29.66 | 34.45 |
| 6. | MENTEL Igor | 08 | KS Delfin Gdynia | 1:04.33 | 449 | 29.58 | 34.75 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 32, Chłopców, 100m zmienny, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|----------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 7. | GÓRSKI Antoni | 08 | MUKP Korona-Swim Kielce | 1:04.65 | 442 | 30.17 | 34.48 |
| 8. | DOBRYJANOWICZ Michał | 08 | UKS G-8 Bielany Warszawa | 1:05.33 | 429 | 28.78 | 36.55 |
| 9. | NOWAK Krzysztof | 08 | UKP „Polonia Warszawa” | 1:06.59 | 405 | 31.79 | 34.80 |
| 10. | YWICKI Wiktor | 08 | UKS „Ósemka” Toru | 1:07.65 | 386 | 32.64 | 35.01 |
| 11. | FEDASZ Alan | 08 | UKP „Polonia Warszawa” | 1:08.88 | 366 | 32.58 | 36.30 |
| 12. | OL DZKI Daniel | 08 | UKP „Polonia Warszawa” | 1:10.86 | 336 | 32.01 | 38.85 |
| 13. | MAŁOLEPSZY Krzysztof | 08 | TP Olimpijczyk Aleksandrów Łódzki | 1:11.27 | 330 | 33.10 | 38.17 |
| 14. | ROZBICKI Kacper | 08 | UKS 48 Warszawa ródmi cie | 1:12.78 | 310 | 34.30 | 38.48 |

Konkurencja 33

Kobiet, 100m zmienny

14 lat i starsi

2022.11.13 - 13:00

Wyniki

Punkty: FINA 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|-----------------|-------------------------|----|-----------------------------------|------------------|-----|-------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | DOWGIERT Anna | 90 | KS Warta Pozna | 1:02.93 | 724 | 28.69 | 34.24 |
| 2. | TYMI SKA Zofia | 04 | UKP „Polonia Warszawa” | 1:03.07 | 719 | 29.29 | 33.78 |
| 3. | GU Wiktoria | 04 | MKP Szczecin | 1:03.52 | 704 | 30.10 | 33.42 |
| 4. | LEWANDOWSKA Natalia | 01 | KS „OLIMPIA” Lublin | 1:03.94 | 690 | 29.63 | 34.31 |
| 5. | GRACJASZ Wiktoria | 08 | UKS „Jasie ” Sucha Beskidzka | 1:04.36 | 676 | 29.55 | 34.81 |
| 6. | DZWONNIK Zuzanna | 00 | TP Olimpijczyk Aleksandrów Łódzki | 1:04.93 | 659 | 29.63 | 35.30 |
| 7. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:05.85 | 631 | 30.04 | 35.81 |
| 8. | LECHOWSKA Magdalena | 06 | WKS I sk | 1:06.23 | 621 | 30.77 | 35.46 |
| 9. | WO NICA Milena | 04 | UKS abianka Gda sk | 1:06.36 | 617 | 30.94 | 35.42 |
| 10. | ZI BA Anastazja | 05 | MUKS "Pi tnastka" | 1:06.53 | 612 | 30.98 | 35.55 |
| 11. | GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | 1:06.75 | 606 | 30.76 | 35.99 |
| 12. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów” | 1:06.78 | 605 | 31.19 | 35.59 |
| 13. | KAMI SKA Anna | 03 | AZS AWF Warszawa | 1:06.80 | 605 | 30.98 | 35.82 |
| 14. | TURBA SKA Marta | 07 | WKS I sk | 1:07.21 | 594 | 32.14 | 35.07 |
| 15. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:07.28 | 592 | 31.39 | 35.89 |
| 16. | BATÓG Dominika | 05 | UKS abianka Gda sk | 1:07.43 | 588 | 30.45 | 36.98 |
| 17. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:07.62rk | 583 | 30.70 | 36.92 |
| 18. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:07.74 | 580 | 31.11 | 36.63 |
| 19. | S DŁAK Alicja | 05 | MKS Jedynka Łód | 1:07.75 | 580 | 31.58 | 36.17 |
| 20. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 1:07.83 | 578 | 30.76 | 37.07 |
| 21. | JAKUBOWSKA Izabela | 98 | TP Olimpijczyk Aleksandrów Łódzki | 1:08.00 | 573 | 31.98 | 36.02 |
| 22. | STRZ DAŁA Karolina | 04 | UKP „Polonia Warszawa” | 1:08.10 | 571 | 32.11 | 35.99 |
| 23. | BIELAWA Anna | 06 | WKS I sk | 1:08.19 | 569 | 31.68 | 36.51 |
| 24. | SKROK Julia | 07 | WKS I sk | 1:08.20 | 568 | 32.89 | 35.31 |
| 25. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:08.35 | 565 | 31.78 | 36.57 |
| 26. | BORKOWSKA Dominika | 07 | UKS „Omega” Olkusz | 1:08.54 | 560 | 31.76 | 36.78 |
| 27. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:08.67 | 557 | 29.78 | 38.89 |
| 28. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:08.99 | 549 | 32.81 | 36.18 |
| 29. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:09.25 | 543 | 30.22 | 39.03 |
| 30. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:09.30 | 542 | 33.67 | 35.63 |
| 31. | KOTENKO Mariia | 06 | MKP Szczecin | 1:09.35 | 541 | 32.76 | 36.59 |
| 32. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa” | 1:09.37 | 540 | 31.31 | 38.06 |
| 33. | KARLI SKA Paula | 05 | MKP Szczecin | 1:09.42 | 539 | 30.53 | 38.89 |
| 34. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa” | 1:09.45 | 538 | 31.73 | 37.72 |
| 35. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:09.53 | 536 | 32.64 | 36.89 |
| 36. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:09.58 | 535 | 32.57 | 37.01 |
| 37. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:09.66rk | 533 | 32.02 | 37.64 |
| 38. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:09.67 | 533 | 32.30 | 37.37 |
| 39. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:09.70 | 532 | 33.75 | 35.95 |
| 40. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:09.72 | 532 | 32.79 | 36.93 |
| 41. | PITY SKA Klara | 06 | WKS I sk | 1:09.73 | 532 | 32.71 | 37.02 |
| 42. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów” | 1:09.75 | 531 | 31.34 | 38.41 |
| 43. | DUDA Anna | 07 | MKP Szczecin | 1:09.95 | 527 | 32.17 | 37.78 |
| 44. | RENNER Laura | 08 | KU AZS UAM Pozna | 1:10.08 | 524 | 31.19 | 38.89 |

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 33, Kobiet, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---|-----------------------|------|-----------------------------------|----------------|------|---------|---------|
| 45. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów” | 1:10.39 | 517 | 33.18 | 37.21 |
| 46. | CHABOWSKA Gabriela | 08 | UKS abianka Gdańsk | 1:10.48 | 515 | 31.31 | 39.17 |
| 47. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:10.60 | 512 | 33.13 | 37.47 |
| 48. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:10.82 | 508 | 32.36 | 38.46 |
| 49. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:11.34 | 497 | 32.15 | 39.19 |
| 50. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:11.39 | 495 | 33.02 | 38.37 |
| 51. | ŁOBODA Maria | 08 | Uks Cityzen | 1:11.46 | 494 | 32.95 | 38.51 |
| 52. | RONKIEWICZ Dominika | 05 | MUKS "Piłnastka" | 1:11.49 | 493 | 32.18 | 39.31 |
| 53. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:12.01 | 483 | 33.01 | 39.00 |
| | ZABRANIAK Karina | 08 | MKP Szczecin | 1:12.01 | 483 | 33.08 | 38.93 |
| 55. | WACHOWIAK Zofia | 04 | MKS „Astoria” Bydgoszcz | 1:12.07 | 482 | 33.70 | 38.37 |
| 56. | DOLGUN Maryja | 07 | MKP Szczecin | 1:12.32 | 477 | 33.02 | 39.30 |
| 57. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:12.35 | 476 | 32.39 | 39.96 |
| 58. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:12.53 | 472 | 32.30 | 40.23 |
| 59. | WORONIECKA Emilia | 05 | MUKS "Piłnastka" | 1:12.56 | 472 | 33.40 | 39.16 |
| 60. | JEZIORSKA Natalia | 07 | MKS Trójka Łódź | 1:12.83 | 467 | 34.17 | 38.66 |
| 61. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:12.97 | 464 | 33.56 | 39.41 |
| 62. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:13.39 | 456 | 33.98 | 39.41 |
| 63. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:14.28 | 440 | 34.13 | 40.15 |
| 64. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:14.78 | 431 | 34.83 | 39.95 |
| 65. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:15.03 | 427 | 36.68 | 38.35 |
| 66. | BRUCKA Julia | 06 | MUKS "Piłnastka" | 1:15.14 | 425 | 34.87 | 40.27 |
| 67. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:15.33 | 422 | 36.22 | 39.11 |
| 68. | ALEKSANDROWICZ Hanna | 06 | MKP Szczecin | 1:15.43 | 420 | 34.52 | 40.91 |
| 69. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:15.74 | 415 | 33.75 | 41.99 |
| 70. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:16.07 | 409 | 35.12 | 40.95 |
| 71. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:16.15 | 408 | 34.31 | 41.84 |
| 72. | POLISKA Natalia | 07 | MKS Trójka Łódź | 1:19.62 | 357 | 36.42 | 43.20 |
| 73. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:20.57 | 345 | 35.30 | 45.27 |
| 74. | ŁABACKA Jolanta | 07 | UKS Ostrobramska | 1:21.41 | 334 | 37.50 | 43.91 |
| 75. | GOROCKIEWICZ Sylwia | 75 | KS Warta Poznań | 2:13.08 | 76 | 1:02.60 | 1:10.48 |
| DYSKW. | WRONA Ewa | 06 | UKS „Jasie” Sucha Beskidzka | | | | |
| <i>O11 - Pływak przeszkadzał innemu zawodnikowi (przez wpływienie na tor zajmowany przez innego zawodnika lub w inny sposób).</i> | | | | | | | |
| NW | SZTANDERA Dominika | 97 | MKS Juwenia Wrocław | | | | |

17 - 18 lat

| | | | | | | | |
|-----|---------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | TYMIŁSKA Zofia | 04 | UKP „Polonia Warszawa” | 1:03.07 | 719 | 29.29 | 33.78 |
| 2. | GUZIK Wiktoria | 04 | MKP Szczecin | 1:03.52 | 704 | 30.10 | 33.42 |
| 3. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:05.85 | 631 | 30.04 | 35.81 |
| 4. | WOJNICA Milena | 04 | UKS abianka Gdańsk | 1:06.36 | 617 | 30.94 | 35.42 |
| 5. | ZIEMBA Anastazja | 05 | MUKS "Piłnastka" | 1:06.53 | 612 | 30.98 | 35.55 |
| 6. | BATÓG Dominika | 05 | UKS abianka Gdańsk | 1:07.43 | 588 | 30.45 | 36.98 |
| 7. | SZDŁAK Alicja | 05 | MKS Jedynka Łódź | 1:07.75 | 580 | 31.58 | 36.17 |
| 8. | SIENKIEWICZ Martyna | 04 | MUKS "Piłnastka" | 1:07.83 | 578 | 30.76 | 37.07 |
| 9. | STRZEMBA Karolina | 04 | UKP „Polonia Warszawa” | 1:08.10 | 571 | 32.11 | 35.99 |
| 10. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:08.35 | 565 | 31.78 | 36.57 |
| 11. | OFMAN Julia | 04 | KS KSZO Ostrowiec w. | 1:08.99 | 549 | 32.81 | 36.18 |
| 12. | KRAWCZYK Maja | 05 | AZS AWF Warszawa | 1:09.25 | 543 | 30.22 | 39.03 |
| 13. | KARLIŁSKA Paula | 05 | MKP Szczecin | 1:09.42 | 539 | 30.53 | 38.89 |
| 14. | MORITZ Marcelina | 05 | MUKS "Piłnastka" | 1:09.72 | 532 | 32.79 | 36.93 |
| 15. | PRZYBYLSKA Maja | 05 | UKS „GIM 92 Ursynów” | 1:10.39 | 517 | 33.18 | 37.21 |
| 16. | RONKIEWICZ Dominika | 05 | MUKS "Piłnastka" | 1:11.49 | 493 | 32.18 | 39.31 |
| 17. | WACHOWIAK Zofia | 04 | MKS „Astoria” Bydgoszcz | 1:12.07 | 482 | 33.70 | 38.37 |
| 18. | WORONIECKA Emilia | 05 | MUKS "Piłnastka" | 1:12.56 | 472 | 33.40 | 39.16 |
| 19. | PYTLOCH Zuzanna | 05 | MKP Szczecin | 1:12.97 | 464 | 33.56 | 39.41 |
| 20. | JO KO Julita | 04 | UKS "ORKA" Luba | 1:15.74 | 415 | 33.75 | 41.99 |
| 21. | ZAKRZEWSKA Oliwia | 04 | Mokotowski UKP Warszawianka- Wc | 1:20.57 | 345 | 35.30 | 45.27 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 33, Kobiet, 100m zmienny

16 lat

| | | | | | | | |
|--------|-------------------------|----|-----------------------------------|-------------------|-----|-------|-------|
| 1. | LECHOWSKA Magdalena | 06 | WKS I sk | 1:06.23 | 621 | 30.77 | 35.46 |
| 2. | JANASZEK-SEYDLITZ Zofia | 06 | UKS „GIM 92 Ursynów" | 1:06.78 | 605 | 31.19 | 35.59 |
| 3. | ADAMCZYK Karolina | 06 | Mokotowski UKP Warszawianka- Wc | 1:07.62 rk | 583 | 30.70 | 36.92 |
| 4. | BIELAWA Anna | 06 | WKS I sk | 1:08.19 | 569 | 31.68 | 36.51 |
| 5. | BIEGA SKA Aleksandra | 06 | UKS Ostrobramska | 1:08.67 | 557 | 29.78 | 38.89 |
| 6. | KOTENKO Mariia | 06 | MKP Szczecin | 1:09.35 | 541 | 32.76 | 36.59 |
| 7. | SOBIECKA Małgorzata | 06 | UKP „Polonia Warszawa" | 1:09.37 | 540 | 31.31 | 38.06 |
| 8. | JASI SKA Michalina | 06 | Mokotowski UKP Warszawianka- Wc | 1:09.66 rk | 533 | 32.02 | 37.64 |
| 9. | PITY SKA Klara | 06 | WKS I sk | 1:09.73 | 532 | 32.71 | 37.02 |
| 10. | KOŁODZIEJSKA Stefania | 06 | UKS Tri-Team Rumia | 1:10.82 | 508 | 32.36 | 38.46 |
| 11. | BŁASZCZYK Wiktoria | 06 | Mokotowski UKP Warszawianka- Wc | 1:12.53 rk | 472 | 32.30 | 40.23 |
| 12. | PERUZKOVA Nela | 06 | Sport Club Pardubice | 1:13.39 | 456 | 33.98 | 39.41 |
| 13. | BRUCKA Julia | 06 | MUKS "Pi tnastka" | 1:15.14 | 425 | 34.87 | 40.27 |
| 14. | MI KUS Alicja | 06 | UKS Ostrobramska | 1:15.33 | 422 | 36.22 | 39.11 |
| 15. | ALEKSANDROWICZ Hanna | 06 | MKP Szczecin | 1:15.43 | 420 | 34.52 | 40.91 |
| 16. | WALCZAK Nadia | 06 | TP Olimpijczyk Aleksandrów Łódzki | 1:16.07 | 409 | 35.12 | 40.95 |
| 17. | CHUMACHENKO Daryna | 06 | MKP Szczecin | 1:16.15 | 408 | 34.31 | 41.84 |
| DYSKW. | WRONA Ewa | 06 | UKS „Jasie " Sucha Beskidzka | | | | |

O11 - Pływak przeszkadzał innemu zawodnikowi (przez wpłyni cie na tor zajmowany przez innego zawodnika lub w inny sposób).

15 lat

| | | | | | | | |
|-----|----------------------|----|-----------------------------------|-------------------|-----|-------|-------|
| 1. | TURBA SKA Marta | 07 | WKS I sk | 1:07.21 | 594 | 32.14 | 35.07 |
| 2. | PIETRZYK Hanna | 07 | TP Olimpijczyk Aleksandrów Łódzki | 1:07.74 | 580 | 31.11 | 36.63 |
| 3. | SKROK Julia | 07 | WKS I sk | 1:08.20 | 568 | 32.89 | 35.31 |
| 4. | BORKOWSKA Dominika | 07 | UKS „Omega" Olkusz | 1:08.54 | 560 | 31.76 | 36.78 |
| 5. | KAWKA Zuzanna | 07 | KU AZS UAM Pozna | 1:09.30 | 542 | 33.67 | 35.63 |
| 6. | SIEDLEWSKA Marcelina | 07 | UKP „Polonia Warszawa" | 1:09.45 | 538 | 31.73 | 37.72 |
| 7. | RUTKOWSKA Aneta | 07 | MKS Trójka Łód | 1:09.53 | 536 | 32.64 | 36.89 |
| 8. | PLAGA Olga | 07 | TP Skalar Słupsk | 1:09.58 | 535 | 32.57 | 37.01 |
| 9. | HLAVATA Eliska | 07 | Sport Club Pardubice | 1:09.70 | 532 | 33.75 | 35.95 |
| 10. | DUDA Anna | 07 | MKP Szczecin | 1:09.95 | 527 | 32.17 | 37.78 |
| 11. | TARASZKIEWICZ Zofia | 07 | Mokotowski UKP Warszawianka- Wc | 1:10.60 rk | 512 | 33.13 | 37.47 |
| 12. | WICHULSKA Małgorzata | 07 | Mokotowski UKP Warszawianka- Wc | 1:11.39 rk | 495 | 33.02 | 38.37 |
| 13. | PLUTA Aleksandra | 07 | KS SWIM-ART Wrocław | 1:12.01 | 483 | 33.01 | 39.00 |
| 14. | DOLGUN Maryia | 07 | MKP Szczecin | 1:12.32 | 477 | 33.02 | 39.30 |
| 15. | ORASZEK Karolina | 07 | Mokotowski UKP Warszawianka- Wc | 1:12.35 rk | 476 | 32.39 | 39.96 |
| 16. | JEZIORSKA Natalia | 07 | MKS Trójka Łód | 1:12.83 | 467 | 34.17 | 38.66 |
| 17. | BRANDYSKA Aneta | 07 | Sport Club Pardubice | 1:14.28 | 440 | 34.13 | 40.15 |
| 18. | TOMKIEL Anna | 07 | Mokotowski UKP Warszawianka- Wc | 1:14.78 rk | 431 | 34.83 | 39.95 |
| 19. | POLI SKA Natalia | 07 | MKS Trójka Łód | 1:19.62 | 357 | 36.42 | 43.20 |
| 20. | ŁAB CKA Jolanta | 07 | UKS Ostrobramska | 1:21.41 | 334 | 37.50 | 43.91 |

14 lat

| | | | | | | | |
|-----|-------------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | GRACJASZ Wiktoria | 08 | UKS „Jasie " Sucha Beskidzka | 1:04.36 | 676 | 29.55 | 34.81 |
| 2. | CRHOVA Charlene Daniela | 08 | Sport Club Pardubice | 1:07.28 | 592 | 31.39 | 35.89 |
| 3. | CIEPLUCHA Bianka | 08 | SKS 137 Delfin Łód | 1:09.67 | 533 | 32.30 | 37.37 |
| 4. | KONDRASIUK Zofia | 08 | UKS „GIM 92 Ursynów" | 1:09.75 | 531 | 31.34 | 38.41 |
| 5. | RENNER Laura | 08 | KU AZS UAM Pozna | 1:10.08 | 524 | 31.19 | 38.89 |
| 6. | CHABOWSKA Gabriela | 08 | UKS abianka Gda sk | 1:10.48 | 515 | 31.31 | 39.17 |
| 7. | MAJEWSKA Martyna | 08 | MKS Znicz Koszalin | 1:11.34 | 497 | 32.15 | 39.19 |
| 8. | ŁOBODA Maria | 08 | Uks Cityzen | 1:11.46 | 494 | 32.95 | 38.51 |
| 9. | ZABRANIAK Karina | 08 | MKP Szczecin | 1:12.01 | 483 | 33.08 | 38.93 |
| 10. | JADCZUK Estella | 08 | MKS Znicz Koszalin | 1:15.03 | 427 | 36.68 | 38.35 |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34
2022.11.13 - 13:06

Kobiet, 1500m dowolny

14 lat i starsi
Wyniki

Min. indywidualne na M (25m) Melbourne 2022 Open: 15:52.23

Punkty: FINA 2022

| Pozycja | Rok ur. | Czas | Pkt. |
|-------------------------------|--|-------------------------|-------------------------|
| 14 lat i starsi | | | |
| 1. PIECHOTA Paulina | 99 UKS 190 Łód | 16:10.21 | 847 |
| 100m: 1:02.33 1:02.33 | 500m: 5:19.07 1:04.22 | 900m: 9:37.68 1:05.13 | 1300m: 13:59.59 1:05.51 |
| 200m: 2:06.74 1:04.41 | 600m: 6:23.47 1:04.40 | 1000m: 10:43.15 1:05.47 | 1400m: 15:05.70 1:06.11 |
| 300m: 3:10.74 1:04.00 | 700m: 7:27.81 1:04.34 | 1100m: 11:48.48 1:05.33 | 1500m: 16:10.21 1:04.51 |
| 400m: 4:14.85 1:04.11 | 800m: 8:32.55 1:04.74 | 1200m: 12:54.08 1:05.60 | |
| 2. TARASIEWICZ Klaudia | 04 MKP Szczecin | 16:46.67 | 758 |
| 100m: 1:03.93 1:03.93 | 500m: 5:33.49 1:07.97 | 900m: 10:05.50 1:08.38 | 1300m: 14:36.47 1:07.28 |
| 200m: 2:10.73 1:06.80 | 600m: 6:41.32 1:07.83 | 1000m: 11:13.94 1:08.44 | 1400m: 15:43.27 1:06.80 |
| 300m: 3:17.93 1:07.20 | 700m: 7:49.02 1:07.70 | 1100m: 12:21.66 1:07.72 | 1500m: 16:46.67 1:03.40 |
| 400m: 4:25.52 1:07.59 | 800m: 8:57.12 1:08.10 | 1200m: 13:29.19 1:07.53 | |
| 3. MACIAK Julia | 06 IUKS „Muszelka” Warszawa | 16:47.00 | 757 |
| 100m: 1:06.52 1:06.52 | 500m: 5:38.64 1:07.84 | 900m: 10:07.31 1:07.18 | 1300m: 14:36.35 1:07.17 |
| 200m: 2:14.65 1:08.13 | 600m: 6:45.98 1:07.34 | 1000m: 11:14.78 1:07.47 | 1400m: 15:43.24 1:06.89 |
| 300m: 3:22.48 1:07.83 | 700m: 7:53.14 1:07.16 | 1100m: 12:21.83 1:07.05 | 1500m: 16:47.00 1:03.76 |
| 400m: 4:30.80 1:08.32 | 800m: 9:00.13 1:06.99 | 1200m: 13:29.18 1:07.35 | |
| 4. PIEKARSKA Natalia | 06 UKS 190 Łód | 17:15.69 | 696 |
| 100m: 1:06.20 1:06.20 | 500m: 5:40.41 1:08.37 | 900m: 10:16.81 1:09.36 | 1300m: 14:56.99 1:10.50 |
| 200m: 2:14.95 1:08.75 | 600m: 6:49.38 1:08.97 | 1000m: 11:27.07 1:10.26 | 1400m: 16:06.49 1:09.50 |
| 300m: 3:23.27 1:08.32 | 700m: 7:58.53 1:09.15 | 1100m: 12:36.69 1:09.62 | 1500m: 17:15.69 1:09.20 |
| 400m: 4:32.04 1:08.77 | 800m: 9:07.45 1:08.92 | 1200m: 13:46.49 1:09.80 | |
| 5. ŁUCZAK Dominika | 02 TP Zielona Góra | 17:23.28 | 681 |
| 100m: 1:06.83 1:06.83 | 500m: 5:45.46 1:10.08 | 900m: 10:25.22 1:09.71 | 1300m: 15:04.38 1:09.94 |
| 200m: 2:16.15 1:09.32 | 600m: 6:55.64 1:10.18 | 1000m: 11:35.06 1:09.84 | 1400m: 16:14.45 1:10.07 |
| 300m: 3:25.56 1:09.41 | 700m: 8:05.69 1:10.05 | 1100m: 12:44.72 1:09.66 | 1500m: 17:23.28 1:08.83 |
| 400m: 4:35.38 1:09.82 | 800m: 9:15.51 1:09.82 | 1200m: 13:54.44 1:09.72 | |
| 6. MAŁOLEPSZA Weronika | 07 MKP Szczecin | 17:23.51 | 680 |
| 100m: 1:03.94 1:03.94 | 500m: 5:39.99 1:09.98 | 900m: 10:20.28 1:10.10 | 1300m: 15:04.85 1:11.55 |
| 200m: 2:11.70 1:07.76 | 600m: 6:49.18 1:09.19 | 1000m: 11:30.78 1:10.50 | 1400m: 16:15.53 1:10.68 |
| 300m: 3:20.24 1:08.54 | 700m: 7:59.52 1:10.34 | 1100m: 12:42.28 1:11.50 | 1500m: 17:23.51 1:07.98 |
| 400m: 4:30.01 1:09.77 | 800m: 9:10.18 1:10.66 | 1200m: 13:53.30 1:11.02 | |
| 7. KOSSOWSKA Julita | 05 UKS 190 Łód | 17:32.72 | 663 |
| 100m: 1:06.61 1:06.61 | 500m: 5:48.03 1:10.56 | 900m: 10:29.86 1:10.89 | 1300m: 15:13.54 1:10.26 |
| 200m: 2:16.95 1:10.34 | 600m: 6:58.50 1:10.47 | 1000m: 11:41.19 1:11.33 | 1400m: 16:23.88 1:10.34 |
| 300m: 3:27.46 1:10.51 | 700m: 8:08.54 1:10.04 | 1100m: 12:51.87 1:10.68 | 1500m: 17:32.72 1:08.84 |
| 400m: 4:37.47 1:10.01 | 800m: 9:18.97 1:10.43 | 1200m: 14:03.28 1:11.41 | |
| 8. FIGAS Alicja | 04 MKP Szczecin | 17:33.62 | 661 |
| 100m: 1:06.87 1:06.87 | 500m: 5:46.22 1:10.92 | 900m: 10:29.48 1:10.89 | 1300m: 15:14.00 1:10.63 |
| 200m: 2:16.19 1:09.32 | 600m: 6:56.63 1:10.41 | 1000m: 11:41.02 1:11.54 | 1400m: 16:24.83 1:10.83 |
| 300m: 3:25.63 1:09.44 | 700m: 8:07.53 1:10.90 | 1100m: 12:52.10 1:11.08 | 1500m: 17:33.62 1:08.79 |
| 400m: 4:35.30 1:09.67 | 800m: 9:18.59 1:11.06 | 1200m: 14:03.37 1:11.27 | |
| 9. SŁABOSZ Emilia | 05 SMS O wi cim | 17:44.83 | 640 |
| 100m: 1:07.44 1:07.44 | 500m: 5:51.02 1:11.15 | 900m: 10:36.50 1:11.41 | 1300m: 15:22.90 1:11.33 |
| 200m: 2:18.39 1:10.95 | 600m: 7:02.05 1:11.03 | 1000m: 11:48.40 1:11.90 | 1400m: 16:34.33 1:11.43 |
| 300m: 3:29.13 1:10.74 | 700m: 8:13.63 1:11.58 | 1100m: 13:00.11 1:11.71 | 1500m: 17:44.83 1:10.50 |
| 400m: 4:39.87 1:10.74 | 800m: 9:25.09 1:11.46 | 1200m: 14:11.57 1:11.46 | |
| 10. KUCZMAR Zuzanna | 07 UKP „Polonia Warszawa” | 17:48.67 | 633 |
| 100m: 1:05.99 1:05.99 | 500m: 5:51.79 1:11.54 | 900m: 10:38.85 1:12.52 | 1300m: 15:28.49 1:12.54 |
| 200m: 2:17.22 1:11.23 | 600m: 7:03.36 1:11.57 | 1000m: 11:51.22 1:12.37 | 1400m: 16:40.06 1:11.57 |
| 300m: 3:28.73 1:11.51 | 700m: 8:15.02 1:11.66 | 1100m: 13:02.90 1:11.68 | 1500m: 17:48.67 1:08.61 |
| 400m: 4:40.25 1:11.52 | 800m: 9:26.33 1:11.31 | 1200m: 14:15.95 1:13.05 | |
| 11. MAZUR Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 17:49.57 | 632 |
| 100m: 1:08.35 1:08.35 | 500m: 5:55.71 1:11.72 | 900m: 10:42.04 1:11.31 | 1300m: 15:28.46 1:11.92 |
| 200m: 2:20.21 1:11.86 | 600m: 7:07.40 1:11.69 | 1000m: 11:53.02 1:10.98 | 1400m: 16:40.42 1:11.96 |
| 300m: 3:32.02 1:11.81 | 700m: 8:19.07 1:11.67 | 1100m: 13:04.72 1:11.70 | 1500m: 17:49.57 1:09.15 |
| 400m: 4:43.99 1:11.97 | 800m: 9:30.73 1:11.66 | 1200m: 14:16.54 1:11.82 | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34, Kobiet, 1500m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|------------|------------------------------|---------|----------------|---------------------------------|-----------------|---------|-----------------|-----------------|------------|
| 12. | BUKOWSKA Olga | | 05 | MKP Szczecin | | | | 17:51.84 | 628 |
| | 100m: 1:07.44 | 1:07.44 | 500m: 5:52.48 | 1:11.60 | 900m: 10:40.09 | 1:12.77 | 1300m: 15:29.96 | 1:12.50 | |
| | 200m: 2:18.11 | 1:10.67 | 600m: 7:03.38 | 1:10.90 | 1000m: 11:52.66 | 1:12.57 | 1400m: 16:42.59 | 1:12.63 | |
| | 300m: 3:29.44 | 1:11.33 | 700m: 8:14.95 | 1:11.57 | 1100m: 13:05.02 | 1:12.36 | 1500m: 17:51.84 | 1:09.25 | |
| | 400m: 4:40.88 | 1:11.44 | 800m: 9:27.32 | 1:12.37 | 1200m: 14:17.46 | 1:12.44 | | | |
| 13. | KOWALCZYK Katarzyna | | 05 | MKP Szczecin | | | | 18:10.44 | 596 |
| | 100m: 1:07.92 | 1:07.92 | 500m: 5:51.77 | 1:11.34 | 900m: 10:46.76 | 1:19.58 | 1300m: 15:45.57 | 1:12.21 | |
| | 200m: 2:18.55 | 1:10.63 | 600m: 7:03.49 | 1:11.72 | 1000m: 12:05.06 | 1:18.30 | 1400m: 16:58.55 | 1:12.98 | |
| | 300m: 3:29.44 | 1:10.89 | 700m: 8:15.36 | 1:11.87 | 1100m: 13:22.00 | 1:16.94 | 1500m: 18:10.44 | 1:11.89 | |
| | 400m: 4:40.43 | 1:10.99 | 800m: 9:27.18 | 1:11.82 | 1200m: 14:33.36 | 1:11.36 | | | |
| 14. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łód | | | | 18:14.53 | 590 |
| | 100m: 1:11.86 | 1:11.86 | 500m: 6:09.62 | 1:13.56 | 900m: 11:02.91 | 1:12.86 | 1300m: 15:52.01 | 1:12.21 | |
| | 200m: 2:26.99 | 1:15.13 | 600m: 7:23.32 | 1:13.70 | 1000m: 12:15.78 | 1:12.87 | 1400m: 17:03.60 | 1:11.59 | |
| | 300m: 3:41.58 | 1:14.59 | 700m: 8:37.13 | 1:13.81 | 1100m: 13:27.60 | 1:11.82 | 1500m: 18:14.53 | 1:10.93 | |
| | 400m: 4:56.06 | 1:14.48 | 800m: 9:50.05 | 1:12.92 | 1200m: 14:39.80 | 1:12.20 | | | |
| 15. | HUBERT Julia | | 06 | MKP Szczecin | | | | 18:25.73 | 572 |
| | 100m: 1:07.65 | 1:07.65 | 500m: 5:58.68 | 1:13.58 | 900m: 10:55.81 | 1:14.47 | 1300m: 15:56.42 | 1:15.92 | |
| | 200m: 2:19.74 | 1:12.09 | 600m: 7:12.67 | 1:13.99 | 1000m: 12:10.00 | 1:14.19 | 1400m: 17:12.43 | 1:16.01 | |
| | 300m: 3:32.07 | 1:12.33 | 700m: 8:26.95 | 1:14.28 | 1100m: 13:25.10 | 1:15.10 | 1500m: 18:25.73 | 1:13.30 | |
| | 400m: 4:45.10 | 1:13.03 | 800m: 9:41.34 | 1:14.39 | 1200m: 14:40.50 | 1:15.40 | | | |
| 16. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastrka" | | | | 18:37.52 | 554 |
| | 100m: 1:09.51 | 1:09.51 | 500m: 6:08.75 | 1:15.03 | 900m: 11:08.81 | 1:15.33 | 1300m: 16:09.54 | 1:15.15 | |
| | 200m: 2:24.06 | 1:14.55 | 600m: 7:23.23 | 1:14.48 | 1000m: 12:23.88 | 1:15.07 | 1400m: 17:24.92 | 1:15.38 | |
| | 300m: 3:38.69 | 1:14.63 | 700m: 8:38.14 | 1:14.91 | 1100m: 13:39.54 | 1:15.66 | 1500m: 18:37.52 | 1:12.60 | |
| | 400m: 4:53.72 | 1:15.03 | 800m: 9:53.48 | 1:15.34 | 1200m: 14:54.39 | 1:14.85 | | | |
| 17. | SKORYKOW Lena | | 08 | UKS Ostrobramska | | | | 18:50.42 | 535 |
| | 100m: 1:09.82 | 1:09.82 | 500m: 6:13.44 | 1:15.37 | 900m: 11:19.47 | 1:16.86 | 1300m: 16:23.38 | 1:15.83 | |
| | 200m: 2:25.43 | 1:15.61 | 600m: 7:29.76 | 1:16.32 | 1000m: 12:35.73 | 1:16.26 | 1400m: 17:38.42 | 1:15.04 | |
| | 300m: 3:41.49 | 1:16.06 | 700m: 8:46.73 | 1:16.97 | 1100m: 13:51.56 | 1:15.83 | 1500m: 18:50.42 | 1:12.00 | |
| | 400m: 4:58.07 | 1:16.58 | 800m: 10:02.61 | 1:15.88 | 1200m: 15:07.55 | 1:15.99 | | | |
| 18. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczborok | | | | 19:00.18 | 521 |
| | 100m: 1:09.88 | 1:09.88 | 500m: 6:11.44 | 1:16.09 | 900m: 11:21.42 | 1:18.59 | 1300m: 16:29.02 | 1:16.02 | |
| | 200m: 2:24.77 | 1:14.89 | 600m: 7:28.86 | 1:17.42 | 1000m: 12:39.88 | 1:18.46 | 1400m: 17:46.89 | 1:17.87 | |
| | 300m: 3:39.93 | 1:15.16 | 700m: 8:45.41 | 1:16.55 | 1100m: 13:55.62 | 1:15.74 | 1500m: 19:00.18 | 1:13.29 | |
| | 400m: 4:55.35 | 1:15.42 | 800m: 10:02.83 | 1:17.42 | 1200m: 15:13.00 | 1:17.38 | | | |
| 19. | GRZECH Maja | | 08 | UKS abianka Gda sk | | | | 19:00.42 | 521 |
| | 100m: 1:11.00 | 1:11.00 | 500m: 6:14.26 | 1:16.15 | 900m: 11:20.40 | 1:16.50 | 1300m: 16:29.10 | 1:17.24 | |
| | 200m: 2:26.01 | 1:15.01 | 600m: 7:30.60 | 1:16.34 | 1000m: 12:37.73 | 1:17.33 | 1400m: 17:45.83 | 1:16.73 | |
| | 300m: 3:41.81 | 1:15.80 | 700m: 8:47.33 | 1:16.73 | 1100m: 13:55.32 | 1:17.59 | 1500m: 19:00.42 | 1:14.59 | |
| | 400m: 4:58.11 | 1:16.30 | 800m: 10:03.90 | 1:16.57 | 1200m: 15:11.86 | 1:16.54 | | | |
| 20. | MA LEJ Iga | | 03 | UKS "Kro nicka Przysta " | | | | 19:09.66 | 509 |
| | 100m: 1:10.10 | 1:10.10 | 500m: 6:14.62 | 1:16.82 | 900m: 11:25.08 | 1:17.75 | 1300m: 16:35.38 | 1:17.69 | |
| | 200m: 2:25.64 | 1:15.54 | 600m: 7:31.88 | 1:17.26 | 1000m: 12:42.61 | 1:17.53 | 1400m: 17:52.88 | 1:17.50 | |
| | 300m: 3:41.47 | 1:15.83 | 700m: 8:49.69 | 1:17.81 | 1100m: 14:00.08 | 1:17.47 | 1500m: 19:09.66 | 1:16.78 | |
| | 400m: 4:57.80 | 1:16.33 | 800m: 10:07.33 | 1:17.64 | 1200m: 15:17.69 | 1:17.61 | | | |
| 21. | BUDZE Monika | | 07 | MKP Astromal-Leszno | | | | 19:22.95 | 491 |
| | 100m: 1:11.10 | 1:11.10 | 500m: 6:18.66 | 1:18.55 | 900m: 11:38.85 | 1:19.61 | 1300m: 16:53.83 | 1:17.58 | |
| | 200m: 2:26.97 | 1:15.87 | 600m: 7:38.79 | 1:20.13 | 1000m: 12:57.12 | 1:18.27 | 1400m: 18:10.23 | 1:16.40 | |
| | 300m: 3:43.00 | 1:16.03 | 700m: 8:58.97 | 1:20.18 | 1100m: 14:17.02 | 1:19.90 | 1500m: 19:22.95 | 1:12.72 | |
| | 400m: 5:00.11 | 1:17.11 | 800m: 10:19.24 | 1:20.27 | 1200m: 15:36.25 | 1:19.23 | | | |
| 22. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łód | | | | 19:37.10 | 474 |
| | 100m: 1:10.59 | 1:10.59 | 500m: 6:22.05 | 1:18.72 | 900m: 11:39.14 | 1:19.08 | 1300m: 17:00.09 | 1:19.92 | |
| | 200m: 2:27.15 | 1:16.56 | 600m: 7:41.01 | 1:18.96 | 1000m: 12:59.76 | 1:20.62 | 1400m: 18:20.37 | 1:20.28 | |
| | 300m: 3:45.01 | 1:17.86 | 700m: 9:00.44 | 1:19.43 | 1100m: 14:20.25 | 1:20.49 | 1500m: 19:37.10 | 1:16.73 | |
| | 400m: 5:03.33 | 1:18.32 | 800m: 10:20.06 | 1:19.62 | 1200m: 15:40.17 | 1:19.92 | | | |
| 23. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 19:57.11 | 450 |
| | 100m: 1:12.36 | 1:12.36 | 500m: 6:27.49 | 1:19.61 | 900m: 11:52.55 | 1:20.56 | 1300m: 17:19.02 | 1:22.29 | |
| | 200m: 2:30.45 | 1:18.09 | 600m: 7:48.22 | 1:20.73 | 1000m: 13:14.92 | 1:22.37 | 1400m: 18:40.72 | 1:21.70 | |
| | 300m: 3:49.43 | 1:18.98 | 700m: 9:09.04 | 1:20.82 | 1100m: 14:35.42 | 1:20.50 | 1500m: 19:57.11 | 1:16.39 | |
| | 400m: 5:07.88 | 1:18.45 | 800m: 10:31.99 | 1:22.95 | 1200m: 15:56.73 | 1:21.31 | | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34, Kobiet, 1500m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---------------------|---------|----------------|------|------|
| NW | KNOP Aleksandra | 03 | UKS 190 Łód | | |
| NW | POLA SKA Aleksandra | 00 | UKS GOS Raszyn | | |

17 - 18 lat

| | | | | | |
|----|-----------------------|-----------------------|------------------------------|-------------------------|-----|
| 1. | TARASIEWICZ Klaudia | 04 | MKP Szczecin | 16:46.67 | 758 |
| | 100m: 1:03.93 1:03.93 | 500m: 5:33.49 1:07.97 | 900m: 10:05.50 1:08.38 | 1300m: 14:36.47 1:07.28 | |
| | 200m: 2:10.73 1:06.80 | 600m: 6:41.32 1:07.83 | 1000m: 11:13.94 1:08.44 | 1400m: 15:43.27 1:06.80 | |
| | 300m: 3:17.93 1:07.20 | 700m: 7:49.02 1:07.70 | 1100m: 12:21.66 1:07.72 | 1500m: 16:46.67 1:03.40 | |
| | 400m: 4:25.52 1:07.59 | 800m: 8:57.12 1:08.10 | 1200m: 13:29.19 1:07.53 | | |
| 2. | KOSSOWSKA Julita | 05 | UKS 190 Łód | 17:32.72 | 663 |
| | 100m: 1:06.61 1:06.61 | 500m: 5:48.03 1:10.56 | 900m: 10:29.86 1:10.89 | 1300m: 15:13.54 1:10.26 | |
| | 200m: 2:16.95 1:10.34 | 600m: 6:58.50 1:10.47 | 1000m: 11:41.19 1:11.33 | 1400m: 16:23.88 1:10.34 | |
| | 300m: 3:27.46 1:10.51 | 700m: 8:08.54 1:10.04 | 1100m: 12:51.87 1:10.68 | 1500m: 17:32.72 1:08.84 | |
| | 400m: 4:37.47 1:10.01 | 800m: 9:18.97 1:10.43 | 1200m: 14:03.28 1:11.41 | | |
| 3. | FIGAS Alicja | 04 | MKP Szczecin | 17:33.62 | 661 |
| | 100m: 1:06.87 1:06.87 | 500m: 5:46.22 1:10.92 | 900m: 10:29.48 1:10.89 | 1300m: 15:14.00 1:10.63 | |
| | 200m: 2:16.19 1:09.32 | 600m: 6:56.63 1:10.41 | 1000m: 11:41.02 1:11.54 | 1400m: 16:24.83 1:10.83 | |
| | 300m: 3:25.63 1:09.44 | 700m: 8:07.53 1:10.90 | 1100m: 12:52.10 1:11.08 | 1500m: 17:33.62 1:08.79 | |
| | 400m: 4:35.30 1:09.67 | 800m: 9:18.59 1:11.06 | 1200m: 14:03.37 1:11.27 | | |
| 4. | SŁABOSZ Emilia | 05 | SMS O wi cim | 17:44.83 | 640 |
| | 100m: 1:07.44 1:07.44 | 500m: 5:51.02 1:11.15 | 900m: 10:36.50 1:11.41 | 1300m: 15:22.90 1:11.33 | |
| | 200m: 2:18.39 1:10.95 | 600m: 7:02.05 1:11.03 | 1000m: 11:48.40 1:11.90 | 1400m: 16:34.33 1:11.43 | |
| | 300m: 3:29.13 1:10.74 | 700m: 8:13.63 1:11.58 | 1100m: 13:00.11 1:11.71 | 1500m: 17:44.83 1:10.50 | |
| | 400m: 4:39.87 1:10.74 | 800m: 9:25.09 1:11.46 | 1200m: 14:11.57 1:11.46 | | |
| 5. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 17:49.57 | 632 |
| | 100m: 1:08.35 1:08.35 | 500m: 5:55.71 1:11.72 | 900m: 10:42.04 1:11.31 | 1300m: 15:28.46 1:11.92 | |
| | 200m: 2:20.21 1:11.86 | 600m: 7:07.40 1:11.69 | 1000m: 11:53.02 1:10.98 | 1400m: 16:40.42 1:11.96 | |
| | 300m: 3:32.02 1:11.81 | 700m: 8:19.07 1:11.67 | 1100m: 13:04.72 1:11.70 | 1500m: 17:49.57 1:09.15 | |
| | 400m: 4:43.99 1:11.97 | 800m: 9:30.73 1:11.66 | 1200m: 14:16.54 1:11.82 | | |
| 6. | BUKOWSKA Olga | 05 | MKP Szczecin | 17:51.84 | 628 |
| | 100m: 1:07.44 1:07.44 | 500m: 5:52.48 1:11.60 | 900m: 10:40.09 1:12.77 | 1300m: 15:29.96 1:12.50 | |
| | 200m: 2:18.11 1:10.67 | 600m: 7:03.38 1:10.90 | 1000m: 11:52.66 1:12.57 | 1400m: 16:42.59 1:12.63 | |
| | 300m: 3:29.44 1:11.33 | 700m: 8:14.95 1:11.57 | 1100m: 13:05.02 1:12.36 | 1500m: 17:51.84 1:09.25 | |
| | 400m: 4:40.88 1:11.44 | 800m: 9:27.32 1:12.37 | 1200m: 14:17.46 1:12.44 | | |
| 7. | KOWALCZYK Katarzyna | 05 | MKP Szczecin | 18:10.44 | 596 |
| | 100m: 1:07.92 1:07.92 | 500m: 5:51.77 1:11.34 | 900m: 10:46.76 1:19.58 | 1300m: 15:45.57 1:12.21 | |
| | 200m: 2:18.55 1:10.63 | 600m: 7:03.49 1:11.72 | 1000m: 12:05.06 1:18.30 | 1400m: 16:58.55 1:12.98 | |
| | 300m: 3:29.44 1:10.89 | 700m: 8:15.36 1:11.87 | 1100m: 13:22.00 1:16.94 | 1500m: 18:10.44 1:11.89 | |
| | 400m: 4:40.43 1:10.99 | 800m: 9:27.18 1:11.82 | 1200m: 14:33.36 1:11.36 | | |
| 8. | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | 18:37.52 | 554 |
| | 100m: 1:09.51 1:09.51 | 500m: 6:08.75 1:15.03 | 900m: 11:08.81 1:15.33 | 1300m: 16:09.54 1:15.15 | |
| | 200m: 2:24.06 1:14.55 | 600m: 7:23.23 1:14.48 | 1000m: 12:23.88 1:15.07 | 1400m: 17:24.92 1:15.38 | |
| | 300m: 3:38.69 1:14.63 | 700m: 8:38.14 1:14.91 | 1100m: 13:39.54 1:15.66 | 1500m: 18:37.52 1:12.60 | |
| | 400m: 4:53.72 1:15.03 | 800m: 9:53.48 1:15.34 | 1200m: 14:54.39 1:14.85 | | |

16 lat

| | | | | | |
|----|-----------------------|-----------------------|--------------------------|-------------------------|-----|
| 1. | MACIAK Julia | 06 | IUKS „Muszelka" Warszawa | 16:47.00 | 757 |
| | 100m: 1:06.52 1:06.52 | 500m: 5:38.64 1:07.84 | 900m: 10:07.31 1:07.18 | 1300m: 14:36.35 1:07.17 | |
| | 200m: 2:14.65 1:08.13 | 600m: 6:45.98 1:07.34 | 1000m: 11:14.78 1:07.47 | 1400m: 15:43.24 1:06.89 | |
| | 300m: 3:22.48 1:07.83 | 700m: 7:53.14 1:07.16 | 1100m: 12:21.83 1:07.05 | 1500m: 16:47.00 1:03.76 | |
| | 400m: 4:30.80 1:08.32 | 800m: 9:00.13 1:06.99 | 1200m: 13:29.18 1:07.35 | | |
| 2. | PIEKARSKA Natalia | 06 | UKS 190 Łód | 17:15.69 | 696 |
| | 100m: 1:06.20 1:06.20 | 500m: 5:40.41 1:08.37 | 900m: 10:16.81 1:09.36 | 1300m: 14:56.99 1:10.50 | |
| | 200m: 2:14.95 1:08.75 | 600m: 6:49.38 1:08.97 | 1000m: 11:27.07 1:10.26 | 1400m: 16:06.49 1:09.50 | |
| | 300m: 3:23.27 1:08.32 | 700m: 7:58.53 1:09.15 | 1100m: 12:36.69 1:09.62 | 1500m: 17:15.69 1:09.20 | |
| | 400m: 4:32.04 1:08.77 | 800m: 9:07.45 1:08.92 | 1200m: 13:46.49 1:09.80 | | |

Arena Grand Prix Puchar Polski
Pozna , 12. - 13.11.2022

Konkurencja 34, Dziewcz t, 1500m dowolny, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------|---------|---------------|--------------|-----------------|---------|-----------------|-----------------|------|
| 3. | HUBERT Julia | | 06 | MKP Szczecin | | | | 18:25.73 | 572 |
| | 100m: 1:07.65 | 1:07.65 | 500m: 5:58.68 | 1:13.58 | 900m: 10:55.81 | 1:14.47 | 1300m: 15:56.42 | 1:15.92 | |
| | 200m: 2:19.74 | 1:12.09 | 600m: 7:12.67 | 1:13.99 | 1000m: 12:10.00 | 1:14.19 | 1400m: 17:12.43 | 1:16.01 | |
| | 300m: 3:32.07 | 1:12.33 | 700m: 8:26.95 | 1:14.28 | 1100m: 13:25.10 | 1:15.10 | 1500m: 18:25.73 | 1:13.30 | |
| | 400m: 4:45.10 | 1:13.03 | 800m: 9:41.34 | 1:14.39 | 1200m: 14:40.50 | 1:15.40 | | | |

15 lat

| | | | | | | | | | |
|----|---------------------|---------|----------------|-------------------------|-----------------|---------|-----------------|-----------------|-----|
| 1. | MAŁOLEPSZA Weronika | | 07 | MKP Szczecin | | | | 17:23.51 | 680 |
| | 100m: 1:03.94 | 1:03.94 | 500m: 5:39.99 | 1:09.98 | 900m: 10:20.28 | 1:10.10 | 1300m: 15:04.85 | 1:11.55 | |
| | 200m: 2:11.70 | 1:07.76 | 600m: 6:49.18 | 1:09.19 | 1000m: 11:30.78 | 1:10.50 | 1400m: 16:15.53 | 1:10.68 | |
| | 300m: 3:20.24 | 1:08.54 | 700m: 7:59.52 | 1:10.34 | 1100m: 12:42.28 | 1:11.50 | 1500m: 17:23.51 | 1:07.98 | |
| | 400m: 4:30.01 | 1:09.77 | 800m: 9:10.18 | 1:10.66 | 1200m: 13:53.30 | 1:11.02 | | | |
| 2. | KUCZMAR Zuzanna | | 07 | UKP „Polonia Warszawa” | | | | 17:48.67 | 633 |
| | 100m: 1:05.99 | 1:05.99 | 500m: 5:51.79 | 1:11.54 | 900m: 10:38.85 | 1:12.52 | 1300m: 15:28.49 | 1:12.54 | |
| | 200m: 2:17.22 | 1:11.23 | 600m: 7:03.36 | 1:11.57 | 1000m: 11:51.22 | 1:12.37 | 1400m: 16:40.06 | 1:11.57 | |
| | 300m: 3:28.73 | 1:11.51 | 700m: 8:15.02 | 1:11.66 | 1100m: 13:02.90 | 1:11.68 | 1500m: 17:48.67 | 1:08.61 | |
| | 400m: 4:40.25 | 1:11.52 | 800m: 9:26.33 | 1:11.31 | 1200m: 14:15.95 | 1:13.05 | | | |
| 3. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łód | | | | 18:14.53 | 590 |
| | 100m: 1:11.86 | 1:11.86 | 500m: 6:09.62 | 1:13.56 | 900m: 11:02.91 | 1:12.86 | 1300m: 15:52.01 | 1:12.21 | |
| | 200m: 2:26.99 | 1:15.13 | 600m: 7:23.32 | 1:13.70 | 1000m: 12:15.78 | 1:12.87 | 1400m: 17:03.60 | 1:11.59 | |
| | 300m: 3:41.58 | 1:14.59 | 700m: 8:37.13 | 1:13.81 | 1100m: 13:27.60 | 1:11.82 | 1500m: 18:14.53 | 1:10.93 | |
| | 400m: 4:56.06 | 1:14.48 | 800m: 9:50.05 | 1:12.92 | 1200m: 14:39.80 | 1:12.20 | | | |
| 4. | BUDZE Monika | | 07 | MKP Astromal-Leszno | | | | 19:22.95 | 491 |
| | 100m: 1:11.10 | 1:11.10 | 500m: 6:18.66 | 1:18.55 | 900m: 11:38.85 | 1:19.61 | 1300m: 16:53.83 | 1:17.58 | |
| | 200m: 2:26.97 | 1:15.87 | 600m: 7:38.79 | 1:20.13 | 1000m: 12:57.12 | 1:18.27 | 1400m: 18:10.23 | 1:16.40 | |
| | 300m: 3:43.00 | 1:16.03 | 700m: 8:58.97 | 1:20.18 | 1100m: 14:17.02 | 1:19.90 | 1500m: 19:22.95 | 1:12.72 | |
| | 400m: 5:00.11 | 1:17.11 | 800m: 10:19.24 | 1:20.27 | 1200m: 15:36.25 | 1:19.23 | | | |
| 5. | SELL Karolina | | 07 | MUKP Korona-Swim Kielce | | | | 19:57.11 | 450 |
| | 100m: 1:12.36 | 1:12.36 | 500m: 6:27.49 | 1:19.61 | 900m: 11:52.55 | 1:20.56 | 1300m: 17:19.02 | 1:22.29 | |
| | 200m: 2:30.45 | 1:18.09 | 600m: 7:48.22 | 1:20.73 | 1000m: 13:14.92 | 1:22.37 | 1400m: 18:40.72 | 1:21.70 | |
| | 300m: 3:49.43 | 1:18.98 | 700m: 9:09.04 | 1:20.82 | 1100m: 14:35.42 | 1:20.50 | 1500m: 19:57.11 | 1:16.39 | |
| | 400m: 5:07.88 | 1:18.45 | 800m: 10:31.99 | 1:22.95 | 1200m: 15:56.73 | 1:21.31 | | | |

14 lat

| | | | | | | | | | |
|----|-----------------------|---------|----------------|----------------------|-----------------|---------|-----------------|-----------------|-----|
| 1. | SKORYKOW Lena | | 08 | UKS Ostrobramska | | | | 18:50.42 | 535 |
| | 100m: 1:09.82 | 1:09.82 | 500m: 6:13.44 | 1:15.37 | 900m: 11:19.47 | 1:16.86 | 1300m: 16:23.38 | 1:15.83 | |
| | 200m: 2:25.43 | 1:15.61 | 600m: 7:29.76 | 1:16.32 | 1000m: 12:35.73 | 1:16.26 | 1400m: 17:38.42 | 1:15.04 | |
| | 300m: 3:41.49 | 1:16.06 | 700m: 8:46.73 | 1:16.97 | 1100m: 13:51.56 | 1:15.83 | 1500m: 18:50.42 | 1:12.00 | |
| | 400m: 4:58.07 | 1:16.58 | 800m: 10:02.61 | 1:15.88 | 1200m: 15:07.55 | 1:15.99 | | | |
| 2. | FARTUSZY SKA Weronika | | 08 | UKS Junior Kluczbork | | | | 19:00.18 | 521 |
| | 100m: 1:09.88 | 1:09.88 | 500m: 6:11.44 | 1:16.09 | 900m: 11:21.42 | 1:18.59 | 1300m: 16:29.02 | 1:16.02 | |
| | 200m: 2:24.77 | 1:14.89 | 600m: 7:28.86 | 1:17.42 | 1000m: 12:39.88 | 1:18.46 | 1400m: 17:46.89 | 1:17.87 | |
| | 300m: 3:39.93 | 1:15.16 | 700m: 8:45.41 | 1:16.55 | 1100m: 13:55.62 | 1:15.74 | 1500m: 19:00.18 | 1:13.29 | |
| | 400m: 4:55.35 | 1:15.42 | 800m: 10:02.83 | 1:17.42 | 1200m: 15:13.00 | 1:17.38 | | | |
| 3. | GRZECH Maja | | 08 | UKS abianka Gda sk | | | | 19:00.42 | 521 |
| | 100m: 1:11.00 | 1:11.00 | 500m: 6:14.26 | 1:16.15 | 900m: 11:20.40 | 1:16.50 | 1300m: 16:29.10 | 1:17.24 | |
| | 200m: 2:26.01 | 1:15.01 | 600m: 7:30.60 | 1:16.34 | 1000m: 12:37.73 | 1:17.33 | 1400m: 17:45.83 | 1:16.73 | |
| | 300m: 3:41.81 | 1:15.80 | 700m: 8:47.33 | 1:16.73 | 1100m: 13:55.32 | 1:17.59 | 1500m: 19:00.42 | 1:14.59 | |
| | 400m: 4:58.11 | 1:16.30 | 800m: 10:03.90 | 1:16.57 | 1200m: 15:11.86 | 1:16.54 | | | |
| 4. | KRYSTEK Jagoda | | 08 | SKS 137 Delfin Łód | | | | 19:37.10 | 474 |
| | 100m: 1:10.59 | 1:10.59 | 500m: 6:22.05 | 1:18.72 | 900m: 11:39.14 | 1:19.08 | 1300m: 17:00.09 | 1:19.92 | |
| | 200m: 2:27.15 | 1:16.56 | 600m: 7:41.01 | 1:18.96 | 1000m: 12:59.76 | 1:20.62 | 1400m: 18:20.37 | 1:20.28 | |
| | 300m: 3:45.01 | 1:17.86 | 700m: 9:00.44 | 1:19.43 | 1100m: 14:20.25 | 1:20.49 | 1500m: 19:37.10 | 1:16.73 | |
| | 400m: 5:03.33 | 1:18.32 | 800m: 10:20.06 | 1:19.62 | 1200m: 15:40.17 | 1:19.92 | | | |